

Assistance and Referral Centre Health and Social Services 2020-2021 Annual Report



Annual General Meeting
June 10, 2021



Health Canada, through CHSSN, has contributed financially to the production of this document.

ARC

MISSION

ARC is dedicated to assist and empower people of all ages to access health and social services, information, resources, programs, and activities in English on the South Shore to promote well-being.

VISION

To lead, develop, and maintain strong partnerships and networks within the community to ensure accessibility to English services on the South Shore.

POSITIONING STATEMENTS

ARC is a community outreach organization that promotes well-being by providing resources and programs to support community building and to ensure awareness and access to English services in the region.

Our community and partners value our team's personal approach, professionalism, dedication, and experience.

- ARC has been assisting the English-speaking community of the South Shore since 2011
- ARC receives funding from several government and community organizations and donations from the public
- ARC continues to respond and adapt to the needs of the community
- ARC welcomes new members and partners
- Over 53 000 English-speaking residents of the South Shore have access to ARC

Agenda

- ▶ Welcome & Introductions
- ▶ Nomination and Election for a President of the Assembly
- ▶ Nomination and Election for a Secretary for the Annual General Meeting
- ▶ Procedures for AGM
- ▶ Call to Order and Confirmation of Quorum
- ▶ Roll Call of Voting Members
- ▶ Approval of Agenda of ARC's Annual General Meeting June 10, 2021
- ▶ Approval of Minutes of ARC's Annual General Meeting of June 11, 2020
- ▶ Reports
- ▶ Annual Report
 - ▶ Deborah Pearson, President, ARC Board
 - ▶ Christian Lapointe, Executive Director, ARC
- ▶ Financial Reports
- ▶ Annual Financial Reports 2020-2021
 - ▶ Michael Gareau, Treasurer, ARC
 - ▶ Jonathan Dionne, CPA, CA, Auditor
- ▶ Provisional Budget 2021-2022
 - ▶ Christian Lapointe, Executive Director, ARC

Agenda

- ▶ Appointment of Auditors 2021-2022
- ▶ Review of ARC Board of Directors Members' Status
- ▶ Nomination of New Board Member(s)
- ▶ Introduction of Candidates
- ▶ Election of Board Member(s)
- ▶ Public Question Period
- ▶ Adjournment

Michael Gareau, Treasurer, ARC

Deborah Pearson, President, ARC

A word from the President



This year has presented all of us with several challenges and difficulties as we globally faced the uncertainties presented by Covid-19. The pandemic acted like a catalyst to induce reflection upon our lives and helped us realize that our relationship with our communities is most important in getting us all through this pandemic.

Despite these challenges, ARC has shown its capacity to adapt and to continue to reach the population through a virtual platform. Many of the online activities alleviated social isolation for the population and instilled a sense of hope to look forward to the next activity. These activities provided a presence of ARC serving our community. The newsletter, also aided in reaching our public, and a great source of information.

Our mission was revamped this year along with the vision of our organization. A new satellite office was established in the St-Jean-sur-Richelieu area for accessing the English-speaking community. Collaboration is in the process with Montérégie West to open a joint satellite office in the Candiac area. New goals will soon be established with our strategic plan as ARC moves into a new future.

Under the leadership of our executive director, Christian Lapointe, ARC continues to grow and reach more and more of our population. On behalf of our entire board, we thank you Christian and all the employees of ARC for your tenacity, and capacity to continue to fulfill the mission of ARC during this time of crisis. To our volunteers who continued to offer services on behalf of ARC, thank you.

I would like to thank all the members of the board of directors for their due diligence, their investment of time and energy devoted to ARC. This past year was phenomenal, we accomplished much together and I thank you for your dedication.

To our community and partners thank you for supporting ARC. It is with the hope that we can look forward to serving our English-speaking communities to make a better future for all of us.

Deborah Pearson, President

Report from the Executive Director



Dear Community Members and Partners,

Aside from the pandemic, this year has also brought many positives for the organization and the community. For one thing, we have learned how to work from home and to be just as effective. We have significantly varied and increased our offer of services to even tackle food security on a small scale. In terms of capacity development for the partners, ARC was instrumental in providing financial support, developing joint projects and facilitating access to funding to a few community organizations. We even opened a Satellite office in Haut-Richelieu-Rouville in August 2020.

