

**2022-  
2023**



**ANNUAL**

**REPORT**

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# ANNUAL REPORT 2022-2023

## REISA

Le Réseau de l'Est de l'Île pour les services en anglais

The East Island Network for English Language Services

*Italian  
desserts  
from St-  
Léonard*



### Main REISA office: Saint-Léonard

8370 boul. Lacordaire, suite 308  
Saint-Léonard (Montreal), QC  
H1R 3Y6

*Montreal's  
north-  
eastern  
shore*



### Satellite office: Rivière-des-Prairies

11991 av. Pierre-Baillargeon  
Rivière-des-Praries (Montreal), QC  
H1E 2E5

*St-Laurent  
City Hall*



### Satellite office: Saint-Laurent

750 boul. Marcel-Laurin, suite 120B  
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# MINUTES OF THE 2022 AGM

**Minutes of the Annual General Meeting of  
The East Island Network for English Language Services**  
Held on Thursday, September 15<sup>th</sup>, 2022, 10:00am via Zoom

**1. Opening of the Annual General Meeting and reading of the Notice of Convocation**

- M. Maiolo opens the Annual General Meeting at 10:08am.

**2. Appointment of the Chairperson and the Secretary of the Meeting**

- M. Maiolo is appointed as Chairperson and C. Maiolo as Secretary.

**3. Approval of the Minutes of the Annual General Meeting on August 25, 2021**

- H. Nadler moves to adopt the Minutes of the AGM held on August 25, 2021, seconded by G. Tullio; the minutes are unanimously approved.

**4. Presentation of the Annual Report for year ended March 31, 2022**

- F. Guemiri presents the Annual Report powerpoint;
- Challenges: unexpected movement of staff affecting mostly representation of REISA at local committees;
- E.D. thanks staff and board members;
- G. Tullio: mention of the partnership developed with the CJE Centre-Nord; worker goes to Perspectives and John F. Kennedy once a week; Improv program at Laurier Macdonald involved 12 students who did a showcase.

**5. Acceptance of the Financial Statements for the financial year ended March 31, 2022**

- M. Orlando: first year that REISA is doing a full audit; the procedure takes longer than a review of engagement;
- Presently, the income statements are ready and are shown via sharescreen; the audit should be completed by next week and emailed to all; approval will be done by email.

**6. Appointment of the Auditor for the current fiscal year**

- G. Tullio proposes M. Orlando (Orlando Fazzari CPA Inc.) as Auditor for the current fiscal year, seconded by E. Amir and approved unanimously.

**7. Election of Board of Directors**

- D. D'Abate moves to re-elect the 10 current board members, as they are representing their organizations along with two experts; the organizations are reconducted by acclamation:
  - 1) Amir, Ella
  - 2) D'Abate, Dominic
  - 3) El-Zammar, Amy
  - 4) Garofalo, Nadia
  - 5) Lo Bianco, Sylvie
  - 6) Maiolo, Maria
  - 7) Nadler, Howard
  - 8) Primiani, Josephine
  - 9) Francis, Raeanne
  - 10) Tullio, Germain

- There is 1 vacant spot on the Board of Directors; Frank Sorrentino has been close to REISA from the very beginning; one of the first people to find a sponsor for a monthly page in the Suburban;
- F. Sorrentino: involved in a project at the Scalabrini Center where they are converting a church into a village for isolated individuals; The Center has been a staple in the Ahuntsic community for many years;
- M. Maiolo proposes F. Sorrentino, seconded by G. Tullio and elected unanimously.

## 8. Discussion period

- J. Maule: Ran the Improv program again this summer at the DBYLC with 90 kids; moreover, ran the program at Laurier Macdonald High School and the Centre for Dreams and Hopes; the program has helped with confidence and encouraged youth to come out of their shell;
- A. Lapierre: Le problème de ressources humaines que face le REISA est un enjeu qu'on voit dans le Grand Montréal; on pourra planifier une rencontre pour en discuter davantage;
- G. Tullio : B. Variantzas is no longer with the LMAC CLC; she is working with Learn Quebec;
- R. Silver: Thanks REISA for the AGM invitation; pleased to be present with M. Guo and see how large REISA's scope is in terms of programming;
- F. Guemiri: REISA is organizing two partner meetings in Rivière-des-Prairies and Saint-Laurent this fall; invitations to all will be sent by email.

