



# Neighbours Newsletter

MONTH of JUNE

NEIGHBOURS REGIONAL ASSOCIATION OF ROUYN-NORANDA

## June 21 is National Indigenous Peoples Day

This is a day for all Canadians to recognize and celebrate the unique heritage, diverse cultures and outstanding contributions of First Nations, Inuit and Métis peoples. The Canadian Constitution recognizes these three groups as Aboriginal peoples, also known as Indigenous peoples.

Although these groups share many similarities, they each have their own distinct heritage, language, cultural practices and spiritual beliefs.

In cooperation with Indigenous organizations, the Government of Canada chose June 21, the summer solstice, for National Aboriginal Day, now known as National Indigenous Peoples Day. For generations, many Indigenous peoples and communities have celebrated their culture and heritage on or near this day due to the significance of the summer solstice as the longest day of the year.



### What led to the creation of National Indigenous Peoples Day?

National Aboriginal Day (now National Indigenous Peoples Day) was announced in 1996 by then Governor General of Canada, Roméo LeBlanc, through the Proclamation Declaring June 21 of Each Year as National Aboriginal Day. This was the result of consultations and statements of support for such a day made by various Indigenous groups:

- ◆ in 1982, the National Indian Brotherhood (now the Assembly of First Nations) called for the creation of National Aboriginal Solidarity Day
- ◆ in 1995, the Sacred Assembly, a national conference of Indigenous and non-Indigenous people chaired by Elijah Harper, called for a national holiday to celebrate the contributions of Indigenous Peoples
- ◆ also in 1995, the Royal Commission on Aboriginal Peoples recommended the designation of a National First Peoples Day
- ◆ On June 21, 2017, the Prime Minister issued a statement announcing the intention to rename this day National Indigenous Peoples Day.

*Visit Neighbours' website and Facebook page for daily updates*

[www.neighbours-rouyn-noranda.ca](http://www.neighbours-rouyn-noranda.ca)

<https://www.facebook.com/neighbours.rouynnoranda>

# Sizzle or Fizzle for Summer 2020

Is it too early to be looking ahead to summer? Considering we had snow in May ...however, Canada's summer in 2020 has already been predicted by the Farmer's Almanac, so we might as well find out what we're in for.

The Old Farmer's Almanac is a guide that is published every year and provides information and predictions about weather and astronomical events in North America. There has been one published every year since 1792.



So you might be wondering why in the age of technology people are still turning to an annual guide that's been published for over 200 years. The fact is that the predictions in the Farmer's Almanac have a relatively high degree of accuracy. Overall, the average rate of how accurate the book's predictions are tend to be around 80 percent.

Of course, the Farmer's Almanac isn't just built on conventional wisdom as it was during its original publication. The Almanac now uses modern technology, as well as solar science, climatology, and meteorology to make their predictions.

So what does the Almanac predict for Canada's next summer season?

The Farmer's Almanac is predicting an incredibly wet July for Montreal and Ottawa (as close to us as the Almanac uses as locations), with precipitation levels expected to be 80mm more than normal. Temperatures will also be warmer than normal.

Ottawa's highest temperature in the last ten years was 36, recorded on three separate summer days in 2011, 2012, 2018. Montreal's highest temperature of the decade was also 36, recorded in both 2011 and 2018.

According to the 2020 *Canadian Farmers' Almanac*, summer heat will arrive in full force by July with much of the nation sweltering with above to much-above normal temperatures. Much of the country will see near-normal precipitation, but the Far West will be drier than normal.

Dates	Weather Conditions
Jun 1-5	Showers, then sunny, warm
Jun 6-13	T-storms, warm
Jun 14-21	Sunny, then t-storms, warm
Jun 22-30	Sunny, hot
June	temperature 21°C (2°C above avg.) precipitation 100mm (50mm above avg. east, 30mm below west)

## Five reasons to wear sunscreen

Increased risk of skin cancer  
Wrinkles and other signs of aging

Sunburn  
Leathery skin from reduced elasticity

Skin discoloration (age spots, sun spots, hyperpigmentation, freckles, etc.)

# Message from your Executive Director

Canadians, including myself; are no doubt conflicted right now. The majority of us want to be good citizens and follow the pandemic lockdown rules. But we also want to get out and about and enjoy the summer.

