

January 15, 2021

## Press Release: Celebrated New York Times Bestselling Author Louise Penny, on senior's web series We're All In This Together

For Immediate Release

Montreal, January 15, 2021

We are excited to announce that New York Times bestselling author Louise Penny will join us on our first "Author Conversations" episode of We're All In This Together, in February 2021. As it is more important than ever to show support to the senior population of Quebec, this rare interview with one of Quebec's most famous writers is sure to bring comfort and smiles to all the viewers. We are inviting our audience to post their questions on the Facebook page (We're All In This Together Quebec) and we will ask as many as possible.

We are excited to launch the Episode #3 of the web series, **Art Therapy with Sarah Tevyaw** tomorrow, **Friday, January 15 at 6pm**. Join art therapist Sarah Tevyaw for a relaxing and fun episode to **create your own mandala** — a symbol of peace and purpose in cultures around the world. Embrace your inner artist using items you have at home, as Sarah guides you through the therapeutic process step by step. The result will be a very personal work of art to brighten your home... and your spirits!

Each **bi-weekly episode** of the 18 episode web series, directed by Montreal-based, award-winning filmmaker Bobbi Jo Hart, features entertainment, activities and conversations **designed to connect with those in need of support and empathy... with a gentle reminder that we are, indeed, all in this together**. Episodes released so far can easily be found on YouTube (Search key words "We're All In This Together Senior Web Series") and Facebook (Search "WereAllInThisTogetherQuebec"), and are available for anyone to enjoy.

This is also a great opportunity to take a moment to assure that the seniors around you are able to access the internet, so that they are able to take advantage of all the online resources available to them.

### **CONTACT**

#### **Publicist**

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## **ABOUT**

**Seniors Action Quebec** works to maintain and enhance the vitality of English-speaking Quebec seniors. All efforts will identify and address challenges and issues to promote a healthy and active lifestyle for English-speaking seniors.

**The English Language Arts Network (ELAN)** is a meeting place for English-language artists and cultural workers of all disciplines from every region of Quebec, where they can share expertise and resources, build audiences and alliances, seek support, advocate for their interests, and make common cause with the Francophone arts community.

We acknowledge the financial support of the Government of Canada and the Government of Quebec.