

ANNUAL REPORT

2021-2022



The East Island Network for English Language Services
Le Réseau de l'Est de l'Île pour les services en anglais
REISA East & REISA North

*Italian
desserts
from St-
Léonard*



**Main REISA office:
Saint-Léonard**

8370 boul. Lacordaire, suite 308
Saint-Léonard (Montreal), QC
H1R 3Y6

*Montreal's
north-
eastern
shore*



**Satellite office:
Rivière-des-Prairies**

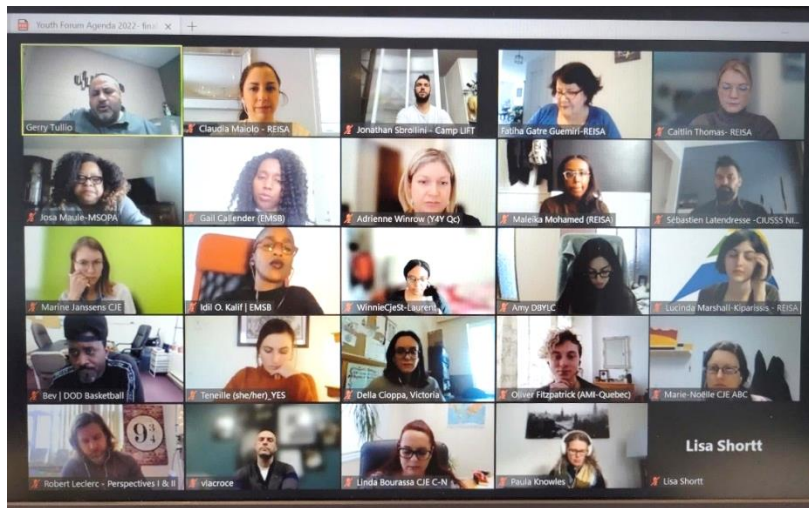
11991 av. Pierre-Baillargeon
Rivière-des-Praries (Montreal), QC
H1E 2E5

*St-Laurent
City Hall*



**Satellite office:
Saint-Laurent**

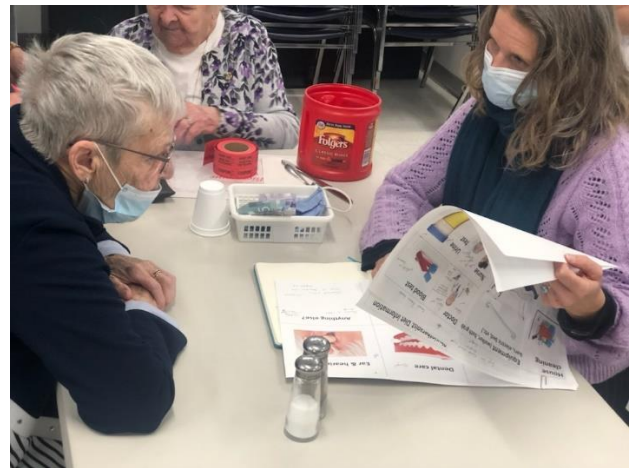
750 boul. Marcel-Laurin, suite 120B
Saint-Laurent (Montreal), QC
H4M 2M4



Annual Youth Forum



Improv Against Bullying at the Don Bosco Youth Leadership Center



Seniors Focus Group at Almage Senior Center

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MINUTES OF THE 2021 AGM

Minutes of the Annual General Meeting of The East Island Network for English Language Services

Held on Wednesday, August 25th 2021, 10:00am via Zoom

1. Opening of the Annual General Meeting and reading of the Notice of Convocation

- Roundtable; participants introduce themselves.
- J. Primiani opens the Annual General Meeting at 10:15am.

2. Appointment of the Chairperson and the Secretary of the Meeting

- J. Primiani is appointed as Chairperson and C. Maiolo as Secretary.

3. Approval of the Minutes of the Annual General Meeting on August 25, 2020

- M Maiolo moves to adopt the Minutes of the AGM held on August 25, 2020, seconded by G. Tullio; the minutes are unanimously approved.