You can't blame us as the weather is finally heating up. We haven't just been cooped up since March. We've more or less been inside since November, when the weather turned chilly.

Canadians love the outdoors. In a country like this, with our beautiful natural landscapes, who wouldn't? We like sports. We enjoy getting out to the cottage or beach. And we love patios! All this is very tempting. Politicians and public health officials know this. They've been telling Canadians to remain vigilant and follow the rules.

Canadians should also feel empowered to ask themselves whether or not these rules make sense. Yes, follow them. But it's OK to have a public conversation about whether or not the right rules are in place at the right time.

The COVID-19 statistics to date in Canada suggest that a large percentage of cases are in long-term care facilities and among healthcare workers. This tells us where to allocate resources, towards the places most likely to face outbreaks.

The facts also tell us that otherwise healthy people who are not seniors are not particularly at risk, or at least not at risk of being hit hard with COVID-19.

Community transmission does not account for the majority of new cases throughout the country. So far, the degree to which people have been out and about in society has not caused major outbreaks.

This all suggests that there is no reason Canadians can't get out and about during the summer, so long as:

- We practice physical distancing
- Continue regularly washing our hands
- Super careful not to share drinks, forks, etc....
- Wear a mask (if distancing is difficult)
- Be aware of people around you

*Be careful, stay safe and let's make summer work.  
Sharleen*

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## Shut-down at Horne Smelter

Have you noticed the tent that was erected at Place Edmund-Horne? Nope, it is not a festival that is preparing, but the Horne Smelter which is implementing an important series of safety measures in view of its general shutdown which began on May 25.

The Horne Smelter would like to inform the people of Rouyn-Noranda that its general "shutdown" will begin the week of May 25 and will be carried out in two phases. The goal is to distribute their workforce over a longer period of time and more easily maintain control over hygiene, prevention and distancing measures put in place to counter the risks associated with COVID-19. All of our measures already in place since the start of the pandemic will be maintained and strengthened.

We take the COVID-19 situation very seriously and rest assured that the health and safety of all our employees and contractors, but also of the population of Rouyn-Noranda is one of our top priorities. This is why we have implemented the most rigorous measures according to the recommendations issued by the Direction de santé publique du Québec, in order to curb the spread of the virus and provide a healthy and safe working environment.

In addition, the city of Rouyn-Noranda has authorized us to establish a new checkpoint at Grande Place Edmund-Horne. This will allow us to control the entrances and exits of contractors to our site, to avoid congestion at the main gate of the smelter when the work teams arrive and thus to respect the prescribed physical distance of 2 meters.

The addition of a control point and a parking lot for workers at this location will also reduce traffic and the number of cars parked on the streets of Notre-Dame.

For any questions or request for information, you can use our info-community line: 819 762-7764 ext 2002

# What's on tonight?

The COVID-19 pandemic has a substantial impact on the television industry, mirroring its impacts across all arts sectors, shutting down or delaying production of television programs. Among the most noticeable on-camera effects is the more frequent use of remote locations as many on-camera personalities and interviewees broadcast from their homes.



What's canceled and what's delayed? Here's how coronavirus is impacting your favorite shows!

*The Falcon and the Winter Soldier*: The upcoming Marvel Cinematic Universe show destined for the Disney+ streaming service halted its filming in Prague.

*The View*: The ladies of *The View* are recording without a studio audience — which has been pretty humorous so far

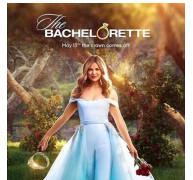


*Grey's Anatomy*: The newly Alex Karev-less show has scrubbed out

*Grace and Frankie*: The Netflix comedy series has suspended production on filming its seventh and final season. A return date has not yet been set.

*The Good Fight*, *NCIS*, *Bull*, *Dynasty*: Though they air on different channels, these shows are all produced by CBS TV Studios, which has halted production on all of them.

Warner Bros. announced they were halting filming on *Riverdale*, suspended production on *The Flash*, and halting production on some of their 70+ series and pilots; including *The Bachelorette*, and *Watch What Happens Live With Andy Cohen*.



Netflix: The streaming platform has halted production on all its TV shows and movies in the U.S. and Canada !

*The Handmaid's Tale*: The Hulu dystopian drama is shut down production on filming its fourth season.



