



QUEBEC HOME & SCHOOL

NEWS

"The Voice of the Parent in Education"

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INDEX

Membership Award Winners	page 4
Teacher Appreciation Week Write-up	page 5
Annual General Meeting Write-up	Pages 7-10
Focus on the Locals	pages 12-14
A Visit to the Lower North Shore	page 15

CHSPTF President Message An Important One

In the best of all possible worlds Canadian children would go to school each morning well-nourished, well rested, appropriately clothed, ready and anxious to learn.

They would enter well equipped classrooms stocked with up-to-date relevant textbooks and plenty of additional resources and enrichment materials.

They would be greeted by well-trained, enthusiastic teachers eager to facilitate the voyage of discovery — learning, and to provide intellectual stimulation in the arts and sciences appropriate to the understanding and development of each student.

Children would be encouraged to explore the natural world around them and to come to appreciate the complex interactions in the environment in which they live.

But we do not live in a perfect world. All this is a round about way of explaining why the Canadian Home and School and Parent-Teacher Federation exists — why parents, starting back almost one hundred years ago in Baddeck, Nova Scotia, form local Home and School associations and then in consultation with school administrators and teachers, do that which they can to improve the quality of school life and to increase the opportunities for each student to succeed.

At the national level, CHSPTF participates in councils and coalitions such as Children's Rights and the Association for School Health; the Active Living Alliance for Children and Youth and the Forum for the participation of Canadian non-governmental organizations in celebrating the International Year of the Family (1994).

We also promote Canada Fit-week (May 22-31, in 1992); and the Ten Guiding Principles of Active Living; the Reader's Digest Excel-



Helen Koeppe

lence in Education awards for innovative teachers and principals as well as the distribution of Canadian reference materials through the sale of the Junior Encyclopedia of Canada and the Canadian Encyclopedia in a joint venture with the Canadian Association of Principals.

CHSPTF has been heavily involved in promoting awareness of the necessity for prevention of illiteracy through its Literacy in the Information Age project and the promotion of a healthy learning environment in our homes, schools and communities by acting as catalysts for change. The establishment of Literacy Exchanges — community awareness and empowerment coalitions through our provincial literacy coordinators and the distribution of the excellent Literacy Resource Books has done much to heighten the interest in Home and School and its excellent grassroots networks.

Parents soon become aware that by participating in the local association and becoming actively involved within the school through volunteering in the library; assisting on field trips listening to individual children read; helping stage

book fairs and science fairs or school concerts; whatever comes to mind — the imagination is the only barrier — that their own children and those of other involved parents do better academically on average than students with non-participating parents. Research bears out this finding.

One aspect of the activities at the national level that may not be readily apparent is the networking and exchange of information with other educational organizations such as the Canadian Education Association, the Canadian Teachers' Federation, the Canadian Association of School Administrators, the Canadian School Boards Association and the Council of Ministers of Education (Canada).

In addition, Canadian Home and School, at the national level, has participated in the activities sponsored by such diverse organizations as the Royal Society of Canada, the Conference Board of Canada and the Corporate-Higher Education Forum. We are also invited to consultations and workshops funded or organized by government departments as diverse as Health and Welfare, Employment and Immigration, Environment Canada, the Justice Department and the Election Act Reform panel.

The mandate that we have assumed as members of the Canadian Home and School and Parent-Teacher Federation is diverse, complicated, absolutely essential and capable of promoting individual growth and maturity. If we did not exist as an organization, we would have to be invented. There are many imitators.

WE DO BEST THAT WHICH CANNOT BE DONE ALONE together advocating for children and youth.

Helen Koeppe
President CHSPTF

A Checklist for Parents

by Jan Purvis

For many parents the phrase "a good education" brings forth images of their children in the school setting — an environment including productive classrooms, creative and caring teachers, an information-packed curriculum being offered in a variety of interesting and stimulating ways, and an extracurricular program which complements the classroom activities. How many parents, however, stop to consider their children in the home environment where an equally important part of a good education takes place?

Bruce Baldwin, a psychologist and author of books and articles about lifestyle and parenting, calls this home-based aspect of a good education the *The Hidden Curriculum of Success*.

Children receive their formal education in school but their abilities and skills in coping with life in general terms are learned primarily at home. Fortunately, the majority of parents recognize and accept their responsibilities for this hidden curriculum and intuitively teach their children these life skills.

What are these necessary life skills? As a parent, are you thinking about this essential part of a good education? Here is Baldwin's checklist for his *Hidden Curriculum of Success*:

- Parents must help their children develop internal security and personal self-acceptance. Self-esteem and personal security are internal qualities that cannot be based on external factors like clothing, pocket money, and possessions.
- Parents must help their children develop a sense of personal accountability. Through external limits initially set by parents, a

child gradually learns to control his actions and to live by internal limits later in life. Parents must be alert to the manipulative skills of children and the natural parental tendency to "fix" problems for their children.

- Parents must help their children develop healthy attitudes toward achieving success. Meeting challenges and reaching personal goals involve experience in overcoming hardships and obstacles. Rather than dropping an activity at the first setback, children need to be motivated to make things happen through persistence, hard work, and the surmounting of obstacles.
- Parents need to help their children develop a positive relation-



ship to the work world. Children provided with plenty of spending money and assigned no responsibilities for chores at home lack opportunities to develop healthy attitudes toward punctuality, initiative, acceptance or responsibility, respect for authority.

- Parents need to help their children learn good manners and social sensitivity. Good manners, interpersonal sensitivity, and well-developed relationship skills are a

See CHECKLIST page 14

EDUCATION CHANGES NEEDED

The Economic Council of Canada is calling for a more coherent education system linking employers, schools, and governments to boost standards and to produce graduates better-equipped for a more competitive work world.

The Council warns in a policy statement today, "A Lot to Learn: Education and Training in Canada," that if present trends continue, Canadian schools will send another one million young people who are functionally illiterate into the workforce during the 1990s.

A major problem, says the Council system, is that the primary and secondary school system shortchanges the 70 per cent of students who will not go on to college and university.

As a result, almost one quarter of high school graduates tend to avoid reading or simple numerical operations in the everyday world and are poorly equipped for the workforce. In addition, many others drop out before graduation — the drop-out rate is much higher in Canada than in major competitors such as Japan and Germany.

The Council also found that the quality of education tends to be higher in the Western provinces than in Central or Eastern Canada. As well, results are mediocre in science and mathematics and there are serious shortcomings in vocational training in schools and in apprenticeship training in firms.

The Council statement, based on two years of research, con-

cludes that an essential first step to a better system is an integrated approach where employers and schools work closely together in preparing young Canadians for the workplace and a lifetime of learning.

Among other findings and proposals:

- Canada ranks in the middle among 18 industrialized countries in education, labour market, and economic performance.
- The Atlantic provinces are overstretched financially in trying to maintain their school systems.
- The education system should ensure all 16-year-olds are literate and proficient mathematically by the year 2000; increase the proportion of secondary

school graduates by 3 per cent annually; expand enrolment in science and math programs; and improve the performance of the weaker provinces.

- Partnerships should be encouraged between employers and schools and formal links should be established between vocational training in secondary schools and apprenticeship training in firms.
- Good teaching should be encouraged — the best teachers need greater professional recognition and teacher supply must be more effectively matched with teacher demand.
- There should be greater freedom of choice in the school system leading to increased accountabil-

ity by teacher and principals.

- Administrative costs and duplication of services should be reduced through such steps as sharing transportation and merging school boards.

This is the Economic Council of Canada's final Policy Statement. The Council is in the process of winding down its research activities, including publication of some final studies. The Council is planning to formally close its doors by the end of June 1992.

Council publications are available through commercial booksellers in major Canadian cities or from the Canada Communication Group Publishing, (819) 956-4802.

"A Lot to Learn" (EC 22-182/1992E) costs \$6.95.



Letters to the editor

Dear Editor:

Over the Christmas holidays I met informally with a long time school friend, Shirley Downey, in my home town of St. Stephen, New Brunswick. I talked about my volunteer activities with Home and School, and especially about the Canadian Home & School Literacy Project. One of the topics really captured her attention — the *Born to Read* project for babies developed by the Home & School literacy volunteers in New Carlisle where they are doing a super job.

Shirley is a very active volunteer with the I.O.D.E. (Imperial Order of Daughters of the Empire) and her church. After introducing the *Born to Read* idea to the I.O.D.E., she requested I send her more information.

Below are excerpts from a recent letter explaining how she has taken **ONE IDEA** and put it into **ACTION**. Imagine — if volunteers across Canada took this idea or any of the dozens of ideas in the CHSPTF Resourcebook on Literacy and went into **ACTION**. In no time children and youth in Canada would be experiencing a rich and rewarding learning environment — in the home — the school — and the community.

Marion Daigle
Quebec Literacy Director

Note: Remember — every Home & School President in Canada received a copy of the Resourcebook on the Literacy Exchange in 1990. In addition, dozens of other community agencies and organizations are actively using it.

Dear Marion:

Just a note to get you abreast of developments since our last chat. I told my IODE group about the *Born to Read* project and they were very enthused. Janet Emerson wrote up the meeting for the paper and she is an expert at describing things. Anyway, Ann Breault, our Minister of Income Assistance and also the Minister for Literacy, saw it in the paper, discussed it with the Premier and then called to meet with me to see what we were going to do. She ended up by taking all your material to copy. If Heritage Chapter IODE does a good job at launching this project they would like to use it as a pilot to recommend to other groups.

Anyway I was talking to Christine, my sister, the expert, and she sent me all her materials on reading aloud. She is active in the IRA — not to be confused with the Irish Republican Army, but the International Reading Association. Need-

less to say, I now have more material on the subject than most people will see in a lifetime. I have endeavoured to wade through it all and last Thursday put on a program for my church group on reading aloud to children and I also told them about *Born to Read*.

Back to that subject — my IODE group has set up a committee to put it in place and has allotted \$750.00 for it. We are designing a small bookbag in a bright colour with large print "born to read" on it and a band of action print. The print I got for a sample is teddy bears in a row all dressed in clothes of different fields: doctor, dancer, astronaut, etc. I want the bag to be always the same format and very bright so that each time it is seen it will send the same message. The little bag I am using for a model is one the library put out and it is made from a very tough fabric with a rubbery lining. As many of these children will not have a place to store books it will have to serve that purpose as well.

The local neo-natal nurses visit each new baby at two months in their homes. Charlotte County has about 250 babies per year so we will be doing only the babies who will wind up in St. Stephen, Milltown, and Lawrence Station Schools. That is roughly 75 per year. As I said before, if we do this right others should step in to do the other areas. Publicity will be paramount. Maybe we can have our group shown with the nurses who will pass them out. The Public Health Nurse also thought having someone at the clinics to read to the children was a great idea. Maybe later.

I have also promoted all this info at the bank and have them all reading to the kids. One went to the library for the first time last week.

Also as a result of your visit, we are going to get Leslie Childs [New Brunswick Home & School Literacy Director] to come and speak at our 20th birthday party in the fall and have all the other IODE chapters as guests. Heritage Chapter also voted \$200 for the science projects for the school. We will let the principal decide which ones she wants to do.

I'll enclose a write-up of our meeting. One more thing: the booklet "*Catch 'Em in the Cradle*" is put out by the St. John Regional Library and I am going to ask if we can put it in our little bag of books with an offer to provide

transportation if they don't. Also Janet is writing a message to the parents to tell them how important it is to read to the baby. She is going to try to make it very easy to understand.

Well, Marion, did you think our little visit was going to provide such a hubbub? Hope it all goes well.

Shirley



Thanks

Dear Co-presidents:

Could you please convey to the QFHSA Board of Directors my appreciation for the set of Junior Canadian Encyclopedias?

They are a wonderful addition to my reference library (what there is of it) and now that we are moving to Nova Scotia where they teach Canadian history my children will find it very useful.

I'm enjoying it, too, because my knowledge of your history is limited to the current variety.

Thank you all, also, for the 5 1/2 years of friendship and association with QFHSA. It is a time I will never forget. Nor will I forget the many fine people it has been my privilege to meet here.

Charlene De Conde

(Charlene DeConde was the Editor of this newspaper for several years. We miss her already!)

Home & School Representative Redefines "Literacy"

Ste. Anne de Bellevue, Que., April 3, 1992 — Marion Daigle of the Quebec Federation of Home and School Associations attended the Public Relations class of the *Documentation and Library Systems Program* at John Abbott College on Tuesday, March 31. She spoke about "Literacy in the Information Age," a project of the Canadian Home and School and Parent-Teacher Federation, and accepted a donation from the *Documentation and Library Systems Department* to help fund the project.

Illustrating how difficult it is for even the average person to function without a reasonable knowledge of recent technological innovations, Mrs. Daigle stressed the need for society to change its understanding of the word "literacy." Rather than being just the ability to read, "literacy" can be redefined as having the skills necessary to function in one's environment. The environment includes one's home, school, workplace, and the ever increasingly smaller world.

Some of these literacy skills are critical thinking, good communication skills, knowledge of mathematics and science and familiarity

with computers and telecommunications. The "literate" person will be more flexible and adaptable in a fast-paced constantly changing world.

Mrs. Daigle pointed out that while the audience of students and student/parents were familiar with these new needs or new orientations in education, there are some parents and children in Canada who, as a result of poverty or geography, need assistance at the preliminary stages of acquiring literacy skills.

She avidly discussed her many trips to the North Shore of Quebec (such communities as Aylmer Sound and Chevery) and her interest in helping these very isolated communities with projects to increase literacy skills. Projects in these communities may consist of distributing children's books to new parents or setting up reading circles or book exchanges.

Mrs. Daigle noted that the donation by the *Documentation and Library Systems Department* would be used to pay the cost of transporting books to some of these isolated communities.

Paula Falconieri
John Abbott College



Diane Radu, of John Abbott College's Documentation and Library Systems Program, presents Marion Daigle, QFHSA's Quebec Literacy Director with a cheque to help offset costs of shipping second hand books to remote communities in Quebec.

OTHER PEOPLE'S OPINIONS

Personal Editorial:

Growing up in the midwestern United States, the "Intended Murder Cheerleading Case" saddens, but does not surprise me in the least.

Over two decades ago, I attended a high school of 2,500 students. I was #199 to try out for 12 positions on the cheerleading squad. I was a cheerleader and in the dance drill team corp. Competition was the center of our American high school activities. (The fact that someone's father's donation of thousands of dollars for stadium improvements influenced their child's opportunities, was not understood by a naive high school student.) Athletic teams, drill teams, etc., practised everyday for hours after school. It was not unusual to get home from school play rehearsals after midnight, just before opening night. We were obsessed with *doing* our best,

being the best, for our own egos, as well as for the name of our school.

