Coasters Association Inc.



A Needs Assessment Report to Build & Strengthen the Volunteer Base of the Lower North Shore Of Quebec

Written and Researched by:

Heidi Buckle April, 2004

FOREWORD

In the 21st century volunteers are asked to take on roles that hold significant importance. Volunteering is the most fundamental act of citizenship in our society. It is offering time, energy and skills of one's own free will. By caring and contributing, volunteers decrease disparity, while they can gain skill(s), self-esteem, and can change their lives. People work to improve the lives of their neighbors and, in return, enhance their own.

The project's goal was to identify the needs of the twenty-one (21) regional and one hundred and thirteen (113) community organizations on the coast. The results of the study have provided the population with resourceful information, such as: the mandates, services, and orientation priorities of the regional organizations, the needs of the regional and community groups, and the potential development of new groups/organizations on the Lower North Shore. This was accomplished through a questionnaire (see annex 5) with a 100% success rate of the regional organizations, and a 92% achievement rate for the community organizations. With the development of a survey (see annex 6) and support of the survey participants (see annex 7); a remarkable 100% success rate was established for the potential development of new groups/organizations on the coast. However, it must be said that this information was gathered at the beginning of the project (August-September, 2003) and some of the orientation priorities of the regional organizations maybe completed and/or have changed since then.

Through a vigorous volunteer awareness and recruitment campaign, seventeen (17) participants were chosen to become Community Volunteers for their respective community. Each community was given equal opportunity to select candidates, by disbursing a volunteer recruitment letter (see annex 10) and request form (see annex 11) in each mailbox to every household on the coast. A two-day Volunteer Training Session was held to provide training to the volunteers, in order for them to return to their communities and share this training with others; thus, developing a very strong volunteer base for the fifteen (15) communities of the Lower North Shore of Quebec.

The following report is a condensed compilation of information regarding the activities undertaken and gathered throughout the Build & Strengthen the Volunteer Base project.

ACKNOWLEDGEMENTS

The volunteer sector is important, and its survival is crucial for the maintenance and expansion of services in the communities on the coast. The continuation of volunteer recruitment will be paramount to the vitality of organizations on the Lower North Shore.

A special thanks to the Community Economic Development & Employability Committee, HRD Community Table and Centre de Santé de la Basse Côte-Nord for their partnership and continuous support throughout the project. Their expertise, knowledge and resources were vital to the success of this project.

Sincere thanks must be extended to the community and regional organizations along with the five (5) Municipalities and twelve (12) schools who participated in the questionnaires and surveys. Their cooperation gave the project the precise feedback, to successfully identify and compile the needs of the organizations on the Lower North Shore.

The Coasters Association would like to take this opportunity to express its gratitude to the Community Volunteers on the coast (see annex 11). Their contribution to the project and their communities are appreciated and valued. It is only through volunteers such as these that a community can move forward and continuously broaden the volunteer base.

A special thanks goes out to Ms. Debra Foltin, the Principal of St. Lawrence and Mecatina School. It was through her kind efforts that the Coasters Association was invited to take part in this year's Child Day Competition – How I Contribute in My Community, and we were pleased to partner with Commission Scolaire du Littoral in this worthwhile initiative.

A special recognition and word of thanks must be extended to Secrétariat à l'action communautaire autonome du Quebec (SACA) for sponsoring this project. Without their support, a project such as this would not have been possible. A second phase project is crucial in order to provide the necessary support to the newly formed volunteer community leaders, with the initial planning steps in the development of their communities. Furthermore, an action/implementation plan to assist the regional and community organizations of the fifteen (15) communities of the Lower North Shore must be developed.

This second and final phase is important to ensure that the momentum of the volunteers continues, and to identify resources to help implement this plan.

Heidi Buckle Project Coordinator

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OVERVIEW OF PROJECT

The Coasters Association received funding from Secrétariat à l'action Communautaire Autonome du Quebec (SACA) to coordinate a project titled, "Build & Strengthen the Volunteer Base." This was a thirty-six week program, which began August 4th, 2003, and ended on April 9th, 2004, to carry out a needs assessment study, entailing various goals and objectives in order to build a volunteer base.

The overall purpose of this project was to identify the needs of the twenty-one (21) regional and one hundred and thirteen (113) community organizations on the coast, build and strengthen the volunteer base, and provide the necessary training to a devoted volunteer from each of the fifteen communities. Also, to build on-going partnerships in the communities of the Lower North Shore, by increasing community capacity building.

The results of the study provided the population with resourceful information, which contained the mandates, services and orientation priorities of the regional organizations, the needs of the regional and community organizations, and the potential development of new groups/organizations on the coast.

The Coasters Association, along with Community Economic Development & Employability Committee (CEDEC) and the HRD Community Table, held a one-day volunteer training session in Blanc Sablon with the fifteen chosen Community Volunteers. The session entitled, "Train the Trainer in Volunteer Community Leadership" was a complete success. It provided training, techniques and recommendations to the Community Volunteers, in order for them to return to their respective villages and share this training with others; thus, the achieved volunteer base was developed.



Chapter I

Mandates, Services, and Orientation Priorities

REGIONAL ORGANIZATIONS

The following is a compilation of the mandates, services and orientation priorities of the twenty-one (21) regional organizations on the Lower North Shore. It allows the population to become acquainted with the regional organizations and how each may be of service. See Annex 3 for a listing of regional organizations.

Agriculture Pêcheries et Alimentation

MANDATE:

To assure the development of the commercial fisheries and aquaculture sector. Support financially and technically the fishing enterprises, aquaculture and transformation by administration of the maritime credit act, and the various subsidy programs of the ministry intended to their activities. To assure or support the management of the service installations (marine service centers of Blanc Sablon and La Tabatiere). To issue the aquaculture and the fishing of the anadramous and catadromous species permits. To assure the representatives of the Ministry on the maritime territory and to maintain a regional service oriented towards the clientele.

SERVICES:

- Support the upgrading of the fishing fleet on the Lower North Shore;
- Support projects to increase by 10% the landings of under-utilized species;
- Help to increase by 10% the volume of products transformed;
- Support new scallop farms and ameliorate the technique for scallop nurseries;
- Diversify the aquacole production;
- Support all concerted efforts on marketing and commercialization of marine and aquaculture products of the Lower North Shore;
- Promote concertation and business partnership.

ORIENTATION PRIORITIES FOR 2003 – 2004:

The following special programs are to alleviate the impact of the actual fish and crab stock reduction:

- Temporary loan repayment relief for fishing businesses;
- Conjectural financial support program for fisheries businesses.

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CANAL

MANDATE:

The Centre le CANAL is a public establishment attached to the health and social services. The services are offered free and are confidential. The services are personalized and are offered to individuals or in a group and to families.

SERVICES:

- To help people affected by a using problem (drugs, alcohol, gambling) to regain control of their life;
- Drug addiction evaluation;
- Individual counseling;
- Preparation, reference and follow-up for the in-patient treatment;
- Seminars;
- Employee assistance programs;
- Evaluation of hospital cases;
- Prevention in schools or community activities.

The treatment program for excessive gambling is done in about seventeen (17) meetings, followed by a series of steps with the aim to develop the abilities to stop playing. All along treatment, you will learn all about games of chance and money. You will learn how to recognize and avoid situations that are addictive for you to play.

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Carrefour Jeunesse Emploi de Duplessis

MANDATE:

The Carrefour Jeunesse Emploi de Duplessis is set-up with free services for the youth between the ages of 16 to 35 on the Lower North Shore; their mandate involves assisting the individuals with employment, entrepreneurialship and educational needs. It is provincially subsidized and Sept-Iles is the main office. The organization has four (4) service points (Port-Cartier, Harve St. Pierre, Fermont, and the Lower North Shore) with different youth projects on the go.

SERVICES:

The services at the disposal of the population include, a documentation centre, resume bank, access to potential jobs and training alternatives all across Canada and beyond, access to computer, Internet, fax machine, phone and a counselor readily available.

Solidarite Jeunesse is a new program sponsored by Emploi-Quebec and La Securite de Revenue, to assist youth, 21 years of age and younger, who are applying for first time social security benefits. These beneficiaries become participants of the CJE and Solidarite Jeunesse and will receive intensive counseling, in order to return to studies, enter the work force, or become involved in some sort of training. This is to improve their quality of life; in addition, they receive extra funding for participating.

ORIENTATION PRIORITIES FOR 2003 – 2004:

- Clients needs, which are confidential;
- Resumes, cover letters, interview assistance;
- Founder of Co-operatives Jeunesse des Service de Blanc Sablon. (Youth Services Co-op)

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Centre de Santé de la Basse Côte-Nord (C.S.B.C.N)

MANDATE:

The Centre de Santé de la Basse-Côte-Nord's mission is to contribute to the maintenance and improvement of its users and general population's health within the limits of its service area. This contribution is by the implementation of continuous; accessible, efficient and well adapted social sanitary services using global, multi-disciplinary and multi-sector approach.

- General medicine
- Dentistry
- Physiotherapy
- Pharmacy
- Parent and child health care
- Children community action program
- Health in the school environment
- Mental heath
- Nutrition
- Public health
- Short term hospitalization
- Long term care
- Diagnostic Services
- Social Services

• Medical air-evacuation(med-evac)

ORIENTATION PRIORITIES FOR 2003-2004:

- Improving the proximity of services for the Lower North Shore;
- Improving the integration of first, second and third line services;
- Improving the accessibility of services for the population;
- Improving the satisfaction of the population for the services rendered by the Centre de Santé de la Basse Côte-Nord;
- Improving the administrative and clinical efficacy in dispensing different services from the Centre de Santé de la Basse-Côte-Nord.

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Centre de Recherche les Buissons

MANDATE:

Prior to 1997, the research station specialized in the improvements of the genetic structure of the potato. The council is composed of members of the Ministère de L'Agriculture de Pêcheries et de L'Alimentation Quebec (MAPAQ), Ministry of research, science and technology, counseil Régional de Dévelopement de la Côte Nord (CRD), University service Commission (USC), private businesses, center for industrials and domestics resources; as well as colleges in the area, municipal life, federation of potato producers of Quebec. Any individual, business, public corporation, government ministry or organization can become a member of the center.

Zip Côte Nord is the organization that is retrieving and processing the data that is gathered by the employees. Also, the office of Baies Sauvages de la Basse Côte Nord is a partner in this endeavor.

- Promote the partnership of local organizations in the research and development field of technological innovations and to ensure agreements with these organizations;
- Promote partnership of local organizations in the research and development of bakeapples, red berries and black berries;
- Initiate and support projects of research and development related fields and technological innovations involving the potato, the plant biology of eatable northern foods and well keeping of the forestry resources and marine life for human consumption;
- Optimize the resources of the center in order to profit local businesses and groups;
- Work in partnership with learning institutions to encourage young scientific minds;

- Manage the daily operations of the center to ensure self-financing of its operations;
- Mapping a trail of the bakeapple zone from Bonne Esperance to Blanc Sablon;
- Mapping a trail for bakeapples from St. Augustine to Kegaska;
- Research the possibility of a transformation plant to process bakeapples, red berries and black berries on the Lower North Shore;
- Research in progress on pollinating insects and irrigation experiment to improve low bush blueberry yields.

ORIENTATION PRIORITIES FOR 2003 – 2004:

Proposition of two projects for the development of a cloudberry industry:

Project 1 (Presented by the Centre de Recherche Les Buissons)

- Planning of access trails and preparation of an environmental impact evaluation;
- Study of the factors limiting the pollination and the yields of cloudberry plants;
- Study of sites for the experimentation of windbreaks to increase yields;
- Study of sites for cultivation experiments.

Project 2 (Presented by L'Office des Baies Sauvages de la Basse Côte-Nord)

- Inventory and collection, in natural environment, of plants for the breeding program (plant selection);
- Collection of productive cloudberry plants for propagation and culture;
- Upgrading of access trails and identification;
- Annual evaluation of yield plots.

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OR

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Centre Local de Development de la Basse-Côte-Nord

MANDATE:

The CLD assist businesses, organizations, and the population of the Lower North Shore in a wide array of services, which include consultation, guidance and referrals. The assistance in preparing business plans, including pre-feasibility studies. Coaching and

follow-ups, financial assistance and support for entrepreneurial training. The CLD also assist with referrals to specialized services, notably in the exportation sector and technological development, or to services provided by agencies such as the Conseil Régional de Development de la Côte Nord (CRD).

SERVICES:

The CLD has an integrated budget, funded by the provincial government and the municipalities, in order to carry out their mandate. In addition to covering the operations of the CLD, budget allocations are used to finance four specific activities:

- The local investment fund, intended to provide assistance to businesses;
- The development of enterprises in the social economy;
- A support system for young entrepreneurs, to help start new businesses;

• Self-employment assistance.

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Chamber of Commerce

MANDATE:

The Chamber of Commerce serves the eastern communities of the Lower North Shore from Bonne Esperance to Blanc Sablon; the committee consists of business people and the local population.

SERVICES:

- Lobby the government to invest funds in the economical and social development of the region;
- Develop employment in their sector;
- Develop the sector from Old Fort Bay to Blanc Sablon.

ORIENTATION PRIORITIES FOR 2003 – 2004:

To develop the region.

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Coaster's Association Inc.

MANDATE:

The Coaster's Association is a non-profit organization established to create, support and promote ideas and actions that contribute to the vitality of the Lower North Shore. To ensure that it succeeds in its mission, the Coaster's Association strives to advocate the interests of citizens within the jurisdictional area of the Lower North Shore before government officials, commissions task forces and the general public. It aims at monitoring demographic, social and political trends and informing citizens of any issue that may affect the future of the Lower North Shore. The association stands as the only regional organization to represent each of the communities on all issues and voice their concerns as one collective body.

SERVICES:

The Coaster's Association has been established to represent the interests of all citizens within the jurisdictional area of the Coaster's Association, heinafter referred to as "Lower North Shore." It serves as a link in the network of similar groups throughout Quebec and Canada, as well as facilitates and encourages interaction among all ethnic groups of the Lower North Shore. The Coaster's Association operates under the following services:

- To protect and further the interests of the population of the Lower North Shore;
- To encourage the development of a sense of responsibility to the community on both local and regional levels among all citizens, and to encourage the full use of human resources;
- To recognize the value of, and to stimulate public and private interest concern in matters relevant to the Coaster's Association with an aim to increase participation of the general population in the definition of their requirements and desires;
- To assure that the population receives adequate services and communications of all kinds throughout the Lower North Shore;
- To study and document the development of and changes in, the population of the Lower North Shore, with the aim of informing the general public about this important segment of the society;
- To be a resource center for citizens and organizations interested in helping improve the educational, social, culture and economic life of the area as it effects the population;
- To support financially and morally, organizations and activities dedicated to preserving the culture of the Lower North Shore;
- To publish events occurring within the milieu;
- To facilitate and promote participation in multicultural events, and to encourage greater participation in Quebec society.

ORIENTATION PRIORITIES FOR 2003-2004:

Youth Issues

Drop Outs:

- Preparing to complete a directory for post-secondary students in reference to topics such as loans and bursaries, grants, and scholarships.
- Continuing to sponsor scholarship awards for secondary V students in each school along the LNS.
- Holding workshops in the schools with the secondary students to involve them in community initiatives.

Employment:

• Submitted a project application to Human Resources development (HRD) to carryout a preparatory study to implement the Youth Links program over three-year program, preparing the coordinator to achieve the objectives of the program.

Services to the Community

Fishers:

- Working with fisher persons to help develop a short-term and long-term plan for the fishing industry by participating in the consultations organized by the Canadian Economic Development (DEC).
- Providing alternate employment for fifteen fisher persons (one coordinator, one communication agent) who have recently been restricted to fishing, due to the closure in the fishing industry, through a project sponsored by Canadian Economic Development (DEC).
- Continuing to support the fishermen and fish plant workers with the present crisis in the fishing industry.
- Carrying out a needs assessment study to identify the needs and opportunities for the fishers and plant workers in the Municipality of Bonne Esperance and Blanc Sablon.

Tourism:

- Producing an informative guide to villages on the Lower North Shore entitled "Communities of the Coast."
- Supporting and assisting in the development of the tourism industry by participating in the consultations held by the Canadian Economic Development (DEC).
- A project application will be submitted under the tourism action plan to complete the promotional project already in place.

Heritage & Culture:

• Working with the senior citizens in Bonne Esperance to promote a better understanding of our background and culture, through a project sponsored by Canadian Heritage (CH).

• Continuing to work together with the Board of Directors of the Quebec Anglophone Heritage Network (QAHN) to identify services available on the LNS and provide support to the historical societies.

Partnerships:

- Working on the Social Development Plan with the Community Economic Development & Employability Committee (CEDEC), and several other partners.
- Continuously building new partnerships.

Community Development

Drug and Alcohol Abuse:

- Received a project under the Réusitte-Accomplissement-Persévérance (RAP) program to assist with the project entitled "Life Choices", helping to commence phase two of the drug and alcohol abuse action plan. An Internet contest will be carried out in the schools with the Secondary students.
- Received a project from Fonds Jeunesse to continue the Life Choices program, which will enable us to promote drug and alcohol awareness to the youth, seniors and the general public, and help mound them into responsible individuals.

Crime Prevention:

- Working on an action plan for crime prevention on the Lower North Shore through a project sponsored by Justice Canada.
- Submitted a 3rd phase project to Public Security to develop an implementation plan for crime prevention.

Woman's Issues:

- A student project was submitted to HRSD to research information regarding women's needs and concerns.
- Following this project, a project will be submitted to Status of Woman to carry out a full-detailed needs assessment study for women within the Lower North Shore in the fall of 2004.

Anti-Poverty Program:

- Working to devise a plan of solutions on healthy foods and eating habits for the residents of the Lower North Shore, sponsored by the Regie Régional de la Santé et des Services Sociaux (RRSSS).
- A complete detailed project was submitted to Health-Canada to carry out an in-depth study of this initiative.

Volunteer Base:

- Working to train and build up the volunteer base in LNS communities through a project sponsored by Soutien aux Projets de Développement de l'Action Communautaire Autonome (SACA).
- A volunteer training session was held in Blanc Sablon in February, 2003.

Communication Network

Newspaper:

• Continuing to support and assist with the production of the Coastal Publications newspaper.

