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Press Release: Tango Dancing with Mireille & Friends on We're All In This Together, the Web Series for Seniors

We are proud to announce that **We're All In This Together has been extended to October!** We are very excited to be able to bring you a few more episodes of our web-series and hope you are enjoying what we have done so far!

Join us for **Tango Dancing with Mireille & Friends on Friday, August 13 at 6pm!** From the origins of tango culture and health benefits to the rhythmic walking of a social Milonga, instructor Mireille Painchaud of Studio Tango Montréal demystifies the intriguing world of tango. She also gives us a window into her private lesson with Anne and Neal, who share a heartwarming love story about how tango transformed their relationship and brings great joy to their daily lives! To watch a promotional clip of our next episode, [click here!](#)

We're All In This Together is a collaboration between the **English Language Arts Network** and **Seniors Action Quebec**, and a community initiative to reach Quebec's English-speaking seniors. This one-of-a-kind web-series has been designed by seniors, especially for seniors. Each **bi-weekly episode** is directed by Montreal-based, award-winning filmmaker Bobbi Jo Hart and features entertainment, activities and conversations **designed to connect with those in need of support and empathy... with a gentle reminder that we are, indeed, all in this together.** Episodes released so far can easily be found on [YouTube](#) (Search key words "We're All In This Together Senior Web Series") and [Facebook](#) (Search "WereAllInThisTogetherQuebec"), and are available for anyone to enjoy.

This is also a great opportunity to take a moment to assure that the seniors around you are able to access the internet, so that they are able to take advantage of all the online resources available to them.

CONTACT

Publicist

Sarah G. LaForce

ABOUT

Seniors Action Quebec works to maintain and enhance the vitality of English-speaking Quebec seniors. All efforts will identify and address challenges and issues to promote a healthy and active lifestyle for English-speaking seniors.

The English Language Arts Network (ELAN) is a meeting place for English-language artists and cultural workers of all disciplines from every region of Quebec, where they can share expertise and resources, build audiences and alliances, seek support, advocate for their interests, and make common cause with the Francophone arts community.