Do I regret this emphasis on high school activities and disappointments I may have suffered? Absolutely not. Do I feel my academics suffered? No, the competitive spirit and drive carried over into my academic achievements through graduate school on academic scholarships. This attitude prepared me for the struggles I've faced in my adult life.

I push my own children to do their best, but there is a point of going too far. Certainly, intended murder has crossed way over the line, but I'm not naive at this point in my life so as to be surprised by this incident. (The mother wanted her daughter to be a cheerleader so much that she was hiring a hit man to have the competition eliminated!) Parent involvement can become very intense.

We are proud of our children

when they achieve great things, but it is more important to be there with *love*, support and acceptance when they're in the top 10% and only the top 9% were chosen, to help them through life's inevitable struggles and disappointments.

Children **MUST** feel "Unconditional Love".

Parents at Ecole Primaire Pointe Claire have attended workshops based on Dr. William Glasser's theories of Reality Therapy. "Unconditional Love" was a very important theme. We must let our children know that "we love them just the way they are" (Fred Rodgers) — no matter what they *do* we still love them. We might not be satisfied with their performance on a test when the test score on the report comes home, but we still love them, regardless. It is a very important message to keep in mind in dealing with our children.

Jill A. Johnson



The Quebec Federation of Home and School Associations is an independent volunteer organization dedicated to enhancing the education, health and general well-being of children and youth by encouraging public interest in education, promoting cooperative efforts among parents and educators and fostering public opinion favourable to the advancement of education.

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How To Help Students Succeed In School — Beyond the Academics

Parents often wonder what they can do to help their teenagers successfully meet the challenges of secondary school.

Researchers from the University of Wisconsin and Stanford University conducted a study as part of the Madison National Center on Effective Secondary Schools. Based on findings from their study and other research, here are 10 tips for parents and administrators who want to help teenagers meet the challenges of high school and beyond.

1. Recognize that transitions are tough. The first year of high school can be a difficult and stressful year. The work is harder, expectations are higher, and pressure for good grades is stronger. What's more, students must adjust to new faces and a new social system.

In the April 1987 *Schools in the Middle*, Edward N. Brazee suggests that parents be included in orientation sessions for high school freshmen, and that parent/student/teacher conferences be held early in the freshman year.

"Some students may not be ready to adjust to the more rigid academic structure of the high school," Brazee writes. "Others may have some difficulty with the self-discipline needed to operate independently. Parents generally become more vocal because they know exactly what they want their sons and daughters to get from high school."

At the other end, seniors must be prepared to leave the familiar routine of high school and venture into a new situation: establish a reputation, make new friends, and cope with the often unpredictable demands of the world beyond high school. By simply acknowledging how difficult these tasks are, parents and administrators can help students manage successfully.

2. Let them stretch. High schoolers grow rapidly in physical, mental, and social maturity. They must try out and learn to manage these new abilities. Parents can assist by:

- Letting their child express opinions in family discussions — and taking their opinions seriously.
- Encouraging students' efforts to try out new activities — especially ones that parents haven't selected for them.
- Giving them room to fail as well as room to succeed at something.

Administrators can help by encouraging students to get involved in extra-curricular activities and by asking them for input about school issues and concerns.

3. Guide through example. In high school, students grow sophisticated enough intellectually to recognize and resent contradictions between what you say and what you do. Telling students it is important to study and learn is more effective if, after saying it, parents sit down to read a good book rather than sit down and watch television. Administrators guide through example by respecting other people, property, and opinions.

4. Discipline with choices and consequences, not demands and punishments. By saying "This is the rule, period," parents — and educators — give students the subtle message: "I don't think you are

able to make good decisions." An alternative is to offer choices and consequences. For example, "You may do this or you may do that, but if you do that, please understand that the consequences will be..."

Students whose parents use this strategy tend to have better grades, higher self-esteem, and closer relationships with their family.

This atmosphere should be established in the school also. Grossnickle and Sesko (1985) suggest that students should learn in a democratic environment that focuses on positive behaviour and helps students build self-confidence and self-worth.

5. Be consistent. No matter what discipline style parents and administrators use, it is more effective when it is consistent. Try to make the consequences for a particular action the same each time it occurs. And, try to ensure that each parent — and each educator — disciplines in the same fashion. In this study, students raised in households with this sort of consistency developed a stronger sense of self-discipline.

6. Knowing where beats being there. Working mothers often feel guilty if they cannot be there when their children are due home from school. The study results indicate that school grades and levels of misbehavior are not affected by whether or not a parent is home when the teenager finishes school for the day. However, knowing where the student is does make a difference. Grades were significantly higher and problem behavior was less frequent among students whose parents monitored their whereabouts after school.

7. Praise works better than presents. Some parents respond to good grades with concrete rewards: money, car use, etc. They take these presents away if grades fall. Others raise expectations and challenge their students to do even better. Curiously, the study indicated that these strategies tended to drive grades downward.

The most effective strategies were to respond to good grades with praise and respond to poor grades with simple words of encouragement or offers to provide help (a tutor, for example).

However, in *Helping Your Kid Make The Grade*, Sandy Dornbusch (1986) warns that "... the only failure of this approach comes when student grades are very low to begin with. For really poor performance, no parental response seems to make much difference. Here parents should seek out a



— Co-President's Message

CLIMATOLOGY OF CONFERENCES

Home and Schoolers never cease to amaze me. Over the years I've listened to our conference organizers fretting about possible weather conditions likely to occur in conjunction with an upcoming AGM. "I just hope its not raining and blustery — our members certainly won't want to venture too far in the wet — and our attendance will be way down!" "But then again, I hope its not too sunny and warm — they'll all be out working on their gardens and enjoying the spring weather and certainly won't want to be cooped up for hours in a gloomy conference room." According to these nervous Nellies (oh, oh! That old phrase probably has sexist overtones that make it a no no!) Home and School conferences should only be scheduled when the temperature is between 16 and 18°C and the sky is no less than 6/10ths and certainly no more than 7/10ths cloud cover. And if there is the slightest breeze, or a single snowflake anywhere within a 50 mile radius then forget it. Right? Wrong! Wrong! Wrong! However, I must admit to having had the slightest, barely perceptible nagging doubt about the stamina of our membership when I looked out on the morning of our most recent AGM and saw a full scale blizzard in progress. I was clearly not alone in my lack of faith — for

by the time I slithered my car into the snow filled parking lot and slipped my way to the front door of the PSBGM offices I found a small nervous gaggle of executive members wondering if even the guest speaker would be able to make it through the slowly building drifts. We figured that we could count ourselves lucky if we could manage to muster up a quorum. However, as I said "Home and Schoolers never cease to amaze me." Within minutes they began arriving in droves and by the time the business meeting got under way we nearly had a full house. The only hitch in the whole day came when the Co-president and Executive Vice-President had to manhandle the guest speakers car out of a drift after the conference.

I've slowly come to the realization that Home and Schoolers are unpredictable and often just plain perverse — they thrive on the challenge of adversity — the worse things are the more determined they are not to let things get the better of them. All I can say is thank goodness we didn't have a total whiteout interspersed with torrential freezing rain, hail and hurricane conditions... we wouldn't have been able to handle the crowd.

Jon Percy

sympathetic teacher, counselor, or administrator to develop a school-family partnership."

8. Attend school functions. The more frequently parents were involved in the school, the better their students did academically. Students seem to appreciate the interest parents show by attending back-to-school nights, parent-teacher conferences, and extra-curricular events — especially ones in which the student is involved.

Attending these functions also puts parents in a better position to be able to talk about school with their child, to spot difficulties their child is having, and to suggest strategies for overcoming difficulties.

Administrators should invite parents to visit school *any time* — not just on special occasions. Dornbusch suggests that educators make it easier for parents, especial-

ly single parents, to attend school functions. For example, PTA meeting times could be held at night and child care could be provided.

9. Keep in touch with your teen. These days, teens and parents are often so busy that they hardly see each other. But young people benefit enormously from opportunities to talk with a parent about their experiences, opinions, and feelings. This is not a time for parents to lecture, offer advice, or remind about rules. It is a time to listen intently to what's going on in their child's life.

10. Keep in touch with other parents. When neighborhoods or communities share a common set of expectations for teenage behavior, life is much easier for parents and for teenagers. Networking with other parents is a good vehicle for establishing shared expecta-

tions and for learning how other parents handle common situations. School administrators can help set up parent networks.

Bruce A. Baldwin, in *The Hidden Curriculum of Success* (1988), concludes: "As a way to keep your child's education at home and at school in clear perspective, keep in the forefront of your mind 'goodness of fit.' This requires that you use a framework for assessing your child's educational progress the expectations of the marketplace and life in general."

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Written by Bradford Brown, National Center on Effective Secondary Schools, University of Wisconsin-Madison.

Teaching Social Skills

"A person's success depends in large part on social skills. Most people succeed because of their ability to get along with their parents, teachers, employers, and peers," according to Constance Jacobs Kain, John C. Downs, and Donald D Black in "Social Skills in the School Curriculum: A Systematic Approach," published in the January 1988 *NASSP Bulletin*.

The authors contend that in addition to academics, young people must have the social skills necessary to cope in a competitive and demanding world. They suggest that the following are essential tools for successful social interaction: how to follow instructions; how to accept criticism or a consequence; how to accept "no" for an answer; how to disagree appropriately; how to greet someone; how to make a request; how to get someone's attention.

"It is not enough for tomorrow's adults to be academically adept; they must also be able to handle new environments, new schools, and new jobs," they say. Parents and education can work together toward this goal.

Reprinted from: *Tips for Principals*, a bi-monthly publication of the National Association of Secondary School Principals, in the U.S.A.



FOCUS on MEMBERSHIP



THANK YOU TO ALL THE 1991/92 HOME AND SCHOOL MEMBERSHIP CHAIRMEN

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Sunnydale School	Suzanne Rotsztein
Thorndale School	Jo-Ann Whalen/S. Anderson
Valois Park School	Sandy Gordon-Loiello
Westmount High School	Cheryl McGrath
Westpark School	Janet Goldstein
Willingdon School	Jim & Francine Jones-Doyle
Windermere School	Annette Van Boxmeer

AGM Award Winners

1991/92 MEMBERSHIP AWARDS

(based on number of students)

ON ISLAND BOARDS -		Membership Chairman	
Elementary Schools			
Beacon Hill	64%	Bev Plourde	
Dorset	59%	Chris Tibelius	
E.P. Beaconsfield	53%	Alexandra Ostapovitch	
Elizabeth Ballantyne	51%	Catherine Maxham	
<i>Honourable Mention</i>			
Courtland Park	49%	Gail Cooke	
Valois Park	45%	Sandy Gordon-Loiello	
ON ISLAND BOARDS - Secondary Schools			
Macdonald High	21%	Pat Dearing	
<i>Honourable Mention</i>			
Hudson Elementary/High	18%	Heidy Berthoud	
OFF ISLAND SCHOOLS			
Baie Comeau Elementary/High	43%	Barbara Rioux	
Shigawake - Pt. Daniel	24%	Barbara Hottot	
Howick School	24%	Lynn Cullen	
<i>Honourable Mention</i>			
New Richmond High	16%	Barbara Harrison	
New Carlisle High	15%	Janice Sylvestre	



Anne Bishundayal, President, Elizabeth Ballantyne, accepting for Catherine Maxham



Pat Dearing, Macdonald High



Lynn Cullen, Howick.



Toni Carson, President, Beacon Hill, accepting for Bev Plourde.



Wendy Buchanan presents award to Diane Liben, President, Ec. Prim. Beaconsfield, accepting for Alexandra Ostapovitch.



Shirley Straughton, Co-President, Dorset, accepting for Chris Tibelius.

HOME AND SCHOOL 1992/93 FAMILY MEMBERSHIP FEE
 The voting delegates at the 1992 Annual General Meeting agreed, unanimously, that the Membership Fee be increased to twelve dollars (\$12.00) per family for 1992/93. For your information, the proposed increase in the Membership Fee was discussed with the Presidents attending the Mid-Term Presidents' Meeting on February 8th. They were all of the opinion that we should ask for the sum needed to balance our budget and would prefer one increase, rather than raising it in one dollar increments over three (3) years. [It has been seven (7) years (1985/86) since the last increase.]

APPLICATION — QFHSA

Supporting (Family Membership) . . . \$12.00
 Affiliate (Group) Membership . . . \$50.00 eg. School Board, School Committee, Parents Committee, School Council

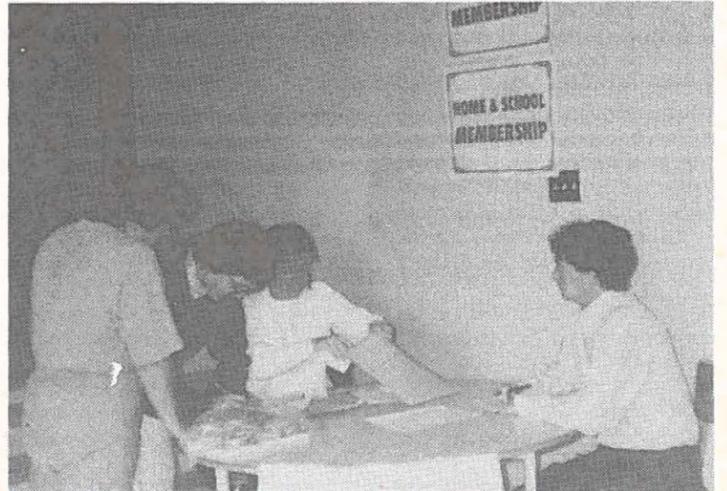
Name _____
 Address _____

 Postal Code _____
(Please do not forget to include post office box number or apartment number if applicable)
 Your membership card will be forwarded to you, immediately, upon receipt of your application by:

Quebec Federation of Home & School Association
 3285 Cavendish Blvd. #562, Montreal, Quebec H4B 2L9 (514) 481-5619
 Membership includes the bi-monthly newspaper and affiliation with the Canadian Home & School and Parent-Teacher Federation.



Austin Carney, Shigawake-Port Daniel, accepting for Barbara Hottot.



New Carlisle High Membership table. Manned by Glenna Renouf, Ruth Briard, Janice and Garry Sylvestre.

