



Neighbours Newsletter

August 2020

NEIGHBOURS REGIONAL ASSOCIATION OF ROUYN-NORANDA

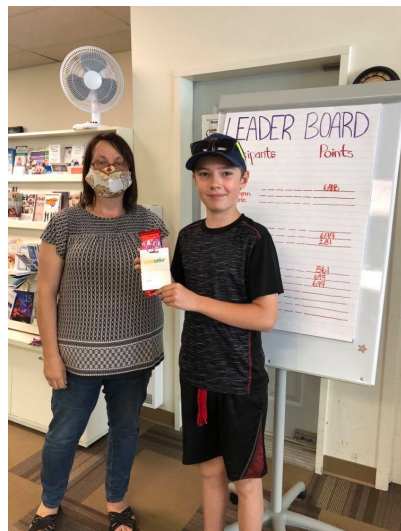
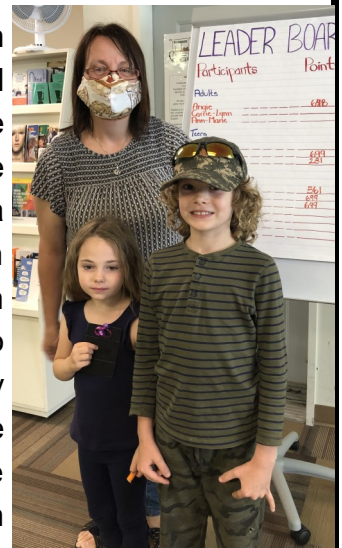
Photo Scavenger Hunt



Over the past week, 13 members participated in the family photo scavenger hunt. To make the hunt more fun, a list was sectioned into groups with different points. For example if the participants captured a photo of a person in town walking their cat, it gave them 25 points. Where a picture of a yellow flower only gave 2 points. The most amount of points the participants could receive was 804.

The participants were invited to join us on Saturday, July 25th, to share their wonderful pictures with everyone. Our first place winner for the adult's group was Angie Garrick Garneau with 623 points! She won a

gift card to subway and a beautiful apron which we found out she was actually on the hunt for. The first place winner for the teens was Aaron Rivest with an impressive 699 points. He was given a subway gift card as well, and a jumbo KitKat chocolate bar. In the children's group the winners were April and Avery Rivest with 699 points as well! They got a gift card to McDonald's, which they were very excited about! The best efforts prize went to Aaron Nolet with 281 points. He received a gift card to McDonald's as well, but no one left without their participation prize, which held a bunch of goodies for everyone.



The feedback from this friendly competition was great. Comments about how it was an amazing way to have family time and how much the kids enjoyed running around town to find the items on the list, as well as giving everyone something extra to look for on otherwise normal walks through town. It kept the participants searching every second they had, even all the way up to Neighbours' door to capture a picture of the rainbow with the "Ca va bien aller" quote written in English.

As always, thank you to everyone who participated. We hope to see you all soon!

Written by: Shannon Caprio

Visit Neighbours' website and Facebook page for daily updates

www.neighbours-rouyn-noranda.ca

<https://www.facebook.com/neighbours.rouynnoranda>

A BRANCH OF THE CANNABIS QUEBEC SOCIETY IN ROUYN-NORANDA

It's official, the Société québécoise du cannabis (Cannabis Quebec Society) (SQDC) will open a branch in Rouyn-Noranda.

Work on the construction of the branch, which will be located on boulevard Rideau, began on Monday, June 30 with the demolition of the current building. If all goes well, the branch should be opening its doors in early winter 2021.

The building will have an area between 2,200 and 2,500 square feet.

The opening of this new SQDC branch should create between 15 and 20 jobs. The hiring process should be starting two to three months prior to its opening. Prospective employees will receive a 100-hour training, developed in collaboration with the Department of Health and Social Services.



Another branch of the SQDC is located in Val d'Or and is already operational. The branch opened in May 2020. The Rouyn-Noranda branch can expect a similar process as the Val d'Or facility which has a guard at the entrance validating the age of the customers (must be 21 years and older). Customers are then invited to head into the sales area where they can view a range of products that are on the shelves behind the counter.