4. Acceptance of the Financial Statements for the financial year ended March 31, 2021

- M. Orlando is the newly-mandated auditor for REISA; he has been involved with CDH and the East Foundation for several years;
- M. Orlando has been doing audits for 13+ years;
- Many problems were noted with REISA's financials: payroll was double-booked, petty cash, etc; he will need another couple of days to ensure that the bookkeeping is properly done; when the statements are final, the Board of Directors will reconvene;
- M. Orlando will do a notice to reader for this year; next year REISA will need to do a review of engagement because of the scope of the network;
- L. Storozuk: The ERCC program from the Secretariat requires audited statements, as does the Educaloi program, therefore REISA will need to have audited statements done.

5. Appointment of the Auditor for the current fiscal year

- G. Tullio proposes M. Orlando as Auditor for the current fiscal year, seconded by H. Nadler and approved unanimously.

6. Presentation of the Annual Report for year ended March 31, 2021

- F. Guemiri presents the Annual Report powerpoint, assisted by C. Maiolo;
- September 2021: REISA is opening two new satellite offices in Saint-Laurent and Rivière-des-Prairies;
- Employee turnover: R. Leclerc. A. Daghlian and C. Cardazzi have left REISA; we have hired H. Croft, L. Marshall-Kiparissis, M. Mohamed and C. Massaro.

7. Election of Board of Directors

- There is 1 vacant spot on the Board of Directors since L. Macias left;
- REISA could benefit from another expert or organization from St-Laurent; P. Mcdougall can make recommendations;
- The 10 current board members are re-elected: Amir, Ella; D'Abate, Dominic; Kasprzak, Marysia; King, Gloria; Lo Bianco, Sylvie; Maiolo, Maria; Nadler, Howard; Primiani, Josephine; Francis, Raeanne; Tullio, Germain.

8. Question and Answer period

- G. Tullio: the EMSB has developed a partnership with the Concordia Sexual Assault Center; teachers are trained who then carry on the messages to their students; REISA can do the same with McGill and Concordia;
- F. Guemiri asks that participants forward suggestions of experts in strategic planning; G. Tullio will ask the Concordia School of Community and Public Affairs.

9. Closing of the Annual General Meeting

- J. Primiani closes the Annual General Meeting at 11:30am.

Attendance

Board members present

Amir, Ella	AMI-Québec
D'Abate, Dominic	Consensus Mediation
Francis, Raeanne	Black Community Resource Center
Garofalo, Nadia	YMCA Cartierville
Lo Bianco, Sylvie	Almage Senior Community Center
Maiolo, Maria (Vice-President)	Italian-Canadian Community Services of Québec Inc.
Nadler, Howard	Person with expertise
Primiani, Josie (President)	Centre of Dreams and Hopes
Tullio, Gerry (Treasurer)	Toxico-Stop/Youth consultant in schools

Board members excused

Kasprzak, Marysia

Board members absent

-

Partners and guests present

Della Cioppa, Victoria	English Montreal School Board
Goldman, Richard	Educaloi
Mcdougall, Patricia	Répondante, CIUSSS du Nord de l'Île de Montréal
Orlando, Michael	Chartered accountant
Storozuk, Lisa	Secrétariat aux relations avec les Québécois d'expression anglaise

Staff present

Croft, Heather
Guemiri, Fatiha
Maiolo, Claudia
Marshall-Kiparissis, Lucinda

RESULTS-BASED MODEL

MISSION

Community and public partners work to develop and promote access to English-language health and social services in the East and North of Montreal.

OBJECTIVES

NETWORK UNIT
REPRESENTATION
PARTNERSHIPS
KNOWLEDGE
OUTREACH

GUIDING PRINCIPLES

- Development of knowledge base to identify community needs and strengths and inform policy and decision-makers;
- Targeted responses addressing the identified needs of the English-speaking community in a sustainable way;
- Results-based planning and evaluation;
- Creation and maintenance of collaborations and partnerships

VALUES

- Identity: Strengthen and promote the ESC's unique characteristics by valuing members, mobilizing them for leadership and supporting their needs.
- Social Inclusion: Recognize people's differences, nurture capacities and engage them in making positive contributions to the community.
- Equity: Proactive role in representation, awareness and advocacy to gain a fair share of resources and opportunities and increase access to services.

