

POINTE CLAIRE

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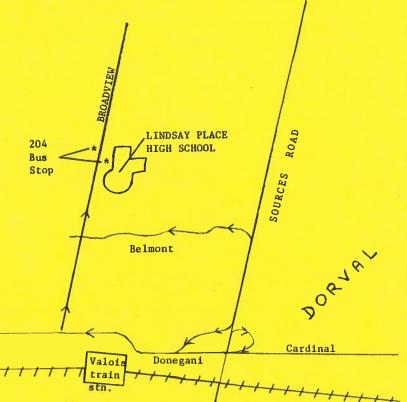
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1 9 8 7 FALL CONFERENCE \* \* \*

"PROMOTING PARENT POTENTIAL"

on

Saturday, October 17th, 1987

at

Lindsay Place High School 111 Broadview Avenue Pointe Claire

from 8:30 a.m. - 3:00 p.m.

We encourage you to invite all interested parents in your school, as well as School Committee members, teachers, administrators and school board members, to attend our Fall Conference.

As it is necessary to provide adequate space for workshops and the luncheon, PLEASE REGISTER EARLY.

For additional information, please call our office at (514) 481-5619.

#### OUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS

#### 1987

## FALL CONFERENCE

### **PROGRAM**

## Saturday October 17

- 8:30 9:00 REGISTRATION (Coffee available)
- 9:00 9:30 OPENING SESSION ON YOUR MARK, GET SET, GO!!

  PROMOTING PARENT POTENTIAL

Helen Koeppe, President, Quebec Federation of Home & School Assns.

## 9:30 - 10:30 WORKSHOPS I

1) Presidents: Make YOUR Home & School work
Jessica Tertoole, President, Greendale Home & School
Doris Brown, President, Keith Home & School

Two experienced Presidents will give their perspective on stimulating a lively association at the local school level.

- 2) Effective Communication with Children STEP
  Marlene Kotler, Guidance Counsellor, Lakeshore School Board
  - STEP: Systematic Training for Effective Parenting. Highlighting the reasons that parents experience difficulty in communicating with their children. Brief discussion and tactics for reducing family stress and promoting more effective and healthy communication.
- 3) School Committee/Home & School: Complementing Each Other Stephanie Stubbs, Chairman, Edgewater School Committee Angelika Redahl, President, Edgewater Home & School

Learn how School Committee and Home & School, working and cooperating together, can promote greater parent participation and interest in your school. Effective schools = Effective parent participation.

4) Looking after the BOOKS! - Dollars and Sense
Anne Gill, Treasurer, Seigniory Home & School
William Bowman, Treasurer, Windermere Home & School (resource)

Guidelines for new treasurers: "Keep it simple, keep it straightforward". Learn the secrets of keeping good financial records for your association.

- 10:30 11:00 NUTRITION BREAK visit the displays.
- 11:00 12:00 WORKSHOPS II
  - 5) Taking Minutes: It's a Science!
    Jon Percy, Recording Secretary, Q.F.H.S.A.

It has been said that committees waste hours and keep minutes. Nevertheless, minutes do play an important role at all levels of the Home & School organization and a good secretary is a real asset. This workshop will consider ways for the overburdened secretary to keep minutes and save hours!

- 6) Problem Solving: How to voice your concerns effectively
  Sylvia Adams, Past President, Q.F.H.S.A. and Central VicePresident, Canadian Home & School and Parent-Teacher Federation
  Tips on communicating with your principal, school board, Department of Education, etc., on major issues and concerns affecting
  YOUR children. How to write a letter, submit a resolution,
  prepare a brief in order to make things HAPPEN.
- 7) Use the Home & School NEWS to put YOUR school on the map
  Charlene De Conde, Editor, Home & School NEWS
  Diane Radu, "Focus on the Locals" editor, Home & School NEWS
  Learn to use your provincial newspaper, and your own newsletter,
  to promote YOUR school to your parents and in your community.
  Effective communication is a powerful tool.
- 8) Make a mint for you school: Spend it wisely
  Susan Curtin, Greendale Home & School
  Nancy Peppy, Past-president, Aylmer Home & School
  Home & School is NOT in the business of raising money; it is in
  the business of helping children. Have a REASON for your fundraising. Discuss your school's NEEDS and decide on financial
  requirements at the start of each new school year.
- 12:00 12:30 BREAK and time to visit the displays before lunch.
- 12:30 1:30 LUNCH (included in registration fee)
- 1:30 3:00 WORKSHOPS III
  - 9) Parent Power: Making YOUR child a life-long reader Quebec Reading Association

Your child learned to speak because you created a warm and secure environment in which to do so. In the same way, you can make your child a life-long reader. This session will provide suggestions and strategies to help you reach this goal.

10) Depression in Children
Professional Guidance Counsellors

A discussion of the factors that contribute to stress in children. Ways for parents to help their children feel secure and happy.

11) Peer Pressure and Parents
Mike Kropveld, Hillel Foundation

How to react to your son or daughter's involvement with high intensity peer pressure groups and/or "cultic" movements. How this behaviour can affect all the family members and how to understand and deal more effectively with the situation as a parent.

DRAWING - EVALUATION FORM - WIN a book for your school library.

# QUEBEC FEDERATION OF HOME AND SCHOOL ASSOCIATIONS FALL CONFERENCE - SATURDAY, OCTOBER 17

## REGISTRATION FORM

Registration E	Pee: \$5.00 per delegate (includes lunch and breaks)								
Associations	our cheque payable to Quebec Federation of Home & Sc (2535 Cavendish Blvd., Suite 212, Montreal, H4B 2Y5) your registration form. DEADLINE - OCTOBER 12th (Mo	and							
School Name (i	f applicable):								
Delegate's Nam	Please indicate position held	Please indicate position held							
Number of dele	gates planning to attend each workshop:								
9:30 - 10:30	WORKSHOPS I								
1)	Presidents: Make YOUR H&S work	••••							
2)	Effective Communication with Children								
3)	School Committee/Home & School								
4)	Looking after the BOOKS								
11:00 - 12:00	WORKSHOPS II								
5)	Taking Minutes								
6)	Problem Solving								
7)	Use the H&S NEWS to put YOUR SCHOOL on the map								
8)	Make a mint for your school								
12:30 - 1:30	LUNCH	• • • • •							
1:30 - 3:00	WORKSHOPS III								
9)	Parent Power: Making your child a life-long reader								
10)	Depression in Children								
111	Peer Pressure and Parents								