*Soap Opera Fans are waiting on answers to many questions - but they could end up waiting a long long time...*

*General Hospital* ended May 21 – no date set to start filming again

*The Bold and the Beautiful* and *The Young and the Restless* - ran out of shows in April

That leaves *Days of Our Lives* -- which shoots episodes months in advance -- as the last soap standing through the summer and into the fall.

*Saturday Night Live*: has become “SNL At Home” to respect social distancing.

*So You Think You Can Dance*: The reality competition cancelled auditions

HBO's thriller *The Undoing*, which stars Kidman, Grant, and Sutherland, has been delayed until the fall. The six-episode limited series was originally set to debut May 10.

*Coronation Street* hasn't filmed any new episodes for over a month due to the lockdown, and is currently working through the episodes it has filmed at a reduced rate (3 a week instead of 5)



*Jeopardy!* and *Wheel of Fortune* - usually taped shows well in advance so it's safe to assume they have new episodes until the end of May or later. You'll know they're nearing the end of the new episodes available when you start seeing episodes without an audience. For at least one week before they shut down completely, both recorded without audiences in an effort to keep things going while practicing social distancing. Furthermore, *Jeopardy!* films tournaments on a different schedule—so we may finish the summer off with them.

Happy Watching!!!

Sources: [cbs.com](https://www.cbs.com) / [www.distractify.com](https://www.distractify.com) / [tvguide.com](https://www.tvguide.com) / [nbc.com](https://www.nbc.com)

# Garden Time!

Rouyn-Noranda seems to fall between Zone 2 and Zone 3 for our gardening season!

Zone 2 & 3 growing season which should see the last frost date around May 15th and first frost date September 15th. These dates will vary a week or two so it's important to watch the weather before planting.



Hardiness veggies for our area: Beets, Brussels, carrots, cabbage, celery, parsnips, peas, potatoes, radishes, spinach, and turnips

Flowers: lilacs, marigolds, pansies, phlox and sunflowers

Fruit: grapes, raspberries and strawberries

source: <https://www.gardeningknowhow.com/>



**PLANTS THAT KEEP BUGS AWAY**  
FLEAS, TICKS  
**ROSEMARY**

**PLANTS THAT KEEP BUGS AWAY**  
SPIDERS, MOSQUITOES, ANTS  
**PEPPERMINT**

**PLANTS THAT KEEP BUGS AWAY**  
MOSQUITOES  
**CATNIP**

**PLANTS THAT KEEP BUGS AWAY**  
MOSQUITOES, APHIDS  
**MARIGOLD**

**PLANTS THAT KEEP BUGS AWAY**  
MOSQUITOES, HOUSEFLIES  
**BASIL**

**PLANTS THAT KEEP BUGS AWAY**  
MOTHS, FLEAS, FLIES, MOSQUITOES  
**LAVENDER**

## GARDENING

TRICEPS FOREARMS BICEPS

CHEST ABS SHOULDERS

CALVES THIGHS BUTTOCKS

## THE ORIGINAL FULL-BODY WORKOUT

To start a flower garden, begin by removing the grass and tilling the soil in the area you intend to use for your garden. Then, add compost to make the soil more fertile so your flowers will grow better. Next, select and buy flowers from a garden store or nursery. Now place the plants in the ground!



Why is Yoda such a good gardener?  
Green thumbs, he has!

# Quebec and Alberta Sovereignism

## Quebec & Alberta's independence movements have little in common

Albertans want a country that works, but are excluded. Quebecers are indifferent to the country, but are placated.

Intuitive differences between sovereigntists in Quebec and those in the West abound. A deeper consideration is necessary though for Albertans seeking to navigate a better future.



Quebec's version is founded in language, cultural and ethnicity (or race). "Fortress Quebec" emerged among the descendants of the lost French colony. French

Quebec embattled in a continent of English.

Sovereignism in Alberta is an extension of the long existing "western alienation", born of a feeling of economic exploitation and exclusion from national decision making. Federal policies that negatively affect the West's resource sectors drive much of the anger.

Quebec sovereignism is less a movement now, than an industry. Sovereigntists control two of the three main provincial parties, one federal party, major non-partisan organizations, organizations, and media groups.