Teacher Appreciation Week — February 9th - 15th

"HOW DO WE LOVE YOU — LET US COUNT THE WAYS."

Teachers were recognized throughout Quebec (and Canada) in lots of enterprising ways during Teacher Appreciation Week (TAW). There were so many wonderful ways appreciation was expressed at different schools, here are but a few examples:

DORSET "Parent elves" left staff kitchen sparkling and even left behind some brand new pots and pans, mixing bowls, baking dishes, etc.

ECOLE PRIMAIRE BCFDS Each teacher and the Principal were presented with T-Shirts, signed by each student.

A photograph of each teacher's right hand was displayed in the School. Students were asked to identify as many hands as they could.

AYLMER K-3 were given a puzzle "Unscramble the Teachers' Names" and Grades 4-6 received a crossword puzzle.

MOUNTAINVIEW Made personalized cloth napkins with fabric paints for each teacher. The tablecloth had a drawing of the School in the middle and the students' signatures around the border. (See picture.)

BEACON HILL Donated \$100.00 to the Montreal Children's Hospital Foundation in recognition of the teachers. Teachers dined out at the Beaconsfield Lawn Bowling Club.

ECOLE PRIMAIRE HARWOOD Laminated placemats were made for each teacher, designed by their students, the theme being self-portraits of each child with their signature.

STE. FOY Their contest was the same as the above, using "Footprints" rather than hands.

VALOIS PARK Contest for Students "Guess the Hands." Contest for Teachers "Find Your Own Hands." (A duplicate set of pictures was hidden around the School.) Each teacher had to find his/her hands. On five of the pictures was written "You are a Winner". These winners received 6-49 tickets. "This was great fun. It drove some of them crazy!" "Luga-Mug" Bags — contained pen, magnetic address book, perfume or aftershave, lotion sample, key-chain and note pad. (All donations.) A few Grade 6 students wrote a semi-rap type poem about the staff members, which they performed. "It was wonderful".

WILDER PENFIELD Mugs were made with class pics and "We Love Our Teachers" on them.

Ann Bishundayal of **ELIZABETH BALLANTYNE** summed up the week for us very well. She said, "I think it is very important to show the teachers how much we appreciate all that they do. This week brings parents, students and teachers together in a very nice way!"

NEWSPAPER COVERAGE OF TAW WAS WIDESPREAD

The Gazette and many regional newspapers carried messages about how local schools were celebrating National Teacher Appreciation Week. Governor General R.J. Hnatyshyn wrote a letter applauding Canadian teachers and part of it was reprinted in some of these newspapers:

"It is my hope that all Canadians will join me in recognizing (teachers') professionalism and their intrinsic contribution to the health and growth of our nation."

WILLINGDON SCHOOL In the West End section of *The Gazette* was a picture of Tracy Wood standing among a flock of plastic penguins in front of Willingdon School. The bird display was set up by the H&S as a thank you during TAW.

AYLMER ELEMENTARY An article in *The Outaouais Informer* thanked the teachers and explained what they were going to do during TAW week. Teresa Stanley, H&S Secretary, was quoted as saying "This is our way of showing the teachers and support staff that we appreciate and thank them for all they do..."

DORSET SCHOOL In *The Chronicle*, teacher Marjolaine Loenvich was pictured accepting a gift from her pupils and the write-up explained the different surprises for the teachers each day of the week. On Friday, each teacher received a homemade pie to take home.

MOUNT PLEASANT In the *Lake of Two Mountains Gazette*, an article appeared entitled "Big Round of Applause for the Teachers". That month's issue of "Chalk Talk", the School newspaper, honoured "The Teacher". In that

issue a columnist writes that "giving our children a joy for learning and a solid education is not an easy job, but it's something our teachers do wonderfully well and they seem to have fun in the process." Richard Lessard, the Principal, noting that the final day of Teacher Appreciation Week coincidentally fell on Valentine's Day, said "not only do we appreciate our teachers, we love them too."

GASPE *Gaspé Spec* covered the activities of different schools in the area. **GASPE ELEMENTARY** parents took over classrooms so their teachers could go out for brunch. **C.E. POULIOT POLYVALENT** teachers were treated to a week of goodies, prepared and delivered to them each day.

STE. FOY ELEMENTARY *The Quebec Chronicle Telegraph* described the various activities surrounding TAW at Ste. Foy Elementary, including a Wine and Cheese Party, volunteers taking over supervision in the playground, volunteers leading "We Love Our Teacher Workshops" in the classrooms and a mini-assembly on Friday afternoon with presentation of certificates of appreciation.

ASBESTOS-DANVILLE-SHIPTON *The Record* carried an article which said "at A.D.S., our teachers..(and named them) are number 1! From . . .(and named all the students). Have a very good week!"

Lynn Vrouvas wrote an article for *The Suburban* and described events at **NORTHVIEW, WINDERMERE, BEACON HILL, DORSET, ALLANCROFT** and **E.P. BEACONSFIELD**. Thank you Lynn.

The Gazette gave TAW outstanding coverage this year. Our thanks to **Ellen Lee**, for her help with publicity and press releases, and for getting us such great coverage in *The Gazette*.



Teacher Marjorie Legault receives card for Teacher Appreciation Week, made by Nick Harvey at Kids for Peace meeting at Beacon Hill School, Feb., 1992.

"A TEACHER AFFECTS ETERNITY; HE CAN NEVER TELL WHERE HIS INFLUENCE STOPS."

— Henry Brooks Adams

(This quote appeared in Mount Pleasant School's Newspaper — "Chalk Talk")



Alexander McGregor and Tara Kajaks making Valentines for Teacher Appreciation Week at Beacon Hill School. (1992)



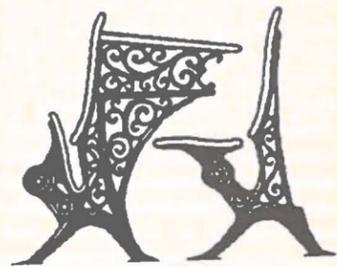
"Teachers open the door to the future for their students. They open the door to the world. To life.

Teachers are the keys that unlock their students' potential, encouraging them to learn, to understand, to grow."

by Audrey Kunkel



Mme. Lise O'Brien accepts Valentine for Teachers' Appreciation Week at Beacon Hill School from Tara Kajaks of KIDS FOR PEACE.



T.A.W. & CARNIVAL WEEK AT E.P. PTE. CLAIRE

Our wonderful teachers were treated to home-baked desserts with their coffee, "we love our teachers" buttons and rulers, from our H & S committee, and many cards and crafts from their creative students. The week was full of surprises; all tokens of our appreciation for their hard work and dedication. The delicious desserts for our teachers and lunchtime supervisors were baked by mothers of our students. On behalf of our H & S committee, a big THANK YOU to all our bakers.

THE TEACHERS RESPOND!

NORTHVIEW

Dear Parents, Throughout the year, many of you help us in the classrooms, on field trips and during special events. You do many little jobs that facilitate us in our work.

The Teacher Appreciation Week is the "icing on the cake!" We appreciate your thoughtfulness.

The Staff of Northview.

NEW RICHMOND HIGH

The teachers of New Richmond High School wish to thank the Home and School, School Committee, and others for their kindness during Teacher Appreciation Week. Your co-operation in the field of education is most important and will not be forgotten.

ECOLE PRIMAIRE BEACONSFIELD

We would like to express our sincere thanks to each and every Home and School volunteer parent, who took the time during TAW week to prepare all the special surprises and the memorable T-shirt with all our students' names. We are very grateful. You made us feel very special. Thank you very much.

Also participating in TAW were: **DR. S.E. McDOWELL, HERBERT PURCELL** and **JOHN RENNIE HIGH**.

Thank you to all the schools who reported on TAW. We really enjoyed reading about your activities and sent lots of ideas on to the National Office.

CONGRATULATIONS!

The Gazette ran a Teacher Appreciation Contest for students. The winners were:

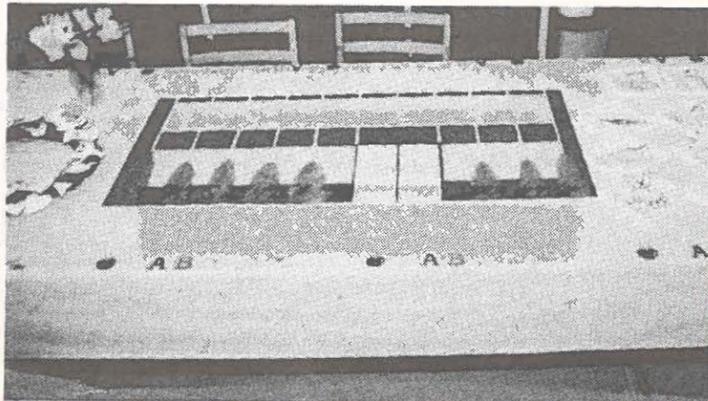
Jessica Read, Grade 2, CEDAR PARK

Panagiota Pavlopoulos, Grade 6, ECOLE DEMOSTHENE

Edison Batangan, Grade 5, GOOD SHEPHERD

The winners received *Gazette* travel bags and their teachers were sent an Educational Services teacher's kit.

Our own appreciation to all the students who took the time to write in about their favourite teacher. Your letters were great.



Mountainview School, Otterburn Park (on the South Shore).

Social Affairs / Support Services Committees

by Pat Lewis



Intercultural Week: Many schools throughout Quebec participated in an Intercultural Week from April 4-11 this year. They talked about racism and discrimination. Since most of our schools now have students from a variety of countries and backgrounds, a multicultural approach was possible in most cases. Both elementary and high schools had many activities during the week. "Let's Stop Racism" became the slogan as students wrote songs and essays or poems, drew posters, composed music and undertook many projects to break down barriers of racism.

Children and TV: According to some researchers, younger children who play computer games longer and more frequently than others tend to be more aggressive, competitive and energetic. The same does not appear to be true of children in the upper grades.

Savage Mondo Blitzers: As if parents didn't have enough with the Teenage Mutant Ninja Turtles, Hasbro-Bradley now has on the market a new line of action figures with some disgusting names called Savage Mondo Blitzers. These are tiny figures on wheels (48 in all) with names such as Snot Shot, Eye Pus, Barf Bucket and Knight to Dismember. In some elementary schools in the U.S. teachers have threatened to organize a boycott against all Hasbro toys. Yes, these are available at Toys-R-Us, and they are not cheap. Perhaps our parents will try to combat the influence of the ads for these toys, particularly with male students?

Kids and Alcohol: Crime is one of the major consequences of alcohol consumption, according to the U.S. Surgeon-General. One-third of young criminals drank alcohol just prior to committing crimes. Alcohol use also makes teenagers easy targets for crime and assault. Many adolescents learn to drink in 7th or 8th grade, with one in eight engaging in binge drinking. The Surgeon-General called on the alcohol industry to change its advertising, which glamorizes drinking, and play down its risks. Recently people of all ages participated in The Lakeshore School Board's first substance abuse conference. There were drug educators, police and representatives from various West Island organizations present in an open dialogue on the problems of substance abuse in the area, including alcohol.

The local H&S association at Beacon Hill School recently sponsored two presentations by the Kids in Action Theatre School about drugs and their abuse. There were two performances — one for younger children and the other for Grades 4-6. Drinking alcohol was the focus of at least two of the playlets presented.

The Baldwin-Cartier School Board is taking the initiative to confront the drug problem in its classrooms by setting up a program of drug-prevention in the classrooms. One school commissioner said that alcohol abuse is one of the biggest problems for teenagers, and since alcohol is usually in the home, it seems acceptable and legal. The three parts of the program include: a drug-prevention resource person to work in the high schools and train teachers to recognize signs of drug abuse; Grade 5 students getting a more intensive drug-education program; a crisis centre to be set up in a high school to help students who abuse drugs.

Smoking: Although millions of Canadians are quitting smoking, according to a federal government survey in March, the World Health Organization of the United Nations predicts that over a million women will be killed by cigarettes each year, partly due to the fact

that young women are taking up smoking much faster than men. Australia recently banned tobacco sponsorship of sporting and cultural events. Ottawa introduced an \$8-a-carton tax on cigarette exports seven weeks ago, and then stopped the tax, after making a deal with the tobacco industry. At least 2,500 workers said they would lose their jobs, and the government caved into this threat. Montreal is considering asking police to ticket smokers who disobey city bylaws that forbid smoking in restaurants, stores and other public places.

A grade 4 student in Kingston, Ont., wrote a letter to Mulroney in March, asking him for high taxes on tobacco. Mulroney's reply was widely publicized, particularly the part where he wrote "... we hope to tax it out of existence someday." But such a furor was raised, that the Prime Minister backed down.

Finally, on April 27th a very large ad appeared in newspapers placed by the *Coalition for Fair Tobacco Taxation* (which includes manufacturers, the workers' union, and distributors (meaning small stores, drugstores, etc.). The ad also cites the millions of dollars which the government had lost in taxes as a result of people's smuggling and also quitting. The ad concludes with "We are asking the Quebec government to act in its next budget! It's a matter of urgency!" Draw your own conclusions.

Teens and Trouble: Because people under 18 are not eligible, the increasing number of teens under 18 have three ways to get money to live, assuming they are homeless — panhandling, stealing and prostitution. No one knows the number of homeless teens on the streets, but it is in the thousands. A recent conference on homeless youth was told by one social worker that police crackdowns are not the answer. The solution is to listen to the homeless children and ask them to be part of the solution.

Teen offenders found guilty of murder and other serious offences face stiffer maximum sentences under a law passed recently. Law was passed to alter public perception that young offenders get off too easily.

Teens calling themselves 'tax men' are now prowling the Metro and are mugging other teens or younger children. Metro police reported these actions about five years ago, but there has been a big increase recently.

The recent AGM of Quebec Federation of H&S featured a speaker, Brenda Henry, who was a three-time high school dropout and was very shy and lacked self-esteem. She spoke of the importance of a positive attitude and of self-help in developing confidence prevent school dropouts. Now the federal government is initiating programs across Canada called Stay in School. In Quebec this work is being organized through Employment and Immigration Canada and the Minister of State for Youth. Local school boards and social service agencies are cooperating. For more information on Stay in School in the West Island area: call 694-9622.

For Canadian children's books on science and the environment: contact Double Hook Book Shop, 1235A Greene Ave., Mtl. H3Z 2A4 (932-5093).

ORBITUARIES

**Douglas Walkington,
May 27, 1901 to January 09, 1992**



Douglas Walkington, one of the outstanding leaders in the Home & School movement, died on Thursday, January 09, 1992.

