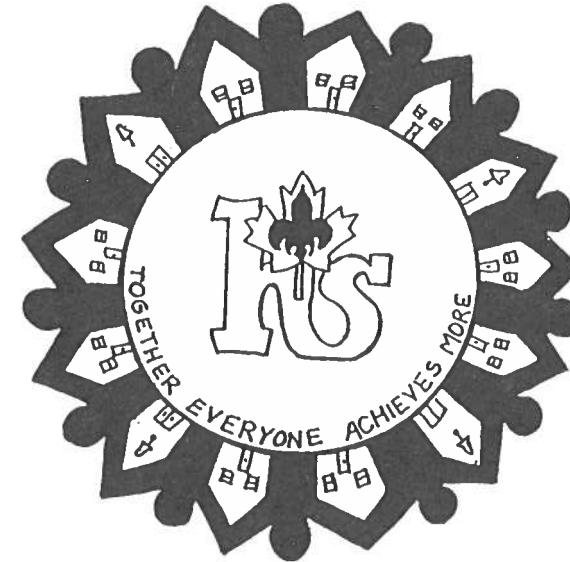


# T.E.A.M. WORKS



## \*\*\* 1999 FALL CONFERENCE \*\*\*

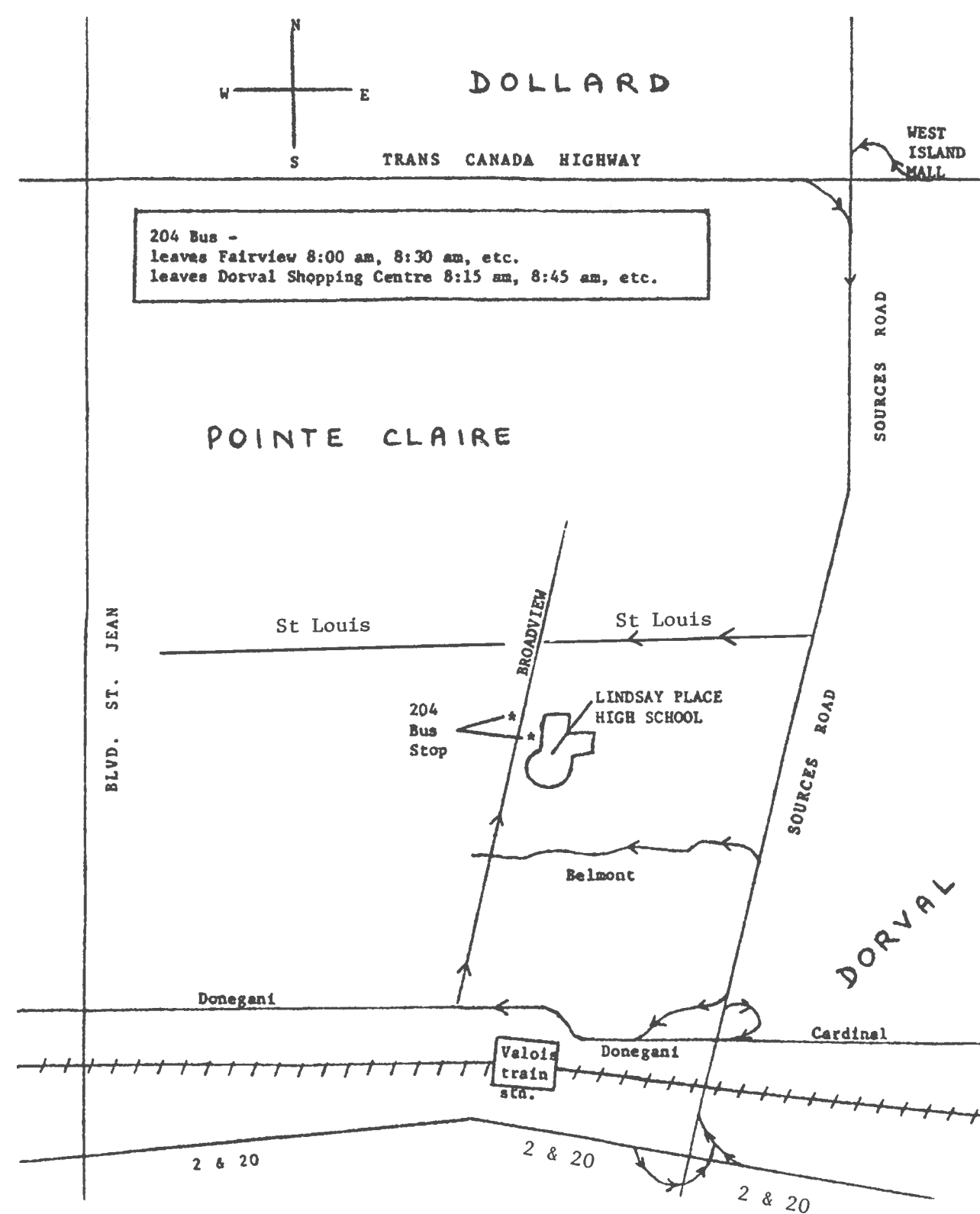
Saturday, October 23<sup>rd</sup>, 1999  
from 8:00 a.m. - 3:30 p.m.  
at  
Lindsay Place High School  
111 Broadview Avenue  
Pointe Claire

