



**CHSSN**

**Annual Report**

**2022-2023**

## TABLE OF CONTENTS

<b>1</b>	<b>Letter from the President</b>	<b>3</b>
<b>2</b>	<b>Letter from the Executive Director</b>	<b>4</b>
<b>3</b>	<b>Mission, Vision and Values</b>	<b>6</b>
<b>4</b>	<b>Networking and Innovation</b>	<b>7</b>
	<b>a</b> Networking and Partnership Initiative (NPI)	<b>8</b>
	<b>b</b> Community Health Education Program (CHEP)	<b>11</b>
	<b>c</b> Adaptation of Health and Social Services	<b>12</b>
	<b>d</b> Enhancing Knowledge of Health Status and Well-Being	<b>14</b>
<b>5</b>	<b>Early Childhood, Youth and Families Initiatives</b>	<b>15</b>
	<b>a</b> Bright Beginnings (BB)	<b>15</b>
	<b>b</b> Healthy Early Years (HEY)	<b>17</b>
<b>6</b>	<b>Broadening Support and Representation (BSR) in the Health and Social Services Sector</b>	<b>18</b>
<b>7</b>	<b>Senior Wellness Centre (SWC) Initiative</b>	<b>20</b>
<b>8</b>	<b>Mental Health Programs</b>	<b>21</b>
	<b>a</b> COVID Mental Health Initiative (CMHI)	<b>21</b>
	<b>b</b> Youth Mental Health Initiative (YMHI)	<b>22</b>
	<b>c</b> Supporting and Promoting the Mental Health (SPMH) of those most affected by COVID-19	<b>24</b>
<b>9</b>	<b>CHSSN Team</b>	<b>26</b>
<b>10</b>	<b>CHSSN Funding Partners</b>	<b>28</b>



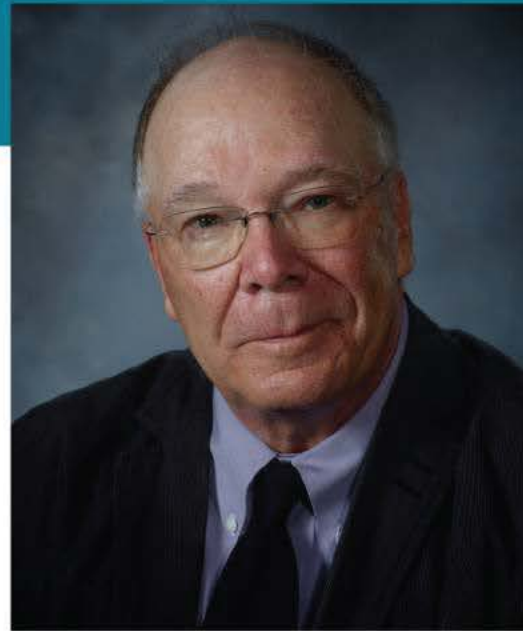
## 1. Letter from the President

# A Year of Renewal and Change

This past year, CHSSN funding sources were at critical junctures both Federally and Provincially. At the Federal level, we achieved a big milestone with the renewal of another 5-year contribution agreement with Health Canada totaling over \$29 million. This is the 5th, five-year agreement with Health Canada and it illustrates the long-term Federal commitment to support the English-speaking minority community of Quebec. Access to health services remains the top priority of English-speaking Quebecers.

At the provincial level, the Quebec Government announced its 5-year budget in March. Senior Wellness Centres were the recipients of an important increase in funding. As well, CHSSN continued to receive support for its mental health programming. These two investments by the provincial government will allow the English-speaking community to improve the quality of life of thousands of vulnerable community members. This was the first budget with Minister Girard at the helm of both the Ministry of Finance and Minister responsible for relations with English-speaking Quebecers; and he delivered on his promise to continue to support our vulnerable populations.

This year the Quebec Government adopted major revisions to the Charter of the French language. The CHSSN shared the concerns of many in our community members with respect to the potential impact on the access to health and social services in English. We were encouraged by the Government's decision to exempt the entitlement to services in English, as stated in the health act, from application of the general provisions of the Charter of the French language. However, concerns remain about the implementation of the many complex provisions of the Charter, especially in the context of impending major reform of the health system.



Regarding reform of the health and social services system, we submitted a proposal for amendments to Bill 15 to ensure that the framework for legislative guarantees of services in English remains strong. We consider it important that our communities continue to represent their needs and priorities at the institutional level. We also believe that the preparation of access programs connecting services to our communities should remain the responsibility of the institutions.

Although it happened after the 2022-2023 fiscal year ended; it is important to note that our Executive Director had the chance to present to the Federal Senate Committee on Official Languages during the consultations of the changes being proposed to the Official Languages Act (Bill C13). It was an opportunity to remind the committee of the challenges faced by the English-speaking community in Quebec in accessing health services and sustaining the vitality of the community. This renewal at the Federal level has complicated the position of the English-speaking community in Quebec at a time when we were already concerned about diminishing accessibility to health and social services. Again, this is an issue that will take time to unfold, we will continue to follow it and its impacts in the months to come.

Sincerely,  
Ron



## 2. Letter from the Executive Director

# A Roaring Return to Business

In person conferences were back in the CHSSN lineup this year and were a highlight for everyone. The CHSSN team hosted six in-person events that contributed enormously to the reconnection of our community organizations and their partners. These events are critical for the dissemination of information, best practices, and peer mentoring.

