

CHSSN

*Community Health
And Social Services Network*
Réseau communautaire de santé
et de services sociaux

Baseline Data Report 2013-2014

**DEMOGRAPHIC PROFILE
OF THE ENGLISH-SPEAKING COMMUNITIES
OF CSSS DE LA BASSE-CÔTE-NORD (0907)**

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**for the
Community Health and Social Services Network
(CHSSN)**

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Introduction

CHSSN: Networking and Partnership Initiative

The CHSSN Networking and Partnership Initiative Program¹ (NPI) contributes to the vitality of Quebec's English-speaking communities by developing partnerships with the public health and social service system to improve, develop, and maintain access to a full range of services for Quebec's English-speaking language minority.

The Program, a measure of "Canada's Roadmap for Linguistic Duality", funds the development of community networks within English-speaking communities that align with the territories served by Quebec's health and a social service centres (CSSS). A *community network* (often referred to as an *NPI network*) is a formal grouping of community, institutional and other partners within the health and social service sector. The network improves access to health and social services through collaboration with the public system, provision of information on community needs and priorities, support for the volunteer and community resources sector and the promotion of innovative services adapted to the needs of English-speaking people.

About the 2013-2014 report

This volume of the BDR series presents selected demographic characteristics of the English-speaking population residing in the CSSS territories of the areas covered by the organizations participating in the Networking and Partnership Initiative (NPI). The information presented is drawn from the 2011 National Household Survey (NHS) and organized by province, region and CSSS territory. The selection of characteristics is guided by their importance as determinants of the health status and vitality of Quebec's official language minority community.

Baseline Data Report Series

The Baseline Data Report Series is intended to serve as a resource that will allow local communities to better understand the demographic factors and health determinants affecting them and to assist institutional partners and community leaders in developing strategies to improve the well-being of their constituencies. The Baseline Data Report 2013-2014 (BDR) is the eleventh volume in the series. The full series and data source for each is presented in the table in Appendix "A".

Determinants of Health

National governments and health organizations around the world have identified a broad range of social, economic and environmental factors that have been demonstrated to have a strong influence on the health of populations and individuals. The Public Health Agency of Canada outlines various determinants of health – some of which are social determinants – such as income and social status, social support networks, education, employment and working

¹ http://www.chssn.org/En/Networking_Partnership.html

conditions, health services, physical and social environments, biology and genetic endowment, personal health practices and coping skills, healthy child development, gender and culture.²

Suggested Readings

Mikkonen, J., & Raphael, D. (2010). *Social Determinants of Health: The Canadian Facts*. Toronto: York University School of Health Policy and Management
<http://www.thecanadianfacts.org/>

Raphael, D. (2009). *Social Determinants of Health: Canadian Perspectives*, 2nd edition. Toronto: Canadian Scholars' Press.

World Health Organization (2008). *Closing the gap in a Generation: Health Equity through Action on the Social Determinants of Health*. Geneva: World Health Organization.

Methodological Notes

Data Source and Constraints

This report is based on a series of tables developed by the Community Health and Social Services Network (CHSSN) based on data from the 2011 National Household Survey (NHS).

It should be noted that there are differences between the 2011 National Household Survey (NHS) estimates and census counts. The 2011 Census of Population and the 2011 National Household Survey (NHS) both provide information on the Canadian population for various levels of geography and for numerous topics (e.g., demography, marital status, family and language) including characteristics associated with these topics. There are two reasons which explain the differences between the counts for the 2011 Census and the 2011 National Household Survey:

- the target population for the 2011 Census includes usual residents in collective dwellings and persons living abroad, whereas the target population for the NHS excludes them.
- the NHS estimates are derived from a sample survey and are therefore subject to sampling error and are also subject to potentially higher non-response error than in the census due to the survey's voluntary nature.

Given the limits to the NHS data mentioned above and due to the fact that cross-tabulations of small populations produce even smaller population counts which are unreliable for statistical analysis, profiles have not been produced for territories where the number of English speakers falls below 250 persons. In this 2013-2014 Baseline Data Report, profiles will be produced for 72

² Public Health Agency of Canada. "What Determines Health?" www.phac-aspc.gc.ca/ph-sp/determinants/index-eng.php Accessed March 2014.

CSSS territories and 83 CLSC territories. Data for individual sub-items (ex. Population living alone) is also suppressed when the count is less than 25.

Percentages may not always add up to 100% due to rounding.

