

Specialized Geriatric and Psychogeriatric Consultation Team



Our Services

- The Consultation Team meets with seniors for evaluations, treatment and rehabilitation. The type of health professional you meet will depend on your specific needs.
- The service outlet where you will receive care is based on where you live.
- After your evaluations, together we will determine the objectives to help you improve your autonomy.

- Based on various criteria, your evaluation will take place at our offices or at your home.
- During your evaluation, you may need special tests at other centres. If this is the case, a loved one will be asked to accompany you to these appointments.
- When rehabilitation is recommended, the sessions take place two to three times a week at our offices.
- Follow-up and treatment generally last three months.
- Your family physician remains your primary doctor, even during your follow-up with the Consultation Team. At the end of the sessions, our team will send your doctor a summary of our interventions and recommendations for you.



Your Responsibilities

- Be sure to have your healthcare card with you.



- For exams and treatment, wear clothing that is easy to remove and put back on.
- Wear sturdy footwear, both in winter and summer. Do not wear shoes with heels or knitted slippers.
- Bring any walking aids (cane, walker, etc.) you use.
- Bring your glasses and hearing aid.

Appointment Cancellation Policy

- Out of courtesy to clients on the waiting list, if you miss two appointments without a valid reason, your file will be closed.
- To cancel an appointment, you must call your service outlet (it is indicated on the back).
- We ask that you be on time for your appointments. If you are late, we cannot guarantee service.

Transportation

- You are responsible for your own transportation. If you meet certain criteria, you may be able to obtain transportation at a reduced cost.
- If you come by car (yours or someone else's), you may need to pay for parking. Ask us about parking at your first appointment.



Service Outlets

CHA-CSSSQN Team

- ☐ **Hôpital Ste-Anne-de Beaupré**
11000 Rue des Montagnards
Sainte-Anne-de-Beaupré G0A 1E0
Phone: 418 827-3726, ext. 3224
- ☐ **Centre d'hébergement St-Augustin**
2135 De la Terrasse-Cadieux
Quebec City G1C 1Z2
Phone: 418 667-3910, ext. 5721
- ☐ **Hôpital de l'Enfant-Jésus**
1401 18e Rue, Quebec City G1J 1Z4
Phone: 418 649-0252, ext. 5524

CHUQ-CSSSQN Team

- ☐ **CHUL**
2705 Laurier Blvd, Quebec City
G1V 4G2 Phone: 418 654-2255
- ☐ **Hôpital Chauveau**
11999 Rue de l'Hôpital
Quebec City G2A 2T7
Phone: 418 842-3651, ext. 7205

Christ-Roi Team

- ☐ 900 Wilfrid-Hamel Blvd
Quebec City G1M 2R9
Phone: 418 682-1762

- ✓ **Jeffery Hale Team**
1250 Chemin Sainte-Foy
Quebec City G1S 2M6
Phone: 418 684-5333, ext. 1232

CSSS de Portneuf Team

- ☐ 700 Rue Saint-Cyrille
Saint-Raymond G3L 1W1
Phone: 418 337-4611, ext. 4652

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