

11) Family Matters

Five kids, 2 parents, 3 bathrooms, 1 car, 1 frig, 5 loads of laundry, 12 bags of groceries and time left over to volunteer. A day in the life of a large family is a lesson in time management, delegation of responsibilities, setting priorities and teamwork. How do they do it? Come and join the Plourde family and find out!

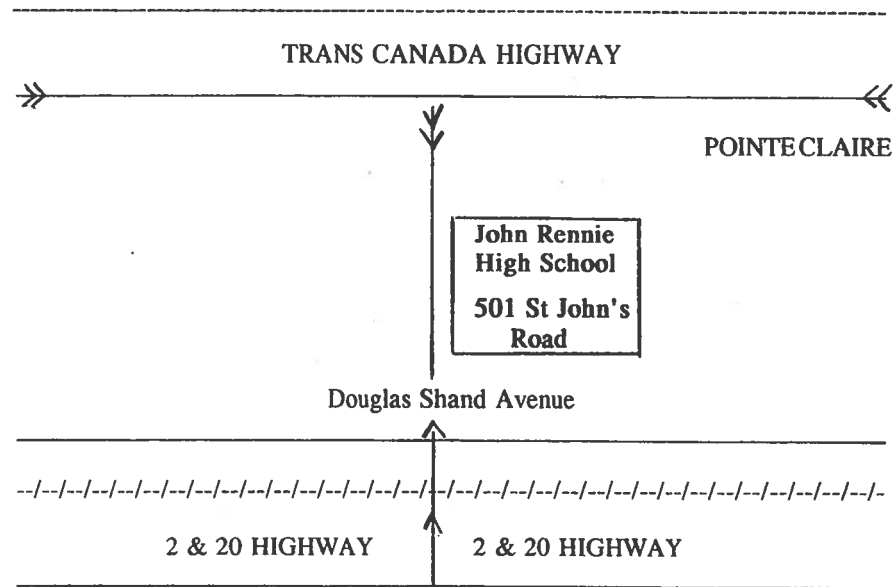
Workshop leader: **Beverley Plourde** of Beacon Hill Home & School.

12) Surviving the Adolescent Years

The phone call in the middle of the night - every parent's nightmare - leads to the shocking reality about a teenage child and drugs. The impact makes the family reexamine the meaning, value and purpose of life itself. Come and learn how one family survived the terrors that ultimately haunt us all.

Workshop leaders: **Eleanor and Ruth Arless** of Pointe Claire.

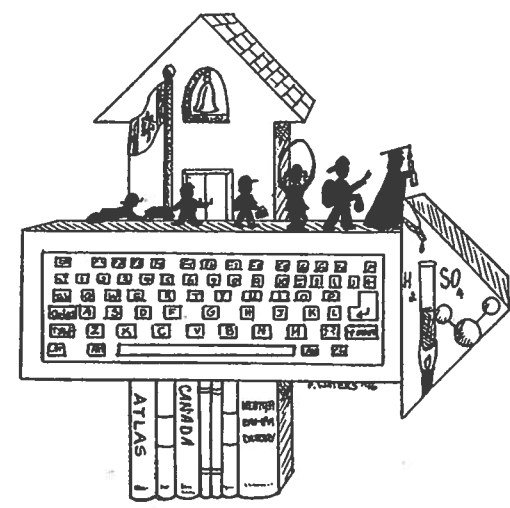
3:30 **SPECIAL DRAW** - from submitted evaluation sheets.



Exit from the Trans Canada and drive South along St. John's Road, or exit from the 2 & 20 and drive North up St. John's Road. The high school is on the east side just above the 2 & 20 and the Pte. Claire Shopping Centre. There is lots of parking around the school.

DIRECTIONS TO JOHN RENNIE HIGH SCHOOL, 501 St. John's Road, Pte Claire

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS
NEW DIRECTIONS IN EDUCATION
KIDS FIRST



*** 1996 FALL CONFERENCE ***

Saturday, October 26th, 1996
from 8:00 a.m. - 3:30 p.m.

at

John Rennie High School
501 St. John's Road
Pointe Claire

PLEASE invite your parents, School Committee members, teachers, administrators, school board members and community leaders to attend.

In order to provide adequate space for workshops and the luncheon, **PLEASE REGISTER AS SOON AS POSSIBLE.**

For further information, please call the QFHSA office (514) 481-5619 or write QFHSA, 3285 Cavendish Blvd., Ste. 562, Montreal, H4B 2L9.

