

Quebec Federation of Home and School Associations Fall Conference

Theme:

Volunteer for Success

YOU CAN



Make a Difference

Saturday, October 26, 2002
LaurenHill Academy - Junior Campus
2355 Decelles
St. Laurent, Quebec

**Please invite your parents, Governing Board, teachers,
Administrators, school board members and community leaders to attend.**

EVERYONE IS WELCOME!

PLEASE REGISTER AS SOON AS POSSIBLE

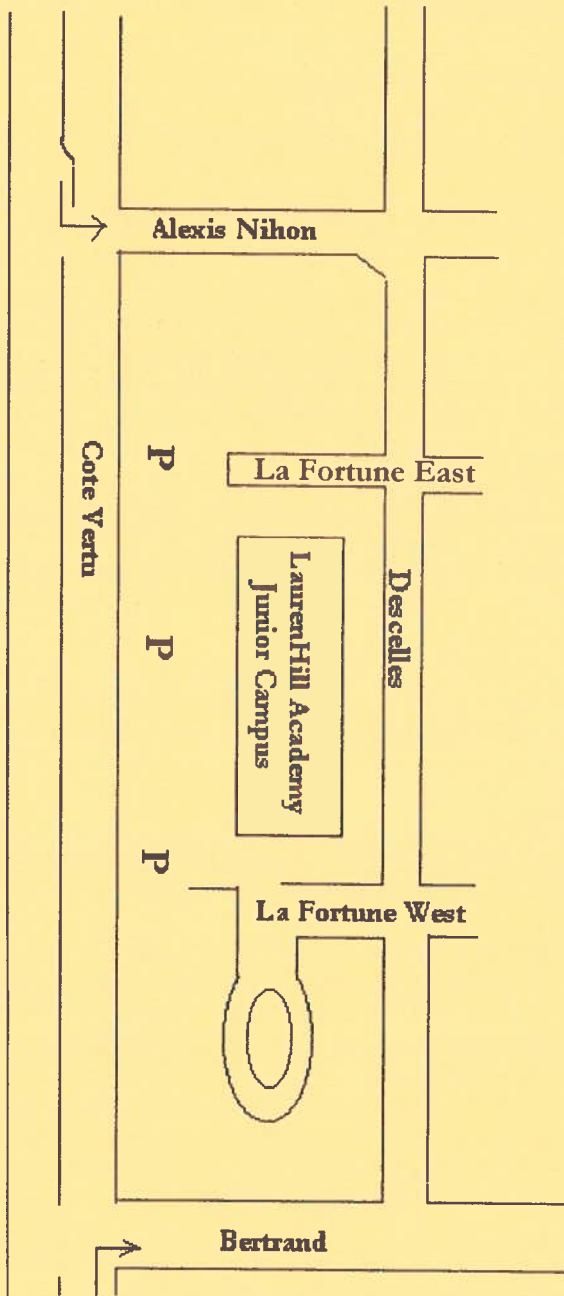
For further information please contact the QFHSA office:
Phone #: **514-481-5619** or toll free **888-808-5619**
E-mail: qfhsa@aibn.qc.com

Note:

* LaurenHill Academy has two campuses.

Please be sure to go to the Junior Campus on Decelles.

* Parking is indicated by a "P" and there is also parking on the streets around the school.



Metro/Bus - take the orange line to Côte Vertu station and then the 121 bus going west along Alexis Nihon. It stops right outside the school.

DISPLAYERS

ADD Family Resource Center
Canada Sports Friendship Exchange Programmes
Canadian Medic Alert Foundation Inc.
Centre for Literacy
Chocolat Lamontagne Inc.
DM Family & School Services
Entertainment Publications
Grass Roots Soccer
Kidzsafe – Yello Dyno
Mad Science
Prestige Fundraising
Primes De Luxe Inc. (Regal)
Scholastic Book Fairs
Sheltoons
Sunsweet Fundraising Inc.
Sweet Adelines International (West Island Chorus)
Uptown
Usborne Books At Home
Young Farmers Association of Quebec
West Island Citizen Advocacy

Promotional material in delegates' kits contributed by:

DM Family & School Services
Healthy Alternatives (sponsor of Canadian School Volunteer Program Awards)
National Film Board of Canada

Special thanks to:

Anlo Inc.[Printer] for the note pads
Macdonald Campus of McGill University Horticultural Services for the apples
Roslyn, Edinburgh, Willingdon, LaurenHill Home and School Associations and
LaurenHill Governing Board for supplying the snacks
Studio Melrose for the pens

Our thanks to LaurenHill Academy and the English Montreal School Board for kindly letting us use the LaurenHill Academy premises for our conference.

