

GOLDEN TORCH AWARDS



Bishop Whelan	<i>Elisabeth Gimber</i>
Courtland Park	<i>Stefani Gentile</i> <i>Eunice Newby</i> <i>Jennifer Tracey</i>
Dorset	<i>Kathryn McLean</i> <i>Fani Nikopoulos</i>
École Primaire Beaconsfield	<i>Colleen Kevins</i>
Edgewater	<i>Diane Guidry</i>
Edinburgh	<i>Ann MacKay</i>
Elizabeth Ballantyne	<i>Karen Spevak</i>
Evergreen	<i>Velma McDonald</i>
Forest Hill	<i>Jennifer Beauregard</i> <i>Sandra Bebbington</i>
Lindsay Place High School	<i>Ruth Frenette</i>
Northview	<i>Gabrielle Montcalm</i>
Riverview	<i>Jeanne Desjardins</i> <i>Diane Lussier</i>
Seigniory	<i>Sherry Nash</i>
Valois Park	<i>Barbara Schnider</i>

Quebec Federation of Home and School Associations, Inc. 62nd Annual General Meeting & Conference



April 28–29, 2006
at
Montreal Airport Hilton
12505 Côte de Liesse
Dorval, Quebec



2005/06 MEMBERSHIP AWARDS

ON ISLAND BOARDS

Elementary Schools

Beacon Hill
Dunrae Gardens
Edinburgh
Merton
Souvenir
Thorndale
Valois Park

High Schools

Lindsay Place High
Royal West Academy

OFF ISLAND BOARDS

Ayer's Cliff
New Carlisle High
Shigawake-Port Daniel

MOST IMPROVED MEMBERSHIP

Allancroft
Beurling Academy
École Prim. Beaconsfield
Beaconsfield High School
Dorset
Forest Hill
Roslyn

SPECIAL MENTION

Hillcrest
Royal Vale Elementary

SPECIAL DRAW FOR STAFF/TEACHERS

Amelia Millin, Edgewater

Membership Chair

Nancy Yates, President
Connie De Giorgio
Odette Michelin
Carol Meindl
Christina Cavaliere
Elizabeth Villani
Barbara Schnider

Ruth Frenette
Randi Lenet

Mary-Ellen MacKinnon
Susan Beebe
Fay Hottot

Joanie Beaubien Rossy
Carol Juzalaitis
Veralin Hallam
Candice Minch
Karen Harrison Stewart
Francy Pesek-Jardim
Wanda Leah Trineer