The numbers paint a picture of a population frozen, awaiting direction and a political class vying to take leadership. 82 per cent of Quebecers say that they

don't want to revisit independence (Angus Reid Oct 2016). But on independence, 23 per cent say "Yes", 23 per cent say "No" and 54 per cent are "unsure" (Environics Jan 19). Meanwhile, 62 per cent self-identify as Quebecer first or only. 70 per cent feel that the French language is threatened. Politically, 23 per cent are federalist, 23 per cent are sovereigntists and 54 per cent are neither (poll for La Presse Jan 2019).

A majority of Quebecers (55 per cent) would be happy or okay should Alberta gain its independence (Abacus Nov. 2019).

Alberta is very different. Of Albertans, 78 per cent feel that they are treated unfairly in confederation (Abacus Nov 2019). Further, 78 per cent believed that the federal government has lost touch with the average person (Navigator Jan 10 2020). No MP's from Winnipeg to the suburbs of Vancouver grace the Liberal government's caucus or cabinet. The West's dissent is systematically disregarded.



Sovereignism in the West is about a lack of democratic inclusion; fueled by economic distress exacerbated by federal policies. Alberta's contradiction is also clear. 50 per cent are okay with independence (Angus Reid Feb 2019). 48 per cent think confederation doesn't work, yet 64% claim pride in being Canadian (Dart Insight June 2016).

Partnership is unlikely between the two provinces!

Opinion piece: <https://www.westernstandardonline.com/>

## Separation or Sovereignty

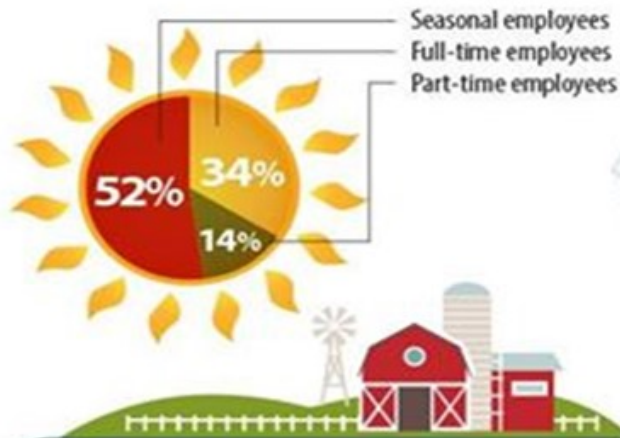
Words matter!. And they matter in politics a lot! A large number of Quebecers would prefer to have their own country. Naturally, they prefer to use a positive word that emphasizes the country they hope to construct, rather than a negative word that emphasizes the country they would de-construct.

Moreover, public opinion polls show that the softer and more ambiguous word "sovereignty" attracts greater support in a referendum than does "independence" – so that's the chosen word in Quebec.

Source: *The Globe and Mail* article1342202

# Agricultural employees, 2016 to 2018

The total number of agriculture employees remained relatively steady between 2016 and 2018, while the number of temporary foreign workers increased by 13%.



In 2018, just over half of all agricultural workers were seasonal employees.

In 2018, more than half of all agricultural employees (53%) worked in Ontario and Quebec.

The greenhouse, nursery and floriculture production industry was the biggest employer in 2018, followed by the oilseed and grain farming industry.



## Number of agricultural employees, 2018

BEEF AND FEEDLOTS	14,267
DAIRY AND MILK	32,177
POULTRY AND EGG PRODUCTION	15,977
HOG AND PIG FARMING	10,740
OTHER ANIMAL PRODUCTION	11,034
VEGETABLE AND MELON FARMING	33,816
FRUIT AND TREE NUT FARMING	30,991
GREENHOUSE, NURSERY AND FLORICULTURE PRODUCTION	56,881
OILSEED AND GRAIN FARMING	45,253
OTHER CROP FARMING	17,643

In 2018, 43% of employees on farms with \$2,000,000 or more in revenue worked full-time, compared with 27% on farms with less than \$2,000,000 in revenue.



# News from the City of Rouyn-Noranda



The Rouyn-Noranda Farmer's Market will once again be open to the public. Regional producers will exhibit, sell and promote their products, giving the population access to high quality products grown and produced regionally.

