



QCGN-CIF-Youth Project

The Coasters Association has been involved with the advancement of youth in the region since its inception. The lack of programs, services and resources on the Lower North Shore is higher than other areas of the Province of Quebec, due to the lack of amenities of a larger community; therefore, we must be creative in our endeavours to provide infrastructures and programs where our young professionals can return to their region, practise their profession and stop the exodus of our vulnerable youth by creating opportunities to play a supporting role in fostering innovation and excellence. With funds from the Quebec Community Groups Network (QCGN) through the Community Innovation Fund, the Coasters Association was able to address this need by expanding the capacity of the Lower North Shore Research Center (LNSRC) with a project entitled: *"Creating Opportunity for Vulnerable Youth Through Innovation and Excellence."*

The project which began on May 1st, 2017 and will run until March 31st, 2019 is geared towards addressing the needs of our young people of the LNS by creating opportunities for youth with post-secondary education to return and work in their communities through the Research Center. We will address youth retention by providing post-secondary graduates an environment to return to the coast to complete their Masters' in science and business remotely with participating universities (University of Quebec and Three Rivers (UQTR) and Memorial University (MUN) and with support from various CCTT's (College Centers for the Transfer of Technologies). Furthermore, our vulnerable youth will have access to mentors to build their work and social capacities through hands on training, further education and employment opportunities through the activities of the LNSRC.

Currently, the Coasters Association has mobilized eight (8) youth implementing initiatives at the LNSRC such as: Karla Roberts and Jessica Poole carrying out a Masters' program in Environmental Science with the UQTR with support from two CCTT's: Merinov and Biopterre, in St. Paul's River at the LNS Bioproduct Solidarity Cooperative, Cordel Driscoll has secured a Master's program in Business Management at Memorial University and will commence in the fall of 2017 while residing in St. Augustin, two (2) Project Development Coordinators, Eric Anderson in Chevery, and Mason Organ in La Tabatiere facilitating agriculture initiatives, Lucas Driscoll-McKinnon, Marketing Agent in St. Augustin, Student Intern Kristopher Fequet examining Algae as a sustainable fertilizer on the LNS in St. Paul's River, and an Environmental Science Development Agent at the Coasters office, Shae-Lynn Roberts assisting bio-product and agriculture development activities.

It is with the support of the Advisory Committee and ongoing and new partners that a project designed to retain our professional youth while spearheading knowledge acquisition and innovation development can come to fruition, and we would like to take this

time to acknowledge and send a work of thanks to the following:

- College Centres for the Transfer of Technologies (CCTT's): Biopterre, Merinov, Oleoetk, Innofiber, CedFob, CÉPROCQ, CIRADD, CGQ, and Trans Bio Tech Memorial University
- Commission Scolaire du Littoral (CSL)
- LNS Bioproducts Solidarity Cooperative
- University of Quebec and Three Rivers (UQTR)
- Community Economic Development & Employability Corporation (CEDEC)
- Table Bioalimentaire Côte-Nord

Furthermore, we would like to take this opportunity to extend our sincere gratitude and appreciation to the Quebec Community Groups Network (QCGN) for sponsoring the project under the Community Innovation Fund (CIF). Without their support, a project such as this could not have been able to come to fruition.

Implementing the Lower North Shore Research Center – Creating Opportunity for Vulnerable Youth Through Innovation and Excellence Project is essential to cultivate a stable, functional and vibrant future for the residents of the Lower North Shore, by building an educated and skilled workforce, young entrepreneurs, and leading innovative product development and technology. This project will provide Anglophone youth with opportunities to return to the coast, secure employment, continue their education, obtain degrees, start a business, and effectively transition into the labour market.

