



2021 - 2022



ANNUAL REPORT

THE DIFFERENCE IN YOUR
COMMUNITY

www.visiongaspeperce.ca

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2021 - 2022

PRESIDENT'S MESSAGE



The 18th year of our service to the Anglophone community comes to an end, and it is an honour for me to have served on Vision's Board of Directors for ten years. During this time, I have witnessed our organization's continual growth and our community's appreciation of us and our role as a valuable resource. Our federal, provincial, and local governments continue to recognize and acknowledge the importance of social support organizations such as ours and continue to collaborate with us.

Our primary focus remains on the health, education, and well-being of our seniors, youth, and families. Our mandate to ensure that the English-speaking population continues to have resources and access to fundamental services in their language is being fulfilled in new and different ways each year. Vision's ability to provide opportunities for the English community to come together and participate in social activities, programs, and information sessions continues to reach new segments of the population.

We recognize, respect, and appreciate the presence and culture of our Francophone and Aboriginal neighbours and we value our work together to achieve mutual goals, leading to productive and fulfilling partnerships. For example, Vision has just received funding for a Bilingual Youth Engagement Project, the objective of which is the integration of English and French youth on relevant programs and projects.

Our long-term strategy aligns with those of our sister organizations, partners, and funders. Vision has an added priority of access to English education and more opportunities for post-secondary education in the region, early childhood services, French training courses, enhanced organization capabilities (such as digital capacity), and sustained funding.

This is our Annual Report, which provides detailed information on Vision's programs, projects, services, and finances, and we welcome you to read through our accomplishments. We also invite you to visit our Facebook site throughout the year and we welcome all inquiries, ideas, and suggestions from the community for our continued growth.

Finally, I want to extend my gratitude and thanks to our board members and to all our staff, all of whom are very committed and dedicated individuals, working hard together to realize our mission.

PRESIDENT

TONY CONOLEY



EXECUTIVE DIRECTOR'S REPORT

The 2021-2022 year has seen Vision moving ever forward. Coming out of the pandemic restrictions, which have eased throughout the year, has been difficult and has required adaptability on the part of our team and for the community at large. In particular, the directives for vaccination passports, QR codes, and new travel-related documentation has sparked new needs within our community, which Vision has worked quickly to fill.

It has taken some time, but in-person activities are almost back to their pre-pandemic frequency. If one positive aspect has come from the ups and downs we have experienced over the previous two years, it is our team's ability and openness to think outside of the box and to try new things. I am proud to be part of such a flexible and dynamic group.

I want to take this opportunity to highlight the amazing abilities of our Board, who have been working hard to support me by ensuring that we have up to date information, allowing me to create positive working conditions and a constructive working environment. It's important to remember that our Board is comprised of volunteers, and this dedication is a sign of their commitment to our community.

As I reflect on the difficulties and obstacles faced since March 2020, the strength of our organization is evident. This is all down to our team and our Board. A huge thanks goes out to all of Vision's employees, who work so hard to provide for our community:

Our 20th anniversary as an organization is approaching in 2024, and I feel that the best is yet to come. We have so much to offer, a force for positive change and continued development for you all.

EXECUTIVE DIRECTOR
JESSICA SYNNOTT



OUR EMPLOYEES



- **Florence Agnesi** – Finance Manager
- **Amie Chicoine** – Bright Beginnings, and Early Childhood Program Manager
- **Stephanie Bond** – Barachois Senior's Wellness Centre, Art Programs, and Graphic Design
- **Shanna Réhel** – Barachois Community Liaison, Caregiver Support, Early Childhood and Family activities
- **Laura Comeau** – Senior's Wellness Centres, Early Childhood and Family Activities, and DADventures
- **Nyree Patterson** – Digital Literacy and Program Manager
- **Anne Nober** – Arts and Culture Coordinator
- **Emma McGinnis** – Men's Outreach Coordinator, McGill Coordinator and Website Coordinator
- **Melissa Savidant** – Youth and Senior Wellness Coordinator



Amie



Shanna



Nyree



Emma



Florence



Stephanie



Laura



Anne



Melissa

PROJECTS FOR SENIORS:

WELLNESS CENTRES:

The objective of the Wellness Centres is to help seniors live independently. We achieve this by providing participants with health information and activities that maintain and improve the physical, mental, emotional, and psychological states of participants.

- Three Senior's Wellness Centres were held with one coordinator: Gaspé, Murdochville, and Maison Quartier in Gaspé. They continued this year on a monthly basis
- We kept in contact with participants online through various social media platforms, playing bingo, doing chair yoga, and other activities during pandemic restrictions
- When permitted to resume activities in person, we enjoyed doing crafts, exercising, and having guest speakers present on multiple topics
- These Wellness Centres occurred once a month, with the exception of Gaspé Wellness, which is held twice a month
- Approximately 40 senior's wellness members were happy to participate, collective over all three centres
- The Barachois Wellness Centre focuses on games and activities for seniors, followed by light exercise, lunch, and information sessions. An average of ten seniors attend on a bi-weekly basis



CHILDREN, YOUTH, AND FAMILIES:



BRIGHT BEGINNINGS:

Family Fun Packages

- 31 children of Pre-K, Kindergarten, and associated daycares of local elementary schools received a package which included books, recipes, stickers, coloring pages, a summer toy, information, and snacks in June 2021

Wiggle, Rhyme, and Storytime

- 8 sessions are held (7 online, 1 in-person)
- Between 3-6 children participated
- A book was read through video-sharing, a craft was assembled together, followed by a snack that was provided in the bag for the online model

Thankful Turkey Coloring contest

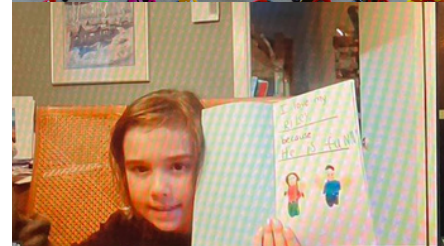
- Held online for the Thanksgiving holiday
- 38 children participated
- A video compilation was created of children holding up their coloring pages, describing what they are thankful for

Mask-Making craft

- 2 sessions held during a Gaspesian Way event
- 13 children participating in coloring, cutting, decorating, and putting together their masks

Early Childhood Week

- Video compilation created with Pre-K/Kindergarten students of 2 elementary schools answering the question, 'What's so great about being a kid?'



Bright Beginnings Dry-Erase Calendar

- Dry-erase calendars were created, based on a model from Council for Anglophone Magdalen Islanders (CAMI), with a full magnetized back so they can be placed on the fridge
- Relevant phone numbers for local organizations and businesses are included on the calendars
- Were distributed to all families with children ages 4-8, of both elementary schools

Healthy Early Years

Healthy Early Years (HEY) focuses on activities for children from 0-8 years old and their families.

Online Movie Event

- A short cartoon was shown via Facebook messenger

Travelling Storywalk (HEY)

- The plan and creation of Travelling Storywalk has begun
- A bilingual children's book will be placed on poster board laminations to create a literacy activity for families along any walking path
- These will not be permanent fixtures along any one trail, but will be rotated around different parts of our territory



Nobody's Perfect Program

- A collaboration with Maison de la Famille
- 8-part workshop series with families 0-5 year olds
- Support and information for families on topics relevant to their particular situations
- 4 participants

Halloween Bat Activity

- A collaboration with the GLC and SOS Bats
- 5 children participated in a book reading, bingo game and craft, and information session, with the theme of Bats

Color-Themed Food Tasting Project

- A collaboration with the ESSB
- This project was led by the elementary school Principal in partnership with the Early Childhood Program Manager of Vision
- This project was held over the course of 6 weeks, with Belle Anse School and Gaspé Elementary School
- All students (approximately 150) had the chance to taste 8-10 different food items from 6 different color groups, while learning about the benefits of each group and the importance of a well balanced diet

Healthy Snacks Project

- A collaboration with Belle Anse Elementary School
- This project gives each child access to fruit for a morning snack, every day of the week
- Fruit and yogurt is picked up and prepped once a week



Christmas Family Community Walk (Bright Beginnings)

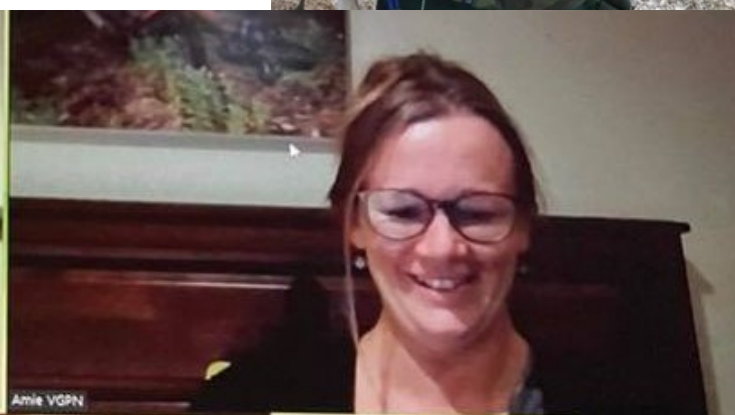
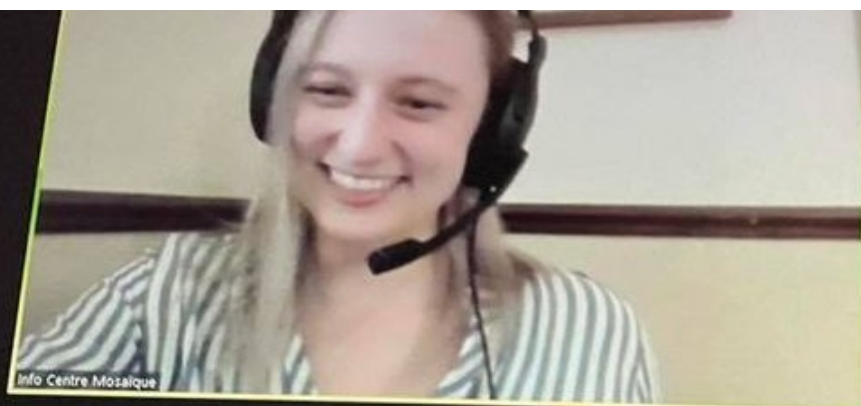
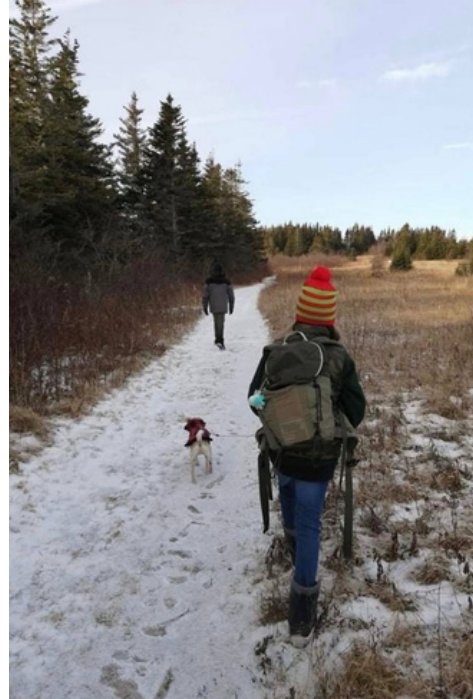
- 7 participants took part in an intergenerational walk of the Green Point Trail in Point St. Peter

