COASTERS ASSOCIATION INC.



<mark>A RE</mark>PORT ON



DRUG STRATEGY AND CONTROLLED SUBSTANCE PROGRAM BY HEALTH CANADA

June 2006

Table of Contents

Table of Conter	nts1				
Acknowledgem	Acknowledgements				
Introduction	5				
Summary of Ac	tivities7				
Operational Fra	mework9				
Implementation	Plan11				
Results of Infor	mation Session				
Adult Volunteer	r Training Session15				
Youth Engagem	nent				
Conclusion					
Recommendation	ons				
Annexes					
II. C III. S IV. N V. I	Work Plan.27Community Organizations & Groups.29Steering Committee Members.31Members of the TRIPP committee.33Lower North Shore Coalition for Health.35Listing of Prevention Programs.39				

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A huge thank you to our partners, Centre de Sante et de Services Sociaux de la Basse Cote Nord (CSSSBCN), Surete du Quebec (SQ) and Commission Scolaire du Littoral (CSL), Parents Committee (PC), their assistance have gone a long way in ensuring the success of this project.

We want to extend a special thank you to:

- Jose Driscoll Coordinator for carrying out the activities of this project and drafting the report;
- Cornella Maurice Executive Director for directing the project and finalizing the report;
- Hugh Maynard Consultant\Evaluator for his on-going support throughout the project, and for helping to complete the report;
- Stephanie Maynard Resource Person for assisting with the Information Session in St. Augustine, and helping to complete the report;
- Lenora Keats Office Manager, for assisting with the design of the cover page, inserting of material to the report, and its distribution.

The Steering Committee members (ie: Cornella Maurice, Johanne Beaudoin, Wanda Beaudoin), and Cathy Chenier – Resource person, deserves a special mention for their guidance and support throughout the project.

Public Security for the donation of the Youth Centre to the municipality in St-Augustine, and Public Works Canada for their contribution of six (6) computers for the youth center, they both must be given recognition. Their continuous support to the Coasters Association, enabling us to operate in a more efficient manner, is much appreciated.

Furthermore, a special word of thanks to Francoise Lavoie of Health Canada, without her support and the financial contribution of Health Canada the initial steps and the setting up of the pilot project of the Community Against Drugs (CAD) program in the Municipality of St. Augustine would not have been possible.

The staff for their continuous support and the Board of Directors of the Coasters Association must be acknowledged for recognizing the important of this initiative.

Introduction

The Coasters Association held a consultation in April, 2004, with representatives from various organizations on the Lower North Shore. There were several workshops held, one was regarding drugs and alcohol. The participants believed that with the increase of drug use in the communities on the Lower North Shore a practical drug prevention program was vital.

Following the consultation, numerous programs were researched, and after reviewing several programs related to drugs, the project Coordinator established a program, called "Community Against Drugs".

The Coasters Association submitted a proposal and received a project from Health Canada, under the Drug Strategy and Controlled Substance Program, from January 9th to March 31st, 2006 (12 weeks), to set-up a pilot project in the Municipality of St. Augustine.

The objectives of the project were to decrease drug use in public establishments, build awareness amongst the youth and parents, create partnerships between local and regional organizations and build a strategic approach to socially unacceptable drug use in a public setting.

Through this project (Phase I), a partnership was formed with the TRIPP committee (Table regionale intersectoriele sur la promotion, la prevention et les services en milieu scolaire), to develop a framework for the program, a volunteer training session and an implementation plan for the Phase II & III of the CAD program. We have also formed a partnership with the Lower North Shore Coalition for Health for Phase II of this program.

One of the Coasters Association largest dossiers is dealing with Health and Social Services. The organization has been working to improve and reach a solution regarding the drugs and alcohol problems since its inception in 1989. This project came at an ideal time to define a well developed program to resolve the situation, which is at its worst on the Lower North Shore.

This report provided a compilation of all the data researched, conclusions and recommendations for moving forward in Phase II.