Web-page:

• Soliciting funds and resource people to assist with the upgrading of the web page.

Video Conferencing:

• In the process of forming a partnership with Commission Scolaire du Littoral to implement video conferencing on the LNS.

Organization Folder:

- Received a student project from Human Resources Development (HRD) to research and draft information to develop a promotional folder of the Coasters Association.
- A project was submitted to Canadian Heritage under the development funding to complete this promotional package, and community guide of the Lower North Shore.

Technology:

 A pilot project for the Municipality of Bonne Esperance was received from Industry Canada to carry out an assessment of the current levels of information technology infrastructure and resources in developing an investment and implementation program.

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Coastal Publications Inc.

MANDATE:

Is a non-profit organization, publishing community news, local history and information on services and programs available to the residents of the Lower North Shore.

- Establish partnership and solicit advertisers with organizations and businesses on and off the coast;
- Obtain subscribers on and off the coast;
- Produce and distribute four newspapers per year;
- Promote culture and history through article submissions;
- Encourage youth to share their writing skills with others;

• Maintain local culture through the voice of the seniors.

ORIENTATION PRIORITIES FOR 2003-2004:

- Solicit more advertisers;
- Build a base of community volunteers to gather community news;
- Broaden the volunteer base;
- Increase newspapers through a joint partnership capacity with the Coasters Association.

CONTACT: Priscilla Griffin, Coordinator

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Commission Scolaire du Littoral

MANDATE:

The Littoral School Board is a public education organization and each establishment has the mission to instruct, socialize and to qualify.

Our goal is to form competent, autonomous and responsible persons, with the ability to integrate in their milieu, in their work place and to contribute to the development of the Lower North Shore.

SERVICES:

The Littoral School Board offers the following services:

- Pre-school, primary and secondary teaching;
- Special services for students with difficulties;
- Complementary services to students:
 - Psycho-educator;
 - Academic guidance;
 - Psychological services;
 - Speech therapy;
- Integration of handicapped students in regular classes;
- General and vocational training for adults.

ORIENTATION PRIORITIES FOR 2003 – 2004:

- Develop a Strategic Plan for 2003-2006;
- Encourage the development of an educational success plan each establishment and provide the necessary support;
- Improve the success rate in all establishments;
- Develop participative management and continue the implementation of decentralized models of management.

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Community Economic Development & Employability Committee

MANDATE:

CEDEC has one full time employee, the committee is composed of motivated volunteers representing different sectors of the coast, who are interested in the growth and solidarity of the Lower North Shore. The purpose of this organization is to encourage active community participation, planning and decision making in the development of economic, social, and cultural needs of the Lower North Shore.

SERVICES / ORIENTATION PRIORITIES FOR 2003 – 2004:

- Communications;
- Culture;
- Youth:
- Jobs and economic diversification;
- Community capacity building.

Definition of community capacity building:

- ⇒ Develop enhanced leadership skills;
- ⇒ Building capacity to take charge in your community;
- ⇒ Improve the ability to cooperate;
- ⇒ Increase understanding of the community;
- ⇒ Increase the ability to mobilize;
- ⇒ Build community support;
- ⇒ Build community pride and confidence;
- ⇒ Build community identity
- ⇒ Improve inclusiveness;
- ⇒ Identify the tools to achieve these aims.

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Council of Mayors

MANDATE:

The Council of Mayors is an unofficial committee; the members consist of the five mayors serving the municipalities of the Lower North Shore. This committee was formed due to the fact that the Lower North Shore is not a part of any Municipal Regional County.

SERVICES:

• Confront issues that affect the Lower North Shore municipalities (i.e.: issues that are related to municipal affairs).

CONTACT: Richmond Monger, President

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L'Office des Baies Sauvages de la Basse Côte-Nord

MANDATE:

L'Office des Baies Sauvages of the Lower North Shore has existed since September 29th, 2000, with a Steering (provisory) Committee put in place with the assistance of the Local Development Centre (CLD) of the Lower North Shore. As of June 17th, 2002, the foundation meeting was held, and now, the office has a permanent Board of Directors.

The mission of this organization is to develop the wildberry industry on the Lower North Shore (Kegaska to Blanc Sablon). Several organizations are associated with the Office des Baies Sauvages such as: municipalities, CLD, fish plant workers, fishermen associations, Montagnais population of the region, producers, transformers and pickers, Economic Development Canada, Centre de Recherche Les Buissions Inc., MAPAQ, Ministry of Economic and Regional Development.

- To promote the wildberry industry on the Lower North Shore;
- To support the research and the development of employment on the Lower North Shore;
- To encourage and support all parties intervening in the wildberry industry on the Lower North Shore;
- To encourage and support the exchanges between producers and pickers of the region;
- To act as a promotional agency for the wildberry industry on the Lower North Shore;
- To work with other parties of the region on files that are directly or indirectly related to the development of the wildberry on the Lower North Shore;

- To purchase, lease or posses/exploit movable and immovable goods related to the pursuing of its objectives;
- To organize festivals promoting the wildberry industry of the Lower North Shore;
- To inform and sensitize the population on the goals and objectives of the corporation through written and electronic communications;
- To obtain and manage movable and immovable goods related to the development of this industry;
- To continue its activities without any pecuniary profits for its members. All monetary gain of any sort will be reinvested within the organization.

ORIENTATION PRIORITIES FOR 2003-2004:

- Continue to work in the field with the Centre de Recherche les Buissons
- Expand our work to other areas of the Lower North Shore who has potential for berry picking.
- Work with local, regional organizations and research centers toward developing a wildberry industry on the Lower North Shore.

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Lower North Shore Fishermen's Association

MANDATE:

The Lower North Shore regional organization deals with regional files about the management of the fishery. It does provide information and realize consultations with fishermen's committees in all communities, to reach when possible a regional consensus.

The organization exchanges with Ministère de l'Agriculture des Pêcheries et de l'Alimentation Quebec (MAPAQ) and Department of Fisheries and Ocean and various government agencies on regional files related to the fishery. They are also involved in research projects to evaluate the conditions of the resource, ex: sentinel fishery for cod, post-season surveys for snow crab. They also provide employment to students.

- Information to fishers on different files about the fishery;
- Consultation with fishers representation of Lower North Shore fishers on various regional and provincial committees;
- Post season surveys to determine the condition of crab stocks;
- Sentinel fishery, which studies cod stocks between Sept-Iles and Blanc Sablon;
- Linked to sector-based committee on fisher professionalizaton, collaborating with school board with courses to fisher;

- Representation of fishing sector, on the Centre Local Development board of the Lower North Shore to support economic development;
- Restructuring the regional organization to improve the consultation and representation of Lower North Shore fishers;
- Potential formation of various committees to deal with regional and interregional issues;
- Continuation of ongoing activities and integration in research and development linked to aquaculture;
- Continue to promote employment creation for students.

CONTACT: Paul Nadeau, Executive Director

La Tabatiere, Que., G0G 1T0

Tel: 418-773-2234 Fax: 418-773-2626

Email: rapbcn@globetrotter.net

Pêcheries – Poly - Valents

MADATE:

This organization was launched to represent core fishermen from Old Fort Bay to Blanc Sablon. As of July 2001, crab fishermen from zone 13 have joined this organization. Pecheurs Polyvalents represent 37 to 43 crab fishermen within the zone. The total core fishermen to date are 66.

SERVICES:

- Obtain a fair share of the sea resources;
- Open the crab zone from Tadoussac to Blanc Sablon for all core fishermen of the Lower North Shore;
- Lobby the Government to open fish plants for multi-species, such as seals, lobsters, wrinkles, caplin, etc.

ORIENTATION PRIORITIES FOR 2003 – 2004:

Depending on the final results of the consultation held by the federal government through Canada Economic Development.

CONTACT: Jean-Richard Joncas, President

CP 216

Lourdes de Blanc Sablon, Que., G0G 1W0 Tel: 418-461-2432 Fax: 418-461-2234

Quebec Labrador Foundation

MANDATE:

The Quebec Labrador Foundation exist to support the rural communities and environment of eastern Canada and New England, to create models for stewardship of natural resources and cultural heritage which can be applied worldwide.

SERVICES:

- As of last year (2002), QLF has been in collaboration with the Municipalities of Blanc Sablon and Bonne Esperance, QLF submitted a series of proposals to public and private agencies to continue infrastructure development along the Jacques Cartier Trail, a driving tour of 15 natural and cultural heritage sites in the region;
- In partnership with local organizations, QLF employed 15 local residents to conduct traditional skills demonstrating in rug hooking, boat building, quilting, and sealskin products. Promotional brochure and web sites were completed. Youth initiatives were also developed within the program of the Traditional Skills Network;
- The QLF also put together a five-year strategic plan for the development of tourism on the Lower North Shore, and would be very interested in helping with the implementation;
- The QLF also plans to work with community groups and individuals to support initiative/programs involving cultural heritage, tourism, environment, conservation, air and water quality.

ORIENTATION PRIORITIES FOR 2003 – 2004:

QLF will continue to assist the Lower North Shore with heritage tourism development projects as well as conservation programs at St. Mary's Island and Perroquets Island. Swim programs and conservation camps are also annual activities.

QLF will continue to assist the Lower North Shore, and surrounding areas of Newfoundland and Labrador, with initiatives and /or projects in heritage tourism, education, environment and conservation. Communities will be contacted to help direct the QLF in the direction that local people want assistance with. The QLF will otherwise continue its current programs in heritage tourism, conservation, and both water and air quality.

CONTACT: Serena Etheridge, Director-TSN

P.O. Box 456

Lourdes de Blanc Sablon, Que., G0G 1W0 Tel: (418) 461-3324 Fax: 418-461-3324

Email: serenaetheridge@hotmail.com or Serenaetheridge@glf.org

Tourism Development Corporation Inc.

MANDATE:

The Tourism Development Corporation's goal is to support, develop and promote tourism on the Lower North Shore. The Board of Directors consist of 15 members, one representative from each community on the Lower North Shore.

SERVICES:

- A tourism action plan that can assist the population with their initiatives;
- Present the tourism action plan to the government to lobby for funding;
- Work in close collaboration with the Coaster's Association, Local Development Centre, Quebec Labrador Foundation and the population to promote tourism on the Lower North Shore.

ORIENTATION PRIORITIES FOR 2003-2004:

- To activate the members of the Board of Directors;
- To set-up an office for the corporation;
- To have at least three employees to work on the project's development and marketing of tourism in the area.

CONTACT: Anthony Dumas, President

Lourdes de Blanc Sablon, Que., G0G 1W0 Tel: 418-461-2311 Fax: 418-461-2379

Transport Coalition

MANDATE:

The Transport Coalition is an ad-hoc committee; their sole mandate is route 138.

SERVICES:

- Ensure that the feasibility study of route 138 is completed.
- Conduct follow-ups and examine the recommendations of the feasibility study.

CONTACT: Richmond Monger, President

General Delivery Chevery, Que., G0G 1G0

Tel: 418-787-2244 Fax: 418-787-2241

Email: mcngsl@globtrotter.net

User's Committee

MANDATE:

The User's Committee is composed of five (5) members elected by the users of the establishment. The majority of these members must be users.

A person cannot be a member of the user's committee if he/she is under curatorship.

Where the institution operates many centres or users, and many facilities for the same centre, the composition of the committee must ensure an equitable representation of the users of each of these centres and the users lodged in each of these centres.

The fifth person is elected on a universal basis, if necessary.

SERVICES:

The functions of the User's Committee are established as follows:

- To inform the users of their rights and obligations;
- To foster the improvement of the quality of the living conditions of the users and to assess the degree of satisfaction of users with regard to the services obtained from the institution;
- To defend the common rights and interests of the users, or at the request of a user, his rights and interest as a user before the institution or any competent authority;
- To accompany and assist a user, on request, in any action he undertakes, including the filing of a complaint in accordance with Divisions I, II and IV of Chapter III and Title II;
- To proceed with the election of two representatives to the Board of Directors.

CONTACT: Johanne Beaudoin, Programs Director

Lourdes de Blanc Sablon Que., G0G 1W0 Tel: (418) 461-2144 Fax: (418) 461-2731/2830

Email: johanne beaudoin@ssss.gouv.qc.ca

Youth Coalition Inc.

MANDATE:

The Youth Coalition is a non-profit organization, representing the youth of the Lower North Shore, from Kegaska to Blanc Sablon, with a representative in each community. It has been incorporated and received its charter since August 25, 1998.

- To determine the employment needs of the youth;
- To work on issues of concern for the youth (i.e.: education, health and social services, transportation, etc.);
- To research and implement programs for youth in each community.

ORIENTATION PRIORITIES FOR 2003 – 2004:

At present the Youth Coalition is inactive, due to lack of funds. In order for the Youth Coalition to be active and support the youth of the Lower North Shore the organization will continue to apply for projects and program funding to ensure that the concerns of the youth are confronted. With only two remaining members, we are now in the process of finding new initiatives to bring the organization back to life.

- To receive core funding to activate the Youth Coalition;
- To hold a founding meeting of the organization;
- To form solid partnerships.

CONTACT: Adeline Anderson, President

General Delivery

La Tabatiere, Que., G0G 1T0

Tel: 418-773-2415 Fax: 418-379-2621 Email: adeline anderson@yahoo.com

OR

Sonya Driscoll, Secretary 1161 Dr. Camille Marcoux Blvd

Lourdes de Blanc Sablon, Que., G0G 1W0 Tel: 418-461-2053 Fax: 418-461-2651

Email: cjeblsa@globetrotter.net

Zip Côte-Nord

MANDATE:

To ensure the well being of the Gulf of St. Lawrence and its population by educating the people to the problems of the Gulf, rehabilitating its natural environments, sensitization of other populations and by doing research on the different resources.

- Environmental project management and planification;
- Education on various aspect of the St. Lawrence (health hazard to navigation, marine resources, contamination, general environmental preservation, etc...);
- Providing information on various marine concerns;
- Political implication on large government projects (gas exploration, hydroelectric dam, etc...);
- Provide expertise on beach erosion and habitat degradation.

ORIENTATION PRIORITIES FOR 2003-2004:

- Building an observation group on the capelin reproduction;
- Inventory of concentration table concerning the Fernald's milk-vetch in Blanc Sablon;
- Salmon river bank stabilization;
- Beach protection for capelin reproduction;
- Smelt inventory project;
- Maritime kayak trail;

• Mollusk and fish contamination educational project.

CONTACT: Guy Parenteau, Coordinator

Sept-Iles, Que.

Tel: (418) 968-8798 Fax: (418) 968-8830

Email: **ZIPCNG@cgocable.ca**

Chapter II

Needs Assessment

NEEDS IDENTIFIED

2.1. Regional Organizations

A needs assessment questionnaire was sent out to the twenty-one (21) regional organizations with a 100% replied success rate. The following are the compiled results of the needs identified in various areas. Refer to questionnaire in Annex 5, page 93.

Communications	• Phone line service with each employee having their own extension
	number and voice mail box (2)
	• Installation of high speed internet services (8)
	• Cellular phone service (2)
	• All computers connected to a main printer (2)
	• Funding for a monthly newsletter for all members
	• Networking (1)
	• Translation of documents (letters, questionnaires, reports, cookbook,
	etc) (2)
	• Advertisement of our organizations via radio stations, posters and pamphlets to spread awareness on what we do and how we can help the Lower North Shore (1)
	• Campaign of awareness to promote who we are and what we do (1)
	• Video (computer) for different organizations (group employees) can communicate easier and cheaper (1)
	• A mechanism in place to reach the population to inform them of the
	services we provide, of the work being conducted on the LNS, and it's
	results, etc (1)
	• Website (3)
	• Publication of a news journal to promote educational activities and to inform the population on school affairs (1)
	• Improve upon general communication to the public (1)
	• All committee members with internet access (1)
	• Regional meetings with the government (1)
	• Involvement and support by the people in times of community crisis
	$(1) \qquad \qquad $
	• Construction and exploration of road 138 (1)
Equipment	• Projector for presentations (2)
	• New modern work stations (computers) (4)
	• Digital camera (1)
	• Scanner (3)
	• CD writer (1)
	• Updated technology (faxes, computers, office supplies, etc) (6)
	• Computers and fax machines (upgraded) need to be available at a local
	level to assure a good exchange in communication (1)
	• Apartments available in communities on the Lower North Shore in
	order to conduct extensive studies, projects, etc(1)
	• ATV's and trucks (1)
	• Video conferencing and distance education equipment (21)
	• Permanent office (1)
	• New pamphlet display case – more publicity products (1)

Funding	• More funding to operate the organization (i.e.: cost of travel,
runung	• More funding to operate the organization (i.e.: cost of travel, telecommunications, office supplies, etcare exorbitant) (3)
	• Fees for Board Members (Honorary) (1)
	T 11 (2)
	• Help increase the study of the wild berries and the development of the initiative. (1)
	• Increase in budget in order to employ human resources (1)
	• Considering the isolation of most communities, funding for local resources at a community level is needed. (1)
	• Stabilize funding, would be a mandatory fee based on landings; (1)
	• Conduct the various studies requested or studies needed to develop the North Shore (1)
	Require partners to proceed with project for installation of high speed
	internet and distance educational equipment (1)
	• Maintain a salary for the Director to TSN, demonstrator's salaries,
	general administration (1)
	Acquire office material, material for workers, and general operations
	(1)
	• Increase funding for youth projects (1)
	• Funding required to hire employees in the office (1)
	Hire field workers in community/municipality (1)
Fundraising Activities	• A fundraising campaign across the coast to assist the terminally ill
	patients and their families, set-up a foundation (1)
	• Give discount rates to members (1)
	• Arrange periodically entertainment evenings for the Seniors on the coast and supply a lunch (1)
	• Raise funds to cover cost for a part-time secretary/bookkeeper (1)
	• Plan, organize and schedule fundraisers to support the organization (2)
	• New funding partners and information regarding potential funders (1)
	• Increased support from all different communities, because the
	organization covers the Côte-Nord area and it is vast; therefore, it must
	rely on other organizations (1)
Meeting Space	• A conference room at Coasters office (2)
	• A staff meeting room (2)
	• Office space to accommodate the organizations on the coast (1)
	• Space to meet with the community (1)
	• An official office to permanently sustain the organization (1)
	• Meeting spaced required to hold conferences (offices based in homes)
3.6	
Membership	Better inform the members of the activities (1) Oi. ((1))
	• Give "prizes" as an incentive to become a member (1)
	Advertise the memberships (1) Assume a stable funding it would be a mandatory fee based on landings.
	• Assure a stable funding, it would be a mandatory fee based on landings
	(1) I parago participation by layering membership aget (1)
	 Increase participation by lowering membership cost (1) Assistance in developing a solid subscription database of the Lower
	North Shore and people living off the coast (1)
Personnel	Assistant to the Executive Director (2)
	Office clerk/Receptionist (2)
	• Communications agent (2)
	• Lack of qualified personnel available in need of staff with educational and bilingual qualifications (1)
	 More human resources (2)
	• More numan resources (2)