As Ron's letter describes 2022-2023 was also a year with an incredible amount of policy work that also expanded into our program areas as well. Early childhood, seniors and mental health were the sectors that engaged staff in many hours of partnership development and program development.

In the program and policy area we had excellent results. Of note, is the success in a national funding envelope on mental health with the Public Health Agency of Canada. It is the first time we have successfully applied to a national envelope not specific to OLMCs. This 2-year \$4 million project is to support organizations responding to the huge demand for mental health services during and after the COVID 19 pandemic. These resources have been an incredible boost to community-based services that are able to reach very vulnerable populations. You will see the results in this report later.

The arrival of the 2021 Statistics Canada data was greatly anticipated by all, and it did not disappoint. We produced a new set of Socio-demographic profiles for each of the RTS territories and the networks have begun mining that information to inform their communities and partners of the new realities.

In Feb of 2023 we also launched a new perceptions survey on access to health and social services with the polling firm CROP. We moved from the traditional telephone interviews to a web-based survey and were able to reach a larger base of 4,800 English speakers across the province. We will be sharing these survey results in 2023-2024.



This data enriches our understanding of the populations challenges and priorities in accessing health services in English.

The development of partnerships with provincial and regional organizations continues to be a critical role for CHSSN. In the past year we developed partnerships in the area of violence and suicide prevention, user committees and the complaints process.

At an organizational level we saw the departure of another key staff members this year. After 16 years with the CHSSN, Brenda Edwards, Director of Administration, retired. Brenda's expertise and knowledge of our programs will be sorely missed. But, as with all departures, there are new arrivals and the team at CHSSN continues to grow to meet the new challenges facing us.

The programing of CHSSN is as strong as ever. The long-term commitments from both levels of government as well as the continued support from the Lucie and André Chagnon Foundation, have created a broad and deep program lineup for CHSSN and its beneficiaries. We take our role as developer for the English-speaking community very seriously and our mission is to support the long-term vitality of our community and all its members.

I am looking forward to another year of growth and development in 2023-2024.

Sincerely,  
Jennifer







# 3. Mission, Vision and Values

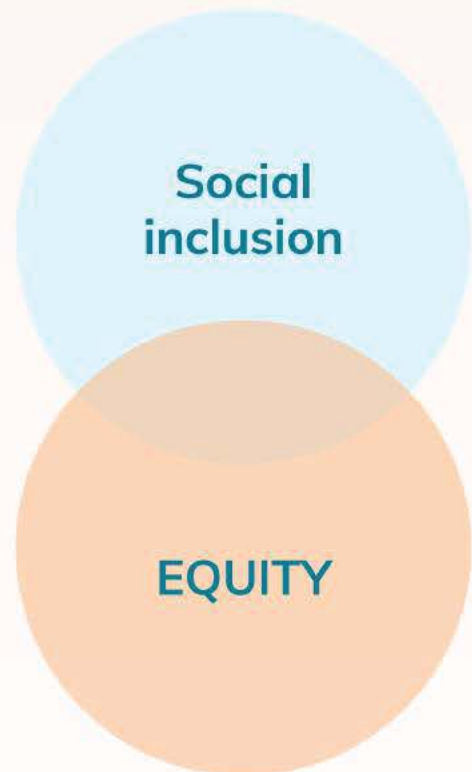
## Our Mission

Our mission is to support English-speaking communities in Quebec to develop programs and services addressing the social determinants of health through knowledge sharing, collaboration, and training.

## Our Vision

Achieving equitable access to health and social services in English through the development of programs and partnerships to address social to address social determinants of health and promoting the vitality of English-speaking communities of Quebec.

## Values



# 4. Networking and Innovation



Health  
Canada

Santé  
Canada





## 4a. The Networking and Partnership Initiative (NPI)

### New Partnerships and innovative networking models

This has been a big year for the NPI networks as they transition to supporting their partners and vulnerable clientele in post pandemic recovery efforts. More than ever, increasing access to mental health services and supports was a top priority. For example, over 100 new partnerships were established involving the 23 NPIs to support their more vulnerable clientele such as visible minorities, youth, caregivers of loved ones with mental illness.

Innovative networking working models were also piloted as a way to better engage health and social service professionals. For example, 3 NPIs in the Montérégie collaborated to create a networking table specifically with mental health service providers in their region. The mental health task force in the Gaspé region also continued to evolve by tackling the lack of substance abuse services offered in English in their region.

### Face-to-face trainings came back after 2 long years of waiting

The CHSSN also offered numerous on-line training opportunities throughout the year and in June, an NPI BOOT CAMP was held bringing together 50 NPI staff from across the province to share information and best practices. To finish the year, NPI executive directors came together the day prior to the Building Together Conference to prepare for the launch of the new NPI program 2023-2028. It was an exciting time for everyone as we celebrated our past accomplishments and looked forward to next 5 years.







