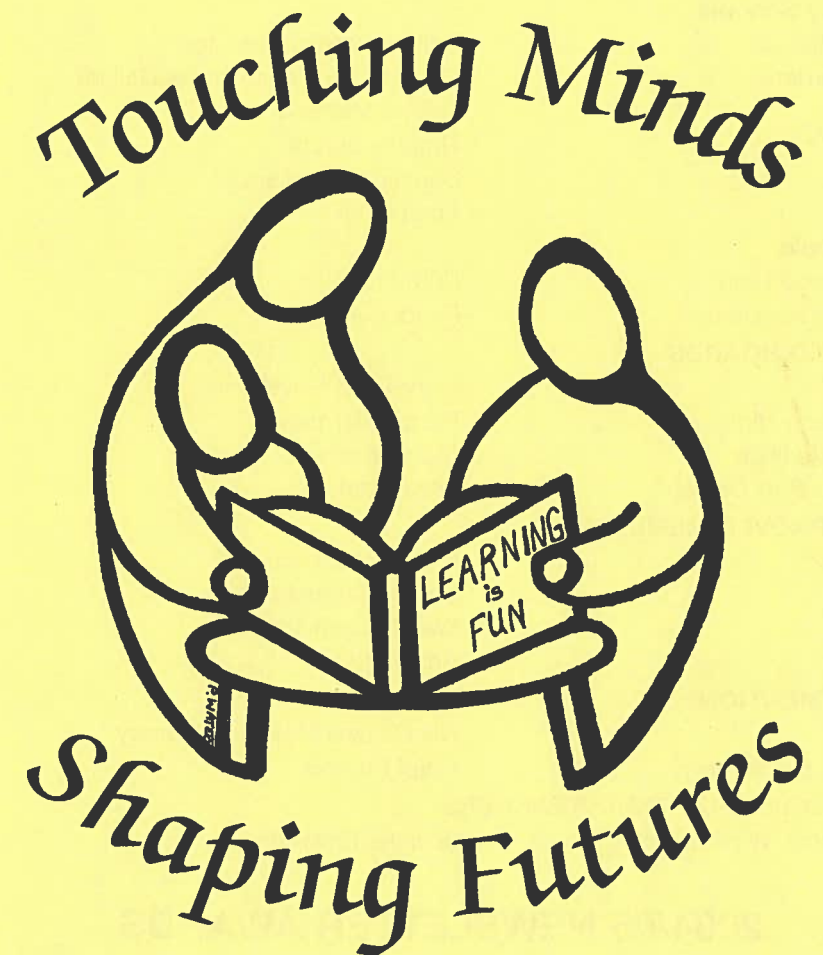


GOLDEN TORCH AWARDS



Allion	Mary Minuti Diana Tosi Cheryl Yeoman
Courtland Park	Patti Smith Sharon Wilensky
Dorset	Tanya Peris
Edinburgh	Jennifer Kirsh
Elizabeth Ballantyne	Tina LeBlanc
Evergreen	Sharon Sutherland
Honoré Mercier	Laura Centomo Silvy Di Pietro Doreen Jardine
Lindsay Place High School	Diane Blackburn Joy Nakano
Lord-Aylmer	Sue Alkenbrack Charlene Morrison
Macdonald High School	Paul Dubois
Royal West Academy	Bebe Braziller
Seigniory	Janet Pelletier
Souvenir	Mary Delle Donne
Valois Park	Debbie Trickey
Willingdon	Bonnie Brayton Lesley Winter
Windermere	Louise Fitzpatrick

Quebec Federation of Home and School Associations, Inc. 61st Annual General Meeting & Conference