Linguistic definitions

There are numerous linguistic definitions that are used to identify the English-speaking population in Québec. The choice of linguistic indicator depends largely on the issue being examined. This report uses the [First Official Language Spoken](#) (FOLS) definition with multiple responses proportionally distributed since it best reflects the total English-speaking health service users in the province. First Official Language Spoken is derived from three census questions: knowledge of official languages, mother tongue and home language. Dual responses are divided equally among English-speaking and French-speaking groups.

Other definitions include [Mother tongue](#) which refers to the first language learned at home in childhood and still understood. The [language most often spoken at home](#) is used to designate the home language. [Knowledge of official languages](#) indicates the official language in which a person can carry on a conversation. The [language used most often at work](#) indicates the language spoken most frequently at work.

Geographic Regions

The 2013-2014 Baseline Data Report consists of a series of stand-alone documents which present key data for the CSSS and CLSC territories in Quebec in which there are at least 250 English-speaking residents.

Demographic and Socio-economic Characteristics

The demographic and socio-economic variables addressed in the 2013-2014 BDR are:

- Population size
- Age structure
- Household living arrangements
- Educational attainment
- Labour force activity
- Income
- Low-income cut-off (LICO)

Statistics Canada Definitions

While for the most part the meaning of demographic and administrative terms are clarified as they arise in the report, the online Statistics Canada dictionary for the National Household Survey³ may also be consulted.

³ <http://www12.statcan.gc.ca/nhs-enm/2011/ref/dict/99-000-x2011001-eng.pdf>

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Demographic Size

Studies have confirmed that language barriers affect access and quality of care for linguistic minority communities. Obstacles to communication can reduce recourse to preventative services; increase consultation time including the number of tests and the possibility of diagnostic and treatment errors; affect the quality of services requiring effective communication such as social services; reduce the probability of treatment compliance and reduce users' satisfaction with the services received.⁴ In the complex context of a medical situation, where the communication between care provider and patient is a key factor in the achievement of a positive health outcome, it is not surprising that the language spoken most often is considered the most effective. The treatment by health professionals of sensitive issues such as cancer, addiction, or depression, requires ease of communication as a feature of building trust and offering comfort to patients.

Table 1 - Population Size

Population Size		Quebec	RSS de la Côte-Nord	CSSS de la Basse-Côte-Nord
FOLS - English speakers	number	1,046,498	5,088	3,175
	percentage	13.5%	5.5%	63.1%
FOLS - French speakers	number	6,734,530	87,750	1,795
	percentage	87.1%	94.4%	35.7%
Total population	number	7,732,520	92,985	5,035
	percentage	100.0%	100.0%	100.0%

Source: Statistics Canada, 2011 National Household Survey. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

- Across Quebec, there were 1,046,498 English speakers, representing 13.5% of the provincial population.
- There were 5,088 English speakers living in the RSS de la Côte-Nord region where they represented 5.5% of the population. This share is much lower than the overall provincial share for English speakers.
- In CSSS de la Basse-Côte-Nord, we find 3,175 English speakers where they represented 63.1% of the population. This proportion is much higher than that represented by English speakers across the RSS de la Côte-Nord territory.

⁴ See Bowen, S. (2001). Language Barriers in Access to Health Care, Ottawa: Health Canada. And, Bowen, S. et al. (2010). From 'multicultural health' to 'knowledge translation' – rethinking strategies to promote language access within a risk management framework. *The Journal of Specialized Translation (Jostrans)*, Issue 14, http://www.jostrans.org/issue14/art_bowen.php. See also, Jacobs, E, and A. Chen, L. Karliner, N. Agger-Gupta & S. Mutha. (2006). "The Need for More Research on Language Barriers in Health Care: A Proposed Research Agenda". *The Millbank Quarterly*, Vol. 84, No. 1, pp. 111-133.

Age Structure

The distribution of the English-speaking population across age categories, and the extent to which language majority and minority communities differ in accordance to age, is important in understanding their distinct health needs and resources. Each stage of life tends to be associated with specific health and social service needs. The strategy for meeting these needs by public agencies must also take the age and age-related competencies of the client group into consideration. Typically, the age structure of the majority is important in shaping the scope and design of available health services and programs. Improving the health and the vitality of all citizens residing in a given territory requires awareness of the problems that are pressing for the minority and may be overlooked in the focus on the majority, and, awareness of problems that are shared by both language groups but are being met with solutions that are not equally accessible for both.