ARC's Board has also been working hard. New policies and procedures have been put in place and we have reviewed all job descriptions, implemented a concise organigram and hired more people. Also, dedicated volunteers have been involved in the delivery of more than 2000 meals.

On the following pages are listed a few of the initiatives/activities that ARC and its public and community partners have made possible to serve and support the English-speaking community of the South Shore of Montreal.

I would like to take this opportunity to thank the Board of Directors, the employees, volunteers, our valuable partners and our funders for their ongoing support. With their help, we continue to offer services and respond to the needs of families, seniors and caregivers in our region, creating new and stronger community ties and expanding English health and social services in the South Shore of Montreal.

A new fiscal year is upon us. ARC continues to grow and to approach each challenge as a positive opportunity to expand our network of partners and the services we can offer to our community. It is an honour to be part of this wonderful team and I look forward to our new projects in the upcoming year when ARC will celebrate its 10th Anniversary.

Christian Lapointe

Attendance list AGM 2020

Thursday June 11, 2020 - 5:00 p.m., Held via Zoom Platform

Present:

Board Members	Network and Partners	Voting Members
Deborah Pearson President	ACCESS Brossard, Nadia Diamond	Francoise Bravay Chateauguay Valley Literacy Council
Alice Noble Secretary	AMI-Québec South Shore, Eleanor Truesdell & Micheal Truesdell	James Burgess
Christie Huff Selig Treasurer	Arthrite Rive Sud, Prem Pearson	Dennis Languay
Christian Lapointe Executive Director	Centre intégré de santé et de services sociaux de la Montérégie-Centre (CISSS-Centre), Emilie Bergeron	Edith Meszaros
Lorraine Torpy Vice President	Centre intégré de santé et de services sociaux de la Montérégie-West (CISSS-West), Karissa Clayberg	Marina Peter
Laurel Hewitt Board Member	Centre Sino Québec de la Rive-Sud, Cindy Cheung	Rachel Wagner South Shore Reading Council
Christine Wright Board Member	Chateauguay Valley Literacy Council, Francois Bravay	
	Diocese Saint-Jean-Longueuil, English-speaking Catholic parishes and ecumenical churches in St. Lambert, Susan Gardner	

Attendance list AGM 2020

Thursday June 11, 2020 - 5:00 p.m., Held via Zoom Platform

Present:

ARC Employees	Network and Partners	Guests
Claudia Bélair Employee	Maison internationale de la Rive-Sud (MIRS), Hajer Gherib	Jonathan Dionne CPA, CA Auditor Brodeur et Létourneau
Debra Dorey Employee	Montréal-Est Partnership for the English Speaking Community, Karoll-Ann Carrier	Michael Gareau
Kevin Erskine-Henry Employee	Montréal West Community Network (MWCN), Pauline Wiedow	Lynn Osborne
Ruth Montas Employee	Our Harbour, Pina Guiseppina, Catherine Gilbert, and Dolly Shinhat	Denis Piquette
	Parents en focus, Karen Delage	
	Premiers Pas Champlain, Josée Lacroix	
	Senior Respite Center, France Sparapani and James Burgess	
	South Shore Reading Council, Rachel Wagner	
	St Barnabas Church, Jessica Bickford	

SUMMARY OF THE MINUTES OF THE AGM
Thursday June 11, 2020 – 5:00 p.m., held via “Zoom” online Platform

All were welcomed by President Deborah Pearson.

President (Denis Piquette) & Secretary (Alice Noble) for the Assembly were elected.

The Agenda was adopted and the Minutes of the ARC Annual General Meeting of June 6, 2019 were approved.

2019-2020 ARC Annual Report was given by Deborah Pearson, President and Christian Lapointe, Executive Director

2019-2020 Financial Statements & Auditor’s Report were presented by Jonathan Dionne CPA from *Brodeur and Létourneau* and Christie Huff Selig, Treasurer

2020-2021 Provisional Budget was presented by Christian Lapointe, Executive Director

2019-2020 Secretarial Report was given by Alice Noble, Secretary.