EVERYONE IS WELCOME

DISPLAYERS

Leighco Deluxe Trophies Inc. pd. comm
 Mad Science pd. comm.
 Nomad Scientists pd non comm.
 Open City Productions 2002 Free Invoice sent Dec 17 Feb 25 Sept 02 197 60
 Photo Art Free
 Prestige Fundraising pd. June 23 125
 Safe-T-Child pd non comm.
 Télé-Québec (previously Radio Québec) free
 Think First Foundation non comm pd
 World's Finest Chocolate Canada Ltd. pd comm + pd for 14
 Youtheatre Inc. pd non comm.

Promotional material in delegates' kits contributed by:

The Gazette

Learning Associates of Montreal pd Jan 27 Invoice sent Dec 17 30
 Photo Art Free
 Les Productions Cité Ouverte 2002 (see above) 30
 305

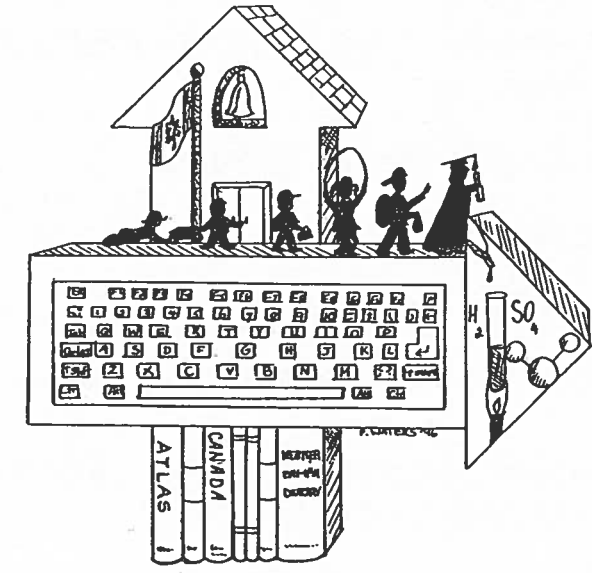
Apples contributed by Macdonald Campus of McGill University, Horticultural Services. Call 514-398-7875 for information.

Muffins contributed by Edinburgh (Mtl West), Greendale (Pierrefonds) and Windermere (Beaconsfield) Home & School Associations.

Our thanks to John Rennie High School and the Lakeshore School Board for kindly letting us use the JRHS premises for our conference and for their usual great co-operation.

(File: Conferen\FC\Flyer.Rms)

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FALL CONFERENCE PROGRAM

October 26

8:00 - 8:30 REGISTRATION and DISPLAYS (coffee/juice available)