## 9. Closing of the Annual General Meeting

- M. Maiolo closes the Annual General Meeting at 11:26am.

### Attendance

#### Board members present

Amir, Ella	AMI-Québec
D'Abate, Dominic	Consensus Mediation
El-Zammar, Amy	Don Bosco Youth Leadership Center
Francis, Raeanne	Black Community Resource Center
Garofalo, Nadia	YMCA Saint-Laurent
Maiolo, Maria (Vice-President)	Italian-Canadian Community Services of Québec Inc.
Nadler, Howard	Person with expertise
Tullio, Gerry (Treasurer)	Toxico-Stop/Youth consultant in schools

#### Board members excused

Lo Bianco, Sylvie  
Primiani, Josephine

#### Board members absent

-

#### Partners and guests present

Belcourt, Stéphanie	CIUSSS du Nord de l'Île de Montréal
Charbonneau, Mélanie	Répondante, CIUSSS du Nord de l'Île de Montréal
Cocca, Giuseppina	Initiative 123 GO! Rivière-des-Prairies
Cooke, Jennifer	CHSSN
Della Cioppa, Victoria	English Montreal School Board
Guo, Manxi	McGill Dialogue

Lapierre, Anne  
Longpré-Marcoux, Sonia  
Orlando, Michael  
Jeglinski, Jessica  
Maule, Josa  
Silver, Richard  
Sorrentino, Frank

Centraide  
Initiative 123 GO! Rivière-des-Prairies  
Orlando Fazzari CPA Inc.  
Secrétariat aux relations avec les Québécois d'expression anglaise  
Montreal School of Performing Arts  
McGill Dialogue

**Staff present**

Guemiri, Fatiha  
Maiolo, Claudia  
Marshall-Kiparissis, Lucinda  
Mohamed, Maleika  
Thomas, Caitlin

# RESULTS-BASED MODEL

## MISSION

Community and public partners work to develop and promote access to English-language health and social services in the East and North of Montreal.

## OBJECTIVES

NETWORK UNIT  
REPRESENTATION  
PARTNERSHIPS  
KNOWLEDGE  
OUTREACH

### GUIDING PRINCIPLES

- Development of knowledge base to identify community needs and strengths and inform policy and decision-makers;
- Targeted responses addressing the identified needs of the English-speaking community in a sustainable way;
- Results-based planning and evaluation;
- Creation and maintenance of collaborations and partnerships

### VALUES

- Identity: Strengthen and promote the ESC's unique characteristics by valuing members, mobilizing them for leadership and supporting their needs.
- Social Inclusion: Recognize people's differences, nurture capacities and engage them in making positive contributions to the community.
- Equity: Proactive role in representation, awareness and advocacy to gain a fair share of resources and opportunities and increase access to services.

### HUMAN RESOURCES (as of March 31 2023) (5 full-time, regular employees)

Fatiha Gatre Guemiri  
Executive Director

Claudia Maiolo  
Programs Director

Jaiden Medford  
Youth Network Coordinator

Karlee Thomas  
Communications and Outreach Coordinator

Vincent Vitulli  
Early Childhood and Family Projects  
Coordinator

Caitlin Thomas  
Consultant

### BOARD OF DIRECTORS

(11 active board members)

Amir, Ella

Castrechini, Mirella

D'Abate, Dominic

Francis, Raeanne

Garofalo, Nadia

Maiolo, Maria - Vice-President

Nadler, Howard

Primiani, Josephine - President

Sorrentino, Frank

Tullio, Germain – Treasurer

Vecera, Theo

## 2022–2023 ACTION PLAN

### NPI

Network coordination

Expansion to CIUSSS du Nord territory

Identify and seek representation on decision making and advisory structures and community tables

Represent the network and ESC's needs and priorities

Research, produce and disseminate evidence base and best-practice documents

Act as a resource to the 2 CIUSSS'

Maintain partnerships with School Board and other key partners

### ERCC EXPANSION & YOUTH

Increase and strengthen REISA's organizational capacity, particularly in human resources

Maintain satellite offices in the boroughs of Saint Laurent and Rivière-des-Prairies/Pointe-aux-Trembles

Develop partnerships with community organizations in each of the 9 boroughs of REISA's territory

Ensure REISA's presence at the Tables de Quartier and Seniors, Youth and Family Committees

Adapt existing services for English-speaking groups

Present REISA services to government officials and inform them of the vulnerability of this community caused by the language barrier

