

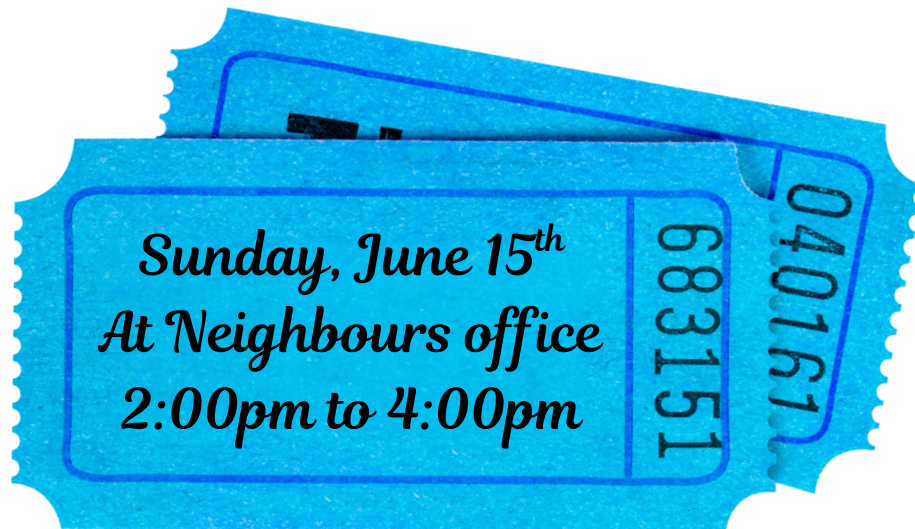


Neighbours Newsletter

JUNE 2025

NEIGHBOURS REGIONAL ASSOCIATION OF ROUYN-NORANDA

RÉGIONAL REALITIES FILM SCREENING



Featuring: Amy Barker, Brahim El Fadil,
Jessica Nesteruk, Melissa-Lynn Villella,
Sharleen Sullivan, Sue Hamilton

Topics discussed: Education, community
vitality, family, health, impact on language
laws, and more



*A sweet surprise
for Father's day to
satisfy your sweet
tooth.*

Appetizers will be served

Visit Neighbours' website and Facebook page for daily updates

www.neighboursat.ca

facebook.com/neighbours.rouynnoranda

NEIGHBOURS SUMMER YOGA

*Starting June 9th,
Neighbours will be
hosting yoga
sessions. Every
second Monday for
the summer at
1:30pm*



Yoga Days:

*June 9
June 23
-
July 7
July 21
-
August 4
August 18*

*Yoga will be adapted for those who would like to use
chairs, but mats are also available*

*The sessions will be given by Shannon, Viactive will still
be held on the other Monday dates.*

Yoga will end with a 10 minute meditation/relaxation

Call the office for any questions 819-762-0882

Mother's Day Brunch

On Sunday, May 11th, Neighbours members gathered together to celebrate Mother's Day over a wonderful brunch. Neighbours had a special announcement for its members! A sneak peak at our brand new logo! Stay tuned as we start making a few changes here and there to showcase our beautiful new logo.



Reminder : New Returnable Containers in Quebec!

Since March 1st, all plastic bottles between 100 mL and 2 L are returnable. This means you can now return your water and juice bottles to the store along with your cans to receive a small refund!

What containers are returnable in Quebec?

All **plastic** and **metal** beverage containers from 100 mL to 2 L are returnable in Quebec. Some **glass** bottles are also returnable.



Here are some examples of returnable containers in Quebec :

- soft drink cans (10 ¢)
- sparkling water cans (10 ¢)
- juice cans (10 ¢)
- alcohol beverage cans (10 ¢)
- plastic juice bottles (10¢)
- pre-filled plastic water bottles (10¢)
- plastic soft drink bottles (10¢)
- plastic milk bottles (10¢)
- glass beer bottles (10¢ or 25¢ depending on size)
- glass kombucha bottles (10¢)

Where can I return refundable containers?

In Rouyn-Noranda you can return your refundable containers to stores such as; Wal-Mart, Maxi, Super C, and IGA. It is also possible to bring them to some convenience stores.