Heidi Buckle
Youth Employability Program Coordinator



LNS Research Center Work Experience

This Newsletter was made possible through a financial contribution from:



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YSLP Empowering Coastal Youth

The Coasters Association received funding from Service Canada under the Youth Employment Strategy to carry out a fifth phase of the Youth Skills Link Project entitled: "Empowering Coastal Youth," which began on January 2nd, 2017 and ended on June 9th, 2017. Once again youth between the ages of 15-30 were exposed to three (3) weeks of Group Based Employability Skills training and seventeen (17) weeks of Work Experience with participating businesses and organizations. The project was posted throughout coast inviting youth to take part in the project based out of their respective communities/municipalities. Applicants were received, interviews were carried out and job placement was essential prior to youth selection. Eight (8) youth were selected deriving from the five (5) municipalities on the Lower North Shore and hired for twenty (20) week of training and work experience; Eric Anderson (Chevery), Mason Organ (La Tabatiere), Sara Boland (St. Augustine), Cordel Driscoll (St. Augustine), Lucas Driscoll-McKinnon, (St. Augustine), Molly Drudge, (St. Paul's River), Vanessa Raposo Da Silva (St. Paul's River) and Kyla Hobbs-Lavallee (Lourdes de Blanc Sablon).

The Youth Participants began on January 23rd, 2017, and with the aid of communication technology and meeting space from the Commission Scolaire du Littoral, various youth was able to come together or participate from their community receiving two weeks of Group Based Employability Skills training with members of the Coasters Association and partners on and off the coast. In addition, each youth met with their local Emploi Quebec Development Agent individually to assess their future career goals and become familiar with the services and resources offered of the MRC.

On February 6th, 2017, several Youth Participants travelled to St. Paul's River to take part as a group in a week of community development training at the Coasters Association with various staff members. Two of the eight (8) participants carried out their last week of GBES training with their work placements to receive extensive safety training prior to the beginning of the work experience. Through the training sessions and interviews, the Youth Participants were provided the opportunity to strengthen their employment readiness skills, increase, promote and reinforce their employability skills before beginning their work experience with businesses and organizations;

Eric is placed at the Lower North Shore Research Center in Chevery, Mason is placed at the Lower North Shore Research Center in La Tabatiere and Mutton Bay, Sara is placed at the office at the Municipality of St. Augustine, Cordel and Lucas are placed at the Lower North Shore Research Center in St. Augustine. Molly is placed at the LNS Bioproduct Solidarity Cooperative in St. Paul's River (with a generous donation from the Municipality of Bonne Esperance sponsoring the youth for 17 weeks at her placement), Vanessa is placed at TC Business Solutions in Lourdes de Blanc Sablon and Kyla is placed at the Residence Aux Beaux Sejours in Lourdes de Blanc Sablon.

As the work experience ended on June 9th, 2017, each of the eight (8) youth participants received a bonus allowance in the amount of \$500 for successfully participating and completing a Youth Skill Link Project. As a result of the project, each youth expanded their

self-knowledge, skills enhancement, and employability skills through a total of eighteen (18) workshops, training sessions, interviews, and presentations with partners, Youth Coordinator, and staff of the Coasters Association, improved their job enrichment and employment readiness skills through seventeen (17) weeks of work experience, with businesses and organizations along the coast and heightened their resumes through the knowledge and experience they received.

The Coasters Association would like to recognize and offer our sincere thanks to all the partners who continued their support to the Youth Skills Link Project;

Commission Scolaire du Littoral (CSL), Mecatina School, Emploi Québec, Mecatina Community Learning Center, Municipal Regional Council, St. Lawrence School, St. Paul's School, Netaganiou School, St. Augustine School, Netaganiou Community Learning Center, Community Economic Development and Employability Committee (CEDEC) and St. Paul's School Community Learning Center.

We would like to extend our gratitude and acknowledgement to the businesses and organizations who took part in the work experience program. The success to the project was due in the partnership and contribution to the following;

Lower North Shore Research Center, Municipality of St. Augustine, TC Business Solutions, Lower North Shore Bioproduct Solidarity Cooperative and Residence aux Beaux Sejours.

A special word of thanks must be extended to the nine (9) College Center for the Transfer of Technologies (CCTTs) (Biopterre, Mérinov, Innofibre, Oleotek, Trans Bio Tech, Centre de géomatique de Québec (CGQ), Centre d'initiation à la recherche et d'aide au développement durable (CIRADD), Cedfob, Centre d'études des procédés chimiques du Québec (CÉPROCQ)), the Uni-Aide Foundation and the Municipality of Bonne Esperance for their financial contribution towards the project.

It is through the ongoing support of partners, that set the stage to improve our youth on the Lower North Shore with an environment to enhance their skills and confidence to assist them in their future endeavors. Cases in point, of the eight (8) participants, five (5) youth obtained full time employment with their work placement employer, two (2) youth gained positions at other places of business and will commence immediately following the project, and one young adult will take part in a Masters' program with Memorial University remotely on the LNS in the fall of 2017.