Table 2 - Age Structure of the Population

Age Structure of the Population	Quebec		RSS de la Côte-Nord		CSSS de la Basse-Côte-Nord	
	English	French	English	French	English	French
Total - Age groups	1,046,498	6,734,530	5,088	87,750	3,175	1,795
0-14 years	158,640	1,090,615	825	14,620	558	325
15-24 years	145,523	847,580	730	10,715	378	320
25-44 years	316,405	1,750,675	1,335	21,520	768	435
45-64 years	287,858	2,065,815	1,388	29,070	890	520
65+ years	138,065	979,840	818	11,820	575	180

Source: Statistics Canada, 2011 National Household Survey. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Children (aged 0-14)

- Across Quebec, there were 158,640 English-speaking children aged 0-14, representing 15.2% of the English-speaking population. The proportion of children in the English-speaking population is lower than the level in the French-speaking majority population in Quebec.
- There were 825 English-speaking children aged 0-14 living in RSS de la Côte-Nord where they account for 16.2% of the population. The proportion of children in the regional English-speaking population is much lower than their proportion in the regional French-speaking majority population. This proportion is higher than the level for English-speaking children across the province.
- In CSSS de la Basse-Côte-Nord, we find 558 English-speaking children aged 0-14 where they represent 17.6% of the population. This share is higher than that exhibited by English-speaking children across the RSS de la Côte-Nord region. The proportion of children in the territory's English-speaking population is similar to the share in the CSSS de la Basse-Côte-Nord French-speaking majority population.

Seniors (aged 65 and over)

- Across Quebec, there were 138,065 English-speaking seniors aged 65+ representing 13.2% of the English-speaking population. The proportion of seniors in the English-speaking population is lower than that found in the French-speaking majority population in Quebec.
- There were 818 English-speaking seniors aged 65+ living in the RSS de la Côte-Nord region where they accounted for 16.1% of the population. This share is much higher than that of English-speaking seniors across the province. The proportion of seniors in the regional English-speaking population is higher than their proportion in the French-speaking majority population.
- In CSSS de la Basse-Côte-Nord, we find 575 English-speaking seniors aged 65+ where they account for 18.1% of the population. This share is much higher than that of English-speaking seniors across the RSS de la Côte-Nord region. The proportion of seniors in the English-speaking population is higher than the proportion in the French-speaking majority population in the CSSS de la Basse-Côte-Nord.

Income

Long-standing and substantial research provides evidence that income and social status are key determinants of the level of health and well-being experienced by communities and their members. Low-income Canadians are more likely to die earlier and to suffer more illnesses than Canadians with higher incomes, regardless of age, sex, race and place of residence.⁵ For vulnerable low-income households language barriers in access to public health services loom large as they cannot afford private care services nor are they likely to have access to work-related benefits or private insurance coverage. Studies also suggest that the distribution of income in a given society may be a more important determinant of health than the total amount of income earned by society members. Large gaps in income distribution lead to increases in social problems and poorer health among the population as a whole⁶.

Table 3 - Income

Population 15+ years, by Income Group	Quebec		RSS de la Côte-Nord		CSSS de la Basse-Côte-Nord	
	English	French	English	French	English	French
Population 15+ by total income	887,850	5,643,910	4,268	73,130	2,615	1,465
Less than \$20,000	398,710	2,225,605	1,740	28,150	958	815
\$20,000 - \$49,999	300,123	2,186,230	1,713	25,440	1,193	380
\$50,000 +	189,020	1,232,070	813	19,535	460	250

Source: Statistics Canada, 2011 National Household Survey. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Income under \$20k

- Across Quebec in 2011, there were 398,710 English speakers aged 15+ with income under \$20k. This group represents 44.9% of the English-speaking population aged 15 and over. The proportion of English speakers with income under \$20k is higher than that found in the French-speaking majority population in Quebec.
- There were 1,740 English speakers with income under \$20k in the RSS de la Côte-Nord region where they represent 40.8% of the English-speaking population aged 15 and over. This share is lower than that displayed by the provincial English-speaking population. The proportion of those with income under \$20k in the region's English-speaking population is higher than the proportion in the French-speaking majority population.