Teresa & James O'Grady
Carol Shemie

Corinne Guy, Membership

2005/06 NEWSLETTER AWARDS

Dunrae Gardens Elementary
Gardenview Elementary
Lindsay Place High

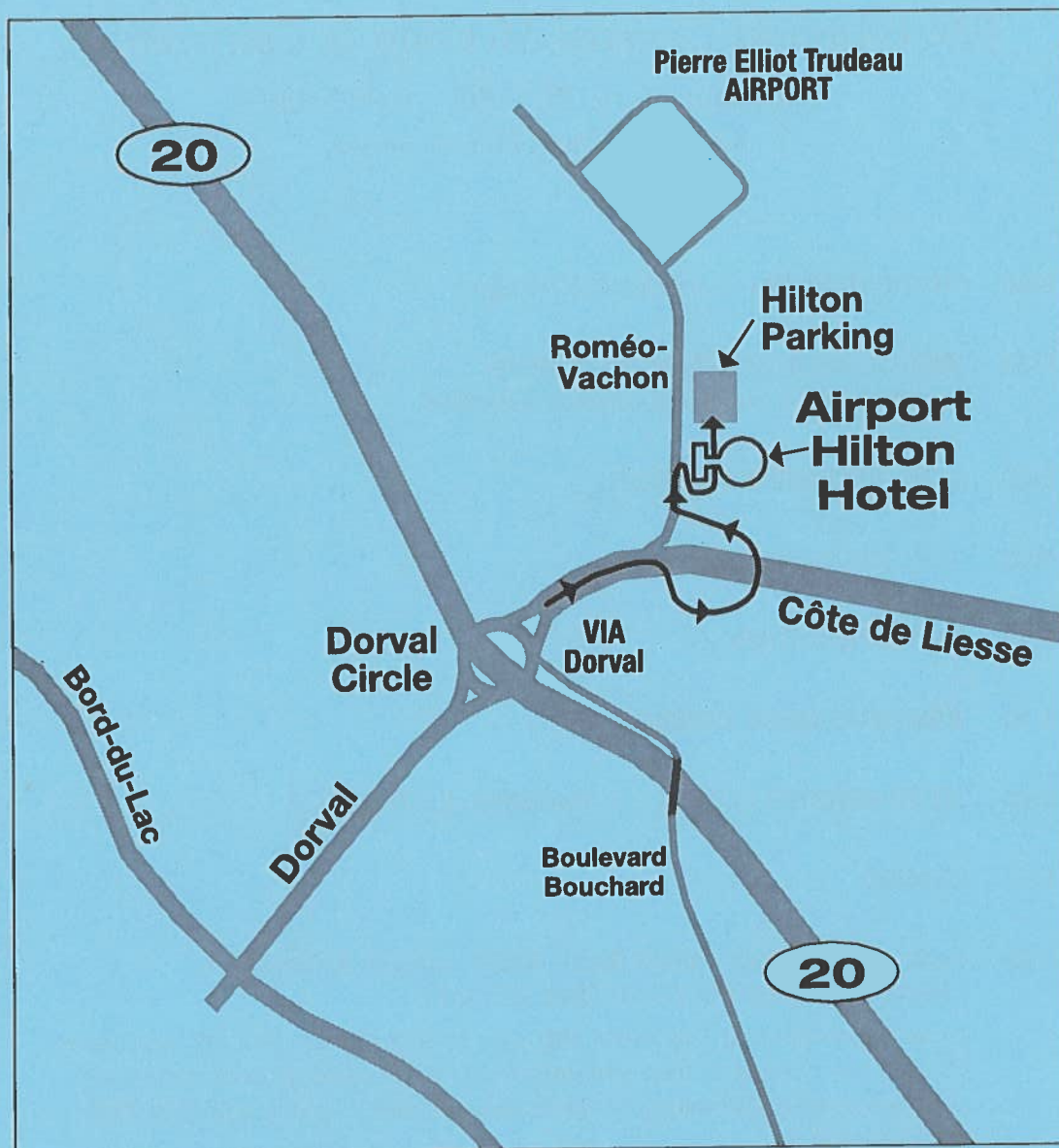
Newsflash
Garden Views
Herald

Editors
Beth Weaver
Mary Skagos
Dawn Chipps

UNSUNG HERO AWARDS

Bishop Whelan Joanne Kitras
Courtland Park Sandra Demers
Patti Smith
Dorset Natasha Gentile
Jane Lazier
Ecole Primaire Beaconsfield Irene Landry
Edgewater Krysta McGovern
Edinburgh Toni DeSchryver
Karla Miller
Elizabeth Ballantyne Carolyne Desrosiers
Evergreen Defne Comeau
Colleen Jackson
Kerrie O'Reilly
Gardenview Tina Lanni
Athena Magdalinos-Xanthoudakis
Lindsay Place High School Lynne Lesiak
Macdonald High School Julie Lafontaine
David Tuff
Mauricie Lise Cloutier
Sylvie Descoteaux
Northview Elisabeth Tosi
Riverview Hilda Williamson
Roslyn Eddy Nolan
Royal West Academy Martha Mance
Susan Stephenson
Diane Zaleski
Seigniory Meta Badger
Leslie Batten
Nancy Fournier
Ro Mellos
Louise Sudia
Souvenir Toni Argirou
Manon Forget
Mary Ann Hamelin
Diane Mangipas
Eleena Ohanessian
Toula Potamousses
Antonia Skoulakis
Miss Suzy
St. Patrick Jennifer Barrett
Donna Whitehall
Thorndale Rita Hottat
Valois Park Linda Roach





From any major highway (20, 40, 15, 13), follow the signs to Dorval Airport.
The Airport Hilton is on the right on the airport approach road.

Do **not** enter the Vinci Parking on the right as you enter the hotel premises.
Keep left, pass the entrance to the hotel and the hotel parking lot will be
in front of you. Take a ticket from the parking barriers. You will receive
a parking fee voucher at the event.