### OUTREACH

#### SENIORS

Support services to Almage Senior Center

Seek new health education programs at the provincial and federal levels

Community Health Education Program

Disseminate health information and participate in conferences

#### SPECIAL NEEDS

Collaborate with the CIUSSS for access to special needs services to families

Seek funding resources

#### LEGAL INFORMATION

Provide ESC with legal information and resources

Promotion of Éducaloi

Maintain a list of ES lawyers and legal volunteers

### BRIGHT BEGINNINGS

#### LIBRARY PROGRAM

Outreach - Build on REISA's English-speaking families database

Maintain partnership with libraries in Rivière-des-Prairies, Saint-Léonard and Saint-Laurent

Consult with libraries to discuss potential pilot programs for the English-speaking families in their boroughs

#### MINIBIBLIOPUS

Explore the feasibility of becoming a Minibiblioplus partner

#### TRANSITION 2

Explore mental health program for 11-13 year olds (transition 2, elementary school to high school)

#### COMMUNITY LANGUAGE DEVELOPMENT

Partner mobilization

Promotion of speech and language skills development with children

Implement Prevention programming



## COMMUNICATIONS

Direct and refer telephone and email inquiries for access to health and social services

Publish and disseminate a quarterly newsletter

Maintain an interactive website with up-to-date information on resources for the ESC

Maintain an interactive Facebook page where timely information is shared

Produce promotional material

## HEALTHY EARLY YEARS

Provide the Islands of Friends transition program to the pre-kindergarten classes in four additional elementary schools; two in the East and two in the North

Participate in Welcome to Kindergarten Day

### YOUNG FAMILIES GROUP

Foster a relationship with the DBYLC to provide support for their upcoming Young Families Group

Offer workshops or seminars from CLSC and CIUSSS experts

## YOUTH MENTAL HEALTH INITIATIVE

Raise awareness of the gaps in mental health services for young English-speaking Quebecers

Provide mental health resources

Organize a mental health fair

Organize a virtual Headstrong Summit

Offer Mental Health First Aid to a pilot group

## MCGILL DIALOGUE

Update and disseminate McGill Dialogue promotional documents

Attend Career Fairs

Create new internship opportunities in community organizations

Create new partnerships with internship coordinators to expand pool of interns

Maintain bank of student interns

Establish partnerships with intern placement committees at the CIUSSS du Nord and CIUSSS de l'Est

## SENIORS

Develop partnerships with local community groups in Saint-Laurent with an existing site that serves English speaking seniors to host wellness activities

Involve CLSC social workers and community organizers in the project

Represent REISA at local seniors' committees

## SUPPORTING AND PROMOTING MENTAL HEALTH

Support student-led mental health initiatives in minimum 4 high schools

Offer the Improv against Bullying program to minimum 3 high schools

## PROGRAMS AND FUNDERS

### PROGRAMS

- Networking and Partnership Initiative
- Healthy Early Years
- Bright Beginnings
- Youth Mental Health Initiative
- Supporting and Promoting Mental Health
- Senior Wellness Center
- Enhancing Regional Community Capacity
- McGill Dialogue
- Community Mobilization Project
- Community Outreach and Development

### FUNDERS

- CHSSN – Health Canada
- CHSSN – Health Canada
- CHSSN – Fondation Chagnon
- CHSSN – Fondation Chagnon, Secrétariat à la jeunesse
- CHSSN – Health Canada
- CHSSN - Secrétariat aux relations avec les Québécois d'expression anglaise
- Secrétariat aux relations avec les Québécois d'expression anglaise
- McGill University
- Éducaloi
- Centraide du Grand Montréal

# REPORT ON RESULTS

## NETWORKING AND PARTNERSHIP INITIATIVE (NPI)

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### NETWORK UNIT

- Four Partners meetings and one Annual General Meeting held in September. 28 persons participated in the AGM.
- 1 Board training DAY on the role of Governance in non-profit governance. A five-year strategic plan is in development with a consulting firm.
- Renewal of staff handbook, policies and salary scale with a consultant.
- Several partner committee meetings are held on the themes of youth programs, senior wellness and expansion.
- **CHSSN-related training and activities:** Participation in 2 NPI retreats: NPI Boot Camp and Outside the Sandbox for Early Childhood, 19 virtual and 6 in-person meetings for training, exchange, forums and community of practice sessions related to youth mental health, senior wellness, language development and early childhood.
- **Two community partners forums** in Saint-Laurent on October 13<sup>th</sup> and in Rivière-des-Prairies on November 2<sup>nd</sup>. 30 participants from the community and public sector attended, respectively.