HUMAN RESOURCES (as of March 31 2022) (5 full-time, regular employees)

Fatiha Gatre Guemiri
Executive Director

Cassandra Jean-Baptiste
Community Development Agent

Claudia Maiolo
Programs Coordinator

Lucinda Marshall-Kiparissis
Communications and Outreach Coordinator

Maleika Mohamed
Early Childhood Projects Coordinator

(2 consultants)

Paula Knowles
Senior Wellness

Caitlin Thomas
Youth Network

BOARD OF DIRECTORS

(10 active board members)

Amir, Ella

D'Abate, Dominic

El-Zammar, Amy (replaces Kasprzak, Marysia in November 2021)

Garofalo, Nadia

Lo Bianco, Sylvie

Maiolo, Maria - Vice-President

Nadler, Howard

Primiani, Josephine - President

Francis, Raeanne

Tullio, Germain - Treasurer

2021–2022 ACTION PLAN

NPI

Network coordination

Expansion to CIUSSS du Nord territory

Identify and seek representation on decision making and advisory structures and community tables

Represent the network and ESC's needs and priorities

Research, produce and disseminate evidence base and best-practice documents

Act as a resource to the 2 CIUSSS'

Maintain partnerships with School Board and other key partners

ERCC EXPANSION & YOUTH

Increase and strengthen REISA's organizational capacity, particularly in human resources

Open satellite offices in the boroughs of Saint Laurent and Rivière-des-Prairies/Pointe-aux-Trembles

Develop partnerships with community organizations in each of the 9 boroughs of REISA's territory

Ensure REISA's presence at the Tables de Quartier and Seniors, Youth and Family Committees

Adapt existing services for English-speaking groups

Present REISA services to government officials and inform them of the vulnerability of this community caused by the language barrier

OUTREACH

SENIORS

Support services to Almage Senior Center

Seek new health education programs at the provincial and federal levels

Community Health Education Program

Disseminate health information and participate in conferences

SPECIAL NEEDS

Clinic at Centre of Dreams and Hopes

Seek funding resources

LEGAL INFORMATION

Provide ESC with legal information and resources

Promotion of Éducaloi

Maintain a list of ES lawyers and legal volunteers

BRIGHT BEGINNINGS

PARENT-CHILD MOTHER GOOSE PROGRAM

Training for REISA staff and additional animators

Promotion of the program and outreach to families

Contact with various actors in the community for promotion

Recruit 5 to 10 families to participate in the program

Export program to libraries in 3 boroughs

TRANSITION 2

Explore mental health program for 11-13 year olds (transition 2, elementary school to high school)

COMMUNITY LANGUAGE DEVELOPMENT

Partner mobilization

Promotion of speech and language skills development with children

Implement Prevention programming

COMMUNICATIONS

Direct and refer telephone and email inquiries for access to health and social services

Publish and disseminate a quarterly newsletter

Maintain an interactive website with up-to-date information on resources for the ESC

Maintain an interactive Facebook page where timely information is shared

Produce promotional material

YOUTH MENTAL HEALTH

Raise awareness in the gaps of mental health services for young English-speaking Quebecers

Provide mental health resources to youth

Involve youth in mental health activities and events: Young carers workshops, Mental Health Fair

Involve youth (35 and younger) in Board of Directors

HEALTHY EARLY YEARS

Provide the Islands of Friends transition program to the pre-kindergarten classes in four additional elementary schools; two in the East and two in the North

Provide the transition program to remainder of pre-kindergarten classes in Nesbitt and Gerald McShane elementary schools (piloted in 2020-21)

Participate in Welcome to Kindergarten Day

SPECIAL NEEDS

Collaborate with the CIUSSS' for access to special needs services to families

Pilot a special needs project for the 0-5 population

MCGILL DIALOGUE

Update and disseminate McGill Dialogue promotional documents

Attend Career Fairs

Create new internship opportunities in community organizations

Create new partnerships with internship coordinators to expand pool of interns

Maintain bank of student interns

Establish partnerships with intern placement committees at the CIUSSS du Nord and CIUSSS de l'Est

SENIOR WELLNESS

Develop partnerships with local community groups in Saint-Laurent with an existing site that serves English speaking seniors to host wellness activities

Involve CLSC social workers and community organizers in the project

Represent REISA at local seniors' committees

IMPROV

Develop a partnership with the Montreal School of Performing Arts (MSOPA)

Develop partnerships with community organizations and high schools where the Improv Against Bullying program can occur

Offer the program for youth ages 6-17 in the day camp and high school setting

Share video capsules on the theme of bullying and mental health with high schools on REISA's territory and through social media