	• Coordinate events and office activities (2)
	• People with the qualifications presented in the document: << Job
	creation and research project for the development of a small fruit
	industry. 7 th May, 2003>> (1)
	• Qualified personnel in the following: special education technicians and teachers (1)
	• Potential volunteers/employees involved in the craft industry are
	encouraged to come forward once job postings are put up (1)
	 A permanent volunteer base on the coast (1)
	• Full time employees (1)
	• Part time field workers (1)
Training	• Project applications (2)
11 anning	 Video and CD-ROM presentations (1)
	• Communication tools (1)
	• Conducting meetings and consultations (1)
	Public speaking – people skills (1)
	Computer / Internet / Web page (2)
	• Establish qualified and experienced people to join the organization (2)
	 Establish quantied and experienced people to join the organization (2) Various courses in management for administrators on boards of
	directors (1)
	 Train people to conduct important aspect of the research (1)
	Have the facilities and organize training programs for people in the
	field of expertise (1)
	More English documentation (1)
	 Meet with present or future volunteers to explain the services, give
	information on substance abuse and the approach (1)
	• Seminar for janitors (1)
	• Sessions for secretaries (2)
	• Continuous training sessions for teachers regarding the 'reform' (1)
	• More training for the members regarding the constant change in
	government programs, and also regarding the daily administrative
	operation of the organization (1)
Travel	More funding to travel the coast (5)
	• More funding to travel to events off the coast (4)
	• High cost of airfare limits the organization to travel, need more funding
	or lower ticket cost (4)
	• All organizations on the coast get together to negotiate preferential
	travel rates (1)
	• Negotiation with air travel carriers, to reduce the cost of air travel for
	all board employees (1)
	• More funding to attend craft shows/fairs, etc (1)
	• Travelling is required within the communities (1)
Volunteers	• Show appreciation to volunteers (1)
	• Consider volunteers when hiring for job opportunities (1)
	• Keep volunteers abreast of all events and extend them an invitation (1)
	• Organize fundraising activities (3)
	Assist schools in supervising extra curricular activities (1)
	• Form Governing Boards in local schools (1)
	Be available as a delegate for Parent's Committee (1)
	• Assist schools in the organization of inter-village sports activities (1)
	• A list of fisherman and environmental implicated people to help with
	community driven projects; for example: the beach clean-up (1)

2.2. Community Organizations

A 92% success rate was accomplished from the one hundred and thirteen (113) community organizations (see annex 4 for complete list of the organizations) on the coast. A questionnaire (see annex 5) was sent to a contact person from each organization and completed by mail or by phone with the project coordinator. The following are the compiled results charted separately by community.

FIRE COMMITTEE

KEGASKA (7 community organizations)

MUNICIPAL COMMITTEE

Membership

Personnel

A.C.W. KEGASKA	SPORTS & LEISURE COMMITTEE
FISHERMAN'S COMMITT	TEE GOVERNING BOARD
HARBOUR AUTHORITY (
Communications	• Video conferencing (2)
	• Conference calls (2)
	• Internet access / high speed internet (3)
	• Advertisement of activities / ways in which to promote awareness of
	events and members to join the groups (1)
Equipment	• Upgraded sports equipment (1)
	• Equipment to have video and voice conferences (2)
	• Supplies for craft projects (1)
	• Sewing machines (1)
	• Phone lines (1)
	• Copiers / fax machine / etc (1)
	• Computers (2)
	• Gym equipment (1)
	• School supplies (1)
Funding	Donations from local stores and organizations (1)
	• Funding to develop local projects (1)
	• Fence the cemeteries around the village (1)
	• Buy new equipment (2)
	• Craft supplies (2)
	• Funding to maintain building services (hydro, phone lines, etc) (1)
	• Buy sports equipment (2)
Fundraising Activities	• Bingo's (3)
	• Raffle tickets (1)
	• Book fairs (1)
	• Bottle / bar drives (1)
	• Bake sales (2)
	• Bartending / Catering (1)
	• Bazaars (2)
	• Suppers (2)
	• Sport's tournaments (2)
	• New innovative ways to attract the people to come and support
	fundraising events (1)
Meeting Space	• Larger meeting space which can accommodate more members (2)

Present members are all volunteers, however more personnel are

Not Applicable

needed (4)

	•	Need more youth to join in order to maintain the organization (1)
Training	•	A training course to maintain and upgrade training skills (1)
	•	Qualified people to instruct new members (1)
	•	When funds are available for an administrative assistant, the training is needed (1)
Travel	•	Funds needed to go on field trips / exchange trips/ etc (1)
Volunteers	•	Join the organization (2)
	•	Organize fundraising activities (4)
	•	Help develop the community (1)
	•	Make things (crafts, food dishes, desserts, etc) (1)

LA ROMAINE (7 community organizations)

SENIOR'S CLUB CHURCH GROUP GOVERNING BOARD RADIO MONTAGNAISE	HISTORICAL SOCIETY SPORTS AND LEISURE COMMITTEE FISHING COMMITTEE
Communications	• Translation of English documents to French (2)
	• English courses to be given (1)
	• Technology upgrade (1)
	• Web site (1)
Equipment	• Television (1)
	• Video (VCR and conferencing) (1)
	• Craft supplies (1)
	• Professional weaving machine (1)
	• Sports equipment (1)
Funding	• Buy new equipment (1)
	Maintain building services (1)
	• Sustain the organization (2)
	• For community activities, recreational activities, etc (1)
Fundraising Activities	• Inventive activities to attract the people to join into the fundraising activities (1)
	• Inform the public of the upcoming activities (calendar) throughout the
	year (1)
	• Solicit businesses and organizations for donations or funds (1)
Meeting Space	Not applicable
Membership	Not applicable
Personnel	• The youth to become actively involved (2)
Training	• Resource persons to instruct courses (crafts, English studies, knitting,
	etc) (1)
Travel	• Funds needed to travel out of town (airfare) (1)
	• If the funds were there, participation in activities/annual games out of
	town could happen (1)
Volunteers	• Become a part of the organization (1)
	Help with the fundraising activities (1)

CHEVERY (13 community organizations)

MUNICIPALITÉ DE LA CÔTE	MUNICIPAL COMMITTEE
NORD DU GOLFE ST. LAURENT	SPORTS & LEISURE COMMITTEE
FISHERMAN'S COMMITTEE	TOURISM COMMITTEE
GOVERNING BOARD	WOMEN'S GROUP
GOLDNEN AGE CLUB	FISHERMAN'S COMMITTEE
FIRE COMMITTEE	JUNIOR RANGERS
HARBOUR AUTHORITY	FIRST RESPONDERS

HARBOUR AUTHORITY	FIRST RESPONDERS
Communications	Conference calling (2)
	Video conferencing (2)
	A system in which to alert the volunteered firemen promptly (1)
	Awareness of the organizations in the community (1)
	Help us become involved with other senior groups in nearby
	communities (1)
	Promote the club / activities (1)
	• Computer access (1)
	• Internet access (2)
	• Phone lines (2)
	High speed internet (1)
Equipment	Navigational systems (GPS) (1)
	• Computers / access the internet (4)
	• Sports equipment (2)
	Sewage facilities (1)
	Updated municipal equipment (1)
	• Updated equipment (board games, bingo machines, etc) (1)
	• Updated firemen equipment (fire clothes, beepers, etc) (1)
	• Fundraising supplies (1)
Funding	Funding needed to keep the organizations active (1)
_	Maintenance of the hall / rink (1)
	• Promoting "meals on wheels" in our community (by the Seniors Club)
	People needed to pay municipal taxes regularly (1)
	• Purchase equipment (1)
Fundraising Activities	Searching for new ways of raising funds (4)
	• Bingo's (3)
	Pot luck suppers (3)
	Support for social activities / expenses for the club (2)
	Raffle tickets (2)
	Hockey tournaments (1)
	• Fall & Spring festivals (1)
	Carnivals (1)
Meeting Space	• A building to leave the equipment (tables, chairs, fund raising
	equipment, etc) (1)
Membership	Looking for new inventive ways to attract the youth (2)
	Ways to promote/recognize the organization and its members and to
	pull in "younger" senior members to join (1)
Personnel	• The need for volunteer recruitment within the organizations is
	extremely vital for their progress and maintenance (7)
Training	Update the first aid/firemen training (1)
	Receive certified training from a professional fireman (1)
Travel	Hockey teams to travel to each village to participate in hockey
	tournaments (airfare, accommodations, gas if traveling by snowmobile,

	•	etc) (1) Seniors to travel to other communities or favorable destinations (NFLD – where most were originated) (1) Additional funds when traveling to communities to hold or attend meetings (1) Supplementary funds in order to travel and hold wilderness training (1) During winters, freeze up and break up periods are very difficult for the members with vision/health problems to travel at events. Need
Volunteers	•	alternative ways to travel other than snowmobile In order to maintain the progress of the community (1) Organize fundraising, training, and traveling arrangements (4) Join the organization (5) Help support and maintain the community groups (3) Plan events when needed (4) Looking for younger volunteers to take over administrative tasks (book keeping, fundraisers, organize transport of members, etc) (1)

GOVERNING BOARD

CFTH RADIO

HARRINGTON HARBOUR (9 community organizations)

MUNICIPAL COMMITTEE

FISHERMAN'S COMMITTEE

EIDE COMMITTEE	HCEDIC COMMITTEE	
FIRE COMMITTEE	USER'S COMMITTEE	
A.C.W. HARRINGTON	SPORTS & LEISURE COMMITTEE	
PLANT WORKER'S COMM		
Communications	• One phone line, just for emergencies, for each member on the	
	committee (1)	
	• Beepers (1)	
	• Advertising of the committee and what we do via radio stations, posters and pamphlets (1)	
	• The general population need to know more about how we can help and advise them (1)	
	• Fax lines (1)	
	• Phone lines (1)	
	• Join all committees on the coast to meet and discuss the decline of the fishery (1)	
	• Spread awareness throughout each community in hopes of finding solutions (1)	
	• Video conferencing (2)	
	• High speed internet (4)	
	• Ways to promote social events (1)	
	• Internet access (1)	
	• Web site (1)	
Equipment	• Computers (3)	
	Machinery to conduct conference calls (1)	
	• Gym equipment (1)	
	• Scanners / digital camera / DVD and VHS, etc (1)	
	• Copiers (1)	
	• Craft supplies (1)	
	• Sewing machines (1)	
	• Fire clothes, extinguishers, beepers, etc (1)	
Funding	• Community donations (1)	
8	• Buy equipment (1)	
	- Day equipment (1)	

	Traveling expenses
	• Do the necessary renovations in the church (1)
	• Pay the bills to maintain the organization (1)
	• Buy the craft, canteen, and bingo supplies (1)
	• Develop local projects in the community (1)
	• Implement a solution in order to fundraise the much needed equipment
	(1)
	• Funding needed to currently run the organization (1)
Fundraising Activities	• Bingo's (3)
	• Raffle tickets (4)
	• Looking for new innovative ways to make fundraising fun and exciting
	for the supporters (2)
	Ways in which to raise the large amount of money needed to develop
	the projects (1)
	• Bazaars (1)
	• Suppers (2)
	• Winter carnival (1)
	• "Summer Fun Day" (1)
Meeting Space	Not applicable
Membership	Not applicable
Personnel	More volunteer personnel needed (4)
	• Looking for the youth to join (in order to maintain the progress year
	after year of the A.C.W.) (1)
Training	• Instructions were given when the committee was first formed in 1993,
	however, workshops would be a positive idea to instruct new members
	and the communities
	• With new members essential the need for safety training (CPR, first-
	aid, fire safety, etc) is key (1)
Travel	• Funds needed to travel and accommodate the church minister when
	services are preformed (1)
	• Funds for students traveling on field trips/exchange trips (1)
Volunteers	• Help out with present local development (1)
	• Assist with the mentioned fundraisers (5)
	Develop and organize events (2)

TÊTE À LA BALEINE (8 community organizations)

MUNICIAPAL COMMITT	EE HISTORICAL SOCIETY
SPORTS & LEISURE COM	IMITTEE LES COUSINES D'ADÉLINE
TOURISM COMMITTEE	GOVERNING BOARD
RADIO STATION COMMI	TTEE FISHERMEN'S COMMITTEE
Communications	Calendar of scheduled events (1)
	• Web site (1)
	Translation of documents (2)
	High speed internet (3)
Equipment	Upgraded technology (computers, printers, etc) (1)
	• Sports equipment (1)
Funding	Funds needed to buy the updated technology (1)
	Sustain the organization (1)
Fundraising Activities	• Bingo's (3)
	• Suppers (1)

	Searching for new ideas/activities to attract the people (1)
	• Raffle tickets (2)
Meeting Space	Not applicable
Membership	Not applicable
Personnel	• Increase youth participation to maintain the stability of the organization (1)
	New members to join (1)
Training	Not applicable
Travel	• Lower airfare cost to travel and participate in out of town activities (3)
	• Field trips/exchange trips (1)
Volunteers	• Encouraged to join the organization (1)
	• Youth strongly encouraged to join and/or participate in the organization (1)
	• Participate in fundraising activities (1)

MUTTON BAY (1 community organization)

A.C.W. MUTTON BAY	
Communications	Not applicable
Equipment	• Craft Supplies: quilts, sweater, home décor, etc (1)
	• Sewing machines (1)
	Craft books (ideas and instructional) (1)
Funding	• Pay bills to maintain the organization (1)
	Supplies needed to organize fundraisers (1)
Fundraising Activities	• Bingo's (1)
	• Spinning wheels (1)
	• Raffle tickets (1)
	• Suppers (1)
	Holiday festivities/activities (1)
Meeting Space	Not applicable
Membership	Not applicable
Personnel	• More people to join the organization, to make it sustainable (1)
	• People to support the fundraisers (1)
Training	Not applicable
Travel	Not applicable
Volunteers	Organize fundraising activities (1)
	• Participate in the activities (1)
	• The youth to join or participate within the organization (1)

LA TABATIÈRE (6 community organizations)

MUNICIPALITÉ DE GROS	S MI	ECATINA GOVERNING BOARD
JUNIOR RANGERS		CFTH RADIO (relay station)
SENIOR CITIZEN'S CLUB	3	SPORTS & LEISURE COMMITTEE
Communications	•	Upgrading and acquiring technology (hardware) (1)
	•	Video conferencing (1)
	•	High speed internet (1)
Equipment	•	Survival equipment (compass, GPS, flashlights, etc) (1)
	•	Computers / internet access (2)

	• Printers (1)
	• Photocopier (2)
	• Fax machine (1)
	DVD and computer projector (1) Dings againment (conds bings mashins at a) (1)
	Bingo equipment (cards, bingo machine, etc) (1) Helicology (1)
T 1	Hockey/sports equipment (1)
Funding	• Community center (at the present time fundraising and applying for
	projects are being carried out) (1)
	Beneficial to support and maintain the organization (1)
	• For student activities, community programs, and recreational activities
	Travelling expenses for regional youth activities
	Purchasing of modern technology (1) Fig. (1)
T 1	For student support services (1)
Fundraising Activities	• Inventive ways to promote and organize fundraisers (2)
	• Bingo's (2)
	• Raffle tickets (1)
	• Suppers (1)
	• Fall festival (1)
	Hockey tournaments (1)
	Spring carnivals (1)
	Canada Day celebrations (1)
	Terry Fox Run (1)
Meeting space	Office building/Community Hall (1)
	• Arena (1)
Membership	Not applicable
Personnel	Periodically there are paid staff, however, volunteers are needed to
	sustain the organization (1)
	Parental involvement is greatly needed to support the children within
	the community groups (1)
	Rangers' active participation is crucial to the Juniors Rangers'
	maintenance (1)
Training	Need Rangers' skilled guidance to train the Junior Rangers (1)
	Develop skills in wilderness and survival techniques (1)
	Workshops and training interests (1)
	Develop skills, experiences, etc (1)
Travel	Trips to Sept-Iles to solicit projects (1)
	Support for student based activities (1)
	Funds needed to support the wilderness and survival travels for training
	**
Volunteers	 Funds needed to support the wilderness and survival travels for training (1) Parents and Rangers need to become involved within the Junior
Volunteers	 Funds needed to support the wilderness and survival travels for training (1) Parents and Rangers need to become involved within the Junior Ranger's initiative (1)
Volunteers	 Funds needed to support the wilderness and survival travels for training (1) Parents and Rangers need to become involved within the Junior
Volunteers	 Funds needed to support the wilderness and survival travels for training (1) Parents and Rangers need to become involved within the Junior Ranger's initiative (1) Volunteers are regularly requested and needed from the school

ST. AUGUSTINE (11 community organizations)

MUNICIPALITÉ DE SAINT AUGUSTIN	CJAS RADIO
HISTORICAL SOCIETY	GOVERNING BOARD
RADIO STATION COMMITTEE	JUNIOR RANGERS
FIRE COMMITTEE	SPORTS & LEISURE COMMITTEE
A.C.W. ST. AUGUSTINE	ST. AUGUSTINE YOUTH GROUP

