

#### November 2019

This zine was produced at DM as part of Writers in the Community, a program run by the Quebec Writers' Federation.



www.qwf.org/programs/wic

Many thanks to April F.

We would also like to express our gratitude to the following supporters, without whom the Writers in the Community program would not be possible:















George Hogg Family Foundation

The Hay Foundation

Hylcan Foundation

Eric T. Webster Foundation

Zeller Family Foundation

**Zhubin Foundation** 





 $\sim TG$ 



roses are red, my heart is broken so many things, but there all unspoken violets are blue, my tears are cold too many stories, but they're all untold. Flowers are a way to someone's heart, and it makes u feel safe when u are apart.

## ~ TG

insomnia, tosses and turns all night long feeling of despair, cuz I don't belong long thoughts and intense emotions breathing heavy, as if in slow motion.

So unstable and so broken why am I never chosen.

## ~ TG





 $\sim MW$ 



Everynight she cries,
You can see the depression in her eyes.
She can't take it anymore,
She says she's fine but it's all lies.
She has pain deep within her core,
She wakes up in the morning hoping one day she dies.
She was tired, her body was sore.
She ended her life, without saying any goodbyes.

#### ~ SH

I'm tired, I'm sad,
People always think I'm mad.
My world Is dark, without any light,
I cry myself to sleep everynight.
It never gets better,
It'll be like this forever.
I lost myself,
When I was trying to impress everyone else.

### ~ *SH*



I want to be happy I want to smile I want to laugh I don't want to pretend I want to be okay I want to be myself again But I know it'll never change.

## ~ SH

carmela is a goddess she is flawless carmela is my dog and I love her

## $\sim NAR$



It feel 19 ke meeting your friends somewhere in the park to Chill and have fun to but sometime Will be Crozy you ex boytisends too. So yeah,

~ CM



## do you know how i feel? i feel

all the way to the top fierce loving every aspect of my life owning it all, glowing when someone calls, but suddenly the neglected busy storm comes up, what do you call this? extreme change in the weather.

~ SB



## Fake bruised love

Her heart aches,

the ground shakes.

She's black and blue,

not made for you.

 $\sim MW$ 

## My Love

"You've been hurt" I say as I rub my thumb across his tear stained cheeks.

I got you." His saddened eyes look up at mine, who would hurt him?

Why would they want to?

I'll keep him safe, he's special.

"I love you" he whispers with the slightest yet most amazing smile. "I love you too."

~ *MW* 



The life is what you make it.

No matter what, you're going to mess up.

Sometimes, it's a universal truth.

But the good part is you get to decide how you're going to mess it up.

Girls, will be your friends. . . .

Well, they'll act like it anyway.

But you remember, some come, some go.

The ones that stay with you through everything, they're your true bestfriends.

Don't let go of them.

Also remember, siblings make the bestfriends in the world.

As for lovers, well they'll come and go too.

And babe, I hate to say it, most of them, actually pretty much all of them are going to break your heart, but you can't give up because if you give up, you'll never find your soulmate.

You'll never find that half who makes you whole and that goes for everything.

Just because you fail once, doesn't mean you're gonna fail, are everything.

Keep trying always, always, always believe in yourself.

Because if you don't then who will?

Believe in yourself Babygirl!!!



You're right there, yet so far away and I'm still counting down the days that pass as

I try my best to move on. The love I thought was there is gone. I've tried to be all you

wanted me to be. But there's really no room in your heart for me. . . .

I'm over the ending just not over you! We both know you don't feel the same

as I do. You ruined everything I thought would last. You spoiled the future and ruined

our past. You said you loved me, but that's not true.

Though I forced myself to

believe in you. The endless numbers of day that go by. I can't seem to move on.

And I ask myself why. I know these feelings may never go away. I'll just wipe my tears and keep counting each day.



Someday you'll miss me like I miss you.

Someday you'll cry for me like I cried for you.