Source : <https://ici.radio-canada.ca/jeunesse/maj/2144383/consigne-bouteilles-plastique-recyclage>



WHAT TO DO THIS...

Summer

ROUYN-NORANDA

ZONE PIÉTONNE JUNE 19TH TO AUGUST 17TH

BEUCE CARNAVAL JUNE 26TH TO 29TH

SIDEWALK SALE JULY 17TH TO 19TH

OSISKO EN LUMIÈRE AUGUST 5TH TO 9TH

FME AUGUST 28TH TO 31ST

FESTIVAL D'HUMOUR ÉMERGENTE JUNE 25TH TO 29TH



AMOS

H20 JULY 10TH TO 12TH

POW WOW PIKOGAN JUNE 14TH TO 15TH

**LA FOIRE DU CAMIONNEUR BARRAUTE
AUGUST 29TH TO SEPTEMBER 1ST**

LA SARRE

**FESTIVAL ÉQUESTRE ET RODÉO
JUNE 18TH TO 22ND**



VAL-D'OR

**FESTIVAL D'HUMOUR DE L'ABITIBI-TÉMISCAMINGUE
JULY 1ST TO 6TH**

BEUCE CARNAVAL JULY 9TH TO 13TH

TOUR DE L'ABITIBI GLENCORE JULY 16TH TO 20TH



VILLE-MARIE

FOIRE GOURMANDE JULY 31ST TO AUGUST 3RD

FESTIVAL WESTERN DE GUIGUES AUGUST 5TH TO 10TH





The Significance of Saint-Jean-Baptiste Day in Québec's History and Culture



Saint-Jean-Baptiste Day, also known as St. John the Baptist Day, is an annual celebration honouring the patron saint of Québec, Saint John the Baptist, and Québécois culture. It is one of the most significant national holidays in the province and is marked by lively festivities throughout Québec.

The history of the holiday dates back to the early 19th century when patriotic associations formed to promote Québécois culture and identity. These associations, such as the Saint-Jean-Baptiste Society, began organizing celebrations in honour of Saint John the Baptist, considered the patron saint of French Canadians.

Over time, Saint-Jean-Baptiste Day has evolved into a symbol of pride and cultural resistance for the Québécois people. For many years, it has been a means for the population to express their Francophone identity and assert their linguistic and cultural rights.

Throughout history, some notable Saint-Jean-Baptiste Day celebrations have taken place. For example, in 1925, during the 300th anniversary of the founding of Montreal, a grand celebration was organized, bringing together thousands of people on Mount Royal. This celebration featured parades, bonfires, and passionate speeches about the French language and culture.

Another significant historical celebration occurred in 1969, during the centennial of Canadian Confederation. At that time, there were political tensions in Quebec, and Saint-Jean-Baptiste Day was used as a platform to express discontent with the political and social situation. This event became symbolic of the Québec nationalist movement of that era.

Today, Saint-Jean-Baptiste Day continues to be celebrated with enthusiasm throughout Québec. The festivities include colourful parades, music performances, fireworks, and family gatherings. It is a time when Québécois people come together to celebrate their culture, history, and language.

In conclusion, Saint-Jean-Baptiste Day is a deeply-rooted tradition in Québécois culture. Over the years, it has evolved into a symbol of pride and identity for Québécois people. The notable historical celebrations demonstrate the significance of this holiday in expressing Francophone culture and resistance in Québec.



Source:
<https://ucte-ucet.ca/saint-jean-baptiste-day-2023/>



Neighbours + FG MAT

Neighbours, who's a major partner with the FG MAT, were able to treat 11 different organizations with tickets to the Festival des Guitares du Monde. Jessica, Nathalie, & Yves were able to meet up with many of our amazing partners and brighten their day. Thanks Yves for helping out!



Liaison Justice



Centre Prevention Suicide



CAAP



Noranda School



Au sein des femmes



Société de la sclérose en plaques

Hey teens and tweens!