Family Planner

- Vision was involved in partnership with MRC Côte-de-Gaspé, Town of Gaspé, Maison de la Famille, and others in the layout, contribution, translation, and distribution of a Family Planner to local elementary schools in Fall 2021

Community Language Development Project

- A collaboration with Centre Mosaique and the Committee for Anglophone Social Action (CASA)
- 6-week Word Play program completed with 3 families from our territory, led by a Speech Language Pathologist (SLP) from Centre de Mosaique, a speech-language pathology clinic that provides services to children and adults
- 6 collaborated in Walk the Talk sessions held online for families and service providers with SLP from Centre Mosaique (3 sessions hosted by Vision Gaspe-Perce Now, 3 hosted by CASA)
- Private Facebook page was created for participants of the Word Play program



PRENATAL SESSION(HEY)

The HEY Program, or Healthy Early Years, is geared toward educating parents on ways to build healthy and resilient babies, establishing good habits that will last into childhood and beyond.

- 6 in-person prenatal sessions, with an informal meal provided and a prenatal nurse on site to provide information

HEALTHY RELATIONSHIP WORKSHOPS

- A collaboration between Vision, the Eastern Shores School Board (ESSB), and a Sexual Health Specialist
- Teresa Norris, a Sexual Health Specialist, provided two different evening workshops for parents, entitled Healthy Relationships 101
- Each session had between 3-5 parents in attendance
- High school students were also given workshops during school hours by the same specialist



PARENT LIAISON GASPÉ ELEMENTARY SCHOOL AND BELLE ANSE ELEMENTARY SCHOOL

- Workshops were held once a month for parents and family members of Pre-K children, to provide information and support as they transition into the first year of school with their children
- The Early Childhood Program Manager continues in the role as Parent Liaison. A total of 6 sessions were held for the 2021-22 school year with topics of Healthy Snacks, Relaxation Bins, Benefits of Outdoor Learning, 3 R's to Relieve Stress, Adventure Play Day, and Emotions
- 13 families from one school and 7 families from another were the participants of these sessions
- First session was held for a new program in the Kindergarten classroom, following the same model

Positive Discipline workshop

- 2 parents attended

BACK TO SCHOOL ESSENTIAL OILS SUPPORT WORKSHOP

- Held during the open house at the beginning of school year at the Gaspé Polyvalent with Wellness Coach, Gabrielle Hélène Coulter
- 5 parents attended

Video Capsules

- 11 prenatal information video capsules recorded with CISSS's perinatal nurse
- 6 nutrition information video capsules recorded with CISSS's Nutritionist



FIERCE & PROUD

- Aims to teach important life skills to children between the ages of 8-12
- Interest in this project was expressed by members of the community with children of school age, and the project was designed to meet that need
- The first activity was held in Belle Anse and children there were taught how to make a fire in the woods, what safety measures to follow, and how to respect nature
- A second activity taught children the basics of baking, by making chocolate chip cookies. This activity included properly measuring ingredients, using an oven safely, and how to handle hot objects with care
- Approximately 8-10 children enjoyed both of these activities



Holistic Nutrition for Teens

- Attended in-person by 9 teens.
- Discussion with a wellness coach about food, unhealthy habits, and common myths about food and eating
- Each prepared mini pizzas and then all ate their meal together
- Journals and pens were provided for the self-reflection questions part of the workshop

