

December 2022 eBulletin

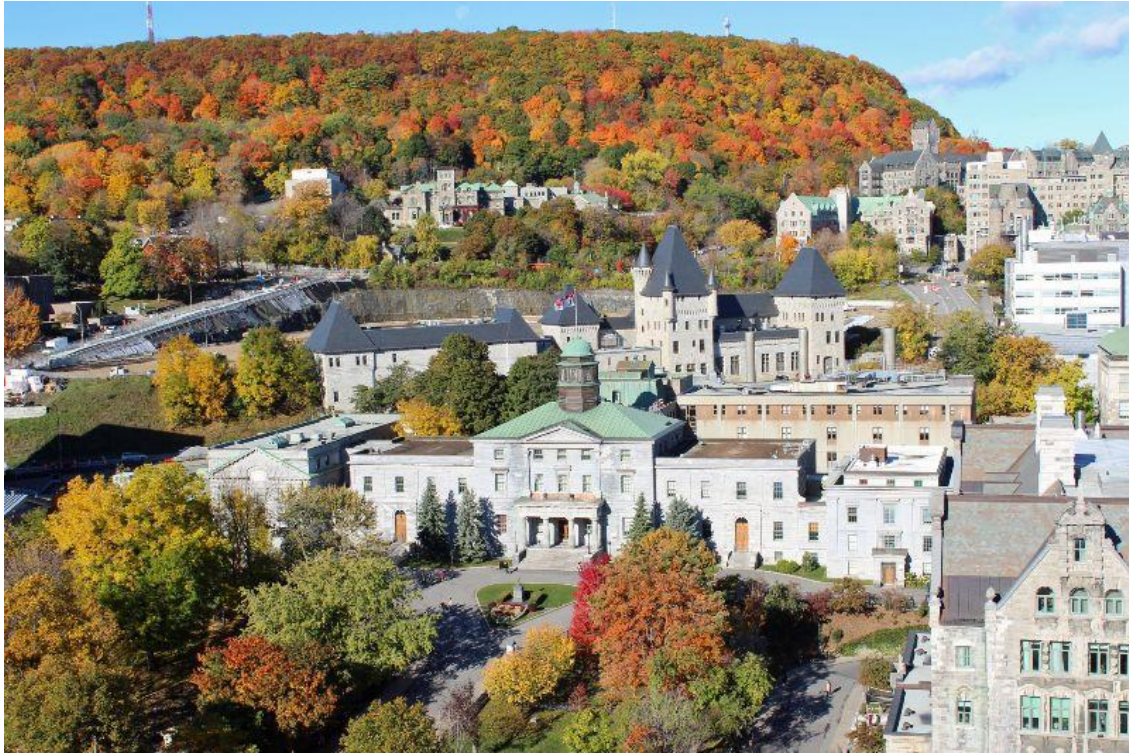


Happy Holidays to All, Enjoy!