Heidi Buckle
YSLP Program Coordinator



Cordel Driscoll and Lucas Driscoll-McKinnon

YSLP Youth Participant Articles

The Youth Skills Link Project presents youth such as myself with a great opportunity to build on both their personal and professional skills, while also providing a chance to work in their hometown. I personally chose to apply to this project with the goal of gaining valuable skills and experiences to add to my resume as well as taking advantage of the possibility of returning to our beautiful coast. I was also hoping that this opportunity could lead me to future jobs allowing me to come home on a permanent basis in the future.

Looking for work on the Lower North Shore as a youth is not without its share of struggles and challenges. Very few jobs remain in the region for young people returning from higher education institutions, combining this with the regrettably decreasing populations does not exactly create a large job market. Even with all the hard work being done by the municipalities and local organizations to create new jobs, most of these positions have a limited time span of less than a year, making a permanent return to coast uncertain for most people.

Even with the challenges of obtaining work on the coast, I am very excited to take advantage of the wonderful opportunity that I have been provided with now. I hope to learn many new things, and develop many life skills while working on the Youth Skills Link Project such as how to navigate the work environment effectively and professionally. I am sure this project will also help me develop communication and organizational skills which will prove invaluable to any future job I may be fortunate enough to have. In addition, I look forward to reconnecting with the Lower North Shore as well as working with and learning from many of the people who live here.



Mason Organ

As for my plans after the project ends, I am currently wishing that future employment opportunities present themselves in my hometown, however, I am considering that this may not happen, but staying positive none the less. All I can say for sure now is that I'm following where the wind takes me, which hopefully, won't be too far away.

– Mason Organ

To better understand why I chose to apply to the Empowering Coastal Youth program, I think I have to talk about when I left the coast and said, "I was never coming back!"

I left Chevery in 2008 after high school, headed for the big city of Montreal to study at Dawson college. I chose the program computer science since I have always had an interest in computers and I was good in math so it just made sense for 17-year-old Eric. I was excited and determined to make it work in Montreal. I never really saw myself coming back to the coast especially Chevery at that time, mainly because I didn't see a future here. There was nothing for me, I wasn't much of a hunter or outdoors man. I loved sports and for a long-time hockey was everything but I was never good enough to really make a difference so I just simple said I had to find a new home.

After a year in computer science I was unhappy with my choice and the only thing I liked about college was that I was on the Lacrosse team which basically took over my love for hockey. One day I told one of my teammates about my situation and he suggested that I switch to his program called C.R.L.T. When I asked him what it was, all he said was "Don't worry you are perfect for the program." I will spare the details but I decided to attend the interview to get into the program which only accepted 40 applicants a year and to my surprise I got in.

C.R.L.T. stands for Community Recreation and Leadership Training, it was a great program and one of the best decisions I have ever. As the 3 years went by in the program I acquired many skills from the program and I slowly realized that everything I was learning about is basically what the coast needed. I learned how to run a business, how to work with people, how to plan and implement events. I saw how these skills could benefit the coast and bring a lot to the people who live there but I could never go back now right? It has been years since I went back to the coast.

After completing the program, I tried to get a normal 9 to 5 job but in that field, there wasn't much outside of working in summer camps. It is hard to explain C.R.L.T. because what you learn in the program, just sounds like something that everyone kind of learns overtime. It isn't however it is so much more. After many failures to find a job, I decided to go back to school and get a degree in Bookkeeping because again I always enjoyed math and it seemed like a more stable and normal career choice.

Once I finished that degree, instead of finding something permanent right away I was still very involved into Lacrosse and I had an opportunity to travel all over Canada, the U.S. and even overseas at one point, so it seemed like the best thing to do at the time. After a few months, I came back to "reality" and I found myself lost again in a big city where I didn't seem to matter. I wanted to work with people and do something that makes their lives better. I wanted to be known for being responsible for something that others could participate in and enjoy. So, I made the big decision in mind to come back to Chevery.