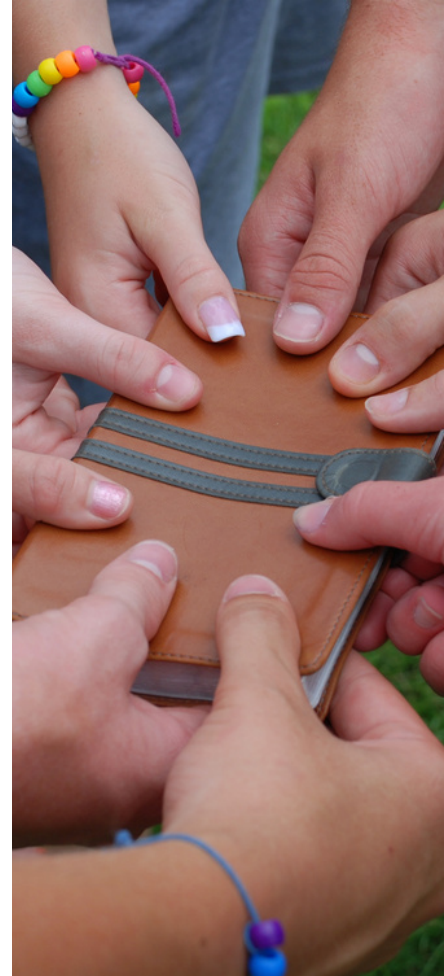
Youth Mental Health Initiative

The Youth Mental Health Initiative aims to increase access to mental health services available to youth, ages 15-29.

- Planning and Representation
- The first steps of the project entailed reviewing resources, doing research, planning, and reviewing the project through resources provided by the CHSSN, le Secrétariat à la jeunesse Quebec, and the Fondation Lucie et André Chagnon
- Vision's Coordinator met with CASA and CAMI regarding the regional youth strategy to be implemented as part of the Youth Mental Health Initiative in the coming year
- Vision was also represented at the CHSSN Youth Mental Health Initiative Community of Practice meeting held in February 2022, as part of this project

Strength Finder/Strength Explorer workshop series

- A collaboration between Vision and the ESSB
- Held in-person at the high school
- The coach was online from Montreal and two of Vision's staff were present in the classrooms
- A 4-part workshop series was held in spring 2021 for Secondary 3 (15 students) and Secondary 5 (16 students)



- A 5-part workshop series was held in winter 2022 for Secondary 5 (10 students)
- A 4-part workshop series of Strength Explorer was held in winter 2022 for Secondary 1 (20 students)

CHSSN Pulse Check Survey

- The survey measured the wants and needs of youth in the area, distributed by Vision and these partner organizations: the GLC, the Centre Jeunesse Emploi (CJE), and the Wakeham Adult and Vocational Education Centre (WAVEC)

Enhancing Regional Community Capacity Initiative (ERCC)

- Vision collaborated with the CJE, the GLC, and the Community Learning Centre (CLC) to host a Reality Check event for Secondary 5 students at the Gaspé Polyvalent. This event was designed to introduce students to everyday budgeting. Students were given an annual budget and were invited to circulate through various tables representing housing, groceries, extracurricular activities, and other expenses. The 13 students who participated expressed how much they loved the interactive approach
- Vision joined the new Steering Committee for the GLC's new project Combatting Drop-outs and Bridging the Post-Secondary Gap for Students
- Vision and the local CLC coordinator supplied high school students with a survey of activities and attended student council meetings to obtain insight into what activities would best engage students and what they are looking for outside of the school program



CULTURE AND ART IN THE COMMUNITY

ARTS AND CULTURE COORDINATOR

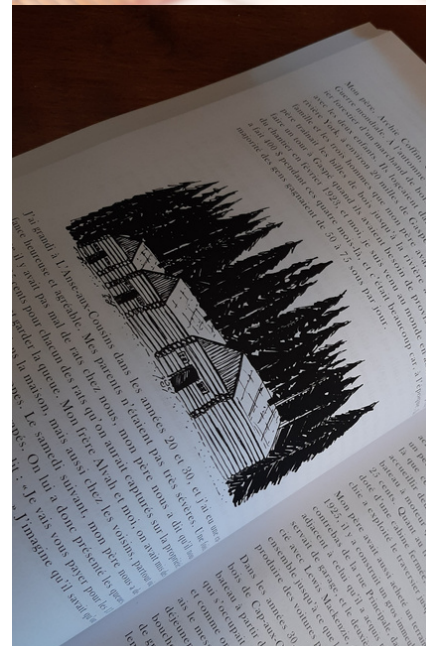
- Ongoing collaboration with Magazine Gaspésie to translate English articles into French, to increase bilingual content, and to promote articles written by English-speaking community members.
- Networking with Culture Gaspésie and their development agent, supporting Anglophone artists on their path to becoming professionals. Discussing various local cultural directories initiatives.
- Networking with Unité régional loisir et sport Gaspésie Les Îles to offer more visibility to Anglophone artists and artisans offering workshops/activities
- Collaborated with Douglastown Community Centre on leather work activity and produced activity. 11 participants.
- Co-organized a one-day festival in Douglastown with The Gaspesian Way with approx.: 100 participants
- Vision staff created a skit to be showcased on the online Gaspesian Way Christmas special: 1300 views
- Organized “Stories from Land’s End” book launch events in Douglastown and Barachois. 77 participants

CHSSN – Travel4Health

- Partnership with CASA for Patient Navigator project

Outdoor activities for youth

- Partnership with high school for collaboration on the Duke of Ed outdoor component
- Support on content and logistics.
- Collaboration on a day hike in Forillon National Park
- Collaboration on a 3-day camping trip in Parc National de la Gaspésie



ART WORKSHOPS-ART CAFÉ:

- 12 Art Café workshops were offered to the community, where community members were offered the opportunity to explore new art forms and learn something new.
- The techniques that were explored included wine glass painting, wreath making, stenciling, and painting on canvas
- 150 people attended over the 2021-2022 year

Midway through the year, several participants were asked to complete an evaluation form. When asked: “Did you enjoy the workshops, and why?” these participants responded:

- “Yes, It’s nice to be able to socialize with people and have a finished painting to bring home”
- “I really enjoyed the workshops because I’m a single mom and it’s great to get out of the house. I am also practicing self care and self love. I wanted something for myself and mental health”
- “Sooo relaxing for the mind. My first time ever and I will be back for more for sure”

All participants commented on the success of the Art Café and mentioned that they look forward to more workshops next year.



