

A large, faded background image of a smiling family of four. It includes a young man, a young woman, an older man with glasses, and a young child with curly hair.

# Socio-demographic Highlights of Laval's English-speaking Population

Prepared by  
**The Youth and Parents Agape Association Inc.**  
March 31, 2021

# ACKNOWLEDGEMENTS

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The financial support of Health Canada, managed through the Community Health and Social Services Network (CHSSN) is gratefully acknowledged.

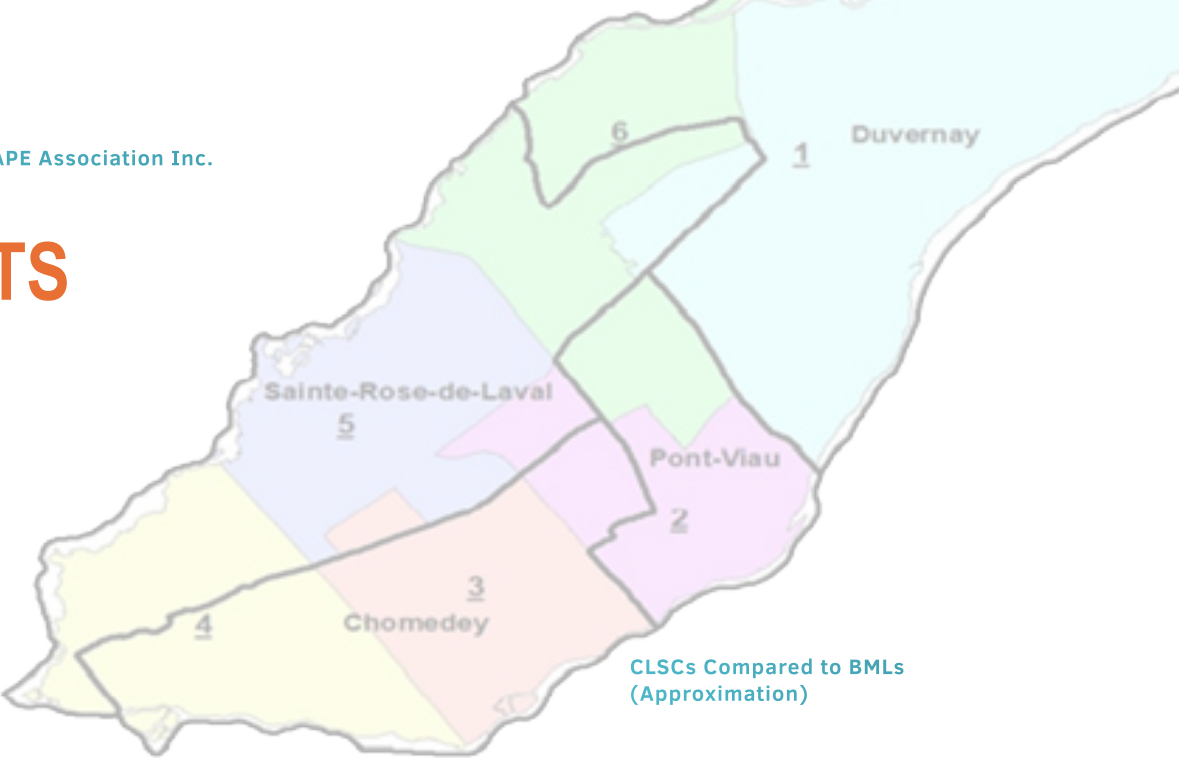
Translation of this document has been provided by the Secretariat for relations with Quebec English speakers



**The Youth and Parents Agape Association Inc.**

3950 blvd Notre-Dame, Laval, QC H7W 1S7, Phone: 450-686-4333 Fax: 450-686-4336  
www.agapeassociationinc.com

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# FOREWARD FROM THE DIRECTORS



**Kevin McLeod**  
Executive Director



**Ian Williams**  
Assistant Director

Laval is one of the regions with the fastest growing English-speaking population in Quebec. This document was created to support the need to improve health and social services and the overall well-being of Laval English-speakers.

To improve health and social services and overall well-being, there needs to be buy-in from the various stakeholders to make changes. We hope that this document will help the Centre intégré de santé et de services sociaux de Laval (CISSS Laval),

municipal, provincial and federal government representatives, community organizations, educational institutions and private entities in adapting their services to meet the needs and priorities of Laval’s English-speakers. This document should be considered within consultation committees, regional policies, strategic plans, round table discussions and action plans.

Networking and partnership development, representation, knowledge development, adapting services, addressing health determinants, programming, community leadership and coordination are examples of how AGAPE is supporting

Laval’s minority English-speaking communities in improving and maintaining access to the full range of health and social services.