Québec Federation of Home and School Associations, Inc.
62nd Annual General Meeting & Conference



April 28–29, 2006
at
Montreal Airport Hilton
12505 Côte de Liesse
Dorval, Quebec



62nd Awards Dinner

Friday, April 28, 2006

Welcome to our AGM 2006!

Our theme this year is:

Spirit of the Volunteer

Our festive event will be at the **Montreal Airport Hilton, Dorval**
Parking in the hotel lot is included. Directions are on the back of this flyer.

5:30 p.m. We will begin with a Cash Bar.

6:30 p.m. Dinner will be served.

The menu for the evening includes soup, salad, boneless chicken breast with mustard/tarragon sauce, Parisian potatoes, fresh vegetables, coffee/tea and dessert. Wine can be purchased if so desired.

(If you have any allergies or dietary restrictions, please let us know with your registration!)

Awards

Unsung Hero Award

recognizes outstanding volunteers within the local school.

Golden Torch Award

recognizes the volunteer achievements of Home & School members at the school level.

Lewis Peace Prize

recognizes an individual or group making a significant contribution towards peace.

Gordon Paterson Award

recognizes an outstanding educator who believes in involving parents.

Buzzell Award

recognizes the achievements of a Home & School member at the provincial level.

Pat Lewis

Humanitarian Award

recognizes an individual, or group, at the elementary school level, making outstanding efforts toward a humanitarian cause.

62nd Annual General Meeting & Conference

Saturday, April 29, 2005 – 8:00–3:30

Montreal Airport Hilton, Dorval

8:00 **REGISTRATION** (Continental Breakfast)

8:30 **WELCOME & OPENING REMARKS**
Membership & Newsletter Prizes awarded

9:00 **AGM BUSINESS SESSION**

10:00 **CAUCUS SESSION**

10:45 **NUTRITION BREAK**

11:15 **AGM BUSINESS SESSION**

12:15 **NETWORKING LUNCH – in the Salon La Tour**

1:45 **BREAK**

2:00 **Keynote Speaker – Vikki Stark, MSW, author & therapist**
“BE A WITNESS TO YOUR CHILD’S LIFE”

In an informative and entertaining way Vikki will help parents learn how to stay connected to their children throughout their growing-up years and will emphasize taking a hands-on-approach to the activities that kids engage in.

3:30 **EVALUATION FORM – draw**
Win a prize for your school’s library!

Do fill out your evaluation form to help plan next year’s program!

LEWIS PEACE PRIZE

for contributing to a safe and peaceful community environment

DORSET PEACE PALS PROGRAM



The Dorset Peace Pals Program was initiated nine years ago to help children resolve their own conflicts through teaching them peer mediation techniques. Directed by three enthusiastic teachers, Diana Jackson, Arlene Scott and Francine Perkal-Scott, the Peace Pals program continues to grow in membership and commitment. Within Dorset School, the Peace Pals proudly and effectively patrol the playground at recess and lunchtime and offer peer

mediation inside and outside of the school building. They enthusiastically support and participate in all school and Home and School events. Training for the Peace Pals program involves a nine-session course to learn how to understand people, to recognize conflict situations and to mediate. Each Peace Pal then receives a red polar fleece vest officially identifying him or her as a Peace Patroller.

The school regularly holds Peace Assemblies and proudly displays symbols of peace in the main entrance of the school. These include the Peace Quilt, where each class produced a square representing what peace meant to it, and the Dorset Peace Table. The Table is home to the Peace Candle and Peace Book – each time there is an assembly, the Peace Candle is lit to remind everyone of the commitment to a peaceful environment. The children record thoughts and comments in the Peace Book. Inspired by Diana Jackson and the Peace Pals, Dorset School became the first International Peaceful School in Quebec in 2003.

The Peace Pals have many local and international projects. They are constructing a quilt for the West Island Women's Shelter. \$500 is pledged to support "In Motion for the Missing" – an initiative by two former LBPSB employees who are cycling across Canada this summer to raise money for the Missing Children's Network and Child Find. By doing chores or other tasks, each Peace Pal raised \$5 which was collected and sent to Mexico to help purchase school supplies for children. Peace Pals also raised money for projects in Burkina Faso, Zimbabwe and, in 2005, Tsunami relief. They hosted the annual 'Hat Day' for continuing support to a Sri Lankan foster child.

