

Upcoming Events



Your Halloween Hangout Invite!

October 28, 2022 from 7:30pm to 10:00pm

Halloween is in the air, and Y4Y has the perfect way to celebrate with our friends in the Eastern Townships. On October 28th, come hang out, eat pizza and see the ultimate Halloween must-watch: *The Rocky Horror Picture Show*. This **free event** is a great opportunity to meet friends and chat about life in the Townships. This event is for YOU if you are between 18 and 30 years old. If you wish, come dressed in your spookiest outfit, **and participate in the costume contest to win a \$25 gift card!**



Peer Support Focus Group

November 29, 2022 from 6:00pm to 7:00pm

With You in Mind is thrilled to announce its final event of the year!

Our wonderful team of Youth Advisors has been training in all things peer support: from active-listening to crisis management...and they are eager to put their skills to good use! We warmly invite 30 youth (ages 16-30) to participate in an open, confidential, and non-judgemental Peer Support Focus Group!

Whether it's the holiday blues, finals season stress, or anything that's weighing on your mind, join your peers and get it off your chest.

Participants will be compensated for their time with a 20\$ gift card to Indigo.

Click **here** to save your spot!

What's New With Us?



New Blog Posts

There are over 1 million English-speakers living in Québec, each with a unique story to tell. Hear from our team of Community Liaisons as they share a slice of English-speaking life from all across the province! From moving to Québec from elsewhere in Canada, to exploring nature in a whole new way, our Liaisons have plenty to share with you. Check out Y4Y's Community Liaisons' blog posts here.



Salut les voisins à Sherbrooke

Notre événement inaugural pour le projet Meet Your Neighbour / Salut les voisins a eu lieu le mardi 25 octobre 2022 à Sherbrooke au merveilleux Bistro Kaapeh! Au cours de la soirée, les participants ont eu la chance de parler à nos cinq merveilleux livres humains provenant de la scène artistique de Sherbrooke. Nos livres humains ont partagé leurs diverses histoires, de la fuite du communisme jusqu'au pouvoir des mythes. Le projet Salut les voisins / Meet Your Neighbour sera de retour en 2023 pour nos derniers événements à Québec et Montréal. Nous espérons vous y voir!

Meet Your Neighbour in Sherbrooke

Our inaugural event for the Meet Your Neighbour / Salut les voisins project took place on Tuesday, October 25, 2022 in Sherbrooke at the wonderful Bistro Kaapeh! Over the course of the evening, participants had a chance to speak to our five marvellous Human Books, hailing from Sherbrooke's art scene. Human Books shared their life stories, ranging from the experience of escaping communism, to the power of myths in decoding the human experience. The Meet Your Neighbour / Salut les voisins Project will return in 2023 for events in Québec City and Montréal. We hope to see you there!



A Bilingual Panel Conversation on Law 96 from Saguenay-Lac-Saint-Jean

On October 13th, Y4Y and ECO-02 hosted a nonpartisan, hybrid panel discussion in Chicoutimi, where English and French-speaking panelists shared their thoughts on Law 96 and how it is perceived in the region. The

conversation provided insight that took guests beyond the headlines. The panel will be posted across Y4Y's socials in the coming days. As part of the Youth Town Hall Project, an info session on the progression of Law 96 will take place virtually in January 2023.



Y4Y Live on CBC Montreal News!

In case you missed our Town Hall on Law 96, tune into CBC Montreal News for an interview with our Executive Assistant, Alex Pettem, on some of the main takeaways from the event.

Check it out <u>here</u> (the interview begins at 20:11).



Youth Leadership Activity at St-Pat's!

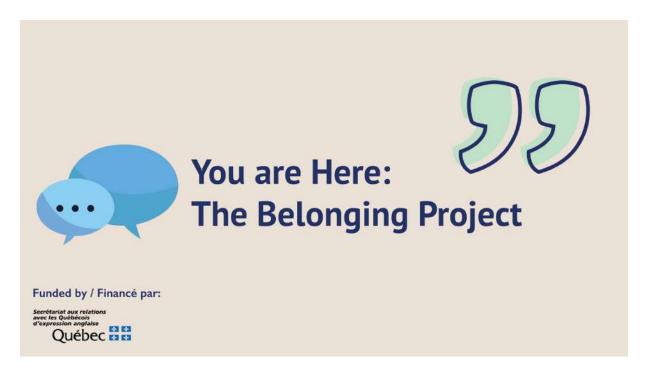
Y4Y Québec visited Québec City's St. Patrick's High School leadership classroom to get the students thinking about youth activism. Participating students were asked to conceive of an initiative youth should publicly march or petition for to encourage the use of their natural leadership skills!



Project Impact Visit to Sept-Îles & St.Paul's River!

Y4Y's Project Impact Coordinator, Cecilia Eraso, and <u>LEARN</u>'s Community Service Learning Coordinator, Ben Loomer, visited the North Shore in October.

They attended a class field trip and ran a fun Social Innovation Lab to get students thinking about mental health initiatives to include in their school.



In the Right Place with Y4Y - An Interview with COM-Unity

Chloe Rodriguez, Y4Y's coordinator for You Are Here: The Belonging Project, recently sat down with COM-Unity for an interview about creating sites of belonging, and looking at Québec's English-speaking youth through an intersectional lens.

Check out the full interview **here!**



Volunteer with Y4Y!

Want to try something new, make friends, build character, enhance your leadership skills, and solve problems all while having a positive impact on your community? What's in it for me, you ask? The time and energy you give to Y4Y doesn't go unnoticed. We offer letters of recommendation and professional references as well as mentorship opportunities that allow you to hone your leadership skills and build your resume.

Click here to find out more on how you can volunteer with Y4Y.



Y4Y Membership

Do you support our mission and the work we do within the community? Become a member - it's free! To find out more or to sign up, visit our Membership page.

If you haven't yet, connect with us on:

Facebook, Instagram, TikTok, Twitter, LinkedIn to stay in the loop!

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Y4Y Québec

http://join.y4yquebec.org/

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