Summary of Activities

The following report describes the activities that were carried out for the development of the program "Community Against Drugs" (CAD.

A work plan and a schedule of activities were developed in partnership with the CSSSBCN. Became familiar with the Voices and Choices program, being implemented in the schools along the Lower North Shore by the H. & S.S. Development Agent, and the mandate and objectives of the TRIPP Committee (Table for Promotion, Prevention and Services in the Schools).

A list of community organizations and groups was developed; the organizations and groups were invited to an information session and advised of the CAD program.

The community leaders were also solicited to participate in the development of training session for the CAD program, which will take place in Phase II of the program.

A meeting was held with the Municipality of St. Augustine to verify ownership of the building for the youth center, and approached for their support of this program. The Centre Jeunesse de St. Augustine received a letter from the Municipality confirming that the building donated by Public Security will be given to the Board of Directors to be used solely for the youth centre.

A business plan for the youth centre is being prepared to present to the local Caisse Populaire for a donation from the Community Fund, and the plan will also be forwarded to the Centre Local de Developpement for finances to purchase material and equipment to complete the building.

Researched funds to relocate and purchase material for the building, and researched prevention programs and the cost. Letters were written to a number of organizations to obtain information to assist with this project.

Six computers were donated by Industry Canada for the center; in addition, one printer was purchased through the CAD project and two drug prevention programs were purchased (ie: one for Pre-k to grade 5, the other one grade 6 to Secondary 5).

Contacted partners (CSSSBCN, SQ & CSL) to obtain a list of prevention programs or measures already established and developed a program to train key volunteers.

Planned and organized the Information Session and established a steering committee for Phase II of the project.

Operational Framework

Steering Committee

The operational framework for the St-Augustine CAD program will be anchored by a steering committee composed of community and organizational representatives (See Annex II), and new member organizations will also be approached and welcomed. The role of the steering committee will be to work with the CAD program coordinator to provide:

- strategic orientation for the pilot project;
- guidance for the implementation of the program;
- assist with problem resolution, and
- direction for seeking and securing resource assistance (financial, human, material)

Volunteer Leaders

The steering committee will be complemented by a group of volunteer leaders who will have participated in the adult training workshop and act as the main point of outreach, supported by the project coordinator, to the local action groups (LAGs). The main role of the volunteer leaders will be to assist the LAGs in the implementation of the prevention program (awareness of drugs and drug abuse), as well as to help determine how each LAG can contribute toward the principle strategic orientations of the project: building capacity toward a community standard and youth engagement.

Individuals

Even though the main point of outreach for the project will be the LAGs, the steering committee and the volunteer leaders will also work together to address the issue of engaging individual members of the community in the project goals, in particular those individuals who are not usually involved or who are unlikely to participate in group activities.

Implementation Plan

Strategy

The three principle strategic orientations of the pilot project will be:

- 1. Awareness of drugs and drug abuse
- 2. Minimizing public and inappropriate consumption of drugs and alcohol
- 3. Initiate preventative measures through youth engagement

These strategic orientations will be implemented through:

- 1. Local Action Groups (LAGs)
- **2.** TRIPP Committee
- 3. Youth Centre

Local Action Groups (LAGs)

The LAGs are already established community organizations and institutions that are prepared to work with the volunteer leaders trained by the project to assist in achieving the projects goal. The LAGs are active community players and range from the school to the recreation association to the Junior Rangers program. Each would be involved in program delivery at a level that complements their already existing activities.

One or more volunteer leaders will engage with each LAG to assist them in determining how best they can contribute to the project's goals through their existing programs. The LAGs, in turn, will work with their members/leaders/clientele/participants to bring forward the program elements of the project in order to raise awareness, build capacity and engage youth in the area of drug prevention.