⁵ Public Health Agency of Canada, <http://www.phac-aspc.gc.ca/ph-sp/determinants/determinants-eng.php#evidence> Accessed March 2014

⁶ Ibid

- In CSSS de la Basse-Côte-Nord, we find 958 English speakers with income under \$20k where they account for 36.6% of the population. This share is lower than that experienced by English speakers across Quebec. The proportion of those with income under \$20k in the territory's English-speaking population is much lower than the proportion for the French-speaking majority population in RSS de la Côte-Nord.

Earning \$50k and over

- Across Quebec, there were 189,020 English speakers with income over \$50k who represented 21.3% of the English-speaking population aged 15 and over. The proportion of high earners in the English-speaking population is similar to that found in the French-speaking majority population in Quebec.
- There were 813 English speakers with income over \$50k living in the RSS de la Côte-Nord region where they represented 19.% of the population. This proportion was lower than the proportion of English-speaking high earners across the province. The proportion of high earners in the regional English-speaking population is much lower than the share of high earners in the French-speaking majority population in the region.
- In CSSS de la Basse-Côte-Nord, we find 460 English-speaking high earners where they represent 17.6% of the population. This share is lower than that experienced by English-speaking high earners across the RSS de la Côte-Nord region. The proportion of high earners in the territory's English-speaking population is similar to the proportion of high earners in the territory's French-speaking majority population.

Household Living Arrangements

Household living arrangements may be used as an indicator of groups within a population who are vulnerable to a poor health status. For example, the Quebec Social and Health Survey (1998) revealed that parents of minors living in lone parent households were more likely to report food insecurity, high levels of psychological distress and having more than one health problem compared to parents with other household arrangements.⁷ Individuals living alone may lack the important health benefits of a strong support network in the event of activity limitations due to illness or aging.

Table 4 - Population by Household Living Arrangements

Population by Household Living Arrangements	Quebec		RSS de la Côte-Nord		CSSS de la Basse-Côte-Nord	
	English	French	English	French	English	French
Total - Household living arrangements	887,850	5,643,905	4,268	73,130	2,615	1,465
Total persons in households with at least one census family	712,758	4,442,850	3,765	60,170	2,340	1,290
Married spouses, common-law partners	486,895	3,231,060	2,708	43,980	1,778	815
Lone parents	49,955	310,000	255	4,320	105	100
Children in families with two parents present	111,300	556,340	490	7,210	318	295
Children in families with one parent present	47,878	258,575	240	3,410	95	45
Total persons in non-census family households	175,093	1,201,055	500	12,955	275	180
Living alone	131,380	962,300	410	10,955	210	140

Source: Statistics Canada, 2011 National Household Survey. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

⁷ For discussion of the survey, see Pocock, J. (2008) "Baseline Data Report 2007-2008. Quebec's Social and Health Survey Information." *Community Health and Social Services Network (CHSSN)*. www.chssn.org

Living in census families⁸

- Across Quebec, there were 712,758 English speakers living in households with at least one census family. This group represents 80.3% of the 15+ English-speaking population. The proportion of English speakers living in households with at least one census family is similar to that found in the French-speaking majority population in Quebec.
- There were 3,765 English speakers living in households with at least one census family in the RSS de la Côte-Nord where they comprise 88.2% of the population. This share is higher than that displayed by the provincial English-speaking population. The proportion of those living in households with at least one census family in the regional English-speaking population is higher than the proportion in the regional French-speaking majority population.
- In CSSS de la Basse-Côte-Nord, we find 2,340 English speakers living in households with at least one census family where they account for 89.5% of the population. This share is similar to that accounted for by English speakers across the RSS de la Côte-Nord region. The proportion of persons living in households with at least one census family in the English-speaking population is similar to the proportion represented by the French-speaking majority population in CSSS de la Basse-Côte-Nord.

Living in lone-parent families

- Across Quebec, there were 49,955 English speakers living in lone-parent families. This group represents 5.6% of the English-speaking population. The proportion of English speakers living in lone-parent families is similar to the proportion found in the French-speaking majority population in Quebec.
- There were 255 English speakers living in lone-parent families in the RSS de la Côte-Nord where they account for 6.0% of the population. The proportion of those living in lone-parent families in the regional English-speaking population is similar to the proportion found in the regional French-speaking majority population. The proportion is higher than that found in the provincial English-speaking population.
- In CSSS de la Basse-Côte-Nord, we find 105 English speakers living in lone-parent families where they represent 4.0% of the population. This is similar to the proportion represented by the French-speaking majority population in CSSS de la Basse-Côte-Nord. The proportion of English speakers living in lone-parent families in the CSSS de la Basse-Côte-Nord English-speaking population is higher than the proportion we find for English speakers across the RSS de la Côte-Nord region.