## Taking stock of 5 years of accomplishments

The 2018-2023 NPI program came to an end and it was an opportunity to take stock of some of the major accomplishments over the past five years. Some of these accomplishments are:

- 92% of health professionals surveyed felt supported by the NPI
- 3393 partnerships created or maintained
- 587 access support services created
- 791 knowledge products produced and disseminated to partners
- 1804 knowledge transfer events
- 5690 English-speaking clients supported through the 23 NPIs

## CHSSN continues to build provincial partnerships contributing to the NPI model

The CHSSN has taking big steps to build and strenghten provincial partnerships supporting NPIs at the regional level. A few of these partnerships are:

- The CHSSN partnered with the Réseau Avant de Craquer (RAC) to adapt tools and resources in English supporting caregivers of loved ones with a mental illness. These English tools and resources were disseminated to NPIs and RAC member organizations offering services in the regions.
- The Fédération des Centres d'assistance et d'accompagnement aux plaintes (FCAAP) supports their regional members in assisting users through the complaints process. The CHSSN partnered to produce an English promotional video disseminated to regional CAAPS and NPIs across the province.
- The Regroupement Provincial des Comités des Usagers (RPCU) supports local users committees in their efforts to promote the rights of the user. CHSSN collaborated with the RPCU to create awareness to NPIs and users committees across the province on promoting the right to access to services in English.
- The CHSSN partnered with the Association Québécoise de Prévention du Suicide (AQPS) to promote their new texting line available 24-7 in English. Web based tools and resources were also developed in English and disseminated to NPIs and regional suicide prevention centres across the province.

## Representing the health and social services needs to federal and provincial government stakeholders

The NPI program supports the CHSSN as the provincial organization representing the health and social services needs and priorities to government stakeholders. Below are a few accomplishments over the past 5 years in the program.

- Convening of the Health and Social Services Priorities Committee (HSSPC) and submitting the health and social services priorities of the English-speaking community in Quebec to Health Canada with regards to the new federal investments 2023-2028.
- Supporting the 23 NPIs in their participation on Regional Access Committees and in the development of access plans. Access plans were formally approved by the government of Quebec ensuring the continuation of English-language services in the province for the next 3 years.
- Representation on the Provincial Access Committee advising the Minister of Health for the government of Quebec.



”

The NPI BOOTCAMP was an amazing and energizing opportunity for me. For the first time since the pandemic, I was able to meet my fellow NPI colleagues face to face from across the province.

Quote from a participant of the BOOTCAMP.



# 4b. Community Health Education Program (CHEP)

Since 2005, the Community Health Education Program (CHEP) has provided urban, rural, and remote English-speaking communities around the province of Quebec with on-line health education information sessions via video conferencing. The following infographic highlights the CHEP activities for the period from April 1, 2022 to March 31, 2023. This year we saw the return of in-person sessions organized by local NPI organizations, but many seniors continued to participate from the comfort of their own homes. The pandemic had introduced them to using technology and their comfort levels with it had increased.

To respect the changes required by our funder, Health Canada, the nature of the program will change in 2023-2024 away from health education presentations towards sessions supporting English-speaking seniors in Quebec to age in place, a priority identified by the federal government. We are looking forward to providing an exciting new lineup of sessions.

Overall, **90.3%** of participants felt that the CHEP sessions helped to increase their knowledge

**Key Metrics (Live)**

 **1036**  
Total session participants

 **9**  
Sessions provided

---

**Key Metrics (Recorded)**

 **310**  
Recorded session participants

 **26**  
Recordings shown by 9 organizations

 **17**  
Follow-up activities

 **9**  
Collaborations with health professionals

Date	Session topic	Total participants
20-Apr-22	Music Therapy – Music for your Mind, Body and Spirit	116
18-May-22	Age-Related Hearing Loss – Causes, Complications and Care	112
15-Jun-22	Stroke Signs and Symptoms	131
21-Sep-22	It's Okay to Forget: An Update on Memory Loss and Treatments	128
19-Oct-22	Incontinence and Pelvic Floor Rehabilitation	119
16-Nov-22	Coping with Chronic Pain: A Summary of the Work by the Canadian Pain Task Force	131
18-Jan-23	Financial health and stigma: the hidden cost of debt	76
15-Feb-23	Keeping your back and spine healthy as you age	133
15-Mar-23	Eating well for preventing and living with diabetes (hosted by ECO-02)	90
<b>Total Live CHEP session participants for FY 2022-2023</b>		<b>1036</b>
<b>Total participants (including recorded session participants) for FY 2022-23</b>		<b>1346</b>

## 4c. Adaptation of Health and Social Services

A highlight of the final year of the 2018-2023 funding cycle for the Adaptation Program was the hosting of an in-person provincial forum in January 2023 to share knowledge and innovative practices. The “Building Together” conference, co-hosted by CHSSN and the MSSS, had over 100 participants and it proved to be a valuable platform for sharing knowledge, networking, and fostering collaboration. Participants expressed a high level of satisfaction, recognizing the forum as a catalyst for learning and exchanging innovative practices.

The accomplishments this past year of the Adaptation program were many. Examples of improving knowledge of the community and its needs, increasing partnerships between the public health and social services network and English-speaking communities, and providing information documents and communication tools in English to inform English-speaking communities of services were seen in all regions of the province.

For instance, the CIUSSS de l'Estrie-CHUS Fleurimont surveyed community organizations and found that 86% of respondents indicated that they serve English-speaking community members. In another project, the CISSS de la Gaspésie continued to support a Patient Navigator pilot project for English-speaking oncology patients that must travel out of the Gaspé region to Rimouski to receive treatments.





