This document is made possible thanks to the financial support of:





May 2022

MCDC's ANNUAL GENERAL MEETING

The Board of Directors of MCDC extends a very warm invitation to our members, community partners and supporters to attend the Annual General Meeting and help us reflect on the past year and to welcome summer.

> DATE: Thursday June 16, 2022

5:00 p.m. **MEETING:**

SUPPER: 6:00 p.m. to welcome SUMMER PLACE: **Old School Kinnear's Mills**

Please r.s.v.p. to MCDC by June 13th



Health activities & capsules

Please call MCDC or email health@mcdc.info to register for each of the following health sessions:

CHEP - Hearing Issues Among Seniors

With Sylvie Auger, Audiologist

Join us at MCDC for coffee/muffins or join via ZOOM from your home for this health presentation.

> DATE: Wed. May 18, 2022 TIME: 9:30 - 11:30 a.m.

Please register with Laurie at health@mcdc.info

Healthy After 50



Andréanne Raby, Kinesiologist **Exercises followed by brain games** and lunch

DATE: Tues. May 25, 2022 TIME: 9:30 a.m. - 12:30 p.m. PLACE: IOOF Hall Inverness Contact Laurie at MCDC to register



Do you need to talk to someone? Just pick up the phone and call us at MCDC. We're glad to chat.

418-332-3851



MCDC's FIRST Spring SHOPPING TRIP

Thursday May 12, 2022

8:45 a.m. 9:15 10:15

3:15 p.m.

\$15/person

Leave MCDC church parking lot Pick up at Leeds Church parking lot Arrive Place Laurier Leave Place Laurier

Please call or email Holly to sign up & state where to pick you up volunteer@mcdc.info

Non-Medical Transportation

for members 60+

MCDC now offers

Non-Medical Transportation to help seniors run errands in the Thetford Mines area.

- 3 hrs for errands
- 2 to 3 stops maximum
- Once every 2 weeks
- \$10 paid to driver

Please call Holly to book 418-332-3851

ENGLISH-SPE





T: 418 332.3851 | Sans frais: 1877 332.3851

www.mcdc.info

What's happening?

GARDENING

Led by "Ferme Champ Gauche" from Leeds.



Date: Wed. May 11, 2022

Time: 1:00 p.m.

Place: IOOF Hall Inverness
Call Jennifer to register, or
info@mcdc.info
LIMITED PLACES

Milestones



- Happy Birthday to Mildred Robinson, Jan Lowry, and Vic Lowry as well as to everyone else who will be celebrating their special day in May.
- Heartfelt appreciation to everyone who reached out to the Small family twice more at the loss of their brother George and sister-inlaw Monique Paquet Small. Thank you very much for your support.

S P E N C E R

Movie Afternoon

"SPENCER
DIANA - Princess
of Wales"

Date: Wed. May 4, 2022

Time: 1:00 p.m.

Place: MCDC basement

Sign up with Jennifer info@mcdc.info

Weekly ZOOM Movie



GOLDEN PALACE

Blanche, Rose and Sophia arrive at their newly purchased hotel...and then the fun begins!

DATE: Every Thursday starting May 5th

TIME: 10:00 - 11:00 a.m.

Call Jennifer to register

MCDC BOOK CLUB



Date: Friday May 27, 2022

Time: 10:00 a.m. Via ZOOM

Sign up with Jennifer info@mcdc.info

T: 418-332-3851
Toll free: 1-877-332-3851

Drop-In Mondays

1:30 - 3:30 p.m.

May 2: Kinnear's Mills Municipal Hall

May 9: Inverness IOOF Hall May 16: MCDC basement May 23: NO DROP IN

May 30: Kinnear's Mills Municipal Hall

Everyone is welcome; bring your favourite game.



Sunday Services

- Sunday, May 1st, 10:30 a.m. Gamache et Nadeau Chapel, Thetford.
- Saturday, May 7th, 3:00 p.m. Rectory Hill Cemetery, burial service for Winnifred White and Damien Trépanier.
- Sunday, **May 8th**, 10:30 a.m. Candlish Church, Kinnear's Mills.
- Sunday, **May 15th**, 10:30 a.m. St. Andrew's, Inverness, with Edythe Arnott leading worship.
- Sunday, **May 22nd**, 10:30 a.m. Gamache et Nadeau Chapel, Thetford.
- Saturday, May 28th, 11:00 a.m. Candlish Church, funeral service for Roger Lowry.
- Sunday, **May 29th**, 10:30 a.m. Candlish Church, Kinnear's Mills.

<u>ANGLICAN SERVICES:</u> Gamache et Nadeau Chapel, Thetford.

 Sundays, May 15 & 29, 2:00 p.m. Pierre Voyer officiating.



ASJ/St. Pat's Annual Gathering

We would like to issue an invitation to members of the community and former students of St. Pat's and ASJ to participate in the 11th Annual Golf Tournament being held:

Saturday June 25, 2022 Thetford Golf & Curling Club

There are many ways to participate:

- Come play golf with your friends;
- Come for drinks/food before or after the tournament;
- Purchase some merchandise;
- Sponsor a hole:
- Donate a prize to the tournament.

This tournament is an annual fundraiser. Profits go towards promoting student life.

Get in touch with David Piperno at school for tee-off times 418-335-5366 #8701

April showers should bring May flowers.....



All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call 418-332-3851 or email communications@mcdc.info