GASPESIAN VOICES PROJECT

- Produced and directed by Tom Eden in association with Vision Gaspé-Percé Now
- The Gaspesian Voices project calls for the production of 15 videos and 30 podcasts focusing on the English language minority of the Percé-Gaspé area
- Much of the last few months has been spent identifying subject matter and interviewees
- Contact has been made with a number of partners such as the Douglas Community Centre, the Barachois and Area Development Committee, the York River Seniors Club, as well as meeting with community members through events such as the Barachois 350th anniversary celebrations, the Malbay Festival, le Festival de Musique du Bout de Monde, and others
- In collaboration with the Vision team members who maintain partnerships with local area English language schools, project managers will develop a program to engage youth in podcast and video production projects



Tom Eden



OUTREACH

Vaccination Passports

- Vision helped over 170 community members obtain their vaccination passports by setting up, printing, and laminating their information

Website

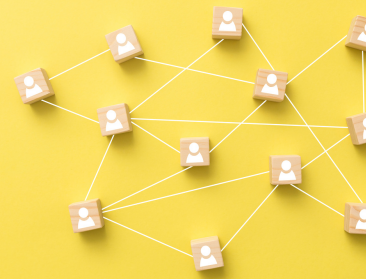
- Updates on staff and board members
- A calendar was added with activities and events for all projects. This is updated bi-weekly and as needed
- A communications strategy is in the making

Women's Wellness

- A project that aims to bring together women to support and encourage one another through planned activities
- Activities this year included outdoor walks, trivia nights, movie night, bingo, craft day, and more
- These events are well-attended, with a total of 34 participants, and lots of fun!

Mental wellness workshops

- A collaboration with Gabrielle Hélène Coulter
- These have focused largely on self-care techniques
- The workshops offered by Gabrielle this year were titled: "Sunrise Yoga," "Holistic Tools for the Winter Blues," and "Intentions and Action"
- 38 participants altogether



Gabrielle
Hélène
Coulter



BARACHOIS COMMUNITY LIAISON:

The Barachois liaison is responsible for assessing the needs of community members from St. Georges de Malbaie to Corner of the Beach. The liaison helps to coordinate the various activities and events in the area, reaching out to relevant partners and organizations as needed in order to meet specific needs. The liaison also sits on various municipal Rocher-Percé tables to discuss the issues pertaining to the Villages of Malbaie area, helping to make contacts between organizations and assisting in planning events. For example, one project in early development is a collaboration with Réseau Développement Social (RDS) Rocher-Percé for a collective cooking group in Barachois.

Villages of Malbaie steering committee

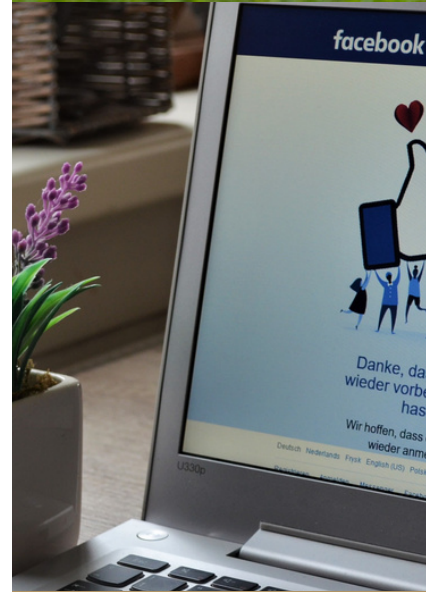
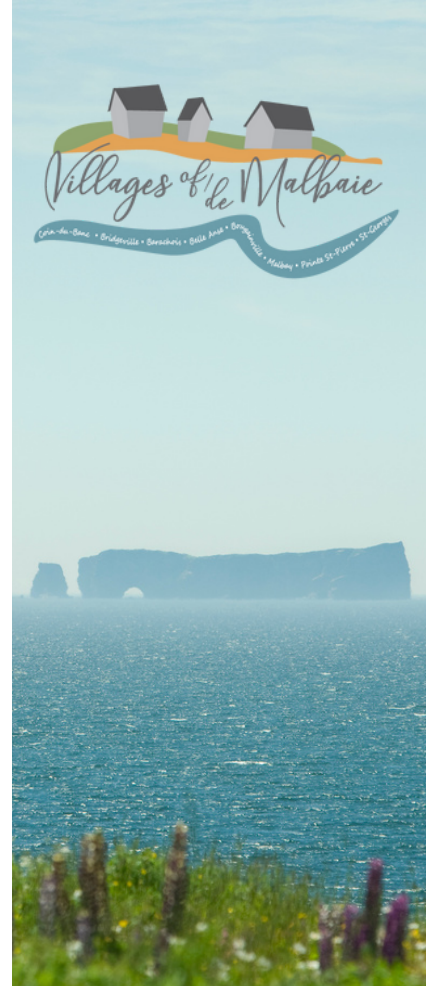
- Composed of community members from various committees from St. Georges de Malbaie to Coin du Banc
- The steering committee communicates through a Facebook group chat and during regular meetings, which take place in person or online