PROGRAMS AND FUNDING

PROGRAMS

- Networking and Partnership Initiative
- Healthy Early Years
- Bright Beginnings
- Youth Mental Health Initiative
- Senior Wellness Center
- Enhancing Regional Community Capacity
- McGill Dialogue
- Community Mobilization Project
- Community Outreach and Development
- Improv

FUNDERS

- CHSSN – Health Canada
- CHSSN – Health Canada
- CHSSN – Fondation Chagnon
- CHSSN – Fondation Chagnon, Secrétariat à la jeunesse
- CHSSN - Secrétariat aux relations avec les Québécois d'expression anglaise
- Secrétariat aux relations avec les Québécois d'expression anglaise
- McGill University
- Éducaloi
- Centraide du Grand Montréal
- Ministère de la famille

REPORT ON RESULTS

NETWORKING AND PARTNERSHIP INITIATIVE (NPI)

NETWORK UNIT

- Six Partners meetings and one Annual General Meeting held in August; all meetings held virtually. 19 persons participated in the AGM, 3 of whom were new partners.
- Several partner committee meetings are held on the themes of youth programs, senior wellness and expansion.
- Organisation policies are reviewed to meet new needs in hiring and retaining staff. A 5-year strategic plan on the expansion of REISA is in development by a consulting firm.
- REISA is invited by Centraide to present the organisation's impact on the community in the east end of Montreal. Centraide allocates funds to hire one resource person to represent REISA in three boroughs: Saint-Michel, Villeray and Anjou. (*details in Outreach – Centraide*)
- **CHSSN-related training and activities:** 30 virtual meetings with the CHSSN including trainings, seminars and program-specific calls for exchange on senior wellness, early childhood, transition agents, language development, mental health and resiliency, adaptation, empowering teens and the Montreal NPI Collective.
- **Outreach to CIUSSS du Nord** (*details in ERCC Expansion*)

REPRESENTATION

- Participation in Adaptation events on in April and May 2021.
- The network is represented on les tables de quartier in 6 boroughs and participates in regular meetings of the committees dedicated to seniors, youth and young families: Rivière-des-Prairies, Anjou, Saint-Léonard, Montréal-Nord, Saint-Laurent and Saint-Michel. Additional tables that have been approached for representation: Ahuntsic, Cartierville, Villeray and Rosemont.
- Applications for **reconnaissance d'un organisme à but non lucratif** are submitted to three boroughs in the Fall and Winter: Montréal-Nord, Saint-Laurent and Rivière-des-Prairies/Pointe-aux-Trembles. (*details in ERCC Expansion*)
- Numerous webinars and trainings were attended hosted by Educaloï, QUESCREN, Health Canada, CommunAînés, Tamarack, la Fontation AGES, One Voice and the University of Laval.

KNOWLEDGE DEVELOPMENT

- Three **newsletters** produced and shared with over 230 subscribers, uploaded on website and Facebook page.
- **Social media:** an average of 5 posts daily on Facebook and minimum of 1 post weekly on Instagram. All information shared through social media is concurrently uploaded on website. A total of 277 posts are made on social media. The most popular post had a reach of 738 and was liked by 18.
- 24 **referrals** were made to the community; the community reached out to REISA for health and social services via telephone and email.
- A portrait of English-speaking young families is completed and a plan has been elaborated to share the portrait with partners in Spring 2022.

PARTNERSHIPS

- REISA's ED and board member continue to be represented on the **Regional Access Committee**.
- **CIUSSS:**
 - A meeting is held with the CIUSSS Est répondant in April 2021;
 - Two meetings are held with the new CIUSSS NIM répondante and one meeting is held with the chef de programmes santé publique;
 - REISA meets the community organizer team for Saint-Laurent;
 - REISA participates in a two-day Réseau éclaireurs training with the CIUSSS du Nord;
 - REISA holds a meeting with the community organizer that oversees all of the youth services in the CIUSSS de l'Est.
- REISA communicates regularly with CIUSSS du Nord and CIUSSS de l'Est community organizers that sit alongside REISA at tables de quartiers and subcommittees.
- REISA brings up the critical situation of the CIUSSS' unable to fill positions during meetings with the CIUSSS répondante, chef de programmes and Centraide.
- **Partnership with the EMSB** is maintained. REISA holds meetings with several departments of the EMSB to discuss programming for transition, mental health, young carers and violence prevention.
- Youth programs for ages 4 to 16 are introduced in schools across the North and East ends of Montreal. (*details in Healthy Early Years – HEY*)

