



Skills and Thrills

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Animator, Summer Career Placement Program

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Sponsored by Services Canada

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A huge thank you to the resource people who helped to hold workshops for the youth: “A Development of Leadership Skills Session”, held by Sr.Reine Driscoll of the Catholic Diocese, Meeka Faucher of SADC and Shelly Lavallee of the Centre Jeunesse de Saint Augustine for facilitating the training session, and to Cathy Chenier, Meeka Faucher, and Shelly Lavallee for providing me with materials to assist with my project.

Thanks to everyone who has helped me in any way, and thanks to all the local organizations for their help throughout the project. A special thanks to CJAS radio for allowing me to work at the CAP Site office and for the use of their equipment, etc., and to the Catholic Church and St. Augustine School for providing me with space to hold my meetings and workshops, etc... Partnership is essential to the success of any project.

Lastly but not least, I would like to express my thanks to Human Resources Canada for funding this project, which provided me with the opportunity to work on such an initiative.

Kris Gallibois
Animator

Introduction

I was selected as the youth animator for the summer project sponsored by the Coasters Association. The summer project was named the “Skills & Thrills” project.

The main goal of this project was to develop leadership skills in the youth in St. Augustine ages 12-17. I held meetings with the youth, conducted workshops on leadership and decision making skills, decided upon a goal to accomplish and a plan to carry out the said goal. Also, I held fun sessions wherein the youth participated in activities and games.

For the first week I had worked in-office at the Coasters CAP Site at CJAS radio. For the weeks that followed I was working in the field, out-of-office and with the youth. I held meetings at the Catholic Church and the local school’s gym facility.

Summary of Activities

During the first week, I was working mainly in-office, preparing materials for the project to be held over the following 5 weeks. My first task was to prepare an announcement over the radio, through C.J.A.S radio station. I prepared two (2) announcements, the first one was an announcement of the project itself, and the second was a recruitment announcement for the youth with details on where and when the first meeting was to be held, which was Tuesday of the second week. (announcement documents, see **annex 3**). I had also called many community representatives such as Camil Fequet and Meeka Faucher to hold meetings with them during the second or third week.

Over the course of the second week, I met with the youth for the first time on Tuesday, at my house, to hold an initial meeting to decide upon the goal to accomplish and a youth facilitator. I also recorded the names of the youth who were there for the initial meeting, their names were: Jenna Gallibois, Steve Gallibois, Eric Mckinnon, Kristie Mansbridge, Talor Beaudoin, Kyle Shattler, Lucas Driscoll, Trevor Boland, and Henry Shattler. I believe the turnout was quite amazing, given the conditions and age group I was working with. We met and appointed Talor Beaudoin as the youth facilitator, and also decided that the goal to accomplish was “To obtain a floating dock at green cove, for swimming purposes”.

The pervious day I had contacted and met with Sr.Reine Driscoll, to help organize a workshop for the youth, this information will be detailed in the following chapter. On Wednesday we held this workshop and I felt this was a huge success with the youth. On Friday of that week I met with the youth again, this time at Anchor Point, the local swimming spot.

During the third week I spent most of my time holding meetings with the youth. I met with Camile Fequet, the Mayor, and explained about my project and asked if he could help in any way. He started off with an anecdote about one of his swimming trips, and proceeded to inform me that if the youth decided to build their own floating dock, he would provide the drums, free of charge. I met with Greta Gallbois, Board Member, to inform her about the ideas of the project and see if she thought it was a good idea to follow though with the initiative proposed. She thought it was a realistic goal, but we would have to push hard in order to get the dock. I also met with Meeka Faucher and Shelly Lavallee to discuss my project. Needless to say, they were extremely eager to get involved with the project and help out in anyway, Meeka also provided me with a workbook on relationships and communication activities, which I found very useful. I met with Cathy Chenier as well, but regrettably she was unable to become fully involved in my project, but gave me a box with tons of materials on drugs and alcohol abuse, to see if I could find anything I could take out of context to use in my project. It was also during this week that I mad met with Laurette Gallibois to obtain the key for the School Gym, where I would hold most meetings from then on, she told me to write a letter to the Governing Board (**Annex 4**) in order to obtain the key. I wrote the letter, and I obtained the key from Mila Robertson, who was working on the summer camp youth project.

I also met with the youth for some fun sessions and to decide upon how to obtain the floating dock. The initial idea was to visit the Mayor and ask him if there are any spare docks that no one is using that we could use. Camil Fequet said that he would contact the Transport Department, the authority on transport to see if there are any spare docks.