**AGES
12-17**

**NEIGHBOURS
PRESENTS ANOTHER**

TEEN PARTY

**CELEBRATE THE END OF
SCHOOL WITH YOUR FRIENDS!**

**BOARD GAMES! MUSIC! CHATTING!
YOUR CHOICE!**

**JUNE 27TH 7 PM TO 11 PM
139 AVENUE MURDOCH**



**Snacks
and drinks
will be
served**





AGES 4-11

KIDS Campfire & Kool Kids CAMP



**NEIGHBOURS OFFICE
139 AVENUE MURDOCH**



**EVERY TUESDAY
AND THURSDAY
STARTING JULY 3RD
FROM 1:30PM TO
4:30PM**



ACTIVITIES WE WILL DO:

- **OUTINGS**
- **EXPERIMENTS**
- **CRAFTS**
- **MUSIC & DANCING**
- **GAMES AND MORE!**



**REGISTRATION REQUIRED.
PLEASE STOP BY THE OFFICE TO
FILL OUT THE FORM.**



June 3rd : Sock Caterpillars!
Learn about some different kinds of caterpillars and make your own that you can keep!

An illustration of a green caterpillar and a white sock with blue accents.

June 5th : Roly Poly Search!
Learn about this tiny crustacean and where they live, then head to the park to search for some! If we find any, we'll bring them back to Kool Kids in their own tiny habitat so we can observe them!

An illustration of a grey roly poly (millipede).

June 10th : Grow a Seed!
How does a seed become a plant? We'll find out, and plant our own seeds without using soil! We'll also make a little craft!

An illustration of a small green seedling with two leaves growing out of a mound of brown soil.

June 12th : Taste with Your Eyes!
We'll have a fun, colourful experiment to see if our eyes really affect our taste buds and learn how our brain works with our vision to influence our taste experiences!

An illustration of a yellow smiley face emoji winking and sticking its tongue out.

June 17th : Free Play!
Fun and games to get that energy out!

An illustration of a blue Connect Four board, a white die, and a green die.

June 19th : Free Play!
Board games, cards, music, and dancing with your Kool friends - your choice!

An illustration of musical notes and a treble clef, and a fan of playing cards.

Office Closed
June 24th & June 30th

A banner with a background of the Quebec flag and the Canadian flag. It features the text "Office Closed" and "June 24th & June 30th" in large, bold, white letters with black outlines.

MOVING MONDAY!



Mondays at 1:30pm

***No exercise on June 30th**

Join us every Monday at 1:30pm for a Viactive session. Each exercise session is made up of different movements for all levels of ability. Chairs are provided for those who need the extra support!

WELLNESS WEDNESDAY

At 1:30pm

Jun. 4th

Crystal & Zodiac Signs

Learn about your Zodiac sign and the crystals that accompany it.

Jun. 11th

Senior Abuse Awareness

Join us for a workshop on Senior abuse and what you can do to help prevent it

Jun. 18th

SHARP

How your pharmacist can help you age in place.

10 AM

Call to reserve your lunch before June 17th

Jun. 25th

Beaded Plant Craft

Come create a low maintenance plant that you won't need to water!

FUN FRIDAY GAMES

At 1:30pm

Jun. 13th

Game Day

Jun. 27th

Game Day



FUN FRIDAY MOVIES

At 1:30pm

Jun. 6th

Murder Mystery (2019)

1h37m

A New York cop and his wife go on a European Vacation to reinvigorate the spark in their marriage. A chance encounter leads to them being framed for the murder of an elderly billionaire.



Jun. 20th





















Lift (2024)

1h47m

A master thief is wooed by his ex-girlfriend and the FBI to pull off an impossible heist with his international crew on a 777 passenger flight from London to Zurich.



JUNE 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1						7
8						14
15						21
22		OFFICE CLOSED 		26		28
29	OFFICE CLOSED 					



Our Health
IS IN OUR HANDS



Campfire Club
After school



Wellness Wednesday
1:30pm



ViActive Exercises
1:30pm



Kool Kids Club
After school



Movie/Game Day
1:30pm

In partnership with



Patrimoine
canadien

Canadian
Heritage

139 avenue Murdoch 819-762-0882

Mailing Address : PO BOX 2277, Rouyn-Noranda, QC, J9X 0A0