

### What's New at Y4Y?



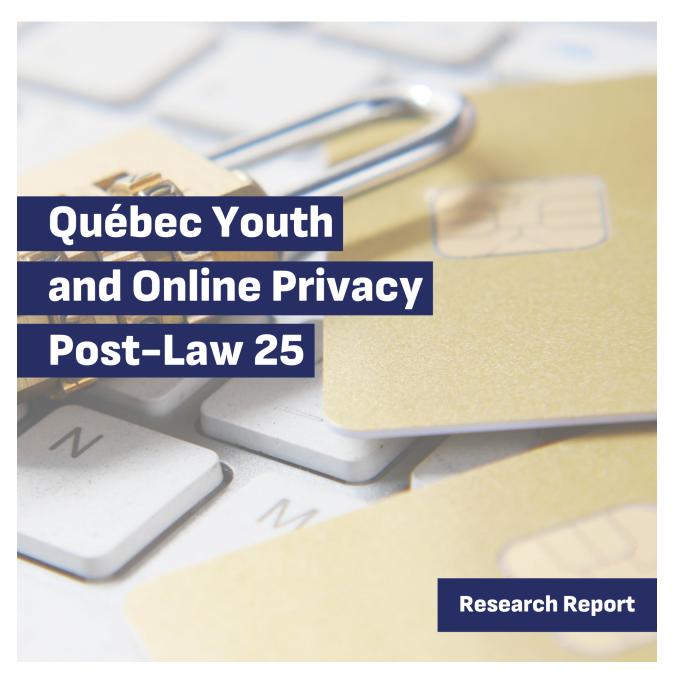
Parlement Jeunesse du Québec (PJQ)

Are you interested in discussing current issues facing Québec society in a nonpartisan parliamentary and journalistic simulation? You're in luck! You have the opportunity to participate in the **Parlement Jeunesse du Québec!** 

Four Y4Y-sponsored (FREE) spots remain for English-speaking youth between the ages of 18 & 25 (or up to 28 if you're a student) to attend the event, from Dec. 26th to 30th, 2023!

Interested in attending? Submit your application before November 1st, 2023 here and indicate that you will be attending through Y4Y!

Questions? Contact <u>info@pjq.qc.ca</u> or <u>info@y4yquebec.org</u>.





Youth Perspectives on Online Privacy!

Throughout the summer, Y4Y conducted two focus groups with Québec youth to gauge their thoughts on Québec's new data privacy law, Law 25. This law aims to modernise the province's private and public sector privacy laws, with the bulk of its provisions–including two new individual rights–that came into effect on September 22nd.

Check out the report <u>here</u> and write to the author with feedback or questions: <u>brock.nykoluk@y4yquebec.org</u>.



### Passionate about accessible and user-friendly design?

Y4Y is looking for youth to provide input on designing an online wellness hub on Discord.

> The consultations will take place on October 3rd & 5th, 2023.

Receive a \$25 gift card upon attendance from Amazon, Tim Hortons, or Indigo



### "With You in Mind" Consultations

Y4Y is designing an online mental wellness hub on Discord; we want to hear your thoughts on how to improve its accessibility and user-friendliness!

Dates for consultations are October 3rd & 5th. Choose your date & win!

Sign up for the 1-hour consultation here and receive a \$25.00 gift card!





### Ready to make a difference in your community?

Join the program & become civically engaged!

#### **Youth On Boards**

Governance in Motion

Ever been asked to join a Board? Get informed first!

Join Y4Y's <u>Youth On Boards</u> program to demystify Boards of Directors, and understand why joining one could be great for your career goals and your

community!

The first training program in November is FULL!
Fill out the <u>expression of interest form</u> for the February 2024 training program today!



### Welcome to the City Find Your Way

The <u>Welcome to the City (WTTC)</u> Program, designed for English-speaking youth who have come to Montréal for CEGEP, has begun!

There is still time to register. Don't miss out on the *Cooking on a Small Budget* workshop, *Renting 101* workshop, the *Mural Walking Tour of the Plateau*, and much more!

Your journey to discovering Montréal awaits you! 🦙

### Sign up now!

And check out what Y4Y's Executive Director Adrienne Winrow has to say about the program on CBC radio's **Daybreak Montreal with Sean Henry**.





## CHECK OUT NEW BLOGS FROM OUR WELLNESS LIAISONS!

"Put the book down and get active!

A call to fellow university students"





"A Student's Guide to Financial Wellness: Navigating the Path to Success"

"Study-Life Balance for Busy Students"

### **Wellness Liaisons' Blog Posts**

Are you a student? Do you want to stay active but can't seem to find the time?

Our Wellness Liaisons Abbigail, Francis and Becaye offer tips and insight on each of these topics!

Check out our latest blog posts here.



November 2, 8:30 am to November 3, 6:00 pm

### **Concordia University**

Conference Centre, 9th Floor, John Molson Building (MB), 1450 Guy St., Montréal





### **QUESCREN Education and Vitality Forum**

Join Quebec English-Speaking Communities Research Network (QUESCREN)

for their two-day Education and Vitality Forum on November 2-3 from 8:30 AM to 6:00 pm at the Concordia University Conference Centre!

In this forum, they will share research findings, real-world experiences, and practical strategies for a strong and sustainable English-Language education community. Through various activities such as lightning talks, roundtables, workshops, networking and more, you will have the opportunity to connect with members of

Québec's education community!

To learn more about the forum and to register, Check out their website here.



### Youth Consultations with the Secrétariat à la jeunesse

The provincial government is inviting youth from various Québec regions to share their thoughts on the issues of employment, entrepreneurship, the environment, culture, education, health and citizenship. Y4Y is supporting all of Québec's English-speaking youth who want to make their voices heard!

Click <u>here</u> to find out more and to get sponsored to attend the consultation in your region!



Check out Y4Y's New, Improved, & Incentivised Volunteer Program!

To learn more about our volunteer opportunities or to sign up, visit our <u>Volunteer page</u>.



# JOIN OUR MEMBERSHIP



Have your say.

### **Y4Y Membership**

Do you support our mission and the work we do within the community?

Join a group of movers and shakers mobilised around elevating youth voices and strengthening civic engagement

To find out more, or to sign up, visit our Membership page.

If you haven't yet, connect with us on:

<u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u>, <u>LinkedIn</u>, <u>TikTok</u>, & <u>YouTube</u> to stay in the loop!

### Y4Y Québec is funded by









Y4Y Québec https://join.y4yquebec.org/

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