We are thankful to the Community Health and Social Services Network (CHSSN) for the support they provide to English-speaking communities in the province of Quebec in their efforts to redress health status inequalities and promote community vitality.

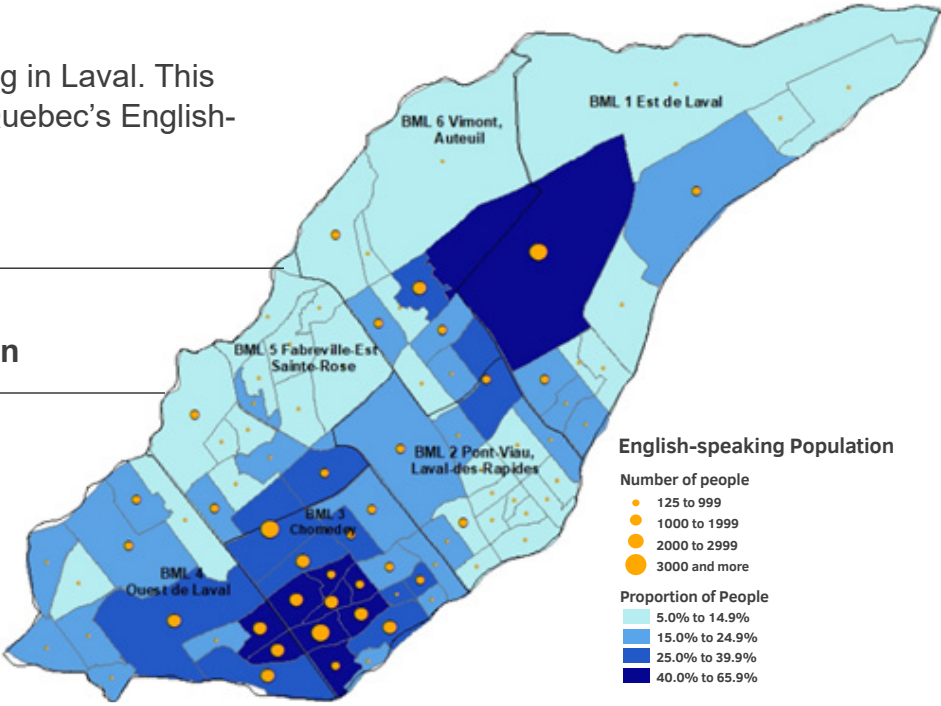
We are also thankful to Health Canada for helping Canadians maintain and improve their health. They ensure that high-quality health services are accessible, and work to reduce health risks.

# TOTAL POPULATION OF ENGLISH SPEAKERS (QUEBEC AND LAVAL)

According to the 2016 Census of Canada, there are 1,103,480 English speakers living in Quebec.

Of this group, 90,975 are living in Laval. This number represents 8.2% of Quebec’s English-speaking population.

## Distribution of Laval’s English-speaking population



The growth of Laval’s English-speaking population			
Canada Census Year	Laval Total Population	Laval English-speaking Population	Percentage of English speakers
2001 .....	343,005 .....	53,390 .....	15.6%
2006 .....	364,620 .....	68,460 .....	18.8%
2011 .....	397,570 .....	82,075 .....	20.6%
2016		417,995*	90,975 21.8%

\*Total - Knowledge of official languages for the total population excluding institutional residents - 100% data

\*\*Tables and highlights on next pages exclude institutional residents and other languages spoken that are not English or French

Laval Children Aged 0-5			
0-5 Population per CLSC Territory			
	English speakers (ES)	French speakers (FS)	Total ES+FS
All of Quebec.....	61,400	456,620	518,020
All of Laval.....	5,470	20,170	25,640
Sainte-Rose (CLSC de Sainte-Rose) .....	1,680	7,495	9,175
Duvernay (CLSC des Mille-Îles).....	670	3,025	3,695
Pont-Viau (CLSC du Marigot).....	700	4,530	5,230
Chomedey (CLSC du Ruisseau-Papineau) .....	2,425	5,120	7,545
Children 0-5 living below LICO (low-income cut-off)			
RSS de Laval.....	575	2,310	2,885
Sainte-Rose (CLSC de Sainte-Rose) .....	120	420	540
Duvernay (CLSC des Mille-Îles) .....	25	280	305
Pont-Viau (CLSC du Marigot) .....	130	670	800
Chomedey (CLSC du Ruisseau-Papineau).....	300	940	1,240
Children 0-5 / Lone Parent Families			
	English speakers	French speakers	Total
RSS de Laval.....	455	2,330	2,785
Highlights			

- Approximately 6.4% of Laval's total population is aged 0 to 5 years.
- Approximately 21.3% of Laval children 0 to 5 years of age come from English-speaking families.
- Approximately 32.1% of children 0 to 5 years of age in the CLSC territory of Chomedey come from English-speaking families.
- Approximately 10.5% of English-speaking families with children 0 to 5 living in Laval are living below LICO.
- Approximately 18.6% of English-speaking families with children 0 to 5 living in the CLSC territory of Pont-Viau are living below LICO.

