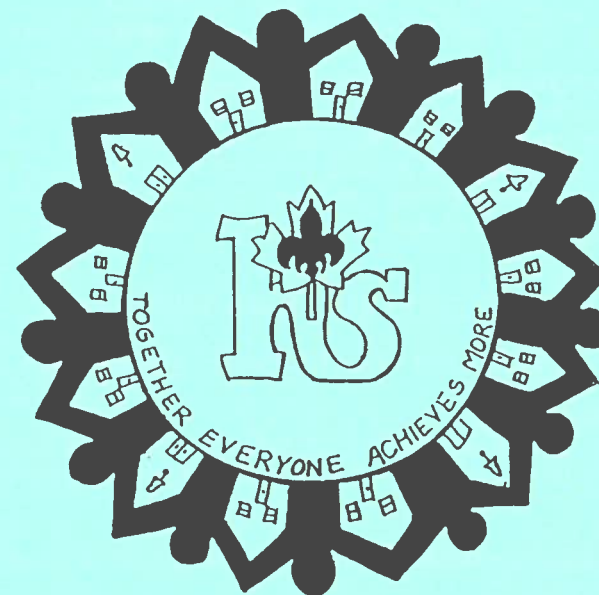


# T.E.A.M. WORKS

T.E.A.M. WORKS: TOGETHER EVERYONE ACHIEVES MORE



\*\*\* 2000 FALL CONFERENCE \*\*\*

Saturday, October 21<sup>st</sup>, 2000  
from 8:00 a.m. - 3:30 p.m.

at

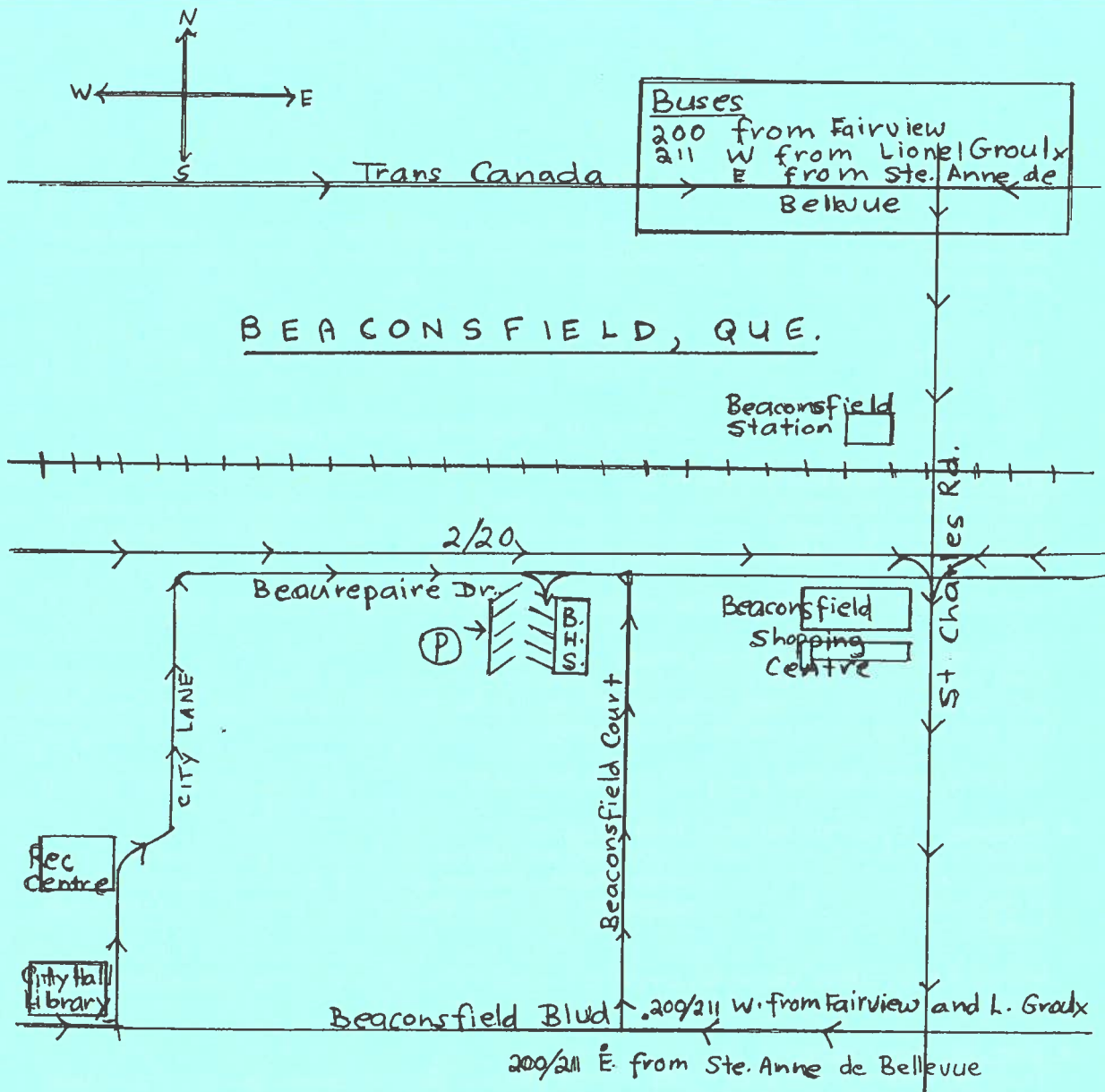
Beaconsfield High School  
250 Beaurepaire Drive  
Beaconsfield