April 22-23, 2005
at
Montreal Airport Hilton
12505 Côte de Liesse
Dorval, Quebec



2004/05 MEMBERSHIP AWARDS

ON ISLAND BOARDS

Elementary Schools

Beacon Hill
Dunrae Gardens
Edinburgh
Merton
Souvenir
Westpark

High Schools

Lindsay Place High
Royal West Academy

OFF ISLAND BOARDS

Ayer's Cliff
Baie Comeau High
New Carlisle High
Shigawake-Port Daniel

MOST IMPROVED MEMBERSHIP

Beechwood
Evergreen
Roslyn
Thorndale

SPECIAL MENTION

Hillcrest
Royal Vale Elementary

SPECIAL DRAW FOR STAFF/TEACHERS

Nancy Bulow, Windermere

MEMBERSHIP CHAIR

Gail Bernstein, President
Connie De Giorgio/Daniel Gallant
Odette Michelin
Timothy Johns
Christina Cavaliere
Anna Otter

Ruth Frenette
Randi Lenet

Mary-Ellen MacKinnon
Pascal Normand
Susan Beebe
Fay Hottot

Nadia Colagiacomo
Sharon Sutherland
Wanda Leah Trineer
Ada Taddeo

Nia Giouzelis/James O'Grady
Carol Shemie

Jennifer Edwards

2004/05 NEWSLETTER AWARDS

École Primaire Beaconsfield
Gardenview Elementary
Lindsay Place High School
Valois Park Elementary

Contact
Garden Views
Herald
Valois Ventures

Editors

Carol Hawthorne-Laliberté, et al
Mary Skagos
Dawn Chipps
Kathryn Arcudi-Dudley
Sue Heather-Vieira

UNSUNG HERO AWARDS



Allancroft Karen Dorey
Allion Sylvie Fortin
Courtland Park Carol-Ann Megas
Eunice Newby
Dorset Holly Myles
Edinburgh Colleen Kelly-Baker
Stanley Kirsh
Lynn Mannard
Allyson Reynolds
Karen Warshaw
Mary Wing
Elizabeth Ballantyne Dorothy Gleason
Evergreen Aileen Grogan
Gardenview Dalal Batah-L'Espérance
Honoré Mercier Connie Iacono
Carmela Martignetti
Elizabeth Stuhlec
Lindsay Place High School Jaya Patel
Lord-Aylmer Pat Brennan
Tim Lamirande
Bill Rogers
Macdonald High School Lori MacDonald
Royal West Academy Debra Berkofsky
Deborah Luskey
Michel Morin
Anne Williams
Seigniory Janet Crowley
Heather Hamilton
Tammy Montreuil
Veronica Serrano
Souvenir Lorraine Feig
Susan Jakab
Margit Savoie
Thorndale Kim Neelin
Valois Park Marlene Belanger
Willingdon Rima Harun
Ian Sinclair
Windermere Leigh Ann Wortman

LEWIS PEACE PRIZE

for contributing to a safe and peaceful community environment

SOUVENIR ELEMENTARY SCHOOL



The untimely death of one of our students to cancer generated feelings of fear, anger, sadness and helplessness and a loss of a sense of peace and joy at the school. As the shock wore away, a group of teachers and students decided to take action. A tree was planted to remind everyone that a life had been lost and a commemorative fund was set up for the much missed friend. These actions allowed

peace and serenity to return to the school. To this day the tradition of good works has provided a foundation for the school's orientation of peace and cooperation. Opportunities to support those less fortunate have developed empathy, compassion, understanding and a sense of empowerment, all keystones to a peaceful community. Throughout 2004 – 2005 Souvenir School has been involved in a long list of such good works:

- ◆ **The Samaritan's Purse** – over 100 shoe boxes filled with items for third world children
- ◆ **Halloween collection** for Lamplighters
- ◆ **Hat & scarf tree** – decorated at Christmas; hats & scarfs donated to Le Bon Dieu Dans la Rue
- ◆ **Gymnasium show** – proceeds given to Agape, a local help organization
- ◆ **Christmas baskets** – collected for the local food bank
- ◆ **Grade 4 Carolling** – students circulate singing and collecting for Agape
- ◆ **Coin collection for Montreal Children's Hospital** [for gifts to children, bought by staff]
- ◆ **Sun Youth Anti-Bullying Program** – while sessions take place, collections were made
- ◆ **Tsunami Read-a-thon** – sponsored students raised \$2178 for Save the Children Fund
- ◆ **Weekend to End Breast Cancer** – students fund-raise to support 3 teachers walking
- ◆ **Playground Leadership Program** – senior students trained to act as leaders and mediators in the play ground

By their efforts, the students of Souvenir School have developed the basics of a peaceful community, have understood the concerns of those less fortunate than themselves and have creatively attempted to address them. QFHSA is proud to award the Lewis Peace Prize to Souvenir School.