Several projects focussed on activities to improve access to services in English in one or more of the nine service programs of the public health system. These projects were based on the priorities identified for the specific region. For instance, the CIUSSS MCQ (Mauricie Centre du Quebec) supported 'liaison agents' who helped clients navigate the public health system, provide support for challenging cases, and raise awareness of the needs of the English-speaking community. Another example, the CISSS de Lanaudière updated its website to promote tools and services supporting the offer of services in English, including a health and social services resources section and links to medical clinics and resources offering same-day medical consultations. Numerous communication tools were translated by all of the CI(U)SSS through the Adaptation project including websites, consent forms and information pamphlets for the English-Speaking communities.



By actively supporting its public health partners in Quebec through the Adaptation Program, the CHSSN has made significant strides in improving access to health and social services for English-speaking communities across the province. Through its collaborative efforts, the CHSSN has fostered an environment of knowledge exchange and mutual support, paving the way for innovative solutions and effective implementation of projects. Moving forward, the CHSSN remains committed to its mission, continuously striving to create a healthcare landscape that caters to the unique needs of English-speaking communities and fosters their overall well-being.





## 4d. Enhancing Knowledge of Health Status and Well-being of English-speaking Quebecers

As our main partner in this project, the INSPQ, was still working very hard on issues related to the pandemic this past year, the CHSSN had an opportunity to focus on the production of research with new and old partners. In February 2023, we worked with CROP polling firm to implement the 6th Perceptions Survey on Access to Health and Social Services. As the use of telephones in homes has dropped drastically over the past 10 years, it was decided to move this survey to a web-based delivery. Consequently, we were able to reach an even larger number of people this time. Over 4,800 people answered the survey. CROP has produced the first analysis of the information and CHSSN will begin to disseminate this information in 2023-2024.

Also late in the year, the Statistics Canada data from the 2021 Census was released and CHSSN consultant Joanne Pocock put together the traditional Baseline Data Report using the data set. Regional profiles were built based on the RTS territories and MRCs. Both sets of data were put up on the CHSSN website early in 2023-2024. These profiles are the founding documents for all of our partners, and they will be an important contribution to the knowledge base for every region.

This year we also engaged the ISQ to analyze the 2019 data set of the Provincial Parenting Survey (Enquête sur la parentalité) that was implemented by the ISQ with the lens of looking at the reality of English-speaking respondents. The report has been drafted and will be available following the release of the provincial survey analysis is released.

A third research project was done in collaboration with the *Pôle d'expertise et de recherche en santé et bien-être des hommes* which is part of Université Laval and the CIUSSSCN. Over 290 English-speaking grandparents responded to a survey on the challenges of being grand parents. This topic is a first of its kind and it will raise the importance of including grandparents in further research. The report was distributed to the public in the summer of 2023.



[CROP - English language Health and Social Services Access in Québec](#)



[Québec Provincial Profile](#)



[Demographic Profiles of Québec's English-Speaking Communities](#)



[Demographic Profiles of Quebec's English-speaking Communities- Region Gaspésie-Îles-de-la-Madeleine and MRC Le Rocher-Percé](#)



# 5. Early Childhood, Youth and Families Initiatives



Fondation Lucie  
et André Chagnon



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

## 5a. Bright Beginnings

The Bright Beginnings Program, an initiative of the CHSSN, completed its fourth year and continued having significant success in reaching its goal: English-speaking children, youth and their families have improved access to programs and services. This report presents the activities and results achieved from January to December 2022, and demonstrates that the Program has been successful in creating change in the ecosystem of children, youth and their families in Quebec, in addition to having created more access for English-speaking families.



The Bright Beginnings Program supported projects with 23 NPIs and 11 provincial collaborations in 2022, as shown in Table 1, below.

Project Years	2019 (Aug-Dec)	2020	2021	2022	2023
NPIs funded by BB Program	18	19	21	23	23
Number of NPI BB partners		74	152	195	
Number of CHSSN BB collaborations		9	9	11	

CHSSN engages stakeholders with the aim of increasing their capacity to reach and promote services to English-speaking families. A key Bright Beginnings strategy to create change is building an understanding of the realities of English-speaking families among early childhood stakeholders, especially at the government level. Perhaps the most important development, since the launch of the Bright Beginnings Program, were meetings this year with the Ministère de la Famille. This stronger relationship with the Ministère de la Famille is critical particularly because its policies affect families more than any other government ministry.



The Montérégie mental health table

**Exploring the Effects of Language as a Barrier on Access to Care, Service Utilization and Well-Being Outcomes for English-Speaking Families in Quebec**

A brief report prepared for the Community Health and Social Services Network (CHSSN) by the Childhood Anxiety and Regulation of Emotion (C.A.R.E) Research Group