I didn't know what to expect but after a while I have seen the potential here and what I can do with the skills I have gained over my years of experience. I chose to apply for this job because I felt like in the end I can give back to the communities, I could create something new and important for all the people along the coast. I know for myself personally there isn't a wide range of things to do around here. We hear a lot of people say; "There's is always work to be done around." but realistically we as people need more in order to settle down. Creating jobs is a great start but we will need recreational activity groups, a reason to choose the coast over the city life. We need more activities for the youth, more ways that we can help others get involved and give back to the place that has given so much to us. In Lacrosse, the natives have a strong rule which is if you play Lacrosse at some point you have to give back to the game, whether that be coaching, organizing, helping another player or anything really but the idea is that the "creator" gave the gift of Lacrosse to them and they have to repay it by giving back to the game. I have always found this idea intriguing, which is why I

Youth Participant Articles—continued



Eric Anderson

coached High School, College and helped anytime I could with Lacrosse. I honestly believe this idea can be applied to the communities along the coast.

I know there will be many challenges along the way, we all know things tend to move slow along the coast but that is what makes this so important. If we do not start now it might never happen. I know this may be a small stepping stone to something

bigger but I feel like this is the right first step and with the help of the Empowering Coastal Youth program, I believe we can create more jobs, more activities and just more reasons for people to want to come back/stay here to live.

~ Eric Anderson

I applied to the Youth Skills Link Project to have the opportunity of returning to my home town after being away from home for nearly ten years. In addition to this project giving me the chance to return home to be with my family and friends, the work being carried out throughout these projects are aimed to bring economic sustainability to the Lower North Shore which will benefit many families. I strongly believe that the Coasters Association is operating in the best interest of the population and I am proud to be a part of the project that could potentially change the Coast in a positive manner.

With every job, there are challenges that employees will have to overcome, being employed on the Lower North Shore will certainly bring its unique set of challenges compared to working in a city. The biggest challenge that I will have to overcome is with regards to communication. There are many different parties involved in this project and we are in different locations throughout the coast, the fact that there is no cell service here will create difficulties when it comes to contacting people if you are not sure where they are. Another challenge regarding communication is the internet, we tend to lose internet connection as a result of bad weather, and this will unfortunately bring work to a halt in some situations. Lastly, the biggest challenge that will be faced when working on the Lower North Shore is the isolation. Given that we have limited resources within our communities, if we need specific supplies that we cannot obtain in our community, it will take time to get what we need, consequently slowing down production and efficiency.

Throughout this project I hope to develop and improve various skills that I will carry with me beyond this project. I believe this project will help me develop my research skills because it will be a big part in our day to day tasks. I also hope that this project helps me improve my communication skills on a professional level, this will make it easier to reach out to future investors and clients.

Once I complete the Youth Skills Link Project I hope to either return to school to obtain a higher level of education or find full time

employment. I would like to return to school to achieve a master's degree or a professional designation such as the CFA designation. It is impossible to tell what the future has instore for me but for the near future I am excited to be home working on the Lower North Shore and making a difference.

~ Cordel Driscoll



Kyla Hobbs-Lavallee

As a youth selected to take part in the youth skills link project, I would first like to say why I decided to apply to this project. Originally, I saw it as just another job to pay the bills until some other opportunity came up, but since starting my work placement, I have a different view on the

project. I've been working a little over two weeks in a field completely different than I originally went to school for and I'm very surprised by how much I enjoy it. If it wasn't for this project, I probably would have never worked in this field and that's when I realized that maybe this was the opportunity I was waiting for!

In just a few short weeks, I've developed many skills and I hope to continue to improve myself and my capabilities for the remainder of this project. I also hope to further my career in my new-found work field after the project is over.

Being young and trying to settle on the coast while raising a family is very challenging especially when you are looking for a permanent full-time job. Most of us try it for a few years and quickly find ourselves in debt or living pay check to pay check. We want to live here but realistically this is a seasonal work region. Getting the opportunity to take part in a project like this with the possibility of a permanent full-time job gives me hope of a bright future for myself and my family on the lower north shore. After all who would ever want to leave this place?