TRIPP Committee

The Table Regional Intersectorelle sur la prevention et la promotion de la Sante en milieu scolaire (TRIPP) is a regional body which includes Centre de Sante et de Servcies Sociaux de la Basse Côte-Nord CSBCN), Surete du Quebec (SQ), Commission Scolaire du Littoral (CSL), Coasters Association (CA), Youth Protection (YP) Parents Commitee (PC), Centre de CANAL, and other off-coast H.& S.S. networks, and community partners such as the Council of Mayors will be invited to join the committee. The Steering committee in St-Augustine will provide one-stop shopping for partnering with the institutional structures in the region. Given that the TRIPP has no formal (joint) drug prevention program established for the region, the pilot project will provide these institutional players an active outlet for starting a program delivery at the community level.

The main role of the TRIPP will be to work in a supporting role for the project's steering committee, and to act as a resource for program and material contributions, as well as a liaison with other regional and provincial stakeholders.

Youth Centre

While the Youth Centre will serve as a general facility for the offer of youth-oriented activities in the St-Augustine community, it will also act as:

- A draw point for youth not engaged in community-sponsored activities outside of school (and therefore not necessarily reached by one of the LAGs);
- An anchor for the project and its program activities, and as a resource point for the LAGs for program materials and support;
- A training program for youth to prepare for peer-to-peer prevention activities.

Results of the Information Session

Introduction

At the "Community Against Drugs" information session held in St-Augustine on March 29, 2006, the participants (approximately 29) in the discussion session expressed the need for adult support in identifying drugs (as there are many new drugs on the market and they no longer know what they look like) as well how to identify that someone has an addiction or is becoming addicted. There were also concerns that there is a permissive community standard in place that allows for underage drinking, and drug consumption at public gatherings and in public places; as adults they are at a loss for how to intervene in order to change the prevailing permissive attitude towards drugs and alcohol so that they can minimize the inappropriate* public consumption of drugs and alcohol.

The initial meeting in St-Augustine was attended by concerned parents and members of local organizations who raised a lot of concern about youth substance abuse; however there were no youth involved to express their opinion, potential solutions or plan of action. The most effective approaches are those based on community involvement that develop solutions responding to local conditions, populations, and culture which differ from one part of the country to another – programs that work for downtown Montreal may not be as effective in the Lower North Shore. In this context, there is a need to develop the capacity among the adults to engage youth in decision-making, community development, and substance abuse prevention. Young people have ideas and solutions to propose and if they are given the chance to be heard and to work, their contribution can be significant. Participation can provide young people with a sense of purpose and direction, leading them to feeling more connected to the activities and the mission of the program. Young people are usually much more effective than adults in communicating prevention messages to other young people because they share similar experiences and use similar language, and their interactions are often more authentic than those of adults. Within this context, adults can play an important supporting role.

There is also a need to develop the capacity in young people to become involved. Developing confidence in their ideas, encouraging them to take action and helping them better understand how to work with adults. Creating positive youth and adult partnerships will lead to a more globally inclusive program for substance abuse prevention by ensuring it meets the needs of the entire community.

^{*} Inappropriate refers to the consumption of drugs or alcohol that is not suitable for the particular public setting; this may be due to the presence of young children, for example, or excessive consumption leading to other anti-social behaviour. It could, but does not necessarily, refer to the legality of consumption, with the emphasis being on social acceptability (as the basis of the Community Standard.)

Adult Volunteer Training Session

The proposed approach to offering an Adult Volunteer Training Session as part of the pilot CAD project in St-Augustine would involve:

- Awareness technical information on identifying drugs and addiction behaviour;
- Building capacity developing organizational and individual abilities to deal with the inappropriate public consumption of drugs and alcohol;
- Youth engagement strategies to involve youth in drug prevention activities

Awareness

Identifying Drugs

The identification of illegal drugs is one of the first steps to eliminate drug trafficking and use. Visuals (pictures) and descriptive information on illegal drugs and drug paraphernalia will be used to help adults identify the following illegal drugs:

- Marihuana
- Cocaine
- Ecstasy
- Methamphetamine
- Pharmaceutical Depressants
- Gamma Hydroxy Butyrate
- Ketamine
- Rohypnol
- Pharmaceutical Opiates
- LSD
- PCP
- Mushrooms
- Heroin
- Inhalants

Identifying Abuse

Different drugs produce different effects resulting in slight variations in outward indications. Some signs and symptoms are specific to opiates and narcotics and distinct from those experienced with Central Nervous Stimulants like Cocaine or depressants like alcohol. Learning to identify substance abuse based on social behaviours, and physiological symptoms will be a step towards prevention.