Financial assistance provided by the Department of Canadian Heritage

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2002 FALL CONFERENCE PROGRAM

Saturday, October 26, 2002

Volunteer for Success - YOU Can make a Difference!

8:00 AM **REGISTRATION/ DISPLAYERS** (coffee/juice available)

8:30 - 9:30 **IT'S ABOUT US** - QFHSA has been working on behalf of parents in Quebec since 1944. Learn what we have been doing for our children. Find out just what your \$15 membership does for you and Education in Quebec.

9:30 - 10:30 **SESSION I - Regional Councils**
Regional Councils are a forum for Home and School leaders who come together to share ideas, issues and concerns about their schools and school boards. Learn and share how your Council can help you make things happen!

10:30 - 11:00 **NUTRITION BREAK and DISPLAYS**

11:00 - 12:30 **SESSION II -- LEADERSHIP WORKSHOPS**

1) Volunteers Make It Happen

How can you coax the people in your school to come and share in the challenge and excitement of running Home and School activities? How can you increase participation and Home and School membership? What are some of the pitfalls to avoid? Be sure to bring your biggest triumph and your biggest dilemma with you!

Facilitated by experienced Home and Schoolers.

2) The Fund-amentals of being the Treasurer

Step by step instructions! Everything treasurers need to know to be fiscally responsible. Don't worry about funds: We'll show you how to set and use a budget. Learn about our charitable tax number and learn how to use it to your advantage.

Facilitated by experienced Home and Schoolers.

3) The Role of President

Being a Leader means setting the agenda, organizing minutes, using motions and following rules of order. Find out about the importance of having a constitution, the knack of delegating, and the art of running a meeting. It's all about being prepared; And being prepared to be flexible!

Facilitated by experienced Home and Schoolers.

4) How To Approach Your School With Your Concerns

The QFHSA Advocacy Program has been developed just for that purpose: To help parents address any problem or issue that arises in their school. Come and learn step by step how to identify issues, speak with assurance and achieve resolution for you and your child.

Facilitators: JoAnne Perreault & Connie De Giorgio, QFHSA Advocacy Program

5) The Rights of the Child in the School (Disponible en français à l'après-midi)

As parents, do you know the rights and responsibilities your children have at school or in other aspects of their lives? This workshop will familiarize you with the International Convention on the Rights of the Child. Find out how you can have an impact on your child's education.

Facilitator: Shirley Sarna, Quebec Human Rights Commission

⊗ Please be sure to be on time for your workshops. Late arrivals may be refused.

⊗ Also be sure to attend the workshop that you registered for, as is marked on your nametag.

12:30 - 1:30 PM **LUNCH** (in the cafeteria).

Last chance to visit the DISPLAYS

1:45 - 3:30 **SESSION III - PARENTING WORKSHOPS**

6) TV & Me

An interactive Workshop, providing tips, tools and strategies to help parents help children deal with the tough issues in their lives such as media literacy, substance abuse, self-esteem, active living, critical thinking and bullying.

Facilitator: Linda Millar, an educator and international writer, developer and facilitator with over 30 years classroom experience.

7) Divorced or Separated Parents

Raising children with a former spouse is a real challenge. Come and join with other parents and learn new skills that will help you and your kids. How to talk and listen to children in order to lessen their feeling of helplessness.

Facilitators: Vikkie Stark, Master Social Worker, & Marla Yanofsky, M.Ed., The Montreal Family Centre

8) Bullying Solutions - What the Survey showed

Where do we go from here? Some practical solutions to help parents. How do I know if my child is being bullied? How can I best help my child? Who should I talk to?

Facilitators: Pat Waters, QFHSA PALS Program & Norma Stirling, QFHSA Advocacy Program

9) Multiple Intelligences

Do you know your child as a student? Do you know your child's strengths? Learn to identify your child's strengths and help your child become a better learner.

Facilitator: Gail Ewing, Teacher, LaurenHill Academy

10) Les droits de la jeunesse a l'école (Available in English in the morning)

Comme parents, connaissez-vous les droits et les responsabilités de vos enfants à l'école et dans tous les aspects de leurs vies? Cet atelier vise à vous familiariser avec la Convention internationale sur les droits de l'enfant. Venez découvrir comment influencer l'éducation de votre enfant.