Members approved the changes proposed by ARC’s Board of Directors to ARC’s Bylaws

Brodeur et Letourneau were approved as ARC's auditors for the 2020-2021 year of operations.

Board: Elected new ARC Board of Directors members for 2020-2022 were:

- Michael Gareau, Christie Huff Selig, and Christine Wright (one vacancy remained)

Returning members:

- Laurel, Hewitt, Alice Noble, Deborah Pearson, and Lorraine Torpy
- Christian Lapointe, Executive Director, ex-officio permanent member

Public Question Period was followed by adjournment of the ARC Annual General Meeting.

ARC BOARD OF DIRECTORS' MEMBER NEWS

ARC BOARD OF DIRECTORS OFFICERS:

At the next Regular ARC Board of Directors Meeting after the AGM on July 21, 2020, the ARC Board of Directors elected as officers for the 2020-2021 fiscal year, the following members:

- President Deborah Pearson
- Vice-President Lorraine Torpy
- Secretary Alice Noble
- Treasurer Michael Gareau

Winsome Wasom was appointed to the Board in July for 2020-2022.

Christie Huff Selig's resignation was regretfully received in September 2020.

Nicole Fortier was appointed to the Board in November for 2020-2022.

Christie Huff Selig was awarded an Honorary Membership in September 2020.

ARC BOARD OF DIRECTORS' MEMBER NEWS

ARC BOARD OF DIRECTORS SUB-COMMITTEES 2020-2021:

ARC SUB-COMMITTEE	POINT PERSON	MEMBERS
Human Resources	Deborah Pearson	Nicole Fortier, Alice Noble, Lorraine Torpy
Recruitment & Retention of Board Members, Members, Volunteers	Lorraine Torpy	Debra Dorey, Michael Gareau, Lynn Osborne, Christine Wright, Deborah Pearson
Finance & Funding	Michel Gareau	Christian Lapointe, Deborah Pearson, Lorraine Torpy
ARC 10 th Anniversary	Lorraine Torpy	Debra Dorey, Laurel Hewitt, Pearson, Fiona Thain, Winsome Wason, Christine Wright
Executive Committee	Deborah Pearson	Michael Gareau, Christian Lapointe, Alice Noble, Lorraine Torpy

ARC BOARD OF DIRECTORS' NEWS

June 2020 – June 2021



Rebranding: Mission, Vision, Positioning Statements, Logo

Governance:

- *ARC Board of Directors & Staff Conflict of Interest Document & Agreement*
- *ARC Bylaws Review*
- *ARC Service Provider Public Tender & ARC Procurement Policies*
- *ARC Privacy Policy Draft*
- Funding Approval

Structure:

- *ARC Board of Directors Organigram*
- *ARC Structure Organigram*
- Job Descriptions
- Satellite Offices

Committee Work:

Executive Committee:

- Review of ARC's structure
- Review of ARC's Board Structure
- Review of priorities and on-going initiatives

Human Resource Committee:

- Maintaining *ARC Employee Handbook & Statement of Values and Code of Ethics*
- Job Description Review
- Salary Review
- Job Evaluation Reviews
- Hiring Procedures

Finance & Funding

- Monthly Review
- Bookkeeping Program

Recruitment & Retention of Board Members, Members, Volunteers

- Forms
- Publicity
- Candidate Review & Interviews

10th Anniversary Committee:

- Plan for November 20, 2021 Celebration

ARC BOARD OF DIRECTORS' FOCUS

June 2021 – June 2022

Governance:

- *ARC Bylaws Review*
- *ARC Privacy Policy*
- Other Policies as need arises
- *ARC Manual of Policy & Procedure*

Structure:

- Strategic Plan Development & Adoption
- *ARC Board of Directors Committees*
- Satellite Office Recognition

Committee Work:

Executive Committee:

- Review of ARC's structures
- Review of priorities and initiatives

Human Resource Committee:

- *Maintaining ARC Employee Handbook & Statement of Values and Code of Ethics and Values*
- Pay Equity exercise
- Salary Scales & Pay Increase Policy
- Job Evaluation Reviews
- Hiring Procedures

