

1:45 - 3:15

SESSION II WORKSHOPS - PARENTING

7) Emotional Intelligence over I.Q.

This session will combine discussion and small group dialogue in order to explore the impact of emotional intelligence in building self-awareness, persistence and empathy.

Workshop leader: **Margaret Mitchell**, Principal, Seignior Elementary School.

8) Sibling Rivalry

Can siblings learn to get along? Is there hope? Learn how to motivate children to work out their own solutions and express their feelings about each other in a healthy way.

Workshop leader: **Fani Lobel**, M.Ed., Psychologist and Family Therapist.

9) Tender Travellers in a Tough World

One of the most painful and difficult jobs of parenting is helping children cope with life's disappointments. Learn to deal constructively with these times in a child's life.

Workshop leader: **Vikki Stark**, M.S.W., Argyle Institute of Human Relations.

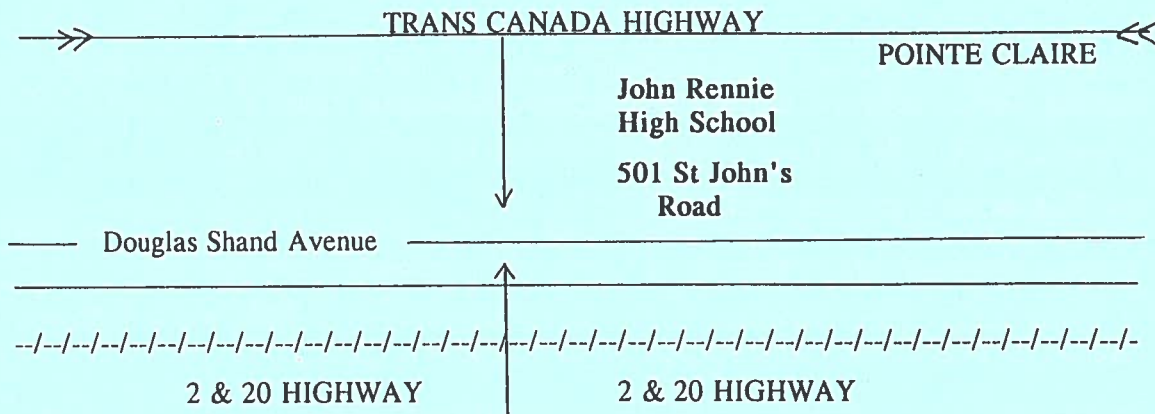
10) Who Said it's Only Child's Play?

By tapping into your child's imagination you will be tapping into your own. Come and learn how to reach your child through creative drama.

Workshop leader: **Nancy Snipper**, creative dramatist and writer.

3:15 - 3:30

SPECIAL DRAW - from submitted evaluation sheets.

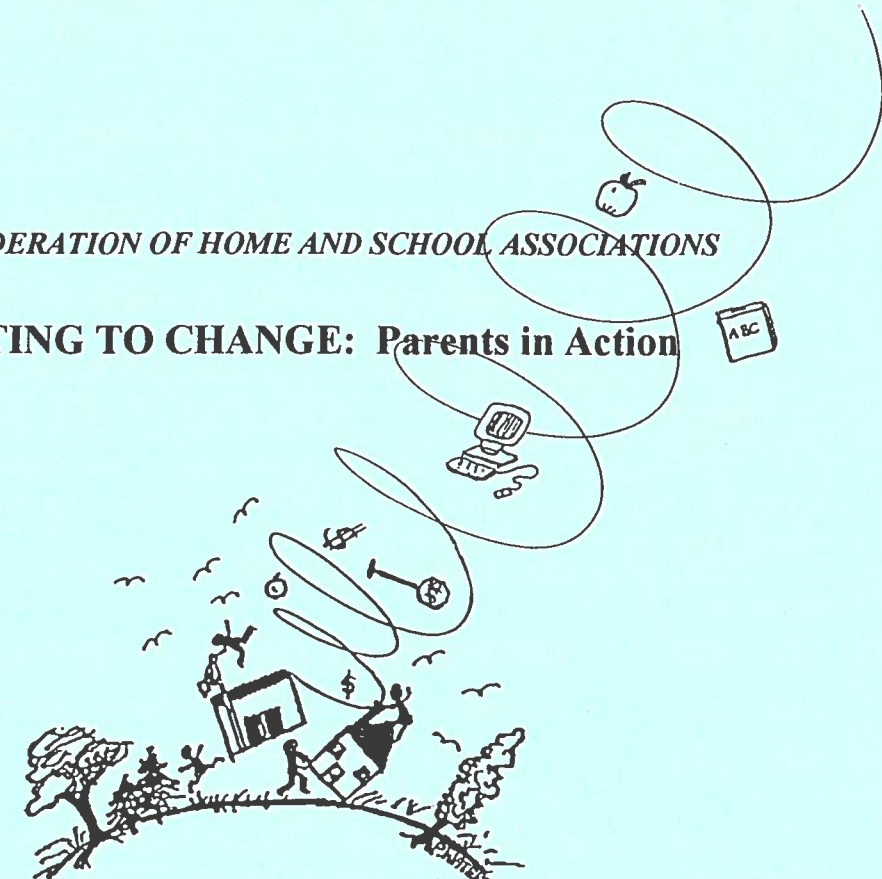


Exit from the Trans Canada and drive South along St. John's Road, or exit from the 2 & 20 and drive North up St. John's Road. The high school is on the east side just above the 2 & 20.