**CHSSN**

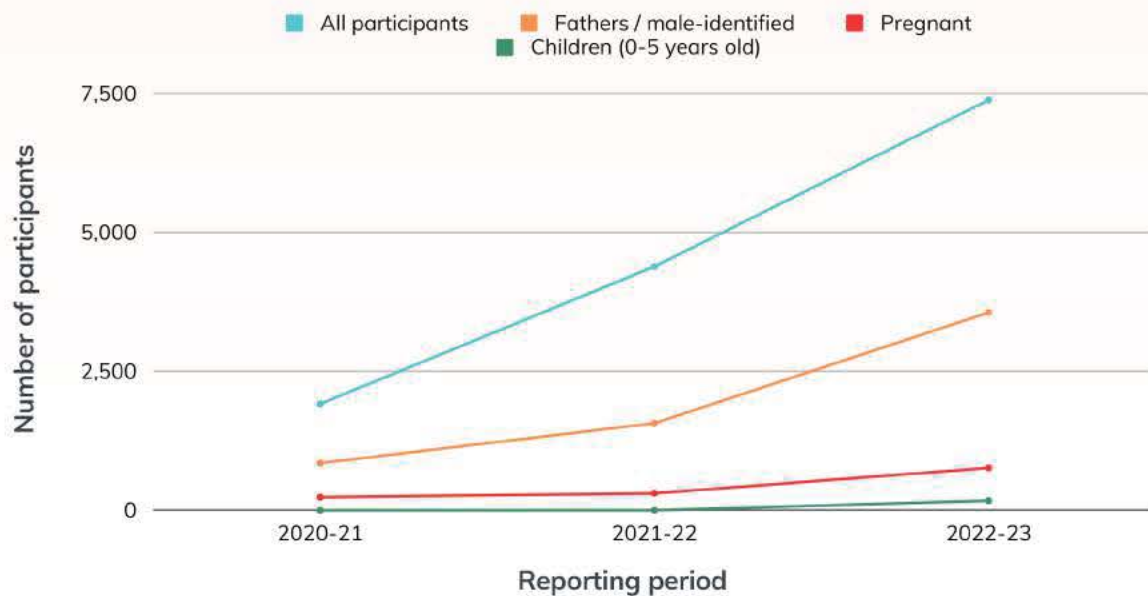
**McGill** Faculty of Education Department of Educational and Counselling Psychology





# 5b. Healthy Early Years (HEY)

In 2022-2023, CHSSN's Healthy Early Years (HEY) program worked with 22 third-party "Networking and Partnering Initiative" (NPI) organizations to conduct 24 programs supporting English-speaking children and parents who face conditions of risk. The addition of one new program enabled CHSSN to expand its reach to 18 different health regions, representing one additional health region compared to previous years. The number of total participants expanded to 7387, more than doubling the number of participants in the prior reporting period (3563 participants 2021-2022). The expansion in participants over three reporting periods is seen in Figure 1.



Among the successes NPIs identified this year increased participation, increased provision of information to their communities, improved engagement in activities and improved integration of dads were all mentioned. Figure 1 highlights an overall increase in the participation rate of 68% and an increase of 149% in the participation of fathers.



AGAPE's HEY Play Date Activity, part of the larger AGAPE HEY program which supports parents of children on the autism spectrum navigate the health care system.



CCS' back to school gathering. CCS hosts very successful weekly outdoor free play activities which reach both moms and dads.



# 6. Broadening Support and Representation in the Health and Social Services Sector (BSR)

Secrétariat aux relations  
avec les Québécois  
d'expression anglaise

Québec



## New Partnerships and innovative networking models

This was our third year of a three-year support and representation project in the health and social services sector funded by the Secrétariat aux relations avec les Québécois d'expression anglaise.

The three major objectives of this project are:

- To provide outreach and to support community health and social services organizations and networks.
- To provide greater representation and collaboration with government and non-governmental provincial stakeholders.
- To engage in policy and program development, research, and representation initiatives.



This year over 34 organisations have been supported through individual coaching and/or participation in two in-person Networking events and a Community Mental Health Forum #empower with over 100 participants.



The Montreal Mapping project started to take shape as a multilayered tool for organisations to understand the demographics of their RTS and neighborhoods and know the services that exist in each community.

A Montreal specific monthly e-bulletin (14 editions) “Jenn’s Tuesday Musings” was distributed to 90 individuals in the Montreal region sharing information and news as well as spotlighting organisations and important announcements for English-speaking organisations.

There were multiple meetings with stakeholders and numerous collaborations elaborated.

This was our third year of a three-year support and representation project in the health and social services sector funded by the Secrétariat aux relations avec les Québécois d’expression anglaise.

- A presentation to the office of Mr. Eric Roy (responsible for the health and well-being of men file at the MSSS).
- A CityNews TV interview and a Web magazine interview with Cult MTL.
- A presentation at the CHSSN event for the Grande Semaine des Tout-Petits with over 100 participants.

Multiple advisory documents were created and shared, and four research initiatives have been undertaken.



Research in Collaboration with CHSSN  
Survey Highlights on vulnerability of English-speaking fathers

**[Survey Highlights on vulnerability of English-speaking fathers - CHSSN](#)**

## 7. Senior Wellness Centre Initiative

The Senior Wellness Centre (SWC) initiative funded by the SRQEA supported 30 organizations and 71 sites in its second year with the goal of breaking down social isolation, increasing access to information in English and increasing autonomy and well-being among vulnerable English-speaking seniors through purposeful and evidence-based health prevention programming. These organizations span 16 regions of Quebec.

Together, they offered 2,434 health education and health promotion sessions to more than 5,000 older adults. Most of the programs were offered in person, however some were virtual and hybrid. In addition, across the province, there were more 584 volunteers who supported to program. The community of practice was very active. There were 6 networking and knowledge sharing sessions with high participation, engagement and learning and a knowledge hub was refined with a space to share tools and resources.

