



Latest Updates

With You in Mind



Facilitated by
Youth Advisor: Alan Sibbald

When?
September 8th at 7 pm to 8 pm

Where?
Zoom

Get a chance to win!

Accessing Mental Health

Secrétariat à la jeunesse Québec  Fondation Lucie et André Chagnon 

The graphic is a promotional poster for a virtual event. It features a central silhouette of a person's head with a brain inside, set against a light beige background. A yellow speech bubble above the head contains the text "With You in Mind". To the right, there is a dark blue cloud-like shape with the text "Get a chance to win!". Below the head silhouette is a pink rectangular box with the text "Accessing Mental Health" and a hand icon pointing to it. The event details are listed in the center: "Facilitated by Youth Advisor: Alan Sibbald", "When? September 8th at 7 pm to 8 pm", and "Where? Zoom". At the bottom, there are logos for "Secrétariat à la jeunesse Québec", "Fondation Lucie et André Chagnon", and "CHSN". The background is decorated with several blue starburst graphics.

Virtual Mental Health Coffee Chat

Join our remote coffee chat on September 8th from 7-8pm EST for an informal and safe discussion surrounding mental health, and for the chance to win a \$25 Tim Hortons gift card.

Register [here!](#)



Y4Y is hiring Youth Advisors!

Are you looking to take your first steps into the nonprofit sector?

Join our passionate and growing team at Y4Y!

We're looking for Youth Advisors from the regions of Sherbrooke and Québec City to join the Youth Advisory Committee for Y4Y's **Meet Your Neighbour / Salut les voisins** project.

Drawing from the concept originally created by the **Human Library**, our project aims to challenge stereotypes and prejudices through storytelling and active listening, so as to develop a better understanding of different lived experiences.

Think you would be a good fit? Apply today!

For more info on the project & the position, click [here](#).



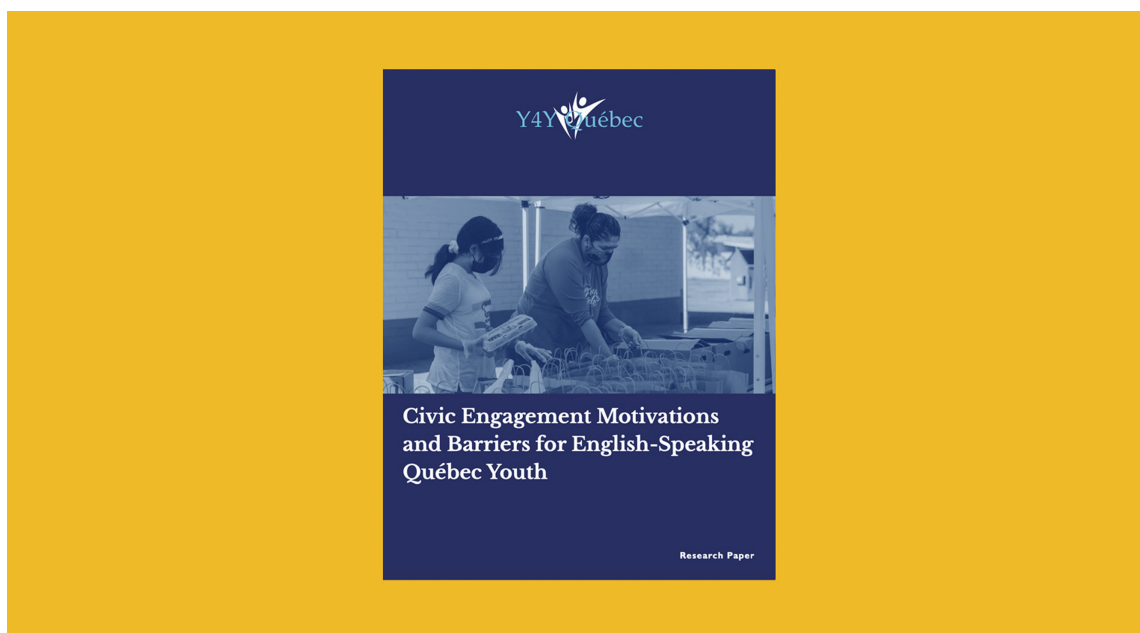
Become a Youth Cultural Ambassador!