8:30 - 8:45 PRESIDENT'S OPENING REMARKS GREAT HALL

8:45 - 10:15 SESSION I WORKSHOPS - EDUCATIONAL

1) Exploring the Internet Room 502

2) Curious? Then You're Ready for Science! Room 212

3) Preparing Our Children For "Life's Journey" Cafeteria

4) Responsibility and Homework Library

10:15 - 10:45 NUTRITION BREAK/visit the displays GREAT HALL

10:45 - 12:15 SESSION II WORKSHOPS - LEADERSHIP

5) Executive Challenges & Expectations Room 212

6) "Reach Out and Touch Someone" Room 213

7) Capturing and Keeping Volunteers LIBRARY

8) How to Make a Million Room 215

12:30 - 1:30 LUNCH (chance to visit the DISPLAYS) CAFETERIA

1:45 - 3:15 SESSION III WORKSHOPS - PARENTING

9) "Tough Love" Room 215

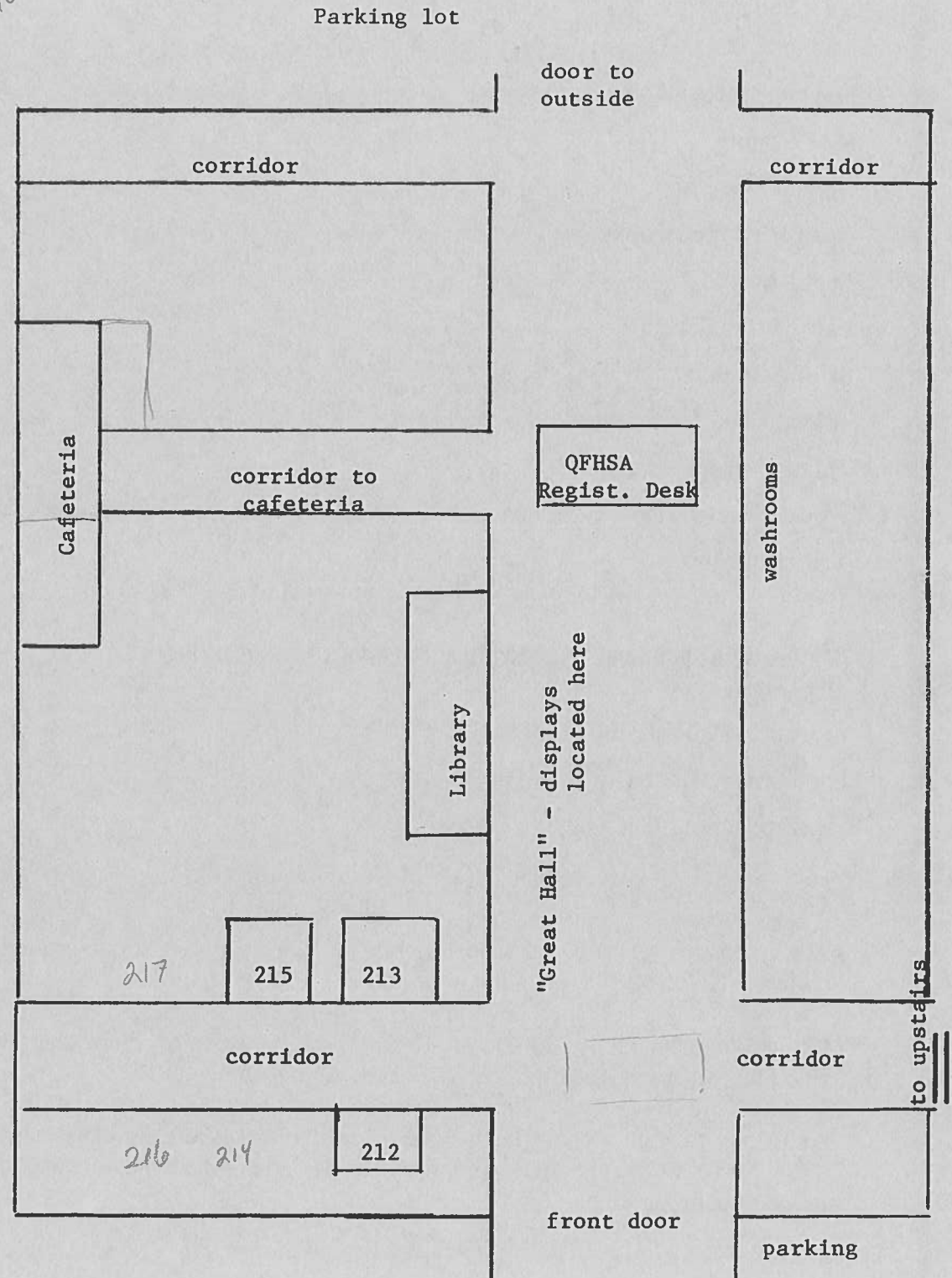
10) Identifying and Dealing with Anger LIBRARY

11) Family Matters Room 213

12) Surviving the Adolescent Years Room 212

3:30 SPECIAL DRAW Near Registration Desk
from submitted evaluation sheets

auditorium



write up ref. d

QUEBEC FEDERATION OF HOME & SCHOOL ASSOCIATIONS

1996

FALL CONFERENCE PROGRAM

NEW DIRECTIONS IN EDUCATION: KIDS FIRST

What direction is education taking? Glance at the workshops listed below. Education stretches as far as our imaginations and technology can reach. Within ourselves it is defined by our family units, our strongest emotions and our deepest fears. So choose a direction and join us on this day's journey.

Saturday

October 26

8:00 - 8:30 REGISTRATION and DISPLAYS (coffee/juice available)

8:30 - 8:45 PRESIDENT'S OPENING REMARKS

8:45 - 10:15 SESSION I WORKSHOPS - EDUCATIONAL

1) Exploring the Internet

Come and watch the internet unfold before your eyes. This hands-on demonstration will introduce you to both the history of the Internet and the services it can provide. Learn about everything from E-mail to how to keep your kids from "logging on" at 3am!

Workshop leader: **John Closs** is a committed Home and Schooler who is on the cutting edge of this communication vehicle.

Note: Due to a limited number of computers, workshop is restricted to 25 people.

2) Curious? Then You're Ready for Science!

Far too often elementary-level science consists of memorizing data from text books. This workshop examines science initiatives which turn science "phobes" into science fanatics! We will examine Integrated Science, Electronic Field Trips, and the new "Alliance for Science Education Enrichment". [Elementary and Junior High School levels]

Workshop leader: **Kevin O'Donnell**, Science Education Specialist with Radio-Quebec.