During this year the SWC received exciting news about funding and research collaborations:

- The SRQEA has committed to continuing and expanding the SWC initiative beginning in FY 2024-2025 allowing us to increase funding to existing sites and expand from 75 to 125 sites in the upcoming years
- Funding was approved for a Leading Practice Study with the Centre for Research and Expertise on Social Gerontology (CREGES) where the concepts of “Bientraitance” (good treatment) and active aging will be explored in the context of SWCs. This is expected to begin in fall 2023





# 8. Mental Health Programs

Secrétariat aux relations  
avec les Québécois  
d'expression anglaise

Québec

Secrétariat  
à la jeunesse

Québec



Fondation Lucie  
et André Chagnon



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

## 8a. COVID Mental Health Initiative (CMHI)

In its second year, the CMHI initiative, funded by the Secrétariat aux relations avec les Québécois d'expression anglaise, supported a variety of community-based service providers. The goal was again to extend the reach of mental health services to serve an increased English-speaking clientele impacted by the COVID-19 pandemic.

While the organizations have undertaken projects unique to their organization's mandate, from awareness raising and prevention activities to intense support for people living with mental illness who require intensive care, they identified some common challenges and opportunities.

In human resources, all nine retained and secured qualified people for the roles required for their projects. At this time of high competition for human resources, their effectiveness in engaging personnel speaks to strong leadership and the appeal of working in a sector that brings meaning to the lives of those involved.

Outreach & Communications' efforts highlighted diverse strategies to reach English-speaking community members with messaging to make people in need of direct support aware of services available. From formal networking opportunities, social media campaigns to kiosks, school visits including spending time hanging out with youth informally, the organizations shared the importance of effective strategies and were encouraged to connect and follow each other.

ORGANIZATION FUNDED	REGION
Our Harbour	Monteregie
Mental Health Estrie	Estrie
Seniors Respite Monteregie	Monteregie
Human Relations	Provincial
Tyndale St-Georges Community Centre	Montreal
AMI-Quebec	Provincial
Dunham House	Provincial
Vent Over Tea	Provincial
Connexions	Outaouais

In year two, nine different English-speaking service organizations in Quebec supported 4,852 clients in total, not including the thousands of individuals reached through advertisements and social media.

## 8b. Youth Mental Health Initiative



The Youth Mental Health Initiative (YMHI) funded by the Secrétariat à la jeunesse, supported by the Lucie and André Chagnon Foundation, and managed by the Community Health and Social Services Network (CHSSN) supported 27 community organizations in its second year. These organizations span 12 regions of Quebec and with the addition of three provincial organizations, the whole province. YMHI has seen incredible growth in improving the access of mental health services and resources to Quebec's English-speaking youth between the ages of 15-29.

Here are some markers of the programs progress since the first year of the initiative:

- Tripling of new programming offered to youth (workshop series, support groups, info-sessions) and the number of youth events doubled (conferences, mental health promotion days, lived-experience discussion panels).
- stronger youth engagement by community organizations was reflected in a 32% increase (16) of young people aged 35 and under sitting on the boards of directors.
- 4 times more mental health resources adapted and or translated into English.
- doubling of the number of mental health professionals involved in programs.
- increased awareness and willingness to talk about mental health for youth is a reflection of the level of meaningful co-development work done with youth which tended to center around promoting mental health literacy and breaking stigma for their peers and community.

In March, the 26 community organizations involved in the project filled out a survey assessing the outreach and engagement practices of their initiatives with youth. The results were very insightful and will fuel the development of the program in the future.



"[The program] has become an essential part of the basket of services that the school intervention team can call upon. The teacher leads have seen some very meaningful cases of students who found a home in [our program] this year at a time when they really needed it."

Quote from survey respondent

"The frequent activities, resources, and open communication around mental health helped combat the deeply ingrained stigma around mental illness for local youth."

Quote from survey respondent

"Positive outcomes include the opportunity for youth to identify gaps in school and community-based mental wellness activities and participate in developing solutions to address the gaps. Year two was a phase where we absorbed lessons, including the importance of recognizing power dynamics between youth and adults, specifically in groupings."

Quote from survey respondent

Although the schools already have a Pride Peer Support Group, we were able to bring even more kids (special needs, allies, BIPOC and LGBTQIA2S+) together.

Quote from survey respondent

"[Due to translation of resources,] community partners are more aware and better equipped to offer services to English-speaking youth."

Quote from survey respondent

"We saw a big increase in [youth] talking about their mental health realities and sharing in a group environment. From the workshops, [youth] are gaining the words and concepts to express their emotions and experiences."

Quote from survey respondent

## 8c. Supporting and Promoting the Mental Health (SPMH) of those most affected by COVID-19

### Long awaited announcement from the Government of Canada

On March 2, 2023, The Honourable Carolyn Bennett Minister of Mental Health and Addictions, and Associate Minister of Health announced the long awaited \$4.2M in funding to the CHSSN to support 47 projects across the province of Quebec.



”

“While the COVID-19 pandemic has exacerbated mental health challenges for many Canadians, communities that already faced challenges due to discrimination, racism, and social exclusion have been hit especially hard. Today’s announcement will help promote positive mental health among these equity-deserving communities and assist them in developing the skills and strategies they need to maintain their well-being now, and into the future.” On March 2, 2023

**The Honourable Carolyn Bennett**

Minister of Mental Health and Addictions, and  
Associate Minister of Health



## Making an impact at the local level

In efforts to showcase the impacts these 47 projects are making at a local level, the CHSSN recently highlighted in NETLINK two projects.