During the fourth week, we held more fun sessions and got a reply back from Mr. Camil Fequet, he said they had no spare docks, so we were at a loss. The group decided that we would attempt to build our own dock. The youth asked me to go to the Mayor for an estimate of the building cost if we were to make our own dock. He got back to us a few days later with an estimate by Curtis Driscoll of 700\$. The youth got together and wrote a rough draft of a proposal to the major organizations in our community, such as the grocery stores, C.J.A.S., etc.... I revised the letter and sent it out to the groups, but we didn't receive a reply, perhaps due to the timeframe of the project and the summer months for board members or company owners to meet.. Also during this week, the youth met with Shelly and Meeka, to decide upon which direction we were going to take. We also had some new recruits this week, Kim Bateman, Nathan Shattler and Tyson Maurice. We decided as a last ditch effort, we would contact the Transport Department ourselves.

On Monday of the fifth week, we called the transport Department to ask about the docks, he told us he'd look into it and would call us back later this week. We held a few fun sessions at the gym, and played a few games. On Wednesday we got our call back from Mr. Guy at the Transport Department, he said he talked to the Ministry of Transport and they told him that they weren't selling any docks. However, he said that if a dock was not in use to anyone, someone could take it, and they would not notice that it was gone. I informed the youth, and the facilitator appointed Steve Gallibois to come with me to inspect the size and condition of the docks. Steve, his father and I crossed the river to inspect the docks. As it turned out, we found a nice dock, but there was one problem: the dock was huge and weighed too much to be moved by anything other than a tractor. Although by the end of the fifth week, we still didn't have our dock, I feel that this project was a success all the same. It seemed to move something in the youth and they developed good decision making skills and leadership qualities.

On the sixth and final week, I held one final fun session with the youth and returned the gym key, sent out thank you letters to anyone who helped, and thanked the youth for participating in this summer project.

Information on Workshops

“Development of Leadership Skills Session” By Sr.Reine Driscoll

This was one of the most well played out workshops I have ever seen. Our activities during the workshop are as follows:

We started off with introductions of everyone around the table, from left to right, stating our name and saying one or two things we were good at.

Sr. Reine then handed out a worksheet called “Who are you”, it was a worksheet with a checklist of human qualities, good and bad, and scroll down the list checking off the qualities you think you possess with either a 1,2,3, or 4, 1 being: “I am never like this”, and 4 being “I am always like this”.

She then brought us out to another room inside the Church with four chairs in opposite directions, each chair had either “Never”, “Sometimes”, “Rarely”, or, “Always”. She had me read out each question on the previous worksheet, and everyone went to the chair that represented our answer. This activity was to help us better understand the strengths, weaknesses and habits of everyone in our group

In the next segment she went around the table asking us questions about the dock project, for example, fundraising, the follow through, building a database of resource people, making decisions on the development of the dock and so on.

We then played a role-playing game where two group members would either praise the project or tear it down, this was done to show the youth that a negative attitude can seriously affect the development of our goal, and that a positive attitude would help to accomplish our goal. I thought this was an excellent exercise, because it really showed the youth the dangers of negative thinking.

Up next was a self image survey worksheet, much like the “Who are you” worksheet, this was to help us realize our individual qualities, the difference this time being that the paper was focused on whether we have more positive thoughts or negative thoughts.

The final activity was a small group exercise where my group was split into two smaller groups. We developed a plan to obtain our floating dock and see if the two plans would have any parts alike. They turned out pretty similar, except one group wanted to build our own, and another wanted to find the dock from elsewhere.

We said thank you to Sr. Reine for holding the workshop and parted ways.

Youth Facilitator Training

This was a small training session provided by Meeka Faucher and Shelly Lavallee. We appointed Talor Beaudoin as the youth facilitator and had Meeka and Shelly talk to him. They spoke to him about being a leader, how to organize a meeting, they told him to get every group member's number so I could call upon Talor to call everyone else and get them to meet. They also gave him a number of sheets with information on being a leader.

Results of the Project

There were quite a few results from this project, but the most rewarding and important result has to be the change in the youth. They now seem wiser and more experienced at making decisions and being a leader. This was the main result I was aiming for, and I think we accomplished that, it is unfortunate that we couldn't obtain that floating dock, but given the circumstances we did alright.

This project also helped me become more experienced as an animator, this was my first time being a animator and I found it to be a fun and interesting experience. I also believe that this project helped the community become closer, even if only in a small way. It was nice to see the adults working with the youth and vice versa.