Please invite your parents, Governing Board, teachers,  
administrators, school board members and community leaders to attend.

In order to provide adequate space for workshops and the luncheon,  
PLEASE REGISTER AS SOON AS POSSIBLE.

For further information, please call the QFHSA office (514) 481-5619; fax 481-5610; e-mail  
qfhisa@total.net, or write QFHSA, 3285 Cavendish Blvd., Ste 560, Montreal, H4B 2L9.

EVERYONE IS WELCOME



exit from Trans Can. + 2/20 via St. Charles  
Take Beaconsfield Blvd. W. to Beaconsfield Court  
N. to Beaurepaire Dr.

or  
Beaconsfield Blvd. to City Lane; N. to Beaurepaire Dr.

Directions to Beaconsfield High School (B.H.S.)

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS, INC.

2000 FALL CONFERENCE PROGRAM

Saturday, October 21, 2000

8:00 - 8:30 am REGISTRATION/ DISPLAYERS (coffee/juice available)  
8:30 - 8:45 am PRESIDENT'S OPENING REMARKS  
8:45 -10:00 am PLENARY SESSION - Keynote speaker: **Lucy MacDonald, M.Ed.**

**“THE POWER OF OPTIMISM: Purpose, Passion and Possibility”**

Optimistic people have more fun, stay healthier and achieve more of their potential. Optimists make better parents, educators, and volunteers. Why? Because optimists are resilient, adaptive, and productive people who believe that they have a positive influence in whatever they do. The good news is that optimistic thinking is a skill that anyone can learn! This inspiring presentation will challenge you to discover the power of optimism and learn the strategies that optimists use to create purpose, passion and possibility.

10:00 - 10:30 am NUTRITION BREAK and DISPLAYS

10:30 - 11:45 am SESSION I - LEADERSHIP WORKSHOPS

1. **YOUR Home & School Vision**

Fund raising is not the raison d'être of a Home & School. Securing the best education possible for your children is. You have to have a vision, set your goals, and then brainstorm to see how you can turn them into reality.

Workshop leader: **Lynda Kowalenko**, Past President of Dorset H&S and Lakeshore Reg'l Council

2. **Focus on Educational Rights: Are You Ready?**

The educational rights of our children demand strong parental involvement. Current issues: access to English schools, curriculum changes, Bedard Report implications, school closures. Learn how your association's VOICE can be heard.

Workshop leader: **Marion Daigle**, Chairman, QFHSA Rights Committee, and committee members

3. **The Local Home & School's Constitution**

Learn how important it is to have one and what it should have in it. Your Constitution will help you run your local more smoothly and QFHSA has a generic constitution for you to use as a starting point.

Workshop leader: **Ann Cumyn**, Vice-Chairman, Lester B. Pearson School Board

4. **The Advocacy Project**

When problems arise at school there are often barriers and lack of information, which get in the way of resolving issues. This project is designed to empower parents to act as natural advocates for their children and to help students to self advocate to resolve school issues in a positive way.