FIRST RESPONDERS			
Communications	•	Additional phone lines (1)	
	•	Fax lines (1)	
	•	Internet access (2)	
	•	Beeper system (1)	
	•	A phone line only for emergencies, in order to arrive on the scene	
		promptly (1)	
	•	High speed internet (1)	
	•	Calendar of scheduled events (2)	
	•	Advertisements of weekly/monthly activities or upcoming events	
		promoted through radio, pamphlets, posters, etc) (1)	
	•	Web site (1)	
Equipment	•	Computers (4)	
	•	Fax machines (1)	
	•	Phones (1)	
	•	Quilt supplies (1)	
	•	Craft supplies (2)	
	•	Tables and chairs for the hall (1)	
	•	Sewing machines (1)	
	•	Beepers (1)	
	•	Fire equipment (1)	
	•	Gym equipment (1)	
	•	DVD's, TV's, projectors (1)	
	•	Communicational systems (Motorola's, GPS, radios, etc) (1)	
	•	Wilderness/survival equipment (1)	
	•	Sports equipment (1)	
Funding	•	In the process of building a new church (need windows, siding, etc)	
		(1)	
	•	Pay church bills (1)	
	•	Purchase the needed equipment (2)	
	•	For student activities (sports, programs, travelling expenses, etc) (1)	
	•	Travel expenses (when travelling on or off the coast) (1)	
	•	Maintain the organization and buy the needed equipment (1)	
Fundraising Activities	•	Bingo's (6)	
	•	Suppers (3)	
	•	Spinning wheel (1)	
	•	Raffle tickets (3)	
	•	Bazaars (2)	
	•	Catering (weddings and anniversaries) (1)	
	•	New creative ideas to attract the people (4)	
	•	Increase fund raising activities to support the student activities (1)	
	•	Hockey tournaments (1)	
	•	Carnivals (1)	
	•	Seasonal festivals (1)	
	•	Arena rentals (weddings, festivals, meetings, etc) (1)	
Meeting Space	•	Not applicable	

Membership	•	Not applicable		
Personnel	•	Pull in the youth to join the organization to maintain stability (2))		
	•	Increase parental involvement to join the committee and/or participate		
		in events and activities (3)		
	•	People to join and help out with the travel (drive boats, cars, snowmobiles, etc) (1)		
	•	Hire full time staff to maintain the arena (1)		
Training	•	Funds are needed to hire professionals to hold workshops to promote		
		awareness of the fishery crisis and what steps are needed from the community to go forward (1)		
	•	The elderly to teach traditional crafts (crochet, knitting, etc) (1)		
	•	Upgrade the personnel with a course in safety, fire hazards, and first-aid (1)		
	•	Professionals to give courses for new members (1)		
	•	Skilled personnel (Rangers or others) in the field of survival, cooking,		
		or craft training (1)		
Travel	•	Cheaper airfare or funds needed to travel the coast and meet other		
		committee members (2)		
	•	Funds needed to pay for the ministers travel to our village and pay for		
		his accommodations (1)		
	•	Support for student based activities (field/exchange trips, sport events, etc) (1)		
		Lower cost of airfare to travel between communities (the snowmobile		
		trail is not always open or accessible to the public which joins the		
		coastal communities for just a few months) (2)		
Volunteers	•	Organize events (7)		
	•	Create and plan fundraising activities (6)		
	•	People from the village to join the committee (3)		
	•	People to give training/workshops (1)		
	•	Chaperons to oversee the events (1)		

OLD FORT BAY (8 community organizations)

MUNICIPAL COMMITTE HISTORICAL SOCIETY GOVERNING BOARD	A.C.W. OLD FORT FISHERMAN'S COMMITTEE JUNIOR RANGERS	
HARBOUR AUTHORITY	SPORTS & LEISURE COMMITTEE	
Communications	• Phone services (3)	
	• Internet access/high speed (3)	
	• Internet in the class rooms (1)	
	• Conference calls to meet with all committee members on the coast (1)	
	• Fax lines (2)	
	• Provide awareness of the decline of the fisheries (1)	
	• Telephone call list (1)	
	• Advertisement of special activities (1)	
	• A way to widely reach the population in regards to giving	
	thanks/showing appreciation to the volunteers (1)	
Equipment	• Compasses – GPS systems (1)	
	• Kitchen supplies for the basement of the new church (1)	
	• Fax machine (2)	
	• A phone (1)	
	• Equipment to hold conference calls (1)	

	• Computers (2)
	New municipal building/community hall (1)
	Scanners / digital cameras / video cameras (1)
	• Gym equipment (1)
Eunding	
Funding	• Computers (1)
	• Equipment (3)
	• After school programs (1)
	• Finish the church completely (1)
	• Pay for the minister to travel to our diocese (1)
	Bills (electricity, heating, etc) (1)
Fundraising Activities	• Bingo's (4)
	• New inventive ideas to help gather funds (2)
	• Bazaars (1)
	• Raffle tickets (3)
	• Catering (wedding and anniversaries) (1)
	• Spring teas (1)
	• Suppers (1)
	• Festivals (1)
	• Cake raffles (1)
	Book fairs (1)
	• Drives (bottle, newspaper, etc) (1)
	• Sports tournaments (1)
	 Solicit businesses and organizations for donations and/or funds (1)
Meeting Space	New municipal hall (1)
Membership	Looking for creative ideas to promote volunteerism/membership
р	(volunteer appreciation) (3)
Personnel	Members to join the organizations (4)
1 01 00 11101	• The youth are strongly encouraged to join in order to sustain the
	committee (1)
Training	Courses to be given when new equipment are presented (1)
s	• Information sessions with the head teacher and principal (1)
	Courses/workshops to upgrade skills (1)
Travel	Transportation/funds needed for field/exchange trips (1)
114,61	 Transportation funds needed for the minister's weekly ceremonies (1)
	±
	 Lower airfare prices (1) Gas money if traveling by vehicle or snowmobile (1)
Volunteers	
v orunteers	• Perform the training (1)
	• Plan/cook dinners (2)
	Organize fundraising activities (3)
	• Complete the church building (1)
	Make and donate crafts (1)
	• Develop the community (3)
	• After school homework assistance (1)
	• Library technicians (1)
	• After school gym chaperoning (1)

ST. PAUL'S RIVER (12 community organizations)

MUNICIPALITÉ DE BONNE ESPERANCE FISHERMAN'S COMMITTEE PLANT WORKER'S UNION **GOVERNING BOARD** FIRE COMMITTEE A.C.W. ST. PAUL'S **CDEC** (Corporation Developpement MUSEUM VETERAN'S COMMITTEE Economic & Communautaire) **CATHOLIC PARISH GROUP YOUTH GROUP** THE ZONE YOUTH CENTER **Communications** Pamphlets (to inform the population of the activities and upcoming events annually) (1) Beeper system (1) Internet access (1) More meetings between all committee members (1) Conference calling, a way to gather all committee members (1) Ways to promote the organizations (through radio, newspaper, bulletins, etc...) to attract the public and tourist (1) A coastal calendar of events going on, so there isn't duplication of events on the same date (1) High speed internet (1) Answer machine for missed call or caller ID service (1) Faster mail service (1) Not enough communication between communities (1) Web site (1) **Equipment** Sports equipment (1) More computers (4) Proper scanning equipment (1) Printers (1) New fax machine (2) Audio equipment for concerts (1) Gym equipment (1) Science equipment (1) French 2nd language (promotion to population) (1) Art supplies (1) Sewing machines (1) Crafts supplies (3) Photocopier (1) Fire truck (1) Beepers (1) Fire clothes (1) **Funding** Preparing for World Youth Day 2005 in Germany (1) Activities to help out with the funding to buy the firemen equipment (1) Renovation of the church and rectory (1) Keep up with the monthly maintenance of the church (2) Buy craft material to restock for another year (1) Solicit funds or donations to sustain the organization (1) Implement a breakfast and hot lunch program, but are very short on funds (1) Constantly fundraise to support equipment needs (1) Lack of funding for buildings (1) Lack of funding to hire employees (1)

Hockey tournament (1)

Fundraising Activities

	
	• Carnival (1)
	• Dinner theater (1)
	Canada day celebrations (1)
	• Bingo's (4)
	Crafts (historical/traditionally skilled crafts to promote the community)
	and attract tourist) (1)
	• Raffle tickets (3)
	Bazaars (fall and spring) (2)
	• Cake walks (1)
	• Suppers (1)
	Craft sales (1)
Meeting Space	• Currently use the conference room, however, a more personal, less
	open, and more private location would be useful (1)
Membership	Not applicable
Personnel	• Looking for committed volunteers to join the committee (6)
	The youth is strongly encouraged and wanted to join the organization
	(2)
Training	• Proper training for coaches and referees (1)
	• Language training would prove beneficial when working with the
	public (1)
	• Courses/workshops of what a parent could do to make the school more
	successful (1)
	Develop the traditional skills to produce crafts in order to present the
	local history (1)
	• An historian to train the personnel about the artifacts placed in the
	museum (1)
	Training for computer software (windows, internet, excel, etc) (1)
Travel	• Funding to travel by bus and plane for the World Youth Day in 2005
	(1)
	• Lower the cost of airfare/boat fare as the children would benefit in
	areas such as: out of town sports activities, historical land marks,
	etc) (1)
	More cost efficient methods of travel (1) I describe the first section of the section of t
	• Lower the coast of airfare, gas prices, in order to travel between
Voluntoors	communities (1)
Volunteers	• Different faces to become involved with the organization (4)
	• Librarian for the municipal library (1)
	• Organize fundraisers (1)
	Produce and donate crafts (1) The state of the
	• In strong support of the youth to become involved within the
	organizations, to join or whether to participate in various aspects of a
	community group (4)
	• Clean the church (1) • Snow cleaning ground the shurch (1)
	• Snow cleaning around the church (1)
	Perform the weekly bingo's (1)

MIDDLE BAY (3 community organizations)

SACRED HEART CHURC'S FISHERMAN'S COMMITTED			SPORTS & LEISURE COMMITTEE
Communications	•	Phone lines (2)	
	•	Fax lines (2)\	

		DI (' (1)
	•	Photocopier (1)
	•	Internet access/high speed access (1)
Equipment	•	Computers (2)
	•	Fax machine (2)
	•	Sports equipment (1)
Funding	•	Funds are acquired in order to purchase the needed equipment (1)
	•	Sustain the organization (2)
Fundraising Activities	•	Looking for new inventive ways to attract supporters and pull in other
		communities to join in on the fundraisers (1)
	•	Bingo's (2)
	•	Darts (1)
Meeting Space	•	Not applicable
Membership	•	Not applicable
Personnel	•	More fresh faces to join the organization in order to make it sustainable
		(2)
Training	•	Not applicable
Travel	•	Not applicable
Volunteers	•	Join the organizations (1)
	•	Organize new events (2)

BRADOR (2 community organizations)

A.C.W. BRADOR BAY	FISHERMAN'S COMMITTEE	
Communications	• Conference calling (in order to meet with all committee members from the coast) (1)	
Equipment	Equipment needed for phone conferencing (1)	
	• Craft supplies (1)	
Funding	• Sustain the organization (1)	
	Buy the much needed equipment (1)	
Fundraising Activities	• Bingo's (1)	
	Bazaars (1)	
	Suppers (1)	
	• Raffle tickets (1)	
Meeting Space	Not applicable	
Membership	Not applicable	
Personnel	• More members needed to manage and maintain the organizations (2)	
Training	Not applicable	
Travel	Not applicable	
Volunteers	Organize, manage, and participate in the fundraising activities (1)	

LOURDES DE BLANC SABLON (20 community organizations)

MUNICIPALITÉ DE BLANC SABLON **CENTRE JEUNESSE COORPORATION DES SERVICES -CENTRE DE LA PETITE ENFANCE -PRIHOSPITALIERS MER ET MOUSSE ADO-CITÉE** LA SABLONIERE **CHURCH COMMITTEE GOVERNING BOARD SPORTS & LEISURE COMMITTEE HOCKEY FUN LEAGUE** HISTORICAL SOCIETY **MUSEUM JUNIOR RANGERS** HARBOUR AUTHORITY COMMITTEE CFBS RADIO FISHERMAN'S COMMITTEE **TOURISM COMMITTEE** FIRE COMMITTEE DEVELOPMENT COODDOD ATION KIDS SDODTS I FACHE

DEVELOPMENT COORPO	<u>ORA</u>	TION KIDS SPORTS LEAGUE
Communications	•	In order to activate the committee, a campaign of awareness: who we
		are, what we are, where we are, and what we want is needed (1)
	•	Lack of involvement by people, we need a solution (1)
	•	Lack of meeting between fisherman committees, need to find a
		solution (1)
	•	Access to copier machines (1)
	•	Internet access / high speed internet (2)
Equipment	•	Wilderness equipment (snow shoes, army boots, flashlights, etc) (1)
	•	GPS system (1)
	•	Upgraded equipment for the computer room, staff room and gym (1)
	•	Upgraded church equipment (1)
	•	Computers (1)
	•	New or donated equipment for the youth (1)
	•	A safe fenced in yard for the children (1)
	•	Upgrade from analogue to digital equipment, in order to be up to date
		with the radio medium (1)
	•	Equipment in technology (1)
Funding	•	Reinstate the organization (1)
	•	Training (1)
	•	New equipment (1)
	•	Hire more people (1)
	•	Improve on the building and installations therein (1)
	•	Travelling expenses are needed (1)
	•	Upgrade the needed equipment (1)
Fundraising Activities	•	Calendar (pictures of the month) (1)
	•	Raffle tickets (4)
	•	Bingo's (1)
	•	Book fairs (1)
	•	Sports tournaments (1)
	•	Looking for distinct ways in attracting the community to become
		involved and support the organizations and fundraisers (4)
	•	Fall and winter bazaars (1)
	•	Solicit funds from businesses/organizations (2)
	•	Car wash (1) Dances (1)
		Bake sales (1)
		Day Care Day (1)
		Chocolate drives (bars and boxes of chocolates to sell) (1)
		Advertisements and sales (1)
	_	Advertisements and sales (1)

Meeting space	Added space or a new building to conduct board meetings comfortably
	(1)
	• In order to hold large committee meetings (1)
	• Space for storage in the communities for the team of first responders.
	This storage is required for sleighs and snowmobiles (1)
Membership	• The combination of Mother's Day radio-a-thon with a membership
	drive, is not working and another alternative should be researched and
	implemented (1)
Personnel	• Currently there is a full staff, however, more and more members are
	needed, due to their change in situations (maternity leave, schooling,
	etc) (1)
	• Currently researching projects to hire extra staff (1)
	Members needed to join and sustain the organization (1)
	• A permanent volunteer base to get the support of the people (5)
	Parental involvement needed (1)
	Rangers are needed to help out and guide the Junior Rangers (1)
Training	• On this field professional training is a must but not always available (1)
	• More training, more experience, comes more awareness (1)
	• Wilderness and survival training (Rangers skills is greatly needed) (1)
	• Give training and experience – great steps working towards acquiring a
	job (1)
	Early childhood development education needed (2)
Travel	• Visits to coastal communities to inform families on early childcare
	education (1)
	• Sports events to other communities (1)
	• School field trips/exchange trips (1)
	• There is a set expense to travel, most of the time funds are exceeded
	and are required the donations of businesses or organize fundraisers (1)
Volunteers (1)	• Participate in the training and fundraisers (1)
	Community minded individuals committed to join and flourish the
	organization (4)
	Activate the organization and form a committee (2)
	Become involved within the committee and to initiate new ideas to
	fundraising (4)
	• Act as first responders – to give first aid and assure the transportation
	of the users to the clinic. These people to be formed and take part and
	respond to emergencies. Ten (10) to twelve (12) people in each
	community is needed (1)

BLANC SABLON (6 community organizations) FISHERMEN'S COOP SENIOR'S GROUP

I ISITEIU E COOI		SERVICE S GROCI			
CHURCH COMMITTEE		GOVERNING BOARD			
JUNIOR RANGERS PATROL		HARBOUR AUTHORITY COMMITTEE			
Communications	•	Telephone lines (2)			
	•	Internet services (3)			
	•	Ways to promote activities and events within the Senior's Group (1)			
	•	Computer access for the Seniors (1)			
	•	High speed internet (1)			
Equipment	•	Wilderness/survival supplies (1)			
	•	GPS system (1)			
	•	Upgrading of present technology (2)			
	•	Gym supplies (1)			

	Computers / printers (2)				
	Audio equipment (1)				
	Church supplies (crafts, bingo cards, bazaar items, etc) (1)				
Funding	• Donations of any kind (money, computer equipment, etc) (2)				
	• If expenses exceed the limited budget, donations or fundraisers are				
	needed (1)				
	Sustain the organization (1)				
	Purchase upgraded equipment (1)				
	Travelling expenses for youth activities (field trips, sports events,				
	etc) (1)				
Fundraising Activities	Weekly Bingo's (4)				
	• Suppers (3)				
	• Bazaars (3)				
	Raffle tickets (5)				
	Coastal calendar (depicting northern wilderness on the coast (1)				
	• Sports tournaments (1)				
	• Fresh innovative ideas to attract supporters (1)				
	• Selling of homemade crafts (1)				
35 (1)	Collect fees at dockside (1)				
Meeting Space	Hold large committee meetings (1)				
Membership	Not applicable (1)				
Personnel	People committed to join the organization (4)				
	• Ranger's needed to volunteer their time to give support, training, and				
	involvement with training (1)				
	Permanent corporal to assist with the organization (1)				
T	Parental involvement (1)				
Training	• Give instruction in areas such as: cooking, crafts, wilderness training				
	• Skilled people to train the youth in the following: shooting, GPG				
	course, wilderness skills, etc) (1) Assist to undete the skills (1)				
	 Assist to update the skills (1) A professional firefighter to visit the committee (annually) (1) 				
	 Update or train new members in the skills needed (1) 				
Travel	Lower price in airfare to travel up the coast (3)				
11 avei	Elower price in airrare to travel up the coast (5) Field trips / exchange trips (1)				
	 Out of town sporting events (1) 				
Volunteer	Take an active part in the organization (5)				
Volunteer	 Take an active part in the organization (3) Organize and participate in fundraising activities (6) 				
	Ranger's involvement (1)				
	• Involve themselves with community development/issues (1)				

2.3. <u>Development of New 'Traditional' Groups</u>

A survey was developed (see Annex 6) and carried out by the five (5) municipalities and twelve (12) schools (see Annex 7) on the Lower North Shore. It was produced for the purpose of recognizing new groups/organizations on the coast and to be given an opportunity to offer suggestions and identify the needs of the schools and municipalities on the coast. The study presented beneficial data with a 100% success rate. The outcome is charted as follows:

Survey Questions	Yes/No	Recommendations / Needs
1. Do you have a Scouts Canada group established?	No (17)	 Need strategies to convince people to volunteer for student activities (1) A program to teach adults how to work with children (1)
1.1 Would you want a group developed?	Yes (14) No (3)	• There is a strong Junior Rangers group established for boys and girls and there should not be competition (1)
2. Do you have a Beavers group established?	No (17)	
2.1 Would you want a group developed?	Yes (17)	• In great demand for a Beavers group in each community to meet the needs of the younger age group (6)
3. Do you have a Brownie group established?	No (16) Yes (1)	SEE ANNEX 8
3.1 Would you want a group developed?	Yes (16)	• The need for Brownie groups across the coast to fulfill the needs of the younger age group (6)
4. Do you have a Girl Guides group established?	No (16) Yes (1)	SEE ANNEX 8
4.1 Would you want a group developed?	Yes (14) No (1)	• There is a strong Junior Rangers group established for boys and girls and there should not be a competition (1)
5. Do you have a computer group established?	No (14) Yes (3)	 In the process of developing a computer group (1) SEE ANNEX 8
5.1 Would you want a group developed?	No (3) Yes (14)	A definite need for computer groups. Its becoming so rough at today's work place and economy, and people need this type of set up to get up to date.
6. Do you have a music group (i.e.: dancing, music lessons, guitar lesson, etc) established?	Yes (4) No (13)	SEE ANNEX 8
6.1 Would you want a group developed?	Yes (13) No (4)	 Music lessons (guitar, piano) (1) Low population number means mixed activities of girls and boys for ages 6-11
7. Do you have any traditional groups (crafts theatre,	Yes (4)	SEE ANNEX 8

knitting, sewing, etc) established?	No (13)	
7.1 What group(s) would you like to see developed in your community?		 Arts and craft clubs (1) Gym groups (1) Scouts Canada groups (1) Youth Centre (1) Athletics teams (1) Knitting and needle work club (1) Woodworking group (1) Basket weaving craft club (1) Women's groups (one in each community) (1)

Chapter III

Awareness Campaign

PROMOTIONS

3.1. Radio Promotion

A strategic awareness campaign was created to familiarize the population of the project's initiatives, objectives and to promote volunteerism on the Lower North Shore. The following is a radio promotion which was sent to the five coastal radio stations and an awareness bulletin posted in every mailbox on the coast, focused to capture the attention of devoted volunteers.