~ Kyla Hobbs-Lavallee

I applied to the "Empowering Coastal Youth" project because I viewed it as a great opportunity to reconnect and impact the Lower North Shore in a positive way. For the past 6 years, I lived away from the coast, this project provides a chance to come back to my hometown for 5 months and reconnect with family and friends. This project will allow me to grow on involving skills such as researching, teamwork, public speaking, and communication. The biggest challenge I believe I will face during this project is adjusting to the slow-paced lifestyle of the Lower North Shore. Being isolated in one town as its benefits but as well its downfalls. For example, the cost of food and gas, and as well not having every day products in

Youth Participant Articles—continued

reach can be a big adjustment. But I am confident and excited about this challenge that is presented and ready to take full advantage of this wonderful opportunity.

I am open to obtaining employment on the coast in the future because I would love to see the coast grow in a positive way in the coming years. The coast is filled with beautiful land and sights full of potential that deserve to be recognized by individuals outside of the Lower North Shore. This project has the potential of bringing more settlement back to the coast which in result will help local business grow, and create more jobs for residents.

~ Lucas Driscoll McKinnon



Hi, my name is Molly Drudge. I recently applied to the "Empowering Coastal Youth"-Youth Skills Link Project, because I worked in homecare for ten years. The demand for homecare isn't as demanding as it used to be, also I wanted to try something new.



Molly Drudge

The Youth Skills Project was a job opportunity for me to stay in my community with my children instead of leaving to go outside for work away from them for a few months. It's quite hard finding work here for a few months a year, more so full-time

employment. As a person with a large family here on the coast I believe there should be more job opportunities for people with families first. Without income people are forced to take their families and leave, which has been decreasing the population for many years.

After the project ends on June 9th, 2017, I will continue to look for new job opportunities so I can continue to stay here on the coast with my children. I will take the skills that I learn through this experience to future jobs to improve where ever I can.

~ Molly Drudge

I applied to the "Empowering Coastal Youth" - Youth Skills Link Project this year because I want to live on the coast. I hope that with this project it can lead me to a full-time position and help build my skills in the workplace. In the future, I would like to start a family and having full time employment would make that easier for me to accomplish.

Being part of the youth on the Lower North Shore comes with its disadvantages when trying to find employment. Considering there is only a small amount of businesses in each town, that limits the possibilities of finding employment.

Through this project I am hoping to improve on my communication and problem-solving skills. With these skills being improved I hope to be better prepared for future employment.

My future plans for after this project are to find full time employment and continue working on building my workplace skills.

~ Sara Boland

The Youth Skills Link Project- "Empowering Coastal Youth" was a very interesting idea to me, as a new arrival to the Coast. I moved to the Lower North Shore mainly for my significant other to come back to his roots. Through multiple visits for holidays and special events, I fell in love with its nature and its people. The community was welcoming and contacted me about a work opportunity. That was the push we needed in order to pack up our things and permanently move here. We hope to explore the growing opportunities within our town, in the goal of growing and starting a family. This idea has only been validated as possible through the existence of this project.

Youth on the Lower North Shore face the challenge of having minimal quality work opportunities, that is to say work that will enrich their resume through the right work environments. Sadly, with this lack of available work opportunities many must do as we have in the past and move to more populated areas in order to attain their life goals. I hope to enrich my current work experience by taking part in a similar position to my past employment, but in a different field. Thus, giving me a broader understanding of my position and experience the servicing of a new type of clientele in the career path I am pursuing. Once the project ends I would like to be capable of finding permanent employment which would allow me to support and achieve my personal goals here in St Paul's River.