DIRECTIONS TO JOHN RENNIE HIGH SCHOOL, 501 St. John's Road, Pte Claire

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS

ADJUSTING TO CHANGE: Parents in Action



*** 1997 FALL CONFERENCE ***

Saturday, October 25th, 1997
from 8:00 a.m. - 3:30 p.m.

at

John Rennie High School
501 St. John's Road
Pointe Claire

Please invite your parents, School Committee members, teachers, administrators, school board members and community leaders to attend.

In order to provide adequate space for workshops and the luncheon, PLEASE REGISTER AS SOON AS POSSIBLE.

For further information, please call the QFHSA office (514) 481-5619 or write QFHSA, 3285 Cavendish Blvd., Ste. 562, Montreal, H4B 2L9.

EVERYONE IS WELCOME

QUEBEC FEDERATION OF HOME & SCHOOL ASSOCIATIONS

1997
FALL CONFERENCE PROGRAM
Saturday, October 25

ADJUSTING TO CHANGE: PARENTS IN ACTION

Change is a constant in the fast paced world of the home, the school, the workplace and the community at large. Adjusting to change can be very difficult as parents seek the most reliable information and knowledge to ease the impact on their families.

This conference is about Adjusting to Change: the new linguistic school system, a new curriculum, new and innovative approaches in our children's learning experiences, as well as learning new and challenging parenting skills.

Make the QFHSA conference a large part of your parental involvement in the 1997/98 school year.

- 8:00 - 8:30 REGISTRATION and DISPLAYS (coffee/juice available)
8:30 - 8:45 PRESIDENT'S MESSAGE: QFHSA – ADJUSTING TO CHANGE
8:45 - 10:15 PLENARY – PARENTS IN ACTION
the New Linguistic School System

In less than one year the Minister of Education expects the new linguistic school system to be in place. Parents can expect to see, within a very limited time frame, massive structural change coupled with a major overhaul of curriculum. Are we ready?

A panel of speakers will address a number of key questions. Examples: What is the role of the Provisional Council? How will the new school board territories and school boundaries effect the school my children will attend in future? What are the added responsibilities of parents on the new Governing Boards at local schools? What major changes can we expect to see in a new curriculum? What can parents do to ensure a stable learning environment and a quality education for students, especially during this transition period?

Moderator: **Brian Rock**, Principal, Baie Comeau High School

Speakers: **Ann Cumyn**, Provisional Council (50-08), West Montreal

Alice MacLeod, Chairman, QFHSA Education Committee; President,
John Rennie High School Home & School Association

Rickhey Margolese, QFHSA Education Committee; Past President, École
Primaire Harwood Home & School Association

Debi Brown, Parent Commissioner, Western Quebec School Board

A forum for audience participation will follow the speakers' panel.

10:15 - 10:45 NUTRITION BREAK - time to visit the displays and to find out what's new in the field of education and fund raising.

10:45 - 12:15 SESSION I WORKSHOPS - EDUCATION

1) Sharpening Study Skills

Mind-mapping, summarizing, note-taking and reviewing are all skills that can be learned. They can be taught everywhere from parent workshops to the schools' detention room.

Workshop leader: **Roslyn Peltola**, Teacher, Westmount High School, PSBGM.

2) A Co-operative Learning Approach

Using a hands-on approach, parents will learn how they can help their children, using stimulating co-operative learning strategies in the home.

Workshop leader: **Nella Edel-Herscovitch**, Special Education Teacher, PSBGM.

3) Parenting Support Groups – Is there a Need?

Have you ever wanted to have a discussion group with other parents, on a regular basis? This workshop will examine the goals and the benefits of a school parenting group.

Workshop leader: **Nancy Hovey**, M.Ed., Parenting Facilitator.

4) MRE – Much More than Religion

Come and experience MRE through a sample lesson. Explore the many links of MRE to universal issues and the impact it can have on Home, School & Community.

Workshop leader: **Suzanne Longpré**, Education Specialist, Ministry of Education.

5) The 4th R in Learning: A relaxed body

When kids have problems learning we think they have a learning disability. Discover "successful learning" through relaxation and stress management reduction exercises.