⁸ Under Statistics Canada's terminology, a census family refers "a married couple (with or without children of either and/or both spouses), a common-law couple (with or without children of either and/or both partners) or a lone parent of any marital status, with at least one child. A couple may be of opposite sex or same sex. 'Children' in a census family include grandchildren living with their grandparent(s) but with no parents present." (<http://www12.statcan.gc.ca/nhs-enm/2011/ref/dict/99-000-x2011001-eng.pdf>)

Living alone

- Across Quebec, there were 131,380 English speakers living alone. This group represents 14.8% of the English-speaking population. The proportion of English speakers living alone is lower than the level in the French-speaking majority population in Quebec.
- There were 410 English speakers living alone in the RSS de la Côte-Nord where they account for 9.6% of the population. This level is much lower than that displayed by the provincial English-speaking population. The proportion of those living alone in the regional English-speaking population is much lower than the proportion found in the regional French-speaking majority population.
- In CSSS de la Basse-Côte-Nord, we find 210 English speakers living alone where they represent 8.0% of the population. This share is lower than that exhibited by English speakers across the RSS de la Côte-Nord region. The proportion of those living alone in the territory's English-speaking population is lower than the proportion exhibited by the French-speaking majority population in CSSS de la Basse-Côte-Nord.

Low-Income Cut-off

Although there is no official measure of poverty in Canada, the Statistics Canada measure of Low Income Cut-Offs (LICO) is probably the best known. Commonly known as the “poverty line”, LICO uses the income levels of a given family and considers how large a share of its income is spent on necessities such as food, shelter and clothing. If the amount a family spends is 20% higher than an average family in a year, it falls into the low income cut-off category. People who live below income cut-offs may be said to live in “straitened circumstances.”⁹ The following table considers the population living below LICO by language, administrative territory and age group.

Table 5 - Population Living Below LICO, Within Age Groups

Due to low population count, this data is not available for this territory.

Table 6 - Population Living Below LICO, by Household Living Arrangements

Due to low population count, this data is not available for this territory.

⁹ See “Low Income in Canada: 2000-2007 Using the Market Basket Measure” August 2009 by Human Resources and Skills Development Canada for a breakdown on various Low Income Measurements. Available online at <http://www.hrsdc.gc.ca/eng/publications>

Highest Educational Attainment

In many ways, education is an important determinant of the health status of a community. In Canada, the level of education achieved by an individual tends to be an indicator of social status, and ideally, a predictor of economic opportunity. The overall level of health literacy and preventative health practice enjoyed by a community also tends to be associated with the years of schooling by those included among its members¹⁰.

Table 7 - Highest Educational Certification, for Selected Age Groups

Highest Educational Certification, by Selected Age Groups		Quebec		RSS de la Côte-Nord		CSSS de la Basse-Côte-Nord	
		English	French	English	French	English	French
Total	Total	887,850	5,643,905	4,268	73,130	2,615	1,465
	25-44 years	316,405	1,750,675	1,338	21,515	768	435
	45-64 years	287,860	2,065,820	1,388	29,070	890	520
High school diploma or less	Total	370,468	2,471,210	2,800	37,595	1,885	960
	25-44 years	84,955	445,280	633	7,045	388	255
	45-64 years	115,278	856,305	908	14,145	678	230
Apprenticeship or trades certificate or diploma	Total	81,305	975,255	595	14,585	358	220
	25-44 years	31,045	403,590	205	6,390	110	105
	45-64 years	146,603	942,465	453	11,950	210	140
College, CEGEP or other non-university certificate or diploma	Total	146,603	942,465	453	11,950	210	140
	25-44 years	57,853	365,805	260	5,010	140	55
	45-64 years	46,840	340,500	125	4,695	50	80
University certificate, diploma or degree at bachelor level or above	Total	243,415	990,755	343	6,735	140	100
	25-44 years	125,300	489,770	168	3,210	75	30
	45-64 years	78,140	354,140	128	2,675	45	65
High school diploma or less	Total	41.7%	43.8%	65.6%	51.4%	72.1%	65.5%
	25-44 years	26.9%	25.4%	47.3%	32.7%	50.5%	58.6%
	45-64 years	40.0%	41.5%	65.4%	48.7%	76.2%	44.2%
Apprenticeship or trades certificate or diploma	Total	9.2%	17.3%	13.9%	19.9%	13.7%	15.0%
	25-44 years	9.5%	20.9%	18.3%	26.0%	19.5%	17.2%
	45-64 years	10.8%	19.5%	14.8%	22.0%	12.4%	20.2%
College, CEGEP or other non-university certificate or diploma	Total	16.5%	16.7%	10.6%	16.3%	8.0%	9.6%
	25-44 years	18.3%	20.9%	19.4%	23.3%	18.2%	12.6%
	45-64 years	16.3%	16.5%	9.0%	16.2%	5.6%	15.4%
University certificate or diploma below bachelor level	Total	5.2%	4.7%	1.8%	3.1%	0.0%	2.0%
	25-44 years	5.8%	4.7%	1.7%	3.1%	0.0%	0.0%
	45-64 years	5.8%	5.4%	1.7%	4.0%	0.0%	3.8%
University certificate, diploma or degree at bachelor level or above	Total	27.4%	17.6%	8.0%	9.2%	5.4%	6.8%
	25-44 years	39.6%	28.0%	12.6%	14.9%	9.8%	6.9%
	45-64 years	27.1%	17.1%	9.2%	9.2%	5.1%	12.5%

