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### Literacy Quebec Newsletter

-March 2024-



Happy March, everyone!

Has spring sprung? This is still up for debate, but in the meantime, you can be sure about the announcements we have lined up, such as the last phase in our CHSSN Mental Health Project, updates on our Charity Challenge, our Reading for the Love of It conference recap, and so much more!

### Our CHSSN Mental Health webinars have wrapped up!

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Thank you to everyone who attended our CHSSN Mental Health webinars! We hope you learned valuable information to take with you both professionally and personally. We appreciate the feedback we have received and look forward to embarking on future projects that will create new learning opportunities for those within our network and the public.

For the last phase in our project, we will be releasing a guide with an overview of English mental health resources and services available in Quebec in the coming weeks.

These workshops were made possible by: CHSSN and the Public Health Agency of Canada.

# Lace Up for Literacy: Limited Registration Available

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Thanks to those who have registered under our team for the 21k de Montréal! Since the early sell-out, we have received five access codes and links for those who would like to help us raise funds for literacy councils across the province by completing a virtual OR in-person 5k or 10k distance. These funds will help literacy councils fulfill their mission of making literacy more accessible to the public through free tutoring services, programming, book giveaways, and more.

If you would like to register, please contact <u>laceup@literacyquebec.org</u> for an access code and link. The access codes and links will be given to the first five **people who send us an email. You have until March 20th, 5pm ET to register.** After that, they will expire, so please sign up as soon as you can!

As pictured, those registering under our team will receive awesome swag, such as T-shirts, bags, water bottles, and other goodies!

If you would like to donate to our team, please feel free to do so at the following link: <u>https://raceroster.com/events/2024/78955/21k-de-montreal-2024?</u> <u>locale=en\_CA</u> To donate to our team instead of a participant, click 'View Teams' and search 'Literacy Quebec.' Any and every amount is appreciated and does not go unnoticed!

## Reading for the Love of It Conference Recap





Pictured from left to right: Catherine Hernandez, Laura Thompson (LQ), Jessica Leahy (LQ), Heather Sakowski (LQ)

From February 22nd to the 23rd, LQ had the opportunity to attend the annual Reading for the Love of It conference in Toronto, the largest language arts conference of its kind in Canada. Its purpose is to inspire and provoke thinking about literacy issues and a lifelong love of reading by offering a variety of

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more.

Through the workshops and trade show, we gained new professional development knowledge and learned about new resources out there both internally and for our network. During keynote speaking sessions, we had the honour of hearing thought-provoking talks by notable writers like <u>Sara O'Leary</u>, <u>Catherine Hernandez</u>, <u>Cherie Dimaline</u>, <u>Nic Stone</u>, and <u>Uzma Jalaluddin</u>. We even purchased their books and had them personally signed!

The conference was also a great opportunity to talk about what we do and the resources we provide, as well as connect with other organizations and educators doing great work.

Thank you to the Reading for the Love of It organizers for another wonderful conference experience with many opportunities for learning and resource sharing!

# Canadian Women's Foundation Podcast Series: *Alright, Now What?*



March 8th was International Women's Day, and the entire month of March is celebrated as International Women's Month.

Check out this podcast series from the Canadian Women's Foundation titled, *Alright, Now What*?, a series that puts an intersectional feminist lens on stories that make you wonder "Why is this still happening?" Through expert interviews, they explore systemic roots and strategies for change that will 12/2/24, 4:05 PM

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Other podcast series from the Canadian Women's Foundation include: *The Signal for Help* and the *Indige Health Hub.* 

Listen here

### Adult Learners' Week-March 31-April 6

This year, Adult Leaners' Week will take place from March 31-April 6. An annual celebration of literacy and lifelong learning, this time is meant to highlight the countless adults learning news skills in their lives, no matter how big or small. It is a reminder that learning at any age is important and valuable!

#### **National Volunteer Week- April 14-20**



Inaugurated in 2007 by Literacy Qu

National Volunteer Week is taking place this year from April 14-20. This week highlights the importance of every volunteer and the ongoing support they provide to important causes and initiatives, and is meant to celebrate and thank them!

Stay tuned for an update as we announce the recipient of the 2023 Freda Hudson Volunteer Recognition Award, presented annually to a

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#### **Events Calendar**

If you would like to see more from our Member Organizations, you can check out the Events Calendar on our website!



Calendar

### **Resource Highlight: LQ Academy**



LQ Academy is a collection of free eLearning courses designed for anyone who wants to explore and learn more about a wide range of literacy-related topics. If you interact with the general public, create communications material, or are just curious about literacy, you should check them out!

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<ul> <li>Lit 101: Exploring Literacy</li> </ul>				

- Lit 102: Supporting Adults with Low Literacy Skills
- Lit 103: Practising Clear Writing and Design

Special topics courses:

- Assessing Health Literacy
- Family Literacy

Visit LQ Academy

#### **Upcoming Dates**

International Read to Me Day- March 19 World Storytelling Day- March 20 World Poetry Day- March 21 Adult Learners' Week- March 31-April 6 Poetry Month- April World Health Day- April 7 D.E.A.R Day (Drop Everything and Read Day)- April 12 National Volunteer Week- April 14-20 Earth Day- April 22 Canadian Children's Book Week- April 28-May 4

"When the whole world is silent, even one voice becomes powerful."- Malala Yousafzai

~ The Literacy Quebec Team



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supérieur and Secrétariat aux relations avec les Québécoise d'expression anglaise





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