**Period: June 27 to September 26, 2020**

**Every Saturday: 9:30 am to 1:30 pm**

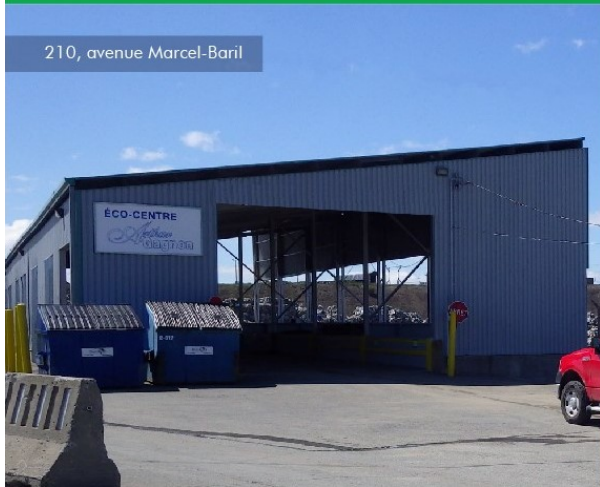
Green Lanes Project has been postponed till 2021

Council meetings are available on-line and live on Facebook

## ÉCOCENTRE ARTHUR-GAGNON



210, avenue Marcel-Baril



**Starting May 27, 2020**

**The Ecocenter will be open  
Wednesday to Sunday  
9am to 5pm**

►► VISEZ vert

[rouyn-noranda.ca/visezvert](http://rouyn-noranda.ca/visezvert)  
819 797-7114

## Outdoor Fires Rules to Respect

Size of Fire  
Max 1m x 1m

Permitted usages:  
Cooking, Heat,  
and Recreation

### Urban Areas

Only usage of compliant fireplaces: manufactured framework, non-combustible, closed top, equipped with a chimney fitted for spark control

### Rural Areas

**Minimal obligations:** non-combustible structure (stone, brick, cement, metal or other similar material); height of 30 centimeters and closed-in on at least 3 sides

### Placement

At least three (3) meters from combustible material

### What can you burn?

Brute wood with NO paint, stain, treatment, glue or other products which can burn-off pollutants.  
All combustible material is prohibited.



INFORMATION  
Équipe de l'inspection municipale  
819 797-7124

Parking remains free throughout the city till the end of June at least!

If you purchased a parking passes you just have to fill out a form to be 100% reimbursed for the months of April,





# News from the City of Rouyn-Noranda

## Major repairs and beautification of Murdoch Avenue

The city of Rouyn-Noranda unveiled their plans to repair Murdoch Ave between Boulevard Rideau and 19th street. Councillor Sylvie Turgeon admits that the underground infrastructure dates back more than 70 years and is in great need of attention. This is why the renewal of the aqueducts and sewers will be carried out this summer.

The city will also take this opportunity to offer citizens with a street concept that will encourage pedestrians, cyclers or even the use of a wheelchairs; to utilize this space to be more active.



Corner of Murdoch and 20th



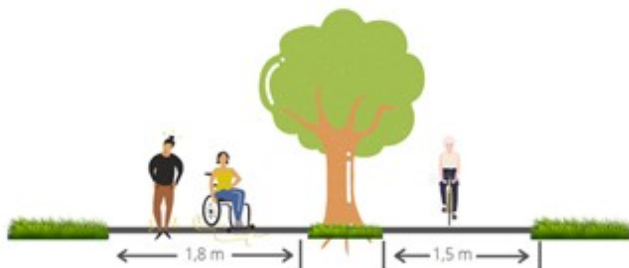
Corner of Murdoch, 21<sup>st</sup> and Rideau

### The project's objectives

- Rebuild the aqueduct and sewer connections
- Improve accessibility and safety of users
- Offer an urban development based on active mobility
- Promote greener spaces

### Cost of the Project

Provincial and Federal governments	68.6%
City of Rouyn-Noranda	31.4%
<b>Project cost</b>	<b>\$ 3,138,000</b>



### Some details

- 18 trees will be cut
  - 8 young trees
  - 7 trees with a life expectancy of 0- 5 years
  - 2 with a life expectancy of 10-20 years
  - 1 tree with a life expectancy of 20+ years
- 800 m of aqueducts
- 8000 m<sup>2</sup> of pavement
- 1100 m Borders and sidewalks
- 20 m Storm sewers
- 650 m Sanitary sewers
- 41 Service connections
- 2600 m<sup>2</sup> greenery

# Rouyn-Noranda Airport

Construction work on the new terminal at Rouyn-Noranda Regional Airport resumed on Monday, May 11, with site preparation and the excavation of foundations. According to the planned schedule, the new building, whose size will be three times that of the old terminal, will be delivered and operational by the end of 2021.

