

MEPEC COMMUNITY GARDEN

A welcoming space
where neighbors grow
fresh food, connect, and
enjoy nature together.

**No experience needed,
just come grow with us!**



Partenariat de l'est de la Montérégie pour
la communauté d'expression anglaise

Monteregie East Partnership
for the English-Speaking Community



MEPEC COMMUNITY GARDEN

GROWING MORE THAN JUST FOOD

Our community garden is a shared space where people come together to learn, connect, and give back. It's not just about gardening, it's about building relationships, sharing knowledge, and creating something meaningful as a group.



WHY JOIN US?

- Learn new skills in gardening, cooking, and sustainability
- Meet people in your community
- Contribute to local initiatives and events
- Enjoy time outdoors in a welcoming environment

No experience needed!

Whether you're a beginner or an expert, there's a place for you here.



MEPEC COMMUNITY GARDEN

A SPACE FOR LEARNING, SHARING, AND COMMUNITY

This year, our garden will bring people together through a variety of activities:

- Community meals and potlucks
- Workshops (gardening, cooking, preserving food)
- Opportunities to contribute your own skills (photography, recipes, art, etc.)

What you might gain:

- Confidence in trying something new
- A sense of belonging
- Practical skills you can use at home

AWARD-WINNING COMMUNITY GARDEN

Our community garden, located at Mount Bruno United Church **(25, rue Lakeview, Saint-Bruno, QC J3V 2L4)**, was proudly recognized at the Ma Ville en Couleur 2025 in Saint-Bruno-de-Montarville.

This recognition highlights the dedication and care of our volunteers, who continue to make the garden a vibrant and welcoming space for everyone in the community.



MEPEC COMMUNITY GARDEN

TESTIMONIAL

My experience in the garden has been very rewarding and hands-on. Last spring to fall, I was involved in every stage from preparing the soil to planting and harvesting which made me feel connected to the entire process. It was both physically engaging and mentally refreshing, and I learned a lot about teamwork and sustainability along the way. We were able to provide fresh, healthy food to the community while also creating a shared space where people can connect, learn, and contribute. It's this sense of community that keeps me coming back.

I live close by to the garden and on my daily walks I would pass by to check on the visible progress. I felt proud of what we were accomplishing together. Seeing all the produce growing and knowing it would be shared with the community was fulfilling and very motivating.

One moment that stands out was the enjoyable time with the Mont Bruno grade five students. They harvested the cabbage and carrots, and we made a coleslaw right in the garden and ate it together. Additionally, I enjoyed that MEPEC invited a horticulturist on two occasions to educate us and assist in our progress.

I would describe the garden as welcoming, peaceful, and collaborative. It's a place where people support each other, work together, and take pride in what they're creating. I found it calming to be outdoors everyday whether I was in the garden alone or chose a day when others were present.

-CHRISTINA
Volunteer



MEPEC COMMUNITY GARDEN

VOLUNTEER THE WAY YOU WANT TO!



Garden Supporter

Best for:

People looking to be helpful without a weekly commitment.

Tasks:

- Help during events such as planting day or harvest.
- Weeding or watering during busy weeks
- Covering for volunteers who are unable to come



Team Member

Best for:

People who want to see progress day to day, like routine and the outdoors.

Tasks:

- Scheduled watering
- Weeding
- Monitoring the garden
- Planting and seeding
- Harvesting



Garden Committee Member

Best for:

People who want to share their ideas for the future of the garden.

Tasks:

- Supporting sustainability
- Planning the planting schedule and options
- Help organize garden events
- Attend Garden Committee meetings with MEPEC

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READY TO JOIN US ?

FILL OUT THE FORM
CLICK HERE!

REACH OUT TO THE COORDINATOR
g.kwiatkowski@mepec-pemca.org