OUTREACH TO YOUTH

- **REISA's Annual Youth Forum** is held on January 25th, attended by 42 participants, on the themes of youth at risk, mental health and employability.
- Youth mental health initiatives are described in *Youth Mental Health* below.
- Antbullying program in schools funded by le *Ministère de la famille* and delayed by COVID19 is completed. (*details in Improv*)

OUTREACH TO SPECIAL NEEDS

- Community Language Development program is described in *Bright Beginnings* below.
- A second service center of the Centre of Dreams and Hopes opens in December 2021. REISA contributes by offering a smart board for one of the various classrooms.

OUTREACH TO SENIORS

- Participation in 4 live **CHEP** sessions.
- Participation in monthly meetings with **senior committees** in Saint-Léonard, Montréal-Nord and Saint-Laurent, as well as la Table de Concertation des aînés de Montréal and One Voice Network.
- Several planning meetings held with Almage to discuss programming.
- REISA hosts a **focus group** of 20 seniors with Almage to discover their feedback on access to English-language services in the public system.
- Planning meeting held with EMSB Spiritual animator to discuss intergenerational activities.
- REISA participated in the volunteer committee for la marche des aînés St-Laurent
- Creation of an inventory of organizations working with seniors in Saint-Laurent (*details in Senior*)

Wellness)

- Participation in Communautés two-day Sentinelle training.
- Participation in **webinars** with Université de Laval on 'inclusion des personnes âgées' and la Fondation AGES on 'social geriatrics'.

NEW - OUTREACH AND REPRESENTATION IN 3 BOROUGHES

- Funds received from Centraide for the first time to expand the presence of REISA in 3 boroughs: Anjou, Rosemont, Saint-Michel, Parc-Extension.
- Created a comprehensive list of 70+ organizations of the community and public sectors, across the 9 boroughs in the CIUSSS du Nord and CIUSSS de l'Est; 60 of which were new to REISA.
- Communicated with the organizations and institutions regarding possible future partnerships and furthering current partnerships.
- Hosted 8 meetings with new organizations to raise awareness of REISA and create partnerships.
- Participated in meetings with 6 tables de concertation and applied for membership at 3 tables de concertation.

YOUTH MENTAL HEALTH

- The **Youth Pulse Check Survey** (CHSSN) is shared with all of REISA's Youth partners including community groups, high schools and cegeps, CJs, the school board and on our website and social media. A major issue faced by English-speaking youth is the lack of extracurriculars, sport and leisure (due to the pandemic) to alleviate stress.
- **Mental health poster:** due to covid restrictions in the schools, in lieu of our annual mental health fair, REISA created a mental health resources poster. The poster showcases local, public and community resources for teens. It is disseminated to the 7 high schools on REISA's territory.
- **Continuous exchange** of material and statistics (quantitative and qualitative) highlighting the realities that English-speaking youth face and their mental wellbeing with all youth partners including the EMSB, high school administrations, CJs in 3 boroughs, Comités jeunesse in 4 boroughs, intervenants jeunesse at CIUSSS NIM and CIUSSS de l'Est.
- **Young carers workshops:** workshops animated by AMI-Québec are planned for Spring 2022. They were postponed due to the availability of the school administrations. 240 students at Laurier Macdonald and John F. Kennedy high schools will be participating. Young carers identified at the schools will be offered the opportunity to participate in AMI-Québec's young carers support group and receive additional support or referral to services as they wish.
- **Headstrong:** several planning meetings held with the Mental Health Commission of Canada and the EMSB. A virtual headstrong summit will take place during the week of October 24, 2022 and will bring together students from 7 high schools.
- **Mental health podcast** (*details in Improv*)

SENIOR WELLNESS

- 6 in-person meetings and numerous virtual meetings and phone calls with groups serving English-speaking seniors in Saint-Laurent to partner and offer wellness activities in year 2 (2022-2023).
- Meetings with St-Laurent mayor and team, MP and MNA to present REISA's senior wellness program and gather more contacts in the community.
- Multiple virtual networking and training meetings with One Voice Network, Table de concertation des aînés de Montréal, Communautés and Les Éclaireurs (CIUSSS NIM/COSSL).
- Partnership established with Le Centre Communautaire Bon Courage. Volunteering with Bon Courage's food distribution program has enabled REISA seniors outreach staff to build relationships with staff, volunteers, and local seniors:
 - 1:1 interviews to discover seniors' needs including nutrition, social isolation, mental and physical health;
 - sharing and promoting CHEP sessions;
 - referral to health and community services.