He was born in Yorkshire, England, in 1901. During the First World War, Douglas was too young for military service so he joined the Boy Scouts, working as an orderly or on patrol duty.

In 1917 he took on a job in a dye stuffs laboratory, and then studied chemistry at the Bradford Technical School, thus laying the foundation for an outstanding career in the chemical industry.

In July 1920, Douglas and his recently widowed mother decided to migrate to Canada. They settled in Toronto, and he found employment with the Grasselli Chemical Company which later became a part of CIL (Canadian Industries Limited).

In 1930, he married Eleanor Lovatt, and they had four children, two boys and two girls. In 1940 the family moved to Montreal taking up residence in NDG and Hamp-

stead.

Douglas took a close interest in the children's education, becoming the president of the West Hill High School Home & School Association, and then in 1954, president of the Quebec Federation.

He became a delegate to the Canadian Home & School and Parent-Teacher Federation, then its Finance Chairman and then, in 1960, the National President.

He then joined the Education Week Committee, and became involved in planning two Canadian Conferences on Education, actually chairing the one in 1965. In recognition of his services to education he was awarded the Centenary Medal in 1967.

At this time he retired from business and from any active leadership role in the Home and School movement. He did, however, for the next twenty years carry out the task of reading Hansard [the written proceedings of the House of Commons] and marking pertinent items dealing with children's education, juvenile delinquency, family life, etc. These items would be transcribed by the National office and distributed to the Home and School mailing list.

Douglas Walkington thus continued to make a significant contribution to his fellow Canadians and to the cause of education almost until his recent death at the age of 91. We all owe him and his family a great deal, for much of what he accomplished was made possible by his loving and supportive wife, Eleanor.

*John Parker
past president, QFHSA*

Carolyn Drysdale

As most of you know, Carolyn was a very strong proponent of Home and School for over a quarter of a century. In fact, one could easily state that she had a real love affair for the children of Canada and for the crucial role that Canadian Home & School and Parent-Teacher Federation plays in support of our nation's youth. She was a vigorous and passionate supporter of HOME AND SCHOOL in her home province of Nova Scotia and in Canada. In addition, she was a very humble and generous human being who never minded taking a back seat or putting her positions aside if another Home and Schooler's idea or recommendation would better serve the needs of our young people or this organization.

I have known Carolyn ever since we both attended our first "National" AGM in 1972 which



was held on P.E.I.. It was ironic that her last AGM would also be on P.E.I. but in 1991. I have always admired her tenaciousness, her enthusiasm, her generosity, her wit, her loyalty as well as the respect she had for the grass-roots nature of the Home and School family.

I will miss her very much as a friend and as a co-fighter for the legitimate rights of parents and youth in Canada. Carolyn was very much a model of commitment and concern for all of us. I mourn her passing and was proud to be asked to join other representatives of CHSPTF at her funeral in Wallace, Nova Scotia, where we were joined by so many other Home and School friends from Nova Scotia and the Maritimes.

Yet I state most respectfully, that I can hear her saying now, "Never mind the mourning, what are you doing for those kids?". Hence, I encourage you to join me in availing ourselves of the opportunity which Carolyn's death affords each of us, to pay tribute to her life and courage by recommitting ourselves to the cause of children everywhere. May we make a conscious effort, in her memory, to continue to promote the ideals and objectives of this organization which she loved so very much, and to maintain CHSPTF as a prime means of communication and support for all parents and teachers in Canada.

*Tom Wilkinson
past president, CHSPTF*



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And The Winners Are...

1992 Paterson Winner



Ellen Wernecke
Paterson Award winner.

Ellen Wernecke, of Beaconsfield, Quebec, is the 1992 recipient of the Quebec Federation of Home & School Associations' Gordon Paterson Award — given to an outstanding educator in recognition of devoted service to the education of children; one who has also encouraged parent participation in school life.

Mrs. Wernecke is a graduate of Concordia University with a B.A. in Sociology and a Master's degree in Teaching. She is the wife of Hans Wernecke, a teacher at Vanier College, and mother of Catherine, a student at Concordia University.

Ellen Wernecke has a long history of encouraging parents to participate fully in the daily life of the schools where she has been located. As Principal of Beacon Hill School, from 1974 to 1986, she fully understood that encouraging parent participation — as volunteers, classroom helpers and consultants — would add immeasurably to the quality of education for all the students at Beacon Hill. Under her direction Beacon Hill became a leader among primary schools in the Lakeshore School Board and a model for other schools.

At Beacon Hill, Home & School was encouraged to begin a noon-time lunch program for students,

as well as a School Bookstore. Both undertakings proved to be profitable and resulted in generous donations to the school's library. At the end of each school year Mrs. Wernecke and her staff invited all the volunteers to a theme tea to thank them for their participation.

In 1986 Mrs. Wernecke became Principal at Beaconsfield High School. The following year she was instrumental in encouraging the re-establishment of the Home & School at Beaconsfield High and was a strong supporter of its programs. In 1991 Mrs. Wernecke became Director of Secondary Education for the Lakeshore School Board.

Ellen Wernecke's record speaks for itself. She has always been deeply interested in her students and determined to have their parents participate as fully as possible in school life.

Winner Buzzell Award



Charlene De Conde

Charlene de Conde is the 1992 recipient of the Leslie N. Buzzell Award, established in 1950 to recognize outstanding service to QFHSA and to the cause of furthering the aims of Home and School and education in general.

When her eldest daughter entered kindergarten at Edinburgh Elementary School, Charlene welcomed the opportunity to become involved in the education scene. With her customary verve and decisiveness, she immediately volunteered to serve as QFHSA Area Rep for Montreal West, contributing valuable ideas and insights to our Board of Directors.

A career journalist, Charlene's talents soon found a niche at Quebec Federation. This fortunate melding of professional expertise and commitment to literacy and education brought many opportunities to influence policy and evolve new directions. For the past

five years she has been the editor of the **Home and School NEWS**, as well as doing lay-out for the five yearly issues. Always generous in giving time and energy, she has encouraged others to submit articles for publication, presented Federation workshops for school newsletters, and helped students develop their own newspaper.

Moving to Baie d'Urfé opened another avenue for volunteer involvement in education. In 1988 she became co-president of Dorset Elementary Home & School, followed by two more years as president of that association. During this time, Dorset Home & School has been exceedingly active in promoting parent participation in many facets of school life.

Charlene's interests and commitments extended to other areas of community activity, including many years with the Montreal West Operatic Society. For the past three years, while she has been the coordinator of The Gazette Christmas Fund, donations have tripled annually, to exceed more than a million dollars for the 1991 campaign.

Regretfully, as a result of her husband's transfer and the family move to Halifax in March, Charlene's extraordinary talents and vivacious personality will no longer play an active role in Quebec's educational development. Nevertheless, the numerous ties of friendship will continue to flourish as we wish the de Condes happiness in their new home.

PRESENTATION TO LSB A Well-Deserved Award

At its recent Annual General Meeting QFHSA made a special presentation to the Lakeshore School Board (LSB) in appreciation for their continuing support and encouragement over the years. Co-President Jon Percy presented the suitably engraved Canadian Home & School and Parent-Teacher Federation (CHSPTF) plaque on behalf of QFHSA and Commissioner Marcus Tabachnick accepted the award as a representative of the LSB. This award is well-deserved and probably long overdue.

The LSB has been unswerving in its support for the Home and school movement from the beginning. It long ago recognized the necessity and value of parental involvement in the educational process and made a special effort to foster such participation. This partnership built up over many years undoubtedly has played an important role in making the LSB the effective and highly regarded educational institution that it is today.

The Lakeshore Regional Council, in particular, has been very successful in uniting locals on the west Island, and this success has been due in no small measure to the interest and encouragement of the LSB. The personnel of the Board have gone out of their way to provide facilities for meetings, speakers to elucidate a wide range of educational topics of concern to parents and vast amounts of literature and information upon request. The ever patient Bill Stockwell has served as a perpetual fount of information — a veritable directory to the education system. We have learned that if Bill doesn't know where to find a particular piece of information then we should stop looking because it probably doesn't exist. We have also been fortunate in having a dedicated and knowledgeable group of commissioners who were always prepared to attend our meetings and participate on our committees to share their insights and concerns with us.



I feel sure that I speak for all members of the Home and School movement in Quebec when I say that we are very appreciative of the assistance and encouragement that the LSB has given us in the past. I am confident that by continuing to work constructively and amicably together in the future we can con-

tinue to provide the very best in educational opportunities for all our children.

To chairman Joel Hartt, the Commissioners, the administrators and all the personnel of the LSB we salute you and extend our sincere thanks.

Oh what lovely weather mother nature gave us for this year's AGM!



Judy Owen, QFHSA Hospitality chairman, tries to find her car.

Newsletter Awards



This year's Newsletter Awards presented by Diane Radu went to Anita Dunn, editor "Valois Ventures" Valois Park (above), Maria Cranker, editor Ecole Primaire Beaconsfield "Contact" (left) and Julia Curry, editor Mount Pleasant "Chalk Talk" (not present).

1991/92 NEWSLETTER AWARDS

École primaire Beaconsfield — *Contact*
Valois Park — *Valois Ventures*
Mount Pleasant — *Chalk Talk*

Editor
Maria Cranker
Anita Dunn
Julia Curry

HIGHLIGHTS OF THE HOME AND SCHOOL



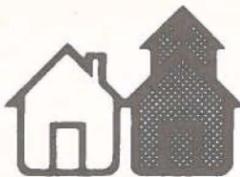
QFSA new executive are sworn in by Sylvia Adams (far right) Life Member of the Canadian Home & School. From left to right: John Parker, Hon. President; Helen Koepp, Past President; Debi Brown, Treasurer; Howard Soloman, Vice-President; Rickhey

Langlois, Recording Secretary; Anne Swettenham, VP; Brenda Dewar, VP; Al Locke, VP; Barbara Milne-Smith, Co-president; Wendy Buchanan, Executive VP; Margaret Funnell, VP; Ada Colomb, VP; Jon Percy, Co-president. Missing from picture Peggy Aitken, VP, and Don Smith, VP.

Margie Ann MacDonald, President, Beaconsfield High School, talks about Ellen Wernecke, Paterson Award winner.



From left to right: Jon Percy and Barbara Milne-Smith, Co-presidents; Helen Koepp, President, Canadian Home & School and Parent-Teacher Federation; Margaret Funnell, QFSA Resolution Chairperson.

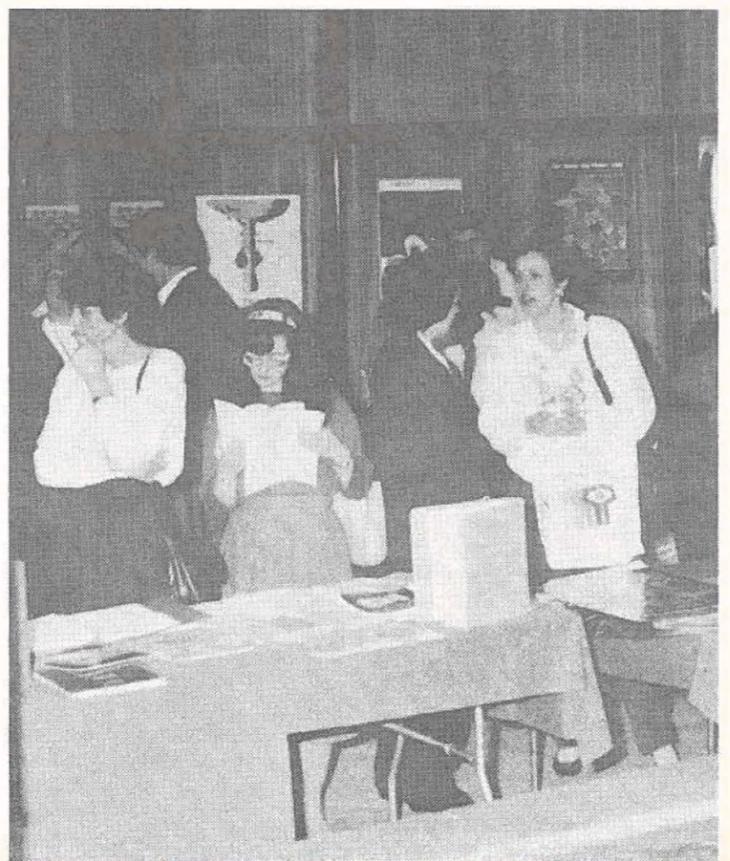


Brenda Henry, teacher from John Rennie High School, tells parents about why she dropped out of school as a teenager.

The Business Meeting



Among items discussed and voted on at the annual business meeting were the resolutions on page 10.



Visiting the displays.

COOL 48th ANNUAL CONVENTION



Vi Minto, on the registration desk, was busy.

Dear QFHSA:

I am the lucky teacher whose name was picked to win the set of Canadian Encyclopedia. Through the kindness of Mrs. Heidi Berthoud (who just so happens to be the mother of one of my students) I received my prize at school on Monday, April 13.

Having not the opportunity to thank you in person, I would like to express to you and anyone else who was involved, my gratitude for your thoughtfulness and appreciation. I was very pleased and must say, *excited*, to hear that I had won such a beautiful and expensive prize.

Thank you again for your support for the teaching profession.

*Belinda Aucoin
Hudson High*

Dear Barbara & Jon,

Just a few short lines to let you know how much I enjoyed the AGM on Saturday April 11th. It was my first AGM and I must say it was quite a thrill to accept the Membership Award on behalf of Elizabeth Ballantyne School.

Today I presented the book to the teachers and staff at E.B. and they were delighted!

I met a lot of wonderful people at the AGM and I hope to attend many more AGM's in the future. I am very happy to be involved with the Home & School Association.

Once again many thanks for a wonderful AGM.

*Ann J. Bishundayal
President
Elizabeth Ballantyne
Home & School*

(P.S. I did like your jokes too, Jon!!!)

Thank you very much for the award and book. I really enjoy doing the newsletter and it's really all the EPB contributors who earned this award with their creative submissions.

I also really enjoyed the AGM meeting. It was my first. I found it very stimulating and could see lots of hard work went into organizing and running it smoothly. Brenda Henry's presentation was inspiring for its honesty and message.

Also I've enclosed an article about what our school is doing to combat the violence on the playground, inspired by T.V. I include this as many expressed concern at the AGM meeting on what parents can do in this area.

