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# Literacy Quebec Newsletter

-June 2024-

## Happy Summer! 🌞 🕶️



Hello, dear subscribers!

If you are a parent or caregiver looking to incorporate literacy activities for your child while they are on summer break, check out this [blog post](#) from [ABC Life Literacy Canada](#). It's about the summer slide, known as the period of time throughout the summer when children lose school knowledge from the previous year. The post includes family literacy activity ideas you can do with your child.

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posting on social media and sharing book recommendations, resources, and other literacy-related news, so be sure to keep an eye out for us!

We've had a really great year, filled with new learning opportunities and some growth, and we are thankful to everyone who has continued to support us. We wish you all a wonderful summer, and hope you have the opportunity to unwind, spend time with loved ones, and practise new and old literacy skills.

# Charity Challenge - #Lace Up for Literacy

#Lace Up For Literacy

Literacy Quebec

RECLAIM Literacy

GASPÉSIE LITERACY COUNCIL

Funville Centre de la petite enfance Early Childhood Center

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this year and we are so grateful to all of our amazing teams, participants, and donors!

Together, Literacy Quebec, [Reclaim Literacy](#), [Gaspésie Literacy Council](#), [CPE Funville](#), and [Cysca Technologies Inc.](#) raised a total of **\$7999.30**. We even surpassed funds raised last year! We had **17 participants** register and they covered a total of **124 km. 129 people** donated to the Charity Challenge.

These funds will go towards literacy councils across the province that provide free tutoring services, resources, book giveaways, and more to English-speaking communities. We are beyond proud of all of our fundraisers who laced up for literacy this year, and are incredibly thankful to every person who donated. We couldn't have done it without your support.

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## BGC Dawson Mental Health & Wellness Fair



Pictured: Heather, Interim Executive Director (LQ) and Gary, Executive Director (Suspicious Fish)

On May 27, LQ was invited to attend BGC Dawson's Mental Health & Wellness Fair at their space as part of their Network & Partnerships Initiative project (NPI). The project supports the development and mobilization of health and social service networks for English-speaking communities throughout the province of Quebec.

Heather from LQ and Gary from [Suspicious Fish](#), our associate member, shared a booth and gave out various resources, such as sunglasses, tea packets, and character prompts to people in attendance, and spoke about the work they do. The fair was also a great opportunity to connect with other community organizations. A big thank you to [BGC Dawson](#) for having us!

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## Leslie Carr is the 2023 Freda Hudson Volunteer Recognition Award

We are pleased to announce the recipient of the 2023 Freda Hudson Volunteer Recognition Award is Leslie Carr from [Literacy Unlimited](#)! An invaluable member of LU since 2014, Leslie's multifaceted and long-standing contributions over the last decade are nothing short of remarkable. She has volunteered as a tutor, board member, and volunteer trainer to new tutors and board members. Her unwavering dedication to literacy, active involvement in her community, and ability to create meaningful experiences for her learners exemplify how deserving she is of this award. Congrats, Leslie!



Pictured left to right: Heather Sakowski (LQ) and Leslie Carr (Freda Hudson Award recipient)

[Learn more about Leslie](#)

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## CELI Community Forum

On June 13, [CELI](#) (Community Empowerment Literacy Initiative) held its first community forum open to all grantees with CELI-funded projects for 2023-2025 at the PHI Centre in Old Montreal. CELI's work includes a community grants and partnerships funding stream, timely research, professional development for practitioners working in English language literacy and essential skills, and employment and employability.

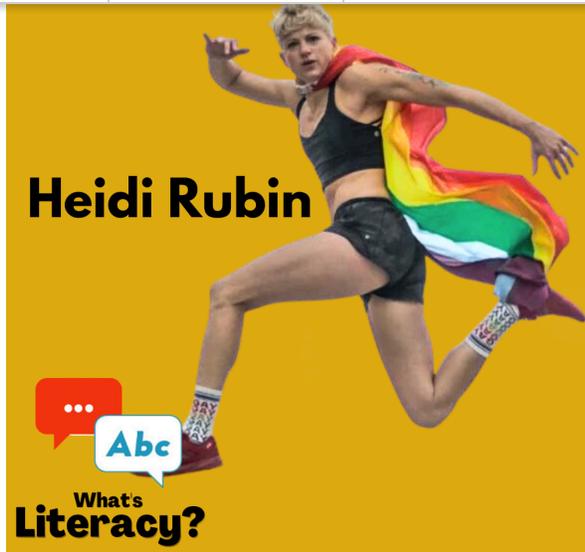
Wendy Seys, LQ's vice-president and a member of CELI's Project Advisory Committee (PAC), gave a presentation about Literacy Quebec. She spoke about our role as a network organization and the services we provide to our members and the public.



