

What's New at Y4Y?

Y4Y Québec

Thank you for coming to our 6th annual

Youth Forum.

We'll see you again next year!

Canada Québec CHSSN

On February 16th, Y4Y held its 6th annual Youth Forum!

The Forum was replete with leadership & trivia games, live art, active listening, our beloved Living Library project (add link to project page), and *lots* of getting to know each other. We warmly thank all participants and chaperones who joined us at the beautiful [Morrin Centre](#) for this very special day. We could not ask for better community representatives!

Québec High School, St. Patrick's High School, Trois Rivières High School, St. Paul's School & Queen Elizabeth High School, we will see you again very soon.

Stay tuned to our socials to check out our upcoming event photos!

Meet Your Neighbour
Salut les voisins

Montréal Living Library

March 8th, 2023

5:30 PM – 8:30 PM

Bibliothèque Benny
(6400 Monkland Avenue)

Funded by the Government of Canada
Financé par le gouvernement du Canada

Montréal Living Library

Wednesday, March 8th from 5:30 pm to 8:30 pm

Engage with others through storytelling at Y4Y's *final* Living Library event in Montréal!

Become a reader and check out some stories from our twelve human books at the Montréal edition of Y4Y's [Meet your Neighbour / Salut les voisins](#) project, hosted at [Bibliothèque Benny](#).

This project is an adaptation of the concept originally conceived by the Danish [Human Library Project](#).

To find out more on how this works, and register, click [here](#)!

Meet Your Neighbour
Salut les voisins

Bibliothèque vivante de Montréal

Le 8 mars 2023

de 17 h 30 à 20 h 30

Bibliothèque Benny
(6400 avenue de Monkland)

Funded by the Government of Canada
Financé par le gouvernement du Canada

Canada

Bibliothèque vivante de Montréal

Le mercredi 8 mars de 17 h 30 à 20 h 30

Engagez avec le monde lors de notre événement *final* de Bibliothèque vivante à Montréal ! Devenez lecteurs et découvrez les histoires de nos douze livres humains à l'édition montréalaise de **[Meet your Neighbour / Salut les voisins](#)**, ayant lieu à la **[Bibliothèque Benny](#)**.

Ce projet est une adaptation du concept imaginé par le **[Human Library Project](#)** au Danemark.

Pour découvrir comment ça marche, et pour vous inscrire, cliquez [ici](#)!



Queering Cinema: A Showcase of Local QTBIPOC Films

Saturday, March 11th from 6:00 pm - 8:00 pm

Join Y4Y Québec in celebrating the voices and stories of local QTBIPOC filmmakers and artists! We'll be collaborating with the [**Pan-Asian Collective**](#) to host a showcase of QTBIPOC short films at [**Le Frigo Vert**](#). This event is free and open to all, so invite your friends and loved ones to share this night with the community! There will be food to share and breaks between film viewings to mingle, and attendees are welcome to come and go as they please.

[Click this link to confirm your attendance](#) and/or to [submit your short film](#) if you are a [QTBIPOC artist](#)! Deadline for submissions is March 6th. Honorariums will be given to chosen submissions (more info on the [submission page](#)).

In the interest of making our events accessible to as many members of the community as possible, we will be providing masks at the venue and attendees will be required to wear one. We hope to see you there!



**You are Here:
The Belonging Project**

Community Kitchen Workshop

March 18, 2023

10:00 am to 1:00 pm

**📍 St Columba-By-The-Lake
Presbyterian Church**

*11 Rodney Avenue,
Pointe-Claire*



**Secrétariat aux relations
avec les Québécois
d'expression anglaise**

Québec



In partnership with:



Community Kitchen Workshop

Saturday, March 18th from 10:00 am - 1:00 pm

What better way is there to get to know your community than to share a meal together?

Join us at **[Corbeille de pain](#)** in Pointe-Claire. Whether you already love to cook with others, or are hoping to learn new skills in the kitchen, this workshop is open to all skill levels. The focus will be on deepening our relationship to food, community, and belonging.

This event is free of charge, but spots are limited!

Register **[here](#)**.