Animatrice: Shirley Sarna, Commission des droits de la personne et des droits de la jeunesse, Quebec

3:30 pm **EVALUATION DRAW**

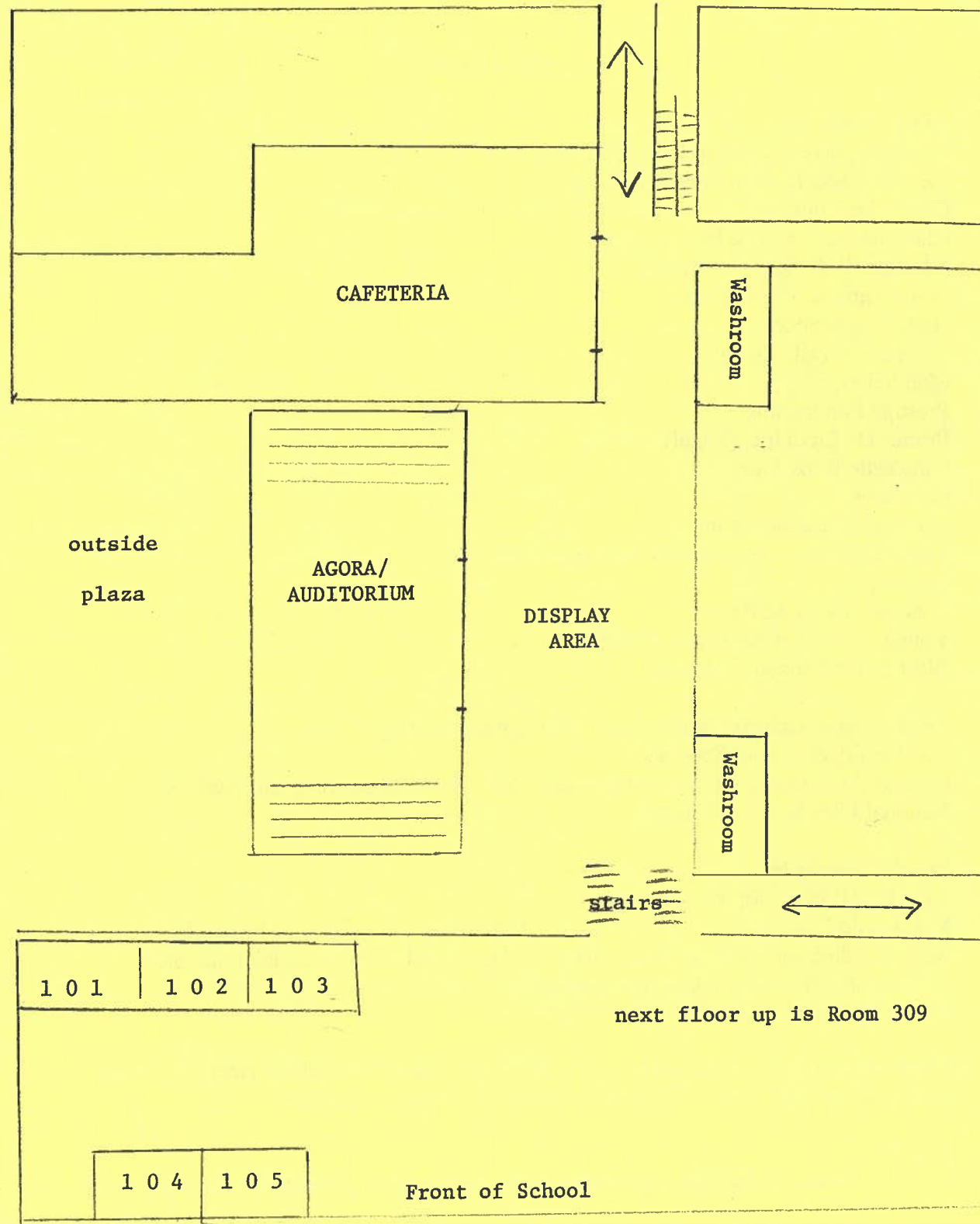
Win a book for your school's library by handing in your evaluation sheet!

Hope you've had a great day!

VOLUNTEER FOR SUCCESS - YOU CAN MAKE A DIFFERENCE!

