



VOLUNTEER WITH THE YELLOW DOOR GENERATIONS PROGRAM

The Yellow Door, a non-profit organization running intergenerational programs for the community, is always looking to add volunteers to our Generations Program.

CONTEXT

Seniors who wish to become a member of the YD Generations Program and receive free services, must be at least 55 years old and live within our neighborhood. Many seniors in our area are socially isolated, depressed, and have experienced some loss of autonomy- meaning they cannot do the things they once did on their own. The Generations Program aims to help alleviate these issues. We set up face-to-face meetings with all new members in order to assess their needs- we then search for a volunteer who will be a good match- and pair the two up! For over 45 years we have been able to reach out to and help seniors in our area because of the generosity of dedicated volunteers.

VOLUNTEER SERVICES OFFERED

Our volunteers offer a number of services to our members, including:

- *Friendly Visits* - meeting a senior you are matched with, once per week, in their home to share a cup of tea & a friendly conversation
- *Accompaniments* - offering support to a senior getting to and from appointments or other obligations
- *Friendly Errands* - running errands for a senior who is not able to leave their home
- *Tech Help* - understanding the seniors questions & teaching them how to be technological proficient
- *Friendly calls* - coming into the YD office to call isolated seniors, once per week, for a friendly chat

VOLUNTEER REQUIREMENTS

- Commit to 2+ hours per week over at least a 4 month period
- Pass a SPVM background check (must be 18 years of age; only applies to Friendly Visits service)
- Initial 1 hour meeting with program coordinator to assess your interests/skills
- Ongoing training as offered.

**If interested, or if you have any questions, please contact
Melissa, YD Volunteer Coordinator, at outreach@yellowdoor.org.**

**For more information about the YD please visit our website
WWW.YELLOWDOOR.ORG**