Pictured: Wendy Seys (LQ's vice-president/CELI PAC member)

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## Throwback: Podcast Episode with Heidi Rubin!



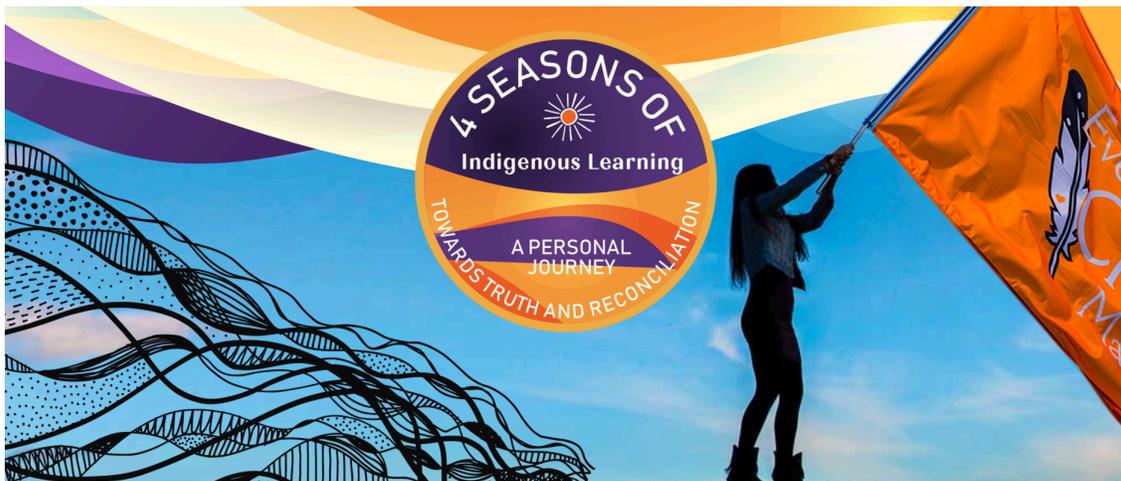
In celebrating pride season, check out a special throwback podcast episode with Heidi Rubin, founder and personal trainer at Infinity Movement located in Verdun, Montreal. They talk about the importance of inclusive spaces and their experience creating one.

[Listen here](#)

## Resources

# The Outdoor Learning School & Store - 4 Seasons of Indigenous Learning

For **National Indigenous History Month**, we'd like to highlight **The Outdoor Learning School & Store**, a charitable social enterprise offering excellent outdoor learning training, tools, resources, and equipment with 100% of proceeds going back to supporting outdoor learning non-profit initiatives.



in deepening their understanding of Indigenous knowledge and perspectives while strengthening connections with the local land and supporting more respectful, reciprocal relationships. The course takes place from October 2024-May 2025. Early bird registration closes on **June 30**.

[Learn more](#)

## Project 10

For **Pride Season**, we'd like to highlight **Project 10**, a 2LGBTQ+ organization that works to promote the personal, social, sexual, and mental well being of 2LGBTQ+ youth and adults aged 14-25.



They offer various support services and programs, such as individual appointments where active listening is used, accompaniment to various appointments (CNESST, legal, medical system, etc.) and so much more! Services are free of charge, confidential, and anonymous, and are offered in English and French.

[Learn more](#)

# Events Calendar

If you would like to see more from our Member Organizations, you can check out the Events Calendar on our website!

Calendar



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## Literacy Helpline open for summer!

Literacy   Helpline

1-888-521-8181

A reminder that our literacy helpline is open all summer long for your literacy needs! You can also reach us by email through [help@literacyquebec.org](mailto:help@literacyquebec.org).

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## Upcoming Dates

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June 27 - [Canadian Multiculturalism Day](#)

July 1 - [Canada Day](#)

*"Always walk through life as if you have something new to learn, and you will." —*  
Vernon Howard

Have a great summer!  
~ The Literacy Quebec Team



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