Someday you'll want me back like I wanted you.

Someday you'll understand why you broke my heart when I didn't.

Someday you'll understand that I was the only girl that put up with all you sh\*t.

Someday you'll know how pain feels, how you hurt me. Someday your life will turn upside down like mine did when you broke my heart.

Someday you'll have someone hurt you like you hurt me. Someday you'll realize how lonely life can be.

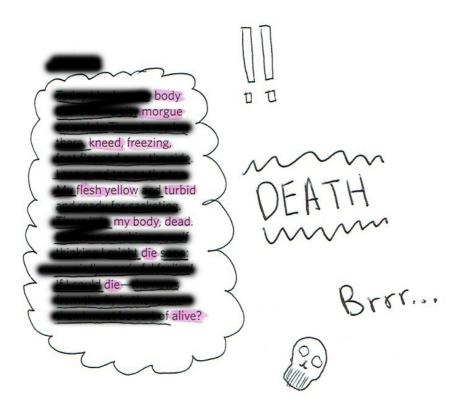
Someday you can sit down and think how much I meant to you when you meant the world to me.

Someday you'll know how I really felt.

Someday you'll try to come back to me like I tried with you.

But someday you'll love me when I won't love you.





~ *MW* 



MY LIFE IS

SHI\*\*Y

**STRESSFUL** 

NOT FAIR

MEAN ABUSIVE TOO MUCH TO HANDLE

but i still wake up everyday. . . .

 $\sim AP$ 

# September 28th

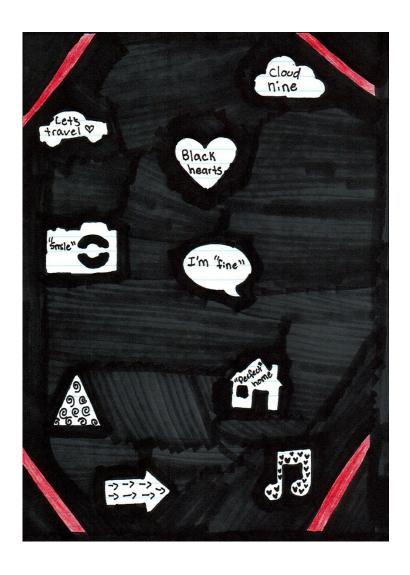
my birthday the day my heart was broken the saddest day of my life



## To others

i may seem ordinary i may seem like someone with no struggles i may seem happy and excited all the time but . . . deep down I'm the opposite always sad still hyper but out of anxiety but u know what . . . I'm good Don't worry about me I'm fine i promise





 $\sim MW$ 



### RED

Red reminds me of *blood*. Mine and others. *Blood* can be thick but it seems certain people have *blood* as thin as water (I say fake people have water in their veins). The smell of blood gives scary thoughts and a sick feeling. Blood makes us fearful.

#### ~ *MW*

## Green Green Green

Her eyes were a woodland greenery green.

But it's as if they turned a creeping vine green when sad, so dull and down.

But when she was angry, oh when she got angry. They turned a dark forest green.

### ~ *MW*



## **Haikus**

I was angry fire,

The ashes of roses fall

A beautiful disaster.

Tears splashing the floor, Sounds like may showers The demons are quenched.

A chaotic masterpiece, he loves her crooked edges She's an ignored piece of art.

You take our land, burn our trees and shout "Oh Canada!"