Building Capacity

Community Standards

Developing a Community Standard related to drug and alcohol consumption in public spaces can be an effective first step to address emerging situations of abuse and to develop a communitylead prevention program. It is an opportunity for community members to create the standards of how they want to be as a community and a basis for interaction within the community that they want to live by and strive for, which is particularly important given the lack of regular policing and other institutional social intervention mechanisms. It also provides a means for community members to express their needs and creates an empowering and inclusive community setting as well as ownership and accountability for what happens in the community.

This workshop session will help participants to set a goal for minimizing the inappropriate public use of drugs and alcohol by:

Identifying and prioritizing

The participants will determine which public spaces tend to lend themselves to drug or alcohol abuse and prioritize them in terms of requiring a response.

Approach

Participants will examine the different approaches that can be taken to addressing drug and alcohol abuse in the identified public spaces, in particular strategies to working with involved organizations and institutions to implement preventative measures. For example, how to approach and work with the organizers of a hockey tournament to implement measures that will help prevent under age hockey players being given access to beer during celebrations, or to deal with the person in the washroom smoking a joint.

Skills and tactics

Participants will learn how to prepare and present their case for a higher community standard, with regard to public consumption, to potential partners and local action groups, and tactics they can employ to achieve its implementation that avoid conflict and enforcement measures that transgress the jurisdiction of other authorities.

Youth Engagement

Communities can benefit greatly from the energy and fresh ideas of young people. Many communities are not used to giving young people important roles and they often feel left out. But youth are not just leaders of tomorrow, they are leaders today. Their opinions, experience, and skills can improve the community now – if they are included.

There are many benefits to youth engagement, here some of those benefits:

Benefits to Community

- Youth supporting youth
- Enriched community resources
- Increased dedication and commitment to the community
- Shared community vision
- Youth making healthy choices
- Youth-initiated activity
- Genuine youth inclusion
- Healthy youth-adult partnerships
- Increased energy to deal with community problems

Benefits for Youth

- Living true to values
- Developing self-worth
- Enhanced self-confidence
- Increased ability to work with adults
- Taking initiative
- Making healthy choices
- Acting for the good of others

Adult Training

There are several components to a Youth Engagement session in which adults may require training in order to develop their capacity to fully involve youth. The following workshops would address these different aspects:

Overcoming youth stereotypes

Adults become more conscious of possible stereotypes, and actively challenge their preconceptions about young people. They get to know young people. They discover youths' skills, knowledge, experiences and dreams.

How to empower youth

How to commit the necessary human and financial resources to youth members and how to allow them to play meaningful roles. This may involve giving up some control in order to balance the distribution of power between youth and adults. How to create opportunities for youth to work together to avoid individuals felling isolated.

How to support youth involvement

Providing young people with dedicated and supportive mentors and staff. Continually reflecting on the involvement of young people and identifying ways to be more youth inclusive. Making sure decision-makers take youths' suggestions seriously and act on them.

Establishing a youth-friendly culture

Establishing an environment within decision-making bodies, that makes both youth and adults feel comfortable. Insist on jargon-free language. Make meeting locations informal so that young people feel less intimidated.

How to benefit from the youth's action oriented approach

Youth like to take action and get stuff done, but get frustrated with process and structure. How to making issues and processes relevant and transparent to youth to help reduce that frustration. Provide youth with feedback on ideas and projects so that they feel satisfied with their efforts. Clearly explain the reasons for processes, acknowledge small successes.

