

# DRUGS & ALCOHOL

Laws and regulations



Legal drugs, controlled substances and psychoactive drugs are all regulated differently. Legal drugs are any prescription or over-the-counter drugs, controlled substances are drugs or chemical whose manufacture, usage, possession and distribution are controlled by the law. Psychoactive drugs are considered legal substance, known for their mind-altering effects.

## The Tobacco and Vaping Product Act



Under this Federal act, individuals under **18 years old** are prohibited from owning, purchasing and/or distributing products containing tobacco.

## Alcohol Regulations In Québec



The legal age to purchase, possess and consume alcohol in Québec is **18 years old**. Québec's impaired driving laws are in line with the Canadian Criminal Code.

## The Cannabis Act



In Québec, the legal age to purchase, consume and own cannabis is **21 years old**. The legal amount for possession is 30grams of dried cannabis in public spaces. Exceeding the prohibited level of 5 nanogram of THC per millilitres of blood can lead to serious DUI charges.

## DUI LAWS

DUI stands for "driving under the influence". A person is considered impaired if they have reached or went above the prohibited level or substance in their blood, and therefore represent a risk to others on the road.

Depending on the substance (alcohol, drugs or combination of both) and the level in your blood, penalties can range from fine, loss of licence to life imprisonment.

Youths under 21 years old and individuals with learner's or probatory license have to follow the ZERO TOLERANCE rule!

### Prohibited level for alcohol



The legal limit of Blood Alcohol Content (BAC) is 80 milligrams of alcohol in 100 millilitres of blood.

### Prohibited levels for cannabis



Two prohibited levels exist :

- Between 2 to 5ng of THC per ml of blood.
- More than 5ng of THC per ml of blood.

### Prohibited level for combination of both



The prohibited level of both substances combined is 50mg or more of alcohol per 100 ml of blood and 2.5ng or more of THC per ml of blood.