### REPRESENTATION

- Participation in CHSSN Adaptation event in January.
- Representation maintained at tables de quartier in 4 boroughs and participate in regular meetings of the committees dedicated to seniors, youth and young families in Rivière-des-Prairies, St-Léonard, Montréal-Nord and St-Laurent.
- 6 meetings with the CIUSSS de l'Est and CIUSSS du Nord répondants and the CIUSSS access committee to address access to services with shared information and community resources.
- Participation in conferences with partners: McGill dialogue, PERT, Réseau Réussite Montréal, CCS, the City of Montreal, Learn Quebec and Éducaloi.

### KNOWLEDGE DEVELOPMENT

- 34 **referrals** made to the community; the community reached out to REISA for health and social services via telephone and email.
- **Facebook:** 432 facebook posts were published and the most popular post reached 704 persons. REISA reached 495 fb followers.
- **Instagram:** REISA reached 132 followers on Instagram. 50 instagram posts were published.
- All information shared through social media is concurrently uploaded on website.
- Promotional pamphlets have been created and/or redesigned for all of REISA's programs. They will be uploaded on REISA's website and distributed during in-person events planned in the Fall and Winter.
- Started a **LinkedIn** page; REISA promotes job offers and shares non-profit related information.

## PARTNERSHIPS

- **CIUSSS:**
  - Participation in 3 meetings with CIUSSS de l'Est *comité langue anglaise* groupe de travail.
  - Meetings with the interim répondante of the CIUSSS du Nord; REISA is invited to participate in le groupe de travail pour l'accès services langue anglaise. REISA participates in 4 follow-up meetings with the répondante.
  - REISA will present to the CIUSSS du Nord SAD-Soutien à domicile managers at a meeting in May.
  - Followed the Éclaireur training offered by the CIUSSS du Nord.
  - Participated in several information sessions with the CIUSSS' including: le guichet accès première ligne and l'offre de service jeunesse et petite enfance.
- The network communicates regularly with CIUSSS du Nord and CIUSSS de l'Est community organizers that sit alongside REISA at tables de quartiers and subcommittees.
- **Partnership with the EMSB** is maintained. REISA collaborates with the Student Services department in the development of programs.
- **REISA's Annual Youth Forum** is held on January 25<sup>th</sup>, attended by 42 participants, on the themes of youth at risk, mental health and employability.
- Many partnerships established with early childhood and youth partners (*explained in other program results below*).

## OUTREACH TO SPECIAL NEEDS

- REISA and the CDH developed a program to support persons living with neurodiversity- developmental/intellectual disabilities- and their caregivers. Services include family counselling, support groups and access to brief crisis management and service orientation.

## OUTREACH TO SENIORS

- Participation in a subcommittee with the Comité des organismes sociaux de St-Laurent to organize la marche des aînés planned for October 1st.
- Participation in activities for French seniors in order to identify ESP seniors.
- Participated in the Salon de geriatrie sociale on October 20<sup>th</sup> in partnership with Communauté des aînés.
- Identification of English-speaking seniors to participate in health and service activities.
- Senior focus group held with seniors and Wellness Center Coordinator.
- Regular meetings with the West-Island Network, One-Voice Network and Communauté des aînés and Seniors Action Quebec.

## OUTREACH AND REPRESENTATION IN 3 BOROUGHES

- Funds received from Centraide for the first time to expand the presence of REISA in 3 boroughs: Anjou, Rosemont, Villeray-Saint-Michel-Parc-Extension.
- Created a comprehensive list of 70+ organizations of the community and public sectors, across the 9 boroughs in the CIUSSS du Nord and CIUSSS de l'Est; 60 of which were new to REISA.
- Communicated with the organizations and institutions regarding possible future partnerships and furthering current partnerships.

- Hosted 8 meetings with new organizations to raise awareness of REISA and create partnerships.
- Participated in meetings with 6 tables de concertation. Official membership 3 tables de concertation.