### Empowerment activities for marginalized women

Inspired by the International Women’s day, VISION Gaspé-Percé Now organized activities to support over 40 women increase their self-esteem and make social connections.



### Violence prevention support for men in difficulty

4Korners and their regional partner ACCROC in the Laurentiens were able to extend violence prevention workshops for English-speaking men to other regions across Quebec.

## Impressive first year results

Funding for this initiative arrived in August 2022, leaving organizations approximately six months to report back to the CHSSN. Below is a chart identifying the number and percentage of age groups reached.

Population reached	# of individuals reached from project start date to March 31, 2023
Children / youth (17 years and under)	4,449 (30%)
Adults (18-64 years)	4,112 (28%)
Older Adults (65 years and over)	1,080 (7%)
Other - please specify: Unknown age group	5,241 (35%)
Total OLMC	14,882 (100%)



# 9. CHSSN Team



**Jennifer Johnson**  
Executive Director



**Amy Bilodeau**  
Program Manager  
for Youth Mental Health



**Erica Botner**  
Program Manager  
for Seniors



**James Carter**  
Senior Program  
& Policy Advisor



**Anne-Marie Cech**  
Program Manager for Early  
Childhood, Youth and Families



**Jennifer Cooke**  
Regional Development  
Officer - Greater Montreal



**Steve Guimond**  
Project Coordinator



**Russell Kueber**  
Director of Programs



**Sara Lakhri**  
Project Coordinator



**Céline Lebigot**  
Executive Assistant



**Julie Lemieux**  
Financial Manager



**Danica Logan**  
Project Coordinator







# 10. CHSSN Funding Partners



Santé  
Canada Health  
Canada




Fondation Lucie  
et André Chagnon

*Secrétariat aux relations  
avec les Québécois  
d'expression anglaise*

Québec 

*Secrétariat  
à la jeunesse*

Québec 



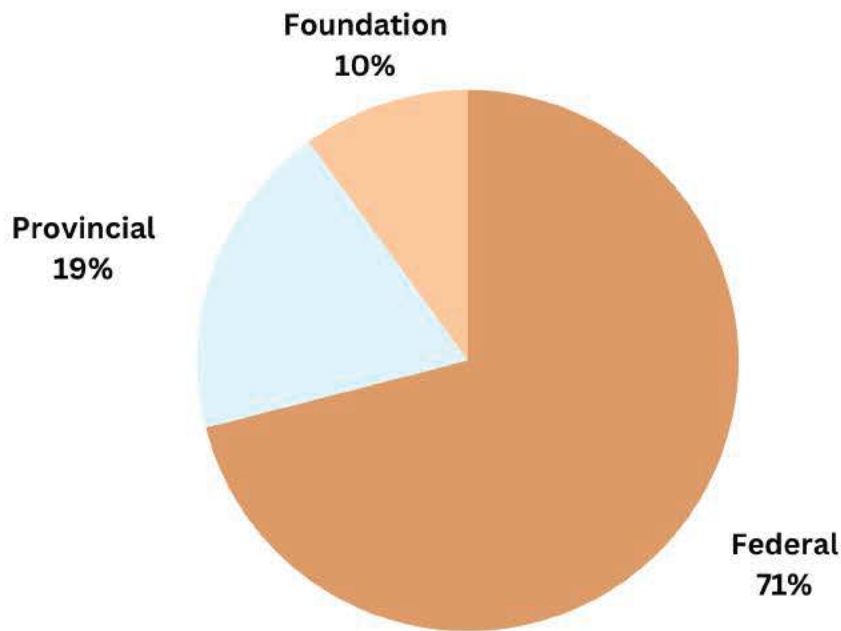
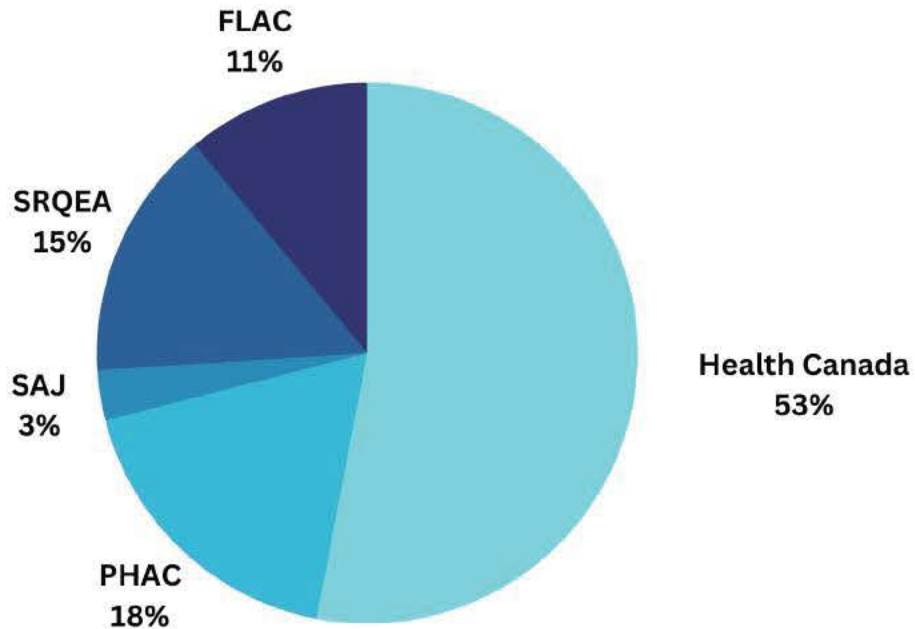
Public Health  
Agency of Canada