Villages of Malbaie Facebook group

- This Facebook group shares events happening in the area
- Posters for events, updates, and a newsletter provide updates about relevant activities, events, and workshops to the community
- There are now 440 people in this group

Villages of Malbaie newsletter

- The newsletter began so people who do not use social media can remain informed of local events
- Hard copies are available at Robin's Store in Barachois and it reaches an email list of 27 people
- The newsletter is posted on the Villages of Malbaie Facebook group so that it can also be shared by our members and partners



REACHING AND ENGAGING MEN

This project is intended to make sure that the needs of men in our community are heard, assessed, and compiled and to encourage men to participate in community activities (particularly Anglophones). From this, Vision intends to develop programming to meet these needs. Although this project began just as COVID restrictions began to tighten, and we were limited in the number and nature of activities we can offer, we can see some momentum building.

Accomplishments (September 2020 – March 2021)

- A survey was distributed to the men of our community, with 77 responses. This is the second survey distributed and this time we used a prize incentive to encourage participation. We had a lot of great responses and were able to gather contact information for men wanting to stay up to date with Vision's activities
- The survey results have been compiled into a report, translated into French, and printed, to be distributed to our partners as needed
- We hosted a supper for men during the Gaspesian Way Music Festival with the Gaspé Lions Club, 13 men attended
- Vision helped with a panel on Reaching Dad's in Our Network, hosted by the CHSSN
- New partnerships with multiple local businesses and organizations for Movember were organized to support men in our community through donations of free activities and space rentals
- Gaspé Legion
- Gaspé Lions Club
- Gym Le Garage
- Cap Gaspé Microbrewery
- La Cambuse Barber Shop
- Douglastown Community Centre
- York Hall



What have we learned so far

11. News is important so that we can understand what is happening.
12. Sometimes the news is just noise. It helps to know the difference.
13. Most people who fall sick with COVID-19 will experience mild to moderate symptoms and recover without special treatment. Most, not all.
14. The most common symptoms of COVID-19 may be fever. General symptoms may include loss of taste and smell, major fatigue, significant loss of appetite and muscle pain.
15. Respiratory symptoms may include cough, shortness of breath, sore throat, and runny or stuffy nose. Gastrointestinal symptoms may include nausea, vomiting, diarrhea and stomach ache.
16. Scientists predicted a second wave. They were right.
17. We still do not know for sure how long the Coronavirus survives on our surfaces. But research suggests the virus may live on surfaces for a few hours or up to several days.
18. How long the virus lives on surfaces depends on temperature, type of surface and humidity.
19. Most common surfaces likely to be contaminated: tables, phones, doorknobs, credit cards, light switches, faucet handles, steering wheels, and elevator buttons.
20. Everyone in the community must be encouraged to wear paper, tissues, and paper towels. They are increasingly difficult to find in the store.
21. Kindness is important. Thinking of the "village" will help to get us all through this. Do unto others... you know the rest.
22. Your health and well-being are important.
23. Take a one day at a time. Be cheerful. Things could be worse.
24. Use the extra home time you may have on your hands. Do the things you have been meaning to do. Clean out the carter's drawer. Wash a wall. Read a good book.
25. Listen to the scientists about COVID. What you do on earth possible means

Movember: Focussing on Men's Health

1. Movember (a combination of November and November) is an annual event that has been happening in Canada for nine years, which raises awareness of men's health issues.
2. These include prostate cancer, testicular cancer, and men's suicide.
3. In nine funds, men are asked to grow a moustache during the month of November and obtain sponsors who donate money which then goes to the Movember Foundation. At the end of November men share off their moustaches. The Foundation states that the goal is to "change the face of men's health."
4. Movember aims to promote early cancer detection, diagnosis, and treatment. These goals will reduce the number of preventable deaths. The Foundation encourages men to book annual check-ups, be aware of family history of cancer and to live a healthier lifestyle. Since its beginning, the foundation has raised over \$577 million

5. That need them. We want to encourage men to get more involved in their community and their own well-being. Although we have a more specific focus on anglophone men, we are looking to engage with francophones as well, to provide more opportunities for men of both languages.
6. Emma's hope is that the project will grow and that men will find that they can reach out to Vision and have their needs met. Men need more encouragement, particularly in similar communities, so men can help men who are often considered to be "manly things" or that they should "man up". The project aims to encourage men to seek help, join community activities and speak up about issues they may need.
7. Statistics from the Gaspé, published between 2010 and 2014, reveal that men are more likely to commit suicide than women by 80%. These statistics tell us that men are under-served in the area of mental health and well-being. Vision aims these statistics to demonstrate the kind of support men require.
8. The need for the project