## **YOUTH MENTAL HEALTH**

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- Hosted the **Youth Network Forum**, engaging 17 organizations to address barriers for English-speaking youth in Montreal.
- Partnering with the Mental Health Commission of Canada, REISA provided the **Mental Health First Aid** training course at Vanier College. The program equipped 15 CEGEP students with skills to recognize declining mental well-being among young people.
- In the fall of 2022, REISA created and led a steering committee, bringing together school administrators from across the north and east of Montreal to coordinate the virtual **Headstrong Summit** and follow up student-led anti-stigma initiatives.
- Over the year, REISA has produced and disseminated a large array of mental health resources for English speaking youth that can be found in school and community centres across the north and east of Montreal. Much of the resources shared center on providing important preventative and emergency response practises to mental health illness.

## **OUTREACH TO SENIORS**

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- Conducted outreach activities to identify English-speaking seniors in St-Laurent and develop partnerships with local organizations and residences.
- Conducted 2 focus groups with English-speaking seniors and personnel working with seniors to further identify needs.
- Formed a partnership with Demeures St-Croix Residence to deliver programming to their English-speaking clientele. REISA is expecting to deliver its first of 4 planned activities in May 2023 to a group of 15 to 20 seniors. REISA partnered with the CIUSSS du Nord and confirmed health professionals to facilitate presentations.
- Made a presentation on the CHEP-SHARP program in a meeting with le comité des aînés de St-Laurent.
- Participated in the distribution of food baskets to vulnerable families and seniors with local, elected officials.

## ENHANCING REGIONAL COMMUNITY CAPACITY (ERCC)

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### EXPANSION

- The board of directors participate in 1 training event during the realization of the strategic plan.
- An action plan for year 2 based on the results of year 1 was developed to reach three boroughs: Mercier-Hochelaga-Maisonneuve, Villeray-Saint-Michel-Parc-Extension, and Rosemont-La Petite Patrie.
- A focus group was conducted in Rivière-des-Prairies to determine the needs of young English-speaking families.
- A focus group was conducted in St-Laurent to determine the needs of young English-speaking families.
- Two focus groups conducted to determine the needs of English-speaking seniors at the Demeures Saint Croix Residence.
- The network contributes to a committee (under the Rivière-des-Prairies Early Childhood Table) to develop a portrait of the English-speaking community.
- Organised 8 meetings with different groups and representatives in St-Laurent. As a result, 5 new community and public partnerships are developed.
- REISA is recognized as a non-profit organization in Rivière-des-Prairies/Pointe-aux-Trembles in April 2022.
- REISA is recognized as a non-profit organization in St-Laurent in April 2023.
- 31 meetings held with neighborhood tables and youth, early childhood and seniors committees in 6 boroughs: St-Léonard, Rivière-des-Prairies/Pointe-aux-Trembles, St-Laurent, Montréal-Nord, Anjou and St-Michel.

### YOUTH

- Hosted its annual Youth Network Forum on mental health and employability in March 2023: 26 partners representing 17 organizations participated.
- Organized 6 meetings and facilitated partnerships between CJE St-Laurent and Lauren Hill Secondary School, and CJE RDP and Lester B Pearson Secondary School.
- Partnered with the CJE St-Laurent to provide its services to the Saint Laurent Adult Education Centre, and Lauren Hill Academy. Teen and adult students were introduced to career resources, resume workshops and local employers.

## BRIGHT BEGINNINGS

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### PARENT-CHILD MOTHER GOOSE PROGRAM

- Compiled a database of young families in the East and North ends of Montreal.
- Acquired knowledge of the needs of families through participation at the Comités petite enfance in 4 target boroughs. Partners sitting at the committees are increasingly aware of REISA's mandate and the needs of the ESC.
- Interrupted the Mother Goose program due to low participation and difficulty in retaining qualified animators. REISA is maintaining the partnerships with the libraries to introduce new programs in 2023.

## TRANSITION 2

- 28 1-hour sessions were provided at Cedarcrest and Pierre de Coubertin elementary schools.

## COMMUNITY LANGUAGE DEVELOPMENT

- Promoted the CLD program with many partners including Comités petite enfance, libraries, English daycares, elementary schools in the East and North ends of Montreal, CIUSSS de l'Est and CIUSSS du Nord community organizers specifically working with families and through REISA's website and social media (Facebook, Instagram).
- Several meetings were held with the HEY Program Manager and the Speech-Language Pathologist to organize the dates of the **6 Wordplay** and **4 Walk the Talk** sessions.
- **2 Walk the Talk** sessions took place between April 2022 and March 2023. 4 additional sessions are planned for Spring and Summer 2023.
- Wordplay sessions are planned for this upcoming Fall.