Why should you volunteer?

By volunteering you can learn a lot about yourself, about your community, using current skills or learning new ones.

Volunteering is fun...you can make new friends, and reconnect with past ones

Volunteering is good for you...it can reduce stress.

It gives you hope.

You can see firsthand that each one of us can make a difference.

Volunteering strengthens your community...by inspiring fresh innovative ideas. By promoting "can do" attitudes.

It's easier than you think...you can put in as much time as you want.

You can learn new skills, and/or share your own skills.

Or, you can volunteer to "just be yourself," and do what you like best.

Hi, my name is Heidi Buckle and I am presently working on a Coasters Association project sponsored by Secrétariat à l'action communautaire autonome du Quebec entitled: Build & Strengthen the Volunteer Base. It will run from August 4th, to April 2nd, 2004. The project was developed to identify the needs of the regional and community organizations, promote awareness and establish a strong volunteer base for the communities on the coast.

Become involved! Be a part of building a better community today!

For more information on the project, please call me, Heidi Buckle, Project Coordinator, at 379-2156 or toll free at 1-877-447-2006.

3.2. Volunteer Awareness Bulletin

VOLUNTEER AWARENESS

HEIDI BUCKLE, COORDINATOR

NOVEMBER, 12TH, 2003

Volunteering is an essential part of community life. It is the primary way to bring people together. Through volunteering people can strengthen and improve the quality of life within their community.

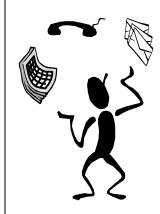
I am presently working on a Coasters Association project sponsored by Secrétariat à l'action communautaire (SACA) entitled: Build & Strengthen the Volunteer Base. It will run from August 4th, to April 2nd, 2004. The project was developed to identify the needs of organizations, promote awareness and establish a strong volunteer base for the communities on the coast. Once a volunteer base is firmly rooted, the benefits will be astounding for you and your community such as: Learn new Skills! Teamwork! Improve confidence/self-esteem! Community development!

So get involved! Be a part of building a better community today!

For more information on the project, please call Heidi Buckle, Coordinator, at 379-2156 or toll free at 1-877-447-2006.

THE HEART OF A VOLUNTEER

"THE HEART OF A VOLUNTEER IS NOT MEASURED IN SIZE, BUT BY THE DEPTH OF THE COMMITMENT TO MAKE A DIFFERENCE IN THE LIVES OF OTHERS." – DeAnn Hollis



The Voice of the

People

Volunteerism is the voice of the people put into action.

These actions
shape and mold the
present into a
future of which we
can all be proud.

PROGRAMME DE SENSIBILISATION VOLUNTAIRE

HEIDI BUCKLE, COORDONNATRICE

LE 21 NOVEMBRE, 2003

Le bénévolat est une partie essentielle de la vie d'une communauté. C'est une façon de regrouper les gens. En faisant du bénévolat les gens peuvent renforcer et améliorer la qualité de vie dans leur communauté.

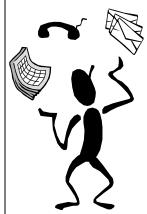
Je travaille présentement pour l'Association des Côtier sur un projet intitulé << construire et renforcer le bénévolat>>. Ce projet est subventionné par le Secrétariat à l'action communautaire autonome (SACA). Il a débuté le 04 août 2003 pour se terminer le 27 février 2004. Ce projet a été mis en place pour identifier les besoins des organismes, promouvoir et établir le bénévolat pour les communautés de la Côte. Lorsque le bénévolat sera bien implanté, vous et votre communautés pourrez profiter des nouvelles compétences acquises tel que le travail d'équipe, l'amélioration de la confiance en soi, le développement communautaire.

Alors, impliquez-vous! Faites partie de ceux qui bâtiront un avenir meilleur pour votre communauté!

Pour plus d'information concernant ce projet, veuillez appeler Heidi Buckle, Coordonnatrice au 379-2156 ou sans frais au 1-877-447-2006.

LE COEUR D'UNE PERSONNE BÉNÉVOLE

"le coeur d'une personne bénévole n'est pas mesuré en grandeur mais par la profondeur de son dévouement pour faire du bien dans la vie des autres." -DEANN HOLLIS



LA VOIX DES GENS

Le bénévolat est la voix des gens mis en action.

Ces actions forment et façonnent le présent dans le futur Nous pouvons en être fier.

3.3. National Child Day Competition

Each year National Child Day is held across Canada in celebration of our youth. On November 20th, schools, school partners, and community organizations from all regions honor children for their uniqueness, their potential, and their contributions to society.

This year, the Coasters Association, in collaboration with the Commission Scolaire du littoral, honored our young people by inviting them to participate in a competition held across the Lower North Shore. The eligibility requirement was from pre-kindergarten – grade 6.

This year's topic was chosen to recognize the important role children play within their community. Children were asked to reflect upon ways in which they contribute to community life. From their participation in community and charitable organizations (such as church groups, Scouts and Beavers), to their effort on community drives and initiatives (such as clean-ups, recycling, Coasters fundraising & membership drives, and volunteerism).

Four schools participated in the competition which were, St Lawrence School in Mutton Bay (4 students participated), Mecatina School in La Tabatière (4 students took part), St. Paul's School in St. Paul's River (21 students were involved), and Saint Therese School in Blanc Sablon (16 students cooperated). (See Annex 9 for complete list of participants)

The winning students from each school that best reflected the contribution to their community were awarded a T-shirt and gift certificate (**Jennifer Mansbridge** for St. Lawrence School, **Myckala Vatcher** for Mecatina School, **Amber Nicole Smith** for St. Paul's School, and **Zackery Letto** for St. Therese School), recognizing their participation in National Child Day 2003 in celebration of a community Fit for Children.

The remaining 41 participants received a Coasters Association souvenir and a thank you card for a tremendous expression of appreciation for their participation and involvement to building a better community!

Chapter IV

Broadening the Volunteer Base

SOLICITATION AND TRAINING

4.1. Recruitment Process

With the goals and objectives met pertaining to the needs identified of the regional and community organizations and the potential development of new groups, the mandates, services and orientation priorities of the regional organizations and a successful awareness campaign; the next step was the recruitment of the Community Volunteers (see Annex 12).

Through the mandate of the project, a recruitment strategy was put in place to select one person from each community (Kegaska to Blanc Sablon). The roles and responsibilities of the community volunteers were to receive training and be prepared to train others in his/her community, to become involved in community initiatives.

The concept of a volunteer recruitment letter (see Annex 10) and volunteer request form (see Annex 11) was developed with everyone in mind. It was prepared and posted in every mailbox on the Lower North Shore, to give the population equal opportunity to become the community volunteer in their respective communities.

With the immense amount of responses acquired from the recruitment letter, volunteer selection was necessary through phone interviews in order to establish devoted and committed community volunteers from each community. However in some cases, the responses were so great, it was impossible to choose merely one volunteer from a community.

With the established seventeen (17) community volunteers in place, a training session was developed and held in Blanc Sablon on February 18th, 2004. The session entitled "Train the Trainer in Volunteer Community Leadership" was instructed by professional facilitators, to provide the volunteers with techniques to assist them in their community initiatives. The session was a complete success and the information gathered from each and every participant was a tremendous asset to the project and the strengthening of the volunteer base on the Lower North Shore.

4.2. **Volunteer Training Session**

A volunteer training session to Build and Strengthen the Volunteer Base was held in the Municipality of Blanc Sablon on February 18th, 2004.

All participants introduced themselves and were paired up to discuss and describe their interests and what makes them unique to the other person. It was then listed and presented to the group.

Interests and Uniqueness:

Sociable/people Facilitator Creativity Organization focused Giver Inventive Determination Foolish Handiwork Gifted Forgiving Beliefs Adaptable Personality - Musical Passion Artistic Committed Learning Kindness

Communications
 Family oriented

REVIEW OF PROJECT

Build and Strengthen the Volunteer Base is a Coasters Association project sponsored by Secrétariat à l'action Communautaire autonome du Quebec (SACA). This was a thirty-six week program, to carry out a needs assessment study entailing various goals and objectives in order to build a volunteer base.

The overall purpose of this project was to identify the needs of the twenty-one (21) regional and one hundred and thirteen (113) community organizations on the coast. To provide the necessary training to a committed volunteer from each of the fifteen communities on the coast, in order for them to return to their respecting village and share this training with others; thus, developing a strong volunteer base. Also to build on-going partnerships in the communities of the Lower North Shore, by increasing community capacity building.

Following the volunteer training session, this report was produced, and it assisted in the development of the needs assessment study regarding the building and strengthening of the volunteer base on the Lower North Shore of Quebec.

VOLUNTEERING

What it means to you?

LendingTime

Work without pay

DedicationBelief

Fulfilling a need

Structure for a community

- Helping

Putting yourself out there

Belonging

Heart and soul

Self-sacrifice

Recognition

- A-"yes"-person

Self-worth

Part-time

Learn new skillsTo be part of a group

Hard work

Sustain an organization

Interest

Build self-esteem

Pleasure

Lead

Facilitate

Togetherness

Pessimistic

Volunteer overload

Share ideas

Why is it important?

Sense of community spirit

Self-confidence

Commitment

Open communications

Helps structure and facilitate individuals

Promote involvement

Show others

Community progress

Build an organization

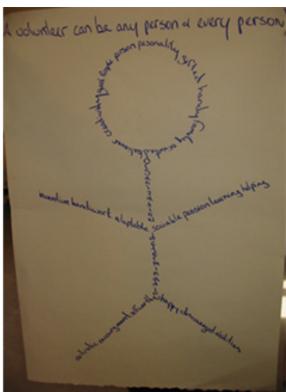
Build awareness and involvement

What does a volunteer look like?

The participants were divided into three groups of four to brainstorm and visualize what a volunteer would look like. They then drew their vision and explained the reasons why the symbol was chosen. The following are pictures taken of each group's illustrations.







INTRODUCTION TO CAPACITY BUILDING

The overall objective is to provide participants with an opportunity to explore C.C.B. Gain a better understanding of the information around C.C.B and to revive interest in community development.

Assessing individual building

Evaluate your skills / knowledge/ interest / experiences and strengths

Sociable Crafty Good under Open minded Stubborn pressure Accepts criticism Good listener Good Christian Organized Good worker beliefs Public speaker Determined Computer skills Team worker Hard worker Easy going Confident Out spoken Respect others Leader Positive thinker - Nonjudgmental Committed Equality Knowledge Independent People skills Giving / kind Dedicated Motivated Bilingual

BUILDING COMMUNITY CAPACITY

What capacity is in your community?

Take the time to consider the community capacity each municipality on the coast has to offer.

Church
 Government services (CLD, CSL,

- Associations etc...) - Historical sites – Arena

Elderly knowledge/skills
 Wood / lumber / mining
 Reserve / native associations
 Sports & organizational activities

Landscape
 Wildberries
 Plants / wildlife
 Eco-tourism potential
 Traditions
 Camp ground
 French emerging
 Golden age group
 Foster homes
 Fish plants

Very friendly people
 Support system
 Freedom
 Radio communications (outlet)
 Hydro dam
 Team leaders
 Clean air
 Youth centres

- Accommodations – 4 seasons for activities

- Hiking trail - Unique bond

Home care services
 Strong family values

- Airports – Newspaper

Communications as a prerequisite

Why is communication so important between communities / organizations?

To keep people informed
 To epople valued
 To move forward

Not to duplicate work
 To prepare and plan

Share ideas / suggestions / solutions — To understand objectives / goals

To let people know what needs to be — To be sustainable done — Focus on issues

To get to know the people involved
 To become more organized

- To be open-minded - To build a prosperous community

To make a difference
 To get your point across

To keep everyone on the same – To meet deadlines playing field – To promote awareness

To avoid problems (mixed – To be inclusive messages) – To be transparent

- To be understood — Take the time to talk to others - To be heard

Working together in partnerships

Why are partnerships so important?

The betterment of our community

Sharing of ideas (brainstorming)

To build a strong community

Better accomplishments

- Recognition

Learn from each other

No duplication

Shared resources

Comparing notes (pros & cons)

Shared responsibilities

Model success stories

To achieve the greater goodTo initiate and move forward

Meet deadlines

Channel for communications

To gain trust

Find a common ground

Unifying

To become more successful

Opportunities for Community Capacity Building

What are the missing opportunities needed to see sustainable development of Community Capacity Building?

Communication (between communities / organizations / and

individuals)

People

Infrastructures

- Jobs

- Promotion

Recognition

Education

Working togetherTransportation

Knowledge appreciation

Commitment

Difference of opinions

- A medium from the outside

VOLUNTEERING AND COMMUNITY

How ready is your community for volunteerism?

It was agreed by the group as a whole that the communities on the Lower North Shore are ready to see volunteerism develop; however, being not fully prepared / skilled in the area is the downfall because of the following:

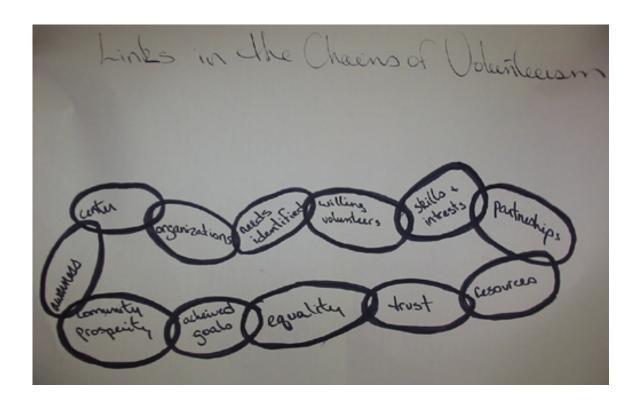
- Lack of guidance
- Resources but not the know-how
- Lack of acknowledgment of "benefits"
- When "NEED" is evident
- More information required and disbursed
- Promote more organized infrastructures
- More inclusion
- Too many "bosses"
- Lack of leadership

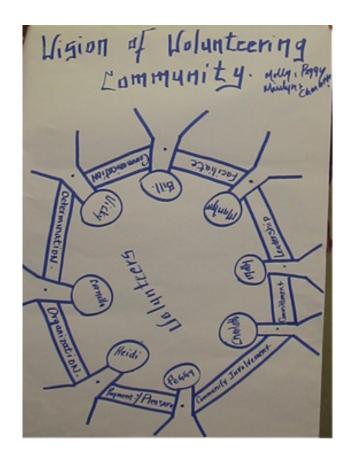
What needs to be done?

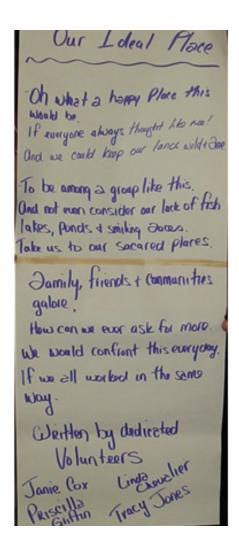
- Workshops on volunteerism
- Promotion through visual and the media
- Learning from others/groups/organizations
- Create an opportunity for volunteerism (projects)
- Find strong leaders
- Build leadership
- Organize the community
- Identify the needs in each community
- Organizations sharing their aims/objectives/needs
- Communicate with all members of the community
- Approach people
- More community feedback (after events)
- Better understanding of local resources
- Open to new ideas

What would an ideal "volunteer base" community really look like?

The participants gathered into groups of four and brainstormed what an ideal volunteer base could look like and then visualized through a picture or poem. The following are illustrations, poem, and comments which came out of the activity.







- A community that stands together
- Supportive
- Skillful planning
- More activities
- Better communications
- Pride / self-esteem
- Happy people / healthy
- Many volunteers
- More open
- A structured volunteer sector (with documented needs / a volunteer bureau)

What ways are there to get people volunteering?