Agence de la santé  
publique du Canada



# CHSSN Funding Partners

CHSSN Funders 2022-2023

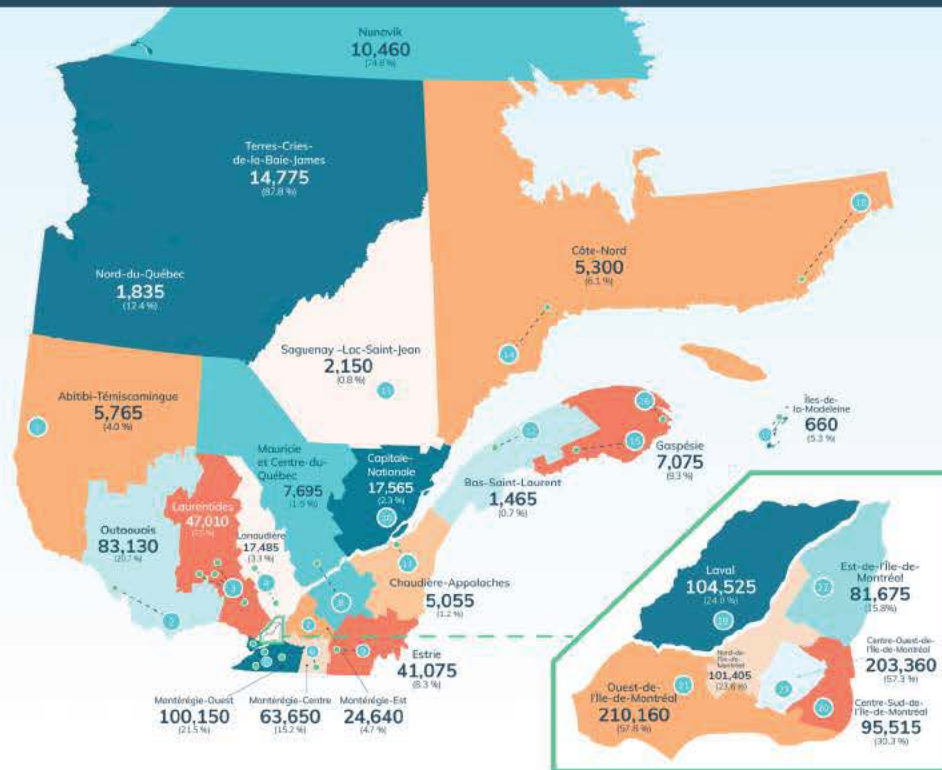


# NPI Map



## Networking and Partnership Initiative Initiative de réseautage et de partenariat (NPI)

### Quebec's English-Speaking Communities Les communautés d'expression anglaise du Québec



### The CHSSN NPI Network Le réseau NPI du CHSSN

- 1 Abitibi-Témiscamingue  
Neighbours Regional Association
- 2 Outaouais  
Connexions Resource Centre
- 3 Laurentides  
4Corners
- 4 Lanoulière  
English Community Organization of Lanoulière (ECOL)
- 5 Montérégie-Ouest  
Montérégie West Community Network (MWCN)
- 6 Montérégie-Centre  
Assistance and Referral Centre (ARC)
- 7 Montérégie-Est  
Montérégie East Partnership for the English-Speaking Community (MEPEC)
- 8 Mauricie et Centre-du-Québec  
Centre for Access to Services in English (CASE)
- 9 Estrie  
Townshipers' Association
- 10 Capitale-Nationale  
Jeffery Hale Community Partners (JH Partners)
- 11 Chaudière-Appalaches  
Megantic English-speaking Community Development Corp. (MCCDC)
- 12 Bas-Saint-Laurent  
Heritage Lower Saint Lawrence
- 13 Saguenay-Lac-Saint-Jean  
English Community Organization of Saguenay - Lac-Saint-Jean (ECO-SJ)
- 14 Côte-Nord  
North Shore Community Association (NSCA)
- 15 Gaspésie  
Committee for Anglophone Social Action (CASA)
- 16 Gaspésie  
Vision Gaspé-Percé Now (VGRN)
- 17 Îles-de-la-Madeleine  
Council for Anglophone Magdalen Islanders (CAMI)
- 18 Côte-Nord  
Coastiers Association
- 19 Laval  
AGAPE - The Youth & Parents AGAPE Association Inc.
- 20 Centre-Sud-de-l'Île-de-Montréal  
BGC Dawson - Anglo Family Council (BFC)
- 21 Ouest-de-l'Île-de-Montréal  
African Canadian Development & Prevention Network (ACDPN)
- 22 Est-de-l'Île-de-Montréal  
East Island Network for English-Language Services (REISA)
- 23 Centre-Ouest-de-l'Île-de-Montréal  
Eva Mandel Centre for Social Justice and Aging





COMMUNITY HEALTH &  
SOCIAL SERVICES NETWORK

RÉSEAU COMMUNAUTAIRE DE  
SANTÉ ET DE SERVICES SOCIAUX

## CHSSN Annual Report 2022-2023

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