Community asset mapping

Focus on strengths, potential and possibilities. How to increase the capacity of individuals, organizations and the community by identifying resources or gifts they already have – including their knowledge and life experience – and building on that. How to use local skills and existing resources to find and create solutions, rather than relying on outside "expertise" to fix problems. This approach nurtures for healthy, strong, vitally active, inclusive and sustainability to grow and develop individuals and the community as a whole.

Youth Training

In order for youth to be fully engaged, they have to develop the capacity to take on roles that require more responsibility, self-confidence, leadership, team-work and number of other skills. In order for youth to work in a nurturing relationship with adults they need to develop an understanding of what concerns and needs adults have as well as structures and processes that they function within. Through the following workshops, youth will learn that they can play an effective role in the community. They will gain confidence in working with adults to solve problems and develop leadership skills to help carry out solutions.

Youth Inclusion

Learning what youth inclusion means and the wide spectrum of options for youth involvement. Learning how they can benefit from being involved and how they can make a difference.

Team-Building

Helping young people feel part of a team or community. Developing an environment of mutual support and acceptance. A collective voice and strength inspires them to take on challenges and face risks that they might avoid if acting alone.

Leadership Development

Through interactive, hands-on activities, youth are challenged to push their limits, using leadership, communication and problem-solving skills. Engaging in real-life experiences that challenge youth to step outside their comfort zone to learn and grow.

Conclusion

Fourteen (14) local action groups (LAGs) were established in the data base, each group consisting of five (5) to seven (7) members, and twenty nine (29) members were mobilized and informed of the CAD program. A steering committee of five (5) members was established.

The local organizations and groups that attended the Information Session stated that they would support the members of the steering committee (See Annex III) with the implementation of the CAD program. Full support was received from the partners involved in the development of the program, and are prepared to assist with its implementation.

It was also stated that the parents, youth, and community individuals have to become involved. It is believed that involvement, motivation and support of the partners and community members will diminish if the program is interrupted for a period of time. It is believed by the Municipality of St. Augustine that for the first time their community is moving forward with regards to drug prevention and abuse, and if the CAD program is terminated at this time, all the work carried out in Phase I will be delayed for years.

An operational framework and implementation plan were completed and will be used by the steering committee, and the members of the TRIPP committee (See Annex IV), to ensure that the activities of Phase II are carried out.

Public Security has donated the building to the Municipality, and a written confirmation of the building for the youth centre was received from the Municipality of St. Augustine. Two drug prevention programs and a printer were purchased through the CAD project, (See Annex VI) to assist the youth center. A business plan for the youth center is in the process of being completed by the Centre Jeunesse de Saint Augustine, the anticipated opening date for the youth center is September, 2006.

Furthermore it was expressed by the participants that it is vital to develop an Adult Volunteer Training Program to build awareness, build capacity, engage youth, and educate the population to decrease the social acceptance of drug use in the community. The youth will truly benefit from this program. Also, this initiative will be shared with other municipalities; therefore, benefiting the entire population of the Lower North Shore.

It must be noted that due to the Phase I of this project, the Coordinator assisted an individual in seeking help regarding drug use, and provided consequences of the situation to others. Also, another Lower North Shore community approached the Coasters Association for assistance regarding drug abuse in their community, and was looking forward to the implementation of the CAD program in their community. This is a very successful ending, due to the fact that the CAD program was only worked on for three (3) months in one municipality.

Recommendations

The following recommendations are based on the results identified in the needs assessment and desired actions leading to the successful implemented of Phase I of the project.

- 1) That a request for project Phase II be submitted to Health Canada under the Drug Strategy and Controlled Substance Program;
- 2) That the suggestions of the population be incorporated into Phase II planning;
- **3)** That the TRIPP committee serve as the overall governance of the Phase II program;
- 4) That the members of the Steering committee remain in place to assist with the carrying out of the activities, and that new members be solicited to join the Steering Committee;
- 5) That the Youth Center be established;
- 6) That new partnerships be established (ie: SADC, etc.) for Phase II;
- 7) That coastal partnerships be established for Phase III;
- 8) That the CAD program be implemented in the Municipality of St. Augustine;
- 9) That the CAD program be shared with the four (4) other municipalities.