ENHANCING REGIONAL COMMUNITY CAPACITY (ERCC)

EXPANSION

- 1 expert consultant is hired to update **salary policies as well as human resources and governance policies and procedures.**
- **2 people are recruited:**
 - 1 youth network coordinator for the East and North;
 - 1 community organizer for St-Laurent.
- **3 staff training meetings** on all aspects of the ERCC program are held.
- **Portraits** by borough are produced.
- A **table of REISA partnerships** is updated regularly.
- **1 focus group with youth** from Rivière-des-Prairies/Pointe-aux-Trembles is conducted in May 2021.
- An action plan for year 2 based on the results of year 1 is developed to reach three boroughs: Mercier-Hochelaga-Maisonneuve, Villeray-St-Michel-Parc-Extension, Rosemont-La Petite Patrie.
- **Two satellite offices open** in September 2021:
 - St-Laurent: 750 Marcel Laurin Boulevard;
 - Rivière-des-Prairies: 11991 avenue Pierre-Baillargeon.
- 8 new community and public partnerships are developed in St-Laurent; 18 meetings were held with the various groups.
- Several meetings are held with mayors and their teams, boroughs, members of parliament and members of the national assembly in the boroughs mentioned.
- Three applications for *reconnaissance* are submitted to the boroughs of St-Laurent, Montréal-Nord and R.D.P./P.A.T. **REISA is recognized as a non-profit organization in R.D.P./P.A.T. in April 2022.**
- **35 meetings attended** of les tables de quartier, family, youth and seniors committees in 6 boroughs: St-Léonard, R.D.P./P.A.T., St-Laurent, Montréal-Nord, Anjou and St-Michel.

- **3 new membership applications and 3 membership renewals** at six tables de quartier are accepted.

YOUTH

- **Youth Forum** organized in January 2022 with various Anglophone and Francophone partners including community groups, schools and CJs. 34 partners representing 17 organizations participate. Topics include youth at risk, mental health and employability.
- 9 meetings with early childhood and family committees in St-Laurent, Anjou and R.D.P./P.A.T.

BRIGHT BEGINNINGS

PARENT-CHILD MOTHER GOOSE PROGRAM

- REISA staff and additional animators (4 persons in total) received the PCMG training in May 2021.
- Partnerships are developed and numerous meetings are held with the libraries in Saint-Laurent, Rivière-des-Prairies and Saint-Léonard. Due to the ongoing pandemic restrictions, in-person programs remain on hold.
- Material promoting our virtual program is created and disseminated on social media platforms as well as to numerous community actors, including local MPs, MNAs, Mayors, schools, daycares, libraries and community centers.
- 6 families register and participate in our Summer program, consisting of two groups meeting on Wednesdays and Saturday mornings.

TRANSITION 2

- Partnership with OMETZ to export the grade 6 transition program to the elementary schools on REISA's territory.
- Two elementary schools in Saint-Laurent and Rosemont receive the program. A total of 83 students participate (ages 11-12).

COMMUNITY LANGUAGE DEVELOPMENT

- Several planning meetings with Centre Mosaïque, the CHSSN and partner NPIs to understand the objectives of the program, choose workshop themes and confirm dates and times.
- Promotional material for the Walk the Talk sessions are produced and disseminated widely across all communication channels: shared by email with 60+ organizations, school administrations and health partners and uploaded on social media and REISA website.
- **3 Walk the Talk** sessions take place between February and April 2022; an average of 9 participants attended each workshop.
- **6 Wordplay** sessions held with 3 pre-identified families (4 adults and 5 children).

HEALTHY EARLY YEARS (HEY)

- Partnership with OMETZ to export the pre-kindergarten transition program Island of Friends to the elementary schools on REISA's territory.
- 7 elementary schools in 5 boroughs receive the program. A total of 161 students participate (ages 4-5).
- Teachers reported using the skills introduced during the workshops in the classroom and parents reported the same at home.
- A new partnership is developed with Réseau Réussite Montréal to support the financing of the program.