Source: <https://ici.radio-canada.ca/nouvelles/1716570/magasin-sqdc-succursale-pot-cannabis-rouyn-noranda>

A&W and a New Gas Station is Coming to Town in 2021

A new business including a restaurant with car service as well as a car wash should open its doors on the grounds bordering the building where the Giant Tiger and the Dollarama are housed on avenue Larivière.

Les Pétroles Alcasyna Inc. has officially announced the start of construction of a Petro-Canada - A&W complex project on Larivière Avenue in Rouyn-Noranda. Work began last week on the site. In addition to the gas station, customers will be able to find a state-of-the-art car wash, an A&W restaurant and a convenience store under the Beau-soir banner including the M&M Express food concept.

The new businesses should open in early 2021 and will create around fifty new jobs in Rouyn-Noranda.



Source: <https://mediat.ca/nouvelles/aw-sinstalle-a-rouyn-noranda/>

POKÉMON GO—VIRTUAL GAME!

Pokémon Go is a 2016 augmented reality (AR) mobile game developed and published by Niantic in collaboration with The Pokémon Company for iOS and Android devices. It uses the mobile device GPS to locate, capture, battle, and train virtual creatures, called Pokémon, which appear as if they are in the player's real-world location. The game is free to play; it uses a freemium business model and supports in-app purchases for additional in-game items. The game launched with around 150 species of Pokémon, which had increased to approximately 600 by 2020.

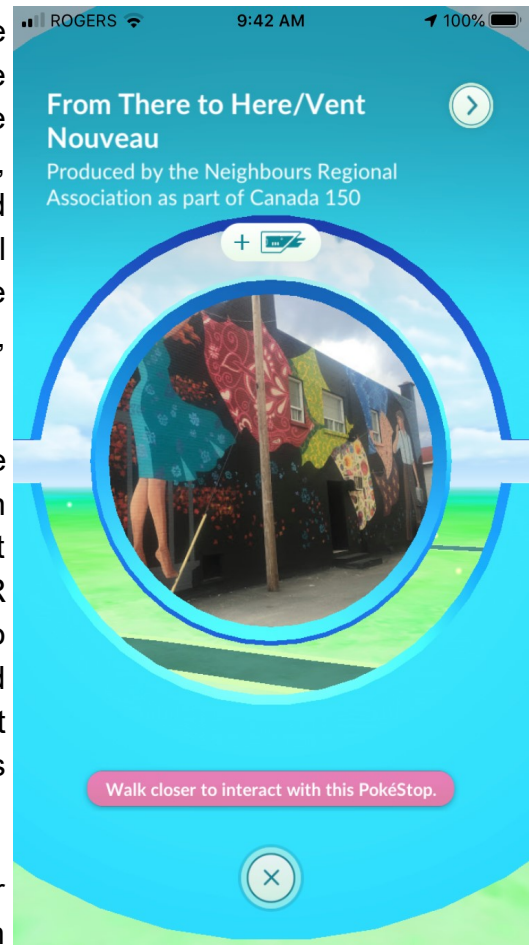


Pokemon Go Application logo

It was one of the most used and profitable mobile apps in 2016, having been downloaded more than 500 million times worldwide by the end of the year. It is credited with popularizing location-based and AR technology, promoting physical activity, as you have to walk certain distances in order to hatch eggs, and helping local businesses grow due to increased foot traffic. By early 2019, the game had over a billion global downloads and grossed over \$3 billion in revenue.

After establishing a game account, players create and customize their own avatars. Once created, an avatar is displayed on a map based on the player's geographical location. Features on the map include 'PokéStops' and 'Pokémon Gyms'. These PokéStops can be equipped with items called 'Lure Modules', which attract additional wild, and occasionally rare, Pokémon. Gyms serve as battle locations for team-based king of the hill matches. PokéStops and Gyms are typically located at places of interest.

All of this to say that Neighbours' mural is a place of interest and is a PokeStop. This brings Pokemon players around the office to view the mural and generates visibility in a totally different way.



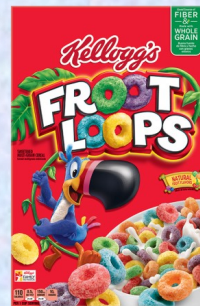
Source: https://en.wikipedia.org/wiki/Pokémon_Go

Tigers have striped skin not just striped fur. The stripes are like fingerprints and no two tigers have the same pattern.