- Promote a volunteering image
- Identify new approaches to involve people
- Develop clear procedures for such involvement
- Introduction to volunteerism
- Volunteer training

- Develop good management guidelines
- Build, create, and transform organizations with new attitudes and culture
- Provide adequate support and guidance

Who should do this?

- Each individual to host meeting(s) to identify others in the community (to encourage members in their communities.
- Each individual to meet local organizations.
- Find groups to assist in the community
- Identify individuals who might lead an approach
- Identify "opportunities" for volunteering
- Identify why people want to volunteer
- Ask people their ideas
- An organized "Volunteer Day" to enroll or promote awareness to others

What do individual participants need?

- Time
- Patience
- Support (technical / people)
- Organizational partnership
- New ideas
- Pictures (visuals to translate into a vision)
- Positive attitude

EVALUATION

What did the members like about the training session?

- Participation / interaction
- Group participation (teams)
- Hearing of different opinions
- Comfortable surroundings (nice people)
- Fun activities
- Learning from others
- Sharing of ideas
- Understanding means of communications
- Feeling of empowerment
- People's eagerness

What dislikes was taken from the seminar?

- Repetition (in exercises and responses)
- Too much writing
- Not being told what "to do" (a sense of direction)
- Not enough men
- Interruptions

It was decided that in order to better a training session such as this, the improvement of a practical standpoint and specific guidelines / roles & responsibilities toward the participants would benefit the outlook of the subject at hand.

COMMUNITY VOLUNTEER FOLLOWUP

Recommendations / initiatives were suggested in order to preserve the community volunteers and to carry on with the project.

- Job creation (funding to facilitate the community volunteers on the coast, one per municipality)
- Constant communication with the community volunteers to determine their community initiatives
- Municipal volunteers working together (the formation of a "mini-committee")
- Steady contact of the community volunteers with the coordinator to compile data / additional volunteers in their communities
- Continuous promotions of volunteerism through the media, bulletins, posters, etc...
- A volunteer center (a structured organization to provide and gather information of all the volunteers on the coast).



Attending Participants

Name	Title	Representing
Bill Pardy (Instructor)	Provincial Economic	HRD Community Table
	Development Officer	-
Vicki Driscoll	Director	CEDEC
(Instructor)		
Cornella Maurice	Executive Director	Coasters Association Inc.
Heidi Buckle	Project Coordinator	Coasters Association Inc.
Tracy Jones	Assistant to Director	CEDEC
Priscilla Griffin	Newspaper Coordinator	Coastal Publications Inc.
Charlottee Rowsell	Community Volunteer	Chevery
Janie Cox	Community Volunteer	Alymer Sound
Molly Driscoll	Community Volunteer	Tête à la Baleine
Marilyn Collier	Community Volunteer	La Tabatière
Peggy Martin D'Ippolito	Community Volunteer	St. Augustine
Joy Wellman	Community Volunteer	Old Fort Bay
Faye Bilodeau	Community Volunteer	St. Paul's River
Diana Blanche	Community Volunteer	Middle Bay
Linda Chevalier	Community Volunteer	Blanc Sablon

Total = **15**

CONCLUSION

CONCLUSION

My experience as coordinator for this project has been quite educational. This program allowed me to become acquainted with the organizations and gain admirable friendships along the coast. Through partnerships with the Coasters Association and various organizations on and off the coast, the project has successfully succeeded its work plan, and accomplished all of its objectives.

With the tremendous success rate of data collected from the needs assessment study and the number of committed volunteers from all walks of life, this report would become an immense asset to the on-going building and strengthening of the volunteer base on the Lower North Shore.

The resource people have played key roles in this project with their volunteered opinions and contributions to the direction of the work plan and as facilitators to the workshops and training session. Their combined work efforts and determination to the project benefited the coordinator and community volunteers immensely.

I have come to understand that volunteerism is both a source and a counterpart of social and economic development. It is part of a web that binds societies together. It is important to strategize the promotion and maintenance of voluntary action. The development of initiatives to continuously sustain and involve the community volunteers is crucial for the stability of the volunteer base on the Lower North Shore.

RECOMMENDATIONS

RECOMMENDATIONS

The following are recommendations that stemmed from workshops, surveys, questionnaires, training session, working group, resource people, and partners:

- A full time coordinator hired to work with the volunteers;
- A communication plan, developed by a coordinator, with the community volunteers
 to determine their community initiatives, gather information, to keep them abreast of
 all events and extend them an invitation to events and functions and to provide ongoing support;
- Municipal volunteers working together (the formation of "mini-committees");
- Job creation (funding to facilitate the community volunteers on the coast);
- A volunteer center (a structured organization to support the volunteers on the coast);
- The volunteers to host community meeting(s), to encourage volunteerism in their communities;
- A coordinated "Volunteer Day" to enroll or promote awareness to others and show appreciation to current volunteers;
- Encourage youth to sustain the organizations on the coast, through workshops and sessions;
- The continuation of an awareness campaign to promote volunteerism on the Lower North Shore through radio promos, flyers, posters, etc;
- A 2nd and final phase project to develop solutions to the needs identified of the regional and community organizations on the coast, and to promote the necessary support to the volunteers in their initial planning strategies;
- Develop an action/implementation plan to continue the work started.

ANNEXES

ANNEX 1

SCHEDULE OF ACTIVITIES

Months	Tasks
August, 2003	⇒ Set up office
_	⇒ Familiarize with office and project
	⇒ Meet with Executive Director
	⇒ Research in-office reports, briefs, etc
	⇒ Analyze and compile the information
	⇒ Produce a list of the regional organizations on the coast and verify information regarding the mandate, services, and orientation priorities of each organization
	⇒ Produce a list of community groups on the coast
	⇒ Forward the material to the regional organizations to verify what information is missing
	⇒ Forward list of community organizations to community contacts for updates
	⇒ Forward letters to organizations in regards to the formation of a working group
	⇒ Obtain and compile the responses of the mandates, services, and orientation priorities of the regional organizations
	⇒ Prepare information package of activities carried out thus far for the meeting
	 ⇒ Meeting with Bill Pardy, Vicki Driscoll, and Cornella Maurice
	⇒ Produce minutes of meeting with Billy Pardy, Vicki Driscoll and Cornella Maurice
September, 2003	⇒ Call remaining representatives of the regional organizations to request their updates of the mandates, services and orientation priorities
	⇒ Develop needs assessment questionnaire to be faxed to the regional and community organizations
	⇒ Correct and update regional organizations compiled thus far
	⇒ Finalize the members of the working group
	⇒ Fax minutes to Vicki Driscoll and Bill Pardy for their
	input. Once compiled, forward to the working group
	⇒ Questionnaire faxed to Bill and Vicki for their input/suggestions
	Develop a progress report of activities carried out thus
	far
	⇒ Call remaining community contacts to request their

	1 . 0.1
	updates of the community organizations to finalize the
	list
	⇒ Compile, analyze and update community groups
	⇒ Prepare list of coordinates of the working group members
	⇒ Draft needs assessment survey for the potential
	development of new 'traditional' groups
	⇒ Attend visionary session regarding community development projects of the Coaster's Association
	⇒ Attend a workshop conducted by a QLF representative
	regarding the Traditional Skills Network (TSN)
	⇒ Meet with the Executive Director and Johanne
	Beaudoin, CSBCN to discuss the activities carried out thus far, and ideas in which to direct the project
	⇒ Prepare a letter to be issued along with the
	questionnaire for the regional and community
	organizations
	⇒ Send questionnaire to each regional and community organization
October, 2003	⇒ Verify the mandates, services and orientation priorities
,	of the two new additions to the regional organizations
	⇒ Email outline of the SACA project, schedule of
	activities, progress report and list of files complete thus
	far to Kevin Saville of Sussex Circle, to assist with the
	organization plan of development
	⇒ A meeting is scheduled in St. Augustine with CEDEC,
	the Coasters Association and C.S.B.C.N. to finalize the
	direction of various projects
	⇒ Send the remaining questionnaires to the new governing board presidents
	⇒ Fax surveys to the five municipalities and twelve schools on the Lower North Shore
	⇒ Finalize mandates, services, and orientation priorities
	of the remaining regional organizations
	⇒ Conduct telephone calls to the remaining regional organizations to complete the needs assessment
	questionnaire
	⇒ Conduct telephone call to various community
	organizations to complete needs assessment
	questionnaire
	⇒ Develop the roles and responsibilities of the working
	group
	⇒ Update progress report
	⇒ Develop an information sheet promoting the project
	⇒ Prepare list of coordinates of the newly formed
	working group

	⇒ Meet with Cornella to evaluate documents/files carried
	out since last planner's committee meeting and list the remaining activities to be completed until the next meeting
November, 2003	⇒ Produce a volunteer strategy plan presentation to
November, 2003	present to the municipal work sessions carried out in
	November and December
	Research in-office documents and surf the web for
	volunteer related issues
	⇒ Collect all in-office documents for the meeting with
	Vicki in Lourdes de Blanc Sablon pertaining to
	volunteer management and the awareness campaign
	⇒ Prepare list of invites for the municipal work session in
	Bonne Esperance and Blanc Sablon
	⇒ Meet with Cornella Maurice to review list of invites
	and layout of the volunteer strategy plan to present at
	the video conference
	Attend a video conference with the planning committee
	to prepare for municipal work sessions
	Develop a public notice bulletin promoting volunteerism
	⇒ Call Susie Green, Board member, to ask for French translations of the needs assessment questionnaire,
	letter, and awareness bulletin
	⇒ Send out 1666 bulletins to the 13 coastal communities
	⇒ Develop a radio promotion on "Volunteer Awareness"
	and information regarding the SACA project
	⇒ Call former working group members (7) to inform them
	of the change in the amount of members (downsized
	11to 5)
	⇒ Voice record the radio promotion and send each radio
	station a taped copy to have the message broadcast on
	air
	⇒ Compose the Community Volunteer Recruitment letter
	and volunteer request form
	⇒ Meet with the Finance Officer to go over the project
	budget on where the project stands for the funds to
	promote the Awareness Campaign
	⇒ Send out the French questionnaires and awareness
	bulletin to the two French communities
December, 2003	⇒ Prepare and send out 1666 recruitment letters and
	volunteer request form to the respecting communities in
	hopes to find a volunteer from each of the fifteen
	communities
	Develop a chart of each child who participated in the
	National Child Day Competition and decide the

	winners along with the Executive Director and Melissa
	Roberts, Coordinator of Life Choices
	⇒ Call Susie Green to request the French translations of
	the volunteer recruitment letter and volunteer request
	form
	□ Update progress report
	⇒ Prepare and send out 362 French recruitment letter and
	request forms to their respecting French speaking
	communities
	⇒ Inform the participating schools of the winners of the
	National Child Day Competition
	⇒ Gather all the identified needs from the questionnaires
	and surveys
January, 2004	⇒ Compile and chart the needs identified from the
January, 2004	regional and community organizations
	⇒ Draft a list of the community volunteer
	Announce the results of the National Child Day
	Competition to the radio stations and Board of
	Directors
	⇒ Contact present community volunteer to familiarize the
	members with the project and upcoming training
	session
	⇒ Prepare thank you notes, T-shirts, and souvenirs for the
	winners and participants of the National Child Day
	Competition
	⇒ Met with Vicki Driscoll to go over the change of travel
	plans pertaining to the municipal work sessions, update
	of activities and suggested date of the training session
	⇒ Meet with Billy Pardy and the Executive Director to
	finalize and confirm date for the volunteer training
	session
	⇒ Produce a list of coordinates of the finalized list of the
	community volunteers
	⇒ Contact the volunteers to inform them of the date of
	training session, confirm their availability to travel and
	their accommodations, etc
February, 2004	⇒ Meet with the Finance Officer and Executive Director
1 201441 3, 2001	to go over the budget for the training session
	⇒ Compile and chart the results of the survey study
	⇒ Produce an Agenda for the training session and emailed
	to Bill and Vicki for their input
	1
	⇒ Arrange accommodations for the volunteers Call siglings to purchase sigfers for the volunteers
	⇒ Call airlines to purchase airfare for the volunteers
	⇒ Call Municipal of Blanc Sablon to book the municipal
	hall
	⇒ Locate a business in Blanc Sablon to cater the training

	7
	session
	⇒ Produce a 'mini report' of the project to be distributed
	to the volunteers at the training session
	⇒ Prepare and create posters, logos and banners for the
	session
	⇒ Attend the training session
	⇒ Collect all invoices and receipts accumulated from the session and calculate the cost spent and remaining balance
	⇒ Meet with the Finance Officer and Executive Director
	to go over budget and the possible extension of project
	⇒ Compose thank you letters for the volunteers for their valued time and commitment to the training session and
	project
	⇒ Write a letter of thanks to Bill Pardy and Vicki Driscoll
	for instructing the training session and constant
	assistance to the project
	Announce the community volunteers on the radio (via
	faxnote) and publicize the success of the volunteer
	training session
March, 2004	⇒ Type notes of training session
	⇒ Draft a Foreword for the final report
	⇒ Draft the Acknowledgments to be added into the
	project's report
	⇒ Prepare and send packages to the community
	volunteers (the training session notes and a 'toolkit' on
	volunteerism)
	⇒ Draft the Conclusion pertaining to final report
	⇒ Write project recommendations
	⇒ Produce an overview of project
	⇒ Draft the final report consisting of all the information compiled
April, 2004	⇒ Attend the 10 th Annual AGM and Crime Prevention
	Consultation in St. Augustine
	⇔ Give report to the Cornella Maurice (Executive)
	Director), Vicki Driscoll, and Bill Pardy for their input
II	⇒ Finalize the report
	*
	⇒ Produce a distribution list and disburse the report
	*

ANNEX 2

WORKING GROUP

CEDEC

Contact: Vicki Driscoll, Director Lourdes de Blanc Sablon QC, G0G

1W0Tel: (418) 461-2652 Fax: (418) 461-2544

Email: cedes@globetrotter.net

C.S.B.C.N

Contact: Johanne Beaudoin

Loudres de Blanc Sablon QC, G0G 1W0

Tel: (418) 461-2144 Ext. 414 Fax: (418) 461-2731/2830

Email: johanne beaudoin@ssss.gouv.qc.ca

HRD Community Table

(Resource/Consultant)
Contact: Bill Pardy, PEDO

Montreal, QC

Tel: 1-888-641-9912 Fax: (540) 264-4504

E-mail: 100751.2011@compuserve.com

Coasters Association Inc.

Contact: Cornella Maurice, Exe. Dir. St. Paul's River QC, G0G 2P0 Tel: (418) 379-2006/2356

Fax: (418) 379-2621

Email: coasters@globetrotter.net

Coasters Association Inc.

Contact: Heidi Buckle, Coordinator St. Paul's River QC, G0G 2P0

Tel: (418) 379-2156 Fax: (418) 379-2621

Email: volunteer@globetrotter.net

ANNEX 3

LIST OF REGIONAL ORGANIZATIONS

Agriculture Pêcheries et Alimentation CANAL Carrefour Jeunesse Emploi de Duplessis Centre de Santé de la Basse Côte-Nord Centre de Recherche les Buissons Centre Local de Dèveloppement de la Basse Côte-Nord Chamber of Commerce Coaster's Association Inc. Coastal Publications Inc. Commission Scolaire du Littoral Community Economic Development & Employability Committee (CEDEC) Council of Mayors L'Office des Baies Sauvages de la Basse Côte-Nord Lower North Shore Fisherman's Association Pêcheries Poly Valents Quebec Labrador Foundation Tourism Development Corporation Inc. **Transport Coalition** User's Committee Youth Coalition Inc. Zip Côte-Nord

Total = 21

COMMUNITY ORGANIZATIONS

KEGASKA

MUNICIPAL COMMITTEE

Contact: Jimmy Butt Tel: (418) 726 - 3383

FIRE COMMITTEE

Contact: Kenneth Strickland

Tel: (418) 726 - 3663

A.C.W. KEGASKA

Contact: Helen Butt Tel: (418) 726 - 3663

SPORTS & LEISURE COMMITTEE

Contact: Phillip Osbourne Tel: (418) 726 - 3691

FISHERMAN'S COMMITTEE

Contact: Curtis Stubbard Tel: (418) 726 - 3784

GOVERNING BOARD

Contact: Heather Rogers Tel: (418) 726 - 3373

HARBOUR AUTHORITY COMMITTEE

Contact: John Evans Tel: (418) 461 - 3523

LA ROMAINE

SENIOR'S CLUB

Contact: Gélina Guillemette Tel: (418) 229 – 2951

SPORTS AND LEISURE COMM

Contact: Annie Guillemette Tel: (418) 229 - 2367

GOVERNING BOARD

Contact: Carolyn Hounsell Tel: (418) 229 - 2160

FISHERMAN'S COMMITTEE

Contact: Rejean Guilemette Tel: (418) 229 - 2452

CHURCH GROUP

Contact: Ginette Guillemette Tel: (418) 229 - 2934

HISTORICAL SOCIETY

Contact: Caroline Hounsell Tel: (418) 229 - 2160

RADIO MONTAGNAISE

Contact: Claudette Marten Tel: (418) 229 - 2075

CHEVERY

MUNICIPALITÉ DE LA CÔTE NORD DU GOLFE ST. LAURENT

Administrator: Richmond Monger

Tel: (418) 787 - 2244 Fax: (418) 787 - 2241

MUNICIPAL COMMITTEE

Contact: Alexandre Dumas Tel: (418) 787 - 2014

Or Contact: Belinda Rowsell

Tel: (418) 787 - 2292

FIRST RESPONDERS

Contact: Peter Waye Tel: (418) 787 - 2208

SPORTS & LEISURE COMMITTEE

Contact: Dean Strickland Tel: (418) 242 - 2061

FISHERMAN'S COMMITTEE

Contact: Willi-Dan Ransom Tel: (418) 787 - 2316

TOURISM COMMITTEE

Contact: Alexandre Dumas Tel: (418) 787 - 2041

GOVERNING BOARD

Contact: Darelene Rowsell Roberts

Tel: (418) 787 - 2387 Fax: (418) 787 - 2388

WOMEN'S GROUP

Contact: Marguerite Cox Tel: (418) 787 - 2106

GOLDEN AGE CLUB

Contact: Myrna Chislett Tel: (418) 787 - 2246

FISHERMAN'S COMMITTE

Contact: Loren Roberts Tel: (418) 787 - 2252

FIRE COMMITTEE

Contact: Alexandre Dumas Tel: (418) 787 - 2041

JUNIOR RANGERS

Contact: Ernie Waye Tel: (418) 787 - 2239

HARBOUR AUTHORITY COMM.