~ Vanessa Raposo Da Silva

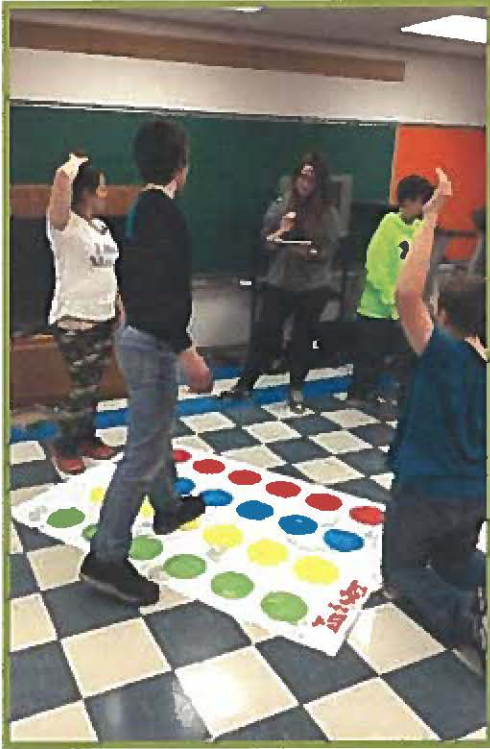


Vanessa Raposo Da Silva

Basse Côte Nord en Forme (BCNeF) - BEST PRACTICES

Throughout the years (2008), BCNeF has worked in cooperation with community organizations and interested residents to provide opportunities and support for youth aged 0 to 17 years and their families to adopt active lifestyles and healthy eating habits which they will carry with them throughout their lives.

BCNeF is very proud of the work that the Animators have carried out in communities across the Lower North Shore over the years. Some examples of what BCNeF has implemented are:



Food & Fitness: BCNeF Animator in the Municipality of Bonne Esperance implemented a program that incorporates making a healthy snack and participating in physical activities. The 5-10 year olds make a healthy snack, discuss why it is important to eat well and then play a fun game that gets them moving.

Healthy options @ canteen: BCNeF Animator in the Municipality of Blanc Sablon has worked with the school and the Nutritionist to create a booklet of healthy recipes that will be used to ensure that healthy food choices are available at the canteen during all school sporting events. Also, it was decided that healthy options would be available at all community events where the school canteen is utilized.

Cooking skill development: BCNeF Animator in the Municipality of Gros Mecatina has worked with the school to implement an afterschool activity which helped high school student develop cooking skills and to make healthy meals, which were sold to fund raise for various events. Elementary students were also introduced to healthy snacks, which they made then discussed how healthy eating helps them perform better.

Revamping snack programs: BCNeF Animator in the Municipality of St. Augustine has worked with parents and the school to take another look at the school snack program. Now, the schools is offering healthier options and making healthy food choices available for all students. BCNeF Animator in the Municipality of Gros Mecatina is working with the Maison Jeune Mecatina to introduce healthier food options to the youth who attend youth center activities, vastly increasing the importance of eating healthy outside the home.

After school programing: BCNeF Animators in the Municipality of Golfe St. Laurent (Harrington & Chevery) have worked with youth, parents & community partners to create after school activities that focus on fun & physical activity. Activities are varied and very much corresponds to the needs of their community. It's important to highlight the fact that some communities have no organized physical activities outside of school hours without the involvement of BCNeF.

Supporting community: All BCNeF Animators have worked with groups and organizations within their communities to support ongoing activities. Over the years, BCNeF has contributed to activities with youth centers, sports and leisure committees, schools, breakfast and snack programs, day cares amongst others.

Collaboration with partners: BCNeF has built strong partnerships since it's inception and has contributed to enhancing many healthy & active lifestyle initiatives.

Healthy snacks - 296 youth

After school activities – 220 youth

Commission Scolaire du Littoral sports (cross country and Track & Field) – 137 youth

Commission Scolaire du Littoral community activity (Terry Fox Walk/Run) – 264 youth & community members



The positive impact that BCNeF has made over the last 9 years has been significant and has been championed by all involved. Our hope is that activities continue and our youth have the best chance at success.

The communities implementing the *Basse Côte Nord en Forme* activities and the part-time Animators are; Blanc Sablon – Karine Joncas/Andy Lavallee, Bonne Esperance – Chevonne Thomas, St. Augustine – Olga Gallibois, Gros Mecatina – Adeline Anderson, Chevery – Sylvie Perron, Harrington Harbour – Amy Griffin

Shelley Fequet

Basse Côte Nord en Forme (BCNeF) Development Agent
Lower North Shore Coalition for Health



Kids Summer Camp 2017



Summer 2016 marked the 10th Anniversary for the KIDS Summer camp initiative. It was in this regard that the program created and implemented reflected the celebratory event. Weekly themes included: "Welcome! Fun & Games", "Out and About on the Lower North Shore", "We are all Superheroes & Princesses", "The Wide World of Sports", "Try Something New", "Animal Planet Week", and "The Last Hurrah! Arts & Music Week"!