Even though Froot Loops are different colors, they all have exactly the same flavor.

But I can taste the cherries!!!



The stage before frostbite is called "frostnip". With that name it almost sounds cute!



FIREWORKS FOR *OSISKO EN LUMIÈRE*

Failing to present your “*Osisko en Lumière*” festival with its international artists and pyro musical fireworks, four pyrotechnic performances will be presented from August 6th to August 9th. At the stroke of 10 p.m., citizens will be invited to raise their eyes to the sky. A fifth firework will be presented the following Saturday, August 15th, and you will be choosing the location!

Lighting up neighbourhoods with the help of generous partners—

The members of the board of directors of the “*Corporation des fêtes pour tout le monde*” wish to offer this gift to the population. It is largely thanks to the generosity of our partners that it will be possible for you to experience these colourful moments of emotion. Thank you to our partners for each evening: *Iamgold, Agnico Eagle, Desjardins, Fonderie Horne and Promutuel Assurance Boréale*. The sums received were entirely allocated to the fireworks presented by *Pyrotechnie Horizon*, a 100% local firm that have been presenting the fireworks for the opening of the festival for several years.

Beauty, emotion and magic—The fireworks, as well as the launch sites, were chosen to provide an experience that is visible over a wide area and in a variety of locations. The fireworks can be seen directly from the courtyard or balcony of many citizen’s homes. People who might be tempted to approach the launch sites will be asked to respect health instructions and to wear a mask. You may be asked for your contact information for better traceability.

The 5th firework in the form of the “*Mets ton Quartier en Lumière!*” contest—Starting Monday morning, August 10th, citizens from each of Rouyn-Noranda’s neighbourhoods who have not already been visited by the pyrotechnic activity, will have 24 hours to go to the “*Osisko en Lumière*” Facebook



page to register their neighbourhood.

ATTENTION: Also on the Facebook page, on Tuesday, August 11th, all registered districts will be nominated. It will be up to you, citizens, to vote! People will have 48 hours to do so. The neighbourhood with the most votes and an adequate launch site will receive a major pyrotechnic performance on Saturday, August 15th at 10 p.m.

A fine example of creativity and ingenuity! - All performances will be presented at 10 p.m. They will vary in length depending on the size of the launch site. It will be possible to follow the “LIVE” pyrotechnic performances every evening on the Facebook page of “*Osisko en Lumière*”. In order to avoid crowds, the fires will not be pyro musical. However, by attending the pyrotechnical performances, citizens will be able to tune in to a different channel each evening (*WOW, Énergie, Capitale Rock*) to listen to music by certain bands that have played on the festival stages in previous years.

***Stay tuned on the Neighbours Facebook page or directly on the “*Osisko en Lumière*” Facebook page for the reveal of where the firework locations will be taking place!**

Source: https://osiskoenlumiere.com/medias/nouvelles/2020/07/le-ciel-de-rouyn-noranda-et-certains-de-ces-quartiers-ruraux-seront-bruyants-et-illumines?fbclid=IwAR0pYGYOMDE9_802J5_uN-thSITOn5G9m-Ka9nrXgXbujfT4xNiiCkL7NLY

Enjoy the Outdoors this Summer

If you are looking for some outdoor activities and enjoy the benefits that it brings to your health, here are some parks that may interest you during the pandemic.

Adventure Park Joannes

Open all summer from Wednesday to Sunday

Arbre en Arbre

RESERVATIONS ARE REQUIRED at 1-855-840-8867

Departures of up to 10 people

Bring your disinfectant gel, your water bottle and a bag to carry it

Harnesses, pulleys and carabiners are washed after each use.



Walking trails:

Respect the signs

Our trails are, as much as possible, one way

If you meet a hiker, give way and stand back

Collaboration and compliance with instructions will guarantee success! No verbal or physical threats will be tolerated,

Print and complete the form before your visit. Deposit it at reception upon payment. Forms available on their website.

Pageau rehabilitation center

From July 1, the refuge is open every day BY RESERVATION ONLY! Buy your tickets online. No tickets will be sold directly on site! <https://www.weezevent.com/visite-au-refuge-pageau>

Please note that physical distance of at least 2 meters must be respected at all times with other groups of visitors, as well as with the animals of the refuge. As the virus is transmitted to certain animal species, caution is advised! In addition, at the petting zoo it is asked not to let the animals lick your fingers as the disinfectant is a major risk for the animals.

