

Seniors

CENTRE COMMUNAUTAIRE POUR PERSONNES AGEES



Almage Senior Community Centre (Mercier) is the community centre for English-speaking older adults (50+-years), serving hundreds in Eastern Montreal and into the North. Almage offers programs and resources in health promotion, education, recreation, social integration, and an array of support services.

<https://www.almage.org/>

In the community

Toxico-Stop Centre (Montreal-Nord) provides services to adults (18+-years) who are experiencing challenges with addiction. Toxico-Stop is established as a safe and welcoming place for its clientele, with programs delivered within humanistic frameworks.



<https://toxico-stop.com/>



<https://www.scciq.com/>

The Italian-Canadian Community Service of Quebec (SCCIQ) is located in Saint-Léonard, the heart of Montreal's Italian community. SCCIQ provides psychosocial assistance, health promotion, support, and resources for clientele with varied needs and of different demographics.

Centre Leonardo Da Vinci (Saint-Léonard) is the community centre for Eastern Montreal's Italian community, providing sporting and recreational facilities, space for cultural and educational events, and activities for youth and seniors.



<https://cldv.ca/>



The East-Island Network for English-Language Services
Le Réseau de l'Est de l'Île pour les services en anglais



English: an Asset!

Health and social service:
working with English-
speaking communities
Montreal's East and North

Do you want to contribute as a health or social service professional in East or North Montreal? We'd love to talk!

REISA Outreach Coordinator:
info@reisa.ca

Visit us online: reisa.ca

Italian
desserts
from St-
Léonard



**Main REISA office:
Saint-Léonard**

8370 boul. Lacordaire, suite 308
Saint-Léonard (Montreal), QC
H1R 3Y6

Montreal's
north-
eastern
shore



**Satellite office:
Rivière-des-Prairies**

11991 av. Pierre-Baillargeon
Rivière-des-Praries (Montreal), QC
H1E 2E5

St-Laurent
City Hall



**Satellite office:
Saint-Laurent**

750 boul. Marcel-Laurin, suite 120B
Saint-Laurent (Montreal), QC
H4M 2M4



Saint-
Laurent



Green alley
in Villeray

Dialogue McGill



Health
Canada

Santé
Canada

This initiative is funded by Health Canada, and supported by Dialogue McGill at McGill University, under the Action Plan for Official Languages – 2018-2023: Investing in Our Future. The views expressed herein do not necessarily represent the views of Health Canada, McGill University, and Dialogue McGill. Document last updated February 2022.



Dialogue McGill



Health
Canada

Santé
Canada

REISA: Who we are

English-speaking communities make up **over 15%** of Eastern Montreal's population, and **over 21%** of the population of Northern Montreal. More than 150,000 people combined, they include youth, seniors, families, and vulnerable populations who depend on health and social services provided in the official language they can best understand and express themselves with.

REISA - *le Réseau de l'Est de l'Île pour les services en anglais*, or the **East Island Network for English Language Services** - works in collaboration with public, private, and community stakeholders to **increase access to health and social services in English in Montreal's East- and North- ends.**

Welcome to the East and North of Montreal!

Diverse, vibrant, welcoming, and beautiful. The boroughs and communities in Eastern and Northern Montreal are wonderful places to work, live, play...or to just get involved!

Eastern neighbourhoods

- Anjou
- Hochelaga
- Maisonneuve
- Mercier
- Montreal-Est
- Pointe-aux-Trembles
- Rivière-des-Prairies
- Rosemont
- Saint-Léonard

Northern neighbourhoods

- Ahuntsic
- Cartierville
- Montreal-Nord
- Nouveau-Bordeaux
- Parc-Extension
- Petite-Patrie
- Saint-Laurent
- Saint-Michel
- Villieray



Montreal Botanical Garden



Saint-Leonard prehistoric cavern



Circus arts festival in Saint-Michel

Your education opens the door!

REISA supports the training and retention of health and social service professionals in Eastern and Northern Montreal to ensure that services are accessible to these English-speaking minority communities.

We encourage students and graduates to consider working in and contributing to the wellbeing of East- and North-end Montreal . . . where your English is an asset!



Festival in Montreal-Nord

Frédéric-Back Park in Saint-Michel

Mural in Rivière-des-Prairies

Here are some of the CÉGEP- and University-level programs that will prepare you for in-demand health & social service careers:

- Applied Human Sciences
- Child Studies
- Communication Sciences
- Community, Public Affairs, and Policy Studies
- Creative Arts Therapies
- Dietetics and Nutrition
- Early Childhood Education
- Educational & Counselling Psychology
- Nursing
- Physical and Occupational Therapy
- Respiratory & Anesthesia Technology
- Social Service
- Social Work
- Special Care Counselling
- Substance Abuse Counselling



Lester B. Pearson Secondary School in Montreal-Nord

Skating structures at Jarry Park

REISA PARTNERS

Schools and youth



Community Learning Centres <https://www.learnquebec.ca/clc>

An initiative of *Learn Quebec*, Community Learning Centre (CLC) Schools are English-language public schools in Quebec that have programs and resources to support student success and make connections to their communities.

There are currently three CLC Schools in Montreal's East and North: Parkdale Elementary (Saint-Laurent), Gerald McShane Elementary (Montreal-Nord), and Laurier MacDonald Secondary (Saint-Leonard).



The Centre of Dreams and Hopes (Montreal-Nord) provides English-language therapeutic and recreational activities and programming for children, youth, and young adults (ages 0-to-21) with intellectual and/or physical disability.

<https://www.centreofdreamsandhopes.org/>

Don Bosco Youth Leadership Centre (Rivière-des-Prairies) is the English-language youth centre for eastern Montreal and surrounding neighbourhoods, with accessible and enriching after-school and summer programming.



<https://www.dbylc.com/>