Annexes

Annex I

Work Plan

Objective	Activity	Time Line	Results
Mobilization of concerned community leaders - there will be 12 local action groups in data base each group consist of 5 to 7 members - 20 to 30 community members will be mobilized	• Develop a list of community organizations and groups	• January, 2006	• Data base established of community organizations and groups
Community organizations and groups informed of the CAD program - data record of participation and evaluation of the	 Advise community organizations and groups of the information session Organize the information Session 	• February, 2006	• Community organizations and groups informed of CAD program
<i>information session</i> Acquisition of building from Municipality	 information Session Correspond and meet with Municipality of St. Augustine to verify ownership of building and land 	 March, 2006 January, 2006 	• Verification of availability and suitability of building and land
Funds acquired to complete building	• Research funds available to complete building , solicit business for donations	• February – March, 2006	• Determination of sources and availability of funds to purchase material to complete building
Framework and implementation plan completed <i>-Reviewed by partners</i> <i>and community leaders</i>	• Contact partners (CSBCN, SQ, & CSL) to obtain a list of preventive programs / measurers already established, what is working and make adjustments if	• January – February, 2006	• Development of an operational framework and implementation plan

	necessary		
	• Present framework and plan to SQ for their support		
Inventory of prevention programs for adolescents, such as; drugs & alcohol, bullying, etc. (purchases some material) - <i>Reviewed by partners</i> <i>and community leaders</i>	• Research prevention programs and the cost	• February, 2006	• Catalogue of prevention programs and the cost
Acceptance of CAD program framework by the TRIPP committee	•Thourgh conference call	• March, 2006	• Approval of CAD program framework
Engagement of local and Regional partners, (20 groups)	• Present CAD program to local and regional groups through information session	• March, 2006	• Local and regional groups involved in the CAD program
Record of volunteer leaders interested in workshop (12 persons)	• Solicit community leaders to participate in the training workshops	• March, 2006	• Catalogue of volunteer leaders interested in participating in training workshops
Inventory of equipment & material needed for youth centre	• Develop a list of material required and the total cost	• February – March, 2006	• Preparation of equipment and material needed for the youth center
Workshop prepared - reviewed by partners and community leaders	• Develop a workshop to train key volunteers	• March, 2006	• Preparation volunteer workshop

- Get acquainted with the "Healthy School Approach"Attend " Tran generational Program"
- Work Closely with the "Youth Centre Corporation"

Annex II

Community Organizations & Groups

Outlined below is the data base of the organizations and groups established in the community of St. Augustine.

MUNICIPALITÈ DE SAINT AUGUSTIN	NATIVE ALLIANCE OF ST. AUGUSTINE
Mayor: Camil Fequet	Contact: Nicky Shattler
Tel: (418) 947 - 2404	Tel: (418) 947 - 2369
Fax: (418) 947 - 2533	
ASSOCIATION DE SPORT	GOVERNING BOARD
Contact: Keith Maurice	Contact: Laurette Gallibois
Tel: (418) 947 - 2660 / 1275	Tel: (418) 947 - 2398
Fax: (418) 947 - 2660	Fax: (418) 947 - 2389
CJAS RADIO STATION COMMITTEE	C.C.C.
Contact: Randy Maurice (President) or	Contact: Leatrice Beaudion
Laurette Gallibois (General Manager)	Tel: (418) 947 - 2222
Tel: (418) 947 - 2239 / 2790	
Fax: (418) 947 - 2664	
JUNIOR RANGERS	TOURISM DEVELOPMENT COMM.
Contact: Greta Gallibois	Contact: Peggy Martin D'Ippolito
Tel: (418) 947 - 2379	Tel: (418) 947 - 2575
Fax: (418) 947 - 2445 / 2670	Fax: (418) 947 - 2575
CENTRE JEUNESSE DE SAINT AUGUSTINE	A.C.W. ST. AUGUSTINE
Contact: Shelly Lavallee	Contact: Alice Lessard
Tel : (418) 947-2638	Tel: (418) 947 - 2217
REGIONAL DEVELOPMENT COUNCIL	S.A.D.C
Contact: Wanda-lee Martin / Linsey Durepos	Contact: Meeka Faucher
Tel: 418-947-1551	Tel: (418) 941-1201
	Fax: (418) 947-2533
C.L.D	CENTRE DE SANTE ET DE SERVICES
Contact: Kim Keats	SOCIAUX DE LA BASSE COTE NORD
Tel: (418) 947-2629	Contact: Cathy Chenier, community organizer
Fax: (418) 947-2533	Tel: (418) 947-2733
	Fax: (418) 947-2665