Contact: Darlene Rowsell-Roberts

Tel: (418) 787 - 2387

HARRINGTON HARBOUR

MUNICIPAL COMMITTEE

Contact: Paul Rowsell Tel: (418) 795 - 3343 **GOVERNING BOARD**

Contact: Ada Ransom Tel: (418) 795 - 3340

FISHERMAN'S COMMITTEE

Contact: Glen Ransom Tel: (418) 795 - 3342

CFTH RADIO

Contact: Lana Shattler Tel: (418) 795 - 3344 Fax: (418) 795 - 3200

FIRE COMMITTEE

Contact: Mark Rowsell Tel: (418) 795 - 3238

USER'S COMMITTEE (seniors club)

President: Sally Roberts Tel: (418) 795 - 3353

A.C.W. HARRINGTON

Contact: Cynthia Jones Tel: (418) 795 - 3343 Fax: (418) 795 - 3102

SPORTS & LEISURE COMMITTEE

Contact: Chantal Monger Tel: (418) 795 - 3339

PLANT WORKER'S COMMITTEE

Contact: Maurice Nadeau Tel: (418) 795 - 3389

TÊTE À LA BALEINE

MUNICIPAL COMMITTEE

Contact: Martin Marcoux Tel: (418) 242 - 2115 or 2104

Fax: (418) 242 - 2152

Email: mecama@globetrotter.net

SPORTS & LEISURE COMMITTEE

Contact: Marius Marcoux & Johney Jones

Tel: (418) 242 - 2945 or 2103

ASSOCIATIO DU DEVELOPMENT TOURISTIQUE

Contact: Nicole Monger Tel: (418) 242 - 2104 Fax: (418) 242 - 2152

Email: mecama@globetrotter.net

HISTORICAL SOCIETY

Contact: Dan Mauger Tel: (418) 787 - 2217/2244

Fax: (418) 787 - 2241

CONSEIL D'ÉTABLISSEMENT

Contact: Frédéric Monger Tel: (418) 242 - 2035 Fax: (418) 242 - 2020

LES COUSINES D'ADÉLINE

Contact: Vendella Anderson-Monger

Tel: (418) 242 - 2008 Fax: (418) 242 - 2020

RADIO STATION COMMITTEE

Contact: Mireille Monger & Erika Anderson
Tel: (418) 242 - 2974/2018 or 2006

FISHERMAN'S COMMITTEE

Contact: Gaetan Monger Tel: (418) 242 - 2156 - 2119 Fax: (418) 242 - 2156

MUTTON BAY

A.C.W. MUTTON BAY

Contact: Betty Green Tel: (418) 773 – 2363

LA TABATIÈRE

MUNICIPALITÉ DE GROS MECATINA

Mayor: Brian Evans Tel: (418) 773 - 2263 Fax: (418) 773 - 2696

GOVERNING BOARD

Contact: Karen Buffitt Tel: (418) 773 - 2529

JUNIOR RANGERS

Contact: Carrie Robertson Tel: (418) 773 - 2616

CFTH RADIO (relay station)

Contact: Carolyn Vatcher Tel: (418) 773 - 2501 Fax: (418) 773 - 2527

SENIOR CITIZEN'S CLUB

Contact: Bernice Gallichon Tel: (418) 773 - 2342

SPORTS & LEISURE COMMITTEE

Contact: Mark McKinnon Tel: (418) 773 - 2605

ST. AUGUSTINE

MUNICIPALITÈ DE SAINT AUGUSTIN

Mayor: Camil Fequet Tel: (418) 947 - 2404 Fax: (418) 947 - 2533

Email: lucille-Batman@hotmail.com

CJAS RADIO

Contact: Laurette Gallibois Tel: (418) 947 - 2239 Fax: (418) 947 - 2664 On Air: (418) 947 - 2790 Email: SAJCR@globetrotter.net

HISTORICAL SOCIETY

Contact: Juillette Lavallee Tel: (418) 947 - 2256

GOVERNING BOARD

Contact: Laurette Gallibois Tel: (418) 947 - 2398

RADIO STATION COMMITTEE

Contact: Gordie Maurice Tel: (418) 947 - 2453 Fax: (418) 947 - 2664

Email: SAJCR@globetrotter.net

JUNIOR RANGERS

Contact: Greta Gallibois Tel: (418) 947 - 2379

FIRE COMMITTEE

Contact: Hazen Martin Tel: (418) 947 - 2449

A.C.W. ST. AUGUSTINE

Contact: Alice Lessard Tel: (418) 947 - 2217

ST. AUGUSTINE YOUTH GROUP

Contact: Leatrice Beaudoin Tel: (418) 947 - 2384

SPORTS & LEISURE COMMITTEE

Contact: Maria Shattler Tel: (418) 947 - 2143

FIRST RESPONDERS

Contact: Elva Driscoll Tel: (418) 947 - 2403

OLD FORT BAY

MUNICIPAL COMMITTEE

Contact: Marvin Buckle Tel: (418) 379 - 2174

A.C.W. OLD FORT

Contact: Leatrice Woodland Tel: (418) 379 - 2016

HISTORICAL SOCIETY

Contact: Dwight Bilodeau Tel: (418) 379 - 2650 Fax: (418) 379 - 2329

FISHERMAN'S COMMITTEE

Contact: Marvin Buckle Tel: (418) 379 - 2174

GOVERNING BOARD

Contact: Annie May Anderson

Tel: (418) 379 - 2958

JUNIOR RANGERS

Contact: Russell Fequet Tel: (418) 379 - 2204

HARBOUR AUTHORITY COMMITTEE

Contact: Andrew Fequet Tel: (418) 379 - 2280

SPORTS & LEISURE COMMITTEE

Contact: Monique Fequet Tel: (418) 379 - 2280

ST. PAUL'S RIVER

MUNICIPALITE DE BONNE ESPERANCE

Lionel Roberts, Mayor Tel: (418) 379 - 2911 Fax: (418) 379 - 2959

Email: municipality8588@yahoo.com

FISHERMAN'S COMMITTEE

Contact: Pierce Nadeau Tel: (418) 379 - 2053

PLANT WORKER'S UNION

Contact: Sharon Roberts Tel: (418) 379 - 2044

GOVERNING BOARD

Contact: Kimberly Buffitt Tel: (418) 379 - 2901 Fax: (418) 379 - 2101

FIRE COMMITTEE

Contact: Tony Thomas Tel: (418) 379 - 2130

CDEC (Corporation Developpement Economic & communautaire)

Contact: Shannon Keats Tel: (418) 379 - 2324

MUSEUM

Contact: Marilyn Thomas Tel: (418) 379 - 2083 Fax: (418) 379 - 2277

VETERAN'S COMMITTEE

Contact: Wayne Spingle Tel: (418) 379 - 2982

CATHOLIC PARISH GROUP

Contact: Leona Griffin Tel: (418) 379 - 2072 Fax: (418) 379 - 2312

YOUTH GROUP

Contact: Lorraine Griffin Tel: (418) 379 - 2304 Fax: (418) 379 - 2312

THE ZONE YOUTH CENTER

Contact: Paulette Willcott, President

Tel: (418) 379 – 2930

A.C.W. ST. PAUL'S

Contact: Marjorie Goddard Tel: (418) 379 - 2996

MIDDLE BAY

SACRED HEART CHURCH

Contact: Ronald Lavallee Tel: (418) 461 – 2424

SPORTS & LEISURE COMMITTEE

Contact: Donna Blanche Tel: (418) 461 - 2401

Email: donnablanche@hotmail.com

FISHERMAN'S COMMITTEE

Contact: Hollis Lavallee Tel: (418) 461 – 2257

BRADOR

A.C.W. BRADOR BAY

Contact: Helen Etheridge Tel: (418) 467 - 2001

FISHERMAN'S COMMITTEE

Contact: Wesley Etheridge Tel: (418) 461 - 2672

LOURDES DE BLANC SABLON

MUNICIPALITÉ DE BLANC SABLON

Mayor: Alexandre Dumas Tel: (418) 461 - 2705 Fax: (418) 461 - 2529

COORPORATION DES SERVICES PRIHOSPITALIERS

Contact: Johanne V Beaudoin

Tel: (418) 461 - 2144

CENTRE DE LA PETITE ENFANCE MER ET MOUSSE

Contact: Katia Tardif Tel: (418) 461 - 2525

CENTRE JEUNESSE

Contact: Steve Huntington Tel: (418) 461 - 2109 Fax: (418) 461 - 2073

ADO-CITÉE (youth group) Contact: Joanne L Jones Tel: (418) 461 - 2109

LA SABLONIERE(day care service)

Contact: Sylvie Letemplier or Melanie Lavallee
Tel: (418) 461 – 2274

CHURCH COMMITTEE

Contact: Anita Jones Tel: (418) 461 - 2641

GOVERNING BOARD

Contact: Yves Leveque Tel: (418) 461 - 2018

SPORTS & LEISURE COMMITTEE

President: Robert Bertani Tel: (418) 461 - 2143

HISTORICAL SOCIETY

Contact: Antonio Cormier Tel: (418) 461 - 2554

MUSEUM

Contact: Father Alfred Proulx

Tel: (418) 461 - 2000

JUNIOR RANGERS

Contact: Darlene Jones Tel: (418) 461 - 2778

HARBOUR AUTHORITY COMM.

Contact: Norman Letemplier Tel: (418) 461 - 2179

CFBS RADIO

Contact: Michelle Walsh Tel: (418) 461 - 2767 Fax: (418) 461 - 2425 On Air: (418) 461 - 2729

FISHERMAN'S COMMITTEE

Contact: Jean-Richard Joneas

Tel: (418) 461 - 2432

TOURISM COMMITTEE(inactive)

Contact: Rejean Dumas Tel: (418) 461 - 2006

FIRE COMMITTEE

Contact: Alphonse Beadoin Tel: (418) 461 - 2526 Fax: (418) 461 - 2529

HOCKEY FUN LEAGUE

Contact: Gino Beaudoin Tel: (418) 461 - 2594

DEVELOPMENT COORPORATION

Contact: Armand Joneas Tel: (418) 461 - 2405

KIDS SPORTS LEAGUE

Contact: Harvey Burke Tel: (418) 461 - 2367

BLANC SABLON

FISHERMEN'S COOP

Contact: Danny Dumaresque Tel: (418) 461 - 2287

SENIOR'S GROUP

Contact: Stanley Letemplier Tel: (418) 461 - 2877

CHURCH COMMITTEE

Contact: Norman Letemplier

Tel: (418) 461 - 2179 Fax: (418) 461 - 2179

Email: storminnorman@globetrotter.net

GOVERNING BOARD

Contact: Linda Chevalier Tel: (418) 461 - 2807

JUNIOR RANGER PATROL

Contact: Barbara Bolger Tel: (418) 461 - 2329

HARBOUR AUTHORITY **COMMITTEE**

Contact: Riley Lavallee, President Tel: (418) 461 – 2364

Potential Organization to Build a Volunteer Base

NEEDS ASSESSMENT STUDY QUESTIONNAIRE

Name:	
Regional/Community Organization:	
Community:	
Please identify the needs of your organization (if any) in the following areas:	
1. Communications	
2. Equipment	
3. Funding	
4. Fundraising Activities	
5. Meeting Space	

6.	Membership
7.	Personnel
8.	Training
9.	Travel
10	. Volunteers
11	. Other:

Thank You!

Organisation potentielle pour construire une base de bénévoles

ÉTUDE D'ÉVALUATION DES BESOINS QUESTIONNAIRE

Nom:
Communauté :
Organisme communautaire :
Veuillez identifier les besoins de votre organisme (si vous en avez) dans les domaines suivants :
1. Communications
2. Equipments
3. Fonds disponibles
4. Levée de fonds
5. Salle de réunions

6.	Adhésion
7.	Combien de personnel
	Employé (s) Bénévole (s)
8.	Formation
9.	Voyage
10.	Bénévoles
11.	Autre

Merci!

Build & Strengthen the Volunteer Base

NEEDS ASSESSMENT STUDY SURVEY

Name:
Institution / Municipality:
What sort of organizations/groups would your school(s) like to see developed? Such as:
1. Do you have a Scouts Canada group established?
☐ Yes ☐ No
If yes, please give coordinates (i.e.: name address, and number)
If no, would you want a group established?
□ Yes □ No
2. Do you have a Beavers group established?
□ Yes □ No
If yes, please give coordinates
If no, would you want a group established?
☐ Yes

3. Do you have a Bro	ownie group established? Yes No
If yes, please give coo	ordinates
If no, would you want	a group established?
	□ Yes □ No
4. Do you have a Gir	del Guides group established?
	□ Yes □ No
If yes, please give coo	ordinates
If no, would you want	a group established?
	□ Yes □ No
5. Do you have a cor	mputer group established?
	□ Yes □ No
If yes, please give coo	ordinates

If no, would you want a group established?			
☐ Yes ☐ No			
6. Do you have a music group (i.e.: choir, dancing, music lessons, guitar lessons, etc) established?			
☐ Yes ☐ No			
If yes, please give coordinates			
If no, would you want a group established?			
□ Yes □ No			
7. Do you have any traditional groups (i.e.: crafts, theatre, knitting, sewing, etc) established?			
□ Yes □ No			
If yes, what group(s)? Please give coordinates			
If not, what group(s) would you like to see established?			

Thank You!

Construire et renforcer la base du bénévolat

ÉTUDE DES BESOINS SONDAGE

NOM:
ÉCOLE :
Quelle sorte d'organisation ou groupes souhaiteriez-vous mettre en place dans votre école? Tel que:
1. Avez-vous un groupe de Scouts?
□ Oui □ Non
Si oui, s'il vous plait donner de l'information(nom, adresse, numéro de téléphone responsable du groupe, etc)
Si non, aimeriez-vous en avoir un ?
□ Oui □ Non
2. Avez-vous un groupe de "Beavers" (Castors)?
□ Oui □ Non
Si oui, s'il vous plaît donner de l'information (nom, adresse, numéro de téléphone de la personne responsable du groupe, etc)

Si non, aimeriez-vous en avoir un?
□ Oui □ Non
3. Avez-vous un groupe de "Brownie"?
□ Oui □ Non
Si oui, s'il vous plaît donner de l'information (nom, adresse, numéro de téléphone de l personne responsable du groupe, etc)
Si non, aimeriez-vous en avoir un?
□ Oui □ Non
4. Avez-vous un groupe de Filles Guides?
□ Oui □ Non
Si oui, s'il vous plaît donner de l'information (nom, adresse, numéro de téléphone de la personne responsable du groupe, etc)
Si non, aimeriez-vous en avoir un?
□ Oui □ Non
5. Avez-vous un groupe d'utilisateur d'ordinateur ?
□ Oui □ Non

Si oui, s'il vous plaît donner l'information (nom, adresse, numéro de téléphone de la personne responsable, etc)		
Si non, aimeriez-vous en avoir un ?		
□ Oui □ Non		
6. Avez-vous un groupe musical (chorale, danse, leçons de musique, leçons de guitare, etc) □ Oui □ Non		
Si oui, s'il vous plaît donner de l'information (nom, adresse, numéro de téléphone de l personne responsable, etc)		
Si non, aimeriez-vous avoir ?		
7. Avez-vous des groupes traditionnels (arts, théâtre, tricot, couture, etc)		
□ Oui □ Non		
Si oui, quels groupes ? S'il vous plaît donner de l'information (nom, adresse, numéro d téléphone de la personne responsable, etc)		

Si non, quels groupes aimeriez-vous avoir ?			

Merci!