ANNEXES

2006 Summer Career Placement “Skills & Thrills” project

Schedule of Activities

June 19th –June 23rd (1 week)

- Set- up office
- Contact Laurette Gallibois, CJAS radio, for office space (free of charge)
- Contact Jose Driscoll for usage of Coasters equipment to organize her material, to tidy her office, etc.
- Deliver fax machine to Coasters Board Member, Greta, and order film for fax machine
- Create work plan (Schedule of Activities), with Cornella Maurice
- Familiarize with office procedures (rules and regulations, guidelines for employees and confidentiality agreement) – and other documents, and discuss with Cornella Maurice
- Familiarization with the project (work tasks and responsibilities)
- Prepare an announcement of the project for the public on CJAS radio
- Prepare an announcement to solicit youth to participate in the project age 12 to 17
- Build a database of community resource people: Camil Fequet, Ozzie D’ippolito, Meeka Faucher, Kim Keats, Laurette Gallibois, Sr. Reine Driscoll, Greta Gallibois, Keith Maurice, Shelly Lavallee, Cathy Chenier, with Lenora Keats – Office Manager
- Contact these resource people at the Municipality, School, SADC, Local Development Center (CLD), CJAS, Catholic Diocese - Church, Junior Rangers\Coasters Association, Sports & Leisure, Centre Jeunesse de St. Augustine, and CSSSBCN), for their support and information to assist with the project
- Build a list of Youth Participants who may be interested in the project
- Contact Sr. Reine to hold a workshop/training session with the youth (*during the weeks of July 3rd to 7th – if possible*)
- Contact Meeka Faucher to hold “Communications and Decision-making skills session” with the youth (*during the week of July 10th to 14th – if possible*)
- Contact Shelley Lavallee, Cathy Chenier and Laurette Gallibois to conduct “Training Sessions” with the Youth Facilitator and the other Youth Leaders
- Provide information to the Finance Officer, James Buckle to become employed
- Meeting (conference call) with Cornella Maurice and Kimberly Buffitt on Thursday, June 22nd, 2006 @ 10:30 am

June 26th – June 30th (1 week) – Monday, 26th is a holiday

- Research various programs at the Coasters office by contacting Lenora Keats – Office Manager, and with community partners, and on the internet to assist with the project (ie: leadership, communications, decision-making, workshop ideas – training, ice breakers, team building games, etc.)
- Contact youth to participate in the project
- Prepare all materials for the meeting with the youth, and with the resource persons
- Organize a meeting with the resource people for suggestions, ideas, information, etc, regarding the activity decided by the youth (as a group or individual meetings)
- Record the results of each meeting (*for the final report*)
- Finalize the week’s activities with Cornella Maurice and Kimberly Buffitt

July 3rd – July 7th (1 week)

- Prepare all information to conduct workshops with the youth participants
- “A Development of Leadership Skills Sessions” with the youth, held by Sr. Reine Driscoll
- Work with the youth on a specific activity
- Provide a “Training Session”, to a Youth Facilitator appointed by the group, and the to other Youth Leaders held by Shelly Lavallee
- Record the information of the workshop (*for the final report*)
- Communicate with Cornella Maurice and Kimberly Buffitt

July 10th – July 14th (1 week)

- Continue to work with the youth
- “A Communication and Decision –Making Session” with the youth, held by Meeka Faucher
- Start building a Project Proposal for the activity identified
- Provide a “Training Session”, to a Youth Facilitator appointed by the group, and other Youth Leaders held by Cathy Chenier
- Record the information of the workshops (*for the final report*)
- Follow-up to week’s activities with Cornella Maurice and Kimberly Buffitt

July 17th – July 21st (1 week)

- Continue to work with the youth
- Provide a “Training Session”, to a Youth Facilitator appointed by the group, and the to other Youth Leaders held by Laurette Gallibois
- Finalize the Project Proposal for the activity identified
- Record the information of the workshops (*for the final report*)
- Bring up to date on week’s activities with Cornella Maurice and/or James Buckle

July 25th – July 29th (1 week)

- Organize and hold a final FUN session with the youth, conducted by the Youth Facilitator and assisted by the Animator
- Write thank you notes to the resource people who helped out
- Produce a final report
- Prepare all the information and forward it to the Coasters office in St. Paul's River
- Finalize all the activities of the project with Cornella Maurice

Total: (6 weeks)

**Kris Gallibois
Animator
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Fax: 418-947-2664**

Contact the Coasters Association office:

Tel: 1-877-447-2006

Fax: 418-379-2621

E-mail: coasters@globetrotter.net

2006 Summer Career Placement “Skill & Thrills” Project

Community Organizations and Groups (Resource Persons)

Outlined below is the data base of the organizations and groups established in the community of St. Augustine.

