

Theme:



*** FALL CONFERENCE ***

Saturday, October 20, 2001

From 8:00 a.m. – 3:30 p.m.

at

Royal Vale High School

5851 Somerled Avenue

NDG (in Montreal)

Please invite your parents, Governing Board, teachers, Administrators, school board members and community leaders to attend.

In order to provide adequate space for workshops and the luncheon,
PLEASE REGISTER AS SOON AS POSSIBLE.

For further information, please call the QFHSA office (514)481-5619; fax 481-5610; e-mail qfhsa@total.net, or write QFHSA, 3285 Cavendish Blvd., Ste 560, Montreal, H4B 2L9.

EVERYONE IS WELCOME

Highway 40

Somerled Avenue does not run through to Decarie Blvd.
Cavendish Blvd. does not run through to Highway 40.

Cote St Luc Road

To reach Royal Vale by bus, take the 102 from
the Vendome Metro Station. It stops at the
corner of Draper & Somerled.

Draper Avenue

Use Draper Avenue entrance. [auditorium]

parking

5851

Auditorium

Somerled Avenue

Monkland Avenue

Royal Avenue

Sherbrooke Street West

If you are coming from the West Island on Highway 20, take
Exit 64 [sign says: 138 est, rue St Jacques, boul. Angrignon] and
follow St Jacques to Cavendish Blvd. [Rose Bowl Lanes will be on
your right].

rue St Jacques

Cavendish Blvd.

Decarie Blvd.

Decarie Blvd.

Highway 13

Highway 20

2001 FALL CONFERENCE PROGRAM

Saturday, October 20, 2001

Partnering for Safe & Caring Schools

8:00 am REGISTRATION/ DISPLAYERS (coffee/juice available)
8:30 - 9:15 am IT'S ABOUT US - President's Address & meet your Board of Directors
9:15 - 10:00 am PLENARY SESSION - Keynote speaker: **Jeffrey Derevensky, Ph.D.**

"Parenting In The New Millennium: New Issues, Problems, and Solutions"

In this the 21st century, parents are constantly facing many new issues as well as age-old challenges. Dr. Derevensky will present us with effective techniques for making parenting easier, more enjoyable, rewarding, and more 'survivable'.

10:00 - 10:30 am NUTRITION BREAK and DISPLAYS

10:30 - 11:45 am SESSION I – LEADERSHIP WORKSHOPS

1) Working Together in Your School

Governing Board, Administrators, Home & School, PPO, Teachers & Parents all need to get along and to work as a team for their school. A panel discussion amongst the main players will help you to work better in your school.

Panel: **Maria De Wolfe**, Principal at Cecil Newman Elementary School; **Joan Parker**, Past President of Lindsay Place High Home & School and member of their Governing Board; **Cindy Karnofsky**, Past President Thorndale Home & School and member of their PPO.

Moderator: **Brian Rock**, Principal, Bajie Comeau Elementary & High School

2) Bullying: Helping All Kids Feel Safe at School

Whether your child is a victim, bully or a bystander – bullying affects them all. The combined efforts of parents and schools can make a difference in changing the culture of the school, so that kids are free to develop to their full potential.

Workshop leader: **Deb Kellman**, AMCAL Family Services, Coordinator of Program Development & Training

3) Ground Rules make Life Easier

By-laws, clear agendas, well run meetings plus a large dose of commonsense are essential to a healthy Home & School Association. Set the ground rules now to avoid problems later.

Workshop leader: **Ann Cumyn**, Vice-Chairman, Lester B. Pearson School Board

4) Time management and Multi-tasking

Learn now to use time as effectively as possible while managing career, family and volunteer activities. And learn how to say no!

Workshop leader: **Pat Bigney**, Adult Education teacher and Business Consultant

5) Resolutions – Your Voice can be heard!

How to take a concern and turn it into a resolution to take to the Annual General Meeting.

You can help effect change. **You** can make a difference!

Workshop leaders: **Helen Koeppe and Ida Duc**, QFHSA Directors

12:00 - 12:30 pm SESSION II - REGIONAL COUNCIL SHARING - auditorium

Regional Councils are a forum for Home and School leaders who come together to share ideas, issues and concerns about their schools and school boards. Learn and share how different Councils are making it happen!

12:45 - 1:45 pm LUNCH (in the cafeteria) and a last chance to visit the DISPLAYS

1:45 - 3:30 pm SESSION III - PARENTING WORKSHOPS

6) Parental Advocacy

How often have you or your child been challenged with an issue in his/her schooling that you have not been able to resolve satisfactorily? To whom do you turn? Where do you go, to ask for guidance to work your way through the system? What is the proper procedure? The QFHSA Parental Advocacy Program will teach parents how to advocate on behalf of their children and students how to advocate on their own behalf.

Workshop leader: **Norma Stirling**, QFHSA Advocacy Program

7) Born to Read/Readers are Leaders/School Libraries

Just as good food builds strong bodies, good books build strong minds. Join in a hands-on workshop to make reading and reading resources a fun-filled experience.

Special feature – Is your school library equipped to meet the demands of the new curriculum?

Workshop leaders: **Marion Daigle**, QFHSA Literacy resource, and **Silvija Ulmanis**, Past President Meadowbrook Home & School. Meadowbrook is a pilot school for the new curriculum.