Workshop leader: **Norma Stirling**, Past President, QFHSA & members of the Advocacy Project Comm.

5. **Nutrition and Learning - QFHSA Community Kitchen Project**

Good food, good company, learning to feed your family on a budget. Working together with the idea that good nutrition leads to good learning is what this project is all about.

Workshop leader: **Shirley Straughton**, QFHSA Health Issues Chair

11:50 - 12:45 pm SESSION II - REGIONAL COUNCIL SHARING - auditorium

Regional Councils are a forum for Home and School leaders who come together to share ideas, issues and concerns about their schools and school boards. Learn and share how different Councils have done since last Fall's kick off.

1:00 - 1:45 pm LUNCH (in the cafeteria) and a last chance to visit the DISPLAYS

1:45 - 3:30 pm SESSION III - PARENTING WORKSHOPS

6. **Brain Gym - At last learning can be fun!**

Movement is an indispensable part of learning and thinking. By using a co-ordinated set of movements, a child's learning potential can improve. This presentation (bilingual, if numbers warrant), was heralded by the White House, Washington, DC, ten years ago.

Workshop leader: **Nicole Duranceau**, working on her Master's degree in Educational Research

7. **The Benefits of the Stay-at-home Parent**

Some parents have made the decision to forego their careers and stay at home to raise their children, avoiding the world of uncertain child-care. The result is both beneficial to the lives of the children as well as to society and the economy of our country.

Workshop leader: **Ada Duc**, B.A. [Sociology & Political Science] and an 11 year Stay-at-Home veteran

8. **“Missing” - A presentation about Internet safety**

*Missing* is a kit which warns parents about predators who use the internet to lure children away from home. Three years ago this was an unknown crime; last year in the U.S. the FBI opened 700 files on internet kidnapping. The kit has suggestions for “streetproofing” your home for the information highway.

Workshop leader: **Drew Ann Wake**, LiveWires Design Ltd [kit was developed in conjunction with the RCMP]

9. **Your Life: Your Choice!**

Teens and alcohol can be a bad combination for parents. The solution is to gain information from resources that address this. This workshop introduces a new web site researched and designed to help parents and teachers of 13-14 year old teens. This age range is the key to setting expectations.

Workshop leader: **Judy Roberts**, President, J. Roberts & Assoc. Inc., author, educator, project planner

3:30 pm

EVALUATION DRAW

**Win a book for your school's library by handing in your evaluation sheet!  
Hope you had a great day!**

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS, INC.  
**FALL CONFERENCE REGISTRATION FORM**  
 Saturday, October 21/2000

Please fill in one registration form for each person attending.

School/Organization: \_\_\_\_\_  
 Delegate's Name: \_\_\_\_\_ Phone No. \_\_\_\_\_

**Saturday, Oct 21, Fall Conference Workshops**

Workshops will be assigned on a first come, first served, basis. Max. 30/workshop.

		<u>First Choice</u>	<u>Second Choice</u>
10:30-11:45	<b>Session I Workshops</b>		
	1) Goal Setting	_____	_____
	2) Educational Rights	_____	_____
	3) Local H&Ss Constitution	_____	_____
	4) Advocacy Project	_____	_____
	5) Nutrition & Learning Project	_____	_____
11:50-12:45	<b>Session II Regional Council Sharing</b> in the auditorium - for all		
1:00- 1:30	Lunch	_____	
1:45- 3:30	<b>Session III Workshops</b>		
	6) Brain Gym	_____	_____
	7) Benefits of Stay-at-home Parent	_____	_____
	8) <i>Missing</i> - internet safety	_____	_____
	9) <i>Your Life: Your Choice!</i> (teens & alcohol)	_____	_____

**Fees:** Indicate as appropriate.

Fall Conference - prior to Oct. 13 @ \$20. \_\_\_\_\_  
 Fall Conference - late registration - after Oct. 13  
 Home & Schoolers, Group Affiliates, non-H&Sers @ \$25. \_\_\_\_\_

**Enclose cheque, with Registration Form, payable to QFHSA, Inc.**  
 3285 Cavendish Blvd., Ste 560, Montreal, H4B 2L9. Tel.(514)481-5619; fax 481-5610