National Aiguebelle Park

Access rights for the park: MANDATORY ONLINE PURCHASE.

[HTTPS://WWW.SEPAQ.COM/FR/RESERVATION/PARCS-NATIONAUX/ACCES-QUOTIDIEN](https://www.sepaq.com/fr/reservation/parcs-nationaux/acces-quotidien)

Sépaq (Quebec outdoor establishments Society) is pleased to gradually restore access to its territories, accommodation and activities in accordance with public health guidelines. To enjoy nature in complete safety, exceptional measures have been implemented by Sépaq. Collaboration and responsibility of visitors will be essential.

Access rights for fishing: *MANDATORY ONLINE PURCHASE* Before your fishing day, you must obtain your right of access online at : <https://www.sepaq.com/fr/reservation/peche-journee>

Activities:

Only nautical activities (with personal boats only), hiking and day fishing are currently allowed. All other activities are suspended until further notice. The range of activities will be updated on a regular basis.

What has Neighbours been up to lately?

By following with the safety and sanitary conditions imposed by the government, Neighbours was fortunate in the situation and we were able to start back our regular summer schedule. We were able to reintroduce the Kool Kids Club afternoon, Seniors afternoons and Campfire Club to our weekly schedule. Here is what we have been up to during the month of July...

Kool Kids Club—This project, organized for the tweens (ages 11 to 13) has been taking place on Monday's from 1 p.m. to 3 p.m. On the first day of Kool Kids Club, the tweens did a hand doodle art project, had a small mathematics competition, had their snack and then we proceeded to playing Just Dance to get more exercise. During the last 10 minutes they were watching "Try not to laugh challenge" videos.



Seniors Afternoons— Our Seniors Afternoons activities was the first activity that Neighbours started this month. The first activity that took place was a movie afternoon. Our members got to watch "The Flintstones" (1994, starring John Goodman, Rick Moranis and many more) and they had a snack to enjoy during their movie. A total of 9 members showed for the viewing.



The following week, our seniors got to enjoy an afternoon of different games such as: card game (Joker Rummy), Banana-grams, and some also played Mexicain Train. We had 9 members show up for that afternoon. All in all they had a great afternoon of games and socializing.

The next time we had a gathering for Seniors Afternoons, we played a video about Organ and Tissue Donations in Quebec (this was a video conference from CHEP but as a DVD instead of a live viewing). Members that attended said that they found this topic incredibly interesting and they enjoyed the presentation. As a special treat, members enjoyed ice cream from the Twin Kiss ice cream stand next door to satisfy their sweet tooth.



Campfire Club— This month the CFC kids have been learning a whole bunch. The first week it started, the Campfire Club kids learned about caterpillars and butterflies. They made their own butterflies using coffee filters, pipe cleaners and then they tied them with a string onto a stick so that their butterflies could fly. They then made caterpillars that they could blow on with a straw to make them move and have a caterpillar race!

The next CFC activity, the kids learnt about how to grow plants, and they created their own plant buddy that they get to bring home and take care of and see the process of their plants growing. After their snacks and making their plant buddies (as well as their plant buddies birth certificate) they proceeded to playing a bit of Just Dance.



Seniors Afternoon

Join us for an afternoon all about
food!

There will be a presentation about
meal preparations and a booklet to
bring home filled with recipes.

After create a mason jar breakfast
and salad to bring home and enjoy!

*****Please call the office to reserve
your spots!!!**

819-762-0882

Wednesday,
August 5th
At 1:30pm



CHARGING A CELL PHONE WHILE DRIVING CAN COST \$300 PLUS EXPENSES!

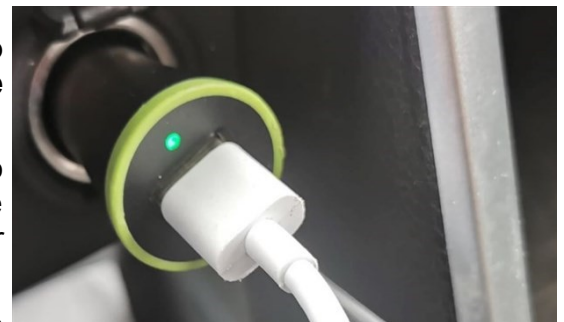
Are you a driver who takes advantage of your road trip to charge your cell phone? If so, you should know that this simple gesture could cost you \$300 plus court costs.

