

Le Réseau de l'Est  
de l'île pour les  
services en  
Anglais



The East Island  
Network for  
English Language  
Services

# Community Sector Internship Opportunities



Dialogue McGill



Health  
Canada

Santé  
Canada

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**Le Réseau de l'Est de l'Île pour les services en anglais  
The East Island Network for English Language Services**

[info@reisa.ca](mailto:info@reisa.ca)

[www.reisa.ca](http://www.reisa.ca)

(514) 955-9370, extension 2217

Main office (Saint-Léonard):  
8370 Lacordaire Boulevard, suite 308  
Saint-Léonard, Québec, H1R 3Y6

Satellite office (Saint-Laurent) :  
750 Marcel-Laurin Boulevard, suite 120B  
Saint-Laurent, Québec, H4M 2M4

Satellite office (Rivière-des-Prairies) :  
11991 Pierre Baillargeon  
Rivière-des-Prairies, Québec, H1E 2E5

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*Please note that the information contained in this document is subject to change. REISA will not be held responsible for any content that may be out of date. Do not hesitate to contact us if you have any questions or comments.*



## **Almage Senior Community Centre**

Located in Montreal's East end, the **Almage Senior Community Centre** promotes a 'senior helping senior' approach, with the organization's mission to improve the quality of life for seniors who live independently. Students completing their internship at Centre will facilitate, develop, and support programs and services that are designed to enhance seniors' dignity, support their independence, and encourage their community involvement. Almage welcomes interns from various fields and levels of study who are dedicated to breaking senior isolation.

### **Internships Available for the Following Suggested Disciplines**

- Social Work and Social Service
- Physical and Occupational Therapy
- Dietetics and Human Nutrition
- Applied Human Sciences
- Creative Arts Therapies
- Nursing

CENTRE COMMUNAUTAIRE POUR PERSONNES AGEES



## **Learning Experience**

- Support, develop, and facilitate programs, activities and services for senior health promotion, education, recreation, social integration, and support
- Collaborate with professionals in multidisciplinary teams
- Organize and host fundraising events to ensure the vitality of this centre
- Collaborate directly with seniors through their active role as group and activity facilitator
- Support and encourage the seniors' independence through community involvement and promotion of healthy living

**Internship Feedback:** *“Almage is a great place to complete your internship. Although I encountered a number of challenges, I gained a lot of knowledge in my ability to tackle these issues and I am very grateful for that.”*

## **Contact**

Rajneet Dhesi, Activities Coordinator

Almage Senior Community Centre

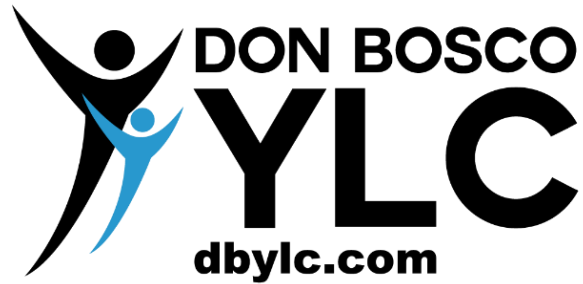
8680 rue Hochelaga

Montréal, QC, H1L 2M6

Tel. (514) 355-1712

[rajneetd@almage.org](mailto:rajneetd@almage.org)

Website: [www.almage.org](http://www.almage.org)

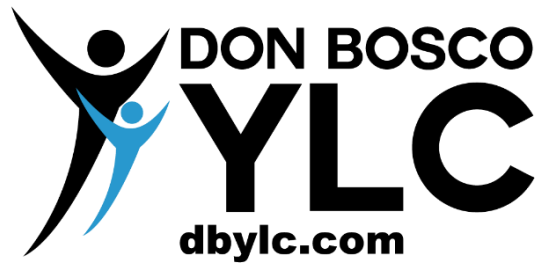


## **Don Bosco Youth Leadership Centre (DBYLC)**

Located in Montreal's East end, the **Don Bosco Youth Leadership Centre (DBYLC)** is a non-profit community organisation focusing primarily on youth, teenagers, and young adults. The Centre's goal is to provide opportunities for positive growth and to offer vibrant and varied programs. The DBYLC seeks to create change by promoting opportunities for student interns to explore their leadership skills and qualities in terms of social, cultural, moral, educational, and recreational aspects. The Centre welcomes interns who are dedicated to social development through the creation and support of community programs and initiatives.

### **Internships Available for the Following Suggested Disciplines**

- Applied Human Sciences
- Creative Arts Therapies
- Marketing and media (social media)



## **Learning Experience**

- Plan, animate, and coordinate various youth groups and activities such as the Centre's Future Leaders Project, various teen programs and Girls Club Program
- Participate in and manage special events hosted by the Centre such as the Don Bosco Youth Festival • Create initiatives to reach out to youth in need.