*Maria Cranker
Ec. Prim. Beaconsfield*



Heidi Berthoud, membership chairman, Hudson Home & School, accepts an Honorable Mention Award from Wendy Buchanan, Executive Vice-President, QFHSA.

Membership Honorable Mentions



Anne Mac Whirter, New Carlisle High, accepted for Janice Sylvestre, M'ship Chairperson, New Carlisle High, and for Barbara Harrison, M'ship Chairperson, New Richmond High.



Aileen Dyer, President, Valois Park School, accepting for Sandy Gordon-Loiello.



Norma McGuire, President, Ontario Federation of Home & School Associations, brings greetings from Ontario.



Ron Edwards, Quebec Association of Protestant School Boards, brings greetings on their behalf.



Joan Perrin, President Windermere Home & School, accepts a plaque from CHSPTF in recognition of Windermere's contribution to the pamphlet Teenage Parties: A Guide for Parents and Teen! (Parties pour les jeunes: Un guide pour les parents et pour les jeunes!).

LEARNING FOR LIFE



Gail Cooke, Courtland Park

THANK YOU



QFHSA appreciates the photos provided for us by Ben Durand of Photo Art, (514) 384-0430.



Heidi Berthoud, Hudson Home & School accepts present for Mme. Aucoin, teacher at Hudson School, from Barbara Milne-Smith, co-president QFHSA. All teachers who joined their local Home & School Associations had their names entered in a special teacher draw.

RESOLUTION 92/1 SCHOOL NURSES

THEREFORE BE IT RESOLVED THAT Quebec Federation of Home and School Associations request the Minister of Health and Social Services to mandate the CLSCs and provide them with the required PROTECTED budgets:

- 1) to increase substantially the nurse-to-student ratio and the School Nurse's presence in the school, as proposed in the 'Brief on Health Services in the School', to take account of the needs of the school population in the areas of triage, emotional counselling to students and public health education; and
- 2) to increase the number of hours of the School Nurse to five full days a week, and to provide the funding and resources in support thereof;
- 3) to consider the locale of the school that the student attends to be the 'residence' of the student for the purpose of calculating the number of School Nurses to be assigned.

RESOLUTION 92/2 SCHOOL BUS SAFETY

THEREFORE BE IT RESOLVED THAT Quebec Federation of Home and School Associations petition the Quebec Minister of Transport:

- 1) to mandate the conversion of the entire fleet of Quebec school buses to flat-nosed models as soon as is practically possible; and
- 2) to expedite the mandatory use across the Province of bus safety equipment that has been proven effective; and
- 3) to mandate a driver training program of at least forty hours for each bus driver, with certification needed for employment and recertification required biennially; and
- 4) to encourage the practice of the trained bus driver conducting a safety awareness session for the children on his bus; and
- 5) to ensure that the driver is able to communicate in the language of the students.

RESOLUTION 92/3 ESTABLISHMENT OF A SCIENCE CENTRE IN QUEBEC

THEREFORE BE IT RESOLVED THAT the Quebec Federation of Home and School Associations petition the Government of Quebec to initiate and fund the establishment and operation of a Centre of Science and Technology with the following objectives:

- 1) to depict to the public and to conduct a program of education in the origins, development and progress of science and technology and their relationship to society;
- 2) to depict the role of Quebec in the furtherance of science and technology;
- 3) to stimulate the interest of the public in matters depicted by the Centre;
- 4) to collect and exhibit objects and displays and to maintain and operate a museum and related facilities;
- 5) to encourage the use of the Centre by all levels of students and the public at large; and

BE IT FURTHER RESOLVED THAT the Quebec Federation of Home and School Associations encourage the Government of Quebec to solicit the support and cooperation of business and industry in this venture.

RESOLUTION 92/4 AGGRESSIVE BEHAVIOUR

THEREFORE BE IT RESOLVED THAT Quebec Federation of Home and School Associations urge local Home and School Associations to promote, develop or support local school-based strategies for preventing and dealing with student aggressive behaviour, be it by:

- 1) providing impetus, input, support or back-up to local school and teacher-based programs that deal directly with the problem of aggressive student behaviour at school or in the school yard;
- 2) sponsoring activities and parental guidelines for children's TV and movie video viewing that stress parent responsibility for guiding their child's viewing and which give steps and tips on how to do this effectively;
- 3) advocating or supporting further measures that aim to prevent student aggressive behaviour by addressing the problem of domestic violence; and

BE IT FURTHER RESOLVED THAT the Quebec Federation of Home and School Associations request its local Home and School Associations to inform the Provincial Office of strategies for preventing and dealing with student aggressive behaviour that have been found effective in the schools; and

BE IT FURTHER RESOLVED THAT Quebec Federation of Home and School Associations request that the Canadian Home and School and Parent Teacher Federation through its Provincial Federations urge all local Home and School Associations to implement the above courses of action.

RESOLUTION 92/5 TASK FORCE ON ENGLISH EDUCATION

THEREFORE BE IT RESOLVED THAT Quebec Federation of Home & School Associations:

- (1) commend the Minister of Education on his initiative in establishing the Task Force on English Education; and
- (2) endorse the recommendations of the Task Force; and
- (3) urge the Minister of Education to implement those recommendations that come under his jurisdiction, and to work with other members of the government towards the implementation of those recommendations for which he does not have sole jurisdiction.

RESOLUTION 92/6 BILL C-22 — BANKRUPTCY PROTECTION FOR EMPLOYEES

THEREFORE BE IT RESOLVED THAT Quebec Federation of Home and School Associations urge the Minister of Revenue, Canada, to amend Bill C-22 such that school boards will not be subject to it; and

SUMMER FUN

GROW YOUR OWN CRYSTALS

Salt crystals are easy to make.

You will need:

- 3 tablespoons of salt
- 1 cup of hot water
- a cake pan
- a few small stones



1. Stir the salt into the cup of hot water. Keep stirring until the salt is completely dissolved.

2. Place the stones in the cake pan. Pour the salty water over the stones.

3. Leave the pan undisturbed in a warm place and wait for the water to evaporate.

4. In a few days you will see the crystals.

Try this with baking soda, allum or Epsom salts instead of salt and see the difference in the crystals. Add a few drops of food colouring for special effects.



Believe it or not, a salt water sea covered the whole St. Lawrence River Valley several times in the distant past: once about 400 million years ago when the world's oldest coral reef existed here and again about 12,000 years ago when Beluga whales and seals swam in the Champlain Sea.

Follow the Bouncing Ball

Background

What do basketball, soccer, and table tennis have in common? If you said they are all summer Olympic sports, you're right. They also all rely on balls — bouncing balls to be exact.

But each of these Olympic sports uses a different size ball, which bounces differently. And as any dribbler, midfielder, or champion table tennis player can tell you, the better you know how a particular ball bounces, the better you can dribble it, kick it, or smash it.

This Experiment Asks These Curious Questions:

- How does the size of a ball affect its bounce?
- Does the material that a ball is made out of affect its bounce? If so, how?
- How can you increase the "bounce power" of a ball?

Materials

- 2 meter sticks
- clay
- books
- a container (an empty coffee can is fine)
- different balls (ping pong, tennis, rubber, golf baseball)

Activity

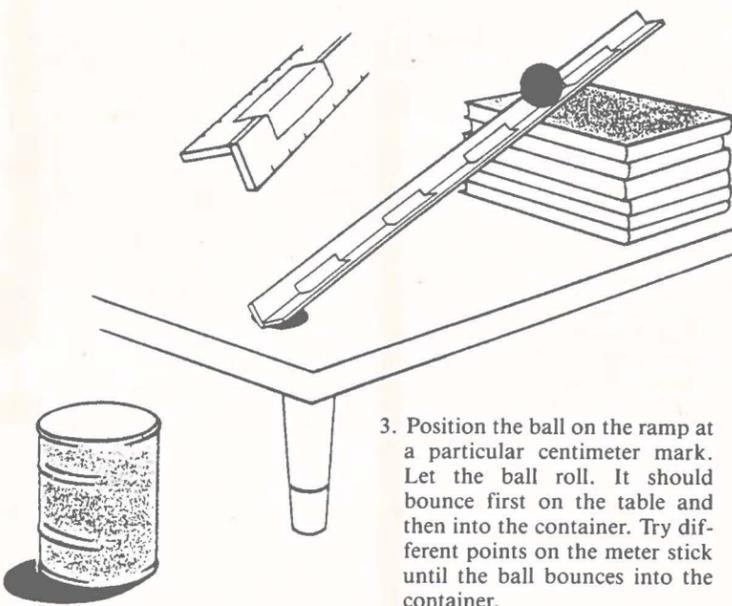
1. Tape the meter sticks together in a "V" to form a ramp. Use books to prop up your ramp at about a 45 degree angle on a table. Support the end of the ramp with some clay to help make the ramp steady. Also, make sure the end of the ramp is a few centimeters in from the edge of the table.
2. Place a container on the floor approximately one meter from the table. The purpose of the container is to catch the bouncing ball.

4. When the ball bounces into the container, write down at what point on the meter stick you "launched" the ball, or started it rolling.
5. Now try other balls. Each time a ball bounces into the container, note its launch point. Make a graph or chart of your findings. Which ball entered the container from the highest starting position on the meter stick?

Exploration

- What would happen if the ball bounced on a grass surface? Test what happens when the ball bounces on different types of surfaces, such as sandpaper or a rubber mat, before it bounces into the container. Does the position of the ball's launching point on the ramp need to change?

Reprinted from: *National Science Foundation, Washington, D.C.*



3. Position the ball on the ramp at a particular centimeter mark. Let the ball roll. It should bounce first on the table and then into the container. Try different points on the meter stick until the ball bounces into the container.

BE IT FURTHER RESOLVED THAT Quebec Federation of Home and School Associations request the Canadian Home and School and Parent Teacher Federation similarly to petition the Minister of Revenue, Canada.

RESOLUTION 92/7 SPECIAL ACCOMMODATIONS FOR LEARNING DISABLED STUDENTS IN ADMINISTERING COMPULSORY EXAMS

THEREFORE BE IT RESOLVED THAT the Quebec Federation of Home & School Associations support the efforts of the Learning Disabilities Association of Quebec in convincing the Ministry of Education to revise its policy with respect to the administration of the compulsory examinations at the high school level to allow special accommodations for students with severe learning disabilities.



*QFHSA wishes
all its readers a
fun and exciting
summer 1992!*

Redpath Museum

McGill University is having an exhibition on the environment of the St. Lawrence River Valley. "Wanted Alive! The St. Lawrence River Valley" open to the public, Mon.-Fri., 9:00 a.m. to 5:00 p.m. Sunday, 1:00 p.m. to 5:00 p.m.

The Exhibit is running now until August 15th. Admission is free!
Exhibition info.: (514) 398-4094
Museum info.: (514) 398-4086

Recommended Books

FOR PARENTS WHO PLAY A PROACTIVE ROLE IN HELPING THEIR CHILDREN GAIN MORE FROM SCHOOL...

What's a Parent to Do? The Home-School Conspiracy by Gary Phillips

The name of this book is a bit of a misnomer. The word *Conspiracy* is misleading because the book promotes partnership between home and school and explains that North America's parents are demanding more accountability and taking an increasingly active role in the education of their children. This book is an outstanding practical summary of the most recent research on parenting. The emphasis is on bringing about a positive change in a child... to attain a vision of excellence... to help children become the "best they can be."

What's a Parent to Do? does not use vague concepts on home-school parent-child relationships; it clearly outlines "what to do when".

e.g. **WHEN...** A child is competitive, demanding, swaggering, inviting conflict:

THEN... Remember the goal is resolution not victory. Your mindset must not be competitive (win-lose) like the child's. Instead, assume a win-win posture and divert energy toward resolution. Let the child win! If you compete the results are likely to be lose-lose.

There are many insightful ideas about how to bring the family together. In a Chapter entitled "Rituals in the Home", one finds this quote:

"There are only two lasting bequests we can hope to give to our children. One of these is roots; the other, wings."

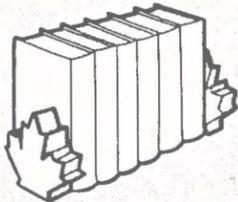
...Hodding Carter

In the Chapter on communicating, parents are reminded that "eighty percent of your talk with children (particularly your teenagers) should deal with feelings. Deal with feelings instead of facts."

In the interest of making this book as widely available as possible and providing an opportunity for parent organizations to generate needed funds, *What's a Parent To Do?* is offered at a special wholesale price of \$12.95 each (minimum 100 books). The retail price is \$17.95, enabling parent

service organizations to earn \$5.00 per unit sold.

(Published by EduServ. 1155 West 8th Avenue, Vancouver, B.C. V6H 1C5. Tel: (604) 736-4266 Fax: (604) 732-4559)



WHY NOT INITIATE A FAMILY READING TIME WHEN FAVOURITE BOOKS CAN BE READ ALOUD AND ENJOYED BY THE WHOLE FAMILY?

The Read-Aloud Handbook by Jim Trelease

There are so many excellent books available for children today. *The Read-Aloud Handbook* is for parents who want to be guided through the different stages of their children's reading development. This manual gives parents a list of books not to be missed as the young reader's preferences evolve from pre-school through secondary school.

The Read-Aloud Handbook also recommends specific titles which best lend themselves to being read aloud. Often, as parents, we realize that our children have outgrown marvellous stories before we have had the opportunity to introduce them. With *The Read-Aloud Handbook*, parents can be reassured they have included important books in their children's lives through family read aloud sessions and by choosing the most appropriate books for them to read as their abilities and tastes mature.

It becomes a very special family time if you designate an hour or so each night to read together out loud. Choose from the many titles this book recommends, or childhood favourites of your own. When the children are young, an adult may read; however, as the children grow they might want to participate and read part of the story aloud to parents and younger siblings. These special times will soon become cherished memories for the whole family.

(Published by Penguin Books Ltd. 625 Madison Avenue, New York 10022, U.S.A.)

Creative Parenting: The Complete Book of Child Care

(1982; rev. ed. 1992)

William Sears

Many aspects of Creative Parenting are excellent. The medical information is clear and straightforward, the developmental stages of the baby are well-explained, and there is lots of useful information on eating, education, social skills, etc. The section on discipline is not original, but it is a good summary of the currently-accepted notions of time out and logical consequences. One is, however, left with the impression that unless the parents get it right from the beginning there is little hope to impose discipline on an unruly older child.