PRESIDENT'S MESSAGE



Donna Norris

Welcome to the Awards Dinner and our 61st Annual General Meeting

As I come to the end of my first year as President of the Quebec Federation of Home and School Associations I breathe a sigh of relief. I have made it through the first year. I would never have imagined that I would sit in this position a few years ago. It is a surprise to me. I was the back stage helper, the invisible assistant, not the front runner or speaker. Back stage is where I felt most comfortable.

Well I am not in my comfort zone anymore, but I realize the butterflies I feel when I have spoken publicly are not so bad; they keep me wanting to do better. As I sit in on Government Consultations and represent all our members, I want to make sure I will make a difference. I want to be informed and educated on all that concerns all of you. The butterflies keep me listening, asking questions and always re-evaluating what I will say, what I have said and if I am informed enough.

All of you who are present today help me keep informed. Every school I visit, or one of our Directors visit, adds to my knowledge base. Our knowledge base is increased every time our members phone for assistance, ask a question, attend the Fall Conference, or fill out a survey. The members of the QFHSA are my educators. YOU make the difference. You are vital to my success as President and the success of QFHSA. I would like to express my appreciation to all of you today and thank you for your continuous efforts in my education.

Sincerely,

Donna Norris

Coordinator	Glenna Uline
Book of Reports	Anne MacWhirter/Carol Ohlin
Constitution.	Sylvia Adams
Nominations	Michelle Armstrong/Norma Stirling
Publicity	Beverlee Bishundayal
Registration.	Diane Radu, Barbara Smith & Susan Tweddell
Resolutions	Rickhey Margolese
Awards & Prizes	Margaret Funnell
Leslie N. Buzzell Award	Sylvia Adams, with Wendy
Gordon Paterson Award	Buchanan, Owen Buckingham,
Lewis Peace Prize	Helen Koeppel & Allan Locke
Membership Awards	Connie De Giorgio
Newsletter Awards	Diane Radu


Conference Kits

AMCAL Family Services (West Island Youth Project)
Benoit Bergeron Services Conseils (spécialiste en campagnes d'autofinancement)
Café Valdez 2001
Centre Famille et Ressource A.D.D. [Attention Deficit Disorder]
Centre for Literacy of Quebec
ClearPoint Fundraising
D M Family & School Services
Family Services Canada/Services à la famille Canada
Fund Scrip
Geordie Theatre Productions
McCord Museum of Canadian History
Q.S.P. [World's Finest Chocolate]
Télé Québec
Terry Fox Foundation
Youth theatre Inc.

Centre for Literacy of Quebec
MEQ [Ministry of Education]

book donations for school libraries
Centrepiece [Winter 2005] – update on
vocational training centres.
Goalpost [Winter 2005] – preparing students for life.

A black and white portrait of a woman with dark, shoulder-length hair and bangs. She is smiling and looking slightly to the right. She is wearing a white ruffled collar and a dark jacket. The background is a patterned curtain.

A color portrait photograph of Norma, a woman with short, dark, wavy hair and bangs. She is smiling and looking slightly to the right of the camera. She is wearing a dark-colored top with a white, ruffled collar. The background is a patterned curtain.

Norma has been an active member of Home and School for more than twenty years, as a member and President of two locals and since 1990 as a member of the Board of Directors of QFHSA. Norma has served in many different and valuable roles. She has successfully coordinated several Fall Conferences and AGMs, has worked on numerous committees to enhance and raise QFHSA's profile and services in the community. She spearheaded the move from QFHSA's previous office to the current location and, always a hands-on leader, installed furniture and picked up the paint brush to improve the new premises. Norma took the position of President in 1999-2000, served a further term in 2002-2003 and continues to contribute valuable skills as Executive Vice President.