MCGILL DIALOGUE

PROMOTION

- **Promotional documents** for schools updated and redesigned: Careers in Health and Social Science 2021-2022; Working in East & North Montreal; East Island Community Sector Internship Opportunities; English, an Asset.
- Contacted and distributed promotional material to 18 Program coordinators from McGill, Concordia, Vanier, Dawson.
- **Virtual meetings** held with coordinators: Physio Tech (Vanier), Social Service (Dawson), Special Care Counselling (Vanier).
- Meetings and partnership development with **new departments**: French-Second Language volunteer placement program (Vanier); School of Communication Sciences and Disorders (McGill); Child Studies (Dawson).
- At several meetings, informed the **CIUSSS' policy-makers** and directors of students in health professions at McGill, Concordia, Dawson, and Vanier seeking internships.
- Liaison between CIUSSS Nord and McGill School of Nursing, School of Social Work, School of Public Health and Vanier College.
- **Planning for internships Fall 2021/Winter 2022** with established partnering departments (Social Work, Nursing, Human Nutrition, Physical and Occupational Therapy, Communication Sciences and Disorders, Educational & Counselling).
- Communications maintained with Concordia Schools and Departments (Education, Creative Arts Therapies, School of Community and Public Affairs, Applied Human Sciences incl. Recreational Therapy).
- **Health & social service job and volunteer opportunities** disseminated through website and social media: Black Community Resource Centre, YES Employment + Entrepreneurship, Mission Old Brewery, AIDS Community Care Montreal, Women-AWARE and Telehealth Intervention Program for Older Adults among others.

CAREER FAIRS

- Participation in the McGill Non-Profit/MGO & Community virtual career fair in February 2022: 21 CVs received, 16 one-on-one interviews conducted.

- Participation in the McGill Health and Social Services virtual career fair in March 2022: 17 CVs received, 6 one-on-one interviews conducted.

INTERNSHIPS

- Student Data bank includes where internship is completed, length, institutions/programs of enrollment, employment status after internship.
- 2 Nutrition and Dietetics students placed at SCCIQ in April 2021.
- 2 Nutrition and Dietetics students placed at SCCIQ in October 2021.
- 2 Social Service and 1 Special Care Counselling students placed with Centre for Dreams and Hopes in September 2021.
- 2 Social Service students placed with Laurier MacDonald CLC.

IMPROV

- Improv program offered at the **Don Bosco Youth Leadership Center** Day Camp *Happy Dayz* in July 2021 to youth ages 9-11:
 - Workshop 1: *Building Confidence* offered to 55 youth;
 - Workshop 2: Believe in Yourself offered to 50 youth;
 - Workshop 3: Take Risks offered to 48 youth;
 - Workshop 4: Make Choices offered to 40 youth;
 - Workshop 5: Be Your Best Self offered to 36 youth.
- Program offered to 6 girls ages 12-14 at **Lester B. Pearson** high school in the Fall of 2021.
- **Podcast:** two groups of 10 students (ages 14-16) at **Laurier Macdonald and John F. Kennedy** high schools initiated a podcast. Topics covered included mental health issues, kindness, antibullying, how to seek support, prevention strategies and techniques.

LEGAL INFORMATION

- **3 virtual, legal webinars** were organized in partnership with the McGill Legal Information Clinic.
- The webinars were offered to le Centre de femmes solidaires et engagées and John F. Kennedy high school. 26 youth and 6 women participated.
- The topics covered included: housing rights, employment rights and residential leases.
- **2 virtual 'lunch and learn' sessions** were organized where REISA showcased previously-recorded Éducaloi webinars on the topics of rent increases and working from home.
- REISA participated in **2 legal webinars** animated by Éducaloi.
- REISA shared legal information via Facebook, telephone and email inquiries from the community. REISA published **13 legal posts on Facebook and 4 on Instagram**.
- Potential partnerships are explored for the upcoming year.

Thank you to our funders and partners!



Health Canada
Santé Canada



Secrétariat aux relations
avec les Québécois
d'expression anglaise

Québec



Centre intégré
universitaire de santé
et de services sociaux
du Nord-de-
l'île-de-Montréal

Québec

Centre intégré
universitaire de santé
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du Centre-Sud-
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Québec

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de la Montérégie-Ouest

Québec



Thank you to our funders and partners!

