Press Release: Flower arranging on We're All In This Together, the Web Series for Seniors

Bring on Spring with our next episode of **Flowering Arranging with Lyudmila**! With colourful tulips, daffodils and other uplifting flowers and greenery, discover some easy tricks of the trade to help you create a bright and beautiful centerpiece at home! Join us on YouTube on **Friday, March 26 at 6pm** as the episode will be launched.

Each bi-weekly episode of the 18 episode web series, directed by Montreal-based, award-winning filmmaker Bobbi Jo Hart, features entertainment, activities and conversations designed to connect with those in need of support and empathy... with a gentle reminder that we are, indeed, all in this together. Episodes released so far can easily be found on YouTube (Search keys words "We're All In This Together Senior Web Series") and Facebook (Search "WereAllInThisTogetherQuebec"), and are available for anyone to enjoy.

This is also a great opportunity to take a moment to assure that the seniors around you are able to access the internet, so that they are able to take advantage of all the online resources available to them.

CONTACT

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ABOUT

Seniors Action Quebec works to maintain and enhance the vitality of English-speaking Quebec seniors. All efforts will identify and address challenges and issues to promote a healthy and active lifestyle for English-speaking seniors.

The English Language Arts Network (ELAN) is a meeting place for English-language artists and cultural workers of all disciplines from every region of Quebec, where they can share expertise and resources, build audiences and alliances, seek support, advocate for their interests, and make common cause with the Francophone arts community.