The main drawback of this book is that it is too dogmatic for a general child-care guide. Dr. Sears overstates the case for natural delivery, without a mention of the many medical aids that are available and welcomed by many. He overstates the undoubted benefits of breastfeeding, giving virtually no support for bottlefeeding. And he exerts an unwarranted pressure on mothers to stay home with their children instead of working outside the home. Dr. Sears clearly has no use for daycares (except the Montessori schools).

I, personally, share most of Dr. Sears's views: I had natural deliveries, breastfed both my children, and have stayed at home to look after them (and, like Dr. Sears, wish that the government would give me tax concessions rather than fund daycares). But I am just not convinced that mine is the only way. Even leaving aside the powerful argument of the right of personal choice in these things, there is a large number of single mothers who nearly all have to bottlefeed and to work. Dr. Sears does not address their problems at all, and indeed only mentions them in a short section on divorce. He emphasizes paternal involvement but at the expense of any discussion of single parents.

This new publication of Creative Parenting calls itself "revised and updated" but in fact there is little substantial change from the original 1982 edition. There is a new section on AIDS, of course, and on personal safety, and two new

appendices on "wearing" your baby and on reading to your child. The rest of the changes are very slight; for example, he now talks of "attachment" parenting instead of "continuum" parenting.

Creative Parenting says on its cover that it is "approved by the La Leche League." This is both good and bad. It is an excellent guide for those who are already La Leche devotees. However, the League, for

all its good advice and support on breastfeeding, does espouse some controversial ideas.

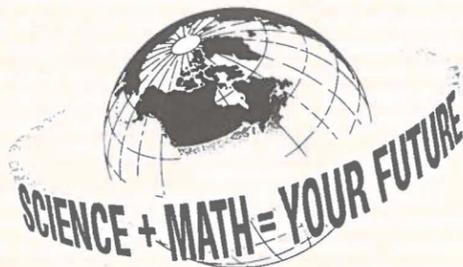
Although rich in information, and useful in many respects, Creative Parenting is in my opinion too doctrinaire and too judgmental to be the only child-care book on my shelves. And many people may be offended by its reactionary bias.

Leslie Hirst
Seignory

Executive & Board of Directors "Happenings" April/May

- | | |
|------------------|--|
| April 04 | Quebec Council Parent Participation Preschools, Baie d'Urfé. Workshop given by Marion Daigle, Quebec Literacy Director, QFHSA, on "Creating a Learning Environment". |
| April 11 | QFHSA Annual General Meeting, Montreal. Full write-up on pages 7-10 of this newspaper. |
| April 21 | Gaspé region. Meeting with Marion Daigle, Lally MacKenzie, Language Arts Consultant and Anne MacWhirter, QFHSA Area Rep and teacher at New Carlisle High School, to discuss the Literacy Project activities. |
| April 21 | Montreal West United Church, afternoon discussion group on Religion in Education. Workshop leader Al Locke, V.P. QFHSA and Past President of the Protestant Committee of the Superior Council of Education. Betty Lou Manker, QFHSA MRE chairman, was the organizer. |
| April 23-25 | Ontario Federation of Home & School Associations Annual Meeting, Hamilton. Attended by Barbara Milne-Smith, Co-president, QFHSA. |
| April 28 | Westpark Elementary School, DDO. QFHSA sponsored a workshop for the parents on, "Whole Language Teaching". Debbie Stewart, LSB teacher, was thanked by Howard Solomon, V.P., QFHSA. |
| April 30-May 02 | Quebec Association of Protestant School Boards / Quebec Association of School Administrators, Spring Conference, Quebec City. Attended by Helen Koeppel, Past President, QFHSA. |
| May 02 | "Parenting in the 90s", 4th Annual Conference at McGill University. Attended by Wendy Buchanan, Executive V.P. |
| May 02-03 | Book Fair, sponsored by the Association of English Publishers of Quebec and The Gazette at Le Faubourg (Mtl). QFHSA had a table here showing our materials from the Literacy Resource Book. Table staffed by Marion Daigle; Diane Radu, Editor of "Focus on the Locals" pages in our newspaper; and Donna Sauriol, Executive Secretary, QFHSA. The sponsors of this Book Fair donated \$1000 to our literacy projects. |
| May 04 | Quebec Association of Media Educators, meeting held at PSBGM, Montreal. Attended by Marion Daigle. |
| May 06 | Literacy Exchange held in Brossard. Organized by the South Shore Literacy Council. Animator for the exchange, Marion Daigle. |
| May 09 | Provincial Association of Protestant Teachers, Parent Liaison Committee, meeting to discuss mutual concerns, Kirkland. Attended by Marion Daigle; Debi Brown, Treasurer, QFHSA; and Howard Solomon, V.P., QFHSA. |
| May 26 | Planning Committee meeting for Concordia University's fall conference, "Dimensions of Literacy in a Multicultural Society", being held Oct. 2-4, 1992. Marion Daigle is part of this planning committee. |
| May 27 | The Canadian Home & School and Parent-Teacher Federation (CHSPTF) hosts "Science, Education and Public Policy", a day-long conference with plenaries and workshops. Open to the public. |
| May 27 (evening) | CHSPTF President's Reception and Opening Ceremonies for the start of the national Annual Meeting at Royal Victoria College of McGill University hosted by Helen Koeppel, President, CHSPTF. |
| May 28-30 | CHSPTF Annual Meeting, at Royal Victoria College. Hosted by Quebec. Attending for QFHSA: Barbara Milne-Smith and Jon Percy, Co-presidents; Wendy Buchanan, Executive V.P.; Al Locke, V.P.; Marion Daigle; Rod Wiener, Co-chairman, Rights Committee. |
| May 29 | CHSPTF Awards Banquet, at the Faculty Club of McGill University. Stephen Leacock Award, for an outstanding educator, presented to Dr. Calvin Potter, Past President of QFHSA and chairman of QFHSA Rights Committee. Life Membership in CHSPTF presented to Helen Koeppel. Guest speaker: Dr. Victor Goldbloom, Commissioner of Official Languages, Canada. |

Demonstration Exploration Fascination



"Why do I have to learn science and math?" Sound familiar? It should - generations of parents have had to answer this question.

When left to the textbook, science and math are little more than numbers on a page. But when a scientist, engineer or technician visit a classroom, science and math come alive!

Hands-on demonstrations involve the students. Once passive, students become active participants in the learning process. Those same numbers on a page become the girders that hold up a bridge and the engines that propel an airplane. Careers are discussed and students begin to look at science and math as avenues to exciting professions.

If you would like to have a scientist, engineer or technician visit your child's class, ask his or her teacher to call the Canada Scholarships Program and talk to us about our **Innovators in the Schools** and **Frontrunners** networks. Our number is:

(613) 993-7597

CANADA
Scholarships

FOCUS on the LOCALS

MEADOWBROOK

BREAKFAST CLUB

We have received donations from parents and teachers in our school community to subsidize children who need to attend "Breakfast Club."

We can now offer breakfast FREE, the last week of each month, to all the children in the East Wing and Grade 3 in the West Wing. This allows all the children the opportunity to participate in the "Club."

CHRISTMAS BASKETS

This was a very successful venture. Many thanks to Miss Buzzell and staff for their support and cooperation.

Thank you to those in our school community who sent food for our baskets.

Thank you Lachine High School for donating your collection of food for baskets to our Christmas Baskets.

Thank you parent volunteers for helping us to sort and pack the boxes.

Thank you Kiwanas for the twenty-one boxes of food which you donated.

Thank you Knitters for all the beautiful mitts, hats and scarves.

Thank you Christmas Bazaar for all the special gifts.

A.D.S. SCHOOL

Everyone has been busy at A.D.S. The first event the whole school took part in was visiting the Richmond Fair. The children saw a magic show and a horse show. They visited the Youth Fair and other buildings.

On October 3rd, Joëlle Hénault organized an apple picking trip for Kindergarten and Grades 1 and 2. They went to Wickham where they saw how apples were grown, picked and sorted. Everyone could pick their own apples.

On October 7th, the students started a wrapping paper campaign. Our students sold \$2,587.00 worth of paper, of which approximately \$950.00 is our commission. Our top sales persons were — K — Shawn Perreault Bullard, Grade 1 — Craig Brown, Grade 2 — David Larrivere, Grade 3 — Holly Coffen, Grade 4 — Jennifer Leroux, Grade 5 — Aimee Nickerson, Grade 6 — Julie Desharnais. We would like to thank everyone who supported our students.

On October 9th, a very nice, warm afternoon, Miss Wilson and her Grade 1 and 2 class took a nature walk around Burbank Pond. The guide showed the children different things about nature. The walk was very enjoyable.

On October 11th, ten students participated in a Cross Country Run at Richmond Regional High School. A.D.S. students placed as follows: Derek Lockwood — 6th; Jennifer Leroux — 6th; Erika Lockwood — 7th; Noël Murchison Morand — 9th; Martine Barley — 12th; Jessica Gagné Wright 13th;

Thank you Ciba-Geigy for the boxes, tape, superb manpower and efficient distribution of said full and heavy boxes. Your financial support allows us to purchase the perishables and extra goodies. We couldn't do it without you.

CHRISTMAS BAZAAR

The 1991 Children's Christmas Bazaar was, once again, very successful. We made \$1,842 and again this was matched by Ciba-Geigy. Part of the funds were used to support our Christmas basket.

The balance was donated to the Meadowbrook Breakfast Club, Families for Children, Tiny Tim Foundation, Lamplighters and the Montreal Children's Hospital Biochemical Genetics Dept. in memory of Claudia Discenza.

Ed. Note: Ciba-Geigy, a large pharmaceutical company located in Lachine, works very closely with parents, staff and students of Meadowbrook Elementary School. As you can read above, this means lots of good things happen.



Librarian, Linda Wishart, and Grade 2 children from Mrs. Ward's class, looking over the new books at Elizabeth Ballantyne.

NEW CARLISLE HIGH SCHOOL

HEALTHY HEART, MIND & BODY

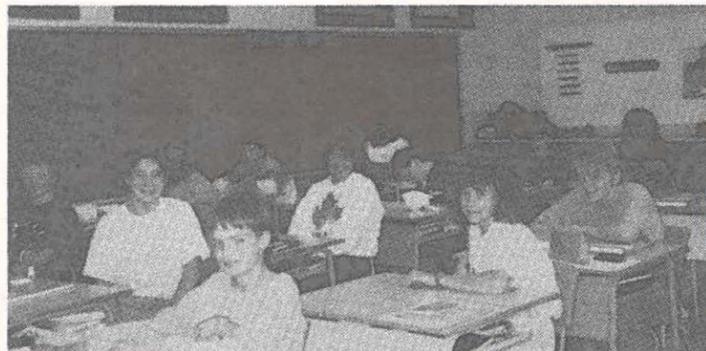
A special "Health" evening was hosted by the H&S on March 18th. Three workshops were run concurrently. The topics were a healthy heart, a healthy body and a healthy mind. Special speakers were Dr. Jacques Pelletier, social worker Cathay Dimock and teacher/diet group leader Lauralee Harrison.

During Nutrition Month, parents prepared nutritious snacks for all classes from pre-Kindergarten to grade 8. The children sampled a wide variety of fruits and vegetables.

HUDSON

H&S organized a Christmas get-together for members of the staff. Peter Milot (Elementary School) organized his annual food, clothing and Christmas gift drive.

In January, when school restarted, the tragic loss of a Hudson High student to meningitis, was handled with special sensitivity



Grade 8 New Carlisle High School attend a Rock 'n' Roll 'n' Reading workshop.

and professionalism by all the teachers.

On February 21st, students participated in fasting for World Vision.

H&S supplied emergency stickers to all students for use in the home; nominated a group of teachers for the Readers Digest Leadership in Education Awards; held an Annual Book Fair on March 11th; launched a major spring fundraiser — a sale of bulbs and plants; held 6 car washes this spring, in conjunction with other in-school groups; subsidized CPR courses for members and students.

ELIZABETH BALLANTYNE

SKATING FOR BOOKS

The school is very fortunate to have the Montreal West Children's Library located right here on the premises. All the children use the library on a regular basis and to show our appreciation the students partake in the annual Skate-A-Thon.

Each student from grades 2 to 6 skates laps for half an hour at the Montreal West Arena. Non-skaters count laps or just cheer on their fellow class mates. Pledges are collected and all the money is given to the library to buy new books. This year the Skate-A-Thon took place on Valentine's Day and \$2,300 was raised for the library. Librarian, Linda Wishart, says this translates into approximately 200 new books! Quite an accomplishment!

The Skate-A-Thon has been around for about 14 years now, so you can imagine all the new books the students have helped put in the library over the years.

Once the Skate-A-Thon is over, and the money collected, the children are invited to design "book plates" for the new books. Winners are chosen from each grade participating and their book plates are put in all the new books.

The Skate-A-Thon is a wonderful example of community and school working together for the benefit of all.

All in all a very successful week.
Ann Bishundyal

ÉCOLE PRIMAIRE POINTE CLAIRE

INISKI

Four fulfilled days of initiation to cross-country skiing for our Grade 1 students, and down-hill skiing for our Kindergarten classes.

Remarkable progress was made by all. Most students could put their own boots and skis on, and could handle going up and down our ski hill in the school yard by weeks end.

All classes anticipated the arrival of Thermo and Gamma at the end of the week. Thermo and Gamma handed out diplomas to all participants who also enjoyed hot chocolate and munchkins at the Chante Ski Party.

The great success of our Iniski Week was the result of the hard work of Lilianne Hintermeuller and her group of volunteer parents who showed up everyday to help students; bring the equipment out to the school yard, and get things rolling.

Marlene Brown

FEBRUARY 12 — was our very successful SKI DAY at Mont Olympia. The sunny weather, though a bit cold, cooperated with the efforts of Pierre Vallée and Yves Cossette to help make many memorable hours of skiing fun for our students and their families. First-time skiers had the opportunity to take an hour lesson and then were put in groups with one of our teachers for the day.

For our students who did not ski, there were many different outdoor winter activities organized at our school. The students could choose from iceskating, sliding, snow-shoeing, or cross-country skiing. The day ended with hot chocolate for all.

All parents and teachers who volunteered their time for the JOURNÉE PLEIN AIR deserve a big Thank You.

Johanne Rolland

WINDERMERE

WARM FEELINGS

Students recently enjoyed an action-packed Winter Carnival. All activities were organized by the H&S with the cooperation of several parent and teacher volunteers.