That is what happened earlier this week to a Quebec motorist who was contesting the ticket obtained on that basis. In her case, Judge Michel Lalonde of the Saint-Jérôme Municipal Court ruled in favour of the prosecution and sentenced the driver to the fine.

The Highway Safety Code prohibits the use of a cell phone while driving. In this case, the magistrate had to determine whether the action of plugging in the charging cable of a cell phone meant that the owner of the device was using it. To answer this question, the judge had to consult a Petit Robert dictionary. According to this dictionary, to use means, to make use of it.

In its judgement, the Tribunal stated that, connecting a cellular phone to the car's electrical system for the purpose of recharging it constitutes use, in the same way as plugging in an iron would constitute use.

In the past, a number of legal decisions have demonstrated that the law leaves room for a broad interpretation with respect to cell phone use while driving.



Source: [https://www.neomedia.com/vaudreuil-soulanges/actualites/societe/397591/charger-un-cellulaire-en-conduisant-peut-couter-300\\$-plus-les-frais?fbclid=IwAR0XIQVEvVa_8r1r4dwlEndqO5ZZV2j45lBj1O1sENbhuLv_Kw9k5fYWxc#.XvjNefAxvew.facebook](https://www.neomedia.com/vaudreuil-soulanges/actualites/societe/397591/charger-un-cellulaire-en-conduisant-peut-couter-300$-plus-les-frais?fbclid=IwAR0XIQVEvVa_8r1r4dwlEndqO5ZZV2j45lBj1O1sENbhuLv_Kw9k5fYWxc#.XvjNefAxvew.facebook)



WHY RAINBOWS ARE A SYMBOL

With millions of people confined to their homes, various news reports have talked about the symbol of the rainbow appearing in windows in areas across the world. The trend, which is believed to have started in Italy, has caught up with residents in America and Europe too. It involves drawing a rainbow on a piece of paper since it is believed to be a symbol of hope, and taping it to the window to feel a sense of community with the rest of the world.

The BBC reported that by putting up handmade motifs of rainbows on their windows, children will be able to see them during their evening walks. This way, children can enjoy “a sense of community” during this time when they cannot meet their friends or go to the playground. Online groups by the name of “Chase the Rainbows” have also surfaced recently across social media websites such as Facebook, where people can share photographs to lift the spirits of people during this time.

“The concept is a rainbow after a storm,” said mother Fenia Ambeliotis. “We tried explaining that to them to bring happiness to everyone and to remind everyone that it’s a nice concept to hold onto for all of us.”

Sources: indianexpress.com

iheartradio.ca



HOW TO WEAR A NON-MEDICAL FABRIC MASK SAFELY

[who.int/epi-win](https://www.who.int/epi-win)

Do's →



Clean your hands before touching the mask



Inspect the mask for damage or if dirty



Adjust the mask to your face without leaving gaps on the sides



Cover your mouth, nose, and chin



Avoid touching the mask



Clean your hands before removing the mask



Remove the mask by the straps behind the ears or head



Pull the mask away from your face



Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it



Remove the mask by the straps when taking it out of the bag



Wash the mask in soap or detergent, preferably with hot water, at least once a day



Clean your hands after removing the mask

Don'ts →



Do not use a mask that looks damaged



Do not wear a loose mask



Do not wear the mask under the nose



Do not remove the mask where there are people within 1 metre



Do not use a mask that is difficult to breathe through



Do not wear a dirty or wet mask



Do not share your mask with others

A fabric mask can protect others around you. To protect yourself and prevent the spread of COVID-19, remember to keep at least 1 metre distance from others, clean your hands frequently and thoroughly, and avoid touching your face and mask.



World Health Organization

Dog Park in Rouyn-Noranda

The Rouyn-Noranda dog park has officially opened its doors on Saturday, July 18th, 2020.

“L’Association des propriétaires canins de Rouyn-Noranda” (The association of canine owners of Rouyn-Noranda) initiated the project that cost over \$100 000.

Citizens using the park say that it gives their dogs a safe space to get their daily exercise.