Other Research

- 33.1% of English-speaking children in kindergarten are “vulnerable.” Vulnerable meaning a child whose development is well below what is expected for their age.

For a more details about the socio-demographic profile of children Aged 0 to 5 and their parents, visit:  
<https://chssn.org/wp-content/uploads/2014/11/0-to-5-Profile-RTS-de-Laval.pdf>

\*Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally. \*Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally. LICO uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low-income cut-off category. People who live below income cut-offs may be said to live in "strained circumstances." (Human Resources and Skills Development Canada, August 2009.) \*Source: JPocock Research Consulting, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally. \*Vulnerable English-speaking children: 2017 Quebec Survey of Child Development in Kindergarten data analysis ISQ-EQDEM-Report\_ENG-1.pdf (chssn.org)

Laval Children Aged 6-14			
6-14 Population per CLSC Territory <sup>6</sup>			
	English speakers (ES)	French speakers (FS)	Total ES+FS
All of Quebec .....	103,685	686,440	790,125
All of Laval .....	10,380	35,305	45,685
Sainte-Rose (CLSC de Sainte-Rose) .....	2,940	13,965	16,905
Duvernay (CLSC des Mille-Îles) .....	1,515	5,500	7,015
Pont-Viau (CLSC du Marigot) .....	1,150	6,645	7,795
Chomedey (CLSC du Ruisseau-Papineau).....	4,770	9,200	13,970

Highlights

- Approximately 11.3% of Laval's total population is aged 6 to 14 years.
- Approximately 22.7% of Laval children 6 to 14 years of age are English speakers.
- Approximately 28.3% of Laval English-speaking children aged 6 to 14 live in the CLSC territory of Sainte-Rose.
- Approximately 45.9% of English-speaking children aged 6 to 14 live in the CLSC territory of Chomedey.
- 10% of Quebec's English speakers aged 6 to 14 years are living in Laval.

Other Research

- There are 11 public elementary schools and 3 public high schools in Laval.

Schools in Quebec are ranked on a scale from 1 to 10, with rank 1 considered to have the least low-income families and rank 10 considered to have the most low-income families.<sup>7</sup>

Public Elementary Schools	School Location	Rank	Number of students 30/09/2019
Crestview.....	Chomedey	8	194
Genesis .....	Duvernay	5	194
Hillcrest Academy .....	Chomedey	7	428
John F. Kennedy.....	Chomedey	9	263
Jules-Verne .....	Duvernay	8	182
Our Lady of Peace .....	Fabreville	6	198
Saint-Paul.....	Duvernay	5	403
Saint-Vincent.....	Saint-Vincent de Paul	5	246
Souvenir .....	Chomedey	8	403
Terry Fox .....	Auteuil	3	340
Twin Oaks.....	Fabreville	6	472
		Avg.: 6.4	Total: 3323

Public High Schools	School Location	Rank	Number of students 30/09/2019
Laval Junior Academy .....	Chomedey	8	885
Laval Senior Academy .....	Chomedey	7	1480
Phoenix Alternative.....	Laval-des-Rapides	8	52
		Avg.: 7.7	Total: 2417

6 Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally. \*Source : Gouvernement du Québec - Ministère de l'Éducation et de l'Enseignement supérieur, 2020- Indices de défavorisation (2019-2020)





Laval Youth Aged 15-24			
15-24 Population per CLSC Territory <sup>8</sup>			
	English speakers (ES)	French speakers (FS)	Total ES+FS
All of Quebec .....	146,460	776,310	922,770
All of Laval .....	12,080	39,995	52,075
Sainte-Rose (CLSC de Sainte-Rose) .....	2,960	15,050	18,010
Duvernay (CLSC des Mille-Îles) .....	1,710	6,175	7,885
Pont-Viau (CLSC du Marigot) .....	1,750	9,050	10,800
Chomedey (CLSC du Ruisseau-Papineau).....	5,660	9,720	15,380

Highlights
--Approximately 12.9% of Laval's total population is aged 15 to 24 years.
- Approximately 23.2% of Laval youth aged 15 to 24 are English speakers.
- Approximately 46.9% of Laval English-speaking youth aged 15 to 24 live in the CLSC territory of Chomedey.
- Approximately 24.5% of Laval English-speaking youth aged 15 to 24 live in the CLSC territory of Sainte-Rose.