Please invite your parents, Governing Board, teachers,  
administrators, school board members and community leaders to attend.

In order to provide adequate space for workshops and the luncheon,  
**PLEASE REGISTER AS SOON AS POSSIBLE.**

For further information, please call the QFHSA office (514) 481-5619; fax 481-5610; e-mail  
qfhsa@total.net, or write QFHSA, 3285 Cavendish Blvd., Ste 562, Montreal, H4B 2L9.

**EVERYONE IS WELCOME**



**QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS, INC.**

1999 FALL CONFERENCE PROGRAM

Saturday, October 23

***“T.E.A.M. WORKS: TOGETHER EVERYONE ACHIEVES MORE”***

Working on the Home and School team can be both fun and challenging. The name of the game is “our children’s education”. The team players are the parents, teachers and school staff and the final score is measured by the success of our children.

8:00 - 8:30 am REGISTRATION/ DISPLAYERS (coffee/juice available)  
8:30 - 8:45 am PRESIDENT’S OPENING REMARKS  
8:45 -10:00 am PLENARY SESSION

**“VIOLENCE IN THE SCHOOLS”**

Violence in all its forms erupts in schools across North America. Everything from bombs and guns to pushing and shoving! Come and join this community TEAM of parents, teachers, students, youth workers and community leaders and become a part of the solution as we deal head on with this issue.

Panel Presentation: (followed by question and answer period)

Heidi Rathjen, Coalition for Gun Control  
Deb Kellman, Youth Counsellor, AMCAL Family Services  
George Springate, Police Technology, John Abbott College

10:00 - 10:30 am SPECIAL GENERAL MEETING  
10:30 - 11:00 am NUTRITION BREAK and DISPLAYS  
11:00 - 12:15 am **SESSION I - LEADERSHIP WORKSHOPS**

1) Members Matter!

Finding and nurturing volunteers in our children’s schools is the key to an effective Home & School Association. Parents need to feel wanted and be encouraged to participate in their children’s schools.

Workshop leader: **Jennifer Kirsh**, President, Edinburgh Home & School

2) Cooking the Books - for the treasured treasurers

A short basic book-keeping course. How and why to make a budget. Reporting to the group monthly and QFHSA yearly.

Workshop leader: **Denise Smyth**, QFHSA Treasurer

3) Run Meeting Run

How to conduct an efficient, dynamic, fair and enjoyable meeting that ends on time! Pick up tips and parliamentary procedures that will keep your meeting on track.

Workshop leader: **Ann Cumyn**, Vice-Chairman, Lester B. Pearson School Board

4) “Reach Out and Touch Someone”

Put your school on the map; multi-level marketing Home & School style. Open up the lines of communication with your parents and make your newsletter a membership tool.

Workshop leaders: **Cathy Albano**, President, East Hill Home & School

5) Rights and Wrongs

Keeping our fingers on the pulse of all the situations involving the rights of parents and their children in the education system. How to remedy wrongs and maintain rights.

Workshop leader: **Miriam Lalande**, QFHSA Past President

6) Protecting our Members: Comprehensive Liability Insurance

Our insurance agents will explain all about it. What it covers. What it does not cover. Knowledge you need to know.