- ◆ A tireless volunteer and effective leader, she spearheaded the Advocacy Project, designed to empower parents to act as natural advocates for their children and to help students to resolve school issues in a positive way. Norma gives Advocacy workshops and training sessions in and outside Quebec, and writes an Advocacy column in the Quebec Home & School News. As an off-shoot from the program, she worked on bullying strategies, producing a pamphlet on the subject.
- ◆ She has been instrumental in revitalizing the Regional Councils as a network for exchange of ideas and concerns. The Fall Conference and AGM now include Regional Council meetings, in addition to other meetings that take place during the school year.

The Quebec Federation of Home and School Associations is proud to confer the 2005 Leslie N. Buzzell Award on Norma Stirling for her outstanding leadership, guidance and service to the Federation, its locals, and to all parents and their children.

GORDON PATERSON AWARD

for long service to the education of children
and the encouragement of the involvement of parents

ELIZABETH POPE



Elizabeth has had wide and varied experience in the teaching profession as teacher, Head teacher and Vice-principal. She continuously encourages parental involvement in the education of children and relentlessly works to ensure that every child reaches his or her personal best. A mother and grandmother, she received her teaching degree in Montreal and has taught in Montreal, Ottawa and, for 15 years, in Aylmer and has been a consultant with the Turnbull Learning Centre. She completed a Special Education degree at McGill and a Sociology and Anthropology degree at Carleton and has received the Lois Tetrault reward in

recognition of her contribution in the Field of Special Education and to the students and community of the Western Quebec School Board.

Teaching has been her life-long dream, one in which she has lived her belief that every child deserves the right to learn in his or her special way. She has high expectations and her students do their best to achieve them. Her classes are challenging, fun and well managed. Children with difficulties thrive in her classes.

Elizabeth is a valuable asset to the local Home and School Association and a great resource to the parents in the community. She often refers parents to the local association for support, guidance and information and proudly promotes the local association among her colleagues and to parents in the school community. She demonstrates innovative ideas in promoting parent's involvement in their children's education.

Elizabeth is an exceptional teacher always finding fresh ways to involve parents in their children's learning experience. She richly deserves the Gordon Paterson Award for her tireless dedication to her students and her welcoming attitude toward their parents.

The Canadian
Home and School
Federation



La Fédération
canadienne des
associations foyer-école



On behalf of the Canadian Home and School Federation (CHSF) I am very pleased to bring greetings to the members of the Quebec Federation of Home and School Associations for your spring conference.

On December 18th, 1895, Mabel Hubbard Bell established the first Canadian Home and School Association in Baddeck, Nova Scotia. She encouraged parents interested in the education and welfare of their children to form such a group.

Soon after that first meeting parents and teachers across the country began to meet and form their own associations at the local level. These associations grew and are still going strong today over one hundred years later. This in itself speaks volumes about the strong dedication parents have for their children and the education system.

CHSF has been recognized by Heritage Canada to be of National Historic significance and a plaque commemorating this will be unveiled at a ceremony to be held in conjunction with our AGM in Baddeck, NS on May 27th.

While attending the CHSF Annual General Meeting last year in Montreal I not only got to meet some really great people, but I got to see first hand how truly committed you are to Home and School and to the children of Quebec. I commend you for all that you do.

I wish you a most successful and enjoyable conference. Work hard and laugh lots. We need to keep a bit of "kid" in us. That is what makes us want to work harder for them.

**Georgina Allen,
President, CHSF**

61st Anniversary Awards Dinner

Friday, April 22, 2005

Our theme this year is:

Touching Minds – Shaping Futures

17:30 – Cash Bar

18:30 – Dinner

On the menu for the evening will be soup, salad, breast of chicken, vegetables, coffee/tea, & dessert. Wine can be purchased if so desired.