Other Research
<b>Prevalence amongst Quebec anglophones</b>
<b>Probable generalized anxiety disorder:</b> Anglophones: 24.2% (+) Others: 14.2%
<b>Probable major depression episode:</b> Anglophones: 28.5% (+) Others: 17.8%
<b>Probable anxiety or depression:</b> Anglophones: 31.8% (+) Others: 21.6%
<b>Serious suicidal ideation:</b> Anglophones: 7.8% (+) Others: 5.4%

\*Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally. \* Evolution of psychosocial impacts during the 2nd wave of the COVID-19 pandemicA Quebec survey Mélissa Généreux, MD, MSc, FRCPC, Medical Advisor, Estrie Public Health Department / INSPQ, Associate Professor, Université de Sherbrooke

Laval Adults Aged 25-44			
25-44 Population per CLSC Territory <sup>10</sup>			
	English speakers (ES)	French speakers (FS)	Total ES+FS
All of Quebec .....	320,930	1,728,440	2,049,370
All of Laval .....	27,185	75,010	102,195
Sainte-Rose (CLSC de Sainte-Rose).....	7,220	25,940	33,160
Duvernay (CLSC des Mille-Îles) .....	3,000	10,935	13,935
Pont-Viau (CLSC du Marigot) .....	4,255	19,170	23,425
Chomedey (CLSC du Ruisseau-Papineau) .....	12,710	18,965	31,675

Highlights
- Approximately 25.4% of Laval's total population is aged 25 to 44 years.
- Approximately 26.6% of Laval adults aged 25 to 44 years are English speakers.
- Approximately 46.8% of Laval English-speaking adults aged 25 to 44 live in the CLSC territory of Chomedey.
- Approximately 21.5% of adults aged 25 to 44 years living in the CLSC territory of Duvernay are English speakers.

Other Research
- Nearly 30% of Laval English speakers 25 to 44 years old, report low levels of education (high-school or less).
- Highest rates of low-education amongst English speakers are in the CLSC territories of Chomedey (31.7%) and Pont-viau (31%).
- 22.3% of Laval English speakers, 25 to 44 years old, earn \$20,000 or less.
- 28.1% of English speakers, 25 to 44 years of age living in the CLSC territory of Pont-Viau earn less than \$20,000 per year.
- 24.5% of English speakers, 25 to 44 years of age living in the CLSC territory of Chomedey earn less than \$20,000 per year.

\*Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally. \*Pocock, Joanne, (PowerPoint 2019) "Selected characteristics of Laval's English-speaking Children 0-5"





Laval Adults Aged 45-64			
45-64 Population per CLSC Territory <sup>10</sup>			
	English speakers (ES)	French speakers (FS)	Total ES+FS
All of Quebec .....	305,775	1,995,460	2,301,235
All of Laval .....	26,170	92,225	118,395
Sainte-Rose (CLSC de Sainte-Rose).....	6,310	35,425	41,375
Duvernay (CLSC des Mille-Îles).....	3,250	14,695	17,945
Pont-Viau (CLSC du Marigot) .....	4,020	20,350	24,370
Chomedey (CLSC du Ruisseau-Papineau) .....	12,595	21,745	34,340

- Highlights
- Approximately 29.4% of Laval's total population is aged 45 to 64 years.
  - Approximately 22.1% of Laval adults aged 45 to 64 years are English speakers.
  - Approximately 16.5% of adults aged 45 to 64 living in the CLSC territory of Pont-Viau are English speakers.
  - Approximately 36.7% of adults aged 45 to 64 living in the CLSC territory of Chomedey are English speakers.

- Other Research
- 45 to 64 is the most likely age to be a caregiver to an elderly parent or loved one .
  - According to a 2015 CROP survey, 31.7% of Laval English-speaking caregivers reported having no access to support services.
  - The same socio-economic profile (low-income, poor educational attainment) in addition to caregiving responsibilities puts further financial strain on those in this situation.
  - Caregivers are more likely women who tend to have lower income compared to men and usually need to reduce work hours due to caregiving responsibilities.
  - Age group where increased health conditions are more likely and where increased mood disorders are associated with decrease physical health.