By their efforts, these three teachers and the Peace Pals have opened our eyes to the importance of peace, both locally and internationally, and have demonstrated that we can make a difference.

PRESIDENT'S MESSAGE



Donna Norris

As I come to the end of my second year as President of the Quebec Federation of Home and School Associations I am amazed it has gone by so fast. I have learnt so much in the last two years. Last year I mentioned how surprising it was to me that I ended up being the QFHSA President, when working in the back ground was where I was most comfortable.

I am so grateful I have had this experience and was able to challenge myself to this extent and get out of my comfort zone. My personal education of days gone by and futuristic thinking of days to come has been astounding. Some of the most knowledgeable resources in Education have been my mentors and some of the newer and far-sighted members of QFHSA have been my guides.

Speaking on behalf of the QFHSA is a responsibility I take seriously and feel it is my duty to make us heard. That is why at events, like the AGM, and many other events we have throughout the year, I like to listen to our members and have as many conversations with QFHSA members as possible.

This year I have been very concerned about school closings as well as school boundary changes taking place in the English school boards across Quebec. Many of our members are affected by these changes and have also expressed their concerns. I want to hear what you have to say, I want to speak for you about your concerns and your vision. What you think can be improved – how we at QFHSA can represent our membership to the fullest.

Donna Norris

2006 GENERAL ARRANGEMENTS COMMITTEES

Coordinator	Michele Armstrong
Book of Reports	Anne MacWhirter/Carol Ohlin
Constitution	Sylvia Adams
Nominations	Michelle Armstrong & Directors
Publicity	Beverlee Bishundayal
Registration	Diane Radu, Joanie Beaubien-Rossy
Resolutions	Marion Daigle
Awards & Prizes	Margaret Funnell
Leslie N Buzzell Award	Sylvia Adams, Chair, with
Gordon Paterson Award	Wendy Buchanan, Allan Locke
Lewis Peace Prize	and Barbara Milne-Smith
Pat Lewis Humanitarian Award	
[new award – first time presented]	
Membership Awards	Joanie Beaubien-Rossy
Newsletter Awards	Diane Radu

PROMOTIONAL MATERIAL

Conference Kits

AMCAL Family Services (West Island Youth Project)
Clearpoint Fundraising
DM Family and School Services
MELS [Ministère de l'Éducation, Loisir et Sport]
 pamphlets: Your Child in Elementary School
 Your Child in Secondary School

Prestige Services Reg'd.
QSP/Readers Digest

Thank you to:

Centre for Literacy of Quebec – book prizes for school libraries

Displays:

by schools affected by the Lester B Pearson School Board's
Major School Change.

LESLIE N. BUZZELL AWARD

for unique, longstanding and meritorious
service to the Quebec Federation of Home and School Associations
at the provincial level

OWEN FUNNELL & PHIL DAIGLE



Now we know why membership in QFHSA is called a FAMILY membership – not only because the entire family benefits from the accomplishments of our organization, but also the family often joins our hardy band of volunteers.

There is no better case-in-point than the families of Marion Daigle and Margaret Funnell. We are well-aware of the incredible and invaluable service Marion & Marg have given to Quebec Federation, our community, and our chil-



dren. Without attempting to count the many years, let's just acknowledge that these are *lifetimes* of service. It wouldn't be possible to calculate the number of meetings, the reports and briefs prepared, the ideas generated and fulfilled. Their leadership and commitment continue to inspire us.

Marion & Marg would be the first to say that none of this would have been possible without the support and encouragement of their families – and especially their husbands - Phil and Owen. They are the *unsung heroes* behind the scenes – the fellows who provide the sounding board for the new ideas and project proposals; who often help prepare the reports and send the e-mails; who monitor the computer problems and take the phone messages; who drive when needed and run the errands. When their children were young, they probably served the family dinner and helped with the homework while mom was at a Home & School meeting or event.

Phil and Owen represent all the spouses who quietly and competently provide the background foundation of volunteerism. It is indeed a partnership of commitment and service.