Source: Statistics Canada, 2011 National Household Survey. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

¹⁰ For further discussion of education as a health determinant and the Population Health Model see J. Carter, A Community Guide to the Population Health Approach. *Community Health and Social Services Network (CHSSN)*, www.chssn.org, March 2003. See Also, D. Raphael. (ed.)(2009) *Social Determinants of Health: Canadian Perspectives*, 2nd edition. Toronto: Canadian Scholar's Press.

Population aged 15+, high school diploma or less

- Across Quebec, there were 370,468 English speakers aged 15 and over with a high school diploma or less. This group accounts for 41.7% of the English-speaking population aged 15 and over. The proportion of English speakers aged 15 and over with a high school diploma or less is similar to the level found in the French-speaking majority population aged 15 and over in Quebec.
- There were 2,800 English speakers aged 15 and over with a high school diploma or less in the RSS de la Côte-Nord region where they account for 65.6% of the regional English-speaking population aged 15 and over. The proportion of those aged 15 and over with a high school diploma or less in the regional English-speaking population is much higher than the proportion in the regional French-speaking majority population. The level for the English-speaking regional proportion is much higher than that exhibited by English speakers across the province.
- In CSSS de la Basse-Côte-Nord, we find 1,885 English speakers aged 15 and over with a high school diploma or less where they represent 72.1% of the English-speaking population aged 15 and over. This level is higher than the proportion exhibited by the French-speaking majority population aged 15 and over in the same territory. The proportion of those aged 15 and over with a high school diploma or less in the English-speaking population is higher than the proportion exhibited by the English speakers across the RSS de la Côte-Nord region.

Population 25-44, high school diploma or less

- Across Quebec, there were 84,955 English speakers aged 25-44 with a high school diploma or less. This group represents 26.9% of the English-speaking population aged 25 to 44. The proportion of English speakers aged 25-44 with a high school diploma or less is higher than that found in the French-speaking majority population in Quebec in the same age cohort.
- There were 633 English speakers aged 25-44 with a high school diploma or less in the RSS de la Côte-Nord where they account for 47.3% of the regional English-speaking population. The proportion of those aged 25-44 with a high school diploma or less in the regional English-speaking population is much higher than the proportion in the regional French-speaking majority population in that age group. This proportion is much higher than that exhibited by English speakers across the province in the same age cohort.
- In CSSS de la Basse-Côte-Nord, we find 388 English speakers aged 25-44 with a high school diploma or less where they comprise 50.5% of the English-speaking 25-44 cohort. This is lower than the proportion in the French-speaking majority 25-44 cohort in the same territory. The proportion of those aged 25-44 with a high school diploma or less in the territory's English-speaking population is higher than the proportion exhibited by English speakers across the RSS de la Côte-Nord region.