\*Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally  
[https://csf.gouv.qc.ca/wp-content/uploads/por\\_proches\\_aidants20180419\\_web.pdf](https://csf.gouv.qc.ca/wp-content/uploads/por_proches_aidants20180419_web.pdf), <https://www.lappui.org/Organisations/content/download/14806/file/Portrait%20statistique.pdf>  
<http://chssn.org/wp-content/uploads/2014/11/BDR-2015-2016-CHSSN-CROP-Access-Report.pdf>. P.20. J Pocock, 2019, Research Consulting for The Youth and Parents Agape Association Inc., Report on the consultation with English-speaking Seniors of Laval. P.9-10, <https://chssn.org/pdf/En/INSPQ/SituationSocioEconoAngloQc.pdf> [https://csf.gouv.qc.ca/wp-content/uploads/por\\_proches\\_aidants20180419\\_web.pdf](https://csf.gouv.qc.ca/wp-content/uploads/por_proches_aidants20180419_web.pdf)

Laval Seniors Aged 65+			
65+ Population per CLSC Territory <sup>22</sup>			
	English speakers (ES)	French speakers (FS)	Total ES+FS
All of Quebec .....	159,670	1,152,005	1,311,675
All of Laval .....	9,835	48,830	58,665
Sainte-Rose (CLSC de Sainte-Rose).....	1,415	13,660	15,075
Duvernay (CLSC des Mille-Îles).....	860	8,275	9135
Pont-Viau (CLSC du Marigot) .....	1,260	12,685	13,945
Chomedey (CLSC du Ruisseau-Papineau) .....	6,300	14,215	20,515

- Highlights
- Approximately 14.6% of Laval's total population is aged 65+ years.
  - Approximately 16.8% of Laval adults aged 65+ years are English speakers.
  - Approximately 14.4% of Laval English-speaking adults aged 65+ are living in the CLSC territory of Sainte-Rose.
  - Approximately 64.1% of Laval English-speaking adults aged 65+ are living in the CLSC territory of Chomedey.

- Other Research
- Among English-speaking seniors aged 65+ residing in the Laval region, 42.6% are living on an income of \$20k or less annually.
  - 17.9% of Laval English-speakers aged 65+ live alone and of the 17.9%, 55.4% live under to low-income cut-off.
  - Rates of bilingualism among English speakers aged 65 to 74 was 47.7%.
  - Rates of bilingualism among English speakers aged 75+ was 37.6%
  - In the 2019 consultation with Laval seniors, several participants described the improvement in access to information with the establishment of the AGAPE English-speaking Senior Wellness Centre.

For a more details about the socio-demographic profile of the Laval population aged 65 and Over, visit:  
<https://chssn.org/pdf/En/2019/Seniors-Profile-RTS-de-Laval.pdf>

\*Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally. J Pocock, 2019, Research Consulting for The Youth and Parents Agape Association Inc., Report on the consultation with English-speaking Seniors of Laval.





Total English-speaking and French-speaking Population per CLSC Territory			
**Total Population per CLSC Territory <sup>28</sup>			
	English speakers (ES)	French speakers (FS)	Total ES+FS
All of Laval .....	91,115	311,535	402,650
Sainte-Rose (CLSC de Sainte-Rose) .....	22,515	111,540	134,055
Duvernay (CLSC des Mille-Îles) .....	11,000	48,605	59,605
Pont-Viau (CLSC du Marigot) .....	13,135	72,430	85,565
Chomedey (CLSC du Ruisseau-Papineau).....	44,465	78,960	123,425

\*\*Table and highlights exclude institutional residents and other languages spoken that are not English or French

Highlights

- Approximately 48.8% of Laval’s English speakers live in the CLSC territory of Chomedey.
- Approximately 24.7% of Laval’s English speakers live in the CLSC territory of Sainte-Rose.
- Approximately 14.4% of Laval’s English speakers live in the CLSC territory of Pont-Viau.
- Approximately 12.1% of Laval’s English speakers live in the CLSC territory of Duvernay.
- Approximately 36% of the population from the CLSC territory of Chomedey are English speakers.
- Approximately 18.5% of the population from the CLSC territory of Duvernay are English speakers.
- Approximately 16.8% of the population from the CLSC territory of Sainte-Rose are English speakers.
- Approximately 15.4% of the population from the CLSC territory of Pont-Viau are English speakers.

Approximately 21.8% of Laval’s total population are English speakers.

For a more details about the demographic profile of the English-speaking RTS de Laval (1310), visit:  
[https://chssn.org/pdf/En/2018/rts1310\\_RTS\\_de\\_Laval.pdf](https://chssn.org/pdf/En/2018/rts1310_RTS_de_Laval.pdf)

\*Source: JPocock Research Consulting for CHSSN, 2016 Census, Statistics Canada. Population in private households - 25% sample. The linguistic concept is First Official Language Spoken with multiple responses distributed equally.