Annex III

Steering Committee

Outlined below is the list of the members of the steering committee interested in assisting in the developing of the activities of Phase II of the CAD program.

NAME	CATEGORY
Kerri Synard	Parent
	Tel: (418) 947 - 1327
Tracy Boland	Parent
	Tel: (418) 947 - 2569
Nicky Shattler	Parent
	Tel: (418) 947 - 2369
Jason Shattler	Parent
	Tel: (418) 947 - 1471
Coty Driscoll	Youth
	Tel: (418) 941 - 2291
Kim Driscoll	Youth
	Tel: (418) 947 - 2227

The steering committee will establish the support that they will require, and the areas of training required for them to function as a volunteer group.

The steering committee will follow the guidelines of the TRIPP committee. This committee consist of regional organizations (ie: Coasters Association, CSSSBCN, CSL, SQ, CANAL, Youth Protection, Parents Committee), and their objective is to educate and build awareness within the school environment. Their mandate is to develop a plan of action, which includes the promotion and prevention of drug use and abuse.

The steering committee will also partner with and receive guidance and advice from the Lower North Shore Coalition for Health (LNSCH), whose mandate is to improve access to health and social services for the English speaking communities of the Lower North Shore.

Annex IV

Local Members of the Regional Intersectorial Table on Prevention and Promotion of Health and Social Services in the Schools (TRIPP)

Johanne Beaudoin Director of Administration for Coast Programs Centre Santé et de services sociaux de la Basse Côte Nord Tel: 461-2144 Fax: 461-2593 E-mail: johanne beaudoin@ssss.gouv.qc.ca

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Annex V

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Lower North Shore Coalition for Health

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Annex VI

Listing of Prevention Programs

Catalogue Name: Sunburst Visual Media

Page	Catalogue #	Description	Quantity	Price
10	YACA-	DRUGS & ALCOHOL	1	\$ 1 789.95
	364495	Age level: 10 yrs to 14 yrs		
		Send a no-use message that leads pre		
		teens and teens to make healthy		
		personal choices, given youth the tools		
		they need to resist the pressure to use		
		drugs and alcohol.		
		Kit Includes: Facts about drugs,		
		Problem solving, Decision making,		
		Coping with family addiction,		
		Resisting peer pressure		
11	YACA-	DRUGS & ALCOHOL	1	\$ 1 569.95
	354364	Age level: 15 yrs to 18 yrs		
		Helps youth say no to drugs and		
		alcohol. Implement a fact based and		
		life skills program that debunks		
		myths, explores youth attitudes and		
		emphasizes positive decision making.		
		Kit includes: Facts about drugs,		
		Resisting peer pressure, Decision		
		making, Managing stress, Club drugs,		
		Binge drinking / driving drunk,		
		Building healthy relationships, Coping		
		with family addiction.		
93	YACA-	DRUG & ALCOHOL PREVENTION	1 SET	\$ 124.95
	374899	POSTERS (set of 15)		

Sub Total	3 484.85	Shipping Cost 12%	481.00
7%	243.93		15.00
7.5%	279.65		
Total	4 008.43	Grand Total	54,504.43