

Down Home News



This document is made possible thanks to the financial support of:



Canadian Heritage



Health Canada

JANUARY 2023

ODD FELLOWS' GAMES NIGHT



This is an important fundraising event for the Odd Fellows. You can support their community involvement by attending the Games Night being held on:

DATE: **Saturday January 28, 2023**

TIME: 8:00 p.m.

PLACE: IOOF Hall - Inverness

As well, **raffle** tickets are available from all their members and at MCDC. The prizes are:

- ❖ \$100 gift certificate for local stores
- ❖ \$50 gift certificate for Garage Caron in Inverness
- ❖ Stained glass work mounted in a horseshoe

Price: \$2 for 1 ticket; \$5 for 3 tickets



Health activity & capsules

Please call MCDC to register for each of the following health sessions.

CHEP - via ZOOM

(Community Health Education Program)

**Financial Health and Stigma:
The Hidden Cost of Debt**

DATE: **Wed Jan 18, 2023**

TIME: 9:30 a.m. (coffee/muffins)

PLACE: MCDC

Pls call or email Laurie
health@mcdc.info

EXERCISES via ZOOM

with

**Andréanne Raby
Kinesiologist**

DATE: **Tuesday Jan 17 & 31, 2023**

TIME: 10:00 a.m

Pls call or email Laurie
health@mcdc.info

Drop-In Mondays

1:30 - 3:30 p.m.



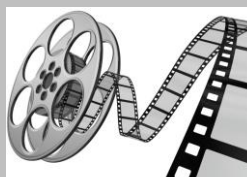
January 9:	MCDC
January 16:	Kinnear's Mills Municipal Hall
January 23:	Inverness IOOF Hall
January 30:	NO DROP-IN

THANK YOU From the MASONS

Thanks to the generous donations of food items received from everyone during the Masons' Christmas Drive, they were able to provide Christmas joy to 35 families with the makings of a turkey, chicken, or ham dinner along with a lot of other grocery items.

The Masons wish to thank the students, teachers, and staff of St. Pat's/ASJ, MCDC, as well as community members who helped make this happen.

Amazing what a small community can do!



Movie Matinee

DATE: **Wed Jan 11, 2023**
TIME: 1:30 - 3:30 p.m.
PLACE: MCDC

Pls call Jennifer to register.



**MEGANTIC
ENGLISH-SPEAKING**
COMMUNITY DEVELOPMENT CORPORATION

T : 418 332.3851 | Sans frais : 1 877 332.3851
www.mcdc.info

What's happening?

Thank You



Thank-you to all those community members who responded to our request in December for fresh muffins. They were used for a health activity at the school. There was a nice variety and they were "simply delicious".... smiles all around!

Puzzles & Lunch



DATE: **Wed Jan 25, 2023**
TIME: 10:00 - 12:30 p.m.

Pls call or email Jennifer
info@mcddc.info

T : 418 332.3851
Toll free : 1 877 332.3851

Church Services

K.I.T. Pastoral Charge:

- Jan 8, 10:30 a.m. St. Andrew's Hall.
- Jan 15, 10:30 a.m. Gamache & Nadeau chapel.
- Jan 22, 10:30 a.m. Candlish, Kinnear's Mills.
- Jan 29, 10:30 a.m. St. Andrew's Hall.

Anglican Services:

- Jan 22, 2 p.m. Gamache & Nadeau chapel.

Milestones



- ❖ Our deepest condolences to Pauline Davidson & family on the sudden passing of her brother Gilles DeBlois.
- ❖ Our heartfelt sympathies to Nadine Ratté & family on the passing of her mom Venita.
- ❖ Birthday wishes going out to Dianna Beattie, Lucien Trepanier, Joan Smith and to everyone who will be celebrating their birthday in January.

Robbie Burns Dance



Everyone is invited to a square dance in honour of our Scottish ancestry:

DATE: **Saturday Jan 21, 2023**
TIME: 7:30 p.m.
PLACE: Kinnear's Mills Old School
ADMISSION: \$15

Come in and enjoy authentic Scottish cooking, music, and dance. Music by James Allan and Courtney Drew.

Reminder: Errands & Transportation Service for Seniors

Do you have errands to do and need help?

MCDC can solve your problem for a minimal fee of \$10/trip.

Call Jennifer Nutbrown and she will explain the new service.

Coopérative de services à domicile dans la MRC de Thetford

418-334-0852

One stop shopping to obtain a variety of services to help people remain in their home in safety and comfort. For example:

- house cleaning
- assistance with going to bed and getting up
- bathing
- respite for caregivers
- equipment rental

If language is a barrier to access this service, please contact MCDC. We will be happy to assist you in total confidentiality.

MCF - Megantic Community Foundation



MCF's Annual Report was presented at their Annual General Meeting on Thursday November 24, 2022, at the offices of MCDC. Summaries of the bursary program, fundraising, donations, transportation & accompaniment program, and miscellaneous volunteer services were provided. Copies of the Annual Report and financial statements are available through Michelle Donovan, Admin. Assistant at MCDC. We would like to mention that MCF reported making community donations in the amount of \$7,375.

The winner of the 50/50 raffle which took place at the Xmas Meet & Greet was Donald Campbell in the amount of \$122.50. He generously donated his winnings back to MCF. Thank-you Don!!

Board Members of MCF include: Aline Visser, Ann Marie Powell, Brenda Trenfield, Jan Lowry, Maureen Small, Michelle Donovan, Michelle Mathieu, Nadine Ratté, Peter Whitcomb, & Sheilagh Brown.



Thank you for your donations.

A request.....please make any donation cheques out to:
"MCF (Megantic Community Foundation)"
and not "MCDC".

All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call us 418-332-3851 or email communications@mcddc.info