With ground preparation work beginning, the terminal structure will take shape this summer. No further obstacles to users are expected, work on parking lots having been carried out in 2019.

"It is with great enthusiasm that we are taking another step forward in this project. The construction of our new terminal is a major project for the economic development of Rouyn-Noranda. In this particularly difficult period for businesses, this new step is timely! ", says Rouyn-Noranda mayor, Mrs. Diane Dallaire.

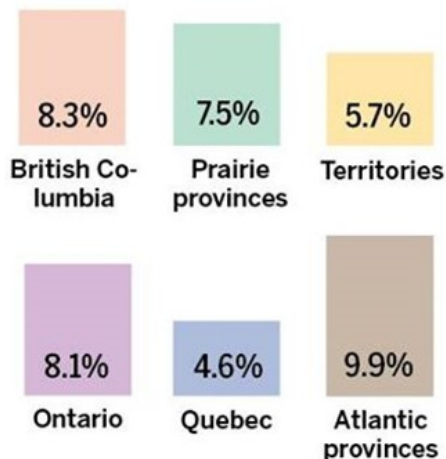
Remember that the terminal construction contract was awarded to Hardy Construction from our region for an amount of \$16,312,586 and that was made possible thanks to financial assistance from the Small Communities Fund program. from the Ministry of Municipal Affairs and Housing.



## CANADIANS WITH MENTAL HEALTH-RELATED DISABILITIES

### Over 2 million Canadians

aged 15 and older have a mental-health-related disability.<sup>1</sup>



# HAPPY FATHER'S DAY

**Father's Day** is a day of honoring fatherhood and paternal bonds, as well as the influence of fathers in society. In Catholic countries of Europe, it has been celebrated on March 19 as Saint Joseph's Day since the Middle Ages. In North America, Father's Day was founded by Sonora Smart Dodd, and celebrated on the third Sunday of June for the first time in 1910. It is held on various days in many parts of the world all throughout the year, often in the months of March, May and June.



The National day honouring Dads was started by a women who was raised by her widowed father. William Smart, raised Sonora and her five brothers alone after his wife died during childbirth.

While listening to a Mother's Day sermon with her father at the Central Methodist Church in 1909, Sonora was bothered that there wasn't a day to honour her civil war veteran father who raised his family alone.

## CHEP Session Videoconference are resuming via Zoom

If you own a tablet (or IPAD) or a laptop or even a desktop computer, you can join these wonderful sessions

### Coping with Arthritis during social isolation

Time: June 17, 2020, 10:00am

Please email Neighbours at : [neighbourshealth@cablevision.qc.ca](mailto:neighbourshealth@cablevision.qc.ca) to register and we will send you the link to join.

Also when confirming your presence for the session, Neighbours staff will bring you the session's outline as well as a little snack to enjoy while watching the session.

If you need help in preparing your device to able to view the session (i.e: Zoom), please contact the office and someone will guide you, step by step in downloading Zoom. It's very easy!



## Canada Revenue Agency

Need to make a change to your tax return? You can quickly submit changes electronically and avoid delays with paper! Use Change My Return in My Account, or use ReFILE to submit changes using your preferred NETFILE-certified tax software



# June 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Open Monday to Friday 1—5pm	1 World Milk Day 	2	3 Global Running Day World Bicycle Day	4	5 World Environment Day 	6 <b>D-DAY</b> JUNO BEACH CANADA'S 24 HOURS OF DESTINY 
7	8	9	10	11	12 World Day Against Child Labour	13
14	15 World Elder Abuse Awareness Day 	16 Int'l. Day of Family 	17 Video Conference on Zoom <i>Coping with Arthritis During Self-Isolation.</i>	18 Int'l. Picnic Day 	19	20 Summer Solstice 
21 Father's Day 	22	23 Int'l. Widows' Day	24  Quebec's Nat'l Day <b>Office Closed</b>	25	26 Take Your Dog To Work Day 	27
29	29	30	1 Canada Day 	2	3 <b>Office Closed</b>	4



*Our Health*  
IS IN OUR HANDS



*In partnership with*



Patrimoine  
canadien

Canadian  
Heritage