SURVEY PARTICIPANTS

INSTITUTIONS:

MAINLAND ELEMENTARY SCHOOL

Principal: Philip Robertson

Kegaska

Tel: (418) 726 - 3283 Fax: (418) 726 - 3623

MARIE SARAH SCHOOL

Principal: Florent Pegé

La Romaine

Tel: (418) 229 - 2333 Fax: (418) 229 - 2449

NATAGAMIOU SCHOOL

Principal: Philip Robertson

Chevery

Tel: (418) 787 - 2201 Fax: (418) 787 - 2347

HARRINGTON HARBOUR SCHOOL

Principal: Philip Robertson Harrington Harbour Tel: (418) 795 - 3391

Fax: (418) 795 - 3366

GABRIEL DIONNE SCHOOL

Principal: Gilles Monger Tête à la Baleine Tel: (418) 242 - 2050 Fax: (418) 242 - 2020

ST. LAWRENCE SCHOOL

Principal: Debra Foltin

Mutton Bay

Tel: (418) 773 - 2228 Fax: (418) 773 - 2601

MUNICIPALITIES:

MUNICIPALITÉ DE LA CÔTE-NORD DU GOLFE ST. LAURENT

Administrator: Richmond Monger

Chevery

Tel: (418) 787 - 2244 Fax: (418) 787 - 2241

MECATINA SCHOOL

Principal: Debra Foltin

La Tabatière

Tel: (418) 773 - 2500 Fax: (418) 773 - 2255

ST. AUGUSTINE SCHOOL

Principal: Dietrick Kandler

St. Augustine

Tel: (418) 947 - 2312 Fax: (418) 947 - 2389

MOUNTAIN RIDGE SCHOOL

Principal: Eileen Schofield

Old Fort Bay

Tel: (418) 379 - 2297 Fax: (418) 379 - 2049

ST. PAUL'S SCHOOL

Principal: Eileen Schofield

St. Paul's River Tel: (418) 379 - 2107 Fax: (418) 379 - 2101

MGR SCHEFFER SCHOOL

Principal: Martine Joncas Lourdes de Blanc Sablon Tel: (418) 461 - 2030 Fax: (418) 461 - 2821

SAINT THERESA SCHOOL

Principal: Vincent Joncas

Blanc Sablon

Tel: (418) 461 - 2810 Fax: (418) 461 - 2601

MUNICIPALITÉ DE SAINT AUGUSTIN

Mayor: Camil Fequet

St. Augustine

Tel: (418) 947 - 2402 Fax: (418) 947 - 2533

MUNICIPALITÉ DE GROS MECATINA

Mayor: Brian Evans La Tabatière

Tel: (418) 773 - 2263 Fax: (418) 773 - 2696

MUNICIPALITÉ DE BONNE ESPERANCE

Mayor: Lionel Roberts St. Paul's River Tel: (418) 379 - 2911

Fax: (418) 379 - 2959

MUNICIPALITÉ DE BLANC SABLON

Mayor: Alexandre Dumas Lourdes de Blanc Sablon Tel: (418) 461 - 2705 Fax: (418) 461 - 2529

NEW TRADITIONAL GROUPS/ORGANIZATIONS

SCOUTS/GUIDES:

ST. PAUL'S BROWNIES

Contact: Elaine Nadeau & Jenny Strickland Tel: (418) 379 - 2107

ST. PAUL'S GIRL GUIDES

Contact: Melody Weller Tel: (418) 379 - 2696

COMPUTER CLUBS:

C.A.C OF TÊTE À LA BALEINE

Contact: Madeleine Le Britar

Tel: (418) 242-2026

COMPUTER CLUB OF HARRINGTON HARBOUR

Contact: Harrington Harbour School Tel: (418) 795-3391

COMPUTER CLUB OF NATAGAMIOU SCHOOL

Contact: Natagamiou School Tel: (418) 787-2201

MUSIC CLUBS/GROUPS:

CHOIR GROUP OF LOURDES DE BLANC SABLON

Contact: Angela Berubé Tel: (418) 461-3246

DANCING GROUP OF LOURDES DE BLANC SABLON

Contact: Sylvie Letemplier Tel: (418) 461-2646

ST. AUGUSTINE MUSIC GROUP

Contact: Leatrice Beaudoin Tel: (418) 947-2385

GUITAR LESSONS BY DARCY CHUBBS

(La Tabatière)

Contact: Darcy Chubbs Tel: (418) 773 - 2507

TRADITIONAL GROUPS:

THEATHRE GROUP

Conatct: Sophie Maision Tel: (418) 461 - 2030

ARTS AND CRAFT CLUB

Contact: Debbie Pennefather Tel: (418) 379 - 2107

KARATE CLUB

Contact: Mecatina School Tel: (418) 773 - 2500

ST. JOSEPH PARISH YOUTH GROUP

Contact: St. Joseph Parish Tel: (418) 773 - 2373

NATIONAL CHILD'S DAY COMPETITION - PARTICIPANTS "How I Contribute to My Community"

ST. LAWRENCE SCHOOL – Mutton Bay

Participants	Age	How I Contribute to My community
Evan Boland	6	I help my neighbor Darby bring home his wood. I also helped
		him pack up his wood for the winter.
Hayley Buffitt	8	I helped with the village cleanup. We went all over Mutton Bay.
		And I help my mom to get stuff and when Rosie my Dog runs
		out of food or water I give some food to her.
Niki Morency	8	I pick up garbage and put it in the trash can. I help people get up
		when they fall down. If they hurt I help them put a Band-Aid on
		whenever they're hurt. Sometimes my friend Hayley and I like
		to clean up around our houses because you never know there
		might be tons of garbage around the sides of the road.
Jennifer Mansbridge	9	When I see some garbage I pick it up and I throw it in the
		garbage can. I picked some berries for people who could not
		pick them for themselves. I go to the store for my aunt, mom and
		seniors. When my community has a fundraiser I always
		participate. I participate in the Terry Fox Run which raised
		money for cancer research. I helped my community because if
		any one should get cancer I have helped raised money to find a
		cure.

MECATINA SCHOOL – La Tabatière

Participants	Age	How I Contribute to My Community
Corey McKinnon	6	I help my teacher, Miss Tina, pass out papers to the class and
		clean the boards.
Alicia Buffitt	7	I help my mama and Gabby carry groceries.
Myckala Vatcher	7	I clean my grandma's houses for them when they need help.
Melanie Robertson	8	I help people do up gifts during the holiday season.

ST. PAUL'S SCHOOL – St. Paul's River

Participants	Age	How I Contribute to My Community
Megan Griffin	9	I participate in: UNICEF by going around the village on
		Halloween night collecting money, helping the foster children by
		putting money in the cans at school. I also participate in the
		Terry Fox Run by collecting money for the cancer foundation. I
		am part of the student council; it helps collect money for the
		school. All of this shows how I respect my village.
Shae-Lynn Roberts	9	I participate in the girl guides of Canada. I used to help out at the
		store, and I respect the things that I get and that people make for
		the community. I do not break the rules or beat up the things that
		people make.
Steven Walsh Dubois	9	I participate in sports because it shows how much I care about
		those who built the rink and the baseball field. I enjoy the Terry
		Fox Run because it raised money for sick people.

NA Z DI		I 4'' 4 1' 4 T - F - D 41' ' C 1 1 1 1
Nathan Kevin Roberts	9	I participated in the Terry Fox Run; this is for people who have
		cancer. I went to the Remembrance Day Memorial with my
		class, use the rink and this shows my sportsmanship. I get along
		with everyone in my community spirit.
Jordan Lee Maurice-Keats	9	I participate in hockey and this shows how much I care about the
		very big hard work everyone did for us. I participated in the
		Terry Fox Run. I care about the Terry Fox Run and I raised a lot
		of money.
Trisha Thomas	9	I participate in hockey because people took the time to build the
		rink for us and I participate in baseball, because this shows how
		much I care and respect my village.
Christopher Thomas	8	I participate in hockey because it is very fun for everyone and
		people appreciate it when we use the rink and I care about the
		baseball field and the rink and the community hall and
		everything else they make for us.
Nathan Mason	8	I participate in the Terry Fox Run for cancer research, and
		UNICIEF, and after school activities. I participate in the
		collection by raising funds for church. I was part of the
		Remembrance Day and this shows how much I care and respect
		my village.
Colby Buckle	8	I participated in the Terry Fox Run; this helps the community
-		because it helps to make money for the people who have cancer.
		It helps the community by raising money for those who can't
		help pay for themselves.
Amber Nicole Smith	8	I participate in student council it helps raise money for the
		school. I care about my village because the people on the project
		took the time to make the baseball field and plant the grass.
		Everyone would like to thank them. I do not beat up public
		property. I also am a part of the Girl Guides of Canada and I
		serve at church.
Zachary Thomas	8	I participate in hockey; this shows sportsmanship and spirit in
		our village's activities. I also recycle drink cans and I also went
		to the bazaar and raised money for the church.
Ian Nadeau	7	I will help people shovel their driveway. I will help people cross
		the road. I will help people carry their groceries. I can visit old
		people when they are sick.
Joey Griffin	6	I can help someone cross the road if they want me to. I can tell
	Ŭ	people not to litter. I will be polite to every body.
Sarah Hobbs Buckle	7	I will help old people by doing some chores. I will help my
	,	family with housework.
Marica Keats	7	I will help old people. I will help people with their groceries. I
	,	will help people shovel their driveway. I will use my manners
		and be polite.
Hannah Jill Keats	8	I could visit old people. I will tell people not to litter. I will use
Trainian Jili Keats	O	my manners and be polite. I can help my community by helping
		older people cross the road with their groceries.
Tyhesia Buckle	6	I can help someone cross the road. I can help by visiting people
1 yriesia Duckie	U	when they are lonely.
Donovan Griffin	7	I will help people pick up the garbage. I can help people bring in
Donovan Griffin	/	
Hally Nod	7	Wood.
Holly Nadeau	7	I can help people cross the road. I will help other people cross
C - LL " K		the road. I will help people carry the wood.
Savannah Letto-Keats	7	I will help people pick up garbage. I will help old people cross
		the road. I will help people rake the leaves.

Makayla Griffin	7	I will help old people cross the road. I will help pick up garbage.
		I will help people rake the leaves in front of their house. I will
		help people shovel the snow in front of the house. I will be nice
		to people.

St. Therese School – Blanc Sablon

Participants	Age	How I contribute to My Community
Andrew Ethridge	7	I help the dogs and cats that have no home.
Jamie Roberts	7	I help Peter with the wood when Peter goes to pack the wood in.
Trisha	6	I don't waste food.
Tristen	7	I am nice to my friends.
Naomi Lavallee	7	I like to do my work at school. I like working quietly.
Shania Lawless Pike	7	I like helping my mom with some things like babysitting my
		brother.
Michaela	6	I like going to school on the school bus. I like school a lot.
Cooper Roberts	6	I like learning about insects and seeing the bugs.
Dillon Hobbs	6	I help my dad at the wood.
Tristan O'Dell	6	I help my sister tidy her room.
Aaron Hobbs	6	I like going to school.
Zachery Letto	6	I like to help keep Blanc Sablon clean.
Jordan Mace Letemplier	7	I like going to Scouts.
Marcy	7	I give correct answers to trivia and hockey trivia.
Marco Letemplier	7	I like being nice to animals. I help hurt animals.
Nadia Letemplier	6	I like to help look after small and big children.

VOLUNTEER RECRUITMENT LETTER

December 2nd, 2003

Re: Community Volunteer Recruitment

Attention:

Volunteerism represents a large and often underestimated contribution to community economy. It is a fundamental act of citizenship, essential to the well being of a caring society.

Volunteerism strengthens communities by bringing together individuals with common interests, thereby encouraging their social unity. It provides people with the opportunity to contribute to organizations and causes that they believe.

The Coasters Association received funding from Secrétariat à l'action communautaire autonome (SACA) to coordinate a project entitled, "Build & Strengthen the Volunteer Base." The purpose of this project is to identify the needs of the twenty-one regional and one hundred and thirteen community organizations on the coast, build and strengthen the volunteer base and provide the necessary training to a devoted volunteer from each of the fifteen communities. Also, to build on-going partnerships in the communities of the Lower North Shore, by increasing community capacity building.

Through the mandate of the project, the Coasters Association is recruiting one person from each community (Kegaska to Blanc Sablon). The roles and responsibilities of the "Community Volunteer" is to receive training and be prepared to train others in his/her community, to be involved in community initiatives.

A two-day workshop entitled: "Train the Trainer in Volunteer Community Leadership" will be held in Lourdes de Blanc Sablon in February by a professional trainer to provide the community volunteers with techniques to assist them in their community initiatives.

Should you feel committed to becoming the "Community Volunteer" in your town, complete the enclosed request form and return it as soon as possible, or call me and give your name and address, or should you require further information regarding the project, please contact me at 418-379-2156 or toll free at 1-877-447-2006.

Sincerely,

Heidi Buckle Project Coordinator

/HB

Enclosure: Community Volunteer request form

Ref: Training Ses, Req. Letter

LETTRE DE RECRUTEMENT BÉNÉVOLE

Le 9 décembre 2003

Objet : Recrutement – bénévole communautaire

Attention:

Le bénévolat représente souvent une grande et inestimable contribution à l'économie d'une communauté. C'est un acte fondamental de citoyenneté qui est essentiel pour le bien-être d'une communauté .

Le bénévolat renforce les communautés en regroupant les individus qui ont des intérêts communs tout en encourageant l'unité sociale. Ceci donne l'opportunité aux gens de contribuer à des causes et des organisations pour lesquelles ils ont de l'intérêt.

L'Association des côtiers a reçu des fonds du Secrétariat à l'action communautaire autonome (SACA) pour coordonner le projet intitulé, "Construire & renforcer la base du bénévolat." Le but de ce projet est d'identifier les besoins des 21 organisations régionales et des 113 organisations communautaires sur la côte, construire et renforcer la base du bénévolat et donner la formation nécessaire à un bénévole dévoué de chacune des quinze communautés. Aussi, établir un partenariat entre les communautés de la Basse Côte-Nord en augmentant les capacités constructives.

À l'intérieur de ce projet l'Association des côtiers a comme mandat de recruter une personne de chacune des communautés (Kegaska à Blanc-Sablon). Les rôles et responsabilités de la personne « bénévole communautaire » est de recevoir la formation et de la transmettre aux autres bénévoles de la communauté et s'impliquer dans les initiatives communautaires.

Une session de deux jours intitulé : « Former un formateur en Leadership communautaire bénévole » aura lieu a Lourdes-de-Blanc-Sablon en février. Cette session sera donnée par un formateur professionnel qui outillera les bénévoles communautaires avec des techniques qui les aideront à accomplir les initiatives communautaires.

Si vous êtes intéressés à devenir « bénévole communautaire » dans votre communauté, veuillez compléter le formulaire ci-joint et le retourner le plus tôt possible ou vous pouvez m'appeler pour me donner votre nom et adresse, si vous désirez plus d'information vous pouvez me rejoindre au 418-379-2156 ou sans frais au 1-877-447-2006.

Sincèrement,

Heidi Buckle Coordonnatrice du projet

/HB

Ci-joint : Formulaire – Bénévole communautaire

Ref: Training Ses, Req. Letter

ANNEX 11

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VOLUNTEER REQUEST FORM



Build and Strengthen the Volunteer Base **Volunteer Request Form**

Please Complete and Return
Name:
Community:
I am committed to becoming a "Community Volunteer" and would like to receive training and attend the two-day workshop in February.
I am unable to participate in the two-day training workshop as a "Community Volunteer"; however, I am interested in becoming a volunteer for my community.
Your response would be greatly appreciated by December 18th, 2003 by phone, mail, fax, or

Thank You!

Volunteer! Build a better community!

Heidi Buckle, Project Coordinator

Tel: 418-379-2156 Tel: 1-877-447-2006 Fax: 418-379-2621

Email: volunteer@globetrotter.net

FORMULAIRE BÉNÉVOLE COMMUNAUTAIRE





Construire et renforcer le bénévolat

Formulaire – Bénévole communautaire

S.V.P. compléter et retourner
Nom:
Communauté :
Je suis intéressé à devenir un "Bénévole communautaire" et j'aimerais participer à la session de formation de deux jours qui aura lieu en février.
Ce n'est pas possible pour moi de participer à la session de deux jours mais je suis intéressé à être un bénévole communautaire.
Votre réponse par téléphone, poste, télécopieur ou e-mail avant le 18 décembre 2003 serait grandement appréciée.

Merci!

Bénévole!
Construisez une meilleure communauté!

Heidi Buckle, Coordonnatrice du projet Tél: 418-379-2156

> Tél: 1-877-447-2006 Télécopieur: 418-379-2621 E-mail: <u>volunteer@globetrotter.net</u>

ANNEX 12

COMMUNITY VOLUNTEERS

COMMUNITY	VOLUNTEER	PHONE NUMBER
Kegaska	Bernard Bourke	(418) 726 - 3738
	Betty Court	(418) 726 - 3982
		Email: lcourt@globetrotter.net
La Romaine	Alexis Lalo	(418) 229 - 2075
Chevery	Charlotte Rowsell	Home: (418) 787 - 2367
		Work: (418) 787 - 2317
Aylmer Sound	Janie Cox	(418) 242 - 2005
Harrington Harbour	Lois Jones	(418) 795 - 3365
Tête à la Baleine	Molly Driscoll	(418) 242 - 2178
Mutton Bay	Julie Bobbitt	(418) 773 - 2289
La Tabatière	Marilyn Collier	(418) 773 - 2271
	Janice Robertson	(418) 773 - 2486
		Email: jankyl2@globetrotter.net
St. Augustine	Peggy Martin D'Ippolito	(418) 947 - 2575
Old Fort Bay	Joy Wellman	(418) 379 - 2093
St. Paul's River	Faye Bilodeau	(418) 379 - 2058
Middle Bay	Dianna Blanche	(418) 461 - 2401
Brador	Peggy Goudie	(418) 461 - 2959
Lourdes de Blanc Sablon	Darlene Jones	(418) 461 - 2778
Blanc Sablon	Linda Chevalier	(418) 461 - 2807

TRAINING SESSION AGENDA

THEME: "Train the Trainer in Volunteer Community Leadership"

Wednesday, February 18th, 2004

	9:00 a.m.	Introductions		
	9:30 a.m.	Review of Project		
	9:45 a.m.	Volunteering		
		⇒ What it means to you?		
		⇒ Why is it important?		
		⇒ What does a volunteer look like?		
	10:15 a.m.	Coffee Break		
	10:30 a.m.	Introduction to Capacity Building		
		⇒ Assessing individual building		
	11:30 a.m.	Building Community Capacity		
		⇒ What capacity is in your community?		
	12:00 p.m.	Lunch		
	1:00 p.m.	Building Community Capacity		
		⇒ Communications as a prerequisite		
		⇒ Working together in Partnership		
	1:30 p.m.	Volunteering and Community		
		⇒ How ready is your community for volunteerism?		
		⇒ What needs to be done?		
		⇒ What would an ideal "volunteer based" community really look		
		like?		
	3:00 p.m.	Coffee Break		
	3:30 p.m.	Volunteering and Community (cont'd)		
		⇒ What ways are there to get people volunteering?		
		⇒ Who should do this?		
	7 .00	⇒ What do individual participants need?		
5.2 0	5:00 p.m.	Workshop Evaluation		
5:30	0-6:00 p.m.	Community Volunteer Follow-up		

INSPIRATIONAL QUOTES

- The difference between the impossible and the possible lies in a person's determination. **Tommy Lasorda**
- We don't know who we are until we see what we can do. Martha Grimes
- Lets not look back in anger, or forward with fear, but around in awareness. Unknown
- The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others. **DeAnn Hollis**
- To the world you may be one person, but to one person you may be the world. **Anonymous**
- Volunteerism is the voice of the people put into action. These actions shape and mold the present into a future of which we can all be proud. **Helen Dyer**
- Destiny is not necessarily what we get out of life, but rather, what we give. Cary Grant
- You make a living by what you get. You make a life by what you give. Winston Churchill
- Each time someone stands up for an ideal, or acts to improve the lot of others, they send forth a ripple of hope. Robert F. Kennedy
- Leadership is the capacity to translate vision into reality. Warren G. Bennis
- Ability is what you're capably of doing. Motivation determines what you do. Attitude determines how well you do it. Lou Holtz
- Motivation is everything. You can do the work of two people, but you can't be two people. Instead, you have to inspire the next guy down the line and get him to inspire his people. Lido Anthony Lacocca
- "Tell me and I'll forget. Show me and I might remember. Involve me and I'll understand." Unknown

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