## **Contact**

Theo Vecera, Program Coordinator  
Don Bosco Youth Leadership Centre—DBYLC  
11991 Pierre Baillargeon  
Montréal, QC, H1E 2E5  
Tel. (514) 648-6421  
Fax: (514) 648-6404  
Email: [ylctheo@hotmail.com](mailto:ylctheo@hotmail.com)  
Website: [www.dbylc.com](http://www.dbylc.com)



## **The Center of Dreams and Hopes (CDH)**

Interning at the **Center of Dreams and Hopes (CDH)** will allow you to practice in a collaborative environment, where the mission of this organization is to support the preservation and development of English therapeutic and recreational activities for youth and young adults (aged 0-21) with intellectual and/or physical disabilities. Located in Montreal's East end, CDH encourages an integrative approach in their mission to improve access to health and social services for primarily English-speaking youth and young adults with intellectual and/or physical disabilities.

### **Internships for the Following Suggested Disciplines**

- Social Work and Social Service
- Physical and Occupational Therapy
- Communication Sciences and Disorders
- Creative Arts Therapies
- Special Care Counselling



### **Learning Experience**

- Participate in multidisciplinary team meetings and case discussions
- Collaborate with special needs clients and their caregivers through a variety of social intervention skills learned in training
- Complete grant applications and research funding opportunities to ensure this centre's sustainability
- Incorporate an interdependent framework by providing psychosocial support counselling, resources and referral information to parents and caregivers
- Community outreach through the facilitation of self-care support and wellness groups

**Internship Feedback:** *“Completing my field placement at CDH was eye-opening. CDH allowed me to pursue my passion for human connections, as this organization applies an integrated approach and is an innovator in empowering individuals to create change.”*

**Contact:** Josie Primiani, President  
Center of Dreams and Hopes—CDH  
12550 boulevard Lacordaire  
Montréal-Nord, QC, H1G 4L8  
Tel. (514) 327-6667 Ext. 200



Email: [garderiebravobambino@bellnet.ca](mailto:garderiebravobambino@bellnet.ca)





## **The East Island Network for English Language Services (REISA)**

**REISA**, a community organization, seeks to increase access to health and social services in the English language in areas where minority groups are more comfortable receiving services in English than French, through collaboration with public, private and community stakeholders. This organization has been a pioneer in terms of strengthening and improving the vitality of the English-speaking minority community in the East and North ends of Montreal, as REISA is an advocate for the promotion and preservation of Quebec's vibrant and multicultural population. REISA's head office is located in Saint-Léonard, with satellite offices in Saint-Laurent and Rivière-des-Prairies.

### **Internships for the Following Suggested Disciplines**

- Community, Public Affairs and Policy Studies



## **Learning Experience**

- Advocate and engage in community development and capacity-building through education and health promotion
- supporting member organizations & fostering partnerships
- Data collection and research-sharing
- Promoting health and social service job opportunities in the East end of Montreal

## **Contact**

Lucinda Marshall-Kiparissis, Communications & Outreach  
Coordinator

REISA

8370 boulevard Lacordaire, suite 308

Saint-Léonard, QC, H1R 3Y6

Tel. (514) 955-8370 Ext. 2217

Email: [info@reisa.ca](mailto:info@reisa.ca)

Website: <http://www.reisa.ca>



## **Centre Leonardo Da Vinci**

Through its cultural, artistic, sporting, and social activities, the **Leonardo da Vinci (LDV) Centre** seeks to enhance the unity of Montreal's Italian community, nourish exchanges among people of all ages, and strengthen bonds between cultural communities.

The LDV Centre the ideal place to organize events, meetings, art exhibitions or attend plays, computer courses, concerts, or films. In addition, the modern sporting club facilities and activities for youth and seniors are always available.

The LDV Centre is building a community heritage today for the generations of tomorrow.

### **Internships for the Following Suggested Disciplines**

- Applied Human Sciences: Human Relations



## **Contact**

Milva Franzini, Coordinator of Education Programs

Centre Leonardo Da Vinci

8370 boulevard Lacordaire

Saint-Léonard, QC, H1R 3Y6

Tel. (514) 955-8370

Email: [mfranzini@centroleonardodavinci.com](mailto:mfranzini@centroleonardodavinci.com)

Website: <http://www.cldv.ca/>



## **Community Learning Center - Laurier Macdonald High School**

LEARN's Network of Community Schools, known as **Community Learning Centres (CLC Schools)**, have a dual role in Quebec: student perseverance and community vitality. In CLC Schools, a dedicated coordinator works closely with school principals and staff to establish mutually beneficial partnerships with community-based organizations, municipalities, local businesses, families, and community members. These partnerships result in support to community and school improvement through enhanced access to recreational, educational, social, and cultural opportunities for youth, families, and the English-speaking community at large. LEARN's Network of Community Schools (CLCs) bring together the expertise and efforts of educators, students, parents, and partners in our community to cultivate success for all learners.