Finance & Funding

- Monthly Review
- Search for Funding

Recruitment & Retention of Board Members, Members, Volunteers

- Publicity
- Candidate Review & Interviews
- Board Orientation Program
- Volunteer Orientation Program

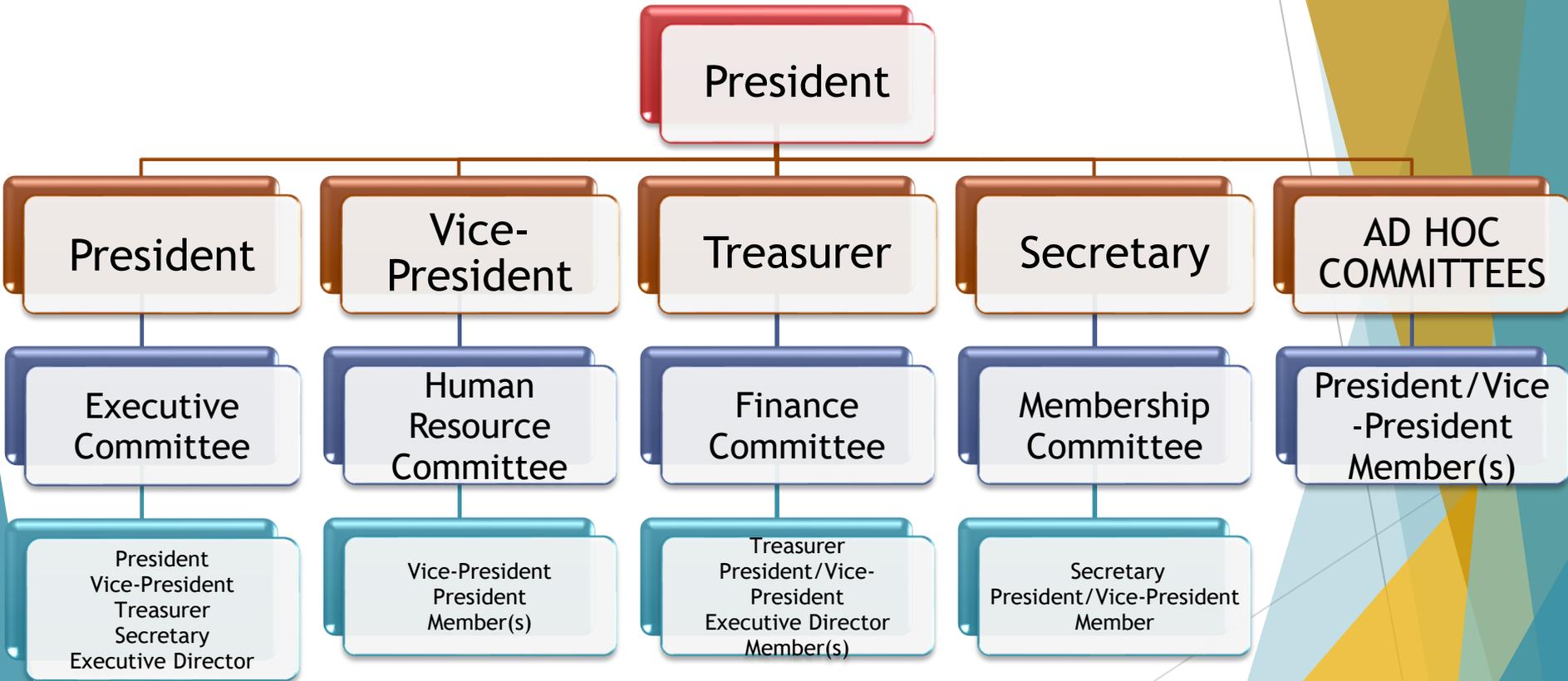
10th Anniversary Committee:

- November 20, 2021, Celebrations

ARC ORGANIGRAM



ARC BOARD OF DIRECTORS

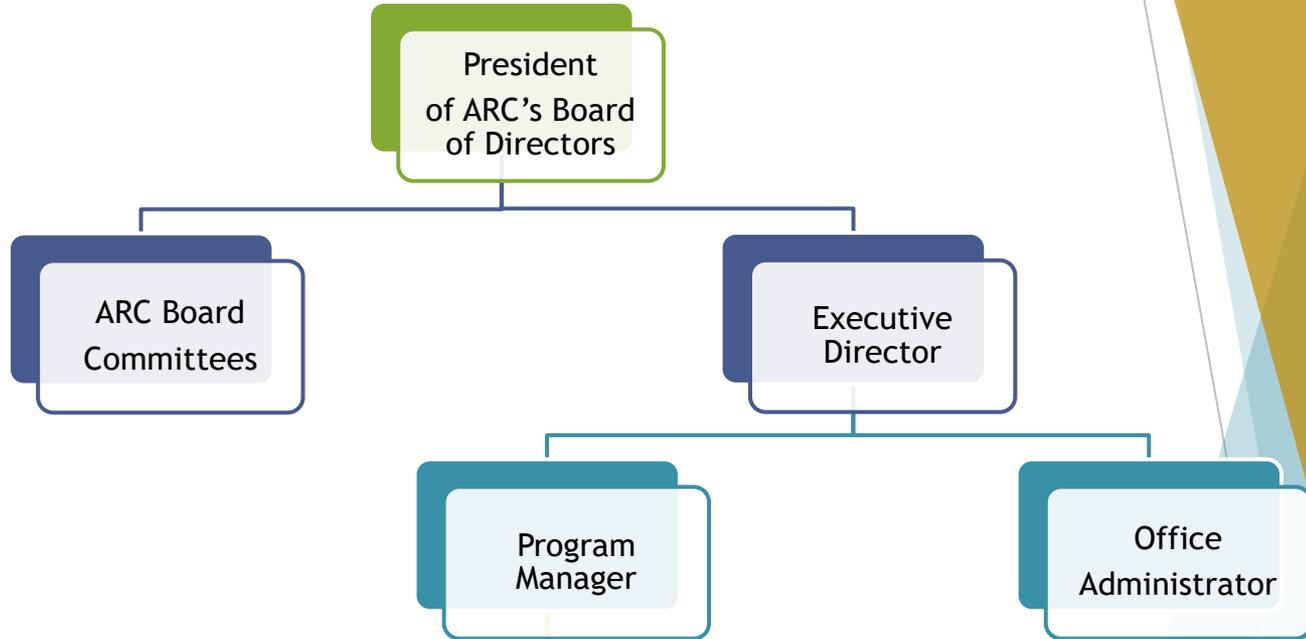


ARC BOARD OF DIRECTORS NEWS

ARC ORGANIGRAM



ARC STRUCTURE



Coordinator:
Caregivers
Programs

Coordinator:
Youth
Programs

Coordinator:
Satellite Office
(NPI)

Coordinator:
Satellite Office
(Candiac)

Coordinator:
Satellite Office
(HRR)

Coordinator:
Outreach
(GPK)



CHAMPLAIN-CHARLES-LE MOYNE

(LONGUEUIL, GREENFIELD PARK,
SAINT-HUBERT, BROSSARD ET LES ENVIRONS)



HAUT-RICHELIEU-ROUVILLE

(SAINT-JEAN-SUR-RICHELIEU, CHAMBLY
ET LES ENVIRONS)



CISSS DE LA MONTÉRÉGIE-CENTRE

Key Activities (What we do!)

NETWORKING

To coordinate the body of a diverse network table that identifies common challenges and opportunities in the access or delivery of health and social services in South Shore of Montreal English-speaking communities.

REPRESENTATION

To ensure an essential presence on important Boards and Committees in the health and social service delivery system. This, to better represent the needs and priorities of the English-speaking community and to ensure this community is integrated into the decision-making process, including planning and allocation of resources.

KNOWLEDGE DEVELOPMENT

To develop an evidence base situational portrait, frequently updated needs assessment and share best practices for improving the delivery of health and social services in the English language in our region.

SERVICES AND ACTIVITIES

To offer assistance and accompaniment to community members as well as an enriching variety of activities to break isolation and support the community.