THE ITCHY ONE
THE LOPSIDED ONE

FOR
Vacant Beachfront

Planned activities throughout Movember 2021

- Started with a giveaway from La Cambuse Barber for a free haircut and a hot shave, a shaving kit, and a free hair product. Men had to post pictures of their moustaches in order to enter. 5 men participated and 1 won, the social media post reached 2249 people
- Poker Night at the Legion with 10 participants
- Gym Le Garage Night – free beginner/intermediate crossfit class for men and a partner, 4 men and several women participated
- Wood working workshop – cancelled due to lack of registration
- Breakfast for Bros, 6 men participated and 2 brought their wives

Other activities, including several mentioned in the survey

- Survival Sessions with Artemis Adventures (3-part series, 2 took place and the last one was postponed to September/October due to weather constraints)
- Ice Hockey Night at York Rink, a pickup game with snacks and drinks. This got great feedback from all who participated, a few suggested we do it more often. This activity took place February 25th from 7-9 p.m., but everyone ended up staying until 11pm. We had 8 men play, and the social media post advertising the event reached 1679 people



PROVIDING INFORMATION TO THE COMMUNITY

BULLETIN FOR HEALTH AND WELLBEING:

The Health and Wellbeing Bulletin is published on a monthly basis and covers various topics of interest to community members. These topics include: health, illness, and disability awareness, self care, celebrations around the world, and more. The bulletin is distributed through social media and email, reaching approximately 80 people.

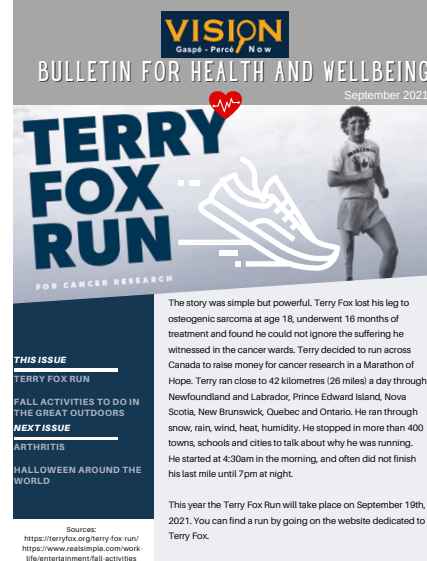
COMMUNITY HEALTH EDUCATION PROGRAM (CHEP)

The Community Health Education Program consists of information sessions, this year held online through video-sharing provided by the CHSSN. The program offers information on various health topics and frequently has guest speakers such as doctors, pharmacists, and/or specialists pertaining to the topic of discussion.

- Online sessions take place monthly with approximately 5-10 people participating.

APPUI-CAREGIVERS:

Vision hosts caregiver events, in partnership with and led by psychologist Dr. Megan McCallum. Megan offers information and workshops on mindfulness, meditation, emotion regulation, and more, providing handouts on these and other topics for caregivers to work through together or at home. They are designed to be a safe space for caregivers to express themselves.



Dr. Megan McCallum

DADVENTURES

ACTIVITIES FOR GUYS RAISING KIDS

This project focuses on having fathers, or father figures who are involved in the lives of children by doing activities together.

Dadventures Movie night

- A collaboration with the Early Childhood Program Manager
- Held in-person on 3 different nights
- Each evening had between 16-20 participants (children and parents included)
- Between 30-40% of parents were dads

ÉDUCALOI:

Éducaloi provides legal information on topics of interest to community members. The goal of this partnership is to ensure that people are aware of the specifics of the law and how it affects individual circumstances. Éducaloi information is distributed through presentations and consultations with lawyers, notaries, police officers, and others, as well as sharing from their social media outlets and website. Online trainings were held by Éducaloi throughout the year and their informational pamphlets are regularly made available our events. This year, there were 2 in-person workshops.



CAREER FAIR

- A collaboration with the GLC, the CJE, the ESSB, Gespeg, and the CLC
- Planning began in January and was completed in May
- This was the first big school event since the COVID pandemic
- Vision and our partners worked alongside Connie Jacques (Director of Public Health) and Jean-François Cassivi and Lisa Cleary (Human Resources) to get as many different careers in this field as possible
- Professionals from the following career paths were represented at the Career Fair:
 - Nurses (Auxillery, RN, and neonatal)
 - Long term care aid
 - Nutritionist
 - Social worker
 - Physiotherapist
 - Pharmacist and Pharmacist Technology
 - Funeral Director
 - Audiologists
 - Graphic Designer
 - Outreach worker
 - Special care councilor

CAREER WHEELS

- Updated from an older template with new health and social service careers, their salaries, and a general description
- Printed and ready to be handed out to students and the guidance councillor at the Gaspé Polyvalente in September 2022



COMPUTER SAVVY – DIGITAL LITERACY



The Computer Savvy Project through the Digital Literacy Exchanger Program (DLEP) was created to improve the digital literacy skills of under represented groups in Gaspé and surrounding areas.