A total of ten (10) students were hired in 2016 (7 counselors and 3 shadows) and fifty-eight (58) youth were registered. The Coasters Association would like to take this opportunity to thank those instrumental in the success of the 2016 KIDS Summer Camp. Much gratitude is extended to those who supported the 2016 camp through their monetary contributions:

- Commission Scolaire du Littoral
- Centre local de développement (CLD)
- Young Canada Works
- Service Canada Registration Fees
- Social Program Fund
- Embrace Little Hearts Fund

(A report for the 2016 camp season is available at the Coasters office.)

Summer 2017 our theme is "Adventures in Summer Camp" and we are very excited to provide the children with safe, fun, and educational activities that both broaden their minds and hopefully create an enjoyable camp season. Thanks to the support of Young Canada Works, Service Canada, Commission Scolaire du Littoral, the Social Program Fund, Embrace Little Hearts Fund, and registrations fees, we provided employment for five (5) counselors and one (1) shadow in Lourdes de Blanc Sablon, one (1) counselor in St. Paul's River, and one (1) La Tabatiere for a total of eight (8) counselors.

We are also thrilled to announce that Trina Roberts was hired on a part time basis to coordinate the camp for the 2017 season (thanks to the generous support of our funders)!

Our mission has always been to nurture and develop a safe and healthy environment in which youth can improve their health and obtain skills that will assist them in their future lives, through physical activities, mental development, artistic growth, environment awareness and community/family participation. It is in this regard that we extend a HUGE "thank you" to all our partners throughout the years for your continued support in ensuring the camp takes place each season!

To reach the Coordinator, Trina Roberts, please contact the Coasters office by phone at 418-379-2006, by fax at 418-379-2621 or via e-mail at trinaroberts78@gmail.com or coasters@globetrotter.net.

Shannon Keats
Program Manager

Show Me the Way



The Show Me the Way (SMTW) mandate is to support the overall development of children aged five and under to ensure that every child has the same chances for a good start in life. As well as to help develop the emotional and social development of a child.

The funder of Show Me the Way is Avenir d'enfants, a non-profit organization devoted to helping local communities throughout Quebec. Their overall mission is to support the development of children from the womb to five years of age by ensuring that every child has an equal opportunity for a good start in life and attain optimum levels of school readiness. Since its introduction on the Lower North Shore we have followed through on their mission and encouraged the mobilization of families and partner organizations in the belief that families and local communities are capable of implementing actions that support the overall development of their children.

Show Me the Way strides towards social inclusion to ensure equal opportunity to every child in an equitable and optimal manner, the Show Me The Way programming has continued to provide activities in all Municipalities across the Lower North Shore.

The communities implementing the Show Me The Way activities and the part-time Animators are; Blanc Sablon – Sasha Lessard, Bonne Esperance – Chevonne Thomas, St. Augustine – Ann Fequet, Gros Mecatina – Adeline Anderson, Tete-a-la-Baleine – Tom Hallett, Chevery – Madison Cox, Harrington Harbour – Amy Griffin, Kegaska – Terri-Lynn Ingram.



Shelley Fequet
Animator Supervisor

EDITOR'S NOTE

Employment and social programs that can positively impact youth development, social inclusion and youth retention, is the key to the future of the Lower North Shore. Furthermore, the development of the youth capacity to answer the human resource needs is critical to future socio-economic, industry and business development. The Coasters involvement of mobilizing and carrying out numerous youth initiatives on the coast, continue to address these issues by striving to maintain youth social programs and integrate the engagement of youth in training and employment opportunities.

In this edition of the Forecaster, we've dedicated the issue on promoting the ongoing and new programs Coasters Association is leading in terms of youth initiatives throughout the region.

We would like to take this time to offer a Word of Thanks to the Coasters staff and Board of Directors for their enduring support in continuing to sustain Youth Employability and Youth Social Programs to the young population on the Lower North Shore.

Youth Team of the Coasters Association, in-office and across the LNS

NEXT EDITION

The next edition of the Forecaster is scheduled for September 2017 and will include Senior initiatives along with an update of the Research Center Partner Meeting which was held on May 23rd-25th, 2017, as well as other up-coming events. On behalf of the staff and Board of Directors of the Coasters Association, we would like to extend our warm wishes for a safe and happy summer season.

**** Tourism Forum to be held across the LNS from September 11th – 15th, 2017, starting in Blanc Sablon and ending in Kegaska. ****