A very special guest visited the students throughout the week, and came to be known as "Windermere's Wally Walrus". School spirit was abounding, with students and staff decked out in Windermere Carnival buttons, designed by Grade 6 students, Jessica Anderson.

Events included a Pizza lunch; an igloo-building contest; skating parties; movie night; and a staff/student volleyball challenge. The grand finale featured a Family Bingo Night, and was attended by over 300 people. Refreshments and a Bake Table brought a small profit for the H&S.

The Carnival was deemed a great success — having put a warm feeling into a cold winter.

LACHINE HIGH

JOB BANK

Students of Lachine High are available to do the following jobs:

- Babysitting
- Light housework
- Lawn care (raking, mowing)
- Windows
- Painting
- Snow removal
- Dog walking/animal care
- Helping with groceries
- Tutoring of elementary students.

For more information, please call Mrs. Cornacchia at 695-8956.

E.P. HARWOOD

A PROFITABLE AND INFORMATIVE WINTER

The H&S has had a busy winter. Late in January we held an information evening with "PARADE", a group that enlightened us about drug and alcohol abuse. A psychologist held an info session, followed by "PARADE" who discussed the overall issue with parents and students.

In mid-February a Spaghetti Festival was held for 200 people. Paul di Tomasso provided the food and his culinary talent and we profited by \$900.

Our Easter Campaign was extremely profitable with earnings of \$3500. This will be put towards our new playground equipment.

On April 15th, Margaret Mitchell and a guest held an information evening on AIDS. The first evening was for parents only and was followed by a session for students at a later date.

Our teachers and students of grade 3,4,5 and 6 attended the "Phantom of the Opera". The H&S paid for the teachers and subsidized the students costs.

The school play, "The Wizard of OZ", took place in May. Thanks go out to all the parents for their much appreciated help throughout the year.

Barbara Ball

WENDAKE

"STAY IN SCHOOL"

During the past years, the Huron Wendat Nation has focused a great amount of time and energy in the area of Education.

A new project was implemented in order to help the youth of our community proving different difficulties that could eventually lead to dropping out of school. The project is entitled: STAY IN-SCHOOL or more specifically, "Option, point of departure".

The title says everything, it consists of offering a new start for our youth with the goal of preventing and informing the community of drop-outs.

In order for this project to achieve positive results, the following means are necessary.

— Create a partnership between the counsellor and the institution attended by students who are potential drop-outs.

— To offer encouragement and the necessary support to the student in order to solve the problem that are interrupting his/her scholastic achievement.

— Guide the student to competent persons who could offer help.

— Regular meetings with the student in his/her school surroundings or in the community after school hours.

— Implicate the parents of these students by individual meetings and group meetings.

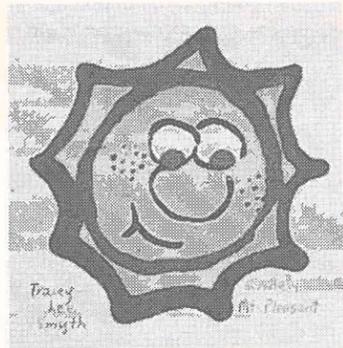


MT PLEASANT

Many thanks to all the students and parents for donations to "Jump-Rope-For-Heart" day. The total money raised was approximately \$1500. The H&S supplied juice for all the thirsty skippers.

Next year Mount Pleasant will be a "new" school. We welcome the Monarch community to our area. The present grade 5 Hudson Elementary students will be returning to Mount Pleasant for grade 6. We will be all the richer for these changes. Our thanks go with the students and the dedicated group of parents who will be moving to Evergreen.

Computers were humming at the school this year. We had an incredibly active programme in operation for students of all ages. The main objective was to incorporate the computer as a tool to augment the curriculum. Computers were operating in the classes, in the library, in the Resource Room, in the pit... wherever we could find a nook or cranny to accommodate the hardware and the enthusiastic participants, young and old. A computer committee was in operation since the beginning to the year to oversee the programme.



— Apply concepts and technics that are related to their culture.

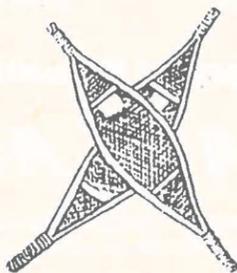
— Visiting industries, to stimulate the students to professional perspectives.

— Workshops, discussions and conferences for the parents and students.

This project cannot be achieved without the implication and written consent of the parents or guardians.

We strongly believe that all our youth have potential, strong points and talents, we must encourage them and take the necessary measures to ensure their proper development.

It is through our children that we will be able to strengthen the bases for development of the Huron Wendat Nation.



Marcel Godbout
Coordinator

DORSET

WE'VE BEEN BUSY

December was a busy month at the school. It started with our annual H&S Christmas Fair. We were so lucky that Santa Claus found time in his busy schedule to join us for lunch. The students were grateful to all the Moms, Dads, teachers, firemen and friends who worked so hard to guarantee that a "good time was had by all"!

The reviews are in! "Everywhere, Everywhere, Christmas Tonight" — A Smash Hit!! Staff, parents and children pulled together to create a Christmas production worthy of Broadway. What a great way to start the holiday season.

"Gung hoy fat choy" — Happy New Year in Chinese. As part of our school-wide theme on multiculturalism, our grade 6 students taught children, teachers and staff some key phrases in Chinese. Each day everyone learned a new one, so it is not unusual to hear Chinese spoken throughout the school.

Our school is fortunate to have families from many countries who bring with them varied backgrounds, customs, language and lifestyles. We also had a chance to taste delicacies from India, Wales, South Africa, Pakistan, New Zealand and Ireland.

Through audio/slide, video presentations, dance, music, and penpal and Embassy letters, the school community learned how peoples from around the world are similar and what makes each culture different and unique. A giant world map traced the places we "visited".

BEACON HILL

The 25th Anniversary Celebrations at the school have been keeping our local busy for most of the school year. There are 25 "good deeds" to be accomplished. Among recent activities were those involved with H&S National Teacher Appreciation Week. These included parent volunteers taking over recess duty for teachers, a donation to the Montreal Children's Hospital in honour of the teachers, recess snacks for the staff, a dinner at Beaconsfield Centre, and individual classes making special surprises for the teachers.

Another good deed was the adoption, by the entire school, of a foster child from Burkino Faso. This child's photo is displayed in every classroom, and the students are writing to her.

From May 1st to 15th classes collected used toys to be given to the Montreal Children's Hospital in honour of the school's anniversary. Books are still being collected for Quebec's far North Shore, and the *This House Needs More Books!* project.

The School Store made a substantial donation to the school library, and many students are wearing the special 25th Anniversary crest on clothing bought at the store.

H&S volunteers took part in the *Jump Rope For Heart* campaign organized by teacher Janie Carr in May. Mrs. Haynes' grade 1 class had an exchange with St. Gabriel's School in Point St. Charles, while the grade 2 students in Mrs. Green's class planted a tree in the

school's courtyard. The entire school, with the help of volunteers and staff, are planting wild flowers around the entire school.

As another project, the school is funding a bird from the Raptor Centre at Macdonald College. Mr. Morrison's 5/6 class are organizing a time capsule to be buried in the school yard.

The 25th Anniversary edition of *School Scoops* features writing and drawings by former students, as well as students who are currently at Beacon Hill.

The playground is due to have a facelift. All the equipment should be sanded and painted by H&S volunteers before the year's end.

The *Kids in Action* group is presenting two plays about drug abuse, one for the younger children and the other for older students. This event is being sponsored by the H&S. For adults a C.P.R. course took place on April 7th and 14th.

One of the highlights of the H&S Family Bar-B-Q was the 400-piece cake shared in honour of the 25th Anniversary.

The school was proud to hear that former Principal, Ellen Wernecke, received the Paterson Award for outstanding service to the H&S at the recent AGM.

**MORE
FOCUS**

DOUG ANAKIN SPORTS

A UNIQUE FAMILY ORIENTED SPORTS STORE

AS YOUR CHILD OUTGROWS THEIR EQUIPMENT TRADE IT IN ON NEW OR USED EQUIPMENT

WE CARRY HIGH QUALITY ITEMS NEW AND USED

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BIKES
CAMPING EQUIPMENT
SOCCER
BICYCLE ACCESSORIES

BASEBALL
HIKING BOOTS
TENNIS
BACK PACKS

WINTER

SKIIS - DOWNHILL
SKIIS - CROSS COUNTRY
HOCKEY SKATES

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SNOWSHOES
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KNOWLEDGEABLE STAFF

GREAT RENTAL POLICY — INDIVIDUALS / GROUPS
WE RENT EVERYTHING
OUR PRICES — ESPECIALLY WITH TRADE-INS - CAN'T BE BEAT
CHECK US OUT!

COME AND SEE US!

ASK AROUND — WE ARE WELL KNOWN!

454 BEACONSFIELD BLVD., BEACONSFIELD — TEL.: 695-0785 — FAX: 695-5975

COURTLAND PK

The final tally is in! The 18th Annual Country Fair raised \$5,638.

The school received an Apple II computer from the Valade family of Dorval. This gift is greatly appreciated and is being put to good use in the Computer Lab.

On February 27th, Théâtre de l'Aubergine entertained the students with juggling, acrobats and comedians all in a library setting keeping within the spirit of reading. This event, all in French, kept the audience spell-bound.

Science Fair winners were Lisa Green and Emily Mitchell (The Effects of Human Discoveries on Living Organisms), Kerry and Michelle Sayer (The Effects of Acid Rain), and Kathryn King and Allison Milley (How Tornadoes Form). Melanie Evans and Marcia Ploplis received Honourable Mention for their Chick Experiment project. Thanks to the Science Teacher, Mrs. Segal and all the students who worked hard on their projects.

On March 26th the grade 6 students had a visitor from Finland. She was 18 year-old Riika, a Grade 11 exchange student who speaks four languages. This was a great opportunity for the students to meet someone from another country.

Mrs. Moisan and Mr. Harvey from the PSBGM Transport Department attended a H&S/School Committee meeting and talked about bus safety, bus routes, bus drivers, etc. It was an informative meeting and the parents that attended were made aware that the Transport Department concerned about safety and takes parents comments very seriously.

Diane Liben



Paul Hamilton, Elisabeth Aldred and Frances McGregor with peace quilt made by Grade 4/5 students at Beacon Hill School for the 25th anniversary of the school. KIDS FOR PEACE club is helping. (April, 1992).

News from Kids for Peace

We have been very busy since the first week in February. Our new President is **Frances McGregor**, and **Nick Harvey** is Secretary. We got some petitions about the Rights of Children around the world, and we collected names on these to send to Jacques Cousteau, who is in the U.S. right now and is getting names to present the petitions to the United Nations.

Each week we have a discussion, using newspaper clippings and maps, about peace and the various wars that are going on right now. We found out that there are about 30 wars in various parts of the world. We also wrote a letter to Mr. Goldman whose letter was in The Gazette and who asked for a war that would *not* kill people but would be *for* making better roads, factories, houses and better schools.

Skipping Stones is an interna-

MORE FOCUS

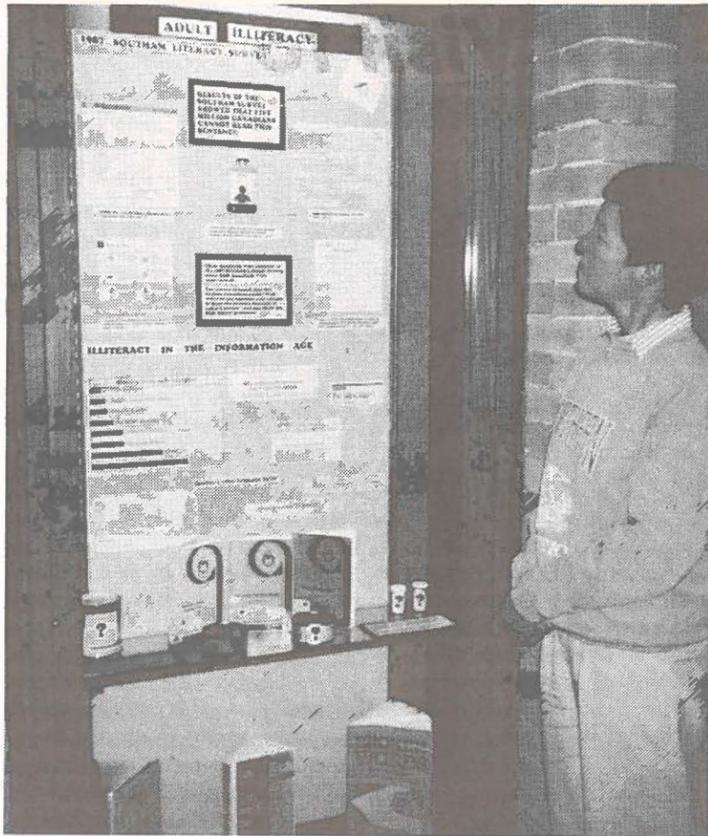
E.P. BCFDS.

Teacher Appreciation Week was a great success at E.P.B.; thanks to those parents who made it possible. The teachers found a giant paper apple with the inscription "Nos Profs on les ♥" attached to the front entrance on Monday morning. A bright red apple was placed in their mailboxes as well.

With the funds we have collected this year, we feel we have made several improvements to our school. Our newest additions include "Ballon Poires" which will soon be installed in the school yard to entertain the students during recess.

We purchased an interesting kit from Image de l'art incorporating music, dance, drama & art. It is a teaching tool for the younger grades. We have also paid for three learning centres (one for the library and two to be shared by the classes). We feel that these are very useful aids in the "cooperative learning" approach to teaching.

We appreciate your response to our monthly food drive. Our February collection went to the Roxboro Food Bank and our March drive to the West Island Women's Shelter.



Literacy display prepared by Barbara Smith and Judy Carry-Jeffrey, students in the Public Relations class. The PR class is just one of the many interesting and vital courses that are part of the Documentation and Library Systems Program at John Abbott College. Photograph by Christine Nix.

Checklist . . .

continued from page 1

must for success in getting along with others. Children without these skills are at a distinct disadvantage.

- Parents need to help their children learn sound money management skills early in life. A set and limited weekly allowance helps a child learn about budgeting money and saving for major purchases. A cavalier attitude toward possessions can be avoided if children are expected to pay for items maliciously damaged or lost through carelessness.

- Parents need to help their children develop the ability to relax and play. Parents can demonstrate to their children the value of enjoying pleasant and relaxing experiences free from the pressure to meet goals, to produce a product, or to compete against others. Children need to understand that enjoying life's pleasures is not only a bonus for hard work well done but also a necessity for good health.