## MINIBIBLIOPUS

- Held several meetings and developed a partnership with MinibiblioPLUS.
- Signed an agreement to have access to the **Early Literature** resources online and at REISA's three offices in RDP, St-Leonard and St-Laurent.
- Signed an agreement to potentially start a **Mini library** at REISA's offices.
- REISA will pilot both components at the RDP office in 2023.

## HEALTHY EARLY YEARS (HEY)

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### EAST

- Conducted a focus group with the staff of a local daycare. The staff members have worked in the borough for many years and were well aware of the needs and issues faced by young families residing in RDP. REISA also created a google survey that can be answered online in order to gather more data.
- An important accomplishment was developing new partnerships with 2 elementary schools. REISA hadn't worked with these 2 schools in the past.
- Coordinated the pre-k and kindergarten transition program, animated by OMETZ, to 210, 4-5 year olds.
- Developed a new partnership with MinibiblioPLUS and introduced them to our community partner, DBYLC- which lead to a temporary library set-up.

### NORTH

- An important accomplishment was developing new partnerships with 2 elementary schools in the CIUSSS du Nord. REISA hadn't worked with these 2 schools in the past.
- Coordinated the pre-k and kindergarten transition program, animated by OMETZ, to 165, 4-5 year olds.
- Conducted a virtual focus group with 2 young families who reside in Saint-Laurent. Valuable insight was recorded regarding access to English-language health and social services. Moreover, a google survey was created to reach the 'hard to reach'. The results will help REISA determine the needs of the English-speaking

young families and what programs can be developed to respond to such needs.

## MCGILL DIALOGUE

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### PROMOTION

- **22 fieldwork coordination partners contacted** from McGill University, Concordia University, Vanier College and Dawson College.
- Correspondence maintained with coordinators at McGill Schools and Departments (Social Work, Nursing, Human Nutrition, Physical and Occupational Therapy, Communication Sciences and Disorders, Educational & Counselling).
- Correspondence maintained with Concordia Schools and Departments (Education, Creative Arts Therapies, School of Community and Public Affairs, Applied Human Sciences incl. Recreational Therapy).
- New fieldwork coordination contact within Concordia department of Applied Human Sciences.
- New potential fieldwork contacts at Bishop's University identified (Psychology, Education, Sociology, Biological Sciences, Sports Studies, LEAP)
- Introductory correspondence to Education Practice Teaching Office, Leadership & Extracurricular Activity Profile office.
- **Continued advocacy** for expanding fieldwork placements from English-language institutions with CIUSSS policy-makers (de l'Est de Île, Nord de l'Île).
- **Promotional documents** revised: *Careers in Health and Social Science 2022-2023*, *English an Asset!*; *Working in East & North Montreal*; *East Island Community Sector Internship Opportunities 2022*.
- **Development of Mental Health First Aid training program** for Vanier student leaders for the Winter 2023 semester; initial conversations regarding development of Community Sector Fair for Vanier with representatives from Health and Social Service sectors.
- **Community job opportunities** disseminated through online platforms, including with: Black Theatre Workshop, Don Bosco Youth Leadership Centre, CJE Saint-Laurent (internships), Projet 10, Women AWARE, YES Employment + Entrepreneurship, Y4Y Quebec.

### CAREER FAIRS

- Participation in the McGill Non-Profit/NGO Career Fair: 30 students visited the booth and 12 cvs were received.
- Participation in the McGill Health and Social Services Career Fair: 25 students visited the booth and 2 cvs were received.

### INTERNSHIPS/PLACEMENTS

- Student Data bank comprised of 58 students, includes students who have participated in internships with REISA partners, who have applied to REISA job postings and/or have sent REISA their cv during a career fair or by email.
- Seven REISA partner site organisations contacted regarding known and anticipated internship needs and capacities for 2022/23.



- Three recent McGill graduates hired at REISA in coordinator roles starting January 2023 and February 2023, recruited from McGill Dialogue outreach activities.