- Several workshops and Computer Labs were held
- Assisted 213 individuals with QR codes when the COVID mandates required individuals to carry a Quebec Vaccine Passport
- 3 individuals and multiple partners benefited from our tablet lending service
- 2 individuals participated in a Microsoft Word workshop
- An Internet Safety session was held at the Gaspé Wellness Centre with an RCMP officer, with 8 participants
- A Facebook/Messenger workshop was held during the Gaspé Wellness Centre, with 5 participants
- A workshop on using Excel, with 5 participants
- 7 individuals benefited from one-on-one digital tutoring
- The French version of Vision's Online Safety Booklet, Sécurité En Ligne, was printed
- School committee meetings were held between 6 partners to discuss ongoing and future activities within the schools
- 3 Steering Committee meetings were held. The remaining actions of the DLEP project will transition to the Gaspésie Literacy Council (GLC) going forward



MCGILL PARTNERSHIP



English-Second Language (ESL) Help

- ESL sessions for healthcare workers from the CISSS
- 15 registered, 7 started, and 3-4 remained at the end of the 5-week period
- 9 sessions were held, each 1.5 hours. One session was cancelled due to unforeseen circumstances

Labour Market Study

- In collaboration with CASA and CAMI
- Held interviews and received survey feedback from numerous stakeholders in the community
- A final report was completed and profiles and action plans were made for each region

Coordination and Participation of the Équipe sur les Enjeux Minorités

- A meeting was held with both principals on the English and French side of the Gaspé Polyvalente
- The goal is to enhance bilingual opportunities on both sides of the school

Bursary Program

- McGill Bursary recipients 2021-22: Gabrielle Labbé, Catherine Fortin, Sophie Berger
- McGill Bursary call for the 2022-23 academic year was posted on Facebook, March 25th



FROZEN MEALS

Vision's Frozen Meals Program continues to serve a number of people in our community. We saw an increase in need over the past year, serving approximately seventy people. In total, the Frozen Meals Program provided 10,028 meals and the total clients served were 720 this fiscal year. A huge thank you to everyone who works to make this program so successful!

GROWTH AND STRUCTURE

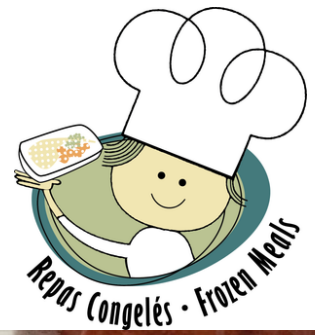
Operations Manager

The Operations Manager collaborates with the Executive Director and the Resource Manager on facilitating the ideal operations of the organization. This is a newly created role, which was necessary in order to alleviate and help balance the workload of the Executive Director and provide support for project coordinators and managers. The responsibilities of the Operations Manager in 2021-2022 include:

- Assisting with long-term plans and initiatives to accomplish the goals of our organization in the best, and most efficient, manner
- Assist with building workplans for project coordinators
- Create and implement tools for project reporting
- Maintaining report due dates and gathering relevant information to adhere to reporting deadlines
- Working alongside the Resource Manager with developing and implementing strategies that keep employees motivated
- Managing software used to store workplan information and updates
- Identifying problems and coming up with effective solutions quickly
- Help identify possible gaps in the organization and solutions
- Assist with the hiring process

PARTNERSHIPS

Vision sits on approximately forty tables and committees across our territory to ensure that the English-speaking community is represented. This has led to numerous partnerships and collaborations, which provide a crucial element to our operations.



STAFF TRAINING, NETWORKING, AND EXPERIENCES

- Webinar: How We Lead Matters
- Working Minds: Mental Health for Managers
- Learning through Outdoor Play training through Play Learn Think
- Women's Health webinar
- Early Childhood Services survey results
- DEEN (Directors of English Education Network) PLAY Pre-Kindergarten webinar
- NPI Community of Practice
- Headversity
- RIRO Re-orientation #1
- Kid's Lets Move training
- Reaching In Reaching Out re-orientation (4 sessions)
- Bounce Back & Thrive re-Orientation (6 sessions)
- 2-day First Transition Forum
- Gender Stereotypes training
- Strength finder training and 12 individual calls
- Celebrating Resiliency
- Gender Stereotypes training
- Individual Coaching with Maxine Skerett
- COVID related issues
- Outreach Strategies for Youth (2 sessions)
- CHSSN session: Empowering Teens and Parents of Teens
- Quebec Federation of Home and School Associations session: Conflict styles
- CHSSN session: Equity, Diversity, Inclusion, Belonging



OUR PARTNERS

VISION
Gaspé - Percé Now



Centre intégré
de santé
et de services sociaux
de la Gaspésie

Québec



Famille
Québec



MRC
DE LA CÔTE-DE-GASPÉ

Convergence
Service d'aide aux hommes de la Gaspésie



CENTRE D'ACTION BÉNÉVOLE
LE HAUBAN



AVENIR D'ENFANTS
DES COMMUNAUTÉS ENGAGÉES



Enhancing Regional
Community Capacity
Renforcer la capacité
communautaire régionale



BADC
CDBE



Douglastown
Community Center



L'APPU
POUR LES PROCHES AIDANTS D'ÂÎNÉS



MRC DU
ROCHER-PERCÉ



Ministère
du Conseil exécutif
Québec



Mountain View Golden Age 50+ Club

Club de l'âge d'or 50+ Vue de la montagne

Moi J'aime
Ma Maison de Quartier



Canada



Emploi
Québec