 $\sim$  MW



# It's how you look at things

my life is not the best

it's actually a mess

I'm failing school

I'm failing life

I'm just a failure

THAT'S WHAT I AM

my life is not the best

it's actually a mess

I'm failing everything

but I'm always looking for the brightside

because life is short

and I will live the best of it

~ KK



# I'm trying get over it

you tried to help as they impeded it hits me harder everyday as the me memory replayed in my head like a sad song, but anyway

another promise is broken another scar reopen why should I learn to forgive and find a new perspective

out of my sight
you're no longer
every thunder
I will go through

~ KK



lam empty
I have felt this way for so long
whatever I do, where ever I go
nothing is how it used to be
to many pain for one lifetime.
terrible memories an indelible past, Ongoing sufferings,
desire to cry and run away
Injured lonely soul Everyday I feel empty.
TMG

~ TG



Hate my guts i don't care but respect me Push me to the ground but i will get up again Try to crumble my heart to pieces but i shall stick it back with glue i will be free

#### $\sim NAR$

Attach me to a rocket and send me to the moon teach me how to fly i shall be free

#### $\sim NAR$

christmas is coming up heat up your house with love reborn again ignore negative activity stay in the light take this hot chocolate make a christrmas tree aim for the best smile

### $\sim NAR$



# Best friend

you played me dirty you hurt me badly it ripped me apart like when you broke my heart but you're still my bestfriend and it will never end

~ KK

## What am I

bright white like snow fluffy as cotton candy what am I?

~ KK





~ KK



# I'm gone!

he was my everyday now he's gone away he snapped me on a good friday i was left feeling gray giving up day by day losing myself all the way



## Not Around. . . .

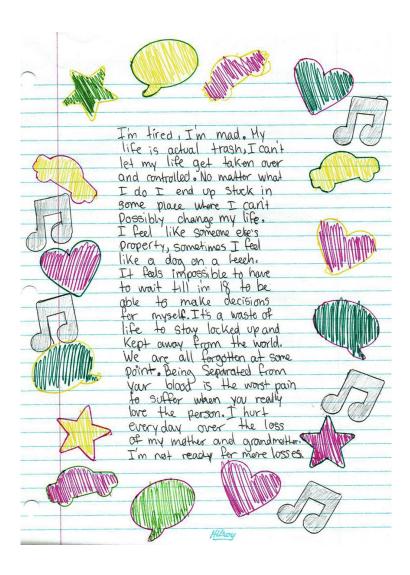
Notice me, i like you, i don't want to have to give up on someone all over again, i won't be able to breath i promise. please save me, i miss you all day, all night, everyday all the damn time. I'm not giving up on me or you, it needs to become us forever, if it's too much i need to know now before this goes too far.



# What Is Something. . . ?

searching for something. . . . needing something. . . . wanting something. . . . hoping for something. . . . waiting for something. . . . letting go of something. . . . reaching out to something. . . . looking for something. . . . giving up on something. . . .







# The "happy" girl

The voices are screaming, but she wears a smile. She's tired, very tired, but she still runs. She's still alive, but feels dead.

### $\sim MW$

## The show's leader

Demo	ons	think	they		tha'	mean	est,
	but	I	run	the	show.		I'm
		fragile	and	emoti	onal,		but
		don't	try	to run	1	the	
show		or	I'll	have	you		on
		your	knees			gettin	g'
	emoti	onal.					

## $\sim MW$



## She be different

Forget about sugar and spice, she was *fire* and *ice*, nothing nice.

An angel like demon.

Dreaming and fiending for some type of feeling.

She'll make you feel *dead* yet oh so *alive*.

#### ~ *MW*

## Why? Just Why?

Everything was dark.

Why is this happening?
He's being beaten.

Why won't anyone help?
I knew this would happen.

Why didn't they listen to me?
His blood has flown onto me.

Why can't they see?
He needs help! he needs help!

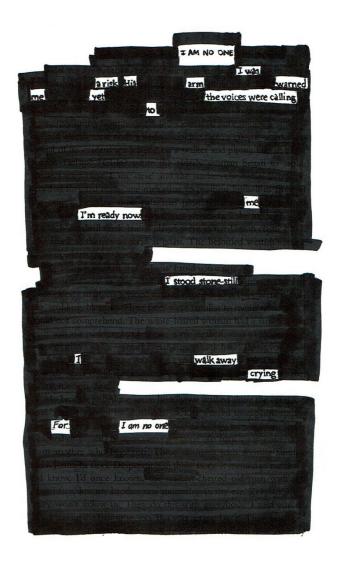
Why are they just watching?
My baby's bleeding, he's hurt.