Awards

Buzzell Award

recognizes the achievements of a Home & School member at the provincial level.

Gordon Paterson Award

recognizes an outstanding educator

Lewis Peace Prize

who believes in involving parents. recognizes an individual or group making a significant contribution towards peace.

Golden Torch Award

recognizes the volunteer achievement of Home & School members at the school level.

Unsung Hero Award

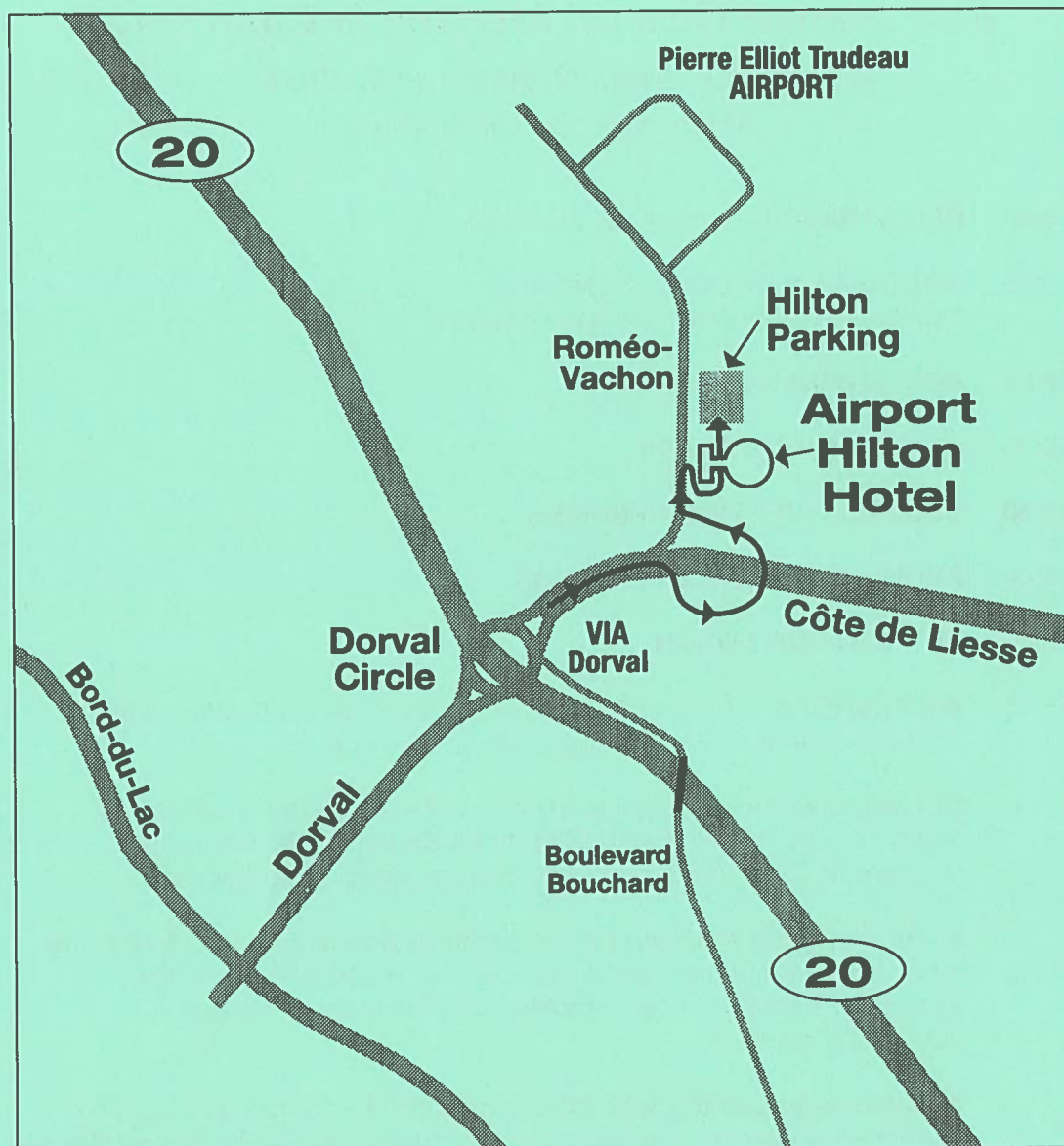
recognizes outstanding volunteers with the local school.