3) Preparing Our Children For "Life's Journey"

Explore the impact and repercussions of upcoming changes in our Quebec schools. Whatever the new directions, students will continue to need programs that insure personal growth and development of social skills. The MRE curriculum provides students with an opportunity to reflect on and prepare for "life's journey".

Workshop leader: **Suzanne Longpre**, Education Specialist with the Ministry of Education.

4) Responsibility and Homework - a PALS (Parents Assist Learning and Schooling) workshop

Are you at odds every day with your children trying to get them to do their homework? This workshop helps parents to understand the connection between problem-solving and decision-making skills and children taking responsibility for their homework.

Workshop leader: **Charlotte Taylor**, is a PALS trainer with a background in health care.

10:15 - 10:45 NUTRITION BREAK - time to visit the displays and to find out what's new in the field of education and fund raising.

10:45 - 12:15 SESSION II WORKSHOPS - LEADERSHIP

5) Executive Challenges & Expectations

Secrets revealed! Come to learn and to share the joys and inspirations of being a member of an active, successful local association.

Workshop leaders: An interesting array of successful Home & Schoolers.

6) "Reach Out and Touch Someone"

Multi-level marketing Home & School style. Come and find out how to get to know WHO your membership is. Open up the lines of communication and make your newsletter a membership tool.

Workshop leader: **Dorothy Nixon**, *Quebec Home & School NEWS* editor and free-lance journalist.

7) Capturing and Keeping Volunteers

What makes a person volunteer? What keeps him or her active and involved in an organization? Listen to the answers to these questions and your group will flourish.

Workshop leader: **Sheila Dunwoodie**, Field Executive with Scouts Canada.

8) How to Make a Million

The unique character of a school shows itself in the kind of fundraising activity it prefers. Come and share your greatest glories and your worst nightmares with us as we share ours. A variety of schools, both elementary and secondary, will tell us about their fundraising adventures.

Workshop leaders: Home & Schoolers from elementary & high schools.

12:30 - 1:30 LUNCH and a chance to visit the DISPLAYS.

1:45 - 3:15 SESSION III WORKSHOPS - PARENTING

9) "Tough Love"

What to do if your child gets into trouble. Get involved with real life situations - your time may come (unfortunately). How do the social and legal systems respond to the child 18 and under? Learn about tough love and other methods to help parents with problem teens.

Workshop leader: **Jim Thomerson**, founder & co-chair, West Island Parent Support Group.

10) Identifying and Dealing with Anger

"Anyone can become angry - that is easy. But to be angry with the right person, to the right degree, at the right time, for the right purpose, and in the right way - that is not easy." Aristotle. Examine the underlying messages of anger; discover practical strategies to help both ourselves and our children to deal with anger and to take responsibility for our feelings.

Workshop leader: **Margaret Mitchell**, educator & consultant with Lakeshore School Board.
more workshops listed overside

QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS
FALL CONFERENCE - SATURDAY, OCTOBER 26, 1996

REGISTRATION FORM

Registration Fee: \$15.00/delegate (includes lunch, breaks, kits and workshop materials) **IF YOU REGISTER BY FRIDAY, OCT 11th.**

After October 11th, registration fee will be \$20.00.
Please register no later than October 21st.

Enclose cheque, with Registration Form, made payable to QFHSA, 3285 Cavendish Blvd., Suite 562, Montreal, H4B 2L9. (Tel. 514-481-5619)

Please fill in one registration form for each person attending.

School Name (if applicable): _____

Delegate's Name: _____

Indicate workshop you wish to attend in each session. You must indicate your workshop choice so as to avoid over-crowding. Workshops will be assigned on a first come, first served, basis. Please indicate your first and second choices.

	<u>First Choice</u>	<u>Second Choice</u>
8:45-10.15 Session I Workshops		
1) Exploring the Internet	_____	_____
2) Ready for science	_____	_____
3) Children and life's journey	_____	_____
4) Responsibility & Homework	_____	_____
10:45-12:15 Session II Workshops		
5) Executive challenges	_____	_____
6) Reach out and touch someone	_____	_____
7) Capture & keep volunteers	_____	_____
8) How to make a million	_____	_____
1:45- 3:15 Session III Workshops		
9) Tough love	_____	_____
10) Dealing with anger	_____	_____
11) Family matters	_____	_____
12) Surviving the adolescent years	_____	_____