Why do we hold these activities and how many people are attending?

Context:

1) ARC does not reproduce existing initiatives. We support existing initiatives by working collaboratively with partners while building their capacity as organizations and increasing their offer of services.

2) ARC offers activities and programs to break isolation; build community by getting people together; and we facilitate access to services. These priorities are based on focus groups and consultations with the English-speaking community of the South Shore held by ARC over a two-year period from 2018-2020.

3) Like all organizations, ARC reports to funders at the end of the fiscal year to validate that the funding provided was well used and had an impact on the community in accordance with the contract ARC signed with them. ARC reports to every funder data collected on participants and produces narrative and financial reports.

Results:

Every time someone attends an activity whether it's an art class, line dancing, yoga, group support for caregivers, receiving a meal, or coming to the wellness centre, ARC makes a "click" on its participation counter. This fiscal year ARC registered **6053** "clicks" and distributed its newsletter, *The Advisor* to over **1100** people every month.

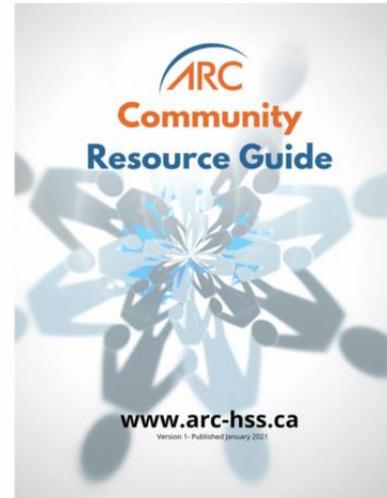
Overall more than 7000 people were reached by ARC this fiscal year

ARC hosted:

- ▶ 32 Virtual Cafés for a total of 137 participants
- ▶ 14 Colour Cafes for a total of 115 participants
- ▶ 34 Drawing classes or workshops for a total of 387 participants
- ▶ 22 Mental Health Cafés for a total of 241 participants
- ▶ 10 Yoga Classes for a total of 350 participants
- ▶ 10 Qi Gong classes for a total of 180 participations
- ▶ 21 Line Dancing classes for a total of 571 participants
- ▶ 208 families were reached through ARC's early youth development programming with our partners SSRC and Home-Start Champlain
- ▶ 63 hospital workers were reached for a total of 510 participants with our McGill dialogue English conversation activity offered 3 times per year at the CISSS Montérégie-Centre
- ▶ 171 participants to ARC's ReCharge program & 440 calls for assistance
- ▶ 60 seniors were reached during National Senior Day
- ▶ 69 participants at ARC's group support for caregivers
- ▶ And more...

Overall more than 7000 people were reached by ARC this fiscal year

- ▶ ARC produced a 50-page English Community Resource Guide, downloadable on ARC's website
- ▶ ARC emailed our newsletter, *The Advisor* to over 1100 people every month



- ▶ ARC had 217 participations to our Continuous Health Education Program (CHEP), a McGill initiative made accessible through CHSSN

Overall more than 7000 people were reached by ARC this fiscal year

- ▶ Thanks to funding from Appui Montréal, ARC's ReCharge Program is now available on DVD, USB key and on our YouTube channel



- ▶ ARC held a fruitful food drive resulting in the collection of over 3000 lbs of food that was then donated to Mission Nouvelle Generation



For our Partners ARC has:

- ▶ Supported a corporate video initiative for all partners in preparation of ARC's virtual community fair. This activity was made possible in partnership with MWCN and MEPEC.
- ▶ Supported Meals on Wheels Greenfield Park, Meals on Wheels St. Lambert and Frozen Meals Greenfield Park in their meal distribution initiatives.



- ▶ Thanks to the financial support of la Deputée de Laporte, Mme Ménard, ARC delivered meals and supported a Christmas basket initiative.
- ▶ Distributed twenty-three \$25 dollar gift cards for M&M Food Stores thanks to the financial support provided by the CHSSN Community Foundation.
- ▶ Hosted 12 partnership meetings with 31 community partners.