Annual General Meeting & Conference

Saturday, April 23, 2005

8:00 – 15:45

- | | | |
|-------|---|-------------------|
| 8:00 | REGISTRATION – Continental Breakfast | Foyer Grand Salon |
| 8:30 | WELCOME | Grand Salon |
| | Membership & Newsletter Prizes Awarded | |
| 9:00 | AGM BUSINESS SESSION | |
| 10:30 | REFRESHMENT BREAK | Foyer Grand Salon |
| 10:50 | BUSINESS SESSION RESUMES | Grand Salon |
| 12:00 | ADJOURNMENT | |
| 12:00 | REGIONAL COUNCIL MEETINGS | Breakout rooms |
| 13:00 | NETWORKING LUNCH | Petit Salon |
| 14:15 | WORKSHOPS (concurrent) | 3 separate rooms |
| | #1 Long Live Kids – Helping children to eat smart, move more and be media literate. Facilitated by Linda Millar , Concerned Children's Advertisers. | |
| | #2 All Work and No Play: How to achieve balance in your family life. Facilitated by Lucy MacDonald , Counsellor, author & speaker. | |
| | #3 Advocacy: Dealing with issues at school – How to advocate on your child's behalf. Facilitated by Patricia Waters , QFHSA Advocacy Resource. | |
| | <i>Do fill out your evaluation form to help plan next year's program!</i> | |
| 15:45 | EVALUATION FORM DRAW – win a book for your school library | |



From any major highway (20, 40, 15, 13), follow the signs to Dorval Airport.
The Airport Hilton is on the right on the airport approach road.

Do **not** enter the Vinci Parking on the right as you enter the hotel premises.
Keep left, pass the entrance to the hotel and the hotel parking lot will be
in front of you. Take a ticket from the parking barriers. You will receive
a parking fee voucher at the event.

Quebec Federation of Home and School Associations, Inc.
61st Annual General Meeting & Conference



April 22-23, 2005
at
Montreal Airport Hilton
12505 Côte de Liesse
Dorval, Quebec



61st Awards Dinner

Friday, April 22, 2005

Welcome to our AGM 2005!

Our theme this year is:

Touching Minds – Shaping Futures

Our festive event will be at the **Montreal Airport Hilton, Dorval**.
Parking in the hotel lot is included. Directions are on the back of this flyer.

17:30 p.m. – We will begin with a Cash Bar.

18:30 p.m. – Dinner will be served.

The menu for the evening includes soup, salad, breast of chicken, vegetables, coffee/tea, & dessert. Wine can be purchased if so desired.

(If you have any allergies or dietary restrictions, please let us know with your registration!)

Awards

Unsung Hero Award

recognizes outstanding volunteers within the local school.

Golden Torch Award

recognizes the volunteer achievements of Home & School members at the school level.

Lewis Peace Prize

recognizes an individual or group making a significant contribution towards peace.

Gordon Paterson Award

recognizes an outstanding educator who believes in involving parents.

Buzzell Award

recognizes the achievements of a Home & School member at the provincial level.

61st Annual General Meeting & Conference

Saturday, April 23, 2005 – 8:00–16:00

Montreal Airport Hilton, Dorval

8:00 **REGISTRATION** Continental Breakfast

8:30 **WELCOME & OPENING REMARKS**
Membership & Newsletter Prizes awarded

9:00 **AGM BUSINESS SESSION**

10:30 **REFRESHMENT BREAK**

10:50 **BUSINESS MEETING RESUMES**

12:00 **REGIONAL COUNCIL MEETINGS**

13:00 **NETWORKING LUNCH**

14:15 **WORKSHOPS** – Write-ups for these are given on the reverse side of the Registration Form. Please choose **one only**.