**INDOOR
ROCK CLIMBING
& BOULDERING
IN TROIS-RIVIÈRES**

March 19, 2023
from 12 pm to 2 pm
📍 **Campus Escalade**
(3375 rue Girard, Trois-Rivières)

Funded by / Financé par:

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Indoor Rock Climbing & Bouldering in Trois-Rivières

Sunday, March 19th from 12:00 pm to 2:00 pm

Come enjoy an afternoon of indoor climbing with Y4Y, free of charge, at
[Campus Escalade](#).

Save your spot **[here](#)**.

Please note:

You must be over the age of 15 to participate in this event.

Storytelling Circle: Tales of Community & Belonging

28.03.23

from 7 to 8 pm



Virtual on Zoom

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Québec 

Storytelling Circle: Tales of Community & Belonging

Tuesday, March 28th from 7:00 pm to 8:00 pm

Y4Y is hosting a virtual wrap-up event for two of our projects: **[Belonging: You are Here](#)** and **[Meet your Neighbour / Salut les voisins](#)**.

Join us for an open discussion on questions of belonging, community, and heritage with six intriguing panellists. Hear about the experiences of Human

Books, as well as Y4Y's Youth Advisors and Youth Cultural Ambassadors, while also sharing your own thoughts via live polling.

In addition, we will be presenting a short screening of a video production which recaps the Living Libraries of [***Meet your Neighbour / Salut les voisins***](#) and a presentation of [***Belonging***](#)'s virtual scrapbook.

Register [here](#) to get the Zoom link!

Cercle de contes : histoires de communauté et d'appartenance

28.03.23

de 19h à 20h



Virtuel sur Zoom

financé par

Canada 

Secrétariat aux relations
avec les Québécois
d'expression anglaise

Québec 

Cercle de contes : histoires de communauté et d'appartenance

Le mardi 28 mars de 19 h à 20 h

Y4Y Québec organise un événement de clôture virtuelle qui réunit deux de nos projets : **[Belonging: You are Here](#)** et **[Meet your Neighbour / Salut les voisins](#)**.

Rejoignez-nous pour un panel ouvert où des questions d'appartenance, de communauté et de patrimoine seront discutées par six panélistes ayant participé aux deux projets.

Écoutez les expériences de livres humains, de conseillers jeunesse et d'ambassadeurs culturels jeunesse de Y4Y tout en partageant vos propres réflexions via des sondages en direct. Il y aura également une courte projection d'une production vidéo qui récapitule les Bibliothèques vivantes de **[Meet your Neighbour / Salut les voisins](#)** et une présentation de l'album virtuel de **[You Are Here](#)**.

Inscrivez-vous **[ici](#)** pour obtenir le lien Zoom!




Understanding Law 96

A Virtual Town Hall & Info Session

Featuring  **APATHY IS BORING.™**
Connect, Educate and Activate.



Tuesday, February 7th, 2023
from 6 to 7 pm

Funded by the Government of Canada
Financé par le gouvernement du Canada | **Canada**

Understanding Law 96: A Virtual Town Hall & Info Session

Y4Y would like to thank everyone who attended our Virtual Law 96 Youth Town Hall event. For those who were unable to take part, don't worry!

[Here](#) is our recording of the evening. Click [here](#) to read the questions asked of [Éducaloi](#)'s Gregory Lancop about Law 96 along with their answers, including those that did not get the time to be answered.

Y4Y would also like to thank [Éducaloi](#) for their excellent explanation & history of the law, as well as [Apathy is Boring](#), who gave us fascinating insights on

current youth civic engagement.

Click [here](#) to watch our A Bilingual Panel Conversation on Law 96 from Saguenay-Lac-Saint-Jean from October 13th, 2022.

A promotional poster for a yoga class. The background is a light beige color. In the center, there is a large, stylized illustration of a person with dark hair, wearing a white long-sleeved top and white pants, performing a yoga pose (Urdhva Dhanurasana) with one leg raised and arms extended upwards. The person is surrounded by green leaves and stems. Behind the person is a large, solid orange circle. The text 'Spring Time Beginner Yoga Class' is written in a dark blue, cursive font across the top of the orange circle. To the right of the person, the date and time 'March 18, 2023 from 4 pm to 6 pm' are written in a dark blue, sans-serif font. Below the date, a location pin icon is followed by the text 'at Maison Pour La Danse (336 du Roi St, Québec City)' in a dark blue, sans-serif font. At the bottom left of the poster, the text 'Funded by / Financé par:' is written in a dark blue, sans-serif font, followed by the logo for 'CHSSN' in orange and teal colors.