8) Keeping Kids Fit BILINGUAL PRESENTATION

Motivating children and keeping them interested in their activities can be a challenging task. We will discuss the various benefits of activity, pertinent motivating strategies that take into account the physical and cognitive developments of children, and ideas to provide a fun and safe environment.

Workshop leader: **Carlo Galli**, Physiotherapist, Montreal Children's Hospital

9) St Dorothy School: Tomorrow's School Today

Last year St Dorothy Elementary School was featured four times in a PBS series on innovative schools. This inner city Montreal school has made *forging partnerships* – with industry, the universities and with parents and the local community – the key element in developing a vibrant community of learners.

Workshop leaders: **Dominic Furfaro**, Principal of St Dorothy School, and **Kevin O'Donnell**, Télé-Québec, English Language Services.

10) Peace Pals Program

An innovative concept that teaches children how to act as peace makers; how to actively listen to others, maintain confidentiality and mediate solutions to problems.

Workshop leaders: **Lynn Thompson**, teacher, P E Trudeau and **Diana Jackson**, teacher, Dorset. Both teachers are past *Lewis Peace Prize* winners at our AGMs.

3:30 pm EVALUATION DRAW

Win a book for your school's library by handing in your evaluation sheet!
Hope you've had a great day!



QFHSA 2001 FALL CONFERENCE, October 20, 2001

EXPENSE GUIDELINES

Out-of-Town Delegates

DEADLINE for Accommodation Request - Friday, September 28, 2001

TRAVEL - Either car/bus/air/train - use the most economical means available.
NO REIMBURSEMENTS WITHOUT ORIGINAL RECEIPTS.

CAR: Allowance - 20¢/km or actual gas receipts, whichever is the lesser amount.

Local Ground Transportation: \$30. max. with receipts, e.g. taxi/bus to or from terminus.

Air: Travel must be authorized by QFHSA office beforehand. Fax/Call (see below).

Train: Includes economy sleeping arrangements, e.g. berth.

Please make air/train reservations at least three (3) weeks in advance to obtain best rates.

ACCOMMODATION - QFHSA will arrange billets with friendly Home & Schoolers. (see Request Form opposite page) if possible, or in a nearby Motel/Hotel.

MEALS - WHILE TRAVELLING - Daily allowance - \$45 maximum, with receipts.
Breakfast - up to \$8; Lunch - up to \$13; Dinner - up to \$24. Wine and alcoholic beverages excluded.

Conference Fee for Saturday, October 20 is at YOUR Association's expense, as per price shown on REGISTRATION FORM. QFHSA recommends that local Home & School Associations budget to help pay this expense for their delegates. It helps to say thank you for representing your association's membership and for volunteering time, talent and expertise on behalf of the association.

BABY SITTING - expenses are NOT covered by QFHSA. Can your local association assist your delegates?

Questions? FAX QFHSA offices (514) 481-5610, or E-MAIL qfhsa@total.net, or CALL collect, if necessary: (514) 481-5619.



QFHSA 2001 FALL CONFERENCE

October 20, 2001

**REQUEST FOR ACCOMMODATIONS FORM
OUT-OF-TOWN DELEGATES**

(One form for each delegate)

DEADLINE: Friday, September 28, 2001

FAX: QFHSA Offices: 514-481-5610/e-mail: qfhsa@total.net

or

MAIL: QFHSA
3285 Cavendish Blvd., Suite 560
Montreal, Quebec H4B 2L9

Name of Delegate: _____

Name of Association: _____

Tel/Fax of Delegate: _____

ACCOMMODATION NEEDED: Friday, October 19 _____
Saturday, October 20 _____

Smoking _____ Non-smoking _____

Please see left side for Guidelines for Out-of-Town Expenses
Photocopy and retain in your local association file.

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS, INC.

FALL CONFERENCE REGISTRATION FORM

Saturday, October 20/2001

Please fill in one registration form for each person attending.

School/Organization: _____

Delegate's Name: _____ Phone No. _____

Saturday, Oct 20, Fall Conference Workshops

Workshops will be assigned on a first come, first served, basis. Max. 30/workshop.

		<u>First Choice</u>	<u>Second Choice</u>
10:30-11:45	Session I Workshops		
	1) Working Together	_____	_____
	2) Bullying	_____	_____
	3) Ground Rules	_____	_____
	4) Time Management	_____	_____
	5) Resolutions	_____	_____
12:00-12:30	Session II Regional Council Sharing in the auditorium - for all		
12:45- 1:45	Lunch	_____	
1:45- 3:30	Session III Workshops		
	6) Parental Advocacy	_____	_____
	7) Readers are Leaders/School Libraries	_____	_____
	8) Keeping Kids Fit	_____	_____
	9) Tomorrow's School Today	_____	_____
	10) Peace Pals Program	_____	_____

Registration Fees: Indicate as appropriate.

Fall Conference - prior to Oct. 12 @ \$20. _____

Fall Conference - late registration - after Oct. 12
Home & Schoolers, Group Affiliates, non-H&Sers @ \$25. _____

Enclose cheque, with Registration Form, payable to QFHSA, Inc.
3285 Cavendish Blvd., Ste 560, Montreal, H4B 2L9. Tel.(514)481-5619; fax 481-5610

(File:FCReg Form 2001)

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