

ELDER ABUSE

Definition of elder abuse:

"Elder abuse occurs when a singular or repetitive act, or a lack of appropriate action, occurs in a relationship where there should be trust, and it causes harm or distress to an older adult."

There are 7 types of abuse:

Psychological: emotional blackmail, manipulate, humiliate, reject, insult, etc.

Physical: jostling, roughing, hitting, burning, forcefully feeding, etc.

Sexual: having suggestive attitudes or remarks, making jokes or insults with sexual connotations, exhibiting behaviors, depriving of privacy, etc.

Financial or material: lobbying to change a will, carry out banking transactions without consent, charging an excessive price for services rendered, ignoring a person's ability to fully understand their financial situation, etc.

Organizational: offering services abruptly, offering services that are not adapted to needs, having a complex administrative procedure, having poorly trained staff, having un-mobilized staff, etc.

Ageism: setting restrictions or social norms because of age, reducing access to certain resources, infantilizing, disregarding, etc.

Violation of rights: imposing medical treatment, failing to inform or misinform the person about his or her rights, failing to assist a person in exercising his or her rights, refusing to recognize the person's abilities, etc.

THIS ISSUE

ELDER ABUSE

DAY CENTRE

NEXT ISSUE

FOOD SECURITY

FAMILIES IN CRISIS/
YOUTH IN DIFFICULTY

Sources:

<https://www.cisss-gaspesie.gouv.qc.ca/soins-et-services/maltraitance-envers-les-aines/>

<https://www.aideabusaines.ca/en/>

<https://www.cisss-gaspesie.gouv.qc.ca/soins-et-services/personnes-aines-et-en-perte-dautonomie/centre-de-jour/>

Ask for help

Do you think you are a victim of abuse or fear that a senior or a person of full age in a vulnerable situation near you will be?

You can ask for help.

Talk to someone you trust: family, friend, counsellor, nurse, etc. In the event of an abuse situation presenting an imminent danger, contact 911. You can also contact the Elder Abuse hotline 7 days a week between 8am and 8pm at 1-888-489-2287.

DAY CENTRE



Day centres aim to prevent the deterioration of health and to maintain or improve the senior's independence. They offer preventive, therapeutic or rehabilitation activities to seniors living at home with moderate to severe loss of autonomy.

Eligible population

Persons aged 65 and over living at home and with disabilities due to their physical, mental or social condition;

The person, their doctor, a member of their entourage or a counsellor can apply to assess the person's eligibility criteria.

Where to go?



La Côte-de-Gaspé

Centre d'hébergement Mgr-Ross de Gaspé
150, Monseigneur-Ross
Gaspé, Quebec G4X 2S7
(418) 368-3301, ext. 4265
centre.jour.chgaspe@ssss.gouv.qc.ca

Le Rocher-Percé

Guichet unique des
soins à domicile
(418) 689-6696, ext. 5051

Activity Corner

SPRING

I X T U L I P C
S H O W E R S W A E I
B Z J E S E E D S M G G
A B U E D U C K L I N G R R
J U S M U O L L S H Z S A C
N T U Y B X B M A K R L S E
E T N N M L R U D M L E S R
S E S R F O E N N I B A C O
T R H Z W L E B P N U S H B
H F I K N E O R E A Y T I I
O L N K R S E W M E K E C N
Y E G Z T C U E Z N R K
F E T A G R O W R L J T
C J R O S E S S

BUMBLEBEE
BUNNY
BUTTERFLY
CATERPILLAR
CHICK

DUCKLING
EASTER
EGGS
FLOWERS
GRASS

GREEN
GROW
LAMB
NEST
ROBIN

ROSES
SEEDS
SHOWERS
SUNSHINE
TULIP
WORMS

Sudoku Puzzle #1

LEVEL: Easy

	7			2			4	6
	6						8	9
2				8			7	1
	8	4		9	7			
7	1						5	9
				1	3		4	8
6	9	7			2			8
	5	8					6	
4	3			8			7	

Answer

8	7	5	9	2	1	3	4	6
3	6	1	7	5	4	8	9	2
2	4	9	8	6	3	7	1	5
5	8	4	6	9	7	1	2	3
7	1	3	2	4	8	6	5	9
9	2	6	1	3	5	4	8	7
6	9	7	4	1	2	5	3	8
1	5	8	3	7	9	2	6	4
4	3	2	5	8	6	9	7	1



Health Canada Santé Canada