Population 45-64, high school diploma or less

- In Quebec, there were 115,278 English-speaking aged 45-64 with a high school diploma or less. This group represents 40.0% of the English-speaking population. The proportion of English speakers aged 45-64 with a high school diploma or less is similar to that found in the same age cohort in the French-speaking majority population in Quebec.
- There were 908 English speakers aged 45-64 with a high school diploma or less in the RSS de la Côte-Nord where they account for 65.4% of the regional English-speaking population. The proportion of those aged 45-64 with a high school diploma or less in the regional English-speaking population is much higher than the proportion in the regional French-speaking majority population. This English-speaking regional proportion is much higher than that exhibited by the province's English speakers.
- In CSSS de la Basse-Côte-Nord, we find 678 English speakers aged 45-64 with a high school diploma or less where they comprise 76.2% of the English-speaking population. This is much higher than the proportion exhibited by the French-speaking majority population in the same territory. The proportion of those aged 45-64 with a high school diploma or less in the territory's English-speaking population is higher than the proportion exhibited by English speakers across the region.

Population aged 15+, university degree or higher

- In Quebec, there were 243,415 English-speaking aged 15 and over with a university degree or higher. This group represents 27.4% of the English-speaking population. The proportion of English speakers aged 15 and over with a university degree or higher is much higher than that found in the same age cohort in the French-speaking majority population in Quebec.
- There were 343 English speakers aged 15 and over with a university degree or higher in the RSS de la Côte-Nord where they account for 8.0% of the regional English-speaking population. The proportion of those aged 15 and over with a university degree or higher in the regional English-speaking population is lower than the proportion in the regional French-speaking majority population. This English-speaking regional proportion is much lower than that exhibited by the province's English speakers.
- In CSSS de la Basse-Côte-Nord, we find 140 English speakers aged 15 and over with a university degree or higher where they represent 5.4% of the English-speaking population. This is much lower than the proportion exhibited by the French-speaking majority population in the same territory. The proportion of those aged 15 and over with a university degree or higher in the territory's English-speaking population is much lower than the proportion exhibited by English speakers across the region.

Population 25-44, university degree or higher

- In Quebec, there were 125,300 English speakers aged 25-44 with a university degree or higher. This group accounts for 39.6% of the English-speaking population. The proportion of English speakers aged 25-44 with a university degree or higher is much higher than that found in the same age cohort in the French-speaking majority population in Quebec.
- There were 168 English speakers aged 25-44 with a university degree or higher in the RSS de la Côte-Nord where they represent 12.6% of the regional English-speaking population. The proportion of those aged 25-44 with a university degree or higher in the regional English-speaking population is lower than the proportion in the regional French-speaking majority population. This regional English-speaking proportion is much lower than that exhibited by the province's English speakers.
- In CSSS de la Basse-Côte-Nord, we find 75 English speakers aged 25-44 with a university degree or higher where they comprise 9.8% of the English-speaking population. This is much higher than the proportion exhibited by the French-speaking majority population in the same territory. The proportion of those aged 25-44 with a university degree or higher in the territory's English-speaking population is much lower than the proportion exhibited by English speakers across the region.

Population 45-64, university degree or higher

- In Quebec, there were 78,140 English speakers aged 45-64 with a university degree or higher. This group represents 27.1% of the English-speaking population. The proportion of English speakers aged 45-64 with a university degree or higher is much higher than that found in the same age cohort in the French-speaking majority population in Quebec.
- There were 128 English speakers aged 45-64 with a university degree or higher in the RSS de la Côte-Nord where they represent 9.2% of the regional English-speaking population. The proportion of those aged 45-64 with a university degree or higher in the regional English-speaking population is similar to the proportion in the regional French-speaking majority population. This regional English-speaking proportion is much lower than that exhibited by the province's English speakers.
- In CSSS de la Basse-Côte-Nord, we find 45 English speakers aged 45-64 with a university degree or higher where they comprise 5.1% of the English-speaking population. This level is much lower than the proportion exhibited by the French-speaking majority population in the same territory. The proportion of those aged 45-64 with a university degree or higher in the territory's English-speaking population is much lower than the proportion exhibited by English speakers across the region.

Labour Force Activity

The rate and type of labour force participation experienced by a community and its members is strongly associated with health status. In industrial nations like Canada, labour force activity is linked with level of income as well as the level of social integration enjoyed by a group.

Employment is an important source of social identity and a key context for the establishment of a social support network that extends beyond the workplace. For an individual, work is an important source of the self-esteem and sense of control typically associated with good mental health.¹¹

Table 8 - Labour Force Activity

Labour Force Activity	Quebec		RSS de la Côte-Nord		CSSS de la Basse-Côte-Nord	
	English	French	English	French	English	French
Total - Labour force activity	887,850	5,643,905	4,268	73,130	2,615	1,465
In the labour force	571,845	3,668,685	2,648	46,195	1,640	715
Employed	518,295	3,413,740	1,923	42,345	1,078	580
Unemployed	53,558	254,950	725	3,850	565	130
Out of the labour force	316,005	1,975,220	1,615	26,925	978	755

Source: Statistics Canada, 2011 National Household Survey. The linguistic concept used is First Official Language Spoken with multiple responses proportionately distributed between the English and the French.