**Spring Time
Beginner Yoga Class**

March 18, 2023
from 4 pm to 6 pm

📍 **at Maison Pour La Danse**
(336 du Roi St, Québec City)

Funded by / Financé par:

CHSSN

Spring Time Beginner Yoga Class

Saturday, March 18th from 4:00 pm to 6:00 pm

Spring has sprung! If you're in the Québec City region, join our beginner-friendly

yoga class. Get your body moving as we celebrate spring's awakening at

[Maison pour la danse de Québec!](#)

Limited spots are available.

Register soon at **[this link!](#)**



New Blog Posts from Our Community Liaisons

In this round of Blog Posts, our **[Community Liaisons](#)** share their thoughts on **[overcoming periods of overwhelm, dealing with the perennial fear of](#)**

[missing out](#), and on the importance of feeling culturally connected to your environment through [a beautiful reflection on Montréal's Chinatown](#).

Check them out [here!](#)



Y4Y in the Media!

Up first, check out our radio feature on CBC's [All in a Weekend with Sonali Karnick](#) where Abigail Witcher, Y4Y's Youth Cultural Ambassador on the [Belonging: You Are Here](#) project, discusses her Valentine's Day Tea event in

the Eastern Townships. [Link here!](#)

Next up, hear from Abbigail once more, and from Chloe Rodriguez – Y4Y’s Project Coordinator of the [Belonging: You Are Here](#) project – as they discuss what it means to run community events in a province-wide context on [Eastern Townships’ CIDI 99.1 FM Community Radio](#). [Link here!](#)

Last but not least, tune in to [CBC News](#) as *Tara Ohri* – our Montréal-based Youth Cultural Ambassador – discusses Y4Y’s “Date with the Diaspora” event with [Debra Arbec](#). [Link here!](#)

In the Community

Studying health and social services? Plan your future life in Quebec's rural regions!



Place aux jeunes en région

Are you between 18 and 35 years old studying in the field of health and social services?

Health and social service establishments throughout the province require bilingual professionals to ensure that English-speakers have access to comprehensive health and social services in their language.

[Place aux jeunes en région](#), in collaboration with **[Dialogue McGill](#)**, can help you build your future in Québec's rural regions.

Fill out [this interest form](#) by Place aux jeunes en région to discover more!



elan

english language
arts network

ELAN's Hudson Schmoozer

Our friends from the [English Language Arts Network](#) are excited to invite you to their Hudson Schmoozer at [Cardinal Microbrasserie!](#)

If you're in the Hudson area, join them for a night of finely-crafted drinks among folks from the local arts community, and reconnect with ELAN in-person. It will be the perfect opportunity to find out about their upcoming events,

opportunities, and services that support artists throughout the province.

RSVP at [this link!](#)

Get Involved

VOLUNTEER

VOLUNTEER

VOL Enhance your leadership skills. **EER**

VOL Enhance your leadership skills. **EER**

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Volunteer with Us

Looking to get involved with the community you love? Join our team of volunteers! The time and energy you give to Y4Y doesn't go unnoticed. We offer letters of recommendation, professional references, and mentorship opportunities that allow you to hone your leadership skills and build your resume.

Find out more [here!](#)



Join our
membership!

**LEAD
THE
WAY**

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Québec 

Y4Y Membership

Do you support our mission and the work we do within the community?

Become a member - it's free!

To find out more or to sign up, visit our [Membership page](#).

If you haven't yet, connect with us on:

[Facebook](#), [Instagram](#), [Twitter](#), [LinkedIn](#), [TikTok](#), [YouTube](#) to stay in the loop!

Y4Y Québec is funded by the governments of Québec and Canada.



Y4Y Québec

<http://join.y4yquebec.org/>

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