Workshop leader: **Insurance Company representative**

12:15 - 12:45 pm **SESSION II - REGIONAL COUNCIL MINI-WORKSHOPS**

Regional Councils are a forum for Home and School leaders who come together to share ideas, issues and concerns about their schools and school boards. The purpose of these mini-workshops is to inform the Home and School members in each region how a Regional Council works and how to set one up.

- A. Vaudreuil to Hudson (off-island)
- B. Montreal (on-island)
- C. West Island
- D. Eastern Townships/Huntingdon
- E. Northern Quebec/Eastern Quebec
- F. Western Quebec

12:45 - 1:45 pm LUNCH and a last chance to visit the DISPLAYS

1:45 - 3:15 pm **SESSION III - PARENTING WORKSHOPS**

7) Successful Steps for Single Parenting

Deciding to end a marriage and go it alone can be very difficult for the whole family. As a parent you need to be aware of your own feelings, when to get help and how to face the many challenges of a new life.

Workshop leader: **Rhona Rabow**, Family Counsellor

8) “How to Talk so Kids will Listen”

How to help your child develop a positive and realistic self-image; to discipline without hurting or alienating. Teach your child to understand, identify and communicate feelings.

Workshop leader: **Fani Lobel**, Family Counsellor

9) Helping Children Handle Stress

We will explore the identification of stress signals in school-aged children; practical stress management skills designed especially for children and stress prevention.

Workshop leader: **Lucy MacDonald**, M.Ed.

10) Injury Prevention in Children and Adolescents

Are your children safe playing sports, roller blading or cycling? This is an overview of childhood injuries. Prevention is everybody’s business.

Workshop leaders: **Pediatric Specialists**, Montreal Children’s Hospital

11) PALS - Parents Assist Learning and Schooling - Children at Risk: Understanding violent behaviour

Parents play an important role in reducing violence, whether it is bullying or fighting. Parents need to become aware of the warning signs and what type of help is available.

Workshop leader: **Pat Waters**, QFHSA PALS facilitator

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS, INC.

**THINK TANK/FALL CONFERENCE REGISTRATION FORM**

**Friday, October 22/99 and Saturday, October 23/99**

**Please fill in one registration form for each person attending.**

School/Organization: \_\_\_\_\_

Delegate's Name: \_\_\_\_\_ Phone No. \_\_\_\_\_

**Friday, Oct 22, 6:00-9:00, Think Tank - I will attend** \_\_\_\_\_

**Saturday, Oct 23, Fall Conference Workshops**

Workshops will be assigned on a first come, first served, basis. Max. 30/workshop.

10:15-11:30	<b>Session I Workshops</b>	<u>First Choice</u>	<u>Second Choice</u>
	1) Members matter!	_____	_____
	2) Cooking the Books	_____	_____
	3) Run Meeting Run	_____	_____
	4) "Reach Out and Touch Someone"	_____	_____
	5) Rights and Wrongs	_____	_____
	6) Protecting our Members	_____	_____
11:30-12:30	<b>Session II Workshops</b>		
	Regional Councils mini-workshops		
	List region you wish to attend (A to F)	_____	
12:30- 1:30	Lunch	_____	
1:30- 3:00	<b>Session III Workshops</b>		
	7) Single parenting	_____	_____
	8) How to talk so kids will listen	_____	_____
	9) Helping children handle stress	_____	_____
	10) Injury prevention in children	_____	_____
	11) PALS - Understanding Violence	_____	_____

**Fees:** Indicate as appropriate.

Think Tank (Home & Schools only) @ \$10. \_\_\_\_\_

Fall Conference - prior to Oct. 15 @ \$20. \_\_\_\_\_

Special Combined Rate - Think Tank + Fall Conference

(early registration only - before Oct 15) @ \$25. \_\_\_\_\_

Fall Conference only - late registration - after Oct. 15

Home & Schoolers, Group Affiliates, non-H&Sers @ \$25. \_\_\_\_\_

**Enclose cheque, with Registration Form, payable to QFHSA, Inc.**

3285 Cavendish Blvd., Ste 562, Montreal, H4B 2L9. Tel.(514)481-5619; fax 481-5610