Unemployed

- Across Quebec, there are 53,558 English speakers who are unemployed resulting in an unemployment rate of 9.4%. The unemployment rate of Quebec's English speakers is much higher than the unemployment rate of the French-speaking majority.
- There are 725 unemployed English speakers in the RSS de la Côte-Nord region where they experience an unemployment rate of 27.4%. The unemployment rate of the regional English-speaking population is much higher than the unemployment rate in the regional French-speaking majority population. Their unemployment rate is much higher than that experienced by the provincial English-speaking population.
- In CSSS de la Basse-Côte-Nord, we find 565 unemployed English speakers resulting in an unemployment rate of 34.5%. This is much higher than the unemployment rate experienced by the French-speaking majority population in the same territory. The unemployment rate of the English-speaking population is much higher than the unemployment rate experienced by English speakers across the RSS de la Côte-Nord region.

¹¹ For further discussion of employment and working conditions as health determinants and the Population Health Model see J. Carter, A Community Guide to the Population Health Approach, Community Health and Social Services Network (CHSSN), www.chssn.org, March 2003. See also D. Raphael (ed.) (2009) Social Determinants of Health: Canadian Perspectives, 2nd Edition. Toronto: Canadian Scholar's Press.

Out of the labour force¹²

- Across Quebec, there were 316,005 English speakers out of the labour force. This group represents 35.6% of the English-speaking population aged 15+. The proportion of English speakers out of the labour force is similar to that found in the French-speaking majority population in Quebec aged 15 and over.
- There were 1,615 English speakers out of the labour force in the RSS de la Côte-Nord region where they comprise 37.8% of the regional English-speaking population aged 15+. The proportion of those out of the labour force in the regional English-speaking population is similar to the proportion in the regional French-speaking majority population. This English-speaking regional proportion is higher than that exhibited by the provincial English-speaking population.
- In CSSS de la Basse-Côte-Nord, we find 978 English speakers aged 15+ out of the labour force where they account for 37.4% of the English-speaking population. This is much higher than the proportion exhibited by the French-speaking majority population in the same territory. The proportion of those out of the labour force in the territory's English-speaking population is similar to the proportion exhibited by English speakers across the RSS de la Côte-Nord region.

¹² The Statistics Canada category "[out of the labour force](#)" refers to persons 15 years and over, excluding institutional residents, who were neither employed nor unemployed during the week of Sunday May 1 to Saturday May 7, 2011. It includes students, homemakers, retired workers, and seasonal workers in an "off" season who were not looking for work because of a long-term illness or disability. (<http://www12.statcan.gc.ca/nhs-enm/2011/ref/dict/99-000-x2011001-eng.pdf>)

Appendix “A” – Baseline Data Report Series

Year	Title	Data Source
2003-2004	Regional Profiles of English-speaking Communities	2001 Census
2004-2005	Profiles of English-speaking Communities In Selected CLSC Territories	2001 Census
2005-2006	English-Language Health and Social Services Access in Québec	2005 CHSSN-CROP Survey on Community Vitality
2006-2007	Community Network Building	Case studies (qualitative interviews)
2007-2008	Health and Social Survey Information on Quebec's English-speaking Communities	1998 Québec Health and Social Survey
2008-2009	Regional Profiles of Quebec’s English-speaking Communities: Selected 1996-2006 Census Findings	1996 and 2006 Census
2009-2010	Demographic Profiles of Quebec’s English-speaking Communities for Selected CSSS Territories	1996 and 2006 Census
2010-2011	English-Language Health and Social Services Access in Québec	2010 CHSSN-CROP Survey on Community Vitality
2011-2012	Socio-economic Profiles of English-speaking Visible Minority Population by Quebec Health Region	2006 Census of Canada
2012-2013	Quebec’s English-speaking Community Networks and their Partners in Public Health and Social Services	Survey of NPI groups and interviews
2013-2014	Demographic Profiles of the English-speaking Communities of Selected CSSS and CLSC Territories	2011 National Household Survey

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