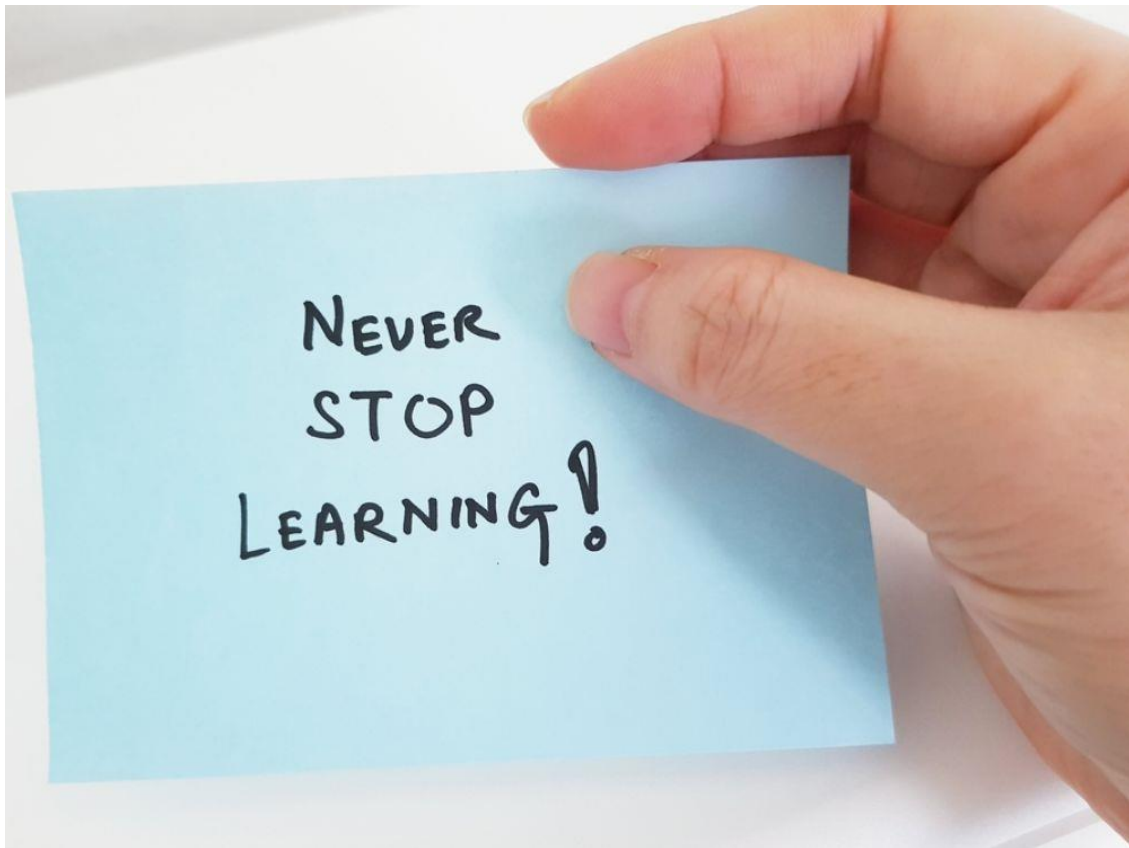
Save the Date! On December 16 at 10 a.m. MCLL's Andrew MacDougall will recreate Charles Dickens reading *A Christmas Carol* in a hybrid presentation. Keep your eye out for the email invitation.

McGill Library and Other MCLL Benefits



MCLL has lots to offer its members such as McGill's amazing library collection. Check it out at <https://libraryguides.mcgill.ca/mcll>. If you have questions about library services, contact April Colosimo at april.colosimo@mcgill.ca. Also see other benefits of being an MCLL member at <https://www.mcgill.ca/mcll/members>.

Lifelong Learners from Across Canada Getting Together - CURAC



MCLL members who are curious about expanding their Zoom horizons this winter can check out the Event Calendar hosted by the Colleges and University Retiree Associations of Canada (CURAC) Later Life Learning Committee at <https://curac.ca/committees/lll-committee/lll-calendar/>. These listings are updated regularly, providing information about upcoming topics and lecturers, and how to register. Many are free of charge and are produced by LLL associations across Canada. MCLL will be posting selected lectures from the Winter term. For more information, contact Peter Roberts at proberts@aei.ca

MCLL Needs You: To Become a Zoom Host

Let's keep enjoying MCLL study groups

Each zoom and hybrid study group needs a zoom host. We need people to volunteer for this essential role at MCLL. Ask any of the hosts and they will tell you how good it feels to be part of what keeps our study groups running. Ask them about the support they get from our zoom trainers and the other hosts.

You will see that what may seem daunting is actually fun and rewarding. So... contact Susan van Gelder susanvg@mac.com to volunteer. You won't regret it.

Physical Activity Study for Seniors Volunteers



Do you want to be more active? The Accessible Computing Technology Research Group of the McGill School of Information Studies is seeking research participants in a study called "Supporting Physical Activity in Later Life" which aims to understand what kinds of support are needed to help older adults living alone to keep moving and remain active. For more information, please see [https://yangmuhe.github.io/research/Call for Participation.pdf](https://yangmuhe.github.io/research/Call_for_Participation.pdf) or contact Muhe Yang at muhe.yang@mail.mcgill.ca.

Volunteers for Study on Image Quality Perception

We are looking for volunteer seniors to take part in our research to help understand how people from different age groups perceive image quality. You will be shown image pairs and told to select the image you prefer. The test location is McGill University McConnell Engineering Building Room 407. The task will take only about 20 minutes to complete. For more information, contact Yinan Wang at yinan.wang2@mail.mcgill.ca or direct message her on Facebook (<https://www.facebook.com/yinan.wang.14418>).

MCLL Liaison with Seniors' Residences for Our Lecture Program

We are looking for someone who can manage our lecture program with seniors' residences in the Montreal area. For more information, please contact Sandra Baines at sandrajbaines@gmail.com. Support and training will be provided.

Tablet Lending Program for MCLL Members



MCLL has a tablet-lending program for any of our members who are in need. To borrow a tablet, just call the office at 514-398-8234. Please note that you need to be a registered member for our Winter 2023 term to benefit from this program. Call us in advance so that we can book an orientation session for you.

