DECEMBER 2022, ISSUE 9

# **Seniors Action Quebec**

**E-Newsletter** 



#### **INSIDE THIS ISSUE**

News from the Board page 2

Upcoming webinars page 3

Reminder - Resilience Training Manual page 5 We would like to take this opportunity of wishing you and yours all the very best for the holiday season. Please stay well and we shall see you in the New Year.

Please note we shall be closed from 1 p.m. Friday, 23 December until 9 a.m. 3 January, 2023

#### News from the Board

At the October 27 2022 meeting of the Board, it was unanimously resolved to appoint Katia Toimil-Bramhall the new Executive Director of Seniors Action Quebec. Katia, who had served as SAQ's Interim Executive Director since February 2022, has worked in the not-for-profit sector in a variety of roles for many years.

At the recent Annual General Meeting, held on November 17 2022, the following new members were elected to the Board:

Debbie Ford-Caron, Saguenay Lac-St-Jean Dian Cohen, Eastern Townships Sharon McCully, Eastern Townships Deidre Shipton, Lower Laurentians

In addition, the following officers were appointed: Walter Duszara, President Richard Silver, Vice-President Dian Cohen, Treasurer Diane Lemay, Secretary

## **UPCOMING WEBINARS in 2023**

Our <u>next webinars</u> will commence in February 2023, after the holiday period.

To register for any of these webinars, please email Ruth Pelletier at <u>ruthkathleenpelletier@gmail.com</u>

February 7 2023 10:00 AM – 12:00 PM Understanding Your Consumer Rights

Presenter:

Richard Goldman, lawyer and plain language specialist with Éducaloi.

Richard Goldman provides support to English-speaking community groups across Québec offering legal information to the public. A lawyer for more than 30 years, Rick has a wealth of experience in the community sector.

Topics that will be covered:

- Refunds and exchanges
- Pricing errors
- Warranties
- Online shopping
- What you can do when problems occur

#### March 14 2023 10:00 AM – 12:00 PM Estate Planning: What You Need to Know in Advance

Presenters: Me. Linda Hammerschmid Me. Samy Saltari Danny Sirgnano, Financial Topics that will be discussed:

- The Importance of Planning Ahead How to prepare your finances and reduce tax burden on estates through proper tax planning.
- The importance of having a will and the necessity of reviewing your will – Types of wills, what documentation should be put together in advance to help with the subsequent liquidation of the estate and sharing with heirs.
- The role of liquidator Duties and obligations and how to carry out a will search.

Please note that all previous webinars can be viewed on our <u>YouTube page</u>.

### **RESILIENCE TRAINING MANUAL**



We have remaining copies of the <u>Resilience Training</u> manual and USB keys with the videos of our six training modules. If you need extra copies or would like to share this resource with your extended network, please send us an email at <u>info@seniorsactionquebec.ca</u> and would be pleased to forward you a complete kit.

#### **UPCOMING PARTNER EVENTS**



Do you have any events in 2023 you would like us to share with the community? If so, please contact us at: <u>admin@seniorsactionquebec.ca</u> If you require a paper copy of this newsletter, please contact us by email (info@seniorsactionquebec.ca) or by phone 438-386-1944



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