Voltaire said: *Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well.*

Thank you to Phil and Owen. We have benefited from your excellence and support. Quebec Federation very much appreciates everything you have done – and will continue to do. It isn't over yet!

GORDON PATERSON AWARD

for long service to the education of children
and the encouragement of the involvement of parents

STAN DROULIS



Stan Droulis has been teaching physical education for 35 years and is currently educating the children and involving their parents at Allancroft Elementary School. Thanks to his dedication, the school has received the Platinum Award for many years from the Province of Quebec for an outstanding fitness program. His excellent program of activities for the children and his involvement of parents in all these endeavours illustrate his exceptional leadership skills. In addition he has been a key organiser for the board-wide Lester B. Pearson School Board [LBPSB] track meet involving about 2000 students and at least 100 parent and teacher volunteers.

Stan starts the year with a school-wide fun day with stations set up outside on a nice afternoon. Activities begin at lunch hour with the cross-country running club, ultimate frisbee, handball, cross-country skiing, basketball and track and field. Later on, there is another school-wide fun day. He does not hold tryouts for teams so that everybody plays in tournaments and he recruits parents to drive students to the events.

In the Terry Fox Run, he has included bicycling, rollerblading and walking in order to keep the interest of all his students. Parents are enlisted to act as bike patrol, rollerblading monitors and crossing guards and teachers are often seen rollerblading alongside the students. In all, \$45,000 has been raised for the Terry Fox Cancer Research.

The Skip-a-thon is an annual event which includes the Jump Rope for Heart Skip-a-thon as well as dance routines. Parents are involved as supervisors and money collectors. In all, the school has raised \$170,000 for the Quebec Heart and Stroke Foundation.

The Ski Loppet in February gives children a chance to race on their skis. Stan Droulis organizes parent car pools so that as many children as possible can attend this LBPSB event. In winter one sees the Allancroft ski trails full of children with the younger ones encouraged to ski by having them go with a older buddy. With the Allancroft Home & School, Stan has worked to build up a ski room with enough skis for the entire school.

In this time when physical fitness is so important, Stan Droulis sets the example for families and truly excels in his efforts to include all children and to develop the whole child.

PAT LEWIS HUMANITARIAN AWARD

for an individual or group, at the elementary school level,
who has shown outstanding efforts toward a humanitarian cause.

THORNDALE ELEMENTARY SCHOOL



This award singles out one aspect of school activities which contributes to the formation of life-long positive attitudes toward humanitarian issues. Thorndale students, parents, teachers and staff worked together to make this possible with their enthusiastic and compassionate support for a wide variety of projects benefiting the less fortunate. Their generosity of spirit, unbelievable energy and willingness

to help provide the engine for present and future interest and involvement in humanitarian causes. They have shown that individual efforts added together do make a difference.

This school year, Thorndale School has raised almost \$12,000 for seven charitable causes:

- **The Terry Fox 25th Anniversary Run** – This took place on Sept 16th, 2005, on the anniversary of the premature ending of Terry's run.
- **Hurricane Katrina Relief** – students eagerly brought \$2 each which was used to send financial help to relatives, in Louisiana, of two families with children at Thorndale.
- **Christmas Basket Collection** [benefiting 29 families] and **The Montreal Children's Hospital** – families wishing to give gifts to staff instead donated to one of these charities. Acknowledgement cards were given to the staff member in whose honour the donation was made and included the name of the student or family making the donation.
- **MS-Read-a-Thon** – this activity encouraged students to develop a taste for reading while raising funds to help people who have multiple sclerosis. It involved children coming to the aid of adults, not the reverse.
- **Valentine's Day Breakfast** – by the Grade 1 class for kindergarten to grade 2. Proceeds went towards food, pediatric medicines & vitamins for orphaned children in Malawi.
- **Support for Thorndale's foster child in India** – students of grades 4 to 6 each donated \$2 to attend a Geordie Productions play at Thorndale [paid for by the Home and School].

By their efforts, Thorndale students, staff and parents have actively displayed empathy for humanitarian causes, a life-long concern of Pat Lewis in whose memory this award is given.

62nd Awards Dinner

Friday, April 28, 2006

Welcome to our AGM 2006!