ARC
ASSISTANCE AND REFERRAL CENTRE
HEALTH & SOCIAL SERVICES

MEETING THE CHANGING NEEDS
OF OUR COMMUNITY

Meal Distribution Initiative

60 meals delivered every
Thursday to those in need

This initiative is made possible with funding from the
Fondation Lucie et André Chagnon through the CHSSN

Fondation Lucie
et André Chagnon

CHSSN

And ARC opened a Satellite office in St-Jean-sur-Richelieu, MRC of Richelieu Rouville

- ▶ Made possible with funding from the Secretariat for relations with English-speaking Quebecers made available through CHSSN





Assistance and Referral Centre

106 Boul. Churchill
Greenfield Park, QC J4V 2L9

ACTIVITIES MAY 2020

VIRTUAL DRAWING CLASSES
Online and Interactive with artist Itana Kuska
All you need is a piece of paper and a pencil!

- Every Monday until June 29th
- From 2:00 p.m. to 3:00 p.m.
- After registration, a link will be sent to you by e-mail with clear and easy instructions on how to connect.
- In case you have technical problems, we will help!

TO REGISTER: arc.admassistant@gmail.com

This initiative is made possible with funding from Health Canada through CHSSN.

CHILDREN'S PROGRAMS

Virtual Mother Goose
Parent-child program for children ages 0-3
Tuesdays and Thursdays
10:00 - 10:35 a.m. until June 19
Register at www.mcgill.ca/mothergoose

Sajou and Salie Storytime
Parent-child program for children ages 3-5
Free book and online storytime on Facebook
Mondays and Wednesdays at 10:00 a.m. until May 28
Visit us on Facebook at www.facebook.com/arcaccess

This initiative is made possible with funding from the Bright Beginnings through the CHSSN.

If you are feeling **overwhelmed** and **tired** during this period of social isolation, we may be able to provide some **help**

SUPPORT LINE

To all our reCharge members, ARC is offering a **FREE 30-minute support call with our social worker.**

This is simply a chance for you to talk in an open and non-judgmental environment with a professional who will listen and provide guidance if needed.

Wednesday and Thursday evenings
from 7:00 p.m. to 9:00 p.m.

To make an appointment call or e-mail:
514-608-9600
arc.projectcoord@gmail.com

Meal Distribution Initiative

80 meals delivered every Thursday to those in need

This initiative is made possible with funding from the Fondation Lucie et André Charbon through the CHSSN.

ONLINE PARENTING WORKSHOP

If you are a parent with young children or teenagers and find it hard to be in isolation while trying to balance work and raising kids, **YOU ARE NOT ALONE**

Facilitated by Family Life Educator **Karen Delage**

Join a discussion group with other parents on how to cope with actual realities. A short presentation will be followed by discussions and a question period

- May 14th from 1:30 pm to 2:30 pm on Zoom
- The zoom link will be sent after registration
- TO REGISTER: arc.projectcoord@gmail.com

This initiative is made possible with funding from Health Canada through CHSSN.

ARC invites you to our

Virtual Café

Join us and let's chat Every Tuesday at 2:00 pm

RSVP: 514-608-9600 - arc.projectcoord@gmail.com

After registration, a link will be sent to you by e-mail with clear and easy instructions on how to connect. In case you have technical problems, we will help!

This initiative is made possible with funding from Canadian Heritage

ARC PROGRAMS

The Advisor Newsletter
Keeping our community up-to-date on everything they need to know about their community.

This initiative is made possible with funding from Canadian Heritage through the CHSSN

Income Tax Services
Available for low revenue individuals.

Weekly Calls
Every week we reach out to members of our close knit community and follow-up on issues that arose in the previous weeks.