## **SUPPORTING AND PROMOTING MENTAL HEALTH**

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- Partnered with M.S.O.P.A for the innovative **Improv Against Bullying** program, promoting positive behavior and reducing bullying through improvisational theatre. The program brought together 12 health and education professionals as well as over 40 students across four schools: Lester B Pearson high school, John F Kennedy, Laurier MacDonald, and Lauren Hill Academy.
- Collaborated with the English Montreal School Board and the Mental Health Commission of Canada to **empower student leaders in implementing mental wellness activities and fighting stigma** in their schools. Four projects brought in total 968 students to participate, each one organised by student leaders at Laurier MacDonald high school, Rosemount high school, Lester B Pearson high school, and John F Kennedy high school.

## **LEGAL INFORMATION**

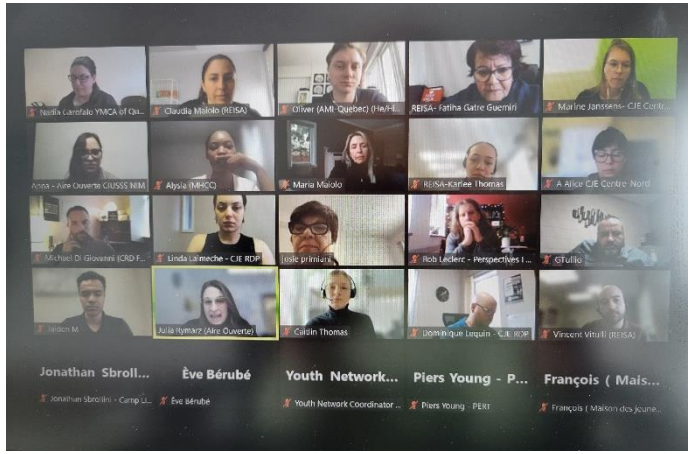
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- **2 virtual, legal webinars** were organized in partnership with the McGill Legal Information Clinic.
- The webinars were offered to Family Support Services Hay Doun and Perspectives high school. 21 youth and 18 adults participated.
- The topics covered included: protection mandates and wills and employment law.
- Participated in **2 legal webinars** animated by Éducaloi.
- Shared legal information via Facebook, telephone and email inquiries from the community. REISA published **12 legal posts on Facebook and 3 on Instagram**.
- Potential partnerships are explored for the upcoming year.

## A SNAPSHOT 📷 OF THIS YEAR'S ACTIVITIES



REISA Board of Directors training



Youth Network Forum



RDP Partners Forum



RDP Partners Forum



Saint-Laurent Partners Forum



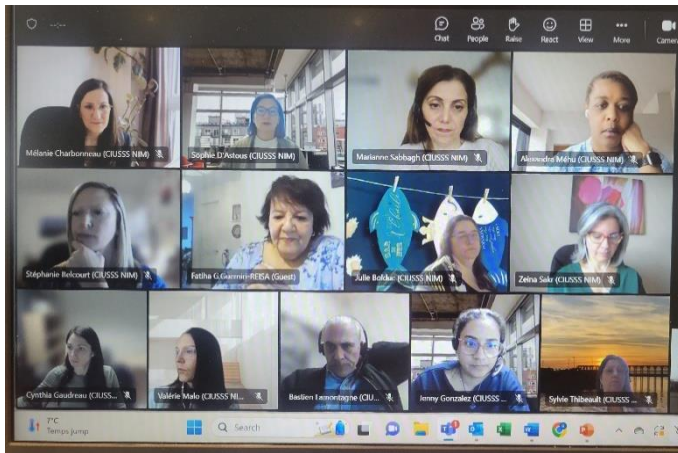
Saint-Laurent Partners Forum



RDP Career Fair



NPI Retreat



Presentation to CIUSSS du Nord Homecare services team



Student Leaders Fight Stigma – ‘Pins of Power’ Project at John F Kennedy high school

## Thank you to our funders and partners!



Health Canada  
Santé Canada



Secrétariat aux relations  
avec les Québécois  
d'expression anglaise

Québec



Centre intégré  
universitaire de santé  
et de services sociaux  
du Nord-de-  
l'île-de-Montréal

Québec

Centre intégré  
universitaire de santé  
et de services sociaux  
du Centre-Sud-  
de-l'île-de-Montréal

Québec

Centre intégré  
universitaire de santé  
et de services sociaux  
de l'Est-de-  
l'île-de-Montréal

Québec

Centre intégré  
de santé  
et de services sociaux  
de la Montérégie-Ouest

Québec



## Thank you to our funders and partners!