Our theme this year is:

Spirit of the Volunteer

Our festive event will be at the **Montreal Airport Hilton, Dorval**
Parking in the hotel lot is included. Directions are on the back of this flyer.

5:30 p.m. We will begin with a Cash Bar.

6:30 p.m. Dinner will be served.

The menu for the evening includes soup, salad, boneless chicken breast with mustard/tarragon sauce, Parisian potatoes, fresh vegetables, coffee/tea and dessert. Wine can be purchased if so desired.

(If you have any allergies or dietary restrictions, please let us know with your registration!)

Awards

Unsung Hero Award

recognizes outstanding volunteers within the local school.

Golden Torch Award

recognizes the volunteer achievements of Home & School members at the school level.

Lewis Peace Prize

recognizes an individual or group making a significant contribution towards peace.

Gordon Paterson Award

recognizes an outstanding educator who believes in involving parents.

Buzzell Award

recognizes the achievements of a Home & School member at the provincial level.

Pat Lewis Humanitarian Award

recognizes an individual, or group, at the elementary school level, making outstanding efforts toward a humanitarian cause.

62nd Annual General Meeting & Conference

Saturday, April 29, 2005 – 8:00–3:30

Montreal Airport Hilton, Dorval

8:00 REGISTRATION (Continental Breakfast)

8:30 WELCOME & OPENING REMARKS
Membership & Newsletter Prizes awarded

9:00 AGM BUSINESS SESSION

10:00 CAUCUS SESSION

10:45 NUTRITION BREAK

11:15 AGM BUSINESS SESSION

12:15 NETWORKING LUNCH – in the Salon La Tour

1:45 BREAK

2:00 Keynote Speaker – Vikki Stark, MSW, author & therapist
“BE A WITNESS TO YOUR CHILD’S LIFE”

In an informative and entertaining way Vikki will help parents learn how to stay connected to their children throughout their growing-up years and will emphasize taking a hands-on-approach to the activities that kids engage in.

3:30 EVALUATION FORM – draw
Win a prize for your school’s library!

Do fill out your evaluation form to help plan next year’s program!

THE
OFFICE OF THE
SECRETARY OF THE
NAVY
WASHINGTON, D. C.
JAN 10 1900

TO THE
HONORABLE
MEMBERS OF THE
NAVY DEPARTMENT
WASHINGTON, D. C.

FOR THE
RECORD
OF THE
NAVY DEPARTMENT

NAVY DEPARTMENT
WASHINGTON, D. C.
JAN 10 1900

NAVY DEPARTMENT
WASHINGTON, D. C.
JAN 10 1900

QFHSA 62nd ANNUAL
GENERAL MEETING & CONFERENCE

APRIL 28 – 29, 2006

3285 Cavendish Blvd., Ste. 560, Montreal, QC H4B 2L9
Tel. (514) 481-5619 or 1-888-808-5619; Fax (514) 481-5610

INDIVIDUAL REGISTRATION FORM

DEADLINE: Monday, April 10, 2006
(Please submit a separate form for each person)

Name: _____ Tel/Fax: _____

Address: _____ e-mail: _____

_____ Postal Code: _____

Representing: _____ Home & School/or other Organization

Friday, April 28 **Awards Dinner** at the Montreal Airport Hilton
5:30 Cash Bar; 6:30 – 9:30 Dinner ☐

Saturday, April 29 **A G M**
8:00–3:30 at the Montreal Airport Hilton
Please check ONE: Home & School Voting Delegate ☐
Home & School Alternate Voting Delegate ☐
Home & School Member, *non-voting* ☐
QFHSA Director ☐
Observer ☐

CONFERENCE FEES

Registration: QFHSA Member, \$0 OR Observer, \$15 \$ _____

Those registering **by April 10th**, choose column **A**
Those registering **after April 10th**, choose column **B**

	-A-	-B-	
Friday Awards Dinner	\$40	\$50	\$ _____
Saturday	\$40	\$50	\$ _____

(continental breakfast, breaks, luncheon & beverages all day)

If you have any allergies, or dietary restrictions, please let us know.

Payment – please make cheque payable to **QFHSA** Total Amount. \$ _____

REGISTER EARLY and SAVE!