Saturday, October 26, 2002

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|---------------|--|---|
| 8:00 a.m. | REGISTRATION/DISPLAYERS (coffee/juice available) | Atrium |
| 8:30 - 9:30 | IT'S ABOUT US - President's remarks AND Quiz Show | Auditorium |
| 9:30 - 10:30 | REGIONAL COUNCILS
Eastern Shores/Central Quebec/Littoral
English Montreal School Board
Lester B Pearson School Board
Western Quebec School Board
Sir Wilfrid Laurier & other School Boards | Room 101
Room 102
Cafeteria
Room 104
Room 105 |
| 10:30 - 11:00 | NUTRITION BREAK and DISPLAYS | Atrium |
| 11:00 - 12:30 | LEADERSHIP WORKSHOPS | |
| 1) | Volunteers Make it Happen - Room 101
Panel: Martina Ruse, President, Lindsay Place High Home & School; Lorna Dowson, Mship Chm, Royal West Academy Home & School; Carol Bolduc, Co-Mship Chm, Edgewater Home & School; Fay Hottot, Mship Chm., Shigawake-Port Daniel Home & School
<u>Moderator:</u> Mary Baker, Past President, Dunrae Gardens Home & School | |
| 2. | The Fund-amentals of being the Treasurer - Room 102
<u>Workshop leader:</u> Debi Brown, Past Treasurer, QFHSA | |
| 3. | The Role of President - Room 103
Workshop leaders: Norma Cheng, Past President QFHSA; Jennifer Kirsh, President, Edinburgh H&S, Joan Parker, Past President, Lindsay Place High H&S | |
| 4. | How to Approach your School with your Concerns - Room 105
<u>Workshop leaders:</u> Connie De Giorgio & JoAnne Perreault, QFHSA Advocacy Program | |
| 5. | The Rights of the Child in the School - Room 104
Given in French in the afternoon/Disponible en français à l'après-midi
<u>Workshop leader:</u> Shirley Sarna, Quebec Human Rights Commission | |
| 12:30 - 1:30 | LUNCH [last chance to visit displayers] | in the Cafeteria |
| 1:45 - 3:30 | PARENTING WORKSHOPS | |
| 6) | TV & Me - Room - 102
<u>Workshop leader:</u> Linda Millar, an educator and international writer | |
| 7) | Divorced or Separated Parents - Room 105
<u>Facilitators:</u> Vikki Stark & Marla Yanofsky, The Montreal Family Centre | |
| 8) | Bullying Solutions - Room 103
<u>Facilators:</u> Pat Waters, QFHSA PALS Programs & Norma Stirling, QFHSA Advocacy Program | |
| 9) | Multiple Intelligences - Room 309
<u>Facilator:</u> Gail Ewing, Teacher, LaurenHill Academy | |
| 10) | Les droits de la Jeunesse a l'école - Room 104
<u>Animatrice:</u> Shirley Sarna, Commission des droits de la personne et des droits de la jeunesse, Qc | |
| 3:30 pm | EVALUATION DRAW - in the registration area | |



QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS

Fall Conference Registration Form

Saturday, October 26, 2002

Please fill in one registration form for each person attending.

School/Organization: _____

Delegate's Name: _____ Phone No. _____

8:30AM PLENARY SESSION

Workshops

Workshops will be assigned on a first come, first served, basis. Max. 30/workshop.

9:30 - 10:30 SESSION I - REGIONAL COUNCIL WORKSHOPS

School Board _____

Region/Sector (if applicable) _____

11:00 - 12:30 SESSION II - LEADERSHIP WORKSHOPS

	<u>First Choice</u>	<u>Second Choice</u>
1) Volunteers Make It Happen	_____	_____
2) The Fund-amentals of being a Treasurer	_____	_____
3) Role of President	_____	_____
4) How to Approach your school with your concerns	_____	_____
5) The Rights of the Child in the School	_____	_____

12:30 - 1:30 pm >>> LUNCH >>> _____

1:45 - 3:30 pm SESSION III - PARENTING WORKSHOPS

6) TV & Me	_____	_____
7) Divorced or Separated Parents	_____	_____
8) Bullying Solutions	_____	_____
9) Multiple Intelligences	_____	_____
10) Les droits de la jeunesse a l'ecole (en français)	_____	_____

Registration Fees

Indicate as appropriate.

Prior to Oct. 11

Home & Schoolers only @ \$20. _____

All others @ \$25 _____

Late registration - after Oct. 11 @ \$25. _____

Enclose cheque, with Registration Form, payable to QFHSA.

3285 Cavendish Blvd., Ste 560, Montreal, H4B 2L9. Tel.(514)481-5619; fax 481-5610