Why can't they see?
My baby's innocent.

Why did it have to be him?

 $\sim MW$ 





~ TG



# do you notice what i'm trying to tell you?

i am someone trying to get out dancing my way in the cold snow only to realize the cold snow is showing me what i look like to others

nevertheless, i keep on dancing in control next to the cold snow

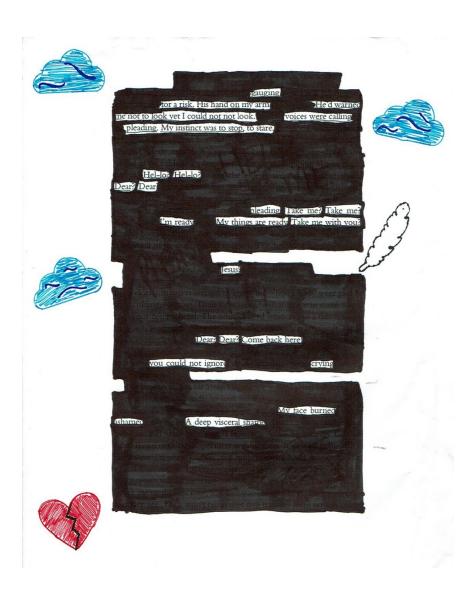
tricks are what the mind plays on me fixing the snow's view on me i try to make it stop

trying becomes useless, am i too weak for this cold snow? impacted my sense of control, but the snow helps me understand better.

naive is what the cold snow really is.

~ SB





~ *MW* 



# i'm telling you, respect makes you stronger

what do you gain from hurting someone? what do you gain from sneaking around someone's back? what do you gain from being mean and having bad attitude? what do you gain from giving dirty looks? what do you gain from making someone sad or angry? what do you gain from lying? what do you gain from breaking someone's heart? what do you gain? you don't know what someone is going through. you don't know what their smile is hiding you don't know what their scars represent you don't know what their past is you don't know. there's one thing i do know. you pick on me because you can you pick on me because i'm gentle and soft you pick on me because i'm nice you pick on me because you have petty motives but i have a question are you doing something with your life? are you successful?

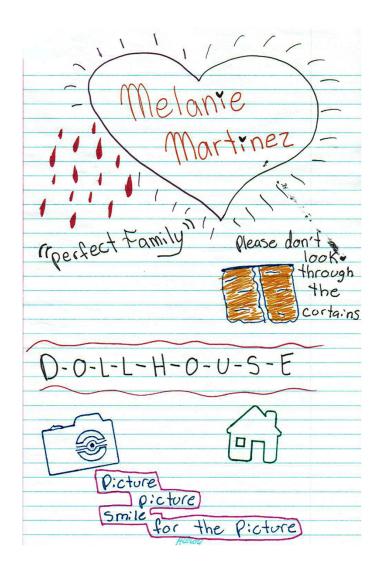
~ SB



## self grade

i don't fit in, but that's okay. i'm still beautiful. i'm still a good heart. i'm still patient. i'm still independent. i'm not alone. yet i don't need people to like me to fuel my energy. and that's a good trait. i wasn't meant to fit in. i was meant to create. i was meant to authenticate. i was meant to help others. i was meant to inspire. i was meant to have a mark somewhere on this earth. sure i have my moments sometimes. i cry. i spill. i explode even. but on a overall note crying spilling and exploding don't define who i am. i am worth it, yet i don't need you to see my worth for me to feel validated. i don't fit in because I'm different, yet my differences is why people don't like me. people pick on me, yet copy me. jealousy is making these people cruel. at the end of the day, i am evolving, i am paid, i am budding success.





~ *MW* 

Printing courtesy of Solutions Rubiks Inc.