#1 Long Live Kids – Helping children to eat smart, move more and be media literate. **Facilitated by Linda Millar**, VP, Education, Concerned Children's Advertisers, teacher, speaker and writer

#2 All Work and No Play: How to achieve balance in your family life – impact of lack of balance will be presented along with corrective strategies. **Facilitated by Lucy MacDonald**, M.Ed., counsellor, author and speaker

#3 Advocacy: Dealing with Issues at School – how to advocate on your child's behalf in a variety of school situations. **Facilitated by Norma Stirling**, B.Ed., B.A., QFHSA Past-President and Advocacy Resource

Do fill out your evaluation form to help plan next year's program!

15:45 **EVALUATION FORM DRAW** – win a prize for your school!

QFHSA 61st ANNUAL
GENERAL MEETING & CONFERENCE

APRIL 22 – 23, 2005

3285 Cavendish Blvd., Ste. 560, Montreal, Qc. H4B 2L9
Tel. (514) 481-5619 or 1-888-808-5619; Fax (514) 481-5610

INDIVIDUAL REGISTRATION FORM

DEADLINE: Friday, April 1, 2005
(Please submit a separate form for each person)

Name: _____ Tel/Fax: _____

Address: _____ e-mail: _____

_____ Postal Code: _____

Representing: _____ Home & School/or other Organization

I will attend...

Friday, April 22 Awards Dinner
(17:30 Cash Bar; 18:30 – 21:30 Dinner
at the Montreal Airport Hilton) ☐

Saturday, April 23 A G M
(8:00–16:00 at the Montreal Airport Hilton) ☐

Please check ONE: Home & School Voting Delegate ☐
Home & School Alternate Voting Delegate ☐
QFHSA Director ☐
Home & School Member, non-voting ☐
Non-Home & School member ☐

CONFERENCE FEES

Registration: Non-Home & School member \$15 ☐

Refreshments & Kits

Thank you for remitting these charges, which are not optional.
Those registering by April 1st, choose column A
Those registering after April 1st, choose column B

	-A-	-B-	
Friday Awards Dinner	\$35	\$40	\$ _____
Saturday	\$40	\$50	\$ _____

(continental breakfast, breaks, hot lunch)
(If you have any allergies, or dietary restrictions, please let us know.)

Payment (please make cheque payable to QFHSA Inc.) Total Amount Paid. . . . \$ _____

REGISTER EARLY and SAVE!

**QFHSA 61st ANNUAL
GENERAL MEETING & CONFERENCE**

APRIL 23, 2005

WORKSHOP REGISTRATION FORM

DEADLINE: Friday, April 1, 2005
(Please submit a separate form for each person)

Name: _____ Tel/Fax: _____

Address: _____ e-mail: _____

_____ Postal Code: _____

Representing: _____ Home & School/or other Organization

Choose only ONE!

- ☐ **#1 Long Live Kids!**
In this session, participants will learn current research relating to childhood obesity, as well as solution-oriented tips, tools and strategies to help children make wise choices about their health now and in the future!
– **Facilitated by Linda Millar**, Vice-President, Education, Concerned Children’s Advertisers, teacher, speaker and writer
- ☐ **#2 All Work and No Play: How to achieve balance in your family life**
All work and no play makes for cranky, unhappy families. Achieving the correct balance between work and play is important to the health and well being of parents and children. The impact of the lack of balance on families will be presented along with practical strategies for getting your family life back on track.
– **Facilitated by Lucy MacDonald**, M.Ed., counsellor, author and speaker
- ☐ **#3 Advocacy: Dealing with Issues at School**
Parents are often at a loss on how to approach the school when they have issues regarding report cards, marks, their child’s behaviour or other concerns. Let’s talk about it.
– **Facilitated by Norma Stirling**, B.Ed., B.A., QFHSA Past-President and Advocacy Resource

Remember to fill out your Evaluation Forms and Deposit them in the **Evaluation Box** by **15:45**