



CASA NEWSLETTER

Canada

Issue 006

November 2025

CASA Team at the Unlocking Potential Employability Forum in Montréal

The CASA team attended the Unlocking Potential Employability Forum in Montréal, hosted by the Provincial Employment Roundtable (PERT). The event brought together partners and policymakers to address employment challenges for Québec's English-speaking community. As a PERT member, CASA supports initiatives that help individuals succeed

Employability Support

CASA continues to offer support with job search strategies, access to the hidden job market, specialized programs for those farthest from the job market, and workshops designed to help you grow.

Contact **Cindy Carney**
418-752-5995 ext: 116
cindy@casa-gaspe.com



Allen Richards, Vanessa Walker Plusquellec, Cindy Carney, Tammy Chatterton

Empower Your Future with CELI!

BIG THINGS HAPPEN WHEN PEOPLE COME TOGETHER!

CELI has helped participants become more resilient, productive, and successful – and we're just getting started.

With **35+ community partners** by your side, we'll help you find the tools and opportunities to reach your goals.

Grow with us. Join CELI today!

For additional information please contact Tammy or Vanessa

Tammy Chatterton
418-752-5995 ext. 104
tammy@casa-gaspe.com



Vanessa Plusquellec
418-752-5995 ext. 110
vanessa@casa-gaspe.com

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Supporting Our Seniors, Strengthening Our Community

STAYING CONNECTED WITH



Happy Fall! 🍂

As part of CASA's ongoing commitment to supporting individuals aged 50+ through the ITMAV program (Initiatives de travail de milieu auprès des aînés en situation de vulnérabilité – Community Work Initiatives for Elderly People in Vulnerable Situations), I'd like to remind you that I'm here to help.

I can assist with resources, accompaniment through the health system, and general support. My goal is to foster stronger connections and ensure that every member of our senior community feels valued, supported, and informed about the services available to them.

Please don't hesitate to reach out!

Sally Walker - Outreach Worker

📞 418-752-5995 ext. 118 📱 418-752-0855 (cell) ✉️ sally@casagaspe.com

A VISIT FULL OF INSPIRATION AND LAUGHTER!



Dawn and Kathy from CASA's Senior Wellness Team recently welcomed Arwa from REISA Montreal to our Matapedia and New Carlisle centres!

Arwa got a first-hand look at our activities, workshops, and wellness programs. It was a great chance to share ideas, explore new approaches, and find creative ways to keep seniors active, engaged, and socially connected. There were plenty of laughs and meaningful conversations along the way!

A big thank you to Arwa and the REISA team – we look forward to continuing to grow and learn together.

Interested in joining a Senior Wellness Centre?

Call CASA at 418-752-5995 **Dawn Ext. 114** or **Kathy Ext. 105**.



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Secrétariat aux relations
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Québec

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Recent Activities and Workshops with CASA

SPOOK-TACULAR HALLOWEEN FUN

Bright Beginnings had a wonderful time at Fall Fest in Cascapedia earlier this October! More than 35 children enjoyed carving and decorating creative pumpkins and went home with a storybook to enjoy.

On October 25th, Bright Beginnings, in collaboration with their partners Family Ties, CLC, and the Municipality of New Carlisle hosted their annual Halloween Event.

The spook-tacular gathering drew 128 total participants from 11 municipalities, making it another frightfully fun and successful celebration!