Referral Services
To answer, redirect, refer or arrange for services of all kind.
These services are made possible with funding from Health Canada through the CHSSN

Contact us to find out more about the services we offer at
514-605-9500

www.arc-hss.ca
 arcinformation2@gmail.com
 514-605-9500

Discover us on social media @arcaccess



FUNDING SOURCES 2020-2021

Funders	\$
CHSSN-Network (additional \$6 000 for a food security initiative) <i>Community Health & Social Services Network</i>	\$98,930
CHSSN-Outreach <i>Community Health & Social Services Network Networking & Partnership Initiative</i>	\$32,070
CHSSN-ERCC <i>Secretariat for the liaison to English-speaking Quebecers</i>	\$125,000
L'APPUI Montérégie. <i>L'APPUI pour les proches aidants d'aînés</i>	\$85,463
McGill Retention and Dialogue	\$16,300
Healthy Early Years (HEY) Federal funding through CHSSN	\$15,000
PCH Program Canadian Heritage	\$58,500

At the time this report was prepared, these numbers had not been audited

FUNDING SOURCES 2020-2021

Funders	\$
Bright Beginning Fondation Lucie et André Chagnon through CHSSN	\$30,000
Food Security Health Canada through CHSSN	\$19,200
La député de Laporte Mme Nicole Ménard	\$2,500
CHSSN Foundation	\$1,500
Continuous Education Health Program Health Canada through CHSSN	\$1,900
Bursary McGill	\$2,500
Total Funding	\$488,863

At the time this report was prepared, these numbers had not been audited

We would like to thank our valuable partners:

Centre intégré
de santé et de
services sociaux de
la Montérégie-Centre

Québec 

Centre intégré
de santé
et de services sociaux
de la Montérégie-Ouest

Québec 

Centre intégré
de santé
et de services sociaux
de la Montérégie-Est

Québec 



amiquébec

Agir contre la maladie mentale
Action on mental illness



Grand Montréal'



We would like to thank our valuable partners:



Pavillon
Marguerite de Champlain



We would like to thank our valuable funders for their financial support:



Health
Canada



McGill



Canadian
Heritage

Patrimoine
canadien



Nicole Ménard
Députée de Laporte



A shining start for children ages 0-5

Testimonials from the community:

"I cannot say enough about how much I have enjoyed participating in the ARC activities during the pandemic. While we were in our groups during the Mental Health conference last Saturday, I said that even though we are 'Physically distanced' we do not have to be 'Socially distanced.' ARC has done a wonderful job of keeping total strangers connected to one another through the conferences and courses they are providing. (I am signed up for two today!!). What has helped my mental health is keeping a positive attitude and maintaining a productive daily routine. I try to take control of what I CAN control, and I incorporate acts of 'wellness' into each day. I hope everyone at ARC knows that what you are doing IS making a difference....and for that I thank you very much." (Brenda)

"I think what ARC is doing is amazing. All the activities and programs that are offered. I recommend the programs and activities to my clients." (CISSS MC)

"It's been great, I am learning a lot. You have really good topics. The most beneficial thing is being able to be with others to have a coffee." (Bill)

"Linda's yoga class is wonderful. On top of being extremely beneficial for the whole body (done at your own pace - and perfect for any level), she also focuses on the mind by giving you tricks on how to deal with everyday stresses and anxieties and on how to improve your outlook during challenging times. I apply her insights everyday of my life." (Melissa)

"I have found the sessions informative and interesting. I have especially enjoyed the ones where we participate, the time flies by. I actually just encouraged two people to come join us." (Janice)

For information contact ARC at:

info@arc-hss.ca

514-605-9500

Visit ARC'S website: www.arc-hss.ca

ARC EMPLOYEES

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Allison Kelly
Administrative Assistant
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Phone: 514-951-9711

Lynn Osborne
Outreach Coordinator
arc.programcoord@gmail.com
Phone: 450-357-0386

For information contact ARC's Board of Directors:
info@arc-hss.ca
514-605-9500

ARC Board of Directors 2020-2021

Debra Pearson	President
Lorraine Torpy	Vice-President
Michael Gareau	Treasurer
Alice Noble	Secretary
Nicole Fortier	Director
Laurel Hewitt	Director
Christine Wright	Director
Winsome Wason	Director
Debra Dorey	Staff Representative, <i>ex officio</i>
Christian Lapointe	Executive Director, <i>ex officio</i>



106 Churchill Blvd
Greenfield Park QC J4V 2L9

514-605-9500



927-B du Séminaire Blvd.
St-Jean-sur-Richelieu QC J3A 1B6

450-357-0386

(Entrance at the rear of the building by way
of Rue Bonneau)



www.arc-hss.ca