### **Internships for the Following Suggested Disciplines**

- Community, Public Affairs and Policy Studies
- Social Service



## **Learning Experience**

- Engage in community development
- Project planning and development in partnership with the CLC, Youth Worker, or Spiritual Animators.

## **Contact**

Bobbie Variantzas, Community Development Agent  
Laurier Macdonald High School  
7355 Boulevard Viau  
Saint-Léonard, QC, H1S 3C2  
Tel. (514) 374-6000  
Fax: (514) 374-7220  
Email: [cvariantzas@emsb.qc.ca](mailto:cvariantzas@emsb.qc.ca)  
Website: <http://www.lauriermacdonald.ca/clc.asp>





## **Italian-Canadian Community Service of Québec (SCCIQ)**

Completing a field placement at the SCCIQ is unquestionably an enriching experience, as this organization seeks to provide targeted individuals, groups and organizations with opportunities to fully utilize and integrate existing services offered in and by both Quebec and Canadian society. Established Montreal's East end, this community partnership welcomes both local and international student interns from different areas and levels of study to provide psychosocial assistance, support and resources to a multitude of client demographics. Given that the Montreal's East has a significant Italian population, whose younger generation is mostly English-speaking; the SCCIQ promotes Italian culture and language and provide services in English, as this organization strives to encourage this demographic's involvement within the community.

### **Internships for the Following Suggested Disciplines**

- Social Work and Social Service
- Applied Human Sciences
- Nursing
- Dietetics and Human Nutrition



## Learning Experience

- Collaborate with youth, families, adults, and the elderly
- Counsel, support and refer client demographics to existing resources
- Work on multidisciplinary teams
- Facilitate support groups, workshops, and conferences to promote and address health-related subjects
- Support and develop different programs and activities promoting healthy living
- Develop hands-on tools and resources
- Participate in health kiosks at community centers, educational institutions and pharmacies

**Internship Feedback:** *"It has been a pleasure completing my placement at the SCCIQ because I get a touch of everything. I am able to work with dynamic and diverse populations. The SCCIQ and its network partners are easily accessible via public transportation."*

## Contact

Maria Maiolo, Executive Director  
Italian-Canadian Community Service of Québec— SCCIQ  
8370 boulevard Lacordaire, suite 303  
Saint-Léonard, QC, H1R 3Y6  
Tel. (514) 274-9461 or (514) 274-9462  
Email: [mmaiolo@scciq.com](mailto:mmaiolo@scciq.com)  
Website: [www.scciq.com](http://www.scciq.com)



## **Toxico-Stop Centre**

Completing a field placement at **Toxico-Stop Centre** allows interns to practice in an autonomous environment, as this organization seeks to provide services to adults over the age of 18 who have addiction problems. Toxico-Stop provides programs and services through a humanistic approach which recognizes that treatment must be tailored to the individual and their specific needs by creating a warm, trusting, and safe environment. Located in Montreal's East end, the Centre welcomes student interns from diverse areas and levels of study who are passionate in assisting individuals access specialized services to help them overcome their addiction difficulties.

### **Internships for the Following Suggested Disciplines**

- Youth and Adult Correctional Intervention
- Special Care Counselling (specialization in Substance Abuse Counselling)
- Nursing (specialization in Addiction)
- Social Work



## **Learning Experience**

- Provide support throughout each resident's therapeutic and social reintegration process
- Receive proper training to evaluate resident's needs, including distribution of medication
- Collaborate with residents to develop treatment plans adapted to each individual.
- Facilitate support groups and workshops
- Provide residents with specialized and targeted resources

**Internship Feedback:** *"Toxico-Stop Centre is perfect for interns that are looking for a dynamic and fast-paced environment. That being said, workers from Toxico-Stop make you feel like you are part of their team, as they give you responsibility and autonomy, making this experience extremely gratifying."*

## **Contact**

Joe Marsillo, Executive Director

Toxico-Stop Centre

4858 boulevard Gouin Est

Montréal-Nord, QC, H1G 1A2

Tel. (514) 327-6017

Email: [joe\\_marsillo@videotron.ca](mailto:joe_marsillo@videotron.ca)

Website: <http://www.toxico-stop.com>



**Find out more and get involved!**

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[info@reisa.ca](mailto:info@reisa.ca)