



DOLLARD

TRANS CANADA HIGHWAY

WEST ISLAND MALL

204 Bus -
leaves Fairview 8:00 am, 8:30 am, etc.
leaves Dorval Shopping Centre 8:15 am, 8:45 am, etc.

POINTE CLAIRE

SOURCES ROAD

BLVD. ST. JEAN

204 Bus Stop

BROADVIEW

LINDSAY PLACE HIGH SCHOOL

Belmont

SOURCES ROAD

DORVAL

Donegani

Valois train stn.

Donegani

Cardinal

2 & 20

2 & 20



S T O P

L O O K

L I S T E N

*** 1987 FALL CONFERENCE ***

"PROMOTING PARENT POTENTIAL"

on
Saturday, October 17th, 1987

at
Lindsay Place High School
111 Broadview Avenue
Pointe Claire

from 8:30 a.m. - 3:00 p.m.

We encourage you to invite all interested parents in your school, as well as School Committee members, teachers, administrators and school board members, to attend our Fall Conference.

As it is necessary to provide adequate space for workshops and the luncheon, PLEASE REGISTER EARLY.

For additional information, please call our office at (514) 481-5619.

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS

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FALL CONFERENCE

PROGRAM

Saturday
October 17

8:30 - 9:00 REGISTRATION (Coffee available)

9:00 - 9:30 OPENING SESSION - ON YOUR MARK, GET SET, GO!!
PROMOTING PARENT POTENTIAL

Helen Koeppe, President, Quebec Federation of Home & School Assns.

9:30 - 10:30 WORKSHOPS I

- 1) Presidents: Make YOUR Home & School work
Jessica Tertoolle, President, Greendale Home & School
Doris Brown, President, Keith Home & School

Two experienced Presidents will give their perspective on stimulating a lively association at the local school level.

- 2) Effective Communication with Children - STEP
Marlene Kotler, Guidance Counsellor, Lakeshore School Board

STEP = Systematic Training for Effective Parenting.
Highlighting the reasons that parents experience difficulty in communicating with their children. Brief discussion and tactics for reducing family stress and promoting more effective and healthy communication.

- 3) School Committee/Home & School: Complementing Each Other
Stephanie Stubbs, Chairman, Edgewater School Committee
Angelika Redahl, President, Edgewater Home & School

Learn how School Committee and Home & School, working and cooperating together, can promote greater parent participation and interest in your school. Effective schools = Effective parent participation.

- 4) Looking after the BOOKS! - Dollars and Sense
Anne Gill, Treasurer, Seigniory Home & School
William Bowman, Treasurer, Windermere Home & School (resource)

Guidelines for new treasurers: "Keep it simple, keep it straight-forward". Learn the secrets of keeping good financial records for your association.

10:30 - 11:00 NUTRITION BREAK - visit the displays.

11:00 - 12:00 WORKSHOPS II

- 5) Taking Minutes: It's a Science!
Jon Percy, Recording Secretary, Q.F.H.S.A.

It has been said that committees waste hours and keep minutes. Nevertheless, minutes do play an important role at all levels of the Home & School organization and a good secretary is a real asset. This workshop will consider ways for the overburdened secretary to keep minutes and save hours!

- 6) Problem Solving: How to voice your concerns effectively
Sylvia Adams, Past President, Q.F.H.S.A. and Central Vice-President, Canadian Home & School and Parent-Teacher Federation

Tips on communicating with your principal, school board, Department of Education, etc., on major issues and concerns affecting YOUR children. How to write a letter, submit a resolution, prepare a brief in order to make things HAPPEN.

- 7) Use the Home & School NEWS to put YOUR school on the map
Charlene De Conde, Editor, Home & School NEWS
Diane Radu, "Focus on the Locals" editor, Home & School NEWS

Learn to use your provincial newspaper, and your own newsletter, to promote YOUR school - to your parents and in your community. Effective communication is a powerful tool.

- 8) Make a mint for you school: Spend it wisely
Susan Curtin, Greendale Home & School
Nancy Peppy, Past-president, Aylmer Home & School

Home & School is NOT in the business of raising money; it is in the business of helping children. Have a REASON for your fund-raising. Discuss your school's NEEDS and decide on financial requirements at the start of each new school year.

12:00 - 12:30 BREAK and time to visit the displays before lunch.

12:30 - 1:30 LUNCH (included in registration fee)

1:30 - 3:00 WORKSHOPS III

- 9) Parent Power: Making YOUR child a life-long reader
Quebec Reading Association

Your child learned to speak because you created a warm and secure environment in which to do so. In the same way, you can make your child a life-long reader. This session will provide suggestions and strategies to help you reach this goal.

- 10) Depression in Children
Professional Guidance Counsellors

A discussion of the factors that contribute to stress in children. Ways for parents to help their children feel secure and happy.

- 11) Peer Pressure and Parents
Mike Kropveld, Hillel Foundation

How to react to your son or daughter's involvement with high intensity peer pressure groups and/or "cultic" movements. How this behaviour can affect all the family members and how to understand and deal more effectively with the situation as a parent.

DRAWING - EVALUATION FORM - WIN a book for your school library.

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS

FALL CONFERENCE - SATURDAY, OCTOBER 17

REGISTRATION FORM

Registration Fee: \$5.00 per delegate (includes lunch and breaks)

Please make your cheque payable to Quebec Federation of Home & School Associations (2535 Cavendish Blvd., Suite 212, Montreal, H4B 2Y5) and enclose with your registration form. DEADLINE - OCTOBER 12th (Monday).

School Name (if applicable): _____

<u>Delegate's Name</u>	<u>Please indicate position held</u>
_____	_____
_____	_____
_____	_____
_____	_____

Number of delegates planning to attend each workshop:

9:30 - 10:30 WORKSHOPS I

- 1) Presidents: Make YOUR H&S work
- 2) Effective Communication with Children
- 3) School Committee/Home & School
- 4) Looking after the BOOKS

11:00 - 12:00 WORKSHOPS II

- 5) Taking Minutes
- 6) Problem Solving
- 7) Use the H&S NEWS to put YOUR SCHOOL on the map
- 8) Make a mint for your school

12:30 - 1:30 LUNCH

1:30 - 3:00 WORKSHOPS III

- 9) Parent Power: Making your child a life-long reader
- 10) Depression in Children
- 11) Peer Pressure and Parents