Want to Practice Your French?



MCLL has partnered with a community group of seniors from the Plateau (Projet Changement) to offer a conversation exchange service. If you are interested in improving your oral French, we will pair you up with one of their members who want to improve their English. It's an enjoyable way of helping each other out and meeting someone interesting. For more information contact Alain Lessard at convex.mcll@mcgill.ca.

MCLL Office Volunteers Needed



Be sure to check the email sent on 23 November for the position description and where to apply or contact the office at mcll.scs@mcgill.ca for more information.

MCLL Winter Registration Opens on Tuesday, December 6, 2022 at 9 a.m.

To view the study groups and lectures, click on the following links. (These two pages also contain links to instructions on how to register.)

<https://mcgill.ca/mcll/study-groups> and <https://mcgill.ca/mcll/lectures>

Collaboration with MURA (McGill University Retiree Association)

Through our newly forged relationship with MURA, MCLL members are invited to these events and lectures:

The two groups are launching a special **five-part lecture series on Mental Health** in February and March. You can sign up for them tomorrow (Tuesday)

when MCLL registration opens. More information is here: <https://www.mcgill.ca/mcll/lectures>

A **Panel Discussion about Caregiving** from the Perspective of Social Work, a free event at 1 p.m. Dec. 13 via Zoom. Panelists are Pam Orzeck and Zelda Freitas from McGill's School of Social Work. Register here:

<https://www.mcgill.ca/mura-arum/communications-0/communiques>

For **memorable holiday music**: I Medici di McGill Orchestra presents its Holiday Concert on Sunday Dec. 11 at 7:30 p.m. (I Medici was founded by MURA president Ante Padjen, a McGill neuroscientist.) For more information: <https://www.mcgill.ca/mura-arum/communications-0/communiques>

Presentation Skills Workshop for MCLL Lecturers and Study Group Leaders

A workshop for helping ALL of us improve and fine tune presentation skills is being held 14 December at 2 pm. Check with Julie Wait at juliew@sympatico.ca or Sharon Bishin at bishin@videotron.ca for more information on location and Zoom links.

MCLL Indigenous Relations Group Corner

MCLL Indigenous Relations Group is promoting Indigenous content and world views as well as creating opportunities for our members to learn about the Truth and Reconciliation Commission of Canada (TRC) and Indigenous Cultures. See below for upcoming events.

1) The Blanket Exercise - An experiential workshop that explores the nation-to-nation relationship between Indigenous and non-Indigenous peoples in Canada Wed, 7 December 2022, 6:00 PM – 8:00 PM EST at 2100 Rue Guy #205 Montréal, QC H3H 2M8.

Free event entry: <https://www.eventbrite.ca/e/the-blanket-exercise-tickets-470769302657?aff=ebdssbdestsearch>.

2) An Indigenous Rights Approach to Becoming Biodiversity Positive with Five

Indigenous Leaders Wed, 14 December 2022, 7:30 AM – 9:00 AM EST Free In-Person event.

InterContinental Montreal, Sherwood/Stratton Room 360 Rue Saint-Antoine Ouest Montréal,

https://www.eventbrite.com/e/an-indigenous-rights-approach-to-becoming-biodiversity-positive-tickets-464667923267?aff=ebdshpsearchautocomplete&keep_tld=1

3) December streaming entertainment with Indigenous characters and no-dancing reindeer - Three

Pines <https://montrealgazette.com/entertainment/three-pines-is-amazon-prime-series-adapted-from-louise-pennys-novels> Tracy Deer had an influence on all eight episodes, helping to shape how Indigenous culture was portrayed. Note: This is an Amazon Prime free trial.

BÉNÉVOLES FRANCOPHONES RECHERCHÉS

- en partenariat avec l'École d'éducation permanente de McGill
- jumelage avec jeunes adultes inscrits au Certificat de français
- une heure/semaine pendant 8 semaines, fin janvier, début février 2023
- modalités de rencontres (endroit et heure) qui vous conviennent
- expérience enrichissante garantie!
- veuillez communiquer avec Danielle Duhamel à l'adresse suivante mcll.scs.fr@mcgill.ca

*News, opinions and views on any MCLL-related topic are most welcome.
Just contact Robert Foster, the eBulletin editor, at rgfoster@gmail.com.*

McGill Community for Lifelong Learning

McGill University

School of Continuing Studies

514-398-8234

mcll.scs@mcgill.ca

www.mcgill.ca/mcll/



McGill

School of
Continuing Studies

MCLL