



Friend —Hoping you are well and healthy!

Here's a roundup of what's on the horizon at Y4Y and how we're making waves for the English Speaking youth community of Québec.

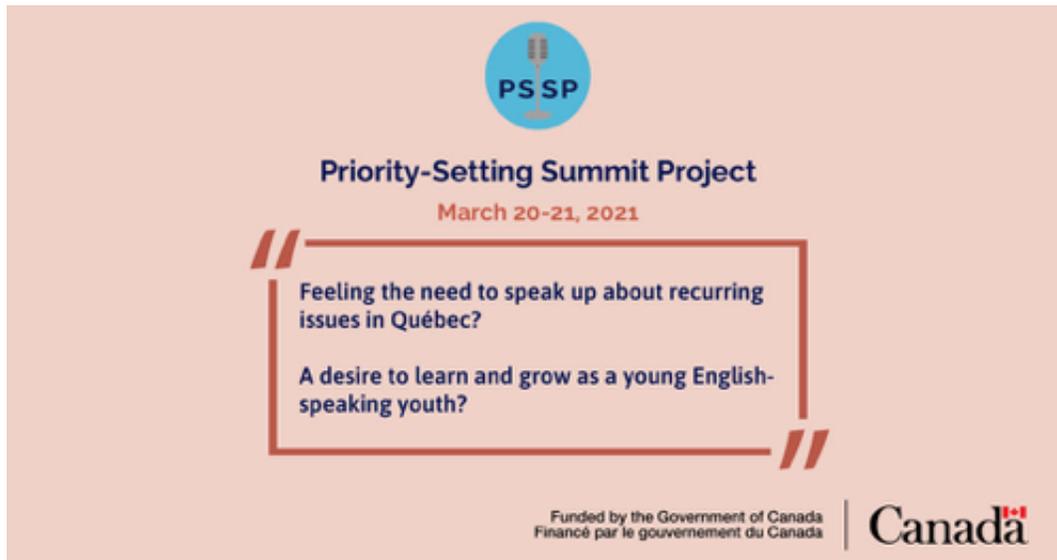
Upcoming Events



**The High School Experience through COVID-19:
Education & Mental Health**
March 16, 2021 at 5 pm

Has the pandemic affected your high school experience? If yes, join us tomorrow for an open discussion. Concerns, comments, struggles and successes - we want to hear it all!

To participate, contact: milla.luchak@y4yquebec.org



Priority-Setting Summit Project (PSSP)

March 20 & 21, 2021

PSSP aims to provide Québec's English-speaking youth with a platform to articulate their community's needs. Next week's summit will involve leadership workshops from YES Montreal and the Institut du Nouveau Monde (INM), as well as key note addresses from former NDP leader **Thomas Mulcair** and **Christopher Skeete**, the Parliamentary Assistant to the Premier for Relations with English-Speaking Quebecers.

Want to learn more? Click [here](#) for the full agenda and registration.



**Let's Talk about Mental Health & Well-being—
4th Annual Youth Forum**

March 27, 2021 at 10 am - 3 pm

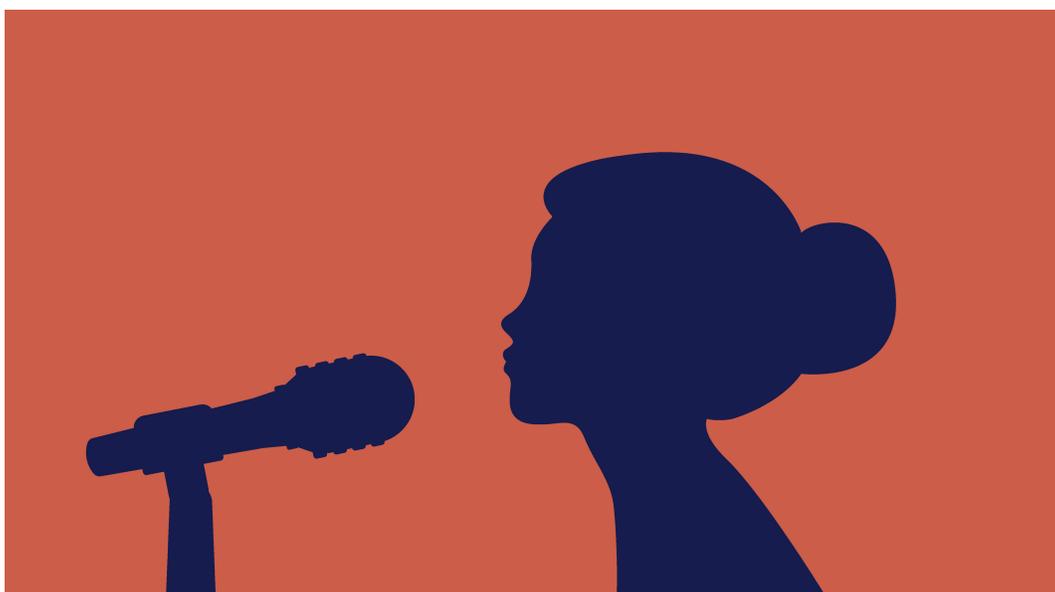
Life in lockdown has everyone wondering how to find connection in a world of isolation. Join us on March 27th for a (short) day of discussion, capacity building, and community support. You'll hear from David Birnbaum (Official Opposition Critic for Mental Health), explore creative outlets for introspection with Sophie Lessard-Latendresse (Art Therapist at Musée Nationale des Beaux Arts) and learn how to build a mutual support group with David Robinson (Community Worker) & Yamin Weiss (student in Social Work @ McGill). Don't miss the afternoon panel, facilitated by Ainslie MacLellan from CBC!