“It’s great for the dogs because you can let them run free.” One dog owner says. “Here in town, we can go to the surrounding forests and let them run without a leash, but it could be dangerous. With the park, it’s going to be safe and fun for dogs, teaching them to socialize too, it’s a big part of their learning process, it’s going to be quite pleasant.”

As soon as the park opened, a dozen members registered on the list of the Association of canine owners.



There was a demand for a dog park, since most big cities have one. Citizens of Rouyn-Noranda wanted one too. It has even gotten the attention of dog owners from outside of Rouyn-Noranda.

To use the park, your dog must have received its vaccines and be registered at the Animal Refuge “La Bonne étoile”. A membership card to the Association of Canine Owners of Rouyn-Noranda is also required.

Rules

- Maximum of 2 dogs per owner.
- Your dog should be on a leash outside of and at the entrance of the dog park.
- Make sure the gates are locked behind you when entering and exiting.
- Keep an eye on your dog at all times and be prepared to intervene if needed. It is suggested to keep your leash on you at all times.
- Avoid letting your dog behave in ways likely to harm others and their dogs, such as excessive barking, digging holes in the ground, breaking equipment, aggressive behavior. Etc.
- Pick up after your dog when they do their business and dispose of it in the provided garbage bins.

Prohibited

- Dogs trained for attack and protection or demonstrating aggressive behavior towards humans or dogs, female dogs in heat as well as dogs suffering from contagious or parasitic diseases
- Any animal other than a dog
- Children under the age of 14 not accompanied by an adult
- Non authorized vehicles (Bikes, motorcycles, skidoo)
- The consumption of drugs, alcohol, cigarettes and food (Dog, Human).
- Toys

Source: RadioCanada

TREES FROM THE CITY OF ROUYN-NORANDA TRANSFORMED INTO TABLES!



Some maple trees on Murdoch in Rouyn-Noranda were cut down before the rehabilitation work.

Some maple trees on Murdoch will have a second life and will be transformed into tables.

Due to the repair work on Murdoch, which requires the renewal of certain underground infrastructures, some maple trees on the street edge had to be cut down. However, the Bionor sawmill in Rouyn-Noranda saw an opportunity to give these trees a second life.

The person in charge of operations at the Bionor sawmill in Rouyn-Noranda came up with the idea of making wooden tables from the maple trees on Murdoch when he heard the presentation of the City's work on Facebook.

"I immediately thought of the potential of the silver

maple trees that were going to be cut down. It was a great way for our company to compensate for the loss of these trees by creating a special tabletop edition," Pierre-Antoine Saint-Amour.

Once the trees arrive on the Bionor sawmill site, they will be sawn, dried, sanded and then the boards will be coated with epoxy in different ways, according to customer requests.

Pierre-Antoine Saint-Amour estimates that the sawmill will be able to make between 10 and 20 tables from the silver maple trees on Murdoch Avenue.

"It all depends on the style of the tables. Sometimes there's a small piece of wood that requires a lot of epoxy, and sometimes there's other pieces, it's solid wood," he explains.

The repair work on Murdoch will be taking place until the end of September.



An example of a wooden table made by the Bionor sawmill.

Source: <https://ici.radio-canada.ca/nouvelle/1707651/erables-arbres-construction-murdoch-tables-bionor>



August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Kool Kids</i> 1pm—3pm	4	5 <i>Seniors</i> <i>Cooking</i> <i>Class</i> @1:30	6 <i>Campfire</i> <i>Club</i> 3pm-4:30pm	7	8
9	10 <i>Kool Kids</i> 1pm—3pm	11	12 <i>Seniors</i> <i>Game</i> <i>Afternoon</i> @1:30	13 <i>Campfire</i> <i>Club</i> 3pm-4:30pm	14	15
16	17 <i>Kool Kids</i> 1pm—3pm	18	19 <i>CHEP (DVD)</i> <i>Afternoon</i> @1:30	20	21	22
23	24	25	26 <i>Seniors</i> <i>Movie</i> <i>Afternoon</i> @1:30	27	28	29
30	31					



Our Health
IS IN OUR HANDS



Campfire Club
Thursdays 3:00pm to 4:30pm

In partnership with



Patrimoine
canadien

Canadian
Heritage