Teaching this hidden curriculum is not an easy task. However, those children whose parents have made a conscious effort to develop these skills have a distinct advantage over those who must "catch up" by learning them later in life.

March '92, Ontario Federation Home & School Association "Bulletin."

HAVE YOU SEEN US LATELY?

Look for us in the gym or out on the playing field at noon, joining our classmates in Intramural activities. Having fun. Working hard. Making new friends.

See us as student leaders organizing activities for the entire school.

Learning new skills that benefit many.

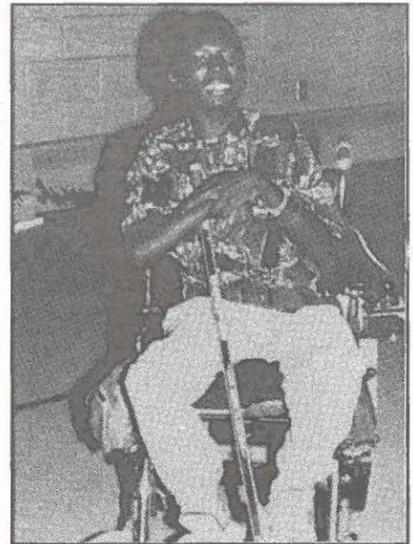
WHO ARE WE?

We are the people with a disability in your school. Read what we have to say:



Laura Swindlehurst, age 13

"My school is a school with some special need kids. I like playing bocci after school because I get to meet new friends. I like swimming too. Sometimes I play intramural wheelchair basketball. On Sports Days we play games in the gym. We have bean bag races and potato sack races."



Sonny Pargeter, age 18

"My name is Sonny and I am somewhat limited in physical activities which I can do because I'm in a wheelchair. I enjoy intramurals at school because it gives me a chance to be active with my friends. My favorites are being a floor hockey goalie and playing football."

Your Intramural Program: Something for Everyone?



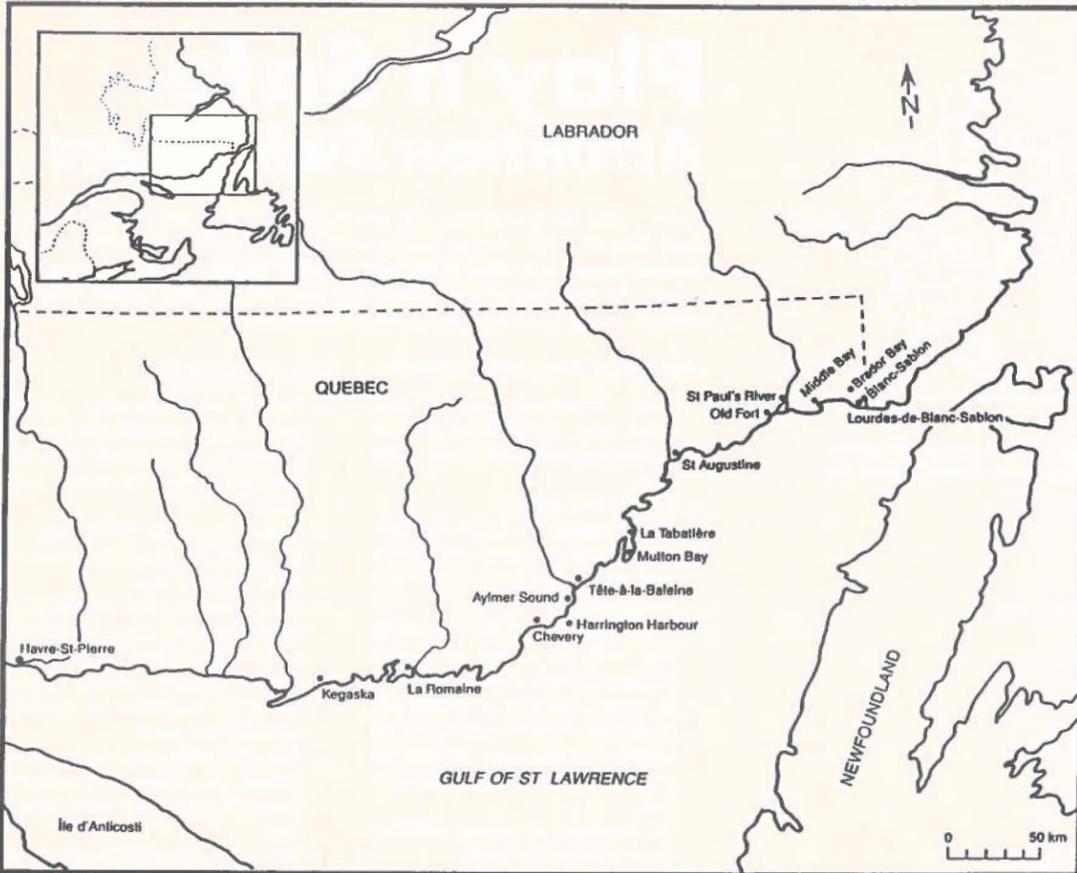
CANADIAN INTRAMURAL RECREATION ASSOCIATION
ASSOCIATION CANADIENNE DE LOISIRS INTRAMUROS

FOR MORE INFORMATION, CONTACT CIRA:

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From: Kids for Peace
Beacon Hill School

A Wonderful Visit to the Lower North Shore



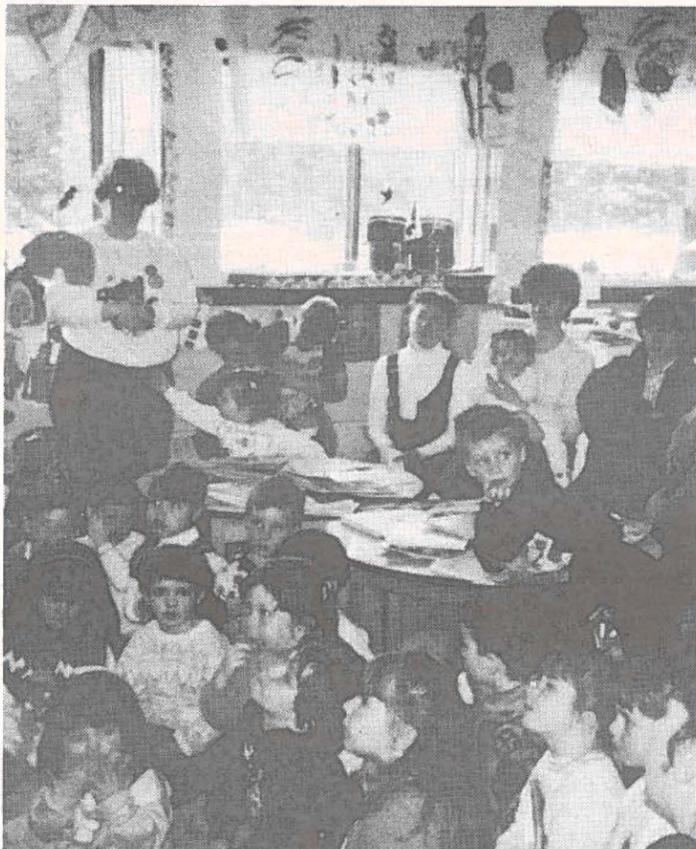
Phillip Robertson, Principal, Netagamiou and Aylmer Sound Schools, receiving a Home & School pin from Marion Daigle, Quebec Literacy Director.



David Roberts, co-ordinator of Adult Education Services, Littoral School Board. A member of the organizing committee for the Aylmer Sound and Chevery Literacy Exchanges.



Lucy Mendonça, Pedagogical Consultant with the Littoral School Board.



Storytime — Chevery.



Spanier and friends — Aylmer Sound.



We're off!

Last Fall our intrepid travellers — Marion Daigle, QFHSA Literacy Director, and Harold Spanier, NOMAD Scientists — visited Ste Augustine on the LNS. This March they visited the communities of Chevery and Aylmer Sound (see map).

A full program of activities and projects were highlighted in the two communities. Beginning with Literacy Exchanges, the communities then focussed on the need for creating learning environments in a community setting for their children and youth.

Highlights of the visit included Reading Circles involving the parents and their children; NOMAD Scientists "Kitchen Chemistry" presentations and science activities for youth in the community; Action Committees were set up in both communities to plan future activities and future workshops in the coming year related to the literacy project.



The Pen Pal Project — Space Commander Harold acts as postman for Aylmer Sound students who wrote letters to new friends at Dorset Elementary School in Baie d'Urfé.

SAFETY SCENE



SAFETY SCENE



Kids
CADE SÉCUR
enfants

Bring safety into play!
La sécurité bien jouée



TOYS AND SAFETY

Play is an important part of a child's daily life; it is as natural as breathing. A child learns and grows through play. The key to a child's safety is buying toys wisely. The toy chosen for a child should be suitable for his or her age, level of development and personality.

BEFORE PURCHASE:

- Always check the age labelling, warnings and safety recommendations for toys.
- Avoid toys with small parts that can choke a young child.

AFTER PURCHASE:

- Remove and discard all packaging materials.
- Teach children how to use the toy properly.
- Regularly inspect toys for damage. Discard broken toys that cannot be repaired.
- Monitor the use of toys that require batteries. Batteries are not toys and should be discarded after extended use because leakage can occur.

TOY STORAGE:

- Teach children to put their toys away; they can be a hazard to children and adults alike if left lying on the floor.
- A toy box should have adequate ventilation in case the child crawls inside. The lid should be lightweight and have supports to prevent it from slamming against a child's head.

JOUETS ET SÉCURITÉ

Le jeu prend une place importante dans la vie des enfants; il est aussi naturel pour eux de jouer que de respirer. Les enfants apprennent et se développent par le jeu. La clé en matière de sécurité concernant les jouets est de choisir judicieusement le jouet que vous achetez à un enfant. Le jouet que vous choisissez pour un enfant devrait convenir à son âge, à son stade de développement et à sa personnalité.

AVANT L'ACHAT :

- Vérifiez toujours l'âge recommandé, les avertissements et les conseils de sécurité sur l'emballage.
- Évitez, lorsqu'il s'agit de jeunes enfants, les jouets comportant de petites pièces.

APRÈS L'ACHAT :

- Enlevez et jetez tout ce qui constitue l'emballage.
- Apprenez à l'enfant à utiliser correctement le jouet.
- Examinez régulièrement les jouets de l'enfant pour vous assurer qu'ils ne sont pas endommagés. Jetez les jouets brisés qui ne peuvent être réparés.
- Surveillez l'utilisation des jouets qui fonctionnent à piles. Les piles ne sont pas des jouets et elles devraient être jetées après un long usage pour prévenir les fuites.

ENTREPOSAGE DES JOUETS :

- Apprenez aux enfants à ramasser leurs jouets. Les jouets peuvent constituer un danger tant pour les enfants que pour les adultes s'ils jonchent le plancher ou les escaliers.
- Les boîtes à jouets devraient avoir une ventilation suffisante au cas où un enfant y tomberait. Le couvercle devrait être assez léger et comporter des appuis pour empêcher qu'il se rabatte violemment sur la tête de l'enfant.

Student Accident Insurance

Reliable Life Insurance Company's plan, supported by Home & School voting delegates for the 1992-93 school year.

Your school should consider making this type of insurance available to your parents should they wish it.

It is also likely a good idea to consider insisting that all children taking part in extra-curricular activities, with an element of risk, be covered in case of an accident.

If you wish to receive policy forms for distribution in your school (or school board) this Fall, simply write to : Reliable Life

Student Accident Insurance, C.P. 67, St. Hyacinthe, Quebec J2T 9Z9, Tel. (514) 773-2008.

The Quebec agent for Reliable Life is M. Jean-Louis Brais. Or you can call Reliable Life in Hamilton at 1-800-263-6534, Patricia Spence or Pat L'Arrivée.



Play it Safe Attention Swimmers

Quebec sees an average of 120 drowning victims every year. Statistics show that in 1987, twenty lives were claimed in lakes and rivers while **thirteen people drowned in backyard swimming pools**. In an attempt to reduce the number of drowning tragedies, the Quebec Safety League reminds you of the following preventive measures.

FOR LAKE AND RIVER FANS:

- Take swimming lessons and enrol your children in a good swimming program at an early age;
- Never swim alone;
- Don't overdo it. Know the limits of your physical endurance and get out of the water when you start to feel tired;
- Know the depth of the water you will be diving into and avoid unpleasant surprises.
- If rough weather is predicted, or during thunder and lightning storms, postpone swimming and other water-related activities;
- Be watchful of young children in or around the water.
- Never take for granted that a child is water safe, even if the child has taken swimming lessons. Don't leave children unattended.
- Don't swim after having consumed alcohol.

FOR POOL FANS:

- Install an adequate, climb-proof fence around the pool to prevent unauthorized or unsupervised access by young children.
- Keep lifesaving equipment at the poolside, in good condition and ready for use.
- Teach children not to run, push each other or jump around the pool area. They should also know shallow diving procedures if restricted to shallow areas of the pool.
- Keep tricycles and other toys on wheels away from the pool area. Store all pool toys when not in use.
- Do not swim after having consumed alcohol.
- Stay out of the water in stormy weather or if it is expected.

'FREE STUFF FOR KIDS'

This is the 9th edition of "The best free and up-to-a-dollar-and-a-half things kids can send for by mail!" Included are listings of over 200 things that children can send away for (mainly to Canadian addresses) up to December 1992 and beyond, as long as supplies last.

The book is designed for independent use by children who can read and write, with detailed instructions on how to request these materials.

There is a good index, and the contents include booklets, posters,

subscriptions for magazines, and kits on such subjects as hobbies, sports, crafts, pets, science, nature, health and travel. Children can order buttons; kits for making puppets; hologram decals; posters or folders on geology, meteorites, dinosaurs or present-day birds and animals; books about the moon or pet care, or colouring books; and many other interesting materials.

The book costs less than \$10.00, is edited by Sylvia Hill, and is published by the Stoddart Publishing Company, 34 Lesmill Road, Toronto, M3B 2T6.

The Montreal Assault Prevention Centre, The YM-YWHA and Planned Parenthood Montreal

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LECTURE

**How to Talk So
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Wednesday, Sept. 23, 1992
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WORKSHOP

**Engaging Cooperation
in Children**
Thursday, Sept. 24, 1992,
9:00 a.m. - 12 noon

INFO: 284-1212

Adele Faber's books and cassettes will be on sale at each event.