MUNICIPALITÉ DE SAINT AUGUSTIN Mayor: Camil Fequet Tel: (418) 947 - 2404 Fax: (418) 947 - 2533	C.L.D Contact: Kim Keats Tel: (418) 947-2629 Fax: (418) 947-2533
ASSOCIATION DE SPORT Contact: Keith Maurice Tel: (418) 947 - 2660 / 1275 Fax: (418) 947 - 2660	ST. AUGUSTINE SCHOOL Contact: Ozzie D’Ippolito Tel: (418) 947 - 2312 Fax: (418) 947 – 2389
CJAS RADIO STATION COMMITTEE Contact: Randy Maurice (President) or Laurette Gallibois (General Manager) Tel: (418) 947 - 2239 / 2790 Fax: (418) 947 - 2664	COASTERS ASSOCIATION & JUNIOR RANGERS Contact: Greta Gallibois Tel: (418) 947 - 2379 Fax: (418) 947 - 2445 / 2670
CENTRE JEUNESSE DE SAINT AUGUSTINE Contact: Shelly Lavallee Tel : (418) 947-2638	CATHOLIC CHURCH DIOCESE Contact: Sr Reine Driscoll Tel: (418) – 947-2222 Fax:
CENTRE DE SANTE ET DE SERVICES SOCIAUX DE LA BASSE COTE NORD Contact: Cathy Chenier, Community Organizer Tel: (418) 947-2733 Fax: (418) 947-2665	S.A.D.C Contact: Meeke Faucher, Development Agent Tel: (418) 941-1201 Fax: (418) 947-2533

Announcements

No. 1

Hi, this is Kris Gallibois. I am hosting a summer project for the youth, called skills and thrills, through the Coasters Association. The purpose of this project is to develop leadership skills in the youth. The objectives are to develop communication and decision making skills to help the youth of St. Augustine learn how to facilitate meetings and workshops, work in a group and become leaders. Some of the activities will include ice breakers and team building games. We will also meet and decide upon an activity to accomplish and how to go about developing that initiative. We will get together during the week of June 26th to discuss the project with a fun activity for the next 4 weeks. This will be a fun and exciting experience for any youth wishing to participate.

No. 2

As you all may have already heard on the radio, I'm heading a summer project called Skills and Thrills for the youth sponsored by the Coasters Association. If you are between the ages of 12 and 17 and wish to participate, or, if you just want to know more about it, contact me, Kris Gallibois, at 947-2692. This project will be a joyful and useful experience for everyone. I hope you will join our team.

Annex 4

Kris Gallibois
General delivery
Coaster's Association
ST Augustine Depot
St Augustine, QC G0G 2R0

June 30th, 2006

Governing Board
St. Augustine, Qc
G0G 2R0

Dear Governing Board of St Augustine,

Hi, My name is Kris Gallibois and I am currently employed by the Coasters Association. I'm the animator for a summer project called Skills & Thrills. It's a summer camp about leadership and communication. Over a period of 4 weeks this summer, I will be working with the youth and developing their leadership skills. About 60% of the time, we will be working on this project and developing it. The other 40% of the time we will be holding fun sessions for the kids.

I am approaching the board, as advised by Mr. Kandler, for use of the school gym. I will require the school gym for some of the fun sessions this summer. I am aware that the KIDS Summer Camp 2006 has been given the facility. I was just wondering if we could work out an agreement where our project team could possibly use the gym facilities at times designated by the other summer camp, when they are not using it. Thank you for your time.

Sincerely,

Kris Gallibois
Animator

Kris Gallibois
General delivery
Coaster's Association
St Augustine Depot
St Augustine, QC
GOG 2R0

July 17, 2006

Attention: St. Augustine Retail, CJAS Radio, Municipality of St. Augustine, CNCC Hardware,
General Delivery St. Augustine, Qc.
GOG 2R0

Dear Ladies and Gentlemen:

Subject: Floating Dock

I am currently employed by the Coaster's Association in the capacity of Youth Camp Animator. The group that I am involved with decided upon a goal to accomplish within the community, the goal is a floating dock to use while swimming at Greencove.

We have a plan and an estimate, and are wondering if your organization would contribute towards our goal. For your viewing I have listed below the material and the organizations approached:

St Augustine Retail	Paint Color
CJAS Radio	Lumber
Municipality	Drums
CNCC Hardware	Nails

This dock would benefit a large group, small children to adults who love the water. Please help us accomplish our goal.

Thank you.

Kris Gallibois
Animator