For full details and to register, [click here](#).

News

Volunteer Program

Do you want to get involved? Make a difference? Gain skills or simply meet people? We are currently looking for volunteers to join our Arts & Culture Committee, Regional Table Committee, and the Fundraising & Membership Committee. **To find out more, visit [our committees' page](#).**



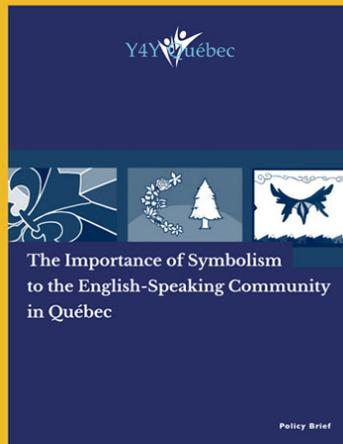
PSSP in the RAWQ Talk

Emily Bérard - Y4Y's Project Coordinator for **PSSP**, elaborated on this multiyear project and why it's important for youth to get involved. **Watch the latest episode from [Regional Association of West Quebecers](#)** and learn about our Priority Setting Summit Project.



Wapikoni Mobile - Workshop on Reconciliation

Y4Y staff had the opportunity to participate in a workshop hosted by **Wapikoni Mobile**, a non-profit travelling studio that provides training to youth while documenting Indigenous stories, traditions and communities. This eye-opening workshop included discussions and screenings meant to raise awareness about Indigenous cultures, issues and rights.



New Publication

“The Importance of Symbolism to the English-Speaking Community in Québec”

Common identifiers for social groups like flags and other visual objects can

reinforce a sense of belonging. As such, new symbols have the potential to express the multilingual characteristics of Québec. [Read this policy brief.](#)



New Podcaster at Y4Y!

We are delighted to have among us the multi-talented artist [Sampreet Arneja](#).

Sam is an actor, filmmaker, and the vocalist of a local Montréal punk band - [Undefined](#). In exploring the dynamic creative scenes across the province, he's become mesmerized with the Québécois culture and his hometown of Montréal.

Welcome to the team Sam!

STAY TUNED FOR UPCOMING EPISODES OF SAY LA VIE!

Ladies, YOU shine!



International Women's Day

March 8th has passed, but there's no time like the present to recognize the individuals that inspire growth and positive change in our communities. To the women of our Board of Directors and staff, as well as *all* women in Québec,

Canada and across the world:

THANK YOU LADIES - YOU SHINE!

Slack Community



Want to join the conversation on issues facing English speaking youth in Quebec? Stay informed, share your opinions, and get our latest updates. Click [here](#) to sign up for Y4Y's Slack channel.

Past Events



On March 11th, individuals from the province's vibrant heritage, culture and arts sectors discussed how personal experiences shaped their sense of belonging to their communities. Panelists spoke of traditions shared through the generations, avenues for expression as an English speaker and the importance of creating space for cross-cultural and generational exchange.

Learn more about Y4Y's [You are Here: The Belonging Project](#).



Working with our Partners in the Magdalen Islands

On Saturday, March 6th, the Council for Anglophone for Magdalen Islanders (CAMI) held a Paint Night event to celebrate International Women's Day. The event came from discussions with other local organizations on how they can reach the English-speaking community. During the event, both local and provincial organizations had the chance to present the organization and how it supports the English-speaking community. On Monday, March 8th, CAMI had the chance to host a similar event at Grosse Ile School with the girls in High School. Our President Madeleine Lawler addressed the participants with a message about the importance of having strong women role models in the leadership of the English-speaking community and in Québec.



**Consultation with Academic Advisors:
Student Experience through Co-vid**

On February 26th, we consulted with Academic Advisors and support staff from CEGEPs across Québec to gain a deeper understanding of the challenges post secondary students are facing as a result of the pandemic. While online learning has been beneficial to some students, additional support and resources for students *and* staff, would greatly improve the overall experience of school communities. A full report on these community consultations will be made available in Spring.

From the entire team at Y4Y, stay safe.
Ça va bien aller.

Madeleine Lawler / President

Kathleen Mulawka / Executive Director

Y4Y Québec is funded by the governments of Québec and Canada.



Y4Y Quebec

<http://join.y4yquebec.org/>

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