Do you live in Québec City? Are you interested in gaining more experience in community organizing? Passionate about building community and fostering relationships across different groups and generations?

The [You are Here](#) project is looking for a part-time Youth Cultural Ambassador based in Québec City. This is an opportunity that centers around giving English-speaking youth in Québec the capacity to cultivate spaces of inclusion and celebrate the places they call home.

Interested?

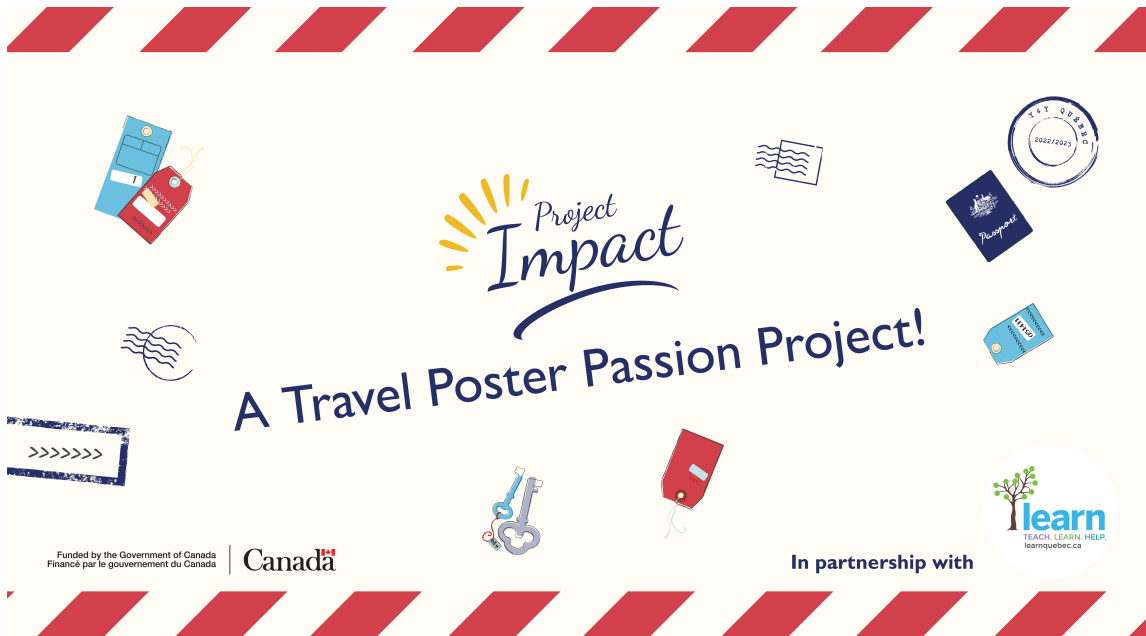
[Take a look at the position's details.](#)



Y4Y's Latest Research Report

Over the past few months, the Y4Y team interviewed English-speaking youth from around Québec about their civic engagement. Participants discussed why they first became civically involved, what drives them to continue, which issues they have and continue to face, and more! This report sheds light on what makes English-speaking youth unique civic actors as well as how we might promote deeper and more widespread civic involvement among them.

Read the full report [here](#).



IMPACT: A Travel Poster Passion Project!

The team is so excited to be partnering with [LEARN](#) on [Project Impact](#), which aims to revitalize high school-aged, English-speaking youths' attachment to their local region & community. Six participating high schools from across the province will explore local cultural attractions & heritage sites in their region to win prizes and have their *Heritage Passports* stamped. The project concludes with a final event showcasing each school's unique *Travel Poster* and highlighting the knowledge and experience gained by the participants.

