This document is made possible thanks to the financial support of:





JULY-AUGUST 2022



Quebec City



Parc des Chutes-de-la-Chaudière

Summer Outing - Tues Aug 23, 2022

7:45 a.m. Bus departure from MCDC, Thetford

8:15 a.m. Stop in Leeds (Church yard)

9:00 a.m. South Shore English Network SSEN office, Lévis10:00 a.m. Arrival at Musée de la Civilisation, Québec

12:30 p.m. Departure for Parc des Chutes-de-la-Chaudière

1:00 p.m. Arrival at the Parc. Lunch. Walk across suspension bridge over the falls.

(If weather does not permit, we will have to eat our lunch on the bus.

There is a cantine available.)

2:30 p.m. Departure for SSEN office, and onto Thetford.

Transportation provided by MCDC; people bring their lunches and rain gear if necessary.

Price: \$ 25/person

Because tickets for the Museum must be bought in advance, the $\mbox{\bf deadline}$ to $\mbox{\bf register}$ is

Wednesday August 17th. Please call or email Maureen at MCDC.



Health activities & capsules

Please call MCDC or email health@mcdc.info to register for each of the following health sessions:

MCDC WILL REMAIN OPEN THROUGHOUT THE SUMMER

During the construction holiday weeks of July 24th & 31st, MCDC will be CLOSED ON MONDAY & FRIDAY but open Tuesday, Wednesday, & Thursday. Leave a message on 418-332-3851 and your call will be returned.

YOGA & MEDITATION SESSIONS

Led by Charlie Maud Gingras & Megann Baril

DATES: **July 4 & 11, 2022**TIME: 10:00 a.m. - lunchtime
PLACE: Kinnear's Mills Old School

Bring your yoga mat!

Please register with Laurie at health@mcdc.info

Garden Tour



DATE: Wed July 27, 2022

TIME: 1:30 p.m.

PLACE: Huguette & Robert Blais, 95 Rte 271 North, Leeds Please register with Laurie at health@mcdc.info



WALKING GROUP 2022

DATE: Thursday July 21, 2022

TIME: 10:00 a.m. (moderate to intense walking level)

PLACE: Bailey Falls Trail, Kinnear's Mills Lunch provided at the Old School

• DATE: In August to be decided

TIME: 1:30 a.m. (mild walking level)

PLACE: MCDC to Choco-Latté for Ice cream!

Please register with Laurie at health@mcdc.info

Animal Therapy & Lunch

Wednesday July 13, 2022

10:00 AM
Old School
Kinnear's Mills

Please sign up with Jennifer by email or phone info@mcdc.info / 418-332-3851

ANIMAL
THERAPY
& LUNCH



T: 418 332.3851 | Sans frais: 1 877 332.3851 www.mcdc.info

COMMUNITY DEVELOPMENT CORPORATION

What's happening?

Movie Afternoon "Downton Abbey 2"



Date: Wed July 6, 2022

Time: 1:30 p.m.

Place: MCDC basement

Sign up with Jennifer info@mcdc.info

Lunch & Puzzles Afternoon



Date: Wed July 20, 2022

Time: 12:00 noon

Place: IOOF Hall Inverness

Sign up with Jennifer info@mcdc.info

T: 418-332-3851 Toll free: 1-877-332-3851

MEGANTIC COUNTY FOUNDATION (MCF) Bursary Recipient



MCF is pleased to announce their 2022 \$1000 bursary recipient from the Sec 5 graduating class of ASJ High School: Alyssia Groleau. Alyssia will be following the special care counselling program at Cegep de Thetford Mines. Congratulations to you and continued

DROP-IN SCHEDULE

Monday at 1:30 p.m.

July 4: Inverness IOOF Hall

July 11: MCDC

July 18: NO DROP-IN

July 25: Kinnear's Mills Old School

Aug 1: NO DROP-IN Aug 8: MCDC

Aug 15: Kinnear's Mills Old School

Aug 22: Inverness IOOF Hall

Aug 29: MCDC

August Activities

BRAIN GAMES & LUNCH



DATE: Wed Aug 17, 2022 TIME: 10:00 a.m.- 12:30 PLACE: IOOF Hall, Inverness Sign up with Jennifer info@mcdc.info

GARDEN TOUR

DATE: In August, to be determined

TIME: 1:30 p.m.

PLACE: Aline Visser's garden

161 Alfred St., Thetford

Sign up with Laurie health@mcdc.info

MOVIE AFTERNOON

DATE: Wed Aug 10, 2022

TIME: 1:30 p.m.

TITLE: "Disney's Jungle Cruise" PLACE: MCDC basement



DATE: Wed Aug 24, 2022

TIME: 1:30 p.m.

PLACE: MCDC basement Sign up with Jennifer

info@mcdc.info

Sunday Services

- Sunday, July 3rd, 10:30 a.m. Gamache et Nadeau Chapel, Thetford.
- Sunday, July 10th, 10:30 a.m. St. Andrew's, Inverness, Ross as leader, church parade of the Orange Lodge.
- Sunday, July 17th, 10:30 a.m. under the tent in Kinnear's Mills, Rev. Mead Baldwin officiating.
- Sunday, July 24th, 10:30 a.m. Gamache et Nadeau Chapel, Thetford.
- Sunday, July 31st, 10:30 a.m. Candlish Church, Kinnear's Mills, with Don Neilson as worship leader.

No services on August 7, 14, 21, 28, & September 4.

ANGLICAN SERVICES:

- Sunday, July 24th, 2:00 p.m. Gamache et Nadeau Chapel, Thetford.
- Sunday, Aug 28th, 2:00 p.m. Gamache et Nadeau Chapel, Thetford.

Inverness: Church of the Ascension

Sundays, July 10th & 24th, Aug 7th & 21st, 11:00 a.m.



Milestones

Our sincere condolences to Estelle Leboeuf, Jim Barber, and all the members of their family on the passing of Estelle's Dad Léo-Paul Leboeuf from Valleyfield.



Happy 55th wedding anniversary to Heather & Peter Whitcomb. Congratulations!!

Happy Birthday to Edward Powell, Raymond Dempsey, Joan Beattie, Ronnie Jamieson, Pauline Nutbrown, Jean Wright, Pauline Davidson, Ozzie Beattie, Bev Nicol, and Happy 90th to Theresa Kelly Gormley (formerly of Ste-Agathe), as well as to everyone else who will be celebrating their special day in July & August.

Annual Orange Picnic is Back

Come join us on Saturday, July 9, 2022, at the MacRae Grove on the 8th Range of Inverness, starting at 11:30 a.m. There will be no evening supper this year.

Square Dancing is Back!

Sunday July 31st, 1:30 pm, Model School (Heritage Site) Leeds. Music by James Allan and Courtney Drew (fiddle) \$10/person

All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call 418-332-3851 or email communications@mcdc.info