



Senior Wellness Centres Wrap-Up

CELEBRATING CONNECTION, COMMUNITY & JOY

As the spring season winds down, we're reflecting on a truly heartwarming few months of Senior Wellness programming. From special outings to shared meals and unforgettable moments, this session was filled with laughter, learning, and new friendships.

To mark the end of our spring activities, several groups took part in meaningful and fun events:



A Step Back in Time

Two groups had the pleasure of visiting the Kempffer House in New Carlisle, where they enjoyed a guided tour and discovered its fascinating stories. The outing was topped off with a homemade lunch featuring soup, scones, and dessert.



Dining Out & Connecting

One of our centers chose a relaxing restaurant lunch outing, giving participants a chance to enjoy a meal out together and connect in a fresh, welcoming setting.



Strikes, Smiles & Friendly Competition

Another group enjoyed an afternoon of bowling, filled with cheerful banter and lots of laughs. What better way to spend time together than rolling strikes and sharing stories?



Magic & Merriment

Back at the centers, some groups were treated to an exciting magic show, bringing smiles, amazement, and plenty of cheer right to our doorsteps.

We want to send a huge thank you to our participants, staff, and wonderful volunteers who helped make these Wellness Centers so special!

Have a safe, happy, and sunny summer!

Wellness Centers will return this fall—we can't wait to welcome you back.

Kathy & Dawn

Interested in joining our Wellness Centers or want to learn more?



www.casa-gaspe.com
www.bonfyremedia.ca

**Contact us at CASA:
418-752-5995 ext. 114 or 105**



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World Elder Abuse Awareness Day 2025

RIGHTS DON'T GET OLD



**WORLD ELDER ABUSE
AWARENESS DAY
2025**
Rights Don't Get Old

CASA invites you to join us in celebrating
World Elder Abuse Awareness Day
at the CASA Office
for an
OPEN HOUSE

Friday June 13, 2025
11:00am to 1:00 pm

There will be tea, coffee, and light
snacks served to foster a warm and
welcoming atmosphere.

**CHANCE TO WIN EXCITING
DOOR PRIZES!**

We look forward to seeing you there and sharing in this
meaningful celebration.



For more information, please call
Sally Walker 418-752-5995 ext. 118



CASA warmly invites community members
to an Open House in recognition of
World Elder Abuse Awareness Day

Friday, June 13, 2025
11:00am - 1:00 pm
CASA office

Enjoy a welcoming atmosphere with tea,
coffee, and light snacks as we come
together to raise awareness about elder
abuse and promote respect and dignity for
older adults.

Don't miss your chance to win exciting door
prizes!

This event is presented in partnership with
ITMAV (Initiatives de travail de milieu auprès
des aînés vulnérables).

For more information, please contact:

Sally Walker at 418-752-5995 ext. 118

LET'S STAND TOGETHER TO SUPPORT THE RIGHTS AND WELL-BEING OF SENIORS IN OUR
COMMUNITY.



CASA NEWSLETTER



Issue 004

June 2025

Celebrate Local Talent with CASA at The Green – July 1st Weekend!

Join us for a weekend of live music and community celebration as part of CASA's ongoing support for local artists. Two incredible performances, featuring bands made up with talented musicians from across the coast, will take place at The Green in New Carlisle:

- **Homegrown Country Band – Friday, June 27, 2025 at 7:00pm**

Kick off the weekend with an evening of heartfelt country music from our very own local talent.

- **Antics Roadshow – Saturday, June 28, 2025 at 7:00 PM**

Get ready for a high-energy performance from this dynamic CASA-created band.

**HOMEGROWN COUNTRY
BAND**

**FRIDAY
NIGHT**

JUNE 27, 2025 **7 PM** **THE GREEN
NEW CARLISLE**

The poster features a red background with white confetti. It includes a photo of a person's legs in jeans and cowboy boots, and a collage of five photos showing the band members performing live.

ANTICS ROADSHOW

**SATURDAY
NIGHT**

JUNE 28, 2025 **7 PM** **THE GREEN
NEW CARLISLE**

The poster features a dark background with white confetti. It includes a central photo of a sign that says "ANTICS ROADSHOW" and a collage of photos showing the band members performing live.



www.casa-gaspe.com
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A Bright Beginnings Retreat for Early Childhood Development

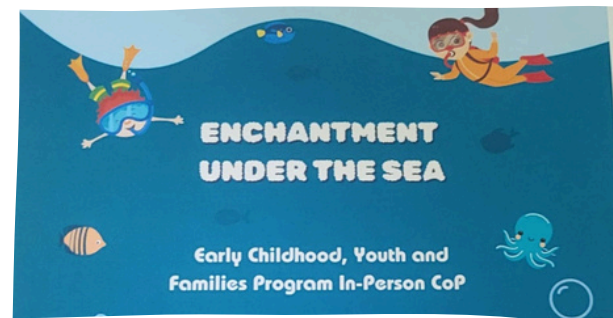
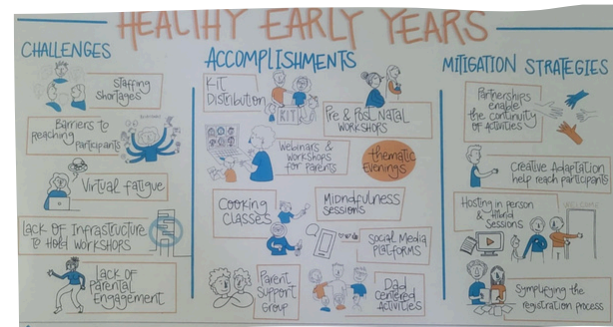
HOSTED BY THE COMMUNITY HEALTH AND SOCIAL SERVICES NETWORK (CHSSN)

In May, CASA's Early Childhood Coordinator, Kayla Gallan, had the wonderful opportunity to attend the Bright Beginnings and Healthy Early Years Retreat at the scenic Manoir du Lac Delage.

Hosted by the Community Health and Social Services Network (CHSSN), this two-day event brought together early childhood professionals from across the province for a meaningful exchange of ideas, inspiration, and collaboration.

From engaging presentations and hands-on workshops to a thought-provoking theatre performance and a cozy evening campfire, the retreat was filled with learning and connection. It was an enriching experience where Kayla discovered new tools and strategies to support families and nurture early childhood development.

Kayla has returned energized and full of fresh ideas to bring to her work in the community and surrounding areas.








Wishing You a Safe and Happy Summer


As the summer season begins, the CASA team would like to extend our warmest wishes to all members of our community. May your summer be filled with sunshine, relaxation, and joyful moments with loved ones. Stay safe and enjoy everything this beautiful season has to offer!

Local Tips to Make the Most of Your Summer:

 Take in the coast – Enjoy a beach day at Miguasha or paddle along the shoreline in a kayak. The water's fine!

 Explore local trails – The Bonaventure Island and nearby walking paths are great spots to unwind and reconnect with nature.

 Catch a local show – Keep an eye on community events, like outdoor concerts or artisan markets happening throughout the region.

 Support local – Grab a treat from a small café, visit local shops, and share your finds on social media to spread the love!