A shining start
for children
ages 0-8

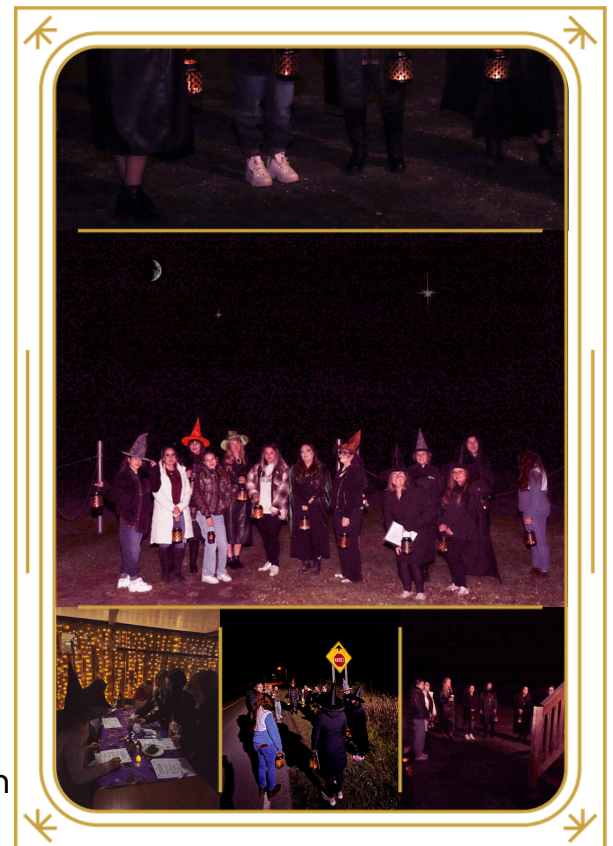
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WITCHES & WARLOCKS LANTERN WALK

Participants gathered under the night sky with Sarah Chicoine - Canadian Certified Counsellor and their lanterns and witch hats, walking together as a symbol of their inner light. The evening included energy readings and oracle cards with Johane St-Onge, and a creative activity where everyone crafted moon jars to set their intentions. The night ended around the fire, releasing what no longer served them. Thank you to everyone who joined and helped make this magical event possible!

Shannon Day- Youth Outreach Worker

418-752-5995 ext: 115 ✉️ shannonday@casa-gaspe.com



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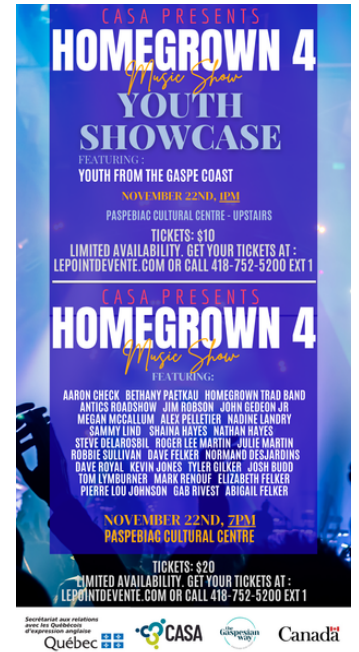
Mark Your Calendar: Upcoming Activities & Events at CASA

LIVE CHRISTMAS SHOWS

Back again this year! CASA is excited to present LIVE Christmas Shows from December 1–5. Enjoy music, holiday-themed skits, and festive greetings from children, seniors, partners and community members alike. Don't miss the holiday cheer!

HOMEGROWN 4 - A CELEBRATION OF LOCAL TALENT!

Join us for an unforgettable day of music, creativity, and community! CASA proudly presents Homegrown 4 on November 22, featuring performances by talented youth and adult artists. The youth show starts at 1 PM, and the adult show begins at 7 PM. Seats are limited, so be sure to reserve your spot and support local talent!



EARLY CHILDHOOD WEEK

Early Childhood Week is coming up November 17–23. You are invited to join Bright Beginnings and Family Ties for a fun-filled activity for kids ages 0–8 on Saturday, November 22 at 9:30am, in the Family Ties Playschool.

PAINT AND CAFÉ CONNECTIONS SENIORS 50+

Creative Afternoon for Seniors (50+) — Fully Booked!
Our November 8 painting event is already full! Thank you to everyone who signed up — we can't wait to enjoy a relaxing and creative afternoon together.
Don't worry if you missed out — this is just one of the many fun activities CASA has planned for seniors. Stay tuned for upcoming events where you can connect, create, and unwind.



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