Stay tuned for updates!



Volunteer with Y4Y!

Want to try something new, make friends, build character, enhance your leadership skills, and solve problems all while having a positive impact on your community? *But what's in it for me*, you may ask? The time and energy you give to Y4Y will never go unnoticed. **We offer letters of recommendation, professional references as well as mentorship opportunities that allow you to hone your leadership skills and build your resume.**

Click [here](#) to find out more on how you can volunteer with Y4Y.



Y4Y Membership

Do you support our mission and the work we do within the community?

Become a member - it's free!

To find out more or to sign up, **visit our [Membership page](#).**

From Our Friends

GET THE WORD OUT!

LITERACY FESTIVAL

SATURDAY
SEPTEMBER
10
10AM - 4PM

Mill Dam Park, Shawville

Western Quebec
Literacy Council

**Free to participate,
open to all!**



SCHEDULE OF EVENTS

Author Readings

10:30am: Katharine Fletcher
 11:30am: Venetia Crawford
 12:30pm: Jamaal Jackson Rogers
 1:30pm: Seymour Hamilton
 2:30pm: Catharine Austen
 3:30pm: Robin Blackburn McBride

Workshops

11am: "Creating Community: Write what you know" with Katharine Fletcher
 1pm: "Poetry and the Art of Spoken Word" with Jamaal Jackson Rogers
 3pm: "Five ways to start a story" with Catharine Austen

Information Sessions – All day:

- How to become a tutor with the WQLC
- Becoming part of 'Reading Buddies'
- Find out about our book clubs - for all levels of literacy!
- Other community organizations will be present - Carrefour Jeunesse Emploi, Connexions, and more!



JAMAAL JACKSON ROGERS
Award winning poet, arts educator, entrepreneur and artist



CATHERINE AUSTEN
Award winning children's and young adult novel writer.



ROBIN BLACKBURN MCBRIDE
Author, life coach and motivational speaker



SEYMOUR HAMILTON
Fantasy, fairy-tale, and fiction author



KATHARINE FLETCHER
Visual artist, freelance writer and author.



VENETIA CRAWFORD
History and Folklore author

"Get the Word Out!" Literacy Festival

If you love to read & write and want to get involved building literacy in your community, or just want to improve your own literacy skills, check out the "Get the Word Out!" Literacy Festival taking place on Saturday September 10th, from 10 a.m. - 4 p.m. at Mill Dam Park in Shawville, QC.

For more info, contact [Western Quebec Literacy Council \(WQLC\)](mailto:info@wqlc.org) at 819 648 2150, email info@wqlc.org, or check out their [website](http://www.wqlc.org).



The Advisory Committee for English-Speaking Quebecers (ACESQ) is looking for interview participants.

The ACESQ is putting together an in-depth report on the experiences of

English-speakers within Québec's labour market. They are looking for participants from different regions, backgrounds, ethnicities, age groups, etc. to interview in order to illustrate the varied experiences and realities of English-speaking Quebecers in the workforce.

Those interested in being interviewed can **fill out this [form](#)**.

Click [here](#) to learn more about the ACESQ.



Winter is coming...

And Resilience Montreal Is in Urgent Need of Donations

With the goal of restoring physical, emotional, spiritual, and psychological wellness, [Resilience Montreal](#) is a community-led project established to support the homeless population in the Cabot Square area. **Today, Resilience Montreal needs support!** In the last few months, clothing donations have slowed and a recent flood damaged much of their current stock. **If you have clothes you can afford to get rid of, this is your chance to make a difference!**

Resilience Montreal is open Monday to Thursday from 8 a.m. to 3 p.m. and are located at 4000 Sainte-Catherine St West, Westmount, QC.

If you haven't yet, connect with us on:

[Facebook](#), [Instagram](#), [Twitter](#), [LinkedIn](#) to stay in the loop!

Y4Y Québec is funded by the governments of Québec and Canada.



Y4Y Québec

<http://join.y4yquebec.org/>

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