Workshop leaders: **Bruce Gray**, Learning Consultant, Mind-Body Solutions.

6) To Advance Learning in our Kids [TALK]

Effective communication is a skill as well as an art. This session will focus on methods to enhance the art and skills of listening and speaking between teachers and parents.

Workshop leaders: **Carol Morrison**, Teacher, E. Ballantyne School, PSBGM, and **Jack Brown**, Teacher, St Jude School, Greenfield Park School Board.

12:30 - 1:30 LUNCH and a chance to visit the DISPLAYS.

more workshops listed overside

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS

FALL CONFERENCE - SATURDAY, OCTOBER 25, 1997

REGISTRATION FORM

Registration Fee: \$18.00/delegate (includes lunch, breaks, kits and workshop materials) **IF YOU REGISTER BY FRIDAY, OCT 11th.**

After October 10th, registration fee will be \$23.00.
Please register no later than October 20th.

Enclose cheque, with Registration Form, made payable to QFHSA, 3285 Cavendish Blvd., Suite 562, Montreal, H4B 2L9. (Tel. 514-481-5619)

Please fill in one registration form for each person attending.

School Name (if applicable): _____

Delegate's Name: _____

Indicate workshop you wish to attend in each session. You must indicate your workshop choice so as to avoid over-crowding. Workshops will be assigned on a first come, first served, basis. Please indicate your first and second choices.

8:45-10:15 **Plenary – "Parents in Action"** _____

	<u>First Choice</u>	<u>Second Choice</u>
10:45-12:15 Session I Workshops		
1) Sharpening Study Skills	_____	_____
2) Co-operative Learning	_____	_____
3) Parenting Support Groups	_____	_____
4) MRE – more than religion	_____	_____
5) 4 th R in Learning	_____	_____
6) TALK to Kids	_____	_____
12:30- 1:30 Lunch	_____	
1:45- 3:15 Session II Workshops		
7) Emotional Intelligence	_____	_____
8) Sibling Rivalry	_____	_____
9) Tender Travellers	_____	_____
10) It's Only Child's Play?	_____	_____

QUEBEC FEDERATION OF HOME & SCHOOL ASSOCIATIONS

FALL CONFERENCE 1996

ORDER FORM FOR ACCOMMODATIONS - DEADLINE OCTOBER 21st

Mail to: Q.F.H.S.A.

3285 Cavendish Blvd., Suite 562
Montreal, Quebec. H4B 2L9

Name of Delegate: _____

Name of Association: _____

Need accommodation for Friday evening, Oct 25 _____

Need accommodation for Saturday evening, Oct 26 _____

Accommodations for out-of-town delegates will be made at a Home & Schooler's home. If you wish to be billeted with a particular friend please indicate that to us.

If you are not willing to be billeted, we will gladly make a motel accommodation for you, but the cost for this must be borne by you, or your Home & School Association. Motels are approx. \$75/night for double occupancy.

For the Fall Conference, if we do use a motel, it will likely be:
Comfort Inn by Journey's End (Tel. 514-697-6210)
700 St John's Road, Pointe Claire, Quebec

The Comfort Inn [by Journey's End] is just south of Fairview Shopping Centre in Pointe Claire. It is on the same road as John Rennie High School where we are holding the conference and it should be possible to pick you up there Saturday morning and bring you to the high school.

GUIDELINES re allowable expenses are on the reverse side.

**CONFERENCE GUIDELINES
FOR OUT OF TOWN (DELEGATE) EXPENSES**

TRAVEL

Either car/bus/air/train - depending on distance and cost factor(s), with receipts*.

Car: We allow 12¢/km within 100 km radius of Montreal.
Beyond 100 km radius, actual gas bills, with receipts*.

Local Ground Transportation: \$20. maximum with receipts* (ex. if a taxi is necessary to/from a terminus).

Air: Air travel must be cleared by office beforehand.

Train: Economy sleeping arrangements (e.g. berth).

ACCOMMODATION

We will arrange to billet you with some friendly Home & Schoolers. Advantage of staying in a Home & Schooler's home is that they will arrange for you to get to the conference site.

MEALS

Daily allowance, while travelling, \$30./day **maximum**, with receipts*. (We are estimating \$5 for breakfast, \$10 for lunch; \$15 for dinner. Wine and alcoholic beverages excluded.)

Scheduled meals at QFHSA conferences are at your expense; see price shown on the registration form. We suggest that local Home & School Associations budget to pay all, or a major portion, of these meal costs on behalf of their delegates.

BABY SITTING

These expenses are not covered by QFHSA; we suggest that local associations assist their delegates.

*** RECEIPTS** - Sorry, no reimbursements without receipts.

If you have any questions, call the H&S office at (514) 481-5619. You may call collect if you wish.